

# Melissa Schmidt MSN, RN, CNL, CPAN, CAPA, EBP-CH

## PROFESSIONAL EXPERIENCE

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### VA Portland Healthcare System

Portland, OR

April 2018- present

*Post-Anesthesia Recovery Unit Clinical Nurse Leader*

- Coordinate yearly competency completion
- Complete microsystem evaluation and goals for current fiscal year
- Support new initiatives on the unit
- Plan and coordinate simulation labs for staff on critical skills
- Support unit as a direct patient care nurse as needed
- Coordinate student experiences and new staff orientations
- ACLS and BLS Instructor and Training Center Faculty
- 2023-2025 Director of EBP/QI Nurse practitioner residency program
- Write and Update SOPs for unit and division
- Collaboration of Nursing Chairs Chair
- EBP mentor for Evidence Based Practice Mentorship program
- Leadership and Development Committee member
- Lead Hospital wide taskforce on Malignant Hyperthermia

October 2008- March 2018

*Post-Anesthesia Recovery Unit Staff Nurse*

- Provide direct patient care in Phase 1 PACU
- Provide pre-op day of surgery care

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## EDUCATION

2017 University of San Francisco      San Francisco, CA      MSN, Clinical Nurse Leader

Capstone [Surgical Site Infection Reduction Through Nasal Decolonization Prior to Surgery](https://repository.usfca.edu/capstone/639)  
<https://repository.usfca.edu/capstone/639>

1996      Russell Sage College      Troy, NY      BSN, Nursing

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## LICENSURE & CERTIFICATION

- Unencumbered Oregon RN License
- Advanced Cardiac Life Support (ACLS),
- Current EBP-CH Evidence Based Practice Certification since 2022
- Current CNL Certified Clinical Nurse Leader since 2017
- Current CPAN Certified Post Anesthesia Nurse certified since 2010
- Current CAPA Certified Ambulatory Peri-anesthesia Nurse certified since 2013

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## SPEAKING ENGAGEMENTS

- May 2025 Competency Assessment in the PeriAnesthesia Setting, Dallas, Texas
- April 2024 Malignant Hyperthermia; Learning from the Past, to Prepare for the Future, ASPAN, Orlando, FL
- April 2023 Malignant Hyperthermia; Past, Present, and Prepare for the Future Heart and Science of Caring, ASPAN, Denver, CO
- April 2022 Emergence Delirium, PTSD, Simulation Recommendations for practice PeriAnesthesia Nursing Together: Importance of Connection, Power of Community, ASPAN, Philadelphia, PA

- March 2022 *Anesthesia Recovery of the Surgical Patient Critical Care Consortium*, GPC-AACN Portland, Oregon
- October 2021, (yearly since 2010) *Anesthesia Recovery of the Surgical Patient Critical Care Consortium*, GPC-AACN Portland, Oregon
- May 2019 *Surgical Site Infection Reduction: Through Povidone-Iodine Nasal Decolonization Prior to Surgery* Poster and podium presentation, ASPAN, Nashville TN
- February 2018 *Surgical Site Infection Reduction: Through Povidone-Iodine Nasal Decolonization Prior to Surgery* Poster at the Clinical Nurse Leader Summit, Anaheim, CA awarded First Place Poster.
- April 2016 *Team Approach to Perioperative Hair Removal* Poster ASPAN Philadelphia, PA
- April 2012 *Documentation Improvement* Poster at ASPAN, Orlando FL

## ACCOMPLISHMENTS

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- Current Social Media Director for Journal of Perianesthesia Nursing
- Current Item Writer for Clinical Nurse Leader Certification Exam
- 2024-present ASPAN Certification Strategic Workgroup Chair
- 2023- present ASPAN Region 1 Certification Study group communication coordinator
- 2023 – Present Oregon Nursing Research & Quality Consortium Conference Committee
- 2024 Performance Improvement Poster Fair People's Choice award PACU UBC family communication project
- 2024 Lean Six sigma Yellow Belt Certification
- Lead 2024 Nursing Annual report for VA Portland Healthcare System
- 2023 Nursing Excellence Award Nominee at VA Portland Healthcare System
- 2020-2022 Leadership and Development Committee Chair at VA Portland Healthcare System
- 2022 Performance Improvement Poster Fair People's choice award at VA Portland Healthcare System
- 2022 ABPANC Practice Exam Committee member
- 2020 – present ABPANC Certification Coach
- 2017-2019 American Board of Perianesthesia Nursing Certification (ABPANC) Board Member
- 2017 ASPAN Above and Beyond Award recipient
- 2017 Nursing Excellence Award Nominee at VA Portland Healthcare System
- 2013- 2016 Education Coordinator for NPANA
- 2014-2017 ABPANC Certification Coach

## PUBLICATIONS

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Lovestrand, D., Beaumont, D., Calder, S., Schmidt, M., Calaro, R. (2021).

Simulation training exercise to improve outcomes of emergence delirium in patients with posttraumatic stress disorder. *AANA Journal* 89(3).

Shira, J., Engle, A., Fleischmann, J., Schmidt, M. & Tachella, A. (2021). Emergent nurse cross-training in response to COVID-19. *American Nurse Journal*, web exclusive: <https://www.myamericannurse.com/emergent-nurse-cross-training-in-response-to-covid-19/>