The purpose of the project provided an alternative method of relieving postoperative nausea and vomiting (PONV) and postoperative discharge nausea and vomiting (PDNV) in the phase I phase II post anesthesia setting. It is important to educate nurses and patients regarding alternative treatment modalities of PONV/PDNV using aromatherapy.

**Purpose**

**What is it?**
- Patient Demographic n=40
  - Age in Years
    - Mean: 51.7
    - SD: 18.33467
  - Gender
    - Male: 5%
    - Female: 95%
- Risk Factors
  - History of PONV: 62.5%
  - History of Motion Sickness: 25%
  - Smoking: 12.5%

**Major Risk Factors for PONV**
- Post operative nausea/vomiting (PONV):
  - PONV in the phase I phase II post anesthesia setting
  - Tinnitus or may experience vomiting if not treated
  - Postoperative nausea/vomiting in hospital
  - Increased nausea and vomiting in patient in hospital
  - Postoperative nausea/vomiting in patient in hospital
  - Increased nausea and vomiting in patient in hospital

**Why should we trial Quease EASE?**
- To improve the patient's experience using aromatherapy
- To improve patient's overall recovery experience
- To reduce the risk of PONV
- To improve patient's overall satisfaction
- To improve patient's overall satisfaction
- To improve patient's overall satisfaction

**How it works:**
- Studies show aromatherapy is used to
- Treat nausea
- Improve sleep patterns
- Treat headaches
- Ease anxiety
- Reduce pain
- Treat depression
- Improve respiratory function
- Improve skin health

**Goals for ASC**
- Initiate evidence-based practice using aromatherapy
- To proficiently manage PONV
- To trial a product and to assess the value for patients
- To determine the effectiveness of managing PONV with aromatherapy
- To determine the patients' satisfaction with using Quease EASE post-operatively

**Results**

**Patient Demographic n=40**
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  - Male: 5%
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- Risk Factors
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**Methods**
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**References**

Funded by a grant from Shadyside Foundation for the EBP Fellowship
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