

# Leaving a Legacy of Caring

**WHAT WILL BE YOUR LEGACY?**

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THE BACK PAGE

### Leaving a Legacy of Caring

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WHEN THE PAGE is over I have reached a point where I am reflecting on my career and the impact it has had on me. I have been fortunate to work in a field that is constantly evolving and I have been able to stay current in my knowledge and skills. I have also been able to make a difference in the lives of others through my work. I am proud of the legacy I have left behind and I hope that it will inspire others to do the same.

The rest of the page is a blank space for the reader to write their own thoughts and reflections on their career and the impact it has had on them. It is a space for the reader to share their own story and to leave a legacy of their own.

Although I did not have a chance to see the President of the American Nurses Association, I was able to meet her at a conference in Las Vegas. It was a pleasure to meet her and to hear her thoughts on the future of nursing. She is a woman of vision and I am inspired by her leadership. I hope that her legacy will continue to inspire others to do the same.

Having a legacy is not just about leaving behind a name or a title. It is about leaving behind a legacy of caring and compassion. It is about leaving behind a legacy of hope and inspiration. It is about leaving behind a legacy that will live on forever.

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## My Inspiration

Susan Shelander, ASPAN President (2001-2002)

**president's page**  
Creating Our Nursing Legacy

SUSAN S. SHELANDER, RN, PhD



For the past several years, I have been fortunate to work in a field that is constantly evolving and I have been able to stay current in my knowledge and skills. I have also been able to make a difference in the lives of others through my work. I am proud of the legacy I have left behind and I hope that it will inspire others to do the same.



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# WHAT DOES LEGACY MEAN?

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Merriam-Webster SINCE 1828 GAMES & QUIZZES THESAURUS WORD OF THE DAY FEATURES

**legacy**

Dictionary Thesaurus

leg-a-cy | \ ˈle-gə-sē \

*plural legacies*

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**Essential Meaning of legacy**

- 1 : something (such as property or money) that is received from someone who has died  
// She left us a *legacy* of a million dollars.  
// a substantial *legacy*
- 2 : something that happened in the past or that comes from someone in the past  
// He left his children a *legacy* of love and respect.  
// The war left a *legacy* of pain and suffering.  
[See More Examples](#)

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A legacy is something that is handed down - bequeathed as it were to future generations. Webster says that a legacy is something transmitted by or received from an ancestor or predecessor or from the past.<sup>1</sup> If it is a true legacy, it lives on forever.

-Lois Schick

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“When a person dies, the mark the individual left on the world represents that individual's legacy. ... It is about **the richness of the individual's life**, including what that person accomplished and the **impact** he or she had on people and places. Ultimately, the story of a person's life reflects the individual's legacy.”

<https://www.merriam-webster.com/dictionary/legacy>

### What Does a Person's Legacy Mean?

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- Nursing: Why It Matters
  - Why did you choose nursing?
- Opportunities Present Themselves When Least Expected
  - Seek out opportunities to grow, learn, give
- What Opportunities Are Out There for You?
  - Life phases/impact on your nursing life
- What Will You Be Known For?


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### CAREER MILESTONES

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### In the Beginning...



- Finding your "feet"
- Being mentored, guided
- Creating the initial career/life "map"
- Adding checkpoints for progress

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### Mid-Career...

- Becoming the expert, the mentor
- Assessing checkpoints for progress
- Refining your career map
- Looking back to look ahead
- Reassessing, realigning



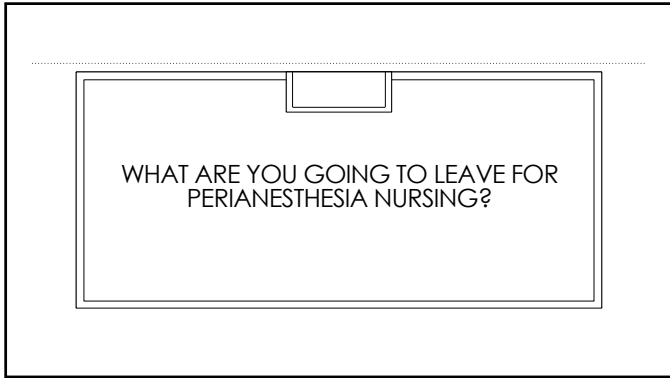
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### Final Stages...

