

ALISON POPA, MScN, RN, RSCN, CPAN, CAPA

Westford, Massachusetts

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QUALIFICATION SUMMARY

Nursing professional with 30 years of clinical practice, triple certified as a Certified Post Anesthesia Nurse (CPAN), Certified Ambulatory Perianesthesia Nurse (CAPA), and Registered Sick Children's Nurse (RSCN). Recognized expert in perianesthesia clinical practice, nursing standards, and pediatric perianesthesia care, with extensive experience in clinical leadership, education, and ASPAN standards implementation.

EDUCATION	ACTIVE LICENSES AND CERTIFICATION
Master's Degree in Nursing, 2025 Sunderland University, England, U.K.	CPAN & CAPA Certification American Board of Perianesthesia Nursing
Bachelor of Science in Nursing, 2024 University of Derby, England, U.K.	Advanced Cardiopulmonary Life Support Instructor American Heart Association
English National Board in Child Protection, 1996 Middlesex University, London, U.K.	Registered Nurse 2000-Present Massachusetts State Board
Diploma in Higher Education Nursing, 1995 (U.S. Associate Degree Equivalent) Thames Valley University, London U.K.	Registered Sick Children's Nurse 1995-Present Royal College of Nursing

PROFESSIONAL EXPERIENCE

Lahey Hospital & Medical Center – Burlington, MA | Present

Perianesthesia Nursing Professional Development

Development and implementation of competency-based education across all phases of perianesthesia care. Design and deliver orientation programs, skills validation, and ongoing education aligned with ASPAN standards. Mentor nursing staff to strengthen clinical judgment, critical thinking, and professional growth. Collaborate with leadership to ensure regulatory compliance and patient safety initiatives.

Emerson Health – Concord, MA | 2020–2025

Level IV Perianesthesia Registered Nurse

Provided comprehensive evidence-based care in Pre-op, PACU Phase I & II, and Pre-Surgical Testing for adult and pediatric patients. Supported complex surgical services while ensuring safe recovery and optimal patient outcomes.

Vascular Care Group – Leominster, MA | 2020–2022

Per Diem Level III OBL Staff Nurse

Delivered conscious sedation and specialized nursing care in an office-based lab setting for vascular procedures.

Lowell General Hospital – Lowell, MA | 2017–2020

Operating Room Nurse Circulator (2019–2020)

Level III Staff RN, Adult Telemetry/Post–Cardiac Catheterization (2017–2019)

Massachusetts General Hospital for Children – Boston, MA | 2005–2017

Pediatric Nurse Manager, Charlestown Health Center (2016–2017)

Pediatric Staff Nurse, Ambulatory Medicine (2005–2016) Led pediatric clinical operations, staff supervision,

and quality initiatives. Supported ambulatory pediatric services with a focus on safety, education, and family-centered care.

Shriners Hospital for Children – Boston, MA | 2003–2005

Level III Staff Nurse, Pediatric Burns PICU/PACU

Delivered critical and post-anesthesia care for pediatric burn patients, emphasizing pain management and surgical recovery.

Earlier Nursing Experience (1995–2005)

Progressive pediatric and perioperative roles at Boston Children's Hospital, Cambridge Health Alliance, and major U.K. hospitals, including cardiothoracic surgery, gastroenterology, medical-surgical, and ambulatory pediatric care.

PROFESSIONAL LEADERSHIP & AFFILIATIONS

- **American Board of PeriAnesthesia Nursing Certification (ABPANC)**
Certification Coach (2021–Present)
- **American Society of PeriAnesthesia Nurses (AS PAN):** Standards Committee (2024–Present); Clinical Practice Committee Team Leader (2024–Present); Clinical Practice Committee Member (2022–Present); Clinical Inquiry Committee Member (2023–2025); Advancing/Emerging Leaders Committee (2023–2025); EOC Strategic Work Team (2025); Nominating Committee (2024–2025); Pediatric Specialty Practice Group Coordinator (2025–2027); Pediatric SPG Vice-Coordinator (2023–2025)
- **British Anaesthetic and Recovery Nurses Association (BARNA)**
Board Member, Paediatric Chapter; Pediatric Lead; Education Forum
- **Massachusetts Association of PeriAnesthesia Nurses (MASPAN)**
Board of Directors, Education & Conference Planning (2022–Present) - Secretary (2025–2027)

Additional Memberships: ANA, AACN, ANDP

AWARDS & RECOGNITION

- ASPAN President's Certificate of Appreciation (2024, 2025)
- ABPANC Certification Coaching Appreciation Award (2023-2025)
- Emerson Health DAISY Award Nominee (2024)
- MASPAN/ABPANC Shining Star Award for Advancement of Perianesthesia Nursing Education (2023)

SELECTED NATIONAL AND INTERNATIONAL PODIUM PRESENTATIONS

- Optimizing Pediatric Care (ICPAN, 2025)
- Strengthening Pediatric PACU Through Competency (BARNA, 2025)
- Uncomplicating Common Pediatric Postoperative Complications (AS PAN, 2025)
- Details matter in Preoperative preparation (AS PAN 2025)
- Managing Emergence Delirium in the Pediatric Patient (BARNA, 2024)
- Additional invited presentations (MASPAN; VT/NH, 2024)

PUBLICATIONS & PEER REVIEWS:

Clifford, T. & O'Brien, D. (2025). *Certification Review for Perianesthesia Nursing* (5th ed.). Elsevier. (pr)

Franks, K. & Popa, A. (2024). *Providing a Platform for Clinical Nurse Leadership*. ASPAN Breathline.

Popa, A. (2024). *The Importance of the Child Life Specialist in the Surgical Setting*. ASPAN Pediatric SPG Newsletter.