Objective

- Discuss the essential components of perianesthesia certification testing
ABPANC’s Mission

- “is to assure a certification process for perianesthesia nurses that validates knowledge gained through professional education and experience, ultimately promoting quality patient care.”

Why Should I Become Certified?

- Demonstrates leadership
- Reflects your commitment to perianesthesia nursing and quality patient care
- Increases professional credibility with patients and their loved ones
- Validates your current knowledge and experience

Why Should I Become Certified?

- Strong sense of achievement
- Personal pride and increased self esteem
- Respect from colleagues
- Professional satisfaction
- Provides focus for continual learning opportunities
- Career mobility anywhere in the U.S.
- Inexpensive investment in yourself — sixteen cents per day
Eligibility Requirements

- Current unrestricted RN license in the U.S.
- All candidates, regardless of role (manager, educator, researcher, staff nurse) must have accrued the required clinical hours in direct care of perianesthesia patients.

Eligibility Requirements

Minimum of 1,800 hours of direct perianesthesia clinical experience as a RN during the 2 years prior to application.

Recertification – 1,200 hours in past 3 years.

The Two Tests

- CPAN – Certified Post Anesthesia Nurse
- CAPA – Certified Ambulatory Perianesthesia Nurse
Which Test Should I Take?

- What is most relevant to your practice?
- ASPAN's Scope of Practice of PeriAnesthesia Care
- Phase I? CPAN
- Preanesthesia, Phase II and/or Extended Observation? CAPA

CPAN / CAPA Blueprint

Fall 2012

Percentage of Exam Questions

<table>
<thead>
<tr>
<th>Patient Needs</th>
<th>CPAN</th>
<th>CAPA</th>
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</thead>
<tbody>
<tr>
<td>Physiological</td>
<td>57%</td>
<td>49%</td>
</tr>
<tr>
<td>Behavioral/Cognitive</td>
<td>20%</td>
<td>24%</td>
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<tr>
<td>Safety</td>
<td>23%</td>
<td>27%</td>
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CPAN / CAPA Differentiation

- Patient care priorities differ d/t acuity, surgical intervention, behavioral responses
- Differ regarding patient education, discharge teaching, care transitions
- Both require same level of critical thinking
The Test Itself

- 175 questions – 140 questions are scored
- 3 hours to complete
- Questions have been verified for accuracy, currency and reliability
- Referenced to a source published within the last 5 years and written by practicing perianesthesia nurses

www.cpancapa.org

- Registration/test dates
- Certification Handbook
  - Test Blue Print
  - Eligibility Requirements
  - Criteria to maintain certification
  - Study Resource list**

<table>
<thead>
<tr>
<th>Costs</th>
<th>ASPAN Member</th>
<th>Non-Member</th>
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<tbody>
<tr>
<td>Application Fee</td>
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<tr>
<td>Exam Fee</td>
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<tr>
<td>Total Cost</td>
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ASPN Membership

National membership $80.00/year
State membership – varies

Membership includes *Journal of Perianesthesia Nursing* and discounts to ASPAN publications

Dates

- Exam offered in Spring and Fall
- Application deadlines are 2 months before test date
- CHECK www.cpancapa.org for test registration and exam dates

Locations for CBT

- Prometric test sites – hundreds of sites nationwide
- Testing offered 5 days a week, many offer 6 days a week
Test Results

- Passing score
- CBT offers immediate preliminary/unofficial test score
- Official score 2-3 weeks later

Maintaining Certification

- Must be renewed after 3 years
- Email/post card reminder sent
- Must have: unrestricted RN licensure, minimum of 1200 hours in of clinical practice during 3 years, meet contact hour requirement, submit completed application and fee before deadline

Contact Hour Requirement

- Must have total of 90 contact hours in 3 years
  - Minimum of 60 in Direct Care
  - No more than 30 in Indirect Care
Recertifying

- Other activities that can be counted
  - Giving a lecture with original material
  - Life support classes: BLS, ACLS, PALs, NRP
  - Teaching Life Support Classes
  - Precepting

Questions?