Family Visitation During Phase 1 Recovery

Savannah Huss, BSN, RN, CCRN; Elizabeth Pearson, BSN, RN, CCRN
Elies Dzandza, BSN, RN; Patrick Cockill, RN, CPAN; Cindy Chytil, BSN, RN, CNML;
Melissa Davidson, BSN, RN, CPAN; Angela M. Ellis, MSN, RN, CNOR
Tampa, Florida

Background

The center of Moffitt’s nursing model incorporates Duffy’s 8 Caring Factors with patient and family-centered care. In the past, families were not always able to visit patients during Phase 1 recovery. This practice contributed to increased anxiety and dissatisfaction for both family members and patients as evidence by anecdotal feedback and analyzing survey results that prompted implementation of a focused practice change.

Purpose

• To provide holistic care affecting pain control non-pharmacologically via enhanced family communication during Phase 1 recovery for oncology surgical patients
• To relieve the family’s anxiety after surgery via 5 -10 minute visits during the patient’s first hour in PACU.
• To increase nurse and volunteer occupational satisfaction.

Moffitt’s Professional Practice Model:

• To create a Culture Shift through RN education with incorporation of Duffy’s Caring Factors engaging our Nurses to create a Family-Centered Recovery experience.

• Foster a Healing Environment in our PACU with family inclusion in the holistic emotional aspect of recovery
• Mutual Problem Solving with volunteer collaboration to coordinate each family visitation
• PACU RNs demonstrate Attentive Reassurance using expert critical care skillset to discern custom visiting parameters within Phase 1 timeframe
• Display of Human Respect for the waiting support person of our PACU patients and our patients through bedside communication

• Incorporating our Encouraging Manner in being available to the visiting family during the limited time they are bedside to answer questions and teach

• Our culturally-competent PACU team recognizes variations in families cultural priorities in communication via their Appreciation of the Unique Meanings facing surgical healing with a cancer diagnosis can vary for patients and loved ones

• We maximize the 1st hour (5 minutes) in intentional efforts to make emotional connections providing the Basic Human Need for hope to visiting family in PACU

Nurse Survey Questions

How anxious do you feel about your loved one while they are in PACU/ recovery?

How satisfied are you with our current visitation process?

References

American Society of PeriAnesthesia Nurses (ASPAN) practice recommendation IX adherence would improve globally from the current 20% successful compliance of patient Phase 1 family visitation with published dissemination of our project structure.

Evaluation/ Outcomes

• This project provides a framework for Phase 1 PACU’s to implement a successful visitation program.

• Surveyed families reported decreased anxiety about their loved one while in PACU by 0.79 Likert scale points and their satisfaction with our policy increased by 1.65 points after a 3 month pilot study

• These metrics support the evaluation of our practice change as a success. The data was reported to the PACU team; and adoption of the practice change promoted with plan to re-survey the RNs to check for sustainability of cultural and practice change.

Family Survey Questions

How anxious do you feel about your loved one while they are in PACU/ recovery?

How satisfied are you with our current visitation process?