The Five Steps to Safe Post-Anesthesia Recovery - a model for nursing care in the Post Anesthetic Care Unit

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**Background Information**

The period that begins after surgery and anesthesia can be critical for the patient, and safety measures guarantee the success of the care provided to the patient. Therefore, proposing a model of nursing good practices in the Post-Anesthetic Care Unit -PACU, could have a positive impact on nursing actions, guaranteeing patient safety in the immediate post-operative period. SOBECC – Brazilian Perioperative Nursing Association - disseminates good practices in perioperative nursing throughout Brazil.

**PREPARATION AND PLANNING**

In 2020, SOBECC proposed material based on the safe surgery checklist, specific to the PACU, including:

- safe admission of the patient
- safe transportation from the operating room to the PACU
- safe maintenance of the patient in the PACU
- records of all actions taken during this period
- safe transportation of the patient from the PACU to the destination unit.

**Objectives of Project**

To propose a model of safe nursing care for patients, seeking the best practices in the PACU.

**Statement of Successful Practice**

In Brazil, there is a shortage of material on nursing care in the PACU, so the material had a major impact on SOBECC’s media, causing a large number of views and shares, with 10,990 impressions and 68,161 interactions: save, like and share!

**IMPLICATIONS FOR PERIOPERATIVE NURSING**

SOBECC has a responsibility to offer its members and nurses a condition for constant improvement, keeping the target of patient safety in focus, and guaranteeing safety in the immediate post-operative period. The launch of the material gave rise to the Anesthetic Process Nurses Committee, which at SOBECC works specifically for professionals in the perianesthesia area and their challenges.

https://azassocia.com.br/sobecc/documentos/cod_6_5_passos_da_srpa.pdf1