



**ASpan**

American Society of PeriAnesthesia Nurses

ASpan's 42ND NATIONAL CONFERENCE

# HEART *and* SCIENCE *of* CARING

COLLABORATION.  
ADVOCACY.

PURPOSE.  
EXCELLENCE.

Earn over  
**80** contact  
hours with  
full Conference  
in-person  
registration!

APRIL 28 - MAY 1, 2023

GAYLORD ROCKIES RESORT  
AND CONVENTION CENTER  
DENVER, COLORADO

**AMERICAN SOCIETY OF PERIANESTHESIA NURSES**

Representing the interests of the nation's 60,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management



# WELCOME TO DENVER

AMERICAN SOCIETY OF PERIANESTHESIA NURSES

ASPAN is excited to welcome you to the 42nd National Conference. Our host hotel, the Gaylord Rockies Resort and Convention Center, provides you with spectacular views of the magnificent Rocky Mountains, which you will long remember. The Gaylord also features four pools (indoor/ outdoor), including two waterslides, and a lazy river along with great dining for every appetite.

Welcome to “Colorful Colorado,” nicknamed for the state’s spectacular scenery of mountains, rivers, and plains. Colorado is also called the “Centennial State” because it became the 38th state, one hundred years after the signing of the Declaration of Independence.

It does not matter which direction you go – north, south, east, or west, or in which season you visit – Colorado offers something for everyone. Now, in the spring, enjoy whitewater rafting down many of the rivers: the Colorado, the Cache la Poudre, and the Arkansas, to name a few. And of course, skiers enjoy the slopes of Arapahoe Basin, Breckenridge, Telluride, Vail, Steamboat Springs, and numerous others.

Colorado boasts many professional sports teams including Broncos football, Rockies baseball, the 2022 Stanley Cup winning Avalanche hockey team, and Nuggets basketball. South of Denver, the city of Colorado Springs proudly houses the U.S. Olympic & Paralympic Training Center, starting point for many Olympic and Paralympic champions.

It would be negligent not to mention the great breweries found here. They include Miller Coors, Breckenridge Brewery, Anheuser-Busch, New Belgium, and Odell, plus over 200 craft breweries. Spend time tasting beers such as Colorado Native, Horchata Blonde, Temporary Paradise, or Friends of Friends of Friends.

We love all the wonderful opportunities Colorado offers and hope you will, too! Our hospitality staff will help you make memories to cherish during your stay.

Welcome, again, and enjoy the conference.

## NATIONAL CONFERENCE

ASPAN’s 42nd National Conference, *Heart and Science of Caring: Collaboration. Advocacy. Purpose. Excellence.*, is planned and designed with you in mind! The national conference will provide you the opportunity to network with peers, leaders, and experts from diverse geographical and healthcare areas. You can also interact with leading industry vendor representatives to gain information and advice on new products and services for quality patient care.



## CORE PROGRAM

Friday Keynote Speaker .....	1.0
Friday Concurrent Sessions .....	1.5 each
Saturday & Sunday Concurrent Sessions .....	1.25 each
ABPANC Item Writing Workshop .....	4.0
ABPANC Certification/Recertification Insights .....	1.5
Monday Keynote Speaker .....	1.0

## CONTACT HOURS

### Contact Hours Available for Additional Fees:

Preconference Offering .....	7.25
CPAN®/CAPA® Certification Luncheon .....	0.75
Development Breakfast .....	0.75
Postconference Offering .....	4.0

You have the opportunity to earn  
over 80 contact hours with full in-person conference registration!

## 2023 CONFERENCE OPTIONS

ASPAN's 42nd National Conference will be in person this year from April 28-May 1, 2023, at the Gaylord Rockies Resort & Convention Center. The track sessions from Saturday and Sunday will also be recorded and available to full conference, in-person registrants online at a later date.

If you attend full conference in person, you will be given access to all recorded sessions at no additional charge to earn even more contact hours.

If you are unable to attend the conference in person, you can still register online at a later date to receive access to the recorded Saturday sessions, Sunday sessions—or both—also for contact hours. Information will available at a later date.

Preconference and postconference topics will be offered in person only this year. They are not being recorded and will not be available for future access.

ASPAN continues to be your source for perianesthesia education by offering a wide variety of topics and formats at this year's conference. We look forward to seeing you soon!

*ASPAN continues to monitor the guidelines by the CDC and Gaylord to ensure the health and safety of participants while attending the conference.*

## OUTCOME

To enable the nurse to increase knowledge on clinical practice, standards, and research.

## TARGET AUDIENCE

All professional nurses.

## ACCREDITATION

American Society of PeriAnesthesia Nurses, (ASPAN) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider Number CEP5197, for \_\_\_ contact hours. (The number of contact hours will depend on the sessions attended.)

Additional provider numbers: Alabama ABNP0074.

## STANDARDS FOR INTEGRITY AND INDEPENDENCE

The ASPAN ANCC Accredited Provider Unit will collect information from all individuals in a position to control content regarding financial relationships with ineligible companies; analyze the data for relevant financial relationships related to the educational content; and mitigate relevant financial relationships. The results of this analysis will be reported in the course presentation materials on the required handout.

## AUDIO TAPING, VIDEO TAPING OR PICTURES

Audio taping, videotaping or picture-taking of any portion of an ASPAN program is ***strictly prohibited***.





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**ASPAN'S 42ND NATIONAL CONFERENCE**

**CONFERENCE FACULTY**

**JoAnn Anderson MSN RN CCRN CPAN**

Gilbert, AZ

**Shane Angus CAA MSA**

Washington, DC

**David Archibald MD FACS**

Castle Rock, CO

**Marie Graziela Bautista MSN RN CPAN CAPA**

Finksburg, MD

**Linda Beagley MS RN CPAN FASPAN**

Bloomington, IL

**Shea Beiter BSN RN CCRN CPAN**

Astoria, NY

**Amy Berardinelli DNP RN NE-BC CPAN FASPAN**

Mentor, OH

**Meg Beturne MSN RN CPAN CAPA**

Hampden, MA

**Elizabeth Card MSN APRN FNP-BC CPAN CCRP FASPAN**

College Grove, TN

**Laura Ortiz Carter MSN BBA RN CCRN RNC-OB C-EFM**

Houston, TX

**Terry Clifford DNP RN CPAN CAPA FASPAN**

Cape Elizabeth, ME

**Ryan Craner MD**

Phoenix, AZ

**Jacque Crosson DNP RN CPAN FASPAN**

Phoenix, AZ

**Melissa Davidson MSN RN CPAN**

Wesley Chapel, FL

**Deborah Dell BSN RN CCRN CPN CPAN**

Severn, MD

**Julie Deters MSN FNP-BC**

Loveland, CO

**Maureen Diver MSN RN CAPA**

Jackson, NJ

**Melanie Donnelly MD MPH MBA**

Arvada, FL

**Amy Dooley MS RN CPAN CAPA FASPAN**

Nashua, NH

**Lynnae Elliott MSN RN CCRN-K CPAN**

Glen Burnie, MD

**Jamie Mahtab Farahmandifard MLS(ASCP)**

Denver, CO

**Ayumi Fielden MSN RN CCRN-K CPAN**

Houston, TX

**Vonda Fitch RN CPAN CAPA**

Carlsbad, NM

**Helen Fong DNP RN CPAN PHN FASPAN**

Roseville, CA

**Krista Fultz LMSW**

Dallas, TX

**Frances Garza BSN RN CPN**

Houston, TX

**Ramakrishna Gumidyal MD**

Aurora, CO

**Brian Harradine MSN RN CAPA CNOR NPD-BC**

Desert Hot Springs, CA

**Laura Hildebrand MS ANP-C**

Fort Collins, CO

**Regina Hoefner-Notz MS BSN RN CPAN CPN FASPAN**

Denver, CO

**Katherine Houle MSN RN CPAN**

Chisago City, MN

**Gabrielle Ingalsbe MS BSN RN CPAN CPHQ**

Centennial, CO

**Dolly Ireland MSN RN CAPA CPN FASPAN**

Clinton Twp, MI

**Michelle Johann MSN-ED RN CPAN PHN WTA**

Duarte, CA

**Lynn Kane MSN MBA RN CCRN**

Philadelphia, PA

**Katherine Klingenberg MMS PA-C**

Aurora, CO

**Kari Knutson**

Denver, CO

**Dina Krenzischek PhD MAS RN CPAN CFRE FAAN FASPAN**

Owings Mill, MD

**Jenna Layne BSN RN CPAN**

Golden, CO

**Anne Marie Lease MSN FNP-C**

Loveland, CO

# HEART *and* SCIENCE of CARING

## CONFERENCE FACULTY

**Charlotte Maiden MSN RN CPAN CAPA**

Waynesboro, VA

**Myrna Mamaril DNP RN NEA-BC CPAN CAPA FAAN FASPAN**

Ellicott City, MD

**Maureen McLaughlin MS RN ACNS-BC CPAN CAPA**

Acton, MA

**Margaret McNeill PhD RN APRN-CNS CCRN-K CCNS TCRN EBP-C CPAN NE-BC NHDP-BC FCNS FAAN FASPAN**

Frederick, MD

**Michelle Meadows MSN-Ed RN CPAN CAPA**

Culver City, CA

**Emily Methangkool MD MPH**

Los Angeles, CA

**Brad Neider MD**

Denver, CO

**Kristine O'Neill MSN RN CPAN**

Bel Air, MD

**Nancy O'Malley MA BSN RN CPAN(Ret) CAPA(Ret) FASPAN**

Aurora, CO

**Staci Orbell MSN RN CPAN**

North Huntingdon, PA

**Denise Oxford BSN RN CPAN**

Hanford, CA

**Abigail Pagano BSN RN**

Upperco, MD

**Snezana Radnovic MBM APRN FNP-BC CAPA**

Miami, FL

**Elizabeth Rebello MD FASA CPPS**

Houston, TX

**Wanda Rodriguez MA RN CCRN CPAN**

New York, NY

**Dylan Salrin BSN RN**

Thornton, CO

**Melissa Schmidt MSN RN CNL EBP-C CPAN CAPA**

Portland, OR

**Felicia Selman MSN RN CAPA**

Missouri City, TX

**Katherine Simpson DNP ARNP-FP-BC LNCC CNRN CVRN-II**

Katy, TX

**Daphne Stannard PhD RN CNS NPD-BC FCCM**

San Francisco, CA

**Miranda Strom MSN AGACNP-BC**

Aurora, CO

**Malea Sulliban BSN RN**

Portland, OR

**Kimberly Taylor MBA BSN RN**

Missouri City, TX

**Lisa Terry BSN RN CPAN**

Middle River, MD

**Hollie Thornton MSGH RN CCRN CPAN SANE**

Phoenix, AZ

**Hong Tran BSN MBA RN NE-BC**

Houston, TX

**Rebecca Vincent BSN RN CPAN**

Rochester, NY

**Jessica Wilson BSN RN CCRN**

Phoenix, AZ

**Linda Wilson PhD RN CPAN CAPA NPD-BC CNE CNECl CHSE-A ANEF FAAN FSSH FASPAN**

Philadelphia, PA

**Pamela Windle DNP RN NE-BC CPAN CAPA FAAN FASPAN**

Bellaire, TX

**Angela Wirick BSN RN-BC**

Gibsonia, PA

**Gina Whitney MD**

Denver, CO

**Diana Wong MS RN CPAN ONC**

Ridgefield, NJ

**Cristina Wood MD MS**

Arvada, CO

**Nancy Young MSN RN-BC CNL-C**

Pittsburgh, PA

**Antoinette Zito MSN RN CPAN FASPAN**

Cleveland, OH

**Catherine Zuniga BSN RN CPAN**

Bellingham, WA



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## ASPAN'S 42ND NATIONAL CONFERENCE

### SCHEDULE-AT-A-GLANCE

#### WEDNESDAY, April 26

7:30 AM – 5:00 PM	ASPAN Board of Directors Meeting
3:00 PM – 4:00 PM	Host / Hostess Orientation
4:00 PM – 7:00 PM	Registration Desk Open
4:00 PM – 7:00 PM	Credentials Desk Open
4:15 PM – 5:15 PM	Session Moderator Orientation
5:30 PM – 6:30 PM	Opening Rehearsal
6:30 PM – 7:30 PM	Meet the Candidates

