

2021 All-Virtual ASPAN National Conference

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I am thankful to have been awarded the 2020 ASPAN National Conference Scholarship. Since 2009, I have attended 9 National Conferences, so I was looking forward to going to Denver, CO in the Spring of 2020 but then the COVID-19 Pandemic hit. I was thankful that the ASPAN Board extended my scholarship to be used at the 2021 ASPAN National Conference. I was looking forward to networking with my fellow PeriAnesthesia Nurses from across the country in sunny Orlando, but completely understood when it became a virtual conference. I am happy to say that with the virtual format, I was able to obtain more continuing education credits than at any other National Conference that I have attended. Not only was I able to attend during the week of the conference, but I was able to utilize ASPAN Learn to hear all the other lectures that I did not want to miss.

I was excited when Elizabeth Card announced that the OPANA Snooze News was awarded the 2021 Component Newsletter 9-14 pages Award as I am the current Snooze News editor. As always, the keynote speaker was very inspirational. It was great to see the ABPANC presentation that recognized all the Shining Star Awards including OPANA. Both parts of the lab study of Waste Anesthesia Gas Mask Scavenging System were informative. It is always great to get the update of ASPAN's Standards (2021-2022 this year) and to get all our clinical practice questions answered! I found that the lecture on Building Sandcastles Instead of Throwing Sand: Productive Work Environments was a remarkably interesting lecture that included the several types of work personalities. I found that, in light of the COVID-19 pandemic, the lectures: COVID-19: State of the Science and Impact to PeriAnesthesia Nurses; and Responsiveness and Readiness to COVID-19: Perceptions and Experiences of PeriAnesthesia Nurses were highly informative.

Having practiced primarily in the PACU setting over my nursing career, I found that the lectures: the Recommendations for Opioid Use in Acute Surgical Pain Management; Opioid Use: Past, Present, and Future; Avoiding Anesthesia Related Complications: Knowing Anesthesia Agents; and PeriAnesthesia Complications: Are You Ready to Respond? were helpful. With currently working in Preop/Phase II areas, I found that the lectures: The Postoperative Phone Call: What is Best Practice?; Sleep Apnea: Not me, I don't have that!; Just a Little Pinch: Vascular Access for the PeriAnesthesia Nurse; Lymphedema: What You Don't Know Might Hurt Me!; Is Your Patient Ready for Discharge? A Systemic Review; Bleeding Toolbox: How, When and Why of Bleeding Diathesis; and Your Tackle Box to Tackle Blocks: Peripheral Nerve Blocks Made Easy were also extremely helpful.

I also float to the PAT department at my current workplace. I found that the lectures: Improving PAT Clinically through Performance Improvement and Innovative Ideas in the Future of PeriAnesthesia Testing were highly informative. I have also found that with taking care of primarily elderly patients that the lectures: Managing the Care of the Older Adult: Does Age Really Make a Difference? and Anesthesia and Dementia: The Ongoing Debate were also informative. I also listened to the Celebrate Successful PeriAnesthesia Practices Oral Presentations (1 & 2), Research/EBP/QI Oral Presentations, and 2020 Research Studies Every PeriAnesthesia Nurse Should Know to hear what is new.

I found that the lectures: Let's Weed Out the Myths; Innovations in Education; Vaping Updated: More than Just EVALI; Robots and AI: What's in Store for the Future?; and Is Your Patient Using CBD? How It May Impact Patient Care were highly informative and helpful to my practice. I also found that the

lectures: What Would Nightingale Use to Combat Super Bugs?; Ages and Stages: Developmental Needs of the Hospitalized Child; From Liability to Stability: Maintaining the Well-Being of Care Providers; Is it Compassion Satisfaction or Compassion Fatigue?; Legislative Update: Nursing Action to Influence Health Policy; and Culture of Safety: Decreasing Workplace Violence to be informative. The closing speaker was exceptionally good as well.

Thank you once again for awarding the 2020 ASPAN National Conference Scholarship to me and allowing me to use it at the 2021 Virtual ASPAN National Conference. I learned a lot and plan to apply this knowledge to my current PeriAnesthesia Nursing Practice.