



# Family Visitation During Phase 1 Recovery

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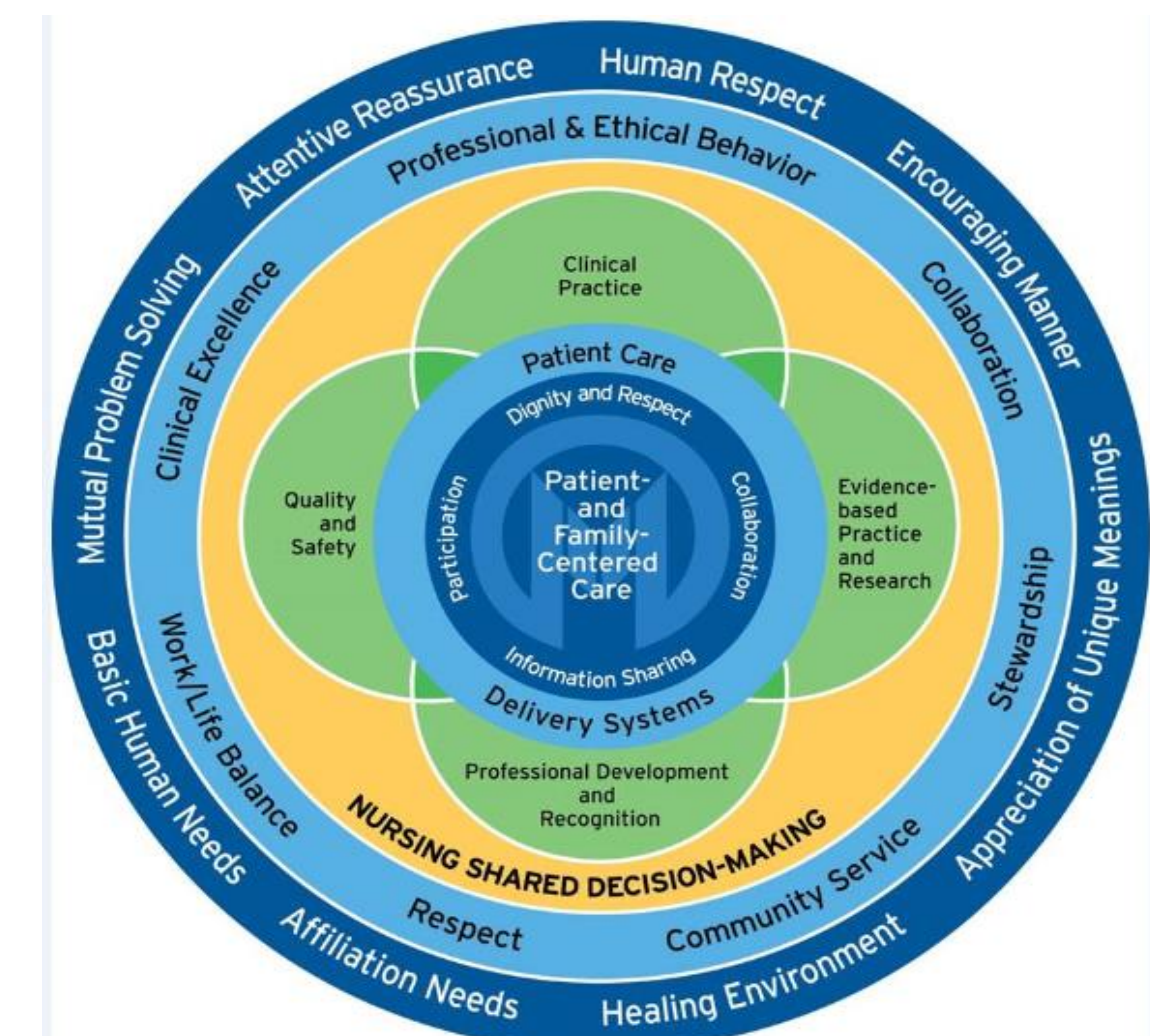
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## Background

The center of Moffitt's nursing model incorporates **Duffy's 8 Caring Factors** with **patient** and **family-centered care**. In the past, families were not allowed to visit patients during Phase 1 recovery. This practice contributed to increased anxiety and dissatisfaction for both family members and patients as evidenced by anecdotal feedback and analyzing survey results that prompted implementation of a focused practice change.