#### THURSDAY, April 27

7:30 AM – 8:00 AM	Registration Open for Preconference Offering
7:00 AM – 7:30 PM	Registration Desk Open
7:30 AM – 8:50 AM	Credentials Desk Open
8:00 AM – 4:55 PM	\$ Preconference Offering – Management Essentials
9:00 AM – 5:00 PM	Representative Assembly
12:00 PM – 1:30 PM	Component Presidents' Luncheon (by invitation only)
12:00 PM – 5:30 PM	Item Writing Workshop
1:15 PM – 2:00 PM	Credentials Desk Open
4:00 PM – 5:00 PM	Host/Hostess Orientation (repeat)
5:15 PM – 6:15 PM	First Timers Orientation
7:00 PM – 9:00 PM	The Happening

#### FRIDAY, April 28

7:00 AM – 5:30 PM	Registration Desk Open
7:15 AM – 8:15 AM	First Timers Orientation (repeat)
9:00 AM – 12:00 PM	Opening Ceremonies and Opening Keynote Speaker
12:15 PM – 1:45 PM	Journal Luncheon (by invitation only)
12:15 PM – 2:15 PM	\$ CPAN®/CAPA® Luncheon Celebration
2:30 PM – 5:45 PM	Concurrent Sessions
6:00 PM – 8:00 PM	Exhibits Grand Opening / Silent Auction
7:15 PM – 8:30 PM	Evening Session
7:15 PM – 8:30 PM	Research Consultations

#### SATURDAY, April 29

7:00 AM – 8:00 AM	Research/EBP Poster Grand Rounds
7:00 AM – 8:00 AM	Celebrate Successful Practices Grand Rounds
7:00 AM – 9:00 AM	Exhibits Open
7:00 AM – 5:30 PM	Registration Desk Open
7:15 AM – 8:30 AM	ABPANC Certification/Recertification Insights
9:00 AM – 11:45 AM	Concurrent Tracks

12:00 PM – 1:00 PM	Research/EBP Poster Grand Rounds
12:00 PM – 1:00 PM	Celebrate Successful Practices Grand Rounds
12:00 PM – 2:00 PM	Exhibits Open
12:15 PM – 1:45 PM	Perianesthesia Celebrate Successful Practices Oral Presentations (Part 1)
2:15 PM – 5:00 PM	Concurrent Sessions
4:00 PM – 6:30 PM	Exhibits Open
5:45 PM – 8:30 PM	Evening Sessions

#### SUNDAY, April 30

6:30 AM – 8:30 AM	Development Breakfast
7:00 AM – 9:00 AM	Exhibits Open
7:00 AM – 6:00 PM	Registration Desk Open
9:00 AM – 11:45 AM	Concurrent Sessions
12:15 PM – 1:45 PM	Perianesthesia Research/EBP Oral Presentations
12:15 PM – 1:45 PM	Perianesthesia Celebrate Successful Practices Oral Presentations (Part 2)
2:15 PM – 5:00 PM	Concurrent Sessions
7:00 PM – 9:00 PM	President's Reception

#### MONDAY, May 1

7:00 AM – 8:00 AM	Closing Breakfast
8:00 AM – 8:45 AM	Closing Ceremonies
9:00 AM – 10:00 AM	Closing Keynote Speaker
12:00 PM – 12:30 PM	Registration for Postconference Offering
12:30 PM – 5:00 PM	\$ Postconference – The Heart and Science of Practice

\$ next to sessions indicates additional charge



# HEART *and* SCIENCE of CARING

## CONFERENCE PROGRAM

### WEDNESDAY, April 26, 2023

**7:30 AM – 5:00 PM**

ASPAN Board of Directors Meeting

**3:00 PM – 4:00 PM**

Host / Hostess Orientation

**4:00 PM – 7:00 PM**

Registration Desk Open

**4:00 PM – 7:00 PM**

Credentials Desk Open

**4:15 PM – 5:15 PM**

Session Moderator Orientation

**5:30 PM – 6:30 PM**

Opening Rehearsal

**6:30 PM – 7:30 PM**

Meet the Candidates

### THURSDAY, April 27, 2023

**7:30 AM – 7:30 PM**

Registration Desk Open

**7:30 AM – 8:50 AM**

Credentials Desk Open

**7:30 AM – 8:00 AM**

Preconference Registration

**8:00 AM – 4:55 PM**

\$ Preconference Offering – Management Essentials

This program will present essential information for new and experienced managers across the perianesthesia continuum.

**7.25 contact hours**

*Kristine O'Neill MSN RN CPAN, Lisa Terry BSN RN CPAN,*

*Helen Fong DNP RN CPAN PHN FASPAN and Jacque Crosson DNP RN CPAN FASPAN*

**9:00 AM – 5:00 PM**

Representative Assembly

The Representative Assembly, facilitated by President Connie Hardy Tabet, will meet for informal hearings during the morning to discuss questions, issues, and topics related to where ASPAN is today. The candidates for national office will also be presented.

The formal session will be held in the afternoon to conduct ASPAN business and determine ASPAN's future. Attendee participation is key! While members of the Representative Assembly are required to attend, all are welcome.

**9:00 AM – 11:00 AM**

RA Hearings

### THURSDAY, April 27, 2023 CONTD.

**9:00 AM – 10:15 AM**

Candidate Presentations

**1:15 PM – 2:00 PM**

Credentials Desk Open

**2:15 PM – 5:00 PM**

Formal Session of the RA

**12:30 PM – 5:00 PM**

(001) ABPANC Learning How to Write CPAN/CAPA Examination Questions – A Workshop

Are you curious about how the CPAN® and CAPA® exam questions are developed? Have you thought you had a great idea for a question? If you are CPAN® and/or CAPA® certified, you are invited to learn what makes a good exam question and practice writing CPAN®/CAPA® questions at this free workshop.

If you are interested in volunteering to write exam questions or serving on CPAN® and CAPA® exam development committees, you are encouraged to attend this workshop. You can showcase your commitment to fostering excellence in perianesthesia nursing while increasing your own skill set. Attendees will learn how to write quality, reliable and valid exam questions, earn 4 contact hours, and network with colleagues from around the country regarding practice issues. Previous experience with writing questions is not required.

**You must pre-register for this exciting workshop by emailing ABPANC at [abpanc@cpancapa.org](mailto:abpanc@cpancapa.org) using the subject line-Item Writing Workshop. Registration is limited.**

**Please note:** You may not receive item writing training if you are planning to sit for the CPAN® or CAPA® exam within the next three (3) years. In addition, if you are currently an ABPANC Certification Coach, or involved in teaching examination review courses, you may not participate due to a possible conflict of interest.

**(DC) 4.0 contact hours**

*Marie Graziela Bautista MSN RN CPAN CAPA, Maureen Diver MSN RN CAPA; Vonda Fitch RN CPAN CAPA; Charlotte Maiden MSN RN CPAN CAPA; and PSI Representative*

**12:00 PM – 1:30 PM**

Component Presidents' Luncheon (by invitation only)

**4:00 PM – 5:00 PM**

Host/Hostess Orientation (Repeat)

**5:15 PM – 6:15 PM**

First Timers Orientation

**7:00 PM – 9:00 PM**

"The Happening"

Come to the mountains, meet old friends and new. Spend time to relax, the Rockies are calling you. We welcome all nurses from near and from far to come meet up. There will be live music, dancing, light food, and a cash bar. Please come and join us!



**COLLABORATION. ADVOCACY.  
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## ASPAN'S 42ND NATIONAL CONFERENCE

### CONFERENCE PROGRAM

**FRIDAY, April 28, 2023**

**7:00 AM – 5:30 PM**

Registration Desk Open

**7:15 AM – 8:15 AM**

First Timers Orientation (Repeat)

**9:00 AM – 10:30 AM**

Opening Ceremonies



**Processional, National Anthem, Welcome, Introduction of Guests and Awards**

**ASPAN Presidential Address: "Heart and Science of Caring: Collaboration. Advocacy. Purpose. Excellence."**

*Connie Hardy Tabet MSN RN CPAN CAPA FASPAN*

**11:00 AM – 12:00 PM**

(002) Keynote Speaker



**Thriving Through Change**

While change is inevitable, we have been living through an unprecedented time of rapid and unsolicited change. Many of us are struggling with how to cope. This engaging keynote examines the process of change and shares ideas using humor and heart to thrive through change. Kari shares about seven different ideas for managing change as well as the importance of developing resilience. You will leave this presentation with tangible ideas for how to thrive through change and cultivate your resilience so you can successfully navigate the challenges of life.

*(IC) 1.0 contact hour*

*Kari Knutson*

**12:15 PM – 2:15 PM**

**\$ (003) CPAN®/CAPA® Celebration Luncheon**



Karen Allen is a mindset expert, TEDx speaker, and the founder of the 100% Human movement. She is passionate about equipping individuals with the tools and resources to feel better, live better, and achieve their goals with a healthy mindset. She empowers highly motivated individuals and business leaders to harness the power of their mindset and achieve their full potential. After the unexpected loss of her husband followed by years of transformational experiences, Karen reclaimed control of her fate by rediscovering and healing herself from the inside out.

*(IC) 0.75 contact hour*

*Karen M. Allen*

\*Only CPAN® and CAPA® certified nurses and formerly CPAN®/CAPA® certified nurses who are retired may register.

**2:30 PM – 4:00 PM**

**Concurrent Sessions**

**(004) Successful Same Day Discharges: Perianesthesia Collaboration is Critical!**

Understanding the education patients receive prior to ambulatory surgery from their provider impacts discharges postoperatively. Perianesthesia nurses collaborating with providers to develop preoperative and postoperative protocols allows for standardized patient care and successful same day discharge

*(DC) 1.5 contact hours*

*Jacque Crosson DNP RN CPAN FASPAN*

**(005) Staying Afloat in a Sea of Change**

Now, more than ever, change is a constant in the nursing profession. This presentation will focus on identifying current challenges in nursing, along with some proven strategies to overcome obstacles in the workplace that impede wellness and methods to strengthen coping strategies and resilience in order to stay afloat in a sea of change.

*(IC) 1.5 contact hours*

*Daphne Stannard PhD RN CNS NP-BC FCCM, Amy Berardinelli DNP RN NE-BC CPAN FASPAN and Toni Zito MSN RN CPAN FASPAN*

**(006) Question? Clinical Practice has the Answers**

This presentation will provide an overview of ASPAN's Clinical Practice Committee. We will examine actual submitted clinical practice questions and discuss pertinent patient care scenarios to support your clinical practice.

*(DC) 1.5 contact hours*

*Melissa Davidson MSN RN CPAN*

**4:15 PM – 5:45 PM**

**(007) 2023-2024 ASPAN Standards: Raising the Bar!**

This lecture will describe the changes in the 2023-2024 Standards and the reasoning behind the changes. Additions to principles and standards continue to clarify and define perianesthesia practice. Important to bedside perianesthesia nurses is elevating position statements into practice recommendations to further demonstrate the strength and rigor of ASPAN's standards.

*(DC) 1.5 contact hours*

*Jacque Crosson DNP RN CPAN FASPAN*

**(008) You Can Change Paths and Still Stay the Course!**

The nursing profession is ever changing. There are multiple opportunities to lead in the specialty of perianesthesia nursing. This presentation focuses on different nursing career paths in the field of perianesthesia nursing and will explore ways to change paths while still staying the course with perianesthesia nursing.

*(IC) 1.5 contact hours*

*Toni Zito MSN RN CPAN FASPAN, Amy Berardinelli DNP RN NE-BC CPAN FASPAN and Daphne Stannard PhD RN CNS NP-BC FCCM*



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## CONFERENCE PROGRAM

### (009) Research and Evidence-Based Practice: The Role of the Nurse in Ethics and Advocacy

This presentation explores the role of nurses as they advocate for ethical research and nursing care underpinned by ethical principles and evidence.

(IC) 1.5 contact hours

*Margaret McNeill PhD RN APRN-CNS CCRN-K CCNS TCRN EBP-C CPAN NE-BC NHDP-BC FCNS FAAN FASPAN*

### 6:00 PM – 8:00 PM

#### Exhibits Grand Opening

Come and mingle with the ASPAN exhibitors. This event is open to all full conference registrants and Friday daily attendees.

