



Team Building in the PACU

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 Team Members: Tom Wollenhaupt BSN RN CPAN; Janice Felix BSN RN CCRN; and Chrystal Maki BSN RN CPAN



Background

In the perioperative environment, teamwork is essential. Strong working relationships encompassing trust and socioemotional support provides a cohesiveness for nurses to deliver safe quality care. During the COVID-19 pandemic, our team, like many others, was disrupted. We found that a number of seasoned staff disengaged from work, impacting the support we depend on. New staff were struggling to establish a connections with their peers.

Objectives of Project

With a large turnover, would engaging staff in a fun, healthy activity to spark friendly competition and interaction promote unity between all shifts and team members?

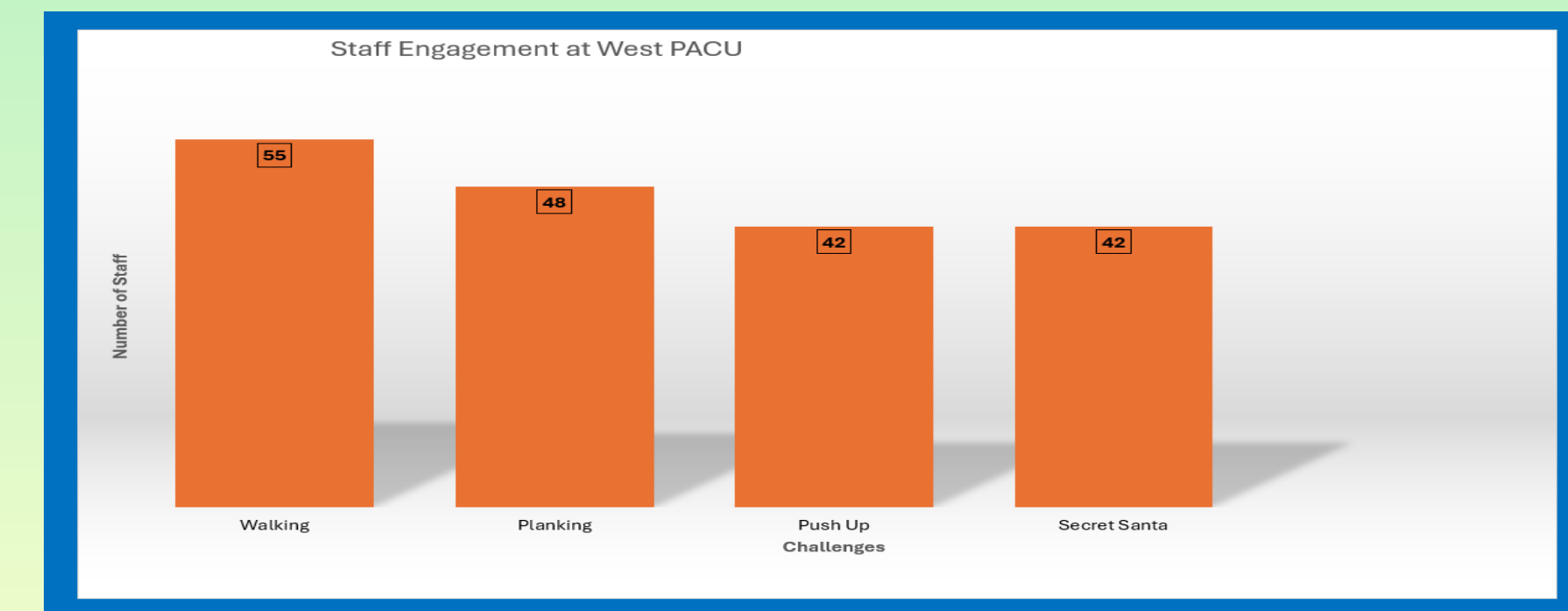


Implications for Advancing the Practice of Perianesthesia Nursing

Teams are essential in healthcare; they provide a sense of common purpose and a shared belief in working goals to provide excellent patient care. Promoting a healthy lifestyle both in and outside the workplace benefits the individual and in turn the team. Activities that enhance these relationships can be carried over to the everyday work environment.

Statement of Successful Practice:

The Perianesthesia team, supported by clinical leaders, engaged in successful team building both in the PACU and outside of the workplace.



How Social Events Can Improve Workplace Relations



Rituals at work: Teams That Play Together Stay Together



To Make a Team more effective, Find Their Commonalities



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