## Purpose

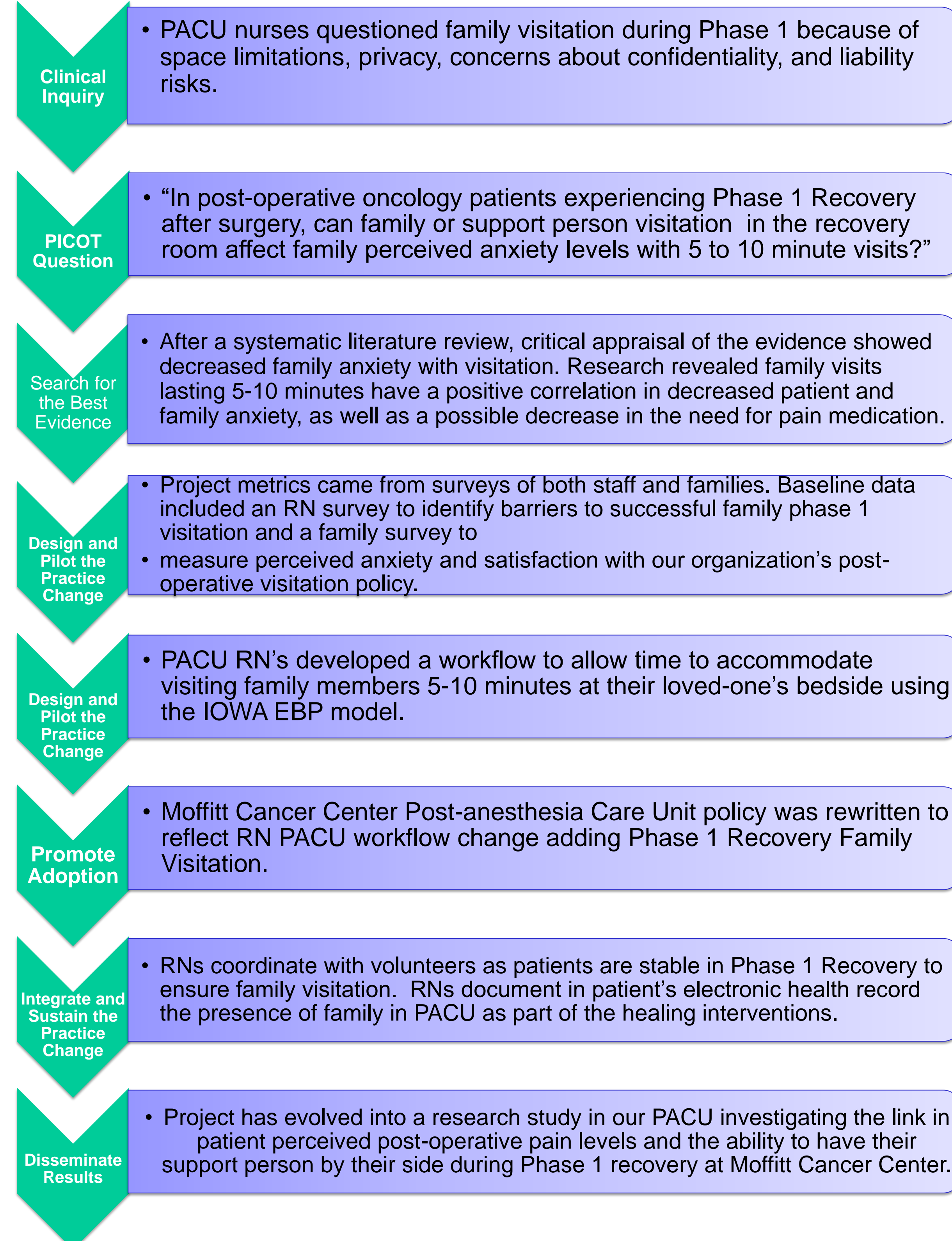
- To provide holistic care affecting pain control non-pharmacologically via enhanced family communication during Phase 1 recovery for oncology surgical patients.
- To relieve the family's anxiety after surgery via 5 -10 minute visits during the patient's first hour in PACU.
- To increase nurse and volunteer occupational satisfaction.