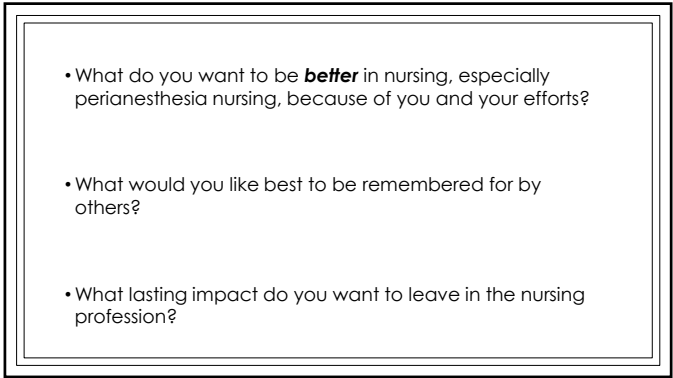
- You are the mentor, sage
- Time to evaluate, re-evaluate, reassess
- What else do you want to do that you haven't done?
- Completing work...beginning the transition



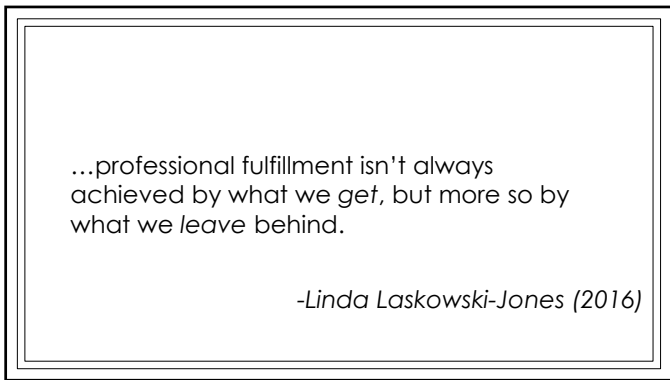
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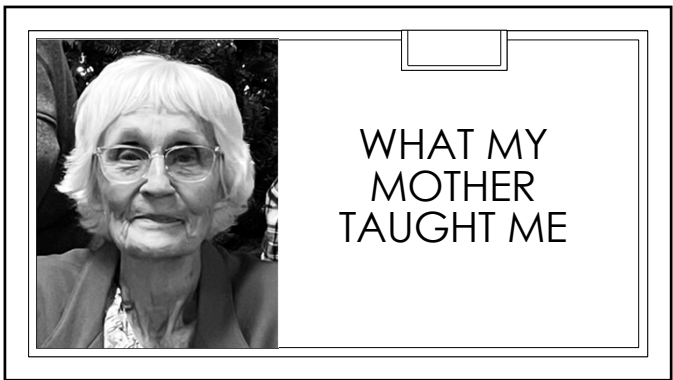
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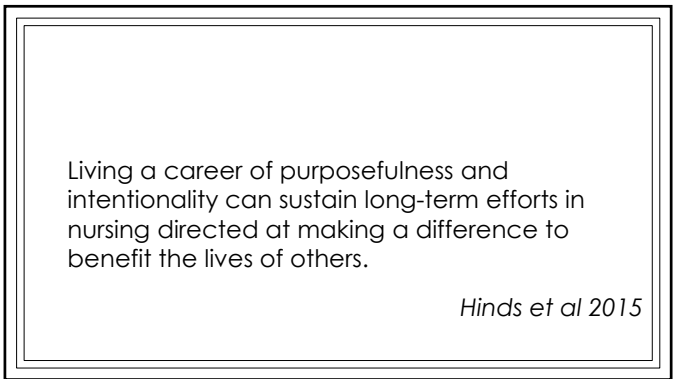
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We "will be judged by how well the people we invested in carried on after we are gone."

Sherman 2017

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THANK YOU!

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