

American Society of PeriAnesthesia Nurses

National PartICUIArS Preconference Issue

"Laissez Les Bon Temps Rouler!" and Welcome to New Orleans!

ASPAN is delighted that you registered for the 29th National Conference! "Roots of Knowledge, Seeds of Transformation" is this year's conference theme. Feel the energy of New Orleans as you fill your days with education and your nights with fun events! ASPAN's host hotel, the **New Orleans Marriott** located on Canal Street, is just steps from the French Quarter where you can enjoy unique shopping, dining, and partying options. Read *National PartICUIArS* every day for news and updated information about the day's conference activities. *PartICUIArS* is available each morning at ASPAN's registration desk in the hotel and at www.aspan.org allowing your colleagues at home to keep up-to-date.

Brand New This Year!

Meet the ASPAN Board of Directors

You are invited to meet your ASPAN BOD. This is your opportunity to hear the individual board member describe his/her role within ASPAN. Learn how they plan to address the needs and concerns of ASPAN members on **Monday** from 3:30-4:45 PM.

First Timers' Orientation

Is this your first National Conference? Are you a previous attendee? Do you want to get the most from your conference experience? ASPAN's Regional Directors lead an overview of this 29th National Conference and answer your questions about ASPAN and its components. All are welcome! Make plans to attend on **Monday, April 19th** from 12:15-1:15 PM.

Volunteering Opportunities Host & Hostess Orientation

Have you volunteered to be a conference host or hostess? To receive your conference assignment and ASPAN green hostess apron, plan on attending an orientation session on:

Saturday, April 17th from 3:15-4:15 PM or **Sunday, April 18th** from 4:00- 5:00 PM.

Interested in serving as a host or hostess? Contact Clara Boudreaux at 337-984-2665 or cboud60@aol.com

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Moderator Orientation

If you have volunteered to serve as an ASPAN moderator at educational sessions, there is only **one** scheduled orientation session for moderators to learn details of this crucial conference role. We'll see you on **Saturday, April 17th** from 4:30-5:30 PM!

Are you interested in serving as a moderator? Contact Myrna Mamaril at 443-904-7360 or memamar@aol.com

Green ASPAN

Conference materials will be available *online* from April 1 to June 1, 2010. Your confirmation letter provides the link to access syllabus material. ASPAN encourages you to download outlines for **only** those sessions for which you are registered. Some speakers may choose to provide electronic copies of their presentations.

Reminder: Save the Letter!

The Web site link to download syllabus content is in your ASPAN e-mailed **confirmation letter**.

Meet the 2010-2011 Candidates

Your opportunity to meet the 2010-2011 candidates seeking positions on the ASPAN Board of Directors will take place on **Saturday, April 17th** from 6:30-7:30 PM. Come, meet and greet the candidates in an informal setting.

Preconference Symposium

This year's Preconference session, "*Matters of the Heart, Lung, and Brain*" with **Kim Noble PhD, RN, CPAN**, and **Pam Pourciau, BSN, RN-BC, CCNR, CEN, CPE**, is an additional fee program providing 8 contact hours. Be there **Saturday, April 17th** at 7:30 AM for a guide to providing better care to your perianesthesia patients with this review on cardiovascular and pulmonary pathophysiology, neurologic examination, pharmacologic management, pertinent lab tests, and American Heart Association guidelines for managing the perioperative arrest. This offering is geared to both the new and experienced practitioner. **Preregistration *and* additional fee is required.**

Representative Assembly

ASPAN's 13th Representative Assembly (RA) convenes on **Sunday, April 18th** from 9:00 AM until 5:00 PM. The morning session will include informal hearings and discussion of agenda topics. Candidates for positions on the Board of Directors will make their presentations beginning at 9:10 AM. The Formal Session of the RA begins in the afternoon. All members of the RA are required to attend; all ASPAN members are welcome to observe the ASPAN leaders at work!