### 7:15 PM – 8:30 PM

### (010) Creating a New Pipeline: Transition to Practice Nurse Orientation Program

Patient flow, acuity, staffing, and nurse competency present challenges for effectively meeting patient and organizational needs daily. This session will discuss a collaborative process used to recruit, train, and retain competent PACU nurses without prior critical care nursing experience through the Transition to Practice program. It shares the successes and challenges of the PACU Nurse Transition to Practice Program at a large academic medical center and community hospitals.

(IC) 1.25 contact hours

*Ayumi Fielden MSN RN CCRN-K CPAN and Hong Tran BSN MBA RN NE-BC*

### (011) Nursing Malpractice...Your Defense Suitcase – Clinical Practice Recommendations and ASPAN Standards

This lecture will discuss how the knowledge and application of ASPAN Standards to clinical practice will provide you with solid defense when the standards are being followed. The lecture will also show problems that occur if they are not being followed.

(IC) 1.25 contact hours

*Dolly Ireland MSN RN CAPA CPN FASPAN*

### (012) APSF NORA Update

Non-operating room anesthesia (NORA) outside of a traditional OR, is a growing section of the field and includes surgical, diagnostic, and therapeutic procedures. There is literature showing an increased risk in NORA locations. Members of APSF will provide a synopsis surrounding NORA patient care.

(DC) 1.25 contact hours

*Shane Angus CAA MSA, Emily Methangkool MD MPH and Elizabeth Rebello MD FASA CPPS*

### (013) Education Approver Secrets Unveiled: How Do You Do That Application for Contact Hours?

This session will review the current ANCC-COA requirements for nursing continuing education. The process

for applying through the ASPAN approver unit for contact hours will also be presented. Seating is limited.

(IC) 1.25 contact hours

*Linda Wilson PhD RN CPAN CAPA NP-BC CNE CNEcl CHSE-A ANEF FAAN FSSH FASPAN and Lynn Kane MSN MBA RN CCRN*

### (014) Research Consultations: Personalized Consultations with Experienced Researchers

This session will offer personalized research consultations with experienced researchers who can continue this mentorship after the session is completed. Examples: refining research hypothesis, research design, synthesizing the evidence, IRB 101, etc. The session will have limited attendance and mentors will be selected from the research, EBP and clinical practice committees. Attendees are strongly encouraged to bring their own laptop. Seating is limited.

(Non-contact hour session)

*Margaret McNeill PhD RN APRN-CNS CCRN-K CCNS TCRN EBP-C CPAN NE-BC NHDP-BC FCNS FAAN FASPAN*

## SATURDAY, April 29, 2023

### 7:00 AM – 8:00 AM

#### Research Poster Grand Rounds

### 7:00 AM – 8:00 AM

#### Celebrate Successful Practices Poster Grand Rounds

### 7:00 AM – 9:00 AM

#### Exhibits Open

### 7:00 AM – 8:30 AM

### (015) ABPANC Certification/Recertification Insights

Achieving the CPAN® or CAPA® or certification improves patient care and safety, enhances employer confidence, validates professional experience and increases earning potential. This session will give you the tools you need to make the case for certification to your manager, help you choose the exam that's right for you, and provide test taking tips and strategies for success.

For those who already hold one of these prestigious designations, this class will also be beneficial for you! Learn how to utilize ABPANC's Learning Builder technology platform, put your certification into practice, and become a leader and mentor to other nurses.

(IC) 1.5 contact hours

*Representatives from the ABPANC Board of Directors*

### 7:00 AM – 5:30 PM

#### Registration Desk Open

### 9:00 AM – 11:45 AM

#### Concurrent Tracks

See pages 12-18 for schedule and description.



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PURPOSE. EXCELLENCE.

## ASPAN'S 42ND NATIONAL CONFERENCE

### CONFERENCE PROGRAM

#### SATURDAY, April 29, 2023 CONTD.

**12:00 PM – 1:00 PM**

Research Poster Grand Rounds

**12:00 PM – 1:00 PM**

Celebrate Successful Practices Poster Grand Rounds

**12:00 PM – 2:00 PM**

Exhibits Open

**12:15 PM – 1:30 PM**

(016) Safe Staffing in the Phase I PACU: ASPAN Study Results and How to Implement

ASPAN's Practice Recommendation 1 Patient Classification/ Staffing Recommendation is based on expert opinion. Laidlaw v. Lions Gate Hospital's landmark case demonstrated the vigilance necessary to care for patients in Phase I PACU. To validate the elements of acuity and workload in a Phase I PACU, ASPAN funded a study. This lecture will disseminate these findings along with the results of a qualitative study and concept map.

(IC) 1.25 contact hours

Jacque Crosson DNP RN CPAN FASPAN, Elizabeth Card MSN APRN  
FNP-BC CPAN CCRP FASPAN and Dina Krenzischek PhD MAS RN CPAN  
CFRE FAAN FASPAN

**12:15 PM – 1:45 PM**

(017) Celebrate Successful Perianesthesia Practices Oral Presentations (Session 1)

In this session selected members will present their perianesthesia successful practice, discuss the implementation, and share results.

(IC) 1.5 contact hours

**2:15 PM – 5:00 PM**

Concurrent Sessions

See pages 12-18 for schedule and descriptions.

**2:15 PM – 5:00 PM**

Exhibits Open

**5:45 PM – 7:00 PM**

(018) Mental Illnesses: Are Treatments Available?

Mental illnesses impact every perianesthesia nurse, either from a patient care standpoint or personally— illnesses that may be treated by a variety of interventions. While this presentation will focus on the perianesthesia nurse's responsibilities involving electroconvulsive therapy (ECT), other treatments will also be described.

(DC) 1.25 contact hours

Nancy O'Malley MA BSN RN CPAN (Ret) CPAN (Ret) FASPAN

(019) Creating a Strong Flexible Workforce in the Perianesthesia Settings

With the current changing environment that is recently happening around the healthcare arena, it is time to change the way we do things. This presentation will focus on current nursing and healthcare issues such as environmental stress,

burnout, and mental health. Recent research studies using self-care techniques and employee engagement can improve in the recruitment and retention of nurses. We need stability, flexibility, and resilience to keep healthcare workers stronger.

(IC) 1.25 contact hours

Pamela Windle DNP RN NE-BC CPAN CAPA FAAN FASPAN

(020) Nursing Residency Program in the Pediatric PACU

This session reviews a successful adaptation to the postanesthesia care unit as a graduate nurse. The adaptation utilizes a detailed orientation pathway regarding ASPAN's Competency-Based Orientation for the Registered Nurse Caring for the Pediatric Patient in the Perianesthesia Setting and ASPAN: Mosby's Orientation to Perianesthesia Nursing.

(IC) 1.25 contact hours

Frances Graza BSN RN CPN and Kimberly Taylor MBA BSN RN

**7:15 PM – 8:30 PM**

(021) Responding to Domestic Violence for Medical Professionals

Attendees will leave this presentation with a better understanding of the definition, prevalence, and impact of domestic violence on their patients and their support systems. Attendees will also be given practical tools on how to ask and respond to abuse screening questions and start safety planning conversations.

(DC) 1.25 contact hours

Krista Fultz LMSW

(022) Listen to Lead: Podcast-Based Leadership Development in Perianesthesia Nursing

Leadership engagement directly impacts leadership retention, staff engagement, and patient outcomes. Traditionally, leadership development opportunities in nursing practice have been provided through channels such as journal clubs and didactic lecture-based in-services. This session will discuss the utilization of podcasts and soundbites over journal article review in leadership development activities. This approach functions to optimize idle time with listening activities, and in creating meaningful discussion and idea sharing amongst nursing leaders to build a robust leadership approach to perianesthesia nursing.

(IC) 1.25 contact hours

Rebecca Vincent BSN RN CPAN

(023) Geriatric Trauma

This presentation will highlight the new advances in the geriatric trauma science that focuses on the emerging epidemiology trends of this specialty trauma care. Key pathophysiologic concerns of aging combined with significant health comorbidities place the older adult at greater risk for increased mortality. Finally, rapid hemorrhage control, inflammatory cascade activation, permissive hypotension, therapeutic trauma resuscitation, damage control surgery, innovative diagnostic techniques, and best practice evidence-based trauma nursing protocols that lead to better survival outcomes will be discussed.

(DC) 1.25 contact hours

Myrna Mamaril DNP RN NEA-BC CPAN CAPA FAAN FASPAN



# HEART *and* SCIENCE of CARING

## CONFERENCE PROGRAM

### SUNDAY, April 30, 2023

#### 6:30 AM – 8:30 AM

##### \$ ASPAN Development Breakfast

(024) Reflecting on the Past; Collaborating on the Future:  
YOU Can BE the Difference!

This presentation will honor past vision, acknowledge present dreams, and inspire future perianesthesia leaders to make a difference!

(IC) .75 contact hour

Dolly Ireland MSN RN CAPA CPN FASPAN

#### 7:00 AM – 9:00 AM

Exhibits Open

#### 7:00 AM – 6:00 PM

Registration Desk Open

#### 9:00 AM – 11:45 AM

Concurrent Tracks

See pages 13-19 for schedule and description.

#### 12:15 PM – 1:45 PM

(025) Celebrate Successful Perianesthesia Practices Oral presentations (Session 2)

In this session, selected members will present their perianesthesia successful practice, discuss the implementation, and share results.

(IC) 1.5 contact hours

(026) Perianesthesia Research/EBP Oral Presentations

The oral research presentations represent completed perianesthesia nursing studies. Selected research studies will be presented by the primary investigators.

(IC) 1.5 contact hours

#### 2:15 PM – 5:00 PM

Concurrent Tracks

See pages 12-18 for schedule and descriptions

#### 7:00 PM – 9:00 PM

President's Reception

You are all invited to join ASPAN President Connie Hardy Tabet and ASPAN leaders in a celebration of the success and achievements of the past year. All conference participants are invited to attend! Enjoy a variety of music and dance the night away! Come dressed in your favorite style of "party attire." See you there!

### MONDAY, May 1, 2023

#### 7:00 AM – 8:00 AM

Closing Breakfast

Open to all full conference registrants only at no additional cost. You must register on page 23. You will not be admitted without a ticket. Seats are limited.

#### 8:00 AM – 8:30 AM

Closing Ceremony – Installation of ASPAN Board

Presidential Address: Alphonzo Baker DNP RN CAPA



**\*\*You must register and have a closing breakfast ticket to attend. Tickets are limited to 800 attendees and you will not be admitted without a ticket.**

#### 8:30 AM – 8:45 AM

Preview to 2024 Conference

#### 9:00 AM – 10:00 AM

Closing Address

(027) "Laughter is the Best Medicine"



The healthcare humor will tickle your funny bone and have you laughing. "The Healthy Humorist®" has been known to skewer such topics as healthcare lingo, diet plans, pharmaceutical ads, medical marijuana, and scrubs. He's even been known to break into song! It's also educational ... but not in a boring way. You'll laugh as you learn why laughter really is good medicine ... for combating stress, feeling better, and living longer. That's it in a nutshell: a funny doctor who delivers healthcare comedy, an inspiring message, and valuable information. You'll be feeling better in no time!

**(\*\*You must register on page 23 and have a closing breakfast ticket to attend)**

(IC) 1.0 contact hour

Brad Neider MD

#### 12:00 PM – 12:30 PM

Postconference Registration

#### 12:30 PM – 5:00 PM

\$ Postconference - The Heart and Science of Practice

Perianesthesia nursing is both an art and a science. This presentation reviews some of the basic clinical assessments of a patient as well as some of the potential perianesthesia emergencies that occur in the perianesthesia setting. The session includes consideration for the patient's comorbidities, anesthetics administered, and the complexity of surgical procedures performed. Lastly, using contemporary practice issues, the ASPAN Standards of Perianesthesia Nursing Practice will be applied to support best practice and patient safety.

