

## **2 West Pre/Post Care for Outpatient Endoscopy Patients**

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**Background Information:** As patient care needs change, the Pre/Post area of 2 West at East Hospital have continued to evolve in the types of patients we care for. As of this year, 2 West Pre/Post was tasked with caring for outpatient Endoscopy cases due to a backup of over 10,000 procedures that need to be completed. With the need to complete more endoscopy cases, management agreed to allow Endoscopy to perform their procedures in the operating room on Mondays, Tuesdays, and Wednesdays. Providing care to these patients would affect our preop and post op staff due to the sheer volume of cases for a 16-bay pre/post unit. At times Endoscopy could have up to 20 total cases in a day, adding to our already scheduled surgical cases.

**Objectives of Project:** To provide excellent care to a new patient population, utilizing collaboration among nursing staff and the Endoscopy Department.

**Process of Implementation:** Nursing staff leaders of the unit came together to work through different situations that could occur, caring for a new population on the unit. Staff rotated to care for these patients while maintaining care for surgical patients. Minimum required documentation and policy was reviewed as well. Reference sheets were created for the staff to utilize after consulting management, Endoscopy staff nurses, and the gastroenterologists that work with the department. Staff were reviewed the reference sheets and then they were laminated and placed in the pre-procedure bays for quick and easy access.

**Statement of Successful Practice:** Staff continue to utilize the reference sheets that were created by the nursing staff leaders as they continue to care for the outpatient Endoscopy patients. As new Gastroenterologists start working on the unit, the leaders of the unit review the reference sheets and ensure that they agree with the guidelines that they are utilizing.

**Implications for Advancing the Practice of Perianesthesia Nursing:** Change is very difficult no matter what area of nursing you work in. Perianesthesia nursing is constantly changing and staff nurses need to adapt to ensure we are providing excellent and personalized care for our patients. Having staff leaders work together encourages all staff members to accept and adapt to change.