- Moffitt's Professional Practice Model:
- To create a **Culture Shift** through RN education with incorporation of **Duffy's Caring Factors** engaging our Nurses to create a **Family-Centered Recovery** experience:

- Foster a **Healing Environment in our PACU** with family inclusion in the holistic emotional aspect of recovery
- Mutual Problem Solving** with volunteer collaboration to coordinate each family visitation
- PACU RNs demonstrate **Attentive Reassurance** using expert critical care skillset to discern custom visiting parameters within Phase 1 timeframe
- Display of **Human Respect** for the waiting support person of our PACU patients and our patients through bedside communication
- Incorporating our **Encouraging Manner** in being available to the visiting family during the limited time they are bedside to answer questions and teach
- Our culturally-competent PACU team recognizes variations in families cultural priorities in communication via their **Appreciation of the Unique Meanings** facing surgical healing with a cancer diagnosis can have for patients and loved ones
- We maximize the little time (5 minutes) in intentional efforts to make emotional connections providing the **Basic Human Need** for hope to visiting family in PACU
- Nurse's **Affiliation Needs** are met through this practice change as professional members of Moffitt: This enables our PACU team to live the MAGNET philosophy of bringing evidenced-based- practice to the bedside, and gives them the ability to adhere to ASPAN recommendations to give the highest quality, holistic, care safely and efficiently.

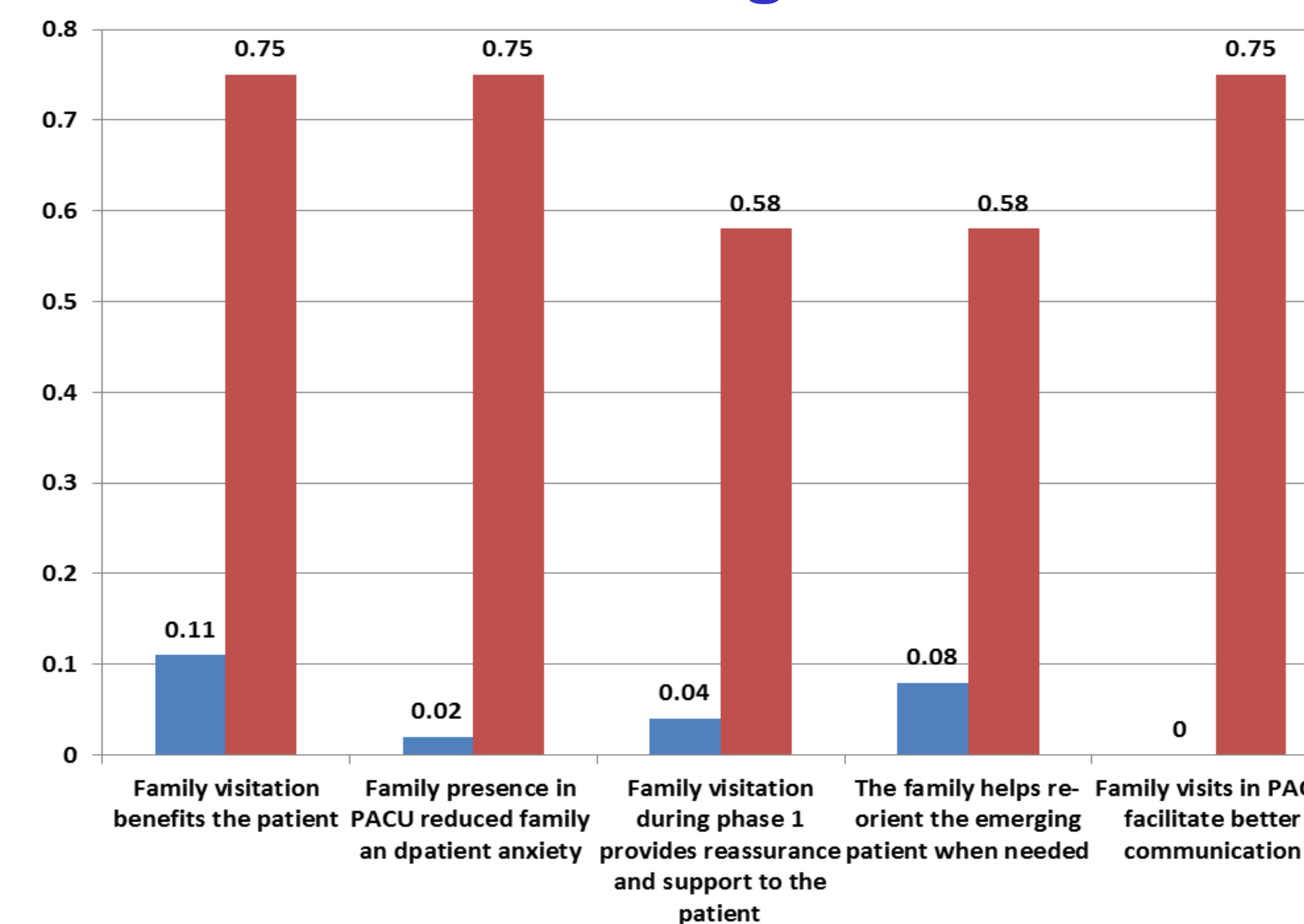
## Strategy & Implementation



## Relevance/ Significance

- Implementation of intentional family visitation during Phase I recovery **showcases translation of evidence-based strategies into solutions.**
- This initiative was necessary to address oncology surgical pain perception from *every possible angle* by harnessing the psychological comfort a loved-one's presence can provide and to ease the waiting family's anxiety about the well-being of the patient that is facing both healing from an invasive procedure as well as their mortality with a cancer diagnosis.