(DC) 4.0 contact hours

Terry Clifford DNP RN CPAN CAPA FASPAN

## SATURDAY

APRIL 29, 2023

9:00 AM – 10:15 AM	10:30 AM – 11:45 AM	2:15 PM – 3:30 PM	3:45 PM – 5:00 PM
<b>Let's Talk Airway! PACU Respiratory Complications</b> Catherine Zuniga <i>#101 (DC) 1.25</i>	<b>Malignant Hyperthermia: Past, Present and Prepare for the Future</b> Melissa Schmidt and Malea Sullivan <i>#102 (DC) 1.25</i>	<b>Regional Anesthesia in the Perianesthesia Environment</b> Melanie Donnelly <i>#103 (DC) 1.25</i>	<b>Successful Recovery of Same Day Knee and Hip Arthroplasty: Reducing Length of Stay</b> Jenna Layne <i>#104 (DC) 1.25</i>
<b>An Update on Local Anesthetic Systemic Toxicity (LAST)</b> Ramakrishna Gumidyala <i>#201 (DC) 1.25</i>	<b>How "Prehabilitation" Improves Surgical Outcomes</b> Laura Hildebrand, Julie Deters and Anne Marie Lease <i>#202 (DC) 1.25</i>	<b>The Ins and Outs of the Pediatric PACU Extended Stay Observation Unit</b> Abigail Pagano and Deborah Dell <i>#203 (DC) 1.25</i>	<b>Complications from Surgical Positioning</b> Nancy O'Malley <i>#204 (DC) 1.25</i>
<b>The State of the Science: 2022 Perianesthesia Nursing Practice</b> Margaret McNeill and Daphne Stannard <i>#301 (IC) 1.25</i>	<b>About Face: An Introduction to Facial Plastic Surgery</b> David Archibald <i>#302 (DC) 1.25</i>	<b>Raising the Bar: Optimizing Screening Practices for Individuals at Risk for OSA</b> Staci Orbell <i>#303 (DC) 1.25</i>	<b>Preanesthesia Testing: A Successful Model</b> Melissa Davidson <i>#304 (DC) 1.25</i>
<b>Caring for the Pregnant Patient in the Perioperative Setting</b> Cristina Wood <i>#401 (DC) 1.25</i>	<b>A to Z of Bariatric Surgery! How to Prepare Our Patients and Recover Them</b> Catherine Zuniga <i>#402 (DC) 1.25</i>	<b>I Can Hear You! The 411 on Cochlear Implants</b> Amy Dooley <i>#403 (DC) 1.25</i>	<b>Presenting at the Podium: Sharing Your Knowledge to Advance Perianesthesia Nursing Care</b> Maureen McLaughlin <i>#404 (IC) 1.25</i>
<b>Pediatric Panic! Understanding Pediatric Laryngospasm and Pediatric Emergence Delirium</b> Regina Hoefner-Notz <i>#501 (DC) 1.25</i>	<b>The Creation of an Ambulatory Surgical Pediatric Discharge Tool</b> Regina Hoefner-Notz <i>#502 (IC) 1.25</i>	<b>The Second Victim Phenomenon Impacting Healthcare Professionals</b> Maureen McLaughlin <i>#503 (IC) 1.25</i>	<b>Increased Postanesthesia Monitoring Decreases Liver Transplant ICU Admissions</b> Miranda Strom and Katherine Klingenberg <i>#504 (DC) 1.25</i>
<b>Laboratory Basics for the Perianesthesia RN: Those Results are Magic</b> Jamie Mahtab Farahmandifard and Gabrielle Ingalsbe <i>#601 (DC) 1.25</i>	<b>Everything You Wanted to Know About Implementation Science!</b> Daphne Stannard and Margaret McNeill <i>#602 (IC) 1.25</i>	<b>Everything You Wanted to Know About a Systematic Review!</b> Daphne Stannard and Margaret McNeill <i>#603 (IC) 1.25</i>	<b>Creation and Life with an Extended Recovery Unit in the PACU</b> Amy Dooley <i>#604 (IC) 1.25</i>

10:15 AM – 10:30 AM BREAK

11:45 AM – 2:00 PM LUNCH / EXHIBITS

3:30 PM – 3:45 PM BREAK



## SUNDAY

APRIL 30, 2023

9:00 AM – 10:15 AM		10:30 AM – 11:45 AM		2:15 PM – 3:30 PM		3:45 PM – 5:00 PM
<b>Related Complications for Anesthesia Agents</b> Linda Beagley <i>#105 (DC) 1.25</i>	10:15 AM – 10:30 AM BREAK	<b>Measures to Safely Prepare the Pediatric Patient for Surgery</b> Linda Beagley <i>#106 (DC) 1.25</i>	10:30 AM – 10:45 AM BREAK	<b>Mama Mia! Care of the Obstetrical Patient in the PACU</b> Laura Ortiz Carter and Ayumi Fielden <i>#107 (DC) 1.25</i>	3:30 PM – 3:45 PM BREAK	<b>Perianesthesia and Aromatherapy: A Proactive Approach to PONV</b> Michelle Johann <i>#108 (DC) 1.25</i>
<b>Perioperative Care of the Patient with Congenital Heart Disease</b> Gina Whitney <i>#205 (DC) 1.25</i>		<b>Negative Pressure Wound Therapy Dressings: A Cost Analysis</b> Dylan Salrin <i>#206 (DC) 1.25</i>		<b>APRN in the Perianesthesia Setting: Advancing Patient Care in all Phases</b> Katherine Simpson and Felicia Selman <i>#207 (IC) 1.25</i>		<b>The Perianesthesia Emergency Nurse (PEN): Resource to Assist with High Acuity Patients</b> JoAnn Anderson, Hollie Thornton, Jessica Wilson and Ryan Craner <i>#208 (IC) 1.25</i>
<b>ABCs of Perianesthesia Nursing</b> Maureen McLaughlin <i>#305 (DC) 1.25</i>		<b>Anesthesia and Sedation Outside of the Operating Room</b> Maureen McLaughlin <i>#306 (DC) 1.25</i>		<b>The Joy of Nursing: Nurses' Well-Being</b> Linda Beagley <i>#307 (IC) 1.25</i>		<b>To Err is Human: Progress and Priorities in the Prevention of Medication Errors</b> Maureen McLaughlin <i>#308 (DC) 1.25</i>
<b>Transgender and Non-binary Patients: Clinical Clues and Communication Cues</b> Shea Beiter <i>#405 (DC) 1.25</i>		<b>Bringing the World Into Focus – Identifying Red Flags in Eye Surgery</b> Snezana Radnovic <i>#406 (DC) 1.25</i>		<b>Oh No, My Patient is in Shock! What Do We Do Now?</b> Wanda Rodriguez <i>#407 (DC) 1.25</i>		<b>Let's Bury Burnout! Strategies for Putting Stress to Rest!</b> Dolly Ireland <i>#408 (IC) 1.25</i>
<b>Opioid Use Disorder: What You Need to Know</b> Meg Betune <i>#505 (DC) 1.25</i>		<b>"I Can't Sleep!" The Complexity of the Role of the Nurse Manager</b> Lynnae Elliotte <i>#506 (IC) 1.25</i>		<b>What We Wish We Knew at Discharge: Nurses' Perspectives</b> Brian Harradine and Denise Oxford <i>#507 (DC) 1.25</i>		<b>Let's Talk about Sex (at Discharge)</b> Brian Harradine <i>#508 (DC) 1.25</i>
<b>WeLearn: Championing Education</b> Diana Wong <i>#605 (IC) 1.25</i>		<b>Marijuana: Legalities and the Impact on Patients</b> Melissa Davidson <i>#606 (DC) 1.25</i>		<b>Chronic/Intractable Pain Management in the Perianesthesia Setting: Lidocaine Infusions</b> Michelle Meadows <i>#607 (DC) 1.25</i>		<b>Intranasal Esketamine: Improving Depression and Reducing Suicide Risk</b> Angela Wirick and Nancy Young <i>#608 (DC) 1.25</i>



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## ASPAN'S 42ND NATIONAL CONFERENCE

### DETAILED COURSE DESCRIPTIONS

#### SATURDAY, April 29, 2023

9:00 AM – 10:15 AM

##### #101 Let's Talk Airway! PACU Respiratory Complications

This session will present the stable and unstable airway as well as the most common airway complications in the PACU.

(DC) 1.25 contact hours

Catherine Zuniga BSN RN CPAN

##### #201 An Update on Local Anesthetic Systemic Toxicity (LAST)

Local anesthetic systemic toxicity (LAST) is a rare but potentially life-threatening event. This presentation will review updated data on the risk factors for LAST, how we as perioperative providers can mitigate these risks, and, finally, review recent updated recommendations on management of LAST.

(DC) 1.25 contact hours

Ramakrishna Gumidyal MD

##### #301 The State of the Science: 2022 Perianesthesia Nursing Practice

This session will explore research findings from 2022 that have implications for perianesthesia nursing practice. An analysis of the studies using the JBI critical appraisal tools will be presented.

(IC) 1.25 contact hours

Margaret McNeill PhD RN APRN-CNS CCRN-K CCNS EBP-C TCRN CPAN NE-BC NHDP-BC FCNS FAAN FASPAN and Daphne Stannard PhD RN CNS NPD-BC FCCM

##### #401 Caring for the Pregnant Patient in the Perioperative Setting

This session will explore the most common questions and concerns when managing a postoperative patient in the PACU. Topics to include physiologic changes in pregnancy, breastfeeding after surgery, preoperative pregnancy testing, and fetal neurotoxicity and exposure to anesthesia.

(DC) 1.25 contact hours

Cristina Wood MD MS

##### #501 Pediatric Panic! Understanding Pediatric Laryngospasm and Pediatric Emergence Delirium

Many nurses working in adult-based facilities verbalize concerns when caring for the pediatric patient. This session will review the major complications that present differently with pediatric patients and how best to manage them.

(DC) 1.25 contact hours

Regina Hoefner-Notz MS BSN RN CPAN CPN FASPAN

##### #601 Laboratory Basics for the Perianesthesia RN: Those Results are Magic

The clinical laboratory and its specific functions are not well known among perianesthesia nurses. This session aims to shine a light on what occurs in the lab and how lab and perianesthesia nurses can work together to ensure effective, reliable, and safe patient care.

(DC) 1.25 contact hours

Jamie Mahtab Farahmandifard MLS(ASCP) and Gabrielle Ingalsbe MS BSN RN CPAN CPHQ

10:30 AM – 11:45 AM

##### #102 Malignant Hyperthermia; Past, Present and Prepare for the Future

Although malignant hyperthermia is rare, it continues to be a life-threatening emergency that requires multidisciplinary response. This session will present the pathophysiology, treatment, recommendations for policy development, and training for staff.

(DC) 1.25 contact hours

Melissa Schmidt MSN RN CNL EBP-C CPAN CAPA and Malia Sullivan BSN RN

##### #202 How "Prehabilitation" Improves Surgical Outcomes

This session will present how to design and implement an impact clinic, and how improving the comorbid conditions of elective surgery patients can lead to decreased perioperative complications, improved outcomes, and higher patient satisfaction.

(DC) 1.25 contact hours

Laura Hildebrand MS ANP-C, Julie Deters MSN FNP-BC and Anne Marie Lease MSN FNP-C

##### #302 About Face: An Introduction to Facial Plastic Surgery

Most medical professionals do not have significant exposure to facial plastic and reconstructive surgeries. This session will present the spectrum of cosmetic and reconstructive surgeries involving the face to increase understanding of how best to manage these patients in the perioperative setting.

(DC) 1.25 contact hours

David Archibald MD FACS

##### #402 A to Z of Bariatric Surgery! How to Prepare Our Patients and Recover Them

This session will present ERAS guidelines for bariatric surgery from the American Society for Metabolic and Bariatric Surgery as well as restrictive and malabsorptive bariatric surgery, and the most common bariatric surgery complications in the PACU.

(DC) 1.25 contact hours

Catherine Zuniga BSN RN CPAN



# HEART *and* SCIENCE of CARING

## DETAILED COURSE DESCRIPTIONS

### #502 The Creation of an Ambulatory Surgical Pediatric Discharge Tool

This session will present an objective discharge tool for the ambulatory pediatric patient. The nature of this tool, how it is best utilized, as well as its usefulness and safety, will also be presented.

(IC) 1.25 contact hours

Regina Hoefner-Notz MS BSN RN CPAN CPN FASPAN

### #602 Everything You Wanted to Know About Implementation Science!

Nearly every hospital and ambulatory surgical center emphasizes the importance of quality improvement (QI) work, but how does QI fit within clinical inquiry and implementation science? This session will explore the world of implementation science and clinical inquiry (including QI work) and will help prepare you to better understand, critique, and consider conducting your own QI project.

