

American Society of PeriAnesthesia Nurses (ASPAN)

Well-being Strategic Work Team (SWT)

Charter

May 2022 – May 2023

PURPOSE: The Well-being Strategic Work Team (SWT) promotes the development, application, and translation of evidence-based nursing practice (EBP) for workplace well-being in the perianesthesia setting.

AUTHORITY: Appointed by the President with oversight from ASPAN Board of Directors (BOD).

SCOPE:

1. Identify perianesthesia workplace well-being issues.
 - a. Identify and prioritize workplace well-being issues to be addressed based on ASPAN's Strategic Plan.
 - b. Query ASPAN members regarding their well-being priorities.
 - c. Design well-being and workplace violence initiatives with timelines to address identified issues.
 - d. Develop a formal EBP question to drive a literature search.
 - e. Design an appropriate search strategy.
 - f. Search the evidence or utilize the research librarian available through members' university or work.
 - g. Review, rate, analyze, and synthesize the evidence.
 - h. Develop evidence-based wellness practice recommendations to promote quality patient care and advance perianesthesia nursing practice.
2. Participate in strategies to increase ASPAN members' knowledge and involvement in evidence-based workplace well-being practices.
 - a. Elicit ASPAN member or component evidence-based workplace well-being proposals.
 - b. Provide consultation services for ASPAN members attempting to translate an evidence-based wellness practice proposal or project.
 - c. Propose and manage a forum on the wellness home page of the ASPAN website that members can utilize for asking questions about wellness and a repository of wellness resources.
3. Participate in activities to disseminate evidence-based workplace well-being practice findings.
 - a. Present formal/informal presentations regarding the evidence-based workplace well-being practice, the evaluation, and the translation of these evidenced based findings into practice. Team leaders and select members of the team to present at National Conference, Leadership Development Institute (LDI), pre-con or post-con board meetings with manuscripts on the practice submitted to *JoPAN*.
 - b. Participate in oral presentations and poster displays on the SWT's evidence-based workplace well-being practice findings.

DECISION MAKING: Formal recommendations of findings are communicated to the Director for Research for dissemination to the ASPAN Board of Directors. If endorsed by the BOD, those recommendations will proceed to the representative assembly (RA) for vote.

OUTCOMES: The Director for Research collaborates with the Director for Clinical Practice and Standards & Guidelines SWT to translate findings into ASPAN's *Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements*.

1. To increase the knowledge of perianesthesia nurses with regards to evidence-based workplace well-being practices; to promote an increase in EBP workplace well-being based activities personally, locally, and nationally.