Congratulations to all Award Winners!

Opening Ceremonies
ASPAN President Connie Hardy Tabet presided over Opening Ceremonies. Valerie Watkins, National Conference Strategic Work Team Coordinator, welcomed everyone to Colorado and ASPAN’s 42nd National Conference.

Senior Chaplain Sara Reynolds shared a blessing and a prayer to begin the conference.

Regina Hoefner-Notz sang a beautiful a cappella rendition of “America the Beautiful.” This song was based on a poem written by the poet Katharine Lee Bates during an 1893 trip to Colorado Springs, Colorado.

Thank you to Rev. Vera E. Guebert-Steward for graciously permitting ASPAN to display her lovely photos of Colorado in opening ceremonies as Regina sang.

RMPANA President Chanda Hassemer also welcomed everyone to ASPAN’s National Conference, and celebrated the beautiful state.

All guests, first-time attendees, military personnel, corporate sponsors, CPAN and CAPA certified nurses were welcomed and thanked, along with everyone in attendance. There may be a record number of first-time attendees! Awesome!

ASPAN Regional Directors presented and recognized each of their respective component presidents. Other prestigious awards were then presented by President Connie Hardy Tabet and other ASPAN leaders.

**ASPN President’s Award**
Dr. Elizabeth Card (TN)

**Award for Outstanding Achievement**
Lori Erni (WA)

**Excellence in Clinical Practice Award**
Toni Strickland (OK)

**I na Pipkin ASPAN Past Presidents’ Distinguished Service Award**
Lynn Sekeres (PA)

**FASPAN Inductee Class of 2023**
Meg Beturne (MA)

**Gold Leaf Component of the Year Award**
PeriAnesthesia Nurses Association of California (PANAC)

**Mary Hanna (JoPAN) Journalism Awards**
The Mary Hanna Journalism Awards were presented during Opening Ceremonies. The complete list of article titles and authors will appear in the July/August issue of *Breathline* and in an upcoming issue of the *Journal of PeriAnesthesia Nursing*.

**Legacy for Life Members**
All individuals and components who are Legacy for Life members were acknowledged by Katrina Bickerstaff, coordinator of the Development SWT. The complete list is also in the conference syllabus.

**Component Newsletter Contest Awards**
- 1-8 pages: PANAC
- 9-14 pages: VT/NH APAN
- 15+ pages: MAPAN
- Peoples’ Choice: PANAC

**Recruiter of the Year for 2022**
Congratulations to Teri Baughman of New Mexico, for recruiting 12 new members!

**Welcome, Military Attendees!**
We have ribbons for those who on active, retired, reserve, and veteran military attendees. Please pick them up and wear them proudly!

**Conference Handouts**
Outlines will be available for downloading from the ASPAN website beginning April 20, 2023, through July 9, 2023. Attendees will have the ability to print all handouts, or only the sessions of interest to them, or save them to their devices. Please note: it is the individual speaker’s decision whether to allow ASPAN to post their PowerPoint presentation on ASPAN’s website.

**The ASPAN Shoppe**
Spend some time in the ASPAN Shoppe while you are here. The Shoppe is full of items to bring home for yourself and your colleagues, including ASPAN publications and many unique ASPAN souvenirs. Hours are posted at the Shoppe.

**RMPANA Hospitality Desk**
Stop by for information on activities and tourist ideas. Time is running out to get your National Conference pin! The proceeds will be donated to a local charity at the conclusion of the conference.

**Host/ Hostess Volunteer Needs**
There are a few needs yet. If interested, please reach out to Sana Zamarripa at sanazam@comcast.net or ask at the Hospitality Desk. Sana is usually there.

**Got a Question?**
RMPANA members and volunteers will be sporting tie-dye scarves in some fashion throughout National Conference, so do not hesitate to reach out with questions or just to say, "Hi!"

**Photo Booth with Colorado Backdrops - Free!**
Two backdrops for the photo booth: one with a ski scene, and another with a 1970s “Rocky Mountain High” scene. Located across from Registration.
High Altitude Tip of the Day
If you are feeling symptoms of high altitude, you can use your favorite headache medicine, ibuprofen, acetaminophen, or even Excedrin Migraine. Some studies suggest Gingko Biloba may also help decrease symptoms. Water will always usually help, too.

Special Conference Events

➡ Please check your pocket guide onsite for final meeting room assignments ⬅

Support ASPAN Exhibitors!
Visit with the vendors, see the latest products, and thank our vendors for their support of ASPAN. Exhibit hours are listed in your pocket guide.

ASPN Development Silent Auction
While in the Exhibit Hall, visit the Silent Auction, benefiting ASPAN Development for scholarships, awards, and public awareness and education. Bid high, bid often! Don’t lose out on that item you cannot live without!