(IC) 1.25 contact hours

Daphne Stannard PhD RN CNS NPD-BC FCCM and Margaret McNeill PhD RN  
APRN-CNS CCRN-K CCNS TCRN EBP-C CPAN NE-BC NHDP-BC FCNS FAAN FASPAN

2:15 PM – 3:30 PM

### #103 Regional Anesthesia in the Perianesthesia Environment

This session will present what to expect while prepping and recovering patients who receive some of the most common types of nerve blocks. It will also review the features of local anesthetic toxicity which can manifest after a block is given.

(DC) 1.25 contact hours

Melanie Donnelly MD MPH MBA

### #203 The Ins and Outs of the Pediatric PACU Extended Stay Observation Unit

This session will present bladder exstrophy and its epidemiology, procedures to repair exstrophy, and considerations of the post-op patient in the PACU. Health issues and concerns of the bladder exstrophy patient as they age will also be presented.

(DC) 1.25 contact hours

Deborah Dell BSN RN CCRN CPN CPAN and Abigail Pagano BSN RN

### #303 Raising the Bar: Optimizing Screening Practices for Individuals at Risk for OSA

Obstructive sleep apnea (OSA) poses a constant threat to patients both in and outside of the perianesthesia setting. This session will present the basics of obstructive sleep apnea and highlight pertinent guidelines and standards of perianesthesia care. Gaps in practice, current research and theory, and potential opportunities to utilize a person's surgical encounter to promote diagnosis and treatment of OSA will be discussed.

(DC) 1.25 contact hours

Staci Orbell MSN RN CPAN

### #403 I Can Hear You! The 411 on Cochlear Implants

This session will present on hearing loss and the amazing therapy to restore hearing. Find out about how the cochlear implant works and safe perianesthesia care.

(DC) 1.25 contact hours

Amy Dooley MS RN CPAN CAPA FASPAN

### #503 The Second Victim Phenomenon Impacting Healthcare Professionals

Healthcare providers, nurses and physicians, who have been involved or affected by adverse patient events often experience emotional and physical trauma similar to post-traumatic stress disorder. These healthcare providers are often termed second victims. This presentation provides background on the second victim phenomenon, discusses resources described by second victims as necessary to aid in their emotional recovery, and, through the use of case studies, highlights the experiences of some select "second victims."

(IC) 1.25 contact hours

Maureen McLaughlin MS RN ACNS-BC CPAN CAPA

### #603 Everything You Wanted to Know About a Systematic Review

Nearly every issue of JOPAN and other professional journals have published systematic reviews, but what are they and how do they differ from other published research studies? This session will explore the world of evidence synthesis (including systematic reviews) and will help prepare you to better understand, critique, and consider conducting your own systematic review!

(IC) 1.25 contact hours

Daphne Stannard PhD RN CNS NPD-BC FCCM and Margaret McNeill PhD RN  
APRN-CNS CCRN-K CCNS TCRN EBP-C CPAN NE-BC NHDP-BC FCNS FAAN FASPAN

3:45 PM – 5:00 PM

### #104 Successful Recovery of Same Day Knee and Hip Arthroplasty: Reducing Length of Stay

The presentation will identify our strategy to successfully discharge Knee and Hip Arthroplasty on the day of surgery. As an orthopedic hospital, my facility leads our hospital system in the process change.

(DC) 1.25 contact hours

Jenna Layne BSN RN CPAN

### #204 Complications from Surgical Positioning

During surgery, patients are at risk for injuries and adverse events due to positions required for access to surgical sites. These risks are increased due to the effects of the anesthetic agents. Preanesthesia and postanesthesia nurses must have knowledge of these risks in order to anticipate and, hopefully, prevent injuries, as well as assess for injuries postoperatively.

(DC) 1.25 contact hours

Nancy O'Malley BSN MA RN CPAN (Ret) CAPA (Ret) FASPAN



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## ASPAN'S 42ND NATIONAL CONFERENCE

### DETAILED COURSE DESCRIPTIONS

#### #304 Preanesthesia Testing: A Successful Model

What is PAT? Is it necessary? How do we staff this department? How do we ensure patients are prepared for the day of surgery? This session examines a successful preanesthesia testing model and its impact on patient preparation and cancellation rates.

(DC) 1.25 contact hours

Melissa Davidson MSN RN CPAN

#### #404 Presenting at the Podium: Sharing Your Knowledge to Advance Perianesthesia Nursing Care

Have a passion in perianesthesia nursing? Knowledge to share? This interactive session provides tools for nurses interested in public speaking. The speaker has had the honor of presenting at the ASPAN National Conference and shares her tips for a successful presentation.

(IC) 1.25 contact hours

Maureen McLaughlin MS RN ACNS-BC CPAN CAPA

#### #504 Increased Postanesthesia Monitoring Decreases Liver Transplant ICU Admissions

Liver transplants are one of the largest abdominal surgeries with high risk of postoperative complications. A majority of liver transplant patients required ICU level admission, prolonging their hospital stay. By optimizing an extended recovery in the postanesthesia care unit (PACU), we were able to decrease ICU admissions and improve postoperative outcomes.

(DC) 1.25 contact hours

Miranda Strom MSN AGACNP-BC and Katherine Klingenberg MMS PA-C

#### #604 Creation and Life with an Extended Recovery Unit in the PACU

Learn about the creation of, and living with, an extended recovery unit in the PACU. From the first planning session to implementation, you will learn a plethora of details to consider in accomplishing the goal of creating a successful new unit within your PACU. Incorporating ASPAN Standards, Joint Commission regulations, and protocols are key to successfully achieving a working unit that facilitates capacity issues.

(IC) 1.25 contact hours

Amy Dooley MS RN CPAN CAPA FASPAN

#### #205 Perioperative Care of the Patient with Congenital Heart Disease

In the last decade, the number of adults with congenital heart disease exceeded the number of pediatric patients with congenital heart disease. Many of these patients require surgical care in larger academic institutions and community hospitals alike. This session will highlight the most important considerations for perioperative care for this unique population.

(DC) 1.25 contact hours

Gina Whitney MD

#### #305 ABCs of Perianesthesia Nursing

Several decades ago, a research study concluded that having a room in close proximity to the operating room staffed by specialized nurses would reduce patient harm: the 'recovery room' was born! This session describes the vigilance required by perianesthesia nurses in assessing and managing airway, breathing, and circulation in the immediate postoperative period. Through case studies, potential anesthesia and surgery-related complications are described.

(DC) 1.25 contact hours

Maureen McLaughlin MS RN ACNS-BC CPAN CAPA

#### #405 Transgender and Non-binary Patients: Clinical Clues and Communication Cues

The number of transgender and non-binary patients seeking gender affirming care is steadily increasing. This session will cover the essentials of providing excellent nursing care in this growing clinical specialty. Pronouns, key definitions, clinical interviewing, gender affirmation surgeries, pre/post-op considerations, and service recovery are all components of this hands-on session.

(DC) 1.25 contact hours

Shea Beiter BSN RN CCRN CPAN

#### #505 Opioid Use Disorder: What You Need to Know

Substance use disorder is on the rise and the time is now to gain the information we need to be active, knowing contributing members of the healthcare team with the ability to properly care for this patient population.

(DC) 1.25 contact hours

Meg Betume MSN RN CPAN CAPA

#### #605 WeLearn: Championing Education

Despite the extrinsic and intrinsic barriers, organizational support and nurse-driven education builds a culture that promotes nurses' commitment to lifelong learning and professional development. WeLearn champions collaborate with nurse educators and leaders on engaging strategies to facilitate nurses' continuing education by designating education block times, conducting learning needs assessments, facilitating peer teaching, and using various education tools and platforms.

### SUNDAY, April 30, 2023

9:00 AM – 10:15 AM

#### #105 Related Complications from Anesthesia Agents

There is a risk element when receiving anesthesia agents. The perianesthesia nurse is required to have knowledge on anesthesia agents, the associated risks related to these medications, and potential complications.

(DC) 1.25 contact hours

Linda Beagley MS RN CPAN FASPAN



# HEART *and* SCIENCE of CARING

## DETAILED COURSE DESCRIPTIONS

Playing an active role in their education, nurses gain knowledge, skills, and attitudes that affect their nursing practice, professional growth, and patient outcomes.

**(IC) 1.25 contact hours**

*Diana Wong MS RN CPAN ONC*

**10:30 AM – 11:45 AM**

### **#106 Measures to Safely Prepare the Pediatric Patient for Surgery**

The perianesthesia nurse is taking care of two when a pediatric patient presents for surgery. Careful preparation and planning beforehand will pave the way for a successful surgical/procedural event.

**(DC) 1.25 contact hours**

*Linda Beagley MS RN CPAN FASPN*

### **#206 Negative Pressure Wound Therapy Dressings: A Cost Analysis**

Negative pressure wound therapy (NPWT) dressings have been utilized to improve outcomes and decrease complications for years, but the initial costs over a standard compressive dressing make them often overlooked by clinic teams and administrations. This session will analyze overall cost savings on admit times due to improved outcomes regarding total joint arthroplasty surgeries.

**(DC) 1.25 contact hours**

*Dylan Salrin BSN RN*

### **#306 Anesthesia and Sedation Outside of the Operating Room**

With the accelerated development of more sophisticated procedures performed outside of the traditional operating room, the demand for nurse-administered moderate sedation, as well as anesthesia services, has resulted in increased perianesthesia care of these procedural patients. This session begins with an in-depth description of the sedation continuum, from nurse-administered moderate sedation to deep and general anesthesia levels of sedation during monitored anesthesia care. Incorporating recommendations from the ASPAN Standards and the American Society of Anesthesiologists, procedural sedation across all phases of perianesthesia nursing are explored, from presedation/preanesthetic assessments, periprocedural management and monitoring recommendations to postprocedural monitoring and discharge criteria. Analysis of adverse events and priorities of nursing care are reviewed.

**(DC) 1.25 contact hours**

*Maureen McLaughlin MS RN ACNS-BC CPAN CAPA*

### **#406 Bringing the World Into Focus – Identifying Red Flags in Eye Surgery**

Patients undergoing eye surgeries in ambulatory surgery centers vary from premature babies to older adults. Different types of eye surgeries are classified by age. The types of anesthesia are tailored to the procedures, patients' ages and comorbidities. The goal is to optimize patients' needs and recovery, and mitigate risks of postoperative adverse events.

**(DC) 1.25 contact hours**

*Snezana Radnovic APRN FNP-BC CAPA*

### **#506 "I Can't Sleep!" The Complexity of the Role of the Nurse Manager**

Today's nurse managers are overwhelmed while dealing with heavy workloads from many stressors. This session will explore the stressors and pressures impacting the nurse manager, how the stressed nurse manager impacts their nursing team, and strategies to support the nurse manager to manage the pressure.

**(IC) 1.25 contact hours**

*Lynnae Elliott MSN RN CCRN-K CPAN*

### **#606 Marijuana: Legalities and the Impact on Patients**

Is marijuana legal? What do I do if my patient admits use? This session will explore the legalities, history, and impact of marijuana on the perianesthesia patient.

**(DC) 1.25 contact hours**

*Melissa Davidson MSN RN CPAN*

**2:15 PM – 3:30 PM**

### **#107 Mama Mia! Care of the Obstetrical Patient in the PACU**

Obstetrical patients require the same standard of care regardless of the location where the care is provided. Rarely, if ever, are obstetrical patient considerations offered in onboarding/educational enrichment offerings to the perianesthesia nurse. In this session, the learner will be provided fundamental knowledge required for providing care to the obstetrical patient in the general postoperative care setting.

**(DC) 1.25 contact hours**

*Laura Ortiz Carter MSN BBA RN CCRN RNC-OB C-EFM and Ayumi Fielden MSN RN CCRN-K CPAN*

### **#207 APRN in the Perianesthesia Setting: Advancing Patient Care in All Phases**

This session presents a historical look at the birth, development, and progression of the advanced practice RN through various roles and responsibilities as well as the overall beneficial aspects of the presence of the perianesthesia APRN.

**(IC) 1.25 contact hours**

*Katherine Simpson DNP ARNP-FP-BC CVRN-II LNCC and Felicia Selman MSN RN CAPA*



DETAILED COURSE DESCRIPTIONS

**#307 The Joy of Nursing: Nurses' Well-Being**

For many nurses, nursing is more than a profession, it's a calling. Many factors have challenged the nursing profession over the last several years. This session will review these factors and discuss how nurses remain resilient.