## Nurse Survey Results = + Cultural Change



## Evaluation/ Outcomes

- Surveyed families reported decreased anxiety about their loved one while in PACU by 0.79 Likert scale points and their satisfaction with our policy increased by 1.05 points after a 3 month pilot study.
- These metrics support the evaluation of **our practice change as a success**. The data was reported to the PACU team; and adoption of the practice change promoted with plan to re-survey the RNs to check for sustainability of cultural and practice change.

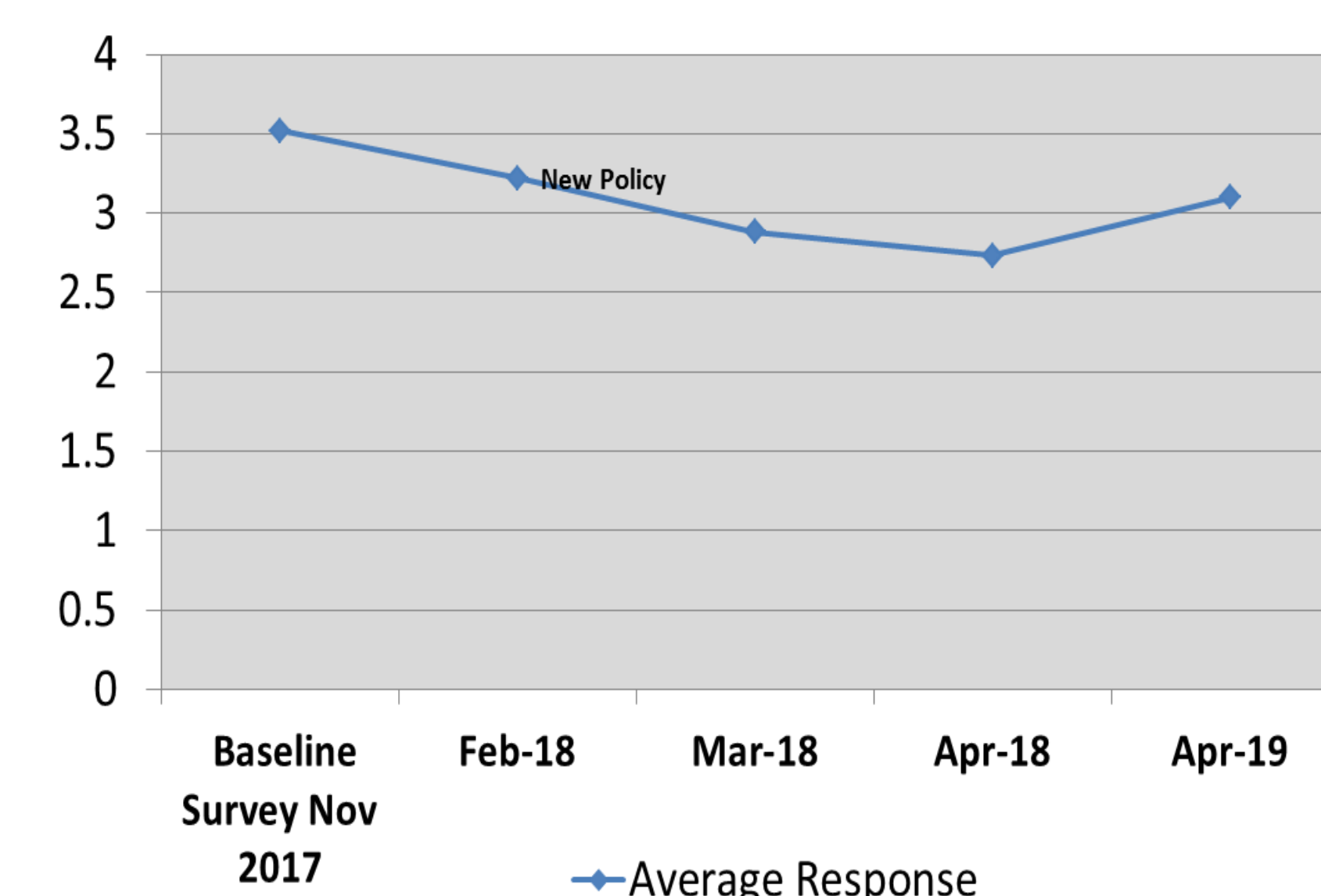
## Implications for Practice

- This project provides a framework for Phase 1 PACU's to implement a successful visitation program.
- American Society of PeriAnesthesia Nurses (ASPAN) practice recommendation IX adherence would improve globally from the current 20% successful compliance of patient Phase 1 family visitation with published dissemination of our project structure.

