

## **2014 National Conference Scholarship Report**

Having attended prior conferences, this one did not disappoint! As an active member, it was an honor and privilege to receive the Scholarship and I look forward to many more in the future.

My favorite topics are always legal, best practice standards & pain management and my sessions included all of those. One of my favorite presenters this year was attorney Tracy Singh who lectured on protecting your nursing license as well as several other legal issues. Being that she is an RN truly reinforced the messages she was conveying to the audience. I learned a lot about protecting my license that will facilitate my own nursing practice and independent legal nurse consulting business.

I attended several sessions about pain management as well as this is something that is a key factor in my everyday practice. In particular I made note of many points from Maureen McLaughlin in her "Caring for the Chronic Pain Patient in the PACU". I was able to garner many facets concerning safety concerns and typical management of these patients during all phases of care. Understanding medication levels and modes of action were key to getting the maximum information out of this session.

I learned a lot of information regarding several updates that will appear in the new standards book and some of the updates and policies that were approved by the Board during the Representative Assembly meetings. This will undoubtedly assist my role on the Clinical Practice Committee as well as improving my own practice and facilitate educating my peers on the same information.

My week was highlighted by being the recipient of the 2013 Patricia E. Hansen Memorial Award! What a surprise and honor. I cannot thank ASPAN enough for the opportunities the scholarship provided and I look forward to continuing my work on the CPC and next year's conference in San Antonio. A heartfelt thank you to the entire organization, the board and all of the people behind the scenes who support my professional organization.

Respectfully Submitted,

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