(IC) 1.25 contact hours

Linda Beagley MS RN CPAN FASPAN

**#407 Oh No, My Patient is in Shock! What Do We Do Now?**

The pathophysiology of types of shock will be presented along with the differential for choosing the type of vasopressors and inotropes for each shock state. Updated recommendations and guidelines will also be presented.

(DC) 1.25 contact hours

Wanda Rodriguez MA RN CCRN CPAN

**#507 What We Wish We Knew at Discharge: Nurses' Perspectives**

Two nurses' perspectives on being discharged from PACU after major surgery will tell what they wish they had been told about recovery from surgery.

(DC) 1.25 contact hours

Brian Harradine MSN RN CAPA CNOR NP-BC and Denise Oxford BSN RN CPAN

**#607 Chronic/Intractable Pain Management in the Perianesthesia Setting: Lidocaine Infusions**

In the wake of the opioid epidemic, healthcare providers must manage chronic and intractable pain through multiple modalities. Lidocaine infusions have shown promising results in the treatment of such pain. This session will present an overview of the opioid epidemic, use for lidocaine in the treatment of chronic/intractable pain, possible side effects, and treatment of lidocaine toxicity.

(DC) 1.25 contact hours

Michelle Meadows MSN-Ed RN CPAN CAPA

3:45 PM – 5:00 PM

**#108 Perianesthesia and Aromatherapy: A Proactive Approach to PONV**

This session will present an alternative approach using a non-pharmacotherapeutic option to treat physical symptoms such as postoperative nausea with aromatherapy essential oil-infused treatment. The goal is to provide oncology patients with a safe and effective non-pharmacologic solution to improve the patient experience. The discussion will also include details of the evidence-based practice process and enterprise approval process as well as the discussion of data collected and evaluated.

(DC) 1.25 contact hours

Michelle Johann MSN-Ed RN CPAN PHN WTA

**#208 The Perianesthesia Emergency Nurse (PEN): Resource to Assist with High Acuity Patients**

This session will present the perianesthesia emergency nurse (PEN) role created and designed by an interprofessional work-group of educators, bedside nurses, leadership, and our quality anesthesiologist. The primary function of our PEN is to respond to patients in the recovery room showing signs of clinical decompensation and assist in the evaluation, assessment, plan, interventions, and triage. It is our version of the rapid response nurse in the PACU.

(IC) 1.25 contact hours

JoAnn Anderson MSN RN CCRN CPAN, Hollie Thornton MSGH RN CCRN CPAN, SANE  
Jessica Wilson BSN RN CCRN and Ryan Craner MD

**#308 To Err is Human: Progress and Priorities in the Prevention of Medication Errors**

No healthcare professional intends to make a medication error. Reviews of high-profile errors reveal flaws in the system that contributed to the errors. This presentation reviews progress in medication safety since the 1999 publication, 'To Err is Human,' and describes safe medication technological strategies available today. Using a case study approach, medication errors are reviewed through the lens of how the error occurred and how use of technology and redundancy in practice mitigate risk.

(DC) 1.25 contact hours

Maureen McLaughlin MS RN ACNS-BC CPAN CAPA

**#408 Let's Bury Burnout! Strategies for Putting Stress to Rest!**

This session will present how to recognize nursing burnout, contributing factors, and how you can resolve these issues.

(IC) 1.25 contact hours

Dolly Ireland MSN RN CAPA CPN FASPAN

**#508 Let's Talk About Sex (at Discharge)**

The most unasked questions during discharge surround sex and sexuality. This session aims to help perianesthesia nurses discuss sex with their patients openly and without embarrassment.

(DC) 1.25 contact hours

Brian Harradine MSN RN CAPA CNOR NP-BC

**#608 Intranasal Esketamine: Improving Depression and Reducing Suicide Risk**

Intranasal esketamine (IE), derived from the anesthetic ketamine, was approved for the treatment of treatment resistant depression (TRD) and major depressive disorder (MDD) with and without suicide ideation (SI) in 2019. Based on postanesthesia expertise, perioperative care collaborated with anesthesia and behavioral health to develop a treatment service to support the treatment and monitoring needs for IE administration and increase access to care for TRD/MDD/SI patients. This intranasal esketamine service has provided a reduction in depressive symptoms and a return to functional quality of living for patients with minimal impact on the daily function of perioperative and operating room throughput.

(DC) 1.25 contact hours

Angela Wirick BSN RN-BC and Nancy Young MSN RN-BC CNL-C



# HEART *and* SCIENCE of CARING

## PRECONFERENCE AND POSTCONFERENCE OFFERINGS

### Thursday Preconference

April 27, 2023

#### Management Essentials

*Speakers: Kristine O'Neill MSN RN CPAN, Lisa Terry BSN RN CPAN, Helen Fong DNP RN CPAN PHN FASPAN and Jacque Crosson DNP RN CPAN FASPAN*

7:30AM – 8:00AM	Registration
8:00AM – 9:30AM	Caring for Professional Growth and Development through the Application of a Clinical Ladder Program for Perianesthesia Nurses (1.5 IC)
9:30AM – 9:45AM	Break
9:45AM – 11:00AM	Looking to the Future of Perianesthesia Nurse Leadership; Retention and Succession Planning in the Forefront (1.25 IC)
11:00AM – 12:30PM	Leadership Challenge: A Balancing Act on the Current Healthcare Changes (1.5 IC)
12:30PM – 1:30PM	Lunch (On Your Own)
1:30PM – 3:00PM	CMS and JCO: Are they Friend or Foe? Navigating the Regulations in Perioperative Services (1.5 IC)
3:00PM – 3:15PM	Break
3:15PM – 4:45PM	Competency-Based Orientation: Creating a Culture of Safety (1.5 IC)
4:45PM – 4:55PM	Evaluations

**TARGET AUDIENCE:** All perianesthesia nurses.

**OUTCOME:** To enable the nurse to increase knowledge on clinical ladder program, retention and succession planning, healthcare changes, regulations, and competency-based orientation.

**CONTACT HOURS: 7.25 IC**

#### PRECONFERENCE AND POSTCONFERENCE ACCREDITATION

American Society of PeriAnesthesia Nurses (ASPAN) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing. Provider Number CEP5197 for \_\_\_ contact hours. (Number of contact hours depends on specific sessions attended). Additional provider numbers: Alabama #ABNP0074

### Monday Postconference

May 1, 2023

#### The Heart and Science of Practice

*Speaker: Terry Clifford DNP RN CPAN CAPA FASPAN*

12:00PM – 12:30PM	Registration
12:30PM – 1:30PM	What Do I Do First? (1.0 CH DC)
1:30PM – 3:00PM	Perianesthesia Emergencies (1.5 CH DC)
3:00PM – 3:15PM	Break
3:15PM – 4:45PM	Contemporary Issues (1.5 CH DC)
4:45PM – 5:00PM	Evaluations

**TARGET AUDIENCE:** All perianesthesia nurses.

**OUTCOME:** To enable the nurse to increase knowledge on nursing assessments, perianesthesia complications and emergencies and contemporary issues.

**CONTACT HOURS: 4.0 CH DC**

#### PRECONFERENCE AND POSTCONFERENCE STANDARDS FOR INTEGRITY AND INDEPENDENCE

ASPAN will collect information from all individuals in a position to control content regarding financial relationships with ineligible companies, analyze the data for relevant financial relationships related to the educational content; and mitigate relevant financial relationships. The results of this analysis will be reported in the course presentation materials on the required handout.



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ASPAN'S 42ND NATIONAL CONFERENCE

## CANCELLATION INFORMATION

### SILENT AUCTION

Conference attendees may contribute an item that will be put up for bid at our Silent Auction. Purses, jewelry, gift cards, and gift baskets have all been popular items in the past. If you would like to do so, simply give your item to the staff at ASPAN's National Conference Registration Desk in the hotel no later than Friday, April 28 at 12 noon. The auction begins later that evening when the Exhibit Hall opens, at 6PM.

**The money raised from Development activities is used to fund ASPAN scholarships, member awards, and public awareness and education.**

### DEVELOPMENT BREAKFAST SUNDAY, APRIL 30 AT 6:30 AM

Begin Sunday morning by earning .75 contact hours, honoring your friends and colleagues with gifts to the *Hail, Honor Salute* (HHS) campaign, and enjoying a traditional American breakfast. This is ASPAN's premier fundraising event, and all conference registrants are welcome to participate. You can sign up for the Development Breakfast on page 23 of the brochure.

#### Refund Policy

Deadline to request a full refund or transfer your registration to ASPAN's 2024 national conference in Orlando, Florida, is Friday, March 17, 2023. Cancellations must be received by the stated cancellation deadline and will be accepted in writing only. No-shows for the 2023 national conference will not receive a refund or credit towards the 2024 national conference. No exceptions will be made. Please email all requests to [cpapp@aspan.org](mailto:cpapp@aspan.org).

#### Cancellation Policy

All refund requests must be made by the registered attendee or credit card holder and include the name of the attendee. Refunds will be issued via the original payment method used, no later than (30) days after cancellation has been approved. Please email written cancellations to [cpapp@aspan.org](mailto:cpapp@aspan.org). Phone call cancellations are not accepted.

#### Substitution Policy

Substitution of registration (same type: member/non-member) is permitted prior to Friday, March 17, 2023. Only one substitution is permitted per original registrant with written consent. The individual submitting the substitution request is responsible updating any contact/demographic information. Please email substitution requests to [cpapp@aspan.org](mailto:cpapp@aspan.org). Phone call substitutions are not accepted.

#### All-Virtual Conference (if required)

If unforeseen circumstances require ASPAN to hold an all-virtual 2023 national conference, everyone who is registered will be moved to the virtual option. If you decide you do not want the virtual option, you may request your 2023 national conference registration be transferred to ASPAN's 2024 conference in Orlando, Florida, or request a full refund (see above for the refund policy).

### EVENT CANCELLATION POLICY

The American Society of PeriAnesthesia Nurses (ASPAN) reserves the right to cancel an event due to low enrollment or other circumstances which would make the event non-viable. If ASPAN cancels an event, registrants will be offered a full refund. Should circumstances arise that result in the postponement of an event, ASPAN has the right to either issue a full refund or transfer registration to the same event at the new, future date. ASPAN will not be responsible for reimbursement of any participant's expenses related to the cancellation or postponement of an event.



# HEART *and* SCIENCE of CARING

## HOTEL & TRAVEL INFORMATION

### HOTEL ACCOMMODATIONS AND CONFERENCE LOCATION

The Gaylord Rockies Resort and Convention Center is the conference hotel for ASPAN's 42nd National Conference and it offers the perfect location for your visit to Colorado.

### MAKING YOUR HOTEL RESERVATION

A personalized website for the ASPAN National Conference occurring April 28, 2023 – May 1, 2023 has been created for you.

Making your room reservation is quick and easy by going online and visiting the ASPAN website at [www.aspan.org](http://www.aspan.org) and click on the reservation link on the ASPAN Conference page, or visit <https://book.passkey.com/go/ASPAN2023NationalConference>.

At the time of booking, you will need to provide a credit card for a one-night room and tax deposit. If for some reason you need to cancel your reservation, your deposit is fully refundable up to 72 hours prior to your check-in date.

In order to receive the Special ASPAN room rate of **\$229.00 single/double plus taxes and fees per night**. There is an **additional \$20.00 per person for any additional guests in the room**. Please make reservations by **Monday, April 3, 2023**. All rooms and rates are subject to availability, so book early. A daily resort fee, currently \$28.00 plus taxes, will be added to the guest room rate per day.

If you would like to make an advanced payment, you can email the hotel at [DL-dengrRoomRequests@marriott.com](mailto:DL-dengrRoomRequests@marriott.com) and ask for an invoice.

### AIR TRAVEL

Traveling to the conference by air? The Denver International Airport (DEN) is conveniently located about 10 miles from Gaylord Rockies.

### GROUND TRANSPORTATION

Gaylord Rockies is located about 10 miles from the Denver Airport. The hotel doesn't have an airport shuttle. Alternate transportation options are available such as the airport shuttle, taxi, Uber or Lyft.

For other options please visit the website for the Denver International Airport (DEN) [www.flydenver.com](http://www.flydenver.com).

