POST-OPERATIVE PEDIATRIC PAIN MANAGEMENT EDUCATION

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Introduction
Our surveys for pain management education were consistently below the 75th percentile in our pediatric population. We needed to improve our pediatric patient satisfaction scores. The question we evaluated was, “Did someone from the staff tell you accurately how your child might feel after surgery?” We decided to focus on the pain the patient might experience after their procedure.

Purpose
We wanted to improve patient and caregiver knowledge of postoperative pain management. By discussing potential postoperative pain prior to the procedure, they would have information about what to expect during the postoperative experience at the surgery center and at home.

Methods & Materials
Pediatric Pain Management Staff education: We created an education board for the staff to review. We also met with the nursing staff to discuss the education material and survey. We informed the surgeons and anesthesia staff of our focus group.

Results
93 total surveys. 12 surveys not complete, 7 no answer with post-op call. Total usable surveys=74

Caregiver comments-
- Didn’t expect that level of pain
- Pain worse than expected
- Felt better, so prepared
- We did a good job of explaining everything
- Very glad we had told her what to expect
- Appreciated the education, it made her feel better

Methods & Materials
Pediatric Pain Education Assessment Tool:

Patient/Family Satisfaction Assessment Tool

Pediatric Patients

Pre-operative/Assessment:

Procedure__________________________

Surgeon____________________________

*Has someone explained how your child might feel after surgery?*

Parent: Yes No

Child: Yes No N/A

PACU Assessment:

*Has someone from the staff explained how your child might feel after surgery?*

Parent: Yes No

Child: Yes No N/A

Post-operative Follow Up Call:

Did someone from the BSC staff tell you accurately how your child might feel after surgery?

Parent: Yes No

Child: Yes No N/A

What would have made your experience at our surgery center better?

__________________________________________________________________________

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We would like to thank all the BSC nursing staff that helped with the education and surveys.

References

