Reviving Skills Day

**Purpose:** Each year the Perianesthesia Care Unit, with the rest of the hospital, performs mandatory hospital and unit-specific competencies to show staff are confident and competent. Originally, the unit educators were tasked with ensuring all staff were instructed and returned demonstrated skills. We wanted to re-design our traditional method of performance and engage staff to become involved.

**Description:** Staff nurses were emailed to see if they were interested in running a station. From a list, staff selected a topic they felt comfortable or skillful with. Staff scheduled time with the clinical nurse specialist to review the policy, equipment and associated skills checklist for their topic. Staff earned points in the clinical ladder for professionalism for each station they were instructors for. Skills day were scheduled on two weekends. There were 12 stations each with a staff nurse instructor. Some stations included: resuscitation, pulmonary artery monitoring, ventilators, and bladder scanner. The rest of the division rotated every twenty minutes in groups of 6 through all of stations.

**Outcome:** Staff expressed satisfaction at being able to participate as instructors. Those who attended felt having co-workers instruct was less stressful and built relationships. This method offered in-depth hands on return demonstration with equipment.