### Gaylord Rockies Resort & Convention Center

6700 N. Gaylord Rockies Blvd.

Aurora, CO 80019

Reservations Toll Free: (888) 840-3143

When calling, identify yourself as attendees of the  
ASPAN-2023 National Conference.

### FOR SPECIAL ASSISTANCE



#### Contact: ASPAN

90 Frontage Road, Cherry Hill, NJ 08034-1424

877-737-9696

Fax 856-616-9601

### ROOM SHARING

#### Will You Need a Room Mate at National Conference?

Are you looking for a way to come to conference, but don't have anyone to share a hotel room with? Not a problem! Simply submit your name to be included on the "Willingness to Share a Room" list. The room sharing list will be distributed to all those who have asked to be included. It will then be your responsibility to directly contact others on the list to coordinate room sharing arrangements and make your own hotel reservation.

The following information is required to be included on the list: Your full name, complete mailing address, email address, home and work telephone numbers, and fax number, if applicable. Please indicate how you would prefer to be contacted. Provide any information which will help you and a potential roommate determine compatibility. All information must be received no later than February 16, 2023. The list will be distributed by the beginning of March.

#### Please email your request to:

**Marcia Keiser, [marciajo@me.com](mailto:marciajo@me.com)**

The hotel room reservation deadline at the Gaylord Rockies is April 3, 2023. Reservations made beyond this date are based upon a space and rate availability basis only.

### PARKING

Parking at the Gaylord Rockies:

**Valet Parking is \$39.00 Self Parking is \$29.00**

In and Out Privileges are for overnight guests only.

*\*\*Please note all parking fees and privileges are subject to change without notice. ASPAN is not responsible if prices or rules are changed. ASPAN does not validate parking.*



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## ASPAN'S 42ND NATIONAL CONFERENCE

### CONFERENCE REGISTRATION FORM – COMPLETE PAGE 22 AND 23 –

PRINT OR TYPE. Use a separate form for each registrant. Duplicate as necessary.  
INCOMPLETE OR ILLEGIBLE forms WILL BE RETURNED.

Payment must accompany registration form.

Name \_\_\_\_\_ ASPAN Member# \_\_\_\_\_

First/Last/Title or credentials (Print name as you would like it to appear on your name tag. Character limit is 27 characters for your name and 27 characters for your credentials including spaces.)

Preferred Email (required) \_\_\_\_\_

Hospital/Facility \_\_\_\_\_

Hospital/Facility Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Home Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Telephone: Work ( \_\_\_\_\_ ) \_\_\_\_\_ Home ( \_\_\_\_\_ ) \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_

I agree that my name and demographic information only may be shared with attendees and exhibitors. No contact information will be shared. ☐ Yes ☐ No

#### CONCURRENT SESSION SELECTIONS

##### TICKETS WILL BE ISSUED FOR CONCURRENT SESSIONS.

To assist in scheduling rooms of appropriate size and having your tickets ahead of time, please indicate the session you wish to attend for each session time selection. If your first choice is not available, you will be placed in your second choice. Based on the preferences of registrants, the most popular sessions will be assigned to the largest rooms. For session numbers, refer to the concurrent session grid on pages 12-13 or the session descriptions on pages 8-11. PLEASE WRITE IN SESSION NUMBERS. If your requested sessions are not available, you will be contacted by mail to choose an alternate session.

This is a preliminary brochure and speakers, sessions and events are subject to change.

**CANCELLATION POLICY:** See page 20.

Attendance at ASPAN programs and events constitutes consent to be photographed for use in print and/or electronic publicity for ASPAN.

##### WEB LINK TO ACCESS THE CONFERENCE SYLLABUS

Please see the email confirmation that was sent to the email address that we have on file for you. This confirmation letter will contain the link for the syllabus online.

**COMPLETE BOTH SIDES OF FORM OR IT WILL BE  
RETURNED TO YOU WITHOUT PROCESSING.  
IF FAXING REGISTRATION TO ASPAN, FAX BOTH  
SIDES OF FORM TO COMPLETE YOUR REGISTRATION.**

Return to:  
ASPAN  
Registration Manager  
90 Frontage Road  
Cherry Hill, NJ 08034-1424  
Fax with credit card payment:  
856-616-9601

Session Times and Days	1st choice	2nd choice
<b>Friday, April 28</b>	<b>Session #</b>	<b>Session #</b>
2:30 PM – 4:00 PM		
4:15 PM – 5:45 PM		
<b>Evening Sessions (optional)</b>		
7:15 PM – 8:30 PM		
<b>Saturday, April 29</b>		
<b>ABPANC Sessions (Optional)</b>		
7:15 AM – 8:45 AM		
9:00 AM – 10:15 AM		
10:30 AM – 11:45 AM		
2:15 PM – 3:30 PM		
3:45 PM – 5:00 PM		
<b>Afternoon Sessions (Optional)</b>		
12:15 PM – 1:30 PM		
12:15 PM – 1:45 PM		
<b>Evening Sessions (Optional)</b>		
5:45 PM – 7:00 PM		
7:15 PM – 8:30 PM		
<b>Sunday, April 30</b>		
9:00 AM – 10:15 AM		
10:30 AM – 11:45 AM		
2:15 PM – 3:30 PM		
3:45 PM – 5:00 PM		
<b>Afternoon Sessions (Optional)</b>		
12:15 PM – 1:45 PM		



# HEART *and* SCIENCE of CARING

## CONFERENCE REGISTRATION FORM – COMPLETE PAGE 22 AND 23 –

Name \_\_\_\_\_ ASPAN Member# \_\_\_\_\_

### FULL ASPAN CONFERENCE REGISTRATION

(starts Friday April 28 and concludes at 10:00am on Monday, May 1) Preconference and postconference are not included in the full conference registration. They are separate paid events.

ASPAN Member  
Non-Member\*  
Retired ASPAN Member\*\*  
Student\*\*\*  
Group Discount  
(excluding Students and Daily Attendees)

**Early Bird:** Postmarked before 3/1/23

☐ A \$499.00  
☐ B \$745.00  
☐ C \$260.00  
☐ D \$200.00

☐ Four or more registrations received in the same envelope, each receive a \$15 discount. All forms and checks must be mailed in the same envelope.

**Regular:** Postmarked after 3/1/23

☐ AA \$665.00 \$ \_\_\_\_\_  
☐ BB \$825.00 \$ \_\_\_\_\_  
☐ CC \$345.00 \$ \_\_\_\_\_  
☐ DD \$260.00 \$ \_\_\_\_\_

\*Non-member Option: Take advantage of savings to ASPAN Members. Remit membership application on page 26-27 along with ASPAN member registration fee and form. (Must be 2 separate checks for Conference and Membership)

\*\* Must be retired from nursing and no longer working. No contact hours will be awarded.

\*\*\* Person enrolled in a school of nursing and not licensed as a nurse. Proof must accompany registration. No contact hours will be awarded.

### DAILY REGISTRATION

Indicate days: ☐ Friday ☐ Saturday ☐ Sunday

**Early Bird:** Postmarked before 3/1/23

ASPAN Member ☐ E \$229.00/day  
Non-Member ☐ F \$320.00/day

**Regular:** Postmarked after 3/1/23

☐ EE \$295.00/day  
☐ FF \$390.00/day \$ \_\_\_\_\_

### GUEST REGISTRATION

**"The Happening" Reception**  
Thursday, April 27

(Must be attending with a full conference registrant and no admittance to scientific sessions or contact hours awarded)

**Early Bird:** Postmarked before 3/1/23

☐ G Guest \$85.00

Guest name: \_\_\_\_\_

**Regular:** Postmarked after 3/1/23

☐ GG Guest \$90.00

\$ \_\_\_\_\_

**President's Reception**  
Sunday, April 30

**Early Bird:** Postmarked before 3/1/23

☐ H Guest \$100.00

Guest name: \_\_\_\_\_

**Regular:** Postmarked after 3/1/23

☐ HH Guest \$110.00

\$ \_\_\_\_\_

**Closing Breakfast**  
Monday, May 1

**Early Bird:** Postmarked before 3/1/23

☐ I Guest \$85.00

Guest name: \_\_\_\_\_

**Regular:** Postmarked after 3/1/23

☐ II Guest \$90.00

\$ \_\_\_\_\_

### PRECONFERENCE OFFERING

(Additional charge not included in full conference registration)  
Thursday, April 27

**Early Bird:** Postmarked before 3/1/23

☐ J ASPAN Member \$229.00

☐ K Non-Member \$320.00

**Regular:** Postmarked after 3/1/23

☐ JJ ASPAN Member \$295.00

☐ KK Non-Member \$390.00

\$ \_\_\_\_\_

**FIRST TIMERS ORIENTATION**  
Thursday & Friday, April 27 - April 28

☐ L Thursday First Timers Orientation

\*open to First Timers Only

☐ LL Friday First Timers Orientation

No Fee

**CPAN®/CAPA® LUNCHEON**  
Friday, April 28

☐ M CPAN®/CAPA® Luncheon \$65.00

\*only CPAN and/or CAPA Certified nurses or Retired CPAN/CAPA Certified Nurses may register for lunch

(Must be a full conference attendee or a daily attendee to register for luncheon)

\$ \_\_\_\_\_

**DEVELOPMENT BREAKFAST**  
Sunday, April 30

**Early Bird:** Postmarked before 3/1/23

☐ N ASPAN Member \$75.00

☐ O Non-Member \$80.00

(Must be a full conference attendee or a daily attendee to register for the breakfast)

**Regular:** Postmarked after 3/1/23

☐ NN ASPAN Member \$80.00

☐ OO Non-Member \$85.00

\$ \_\_\_\_\_

**CLOSING BREAKFAST**  
Monday, May 1

(You must register if you plan to attend breakfast, closing ceremonies and the closing speaker. You must have a ticket to enter room)

☐ P Closing Address/Breakfast: Full conference attendees only

No Fee

**POSTCONFERENCE OFFERING**  
Monday, May 1

(Additional charge not included in full conference registration)

**Early Bird:** Postmarked before 3/1/23

☐ Q ASPAN Member \$112.50

☐ R Non-Member \$157.50

**Regular:** Postmarked after 3/1/23

☐ QQ ASPAN Member \$145.00

☐ RR Non-Member \$192.50

\$ \_\_\_\_\_

**Total \$** \_\_\_\_\_

### Registration cannot be processed without payment.

My check, drawn on a U.S. bank in U.S. funds, made payable to ASPAN, is enclosed for the total amount listed OR charge the total amount listed to my:

☐ MasterCard ☐ Visa ☐ American Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

REQUIRED

DATE

Federal Tax ID#06-1024058



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## ASPAN'S 42ND NATIONAL CONFERENCE

### ASPAN MEMBERSHIP APPLICATION – COMPLETE PAGE 24 AND 25 –

Please print legibly and provide all information requested

RATES EFFECTIVE THROUGH JUNE 30, 2023.

#### Step 1 – Complete general information

Name: \_\_\_\_\_  
First Middle Last CREDENTIALS (please provide)

Home Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

\*Home Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ (mm/dd/yy)

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Cell Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Employer: (required) \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

\*Work Email: \_\_\_\_\_ Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

#### Please check your contact preferences in each category:

1) Email: ☐ Home Email ☐ Work Email

2) Phone: ☐ Home Phone ☐ Work Phone ☐ Cell Phone

3) Mail: ☐ Home Address ☐ Work Address

\*At least one email address is required. Email addresses are not sold or used for other than ASPAN business/updates. As a benefit of membership, ASPAN will occasionally provide information on products or services we feel would be useful to our members. Please check here if you do not wish to receive such email notices: ☐

FEDERAL TAX ID #: 06-1024058

#### GENERAL INFORMATION

##### 1. How did you hear about ASPAN?

☐ Colleague

☐ Seminar

☐ Internet

☐ JoPAN

☐ Other \_\_\_\_\_

##### 2. Were you recruited by an ASPAN Member? \*

☐ Yes ☐ No

If yes, please provide:

Member Name \_\_\_\_\_

\*Remember – ASPAN has a Recruiter of the Year Award.

#### Step 2 – Select Membership Type, Component and SPG (if desired)

There are five categories of membership. Membership is for 12 months, starting from date of activation.