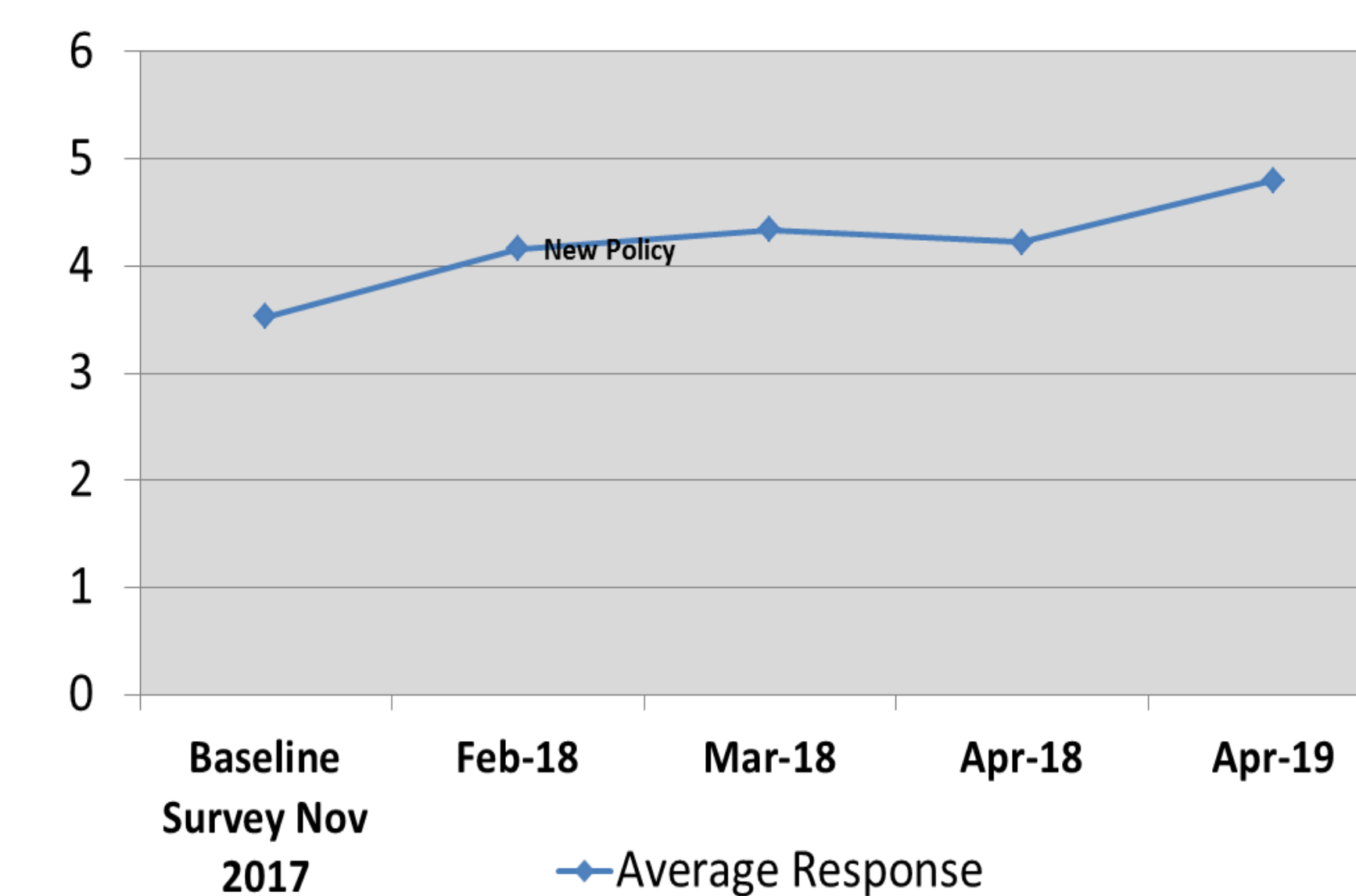


## Family Survey Questions

How anxious do you feel about your loved one while they are in PACU/ recovery?



How satisfied are you with our current visitation process?



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