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ASPAN's 2023-2024 Standards: Remastered!

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Evolution of ASPAN Standards

- What is a standard?

  …the model or example against which we measure the quality, quantity or value of something else.

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Source of Nursing Standards

- Regulatory
  - State Board of Nursing
  - Department of Health Services
  - Centers for Medicare & Medicaid Services
  - Health Insurance Portability & Accountability Act

- Administrative
  - Employer / Institution policies, procedures

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Source of Nursing Standards

- Voluntary Examples
  - The Joint Commission
  - Accreditation Association for Ambulatory Healthcare
  - Nursing organizations such as the ANA

  ASPAN "has the responsibility for defining the principles of safe, quality nursing practice in the perianesthesia setting".

  American Society of PeriAnesthesia Nurses. 2021-2022
  Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements. ASPAN; 2020.

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History

- American Society of Post Anesthesia Nurses founded in 1980
  - Promote and support core mission
  - Postanesthesia education, clinical practice & research
- First chairperson for Guidelines was Margaret Bailey (Maine)
- State leadership identified urgent need for consistent national standards for "recovery room" nurses
- Founding directors gathered to form a specialty nursing organization
- Determined establishing national standards was first strategic initiative

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Changes through the years …

- 1989 – Standards no longer "endorsed" by the ASA
- 1992 – Standards designed and organized using a structure, process and outcome framework
  - Reflected mission, value and inter-relationships affecting perianesthesia nursing practice and patient care
  - Adopted oxygen saturation
- Mid 90's – "on call" became concern regarding patient safety
  - Change in staffing ratios Phase I and Phase II
- 1995 renamed *Standards of PeriAnesthesia Nursing Practice*
  - Initiated organization's name change to the American Society of PeriAnesthesia nurses

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Since 1995

- Environment of care continued to expand
- Competency-based practice model introduced
- Reached broader membership reaching out to nurses in all phases of care
- Scope of practice defined for preadmission and day of surgery
- Standards expanded to include assessment and management criteria for preanesthesia nurses
- Phase III standards developed
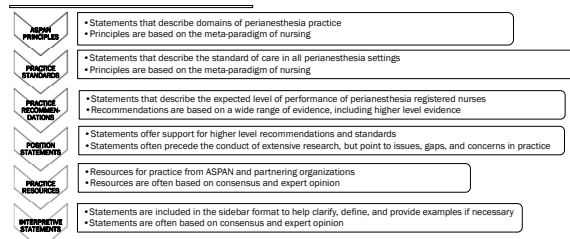- ICU Overflow
- Fast Tracking

2000 – Present Day

- 2000 – Standards restructured to add clarity, eliminated redundancy
- Further defined perianesthesia nursing practice
- Guideline developed for Competent Support Staff
- Competencies developed for all phases of perianesthesia care
- Levels of care
- ACLS or PALS
- Evidence-based practice
- Changing horizon

Even more present day. . . . .

ASPAN PRINCIPLES	• Statements that describe domains of perianesthesia practice • Principles are based on the meta-paradigm of nursing
PRACTICE STANDARDS	• Statements that describe the standard of care in all perianesthesia settings • Principles are based on the meta-paradigm of nursing
PRACTICE RECOMMEN-DATIONS	• Statements that describe the expected level of performance of perianesthesia registered nurses • Recommendations are based on a wide range of evidence, including higher level evidence
POSITION STATEMENTS	• Statements offer support for higher level recommendations and standards • Statements often precede the conduct of extensive research, but point to issues, gaps, and concerns in practice
PRACTICE RESOURCES	• Resources for practice from ASPAN and partnering organizations • Resources are often based on consensus and expert opinion
INTERPRETIVE STATEMENTS	• Statements are included in the sidebar format to help clarify, define, and provide examples if necessary • Statements are often based on consensus and expert opinion

Goals for Standards

- All practice recommendations will contain leveled evidence
  - Continue collaboration with EBP SWT, Clinical Practice Committee, Research Committee
- Continued trends from the Clinical Practice Committee influence content in each issue of the Standards
- Continued trends from research and evidence-based practice influence content in each issue of the Standards
- Utilized by *all* bedside perianesthesia RNs
- Provide framework for evidence-based, safe, perianesthesia patient care

How Standards are Built

- Positions Statements
  - May be brought forward by members or ASPAN board sees a need
- Practice Recommendations
  - Developed using EBP and Research
  - May come from a position statement
- Standards
  - Synthesis of all we do
  - Based on PR and PS

Developing a New Principle or Standard

- Family-Centered Care (*NEW* Standard) - *RESOLUTION*
  - PR Family Presence Elevated?
- Perianesthesia Nursing Practice (*NEW* Principle) - *RESOLUTION*
  - Developing a new Standard or Principle
    - Search the literature
    - Critically review Position Statements and Practice Recommendations for inclusion
    - Should any Position Statements or Practice Recommendations be elevated?
  - Great opportunity to define our practice