<input type="checkbox"/> \$88.00	ACTIVE MEMBERS shall be those involved, at least part-time, in the care of ambulatory surgery, preanesthesia or postanesthesia, or pain management patients, or in the management, teaching, or research of the same. Active members have the right to hold office, and serve on committees/SWTs. ACTIVE MEMBERS MUST JOIN A LOCAL COMPONENT.
<input type="checkbox"/> \$143.00	AFFILIATE MEMBERS shall be any healthcare professional, not currently working in perianesthesia nursing, who has an interest in perianesthesia patient care. Affiliate members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs. Affiliate members are not required to join a Component.
<input type="checkbox"/> \$115.00	INTERNATIONAL MEMBERS shall be any duly licensed healthcare professionals who have an interest in perianesthesia patient care and reside outside of the United States and Bermuda. International members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs.
<input type="checkbox"/> \$66.00	RETIRED MEMBERS shall be those nurses who have ceased their active practice by reason of retirement or permanent disability. They may serve on committees/SWTs. They cannot earn contact hours through ASPAN. RETIRED MEMBERS MUST JOIN A LOCAL COMPONENT.
<input type="checkbox"/> \$66.00	STUDENT MEMBERS shall be those enrolled in a school of nursing and not currently licensed as nurses. Student members shall receive all publications and notices but shall not vote, be eligible to hold office, or serve on committees/SWTs. They cannot earn contact hours through ASPAN. STUDENT MEMBERS MUST JOIN A LOCAL COMPONENT and PROVIDE NAME OF NURSING SCHOOL AND COPY OF STUDENT ID.

\$ \_\_\_\_\_ Membership Dues Total



# HEART *and* SCIENCE of CARING

## ASPAN MEMBERSHIP APPLICATION – COMPLETE PAGE 24 AND 25 –

Name: \_\_\_\_\_

### SELECT COMPONENT

A component is the organization for your state or group of states. Component membership is **MANDATORY** for all but Affiliate and International categories. You may choose to belong to more than one component. Please check all component(s) you want to join.

- |  |  |
|--|--|
| <input type="checkbox"/> \$25.00 Alabama (ALAPAN)                                  | <input type="checkbox"/> \$30.00 Nebraska (NAPAN)                                  |
| <input type="checkbox"/> \$35.00 Arizona (AZPANA)                                  | <input type="checkbox"/> \$25.00 Nevada (NEVPANA)                                  |
| <input type="checkbox"/> \$20.00 Arkansas (PACNA)                                  | <input type="checkbox"/> \$45.00 New Jersey /Bermuda (NJBPANA)                     |
| <input type="checkbox"/> \$35.00 California (PANAC)                                | <input type="checkbox"/> \$35.00 New Mexico (PANANM)                               |
| <input type="checkbox"/> \$30.00 Chesapeake Bay (CBSPAN)<br>(Includes: MD, DE, DC) | <input type="checkbox"/> \$30.00 New York (NYSPAN)                                 |
| <input type="checkbox"/> \$35.00 Connecticut (CSPAN)                               | <input type="checkbox"/> \$30.00 North Carolina (NCAPAN)                           |
| <input type="checkbox"/> \$45.00 Florida (FLASPAN)                                 | <input type="checkbox"/> \$40.00 Northwest (NPANA) (Includes: AK, ID, MT, OR, WA)  |
| <input type="checkbox"/> \$35.00 Georgia (GAPAN)                                   | <input type="checkbox"/> \$30.00 Ohio (OPANA)                                      |
| <input type="checkbox"/> \$30.00 Hawaii (HIPAN)                                    | <input type="checkbox"/> \$25.00 Oklahoma (OSPAN)                                  |
| <input type="checkbox"/> \$25.00 Illinois (ILSPAN) (Includes Eastern MO)           | <input type="checkbox"/> \$25.00 Pennsylvania (PAPAN)                              |
| <input type="checkbox"/> \$30.00 Indiana (INSPAN)                                  | <input type="checkbox"/> \$25.00 Rhode Island (RIAPAN)                             |
| <input type="checkbox"/> \$30.00 Iowa (ISPAN)                                      | <input type="checkbox"/> \$30.00 Rocky Mountain (RMPANA)<br>(Includes: CO, WY, NE) |
| <input type="checkbox"/> \$30.00 Kentucky (KSPAN)                                  | <input type="checkbox"/> \$30.00 South Carolina (SCAPAN)                           |
| <input type="checkbox"/> \$35.00 Louisiana (LAPAN)                                 | <input type="checkbox"/> \$30.00 Tennessee (TSPAN)                                 |
| <input type="checkbox"/> \$35.00 Maine (MESPAN)                                    | <input type="checkbox"/> \$40.00 Texas (TAPAN)                                     |
| <input type="checkbox"/> \$30.00 Massachusetts (MASPAN)                            | <input type="checkbox"/> \$25.00 Utah (USPAN)                                      |
| <input type="checkbox"/> \$35.00 Michigan (MAPAN)                                  | <input type="checkbox"/> \$35.00 Vermont/New Hamp. (VT/NHAPAN)                     |
| <input type="checkbox"/> \$35.00 Minnesota/Dakota (MNDKSPAN)                       | <input type="checkbox"/> \$25.00 Virginia (VSPAN)                                  |
| <input type="checkbox"/> \$30.00 Mississippi (MSPAN)                               | <input type="checkbox"/> \$25.00 West Virginia (WVSPAN)                            |
| <input type="checkbox"/> \$20.00 Missouri/Kansas (MO-KAN PANA)                     | <input type="checkbox"/> \$35.00 Wisconsin (WISPAN)                                |

Component Dues Total \$ \_\_\_\_\_

(if more than one Component selected, please total all)

### Select Specialty Practice Groups (SPG)

Membership in these groups is optional.

- ☐ Advanced Degree (must be Master's prepared or in Master's program to join)
- ☐ Informatics
- ☐ Management
- ☐ Pain Management
- ☐ Pediatric
- ☐ Perianesthesia Nurse Educator
- ☐ Preoperative Assessment
- ☐ Publications

The purpose of ASPAN's Specialty Practice Groups (SPG) is to bring together sub-specialty nurses who share a special practice in perianesthesia nursing. SPGs are member-driven and offer a variety of networking and educational opportunities, serve as a resource on practice and professional issues, and facilitate research within the organization.

SPGs are \$15.00 each per year.

OPTIONAL SPG TOTAL \$ \_\_\_\_\_

(if more than one SPG selected, please total all)

## Step 3 – Provide payment information

\$ \_\_\_\_\_ **GRAND TOTAL (Add Membership, Component, and SPG dues)**

**\*Dues include a non-deductible allocation of \$26.00 for JoPAN**

☐ Check Enclosed. Check #: \_\_\_\_\_

Make checks payable to ASPAN.  
(Checks must be drawn on a U.S. bank in U.S. funds.)

Credit Card (select one):

☐ MasterCard ☐ Visa ☐ American Express

Name as Appears on Card: \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_  
(Not valid without exp. date)

Authorized Signature: \_\_\_\_\_

REQUIRED

DATE

American Society of PeriAnesthesia Nurses  
90 Frontage Road, Cherry Hill, NJ 08034-1424  
Phone: 877.737.9696 • Fax: 856.616.9601  
www.aspan.org • aspan@aspan.org



COLLABORATION. ADVOCACY.  
PURPOSE. EXCELLENCE.

## ASPAN'S 42ND NATIONAL CONFERENCE

### GENERAL INFORMATION

#### Attire

Business attire is appropriate for the 42nd National Conference in Denver, CO, including all educational sessions, exhibits, breakfasts, and luncheons. Dressy attire is requested for the President's Reception on Sunday, April 30th. April in Denver brings an average high of 65 degrees and an average low of 35 degrees. \*\*\*Just a reminder the meeting rooms will be set at 68 degrees. Please dress in layers just in case you get hot or cold.

#### Ticketed Seating

Seating for all educational sessions will be ticketed and is on a first come, first served basis. You are encouraged to register early for those sessions you wish to attend. You must present your tickets when you arrive at each event. No one without a ticket will be admitted. If you are late for a session, you may lose your seat.

#### Volunteers Needed

**Host/Hostess:** If you wish to volunteer while at the National Conference, you can become a host/hostess contact Sana Zamarripa 719-250-3644 or sanazam@comcast.net. You will be compensated for your work as a host/hostess.

#### Volunteers Needed

**Session Moderator:** If you want to know more about becoming a moderator contact Lynn Sekeres 412-389-6841 or lynnsoso@yahoo.com.

#### Certification Information

Conference participants are encouraged to stop by ABPANC's CPAN® and CAPA® Certification Booth, located in the Exhibit Hall. Members of the ABPANC Board of Directors and staff are available to answer all your questions about CPAN® and CAPA® certification, recertification, awards and scholarships, and volunteering with ABPANC. You can also pick up your free CPAN® and CAPA® ribbons, pens, and buttons.

Members of the ABPANC Board of Directors will offer informational sessions about certification that are geared toward nurse managers and leaders, certified nurses, and candidates interested in certification.

CPAN® and CAPA® certified nurses are encouraged to register for the annual Certification Celebration Luncheon, being held on Friday, April 28. Former CPAN® and CAPA® certified nurses who have retired may also register to attend the luncheon.

## REMINDER ASPAN HAS GONE GREEN

ASPAN has taken steps to make National Conference more environmentally friendly. Outlines will be available for downloading on the ASPAN website beginning April 20, 2023, through July 9, 2023. Attendees will have the capability to print all handouts or only the sessions that are of interest to them, or save to their devices.

Speakers who wish to provide copies of their presentations will have their presentations available on the ASPAN website starting April 20, 2023.

**Please note:** it is the individual speaker's decision to allow ASPAN to post his or her PowerPoint presentation on ASPAN's website. Not all PowerPoint presentations will be posted.

#### FULL REGISTRATION INCLUDES:

Comprehensive syllabus, online access to session handouts, all main conference educational sessions, exhibit sessions, Opening Reception, President's Reception, Closing Breakfast and access to all educational sessions from Saturday and Sunday on-demand educational sessions.

#### GUEST REGISTRATION:

You can purchase a guest ticket for the President's Reception and the Closing Breakfast.

#### DAILY REGISTRATION INCLUDES:

Comprehensive syllabus, online access to session handouts, educational sessions for that specific day, and all events for that day that do not have an additional fee. *\*\* additional access to the on-demand sessions is not included in the daily fee.*

#### AFTER CONFERENCE ON DEMAND EVENT REGISTRATION INCLUDES:

Access to all educational sessions and access to online handouts from Saturday, April 29th and Sunday, April 30th. More information will be posted on the ASPAN website [www.aspan.org](http://www.aspan.org) at a later date.



# HEART *and* SCIENCE of CARING

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Nurse Liaison for Education, Clinical  
Inquiry and Clinical Practice

## CONFERENCE INFORMATION

### Conference Questions

877-737-9696 X217

856-616-9600 X217

### Conference Registration Fax

856-616-9601

### Conference Hotel and Location

Gaylord Rockies Resort and Convention Center

6700 N. Gaylord Rockies Boulevard

Aurora, CO 80019

Reservations: (877) 622-3056

Reservations Link:

<https://book.passkey.com/go/ASPAN2023NationalConference>

Hotel Website: [www.gaylordrockies.com](http://www.gaylordrockies.com)

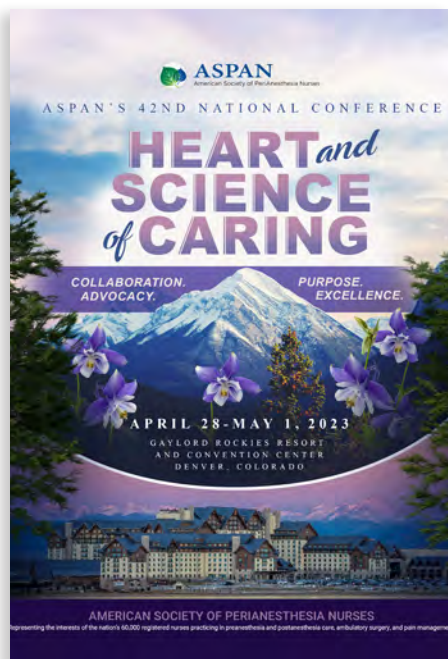


# ASPAN

American Society of PeriAnesthesia Nurses

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## FUTURE MEETING

**April 14 - 18, 2024**

Orlando, Florida