

2021 All-Virtual ASPAN National Conference

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Thank you for the ASPAN National Conference Attendance Award. I was unable to use it for the conference in Denver in 2020 because it was cancelled. COVID changed many lives and plans.

I was glad to attend the virtual ASPAN National Conference in 2021. It was enjoyable because I was able to attend more sessions and gain more knowledge. I was able to attend both the pre and post conference sessions.

In the pre-conference session, Maureen McLaughlin spoke about the skills and knowledge needed as a perianesthesia nurse. It increased my awareness of caring for the patient and documentation of the care given.

At the post-conference session, Terry Clifford, Regina Hoefner-Notz, and Dolly Ireland, spoke from the heart about nursing leadership and management. It helped to learn about building high performing teams. We all want to do our best at work and for our patients.

At the National Conference sessions, the topics and speakers at the daily sessions were excellent and interesting. I had a hard time choosing between the sessions. I wanted to attend all of them. The virtual conference allowed me to return to ASPAN Learn and watch the session I had missed.

I attended *Your Tackle Box to Tackle Blocks: Peripheral Nerve Blocks Made Easy*. Kathryn Scully had slides showing the areas that different blocks affect. I loved the visual presentation.

Seth Eisdorfer was an excellent speaker on *Opioid Use: Past, Present and Future*. I learned new changes to help curb the opioid epidemic.

Brenda Jahnke lectured on *Perioperative Management of Cardiomyopathy* which was informative. I learned about the four different types of cardiomyopathies and how to better care for the patient.

The lecture by Edward Briggs, *Nursing Care of the LGBT Patient*, presented relevant healthcare considerations and interventions I need to utilize to be more supportive of the LGBT patient.

I missed the excitement of meeting new people, networking, and the start of the conference. I am looking forward to Philadelphia in 2022.