Developing a New Position Statement

- May be written in support of issues, gaps, and concerns in practice
  - DNR
    - Continues to be a concern
    - Automatic suspension when in the OR???
  - Concern/issue
    - Contemporary issues currently impacting perianesthesia practice
      - Substance misuse
      - Gun violence
      - Suicide/mental health
    - *NEW* – A Position Statement on Contemporary Social Issues - *RESOLUTION*

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Developing and updating Practice Recommendations

- Review of clinical trends/concerns from Clinical Practice Inquiries
- Determine the "burning question" for new practice concerns
- a. Complete systematic review
- b. Utilization of JBI tools for literature critique and leveling
- c. Create synthesis table
- d. Revise or develop Practice Recommendation from the evidence

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Team Assignments/Search Terms

Item for Review	Reviewer	PICO/Search Terms/Comments
Introduction	Jacque Crosson	Perianesthesia nurs*; standards of care; perianesthesia practice; PACU; Recovery Room; Preop
Core Ideology	Jacque Crosson	N/A – comes from ASPAN BOD
Scope of Nursing Practice	Jacque Crosson	Perianesthesia nurs*; scope of nursing practice; perianesthesia practice; delivery of care; professional nursing behaviors; PACU; Recovery Room, Preop
Principles of Perianesthesia Nursing Practice		
I. Perianesthesia Principles for Ethical Practice	Daphne Stannard	Nursing code of ethics; nurs* competency; competency-based practice; patient advocacy; nurs* rights; nurs* agency; nurs* professional responsibility; nurs* collegiality; nurs* clinical inquiry; nurs* research; nurs* quality improvement; nurs* EBP
II. Principles of Safe Perianesthesia Practice	Maureen McLaughlin	Perianesthesia nursing; culture of safety; IHI; PACU; Recovery Room, Preop
STANDARDS		
I. Patient Rights and Responsibilities	Amy Berardinelli	Patient rights; patient autonomy; patient confidentiality; patient privacy; patient dignity; patient worth; perianesthesia nurs* practice; PACU; Recovery Room, Preop
II. Family-Centered Care	Daphne Stannard	Family rights; family needs; family visitation; family presence; family information; family participation (or involvement); family education; impact of patient on family; impact of family on patient; family support; PACU; Recovery Room, Preop
III. Environment of Care	Maureen McLaughlin	Environment of care; perianesthesia nurs*; TJC; PACU; Recovery Room, Preop

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Expectations for Teams

Questions to ask when reviewing your sections:

1. Is the terminology current?
2. Do certain terms or phases need clarification?
3. Is this a section of the standards that we receive a lot of questions on through CPC? And therefore, need additional clarification?
4. Are the references more than 5 years old? If so, look for updates, replace them in the document and renumber the references.
5. Does this section still need to be in the Standards, particularly when you look at the position statements?
6. Team Leads will perform a literature review driven by the search terms provided within this document. Determine if there is any new evidence/evidence-based practice so that best practices can be critiqued/leveled with supporting literature and updated or included in our Standards.
7. Is there something new we should be adding to the Standards?
8. Is there Pediatric or Older Adult information that should be provided in the Interpretive Statements?
9. *Reminder* - the standards are UNIVERSAL - you may do things differently where YOU work. Our Standards need to be relevant for a rural hospital, a critical care access institution, or a free-standing surgery center.
10. Search strategy will be as follows:

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Clinical Practice Trends

- Assessment
  - VS
  - Assessment time
  - DC Home
- Staffing
- Medication
- Standards
- Documentation

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Practice Recommendation

- Promotion of Normothermia in the Adult Patient
  - In the adult perianesthesia/perioperative patient, how does maintaining normothermia (normal temperature) compared to hypothermia (non-therapeutic) affect LOS, time to discharge, pain control, infection, kidney function, shivering, cardiovascular incidence, or hypoxia?

- Example of the "PICO question" when this PR developed.
- Librarian provided the PICO question.

