

Melissa Schmidt MSN, RN, CNL, CPAN, CAPA, EBP-CH

PROFESSIONAL EXPERIENCE

VA Portland Healthcare System

Portland, OR

April 2018- present

Post-Anesthesia Recovery Unit Clinical Nurse Leader

- Coordinate yearly competency completion
- Complete microsystem evaluation and goals for current fiscal year
- Support new initiatives on the unit
- Plan and coordinate simulation labs for staff on critical skills
- Support unit as a direct patient care nurse as needed
- Coordinate student experiences and new staff orientations
- ACLS and BLS Instructor and Training Center Faculty
- 2023-2025 Director of EBP/QI Nurse practitioner residency program
- Write and Update SOPs for unit and division
- Collaboration of Nursing Chairs Chair
- EBP mentor for Evidence Based Practice Mentorship program
- Leadership and Development Committee member
- Lead Hospital wide taskforce on Malignant Hyperthermia

October 2008- March 2018

Post-Anesthesia Recovery Unit Staff Nurse

- Provide direct patient care in Phase 1 PACU
- Provide pre-op day of surgery care

EDUCATION

2017 University of San Francisco San Francisco, CA MSN, Clinical Nurse Leader
Capstone [Surgical Site Infection Reduction Through Nasal Decolonization Prior to Surgery](#)
<https://repository.usfca.edu/capstone/639>

1996 Russell Sage College Troy, NY BSN, Nursing

LICENSURE & CERTIFICATION

- Unencumbered Oregon RN License
- Advanced Cardiac Life Support (ACLS),
- Current EBP-CH Evidence Based Practice Certification since 2022
- Current CNL Certified Clinical Nurse Leader since 2017
- Current CPAN Certified Post Anesthesia Nurse certified since 2010
- Current CAPA Certified Ambulatory Peri-anesthesia Nurse certified since 2013

SPEAKING ENGAGEMENTS

- May 2025 Competency Assessment in the PeriAnesthesia Setting, Dallas, Texas
- April 2024 Malignant Hyperthermia; Learning from the Past, to Prepare for the Future, ASPAN, Orlando, FL
- April 2023 Malignant Hyperthermia; Past, Present, and Prepare for the Future Heart and Science of Caring, ASPAN, Denver, CO
- April 2022 Emergence Delirium, PTSD, Simulation Recommendations for practice PeriAnesthesia Nursing Together: Importance of Connection, Power of Community, ASPAN, Philadelphia, PA

- March 2022 *Anesthesia Recovery of the Surgical Patient Critical Care Consortium*, GPC-AACN Portland, Oregon
- October 2021, (yearly since 2010) *Anesthesia Recovery of the Surgical Patient Critical Care Consortium*, GPC-AACN Portland, Oregon
- May 2019 *Surgical Site Infection Reduction: Through Povidone-Iodine Nasal Decolonization Prior to Surgery* Poster and podium presentation, ASPAN, Nashville TN
- February 2018 *Surgical Site Infection Reduction: Through Povidone-Iodine Nasal Decolonization Prior to Surgery* Poster at the Clinical Nurse Leader Summit, Anaheim, CA awarded First Place Poster.
- April 2016 *Team Approach to Perioperative Hair Removal* Poster ASPAN Philadelphia, PA
- April 2012 *Documentation Improvement* Poster at ASPAN, Orlando FL

ACCOMPLISHMENTS

- Current Social Media Director for Journal of Perianesthesia Nursing
- Current Item Writer for Clinical Nurse Leader Certification Exam
- 2024-present ASPAN Certification Strategic Workgroup Chair
- 2023- present ASPAN Region 1 Certification Study group communication coordinator
- 2023 – Present Oregon Nursing Research & Quality Consortium Conference Committee
- 2024 Performance Improvement Poster Fair People's Choice award PACU UBC family communication project
- 2024 Lean Six sigma Yellow Belt Certification
- Lead 2024 Nursing Annual report for VA Portland Healthcare System
- 2023 Nursing Excellence Award Nominee at VA Portland Healthcare System
- 2020-2022 Leadership and Development Committee Chair at VA Portland Healthcare System
- 2022 Performance Improvement Poster Fair People's choice award at VA Portland Healthcare System
- 2022 ABPANC Practice Exam Committee member
- 2020 – present ABPANC Certification Coach
- 2017-2019 American Board of Perianesthesia Nursing Certification (ABPANC) Board Member
- 2017 ASPAN Above and Beyond Award recipient
- 2017 Nursing Excellence Award Nominee at VA Portland Healthcare System
- 2013- 2016 Education Coordinator for NPANA
- 2014-2017 ABPANC Certification Coach

PUBLICATIONS

Lovestrand, D., Beaumont, D., Calder, S., Schmidt, M., Calaro, R. (2021). Simulation training exercise to improve outcomes of emergence delirium in patients with posttraumatic stress disorder. *AANA Journal* 89(3).

Shira, J., Engle, A., Fleischmann, J., Schmidt, M. & Tachella, A. (2021). Emergent nurse cross-training in response to COVID-19. *American Nurse Journal*, web exclusive: <https://www.myamericannurse.com/emergent-nurse-cross-training-in-response-to-covid-19/>