

NATIONAL PARTICULARS

THE OFFICIAL NEWSLETTER OF THE ASPAN NATIONAL CONFERENCE



Saturday, April 29, 2023

Volume 42 Number 3

Congratulations to all Award Winners!

Opening Ceremonies

ASPAN President Connie Hardy Tabet presided over Opening Ceremonies. Valerie Watkins, National Conference Strategic Work Team Coordinator, welcomed everyone to Colorado and ASPAN's 42nd National Conference.

Senior Chaplain Sara Reynolds shared a blessing and a prayer to begin the conference.

Regina Hoefner-Notz sang a beautiful a cappella rendition of "America the Beautiful." This song was based on a poem written by the poet Katharine Lee Bates during an 1893 trip to Colorado Springs, Colorado.

Thank you to Rev. Vera E. Guebert-Steward for graciously permitting ASPAN to display her lovely photos of Colorado in opening ceremonies as Regina sang.

RMPANA President Chanda Hassemmer also welcomed everyone to ASPAN's National Conference, and celebrated the beautiful state.

All guests, first-time attendees, military personnel, corporate sponsors, CPAN and CAPA certified nurses were welcomed and thanked, along with everyone in attendance. There may be a record number of first-time attendees! Awesome!

ASPAN Regional Directors presented and recognized each of their respective component presidents. Other prestigious awards were then presented by President Connie Hardy Tabet and other ASPAN leaders.

ASPAN President's Award

Dr. Elizabeth Card (TN)

Award for Outstanding Achievement

Lori Erni (WA)

Excellence in Clinical Practice Award

Toni Strickland (OK)

Ina Pipkin ASPAN Past Presidents' Distinguished Service Award

Lynn Sekeres (PA)

FASPAN Inductee Class of 2023

Meg Beturne (MA)

Gold Leaf Component of the Year Award

PeriAnesthesia Nurses Association of California (PANAC)

Mary Hanna (JoPAN) Journalism Awards

The Mary Hanna Journalism Awards were presented during Opening Ceremonies. The complete list of article titles and authors will appear in the July/August issue of *Breathline* and in an upcoming issue of the *Journal of PeriAnesthesia Nursing*.

Legacy for Life Members

All individuals and components who are Legacy for Life members were acknowledged by Katrina Bickerstaff, coordinator of the Development SWT. The complete list is also in the conference syllabus.

Component Newsletter Contest Awards

1-8 pages: PANAC

9-14 pages: VT/NH APAN

15+ pages: MAPAN

Peoples' Choice: PANAC

Recruiter of the Year for 2022

Congratulations to Teri Baughman of New Mexico, for recruiting 12 new members!

Welcome, Military Attendees!

We have ribbons for those who on active, retired, reserve, and veteran military attendees. Please pick them up and wear them proudly!

Conference Handouts

Outlines will be available for downloading from the ASPAN website beginning April 20, 2023, through July 9, 2023. Attendees will have the ability to print all handouts, or only the sessions of interest to them, or save them to their devices. Please note: it is the individual speaker's decision whether to allow ASPAN to post their PowerPoint presentation on ASPAN's website.

The ASPAN Shoppe

Spend some time in the ASPAN Shoppe while you are here. The Shoppe is full of items to bring home for yourself and your colleagues, including ASPAN publications and many unique ASPAN souvenirs. Hours are posted at the Shoppe.

RMPANA Hospitality Desk

Stop by for information on activities and tourist ideas. Time is running out to get your National Conference pin! The proceeds will be donated to a local charity at the conclusion of the conference.

Host/Hostess Volunteer Needs

There are a few needs yet. If interested, please reach out to Sana Zamarripa at sanazam@comcast.net or ask at the Hospitality Desk. Sana is usually there.

Got a Question?

RMPANA members and volunteers will be sporting tie-dye scarves in some fashion throughout National Conference, so do not hesitate to reach out with questions or just to say, "Hi!"

Photo Booth with Colorado Backdrops – Free!

Two backdrops for the photo booth: one with a ski scene, and another with a 1970s "Rocky Mountain High" scene. Located across from Registration.

High Altitude Tip of the Day

If you are feeling symptoms of high altitude, you can use your favorite headache medicine, ibuprofen, acetaminophen, or even Excedrin Migraine. Some studies suggest Gingko Biloba may also help decrease symptoms. Water will always usually help, too.

Special Conference Events

➔ Please check your pocket guide onsite for final meeting room assignments ←

Support ASPAN Exhibitors!

Visit with the vendors, see the latest products, and thank our vendors for their support of ASPAN. Exhibit hours are listed in your pocket guide.

ASPAN Development Silent Auction

While in the Exhibit Hall, visit the Silent Auction, benefiting ASPAN Development for scholarships, awards, and public awareness and education. Bid high, bid often! Don't lose out on that item you cannot live without!

ASPAN Development Breakfast

Sunday, April 30: 6:30 am – 8:30 am: Begin Sunday morning by earning .75 contact hours, and honoring your friends and colleagues with *Hail, Honor, Salute!*, all while enjoying a traditional American breakfast. Dolly Ireland, MSN, RN, CAPA, CPN, FASPAN, will present her talk entitled, *Reflecting on the Past, Collaborating on the Future: YOU can BE the Difference!*
An additional fee is required for the Development Breakfast. If interested, check at Registration, as there may be a few tickets left.