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Search Results

Database:	CINAHL with Full Text
Record: 2	
Title:	Efficacy of active forced air warming during induction of anesthesia to prevent inadvertent perioperative hypothermia: passive warming, a randomized controlled trial.
Authors:	Yoo, Jae Hwa; Ok, Si Young; Kim, Sang Ho; Chung, Ji Won; Park, Sun Young; Kim, Mun Gyu; Cho, Ho Bum; Song, Sang H
Affiliation:	Department of Anesthesiology and Pain Medicine
	Department of Cardiovascular and thoracic surgery, Soonchunhyang University Hospital Seoul, Seoul, Republic of Kore
Source:	Medicine (MEDICINE), 3/26/2021; 100(12): e25235-e25235. (1p)
Publication Type:	journal article - research
Language:	English
Major Subjects:	Anesthesia, General -- Methods
	Heating -- Methods

Search Results

- Queried from 2015 – current
- 25 articles resulted
- Assigned to Strategic Query & Discovery (SQAD) teams for critique and leveling
- New leveled evidence added to PR
- JBI Fame (Feasibility, Appropriateness, Meaningfulness, Effectiveness) Scale and Critique Tools

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ASPAN Evidence Pyramid

Pyramid levels (top to bottom):
- Systematic Review (may include Meta-Analysis / Meta-Synthesis)
- Randomized Control Trial (RCT)
- Clinical Controlled Trial / Quasi-Experimental Study
- Observational or Qualitative Primary Study
- Expert Opinion, Laboratory Research, Expert Consensus

ASPAN Standards & Practice Recommendations

- Latest Edition 2021-2022
  - Scope of Practice
  - Principles of Practice
  - Standards
  - Practice Recommendations
  - Position Statements
  - Resources

Effective: January 1, 2021

Scope of Perianesthesia Nursing Practice
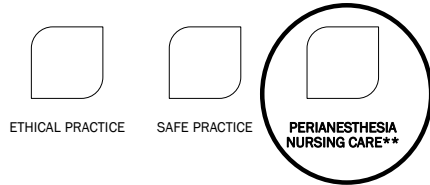
- Who
- What
- Where
- When
- Why

All Ages All Phases of Care

ALL AGES ALL PHASES

PRINCIPLES OF PERIANESTHESIA PRACTICE

ETHICAL PRACTICE   SAFE PRACTICE   PERIANESTHESIA NURSING CARE**

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ASPAN Standards

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Practice Recommendations

Patient Classification/ Staffing	Components of Assessment	Equipment
Competencies for RN	Competencies for UAP	Safe Transfer of Care
Role of RN in Procedural Sedation	Family Presence	OSA
	Unwanted Sedation	Normothermia

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Practice Recommendations - NEW

Perianesthesia Throughput	Alarm Management
	Safe Medication Administration
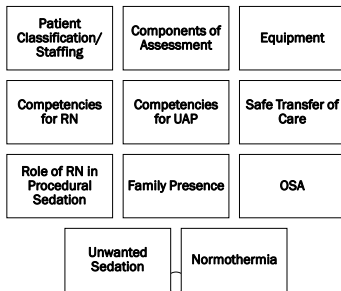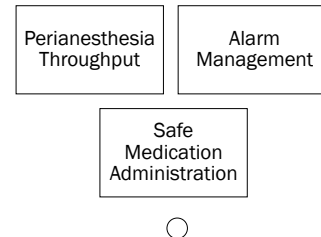
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Position Statements - Updated

- DNR
- Clinician Well-Being (was Workplace Violence
- Digital Professionalism (was Workflow Interruptions, Technology, Social Media)
- Acuity Based Staffed
- Air Quality and Occupational Hazard
- Emergency Preparedness

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Retired Position Statements

Integrated into new Principle*

Elevated to Practice Recommendation**

Integrated into Standard***

Integrated into "New" Position Statement****

Healthy Work Schedule*	Patient Flow**
Safe Medication Administration**	Older Adult*
Pediatric Patient*	Substance Use Disorders****
Perinatal Patient*	Nurse of the Future***
Alarm Management**	Opioid Stewardship**
Gender Diversity*/****	Nursing Certification***
Cannabinoids****	Vaping****
Human Trafficking****	

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Position Statement - NEW

A Position Statement on Contemporary Social Issues

Marginalized	Trafficking	SUD	Suicide

	Violence	Global Health	Cultural Challenges	

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Resources

New!

- AANA, AORN, ASPAN Position Statement on Workplace Civility

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Terry Clifford

Crosswalk

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ASPAN Standards are Unique!

- Utilize practice concerns from Clinical Practice Committee
  - No other organization utilizes clinician queries
  - Director for Clinical Practice categorizes
  - Director for Education develops education
  - Director for Research seeks trends for possible studies
- Do the Standards answer the question?
- Do the Standards require additional resources?
- Is the concern regulated by your nurse practice act?

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Result

- Member driven practice Standards
- Relevant to practice
- Relevant to all practice settings
- Relevant to all practice populations
- Relevant to all phases of perianesthesia care

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Questions?

TOGETHER
PERIANESTHESIA
NURSES
WE STAY STRONG

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Reference

- American Society of PeriAnesthesia Nurses. *2021-2022 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements.* ASPAN; 2020.

- American Nurses Association. *Nursing Scope and Standards of Practice.* 4th ed. ANA; 2021.

THANK YOU!

Elevate your professional practice!!

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