Special Conference Events

ASPAN Development Dream Walk

Bring your walking shoes! See the sun rise over New Orleans on **Sunday, April 18th at 6:30 AM** for the annual Dream Walk in support of ASPAN Development. **Check your pocket guide for the starting location.** The component that raises the largest amount of money and the one with the largest number of registered walkers are recognized at the Development Luncheon. The individual walker who raises the most money wins the "Dream Walker Award" including a complimentary registration to the 2011 National Conference.

Component Night

"Laissez Les Bon Temps Rouler!"

Come to the Mardi Gras! Components are urged to decorate their table area as "Floats" using the traditional green, gold, and purple colors. Awards **will be given** for "Floats" and "Krewes" judged "Most Creative," "Funniest," and "Liveliest of Them All." The party starts **Sunday, April 18th** from 7:00-9:00 PM. Enjoy good friends, good food, good drink from the cash bar and a chance to win prizes at component raffles! Be sure to thank event sponsor, **Arizant**.

CPAN/CAPA Celebration Breakfast

Celebrate and be honored with other CPAN and CAPA certified nurses at the Celebration Breakfast on **Monday, April 19th** at 6:30 AM. Enjoy "*Wake Up and Smell the Accomplishments! Songs, Stories, and Humor Celebrating YOU!*" with Deb Gauldin, RN. **Tickets must be purchased in advance.**

Support ASPAN's Exhibitors

The ASPAN Exhibit Hall opens on **Monday, April 19th** at 5:00 PM. Visit exhibits on **Tuesday, April 20th** from 7:00-9:00 AM, 12:00-2:00 PM, and 5:00-7:00 PM and **Wednesday, April 21st** from 7:00-9:00 AM.

Please thank these exhibitors for their support:

Amer. Ass'n of Nurse Anesthetists (AANA)	A Fashion Hayvin
AccuVein	Arizant
Arbonne	Athens
Armstrong Medical	Elsevier
Cadence Pharmaceuticals	Enthermics Medical
Eloquest Healthcare	Gideons International
Evolution Medical	Hospira
Hill-Rom	Lippincott
Juice Plus	Medical W.A. Baum
LTC Global	Patient Care Technology
NuSkin Galvanic Spa	Stryker
Silpada Designs	

ASPAN Development Luncheon

Join ASPAN for a Mardi Gras Celebration **New Orleans Style** on **Wednesday, April 21st**. Support ASPAN with your component and individual donations to the *Hail, Honor, Salute!* Campaign. **Preregistration and additional fee required.**

President's Reception

And then it is time to celebrate ASPAN's year of achievements with **President Theresa Clifford** and the ASPAN leaders. **Wednesday, April 21st** from 7:00-9:30 PM. Thanks to **Hill-Rom** for sponsoring this event!

Postconference Workshop

Join **Lois Schick, MN, MBA, RN, CPAN, CAPA** on **Thursday, April 22nd** for your last chance to earn contact hours. "*Potpourri of Perianesthesia Complications: A Systems Approach*" begins at 12:15 PM. The presentation will include discussion of the management of anesthesia, respiratory, cardiac, renal, gastrointestinal, endocrine, and obstetrical complications. **Preregistration and additional fee is required.**

The ASPAN Shoppe: 2010

The **ASPAN Shoppe** will be open daily for your Conference shopping needs. Hours will be posted at the Shoppe. **Register for the daily drawing!**

You're in New Orleans Now:

"Big Easy" Terms

Lagniappe ("Lan-yap"): This is what New Orleans calls **getting "a little something extra"** for free. For example, if you go to the butcher and he gives you a bone for your dog, it's called lagniappe.

Muffaletta ("Moof-a-lot-a"): Said to have been invented at "Central Grocery" on Decatur Street in the French Quarter, a muffaletta is a very large sandwich of ham, salami and provolone cheese garnished with an olive relish served on **a round** Italian bread loaf.

BALANCE TIPS: This year throughout National Conference, ASPAN will be offering "wellness" suggestions. Enjoy all the fun and festivities that the great city of New Orleans has to offer, but find some balance and healthy time for yourself!

For example, the famous Po-Boy Oyster Sandwich is packed with great flavor AND a whopping 855 calories!! A brisk riverfront walk will work off some of those calories!