President's Reception

Sunday, April 30: 7:00 pm – 9:00 pm: All conference participants are invited to join ASPAN President Connie Hardy Tabet and other ASPAN leaders to celebrate the achievements of the past year. Music, light fare, cash bar, and dancing. Come dressed in your favorite "party attire."

Closing Breakfast, Closing Ceremony, and Closing Keynote Speaker

Monday, May 1: 7:00 am – 10:00 am: Close your conference experience with the Closing Breakfast, installation of new ASPAN officers along with incoming ASPAN President Alphonzo Baker, DNP, RN, CAPA, as he shares his vision and inspiration going forward. See a preview to the 2024 National Conference in Orlando, Florida. Stay for the closing address by Brad Neider, MD, as he sends you laughing all the way home with *Laughter is the Best Medicine*.

➔ The Closing Breakfast is free to full conference registrants,
but you DO need to register ahead of time on your conference registration form ←

Postconference Education

Monday, May 1: 12:30 pm – 5:00 pm: Terry Clifford, DNP, RN, CPAN, CAPA, FASPAN, will present *The Heart and Science of Practice*.

Preregistration with an additional fee is required for the Postconference Education.

Component Corner, and Other Group Meetings

RMPANA: Saturday, April 29, there will be **two** informal RMPANA Get Togethers. Check your email from RMPANA for details on these activities.

NCAPAN: Meet and Greet Saturday, April 29, from 5:30 pm – 7:30 pm in the Mountain Pass Sports Bar. Contact Marché Tucker at 828-243-2160 for questions.

MASPAN: Meet and Greet Sunday, April 30, 5:30 pm to 6:30 pm at Pinyons Bar.

COME BACK TO COLORADO! Save The Date: RMPANA's *Retreat in the Rockies*, Saturday October 7, 2023. 8 am – 5 pm. Program topics TBD. Location: Colorado Mountain College, Breckenridge, CO. For more information, please contact the Nurse Planner Marcia Keiser BSN RN CPAN at marciajo@me.com.



ASPAN is hosting a NEW BOOK release for conference attendees! Authors available in ASPAN shoppe for limited book signing!

A unique evidencebased practice strategies to improve perianesthesia nurses' wellbeing and their work environment

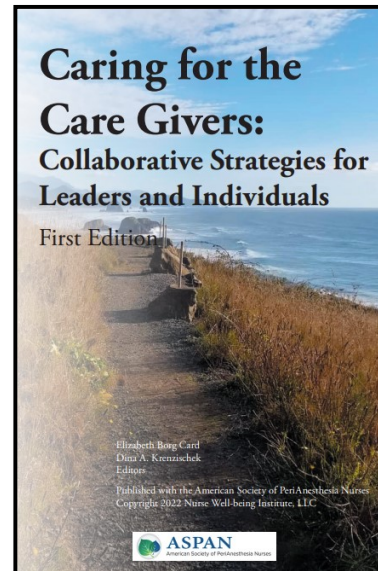
Limited quantity available at national conference

National Conference price \$24.99

Bundle of three books \$ 23.99/book

Bundle of five books \$ 22.99/book

After conference \$26.99/book plus shipping



Book Signing Times for Authors

ASPAN Shoppe Hours

Days and times	Authors
Thursday 1pm-5pm	Peggy, Elizabeth & Dina- 1-1:45pm
Friday noon-2PM 7-8PM	Peggy, Dina & Elizabeth 1-2PM
Saturday 745-845am Noon-2pm 5-6PM	Elizabeth & Dina 745-845am Elizabeth & Connie 5-6PM
Sunday 745-845am Noon-2PM	Peggy 745-830AM Connie noon – 2pm

Enjoy the Mile High City and Beautiful Colorado!

The Gaylord Rockies Resort and Convention Center is a tourist destination by itself. However, if you choose to venture off the property, visit the National Conference Hospitality Desk for great ideas for your inner tourist. Denver and Colorado are well known for their scenic destinations, shopping, restaurants, museums, and much more. You can also visit these websites for more information on the many visitor opportunities in Denver and the beautiful state of Colorado:

1. Denver. Wikipedia website. Accessed January 29, 2023. <https://en.wikipedia.org/wiki/Denver>
2. Aurora, Colorado. Wikipedia website. Accessed January 29, 2023. https://en.wikipedia.org/wiki/Aurora,_Colorado
3. Denver The Mile High City. Denver.org website. Accessed January 29, 2023. <https://www.denver.org/>
4. Come to Life Colorado. Colorado.com website. Accessed January 29, 2023. <https://www.colorado.com/cities-and-towns/denver>
5. 25 Best Things to Do In Denver, Colorado. The Crazy Tourist website. Accessed January 29, 2023. <https://www.thecrazytourist.com/25-best-things-denver-colorado/>
6. Colorado Tourism. Accessed January 29, 2023. <https://www.colorado.com>

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News Items for *National PartiCUIArS*

Please email news items to bgodden@aspan.org. **Items MUST be submitted by 10:00 am to be included in the NEXT day's newsletter.** May be edited for space and conciseness.

→ *National PartiCUIArS* will be emailed to all conference registrants and posted on ASPAN's website. The newsletter will NOT be printed ←