Background: Patients requiring an anesthetic nerve block are transferred to a procedure room prior to the OR. These patients are experiencing anxiety prior to the procedure. Data was collected by post-op patient survey. Although there are written instructions given to the patient about post block care, our unit is lacking in information to give to the patient about what they can expect during the nerve block procedure.

Objectives: To improve patient outcomes and satisfaction by providing a video about what patients can expect during and after an anesthetic nerve block. This video will reinforce the written discharge instructions given to the patient about post block care.

Process: The nerve block instructional video was scripted and approved in collaboration with the Anesthesia Department, PeriAnesthesia Nursing Practice Committee, Clinical Nurse Specialist, and Creative Services. SDS staff participated in the filming of the Nerve Block Education Video. In-services were given to educate the staff on accessing the video and documenting this patient education. Patients viewed the video in the preoperative area. Written nerve block instructions were given at discharge. A post implementation patient survey was performed.

Success: This patient population was educated about the Nerve Block procedure and post care instructions via video prior to transfer to the block room. The implementation of this instructional video resulted in a decrease in the patients’ anxiety level prior to this procedure.

Implications: The Nerve Block Instructional Video improved patient outcomes and satisfaction.