ASPN Development Breakfast
Sunday, April 30: 6:30 am – 8:30 am: Begin Sunday morning by earning .75 contact hours, and honoring your friends and colleagues with Hail, Honor, Salute!, all while enjoying a traditional American breakfast. Dolly Ireland, MSN, RN, CAPA, CPN, FASPAN, will present her talk entitled, Reflecting on the Past, Collaborating on the Future: YOU can BE the Difference! An additional fee is required for the Development Breakfast. If interested, check at Registration, as there may be a few tickets left.

President’s Reception
Sunday, April 30: 7:00 pm – 9:00 pm: All conference participants are invited to join ASPAN President Connie Hardy Tabet and other ASPAN leaders to celebrate the achievements of the past year. Music, light fare, cash bar, and dancing. Come dressed in your favorite “party attire.”

Closing Breakfast, Closing Ceremony, and Closing Keynote Speaker
Monday, May 1: 7:00 am – 10:00 am: Close your conference experience with the Closing Breakfast, installation of new ASPAN officers along with incoming ASPAN President Alphonzo Baker, DNP, RN, CAPA, as he shares his vision and inspiration going forward. See a preview to the 2024 National Conference in Orlando, Florida. Stay for the closing address by Brad Neider, MD, as he sends you laughing all the way home with Laughter is the Best Medicine.

➡ The Closing Breakfast is free to full conference registrants, but you DO need to register ahead of time on your conference registration form ⬅

Postconference Education
Monday, May 1: 12:30 pm – 5:00 pm: Terry Clifford, DNP, RN, CPAN, CAPA, FASPAN, will present The Heart and Science of Practice. Preregistration with an additional fee is required for the Postconference Education.
Component Corner, and Other Group Meetings

**RMPANA:** Saturday, April 29, there will be two informal RMPANA Get Togethers. Check your email from RMPANA for details on these activities.

**NCAPAN:** Meet and Greet Saturday, April 29, from 5:30 pm - 7:30 pm in the Mountain Pass Sports Bar. Contact Marché Tucker at 828-243-2160 for questions.

**MASPAN:** Meet and Greet Sunday, April 30, 5:30 pm to 6:30 pm at Pinyons Bar.

**COME BACK TO COLORADO!** Save The Date: RMPANA’s *Retreat in the Rockies*, Saturday October 7, 2023. 8 am – 5 pm. Program topics TBD. Location: Colorado Mountain College, Breckenridge, CO. For more information, please contact the Nurse Planner Marcia Keiser BSN RN CPAN at marciojo@me.com.

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ASPN is hosting a NEW BOOK release for conference attendees! Authors available in ASPAN shoppe for limited book signing!

A unique evidence-based practice strategies to improve perianesthesia nurses’ wellbeing and their work environment

**Limited quantity available at national conference**

- National Conference price $24.99
- Bundle of three books $ 23.99/book
- Bundle of five books $ 22.99/book
- After conference $26.99/book plus shipping

**Book Signing Times for Authors**

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<thead>
<tr>
<th>Days and Times</th>
<th>Authors</th>
</tr>
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<tbody>
<tr>
<td><strong>Thursday</strong></td>
<td>Peggy, Elizabeth &amp; Dina 1-1:45pm</td>
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<tr>
<td>1pm-5pm</td>
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<tr>
<td><strong>Friday</strong></td>
<td>Peggy, Dina &amp; Elizabeth 1-2PM</td>
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<tr>
<td>noon-2PM 7-8PM</td>
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<tr>
<td><strong>Saturday</strong></td>
<td>Elizabeth &amp; Dina 745-845am</td>
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<tr>
<td>745-845am Noon-2pm 5-6PM</td>
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<tr>
<td><strong>Sunday</strong></td>
<td>Peggy 745-830AM</td>
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<tr>
<td>745-845am Noon-2PM</td>
<td>Connie noon – 2pm</td>
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Enjoy the Mile High City and Beautiful Colorado!

The Gaylord Rockies Resort and Convention Center is a tourist destination by itself. However, if you choose to venture off the property, visit the National Conference Hospitality Desk for great ideas for your inner tourist. Denver and Colorado are well known for their scenic destinations, shopping, restaurants, museums, and much more. You can also visit these websites for more information on the many visitor opportunities in Denver and the beautiful state of Colorado:


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News Items for National PArtiCUlArS

Please email news items to bgodden@aspan.org. Items MUST be submitted by 10:00 am to be included in the NEXT day’s newsletter. May be edited for space and conciseness.

➔ National PArtiCUlArS will be emailed to all conference registrants and posted on ASPAN’s website. The newsletter will NOT be printed ➦