

# PERIANESTHESIA STAFFING AND PRACTICE RECOMMENDATIONS

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## INTRODUCTION

Concerns for appropriate staffing ratios in the contemporary Phase I postanesthesia care unit (PACU) persist. Current recommendations for staffing ratios in the Phase I PACU are based on expert opinion.

## PURPOSE

The purpose of this study is to uncover evidence to support the current ASPAN recommended staffing ratios in the Phase I PACU.

## METHODS

Using the Donabedian model as a theoretical framework, a mixed method approach was used including a survey followed by qualitative interviews with volunteer participants.

## RESULTS

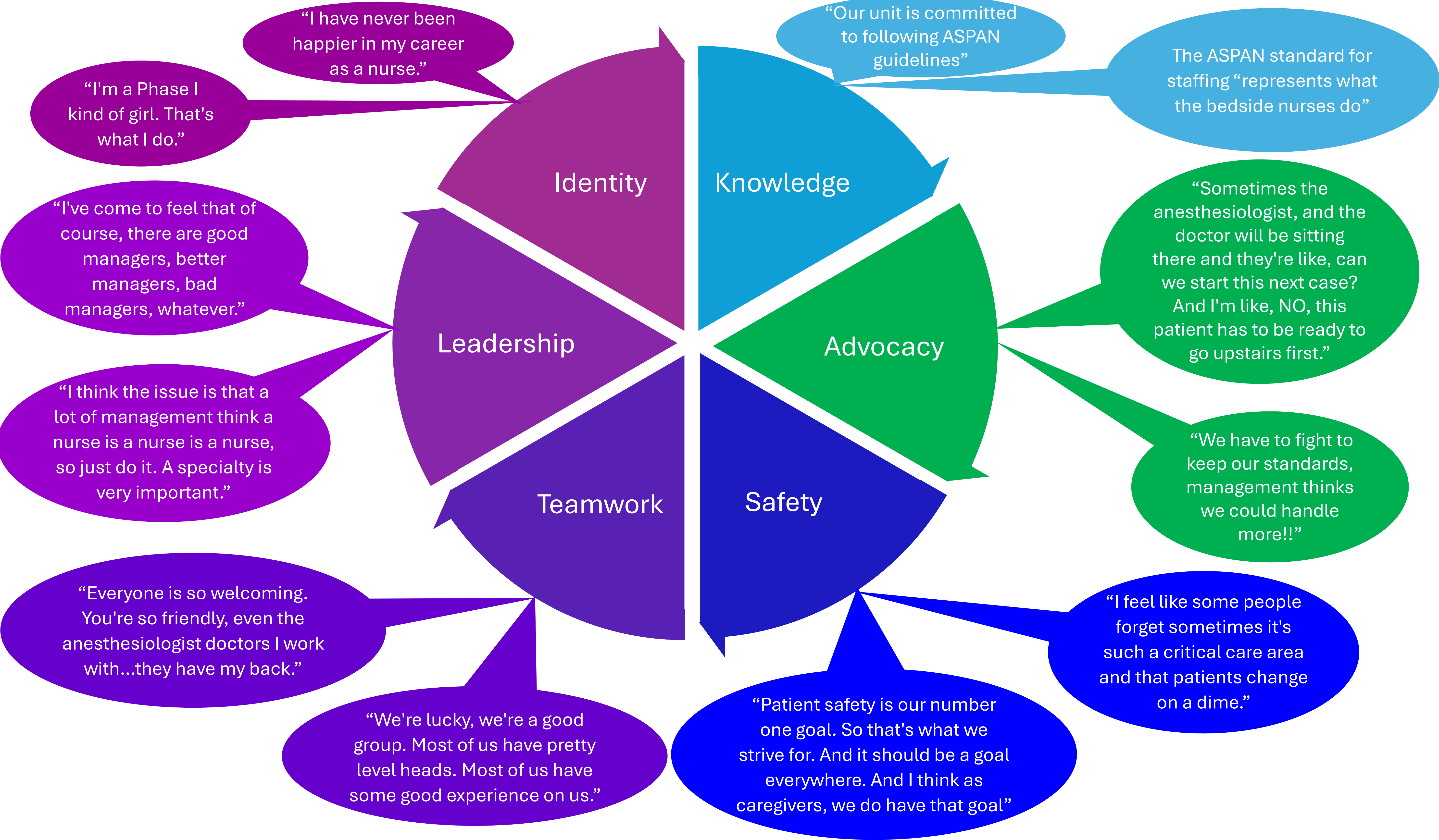
Quantitative Data  
Participants (N=94)  
☑ 94.74% were aware of ASPAN staffing recommendations  
☑ 36.17% had more than 31 years RN experience  
☑ 50.72% were CPAN, 10.14% were CAPA, 14.49% were both

Qualitative Data  
Participants (N=9)  
☑ Recorded sessions were digitally transcribed verbatim  
☑ Data analyzed using hermeneutic phenomenology  
☑ Approach seeks to understand experiences of nurses  
☑ Several themes emerged from the qualitative interviews

## CONCLUSION

New knowledge based on staffing studies will provide additional support to nurses who have struggled with implementing the recommended nurse-to-patient ratios that have been promoted by clinical experts as best practice.

## THEMES (6)



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