



Newsletter of the American Society  
of PeriAnesthesia Nurses

# Breathline

Volume 24, Number 4

July/August 2004

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## VISION IN ACTION

### **“Creating a Culture of Retention and Recruitment: Recapturing the Joy and Enthusiasm in Our Component”**

Component members are the vital links to our existence as an organization. Like the nursing shortage, the immediate focus has changed to retaining current members and, secondly, to continue to recruit for today and tomorrow. ASPAN is not unique in its challenge with retention and recruitment of members. Like other organizations, we strive to be successful in our creative initiatives. So the most common question is, how do we retain and recruit members? In our ‘vision in action’, ASPAN recognizes the passion of our committed volunteers and leaders. Components continue to work together and reach out to non-members to join and be involved. How can we have a dramatic increase in our membership?

The Maryland Statewide Commission in Nursing Crisis recommended the education and training of nursing leaders for the purpose of retaining and recruiting nurses in the workplace. In April 2004, I had the opportunity to listen to Jo Manion, an educational nursing consultant. She was asked by the Maryland Hospital Association to offer a training program for nurse executives, leaders, and nurse managers. The focus was on the workplace, but the concepts are similar and can be applied in our components. She examined



**Dina A. Krenzischek,  
MAS, RN, CPAN  
ASPAN President 2004-2005**

evidence-based practice among experts and conducted a research study herself on retention of nurses in the workplace. The information that I am about to share with you highlights some important concepts and key points, which can easily be applied at the district and component levels and within an organization. I hope to stimulate your thinking. I encourage you to open your minds, thus allowing creativity necessary to influence change in practice.

How do we celebrate our successes and victories? What is the frequency? Often times we wait for those annual recognition ceremonies. This is too long to wait! Why not institute monthly or quarterly awards at the district or component levels? We have more heroes building success at the grassroots levels. Celebrating achievements and recognition of members are important steps to success.

In the culture of retention and recruitment, research studies show similar findings. Money was not a common factor that retained and recruited employees for extended time; members or employees want to feel valued and respected. They like a cohesive and enthusiastic group, where their efforts and contributions are recognized. Members value the strong connections with other members and mentors. Overall, there is a sense of community or family, a place where they belong rather than feeling like an outsider looking in. Leader's responsibilities must be focused on transforming the district, component, and organization into stable, attractive communities or families capable of magnetizing members who show an interest, commitment, and passion for perianesthesia nursing. A sense of community or family invigorates members, creates a sense of purpose, and a feeling of belonging to an integrated group.

Shaeffer and Anundsen described five phases of community development: First, the excitement phase is where you focus on possibilities. Do not expect this phase to last, otherwise you will feel disappointed. Second, the autonomy phase is crucial and difficult. You either

*continued on page 3*

## My Kind of Town, Chicago Is...



It's never too early to begin planning for ASPAN's 24th National Conference, April 17-21, 2005. "Vision in Action: Values, Power, Unity and Passion" the theme for the 24th National Conference will provide something for everyone!

The conference site will be the beautiful Sheraton Chicago Hotel & Towers right in downtown Chicago. The hotel is convenient to Chicago's many award winning restaurants, shopping, the Navy Pier (and the famous ferris wheel), and, did I mention, SHOPPING!

Educational sessions will provide stimulating topics suitable for the novice through expert perianesthesia nurse from all practice settings, including a full management track.

Plans are underway for another GREAT Component Night where you can mingle with friends, new and old, and take a chance on a super state raffle prize.

So get your "Passion" revved up, mark that date on your calendar and come join us in Chicago...it's YOUR kind of town!! 🌿

## Are you ready to put your vision into action?

Please consider running for a position on the 2005-06 ASPAN Board of Directors. ASPAN is searching for dedicated perianesthesia nurses to help bring our vision into reality. Your talents and skills are vital to make this happen.

You can also put your vision into action through various ASPAN committees. The list of committees is available on the ASPAN website or by calling the National Office. Your participation is essential for our vision to continue.

Watch for more information in the September/October issue of *Breathline*. You can also check the ASPAN website for updated information.

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##### Deadlines for inclusion in Breathline:

Issue . . . . .Deadline

January . . . . .November 1

March . . . . .January 1

May . . . . .March 1

July . . . . .May 1

September . . . . .July 1

November . . . . .September 1

have common goals valued by members or you may have conflicts or illusions that can shatter the group. Third, the stability phase entails shared visions and responsibilities. Fourth, the synergy phase is when members start having fun and enjoying the connections with others. Fifth, the transformation is the reevaluation of your direction and sense of purpose. The lack of re-connection to a new purpose may lead the group to disbandment. The cycle continues in circular motion and, therefore, we need to be cognizant where we came from, where we are currently, and where we are going.

Jo Manion believed that we must learn to focus more on joy in the group, more than focusing on the problems. The joy starts from the beliefs and attitudes of individuals. Self-joy is then manifested, and finally it influences others. Manion's research findings showed major factors of joy: 37% represented the meaning of the work and purpose of involvement, 31% people and relationship, 23% self benefits, and 9% environmental factors. As a district or component, it is important to re-focus on the purpose and values of the group, educate members on ASPAN's mission, strategic plans, benefits, and how they can actively engage in meaningful ways; as leaders and members we must nurture connections and relationships. Open communication is vital in the process to know what works and does not work among the diverse membership. Lastly, we must recognize members and their achievements as often as we can. Remember that

as individuals we make a difference; as components, we have an immense power to influence change; and as an organization, our power is unlimited. The 'vision in action' is in our hands, and we must stand united to reach excellence in practice.

One of my strategic goals was the creation of a Membership Recovery Strategic Work Team (SWT). Its purpose is to critically evaluate where we are and where we are going with retention, recruitment, and recognition of members. If you have ideas, you are welcome to share them by contacting Maureen Iacono the SWT Coordinator ([maureen.iacono@sjhsyr.org](mailto:maureen.iacono@sjhsyr.org)).

Thank you for your support and commitment to ASPAN. Your membership and volunteer efforts are vital components of our success as an organization. Please contact me and let me know how we can better serve your needs ([dinaak@comcast.net](mailto:dinaak@comcast.net)). 🌱

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## Thank you to all of the ASPAN Ambassadors

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# ASPAN Vision in Action: ASPAN's 2004-2005 Board of Directors

## President

**Dina A. Krenzichick, MAS, RN, CPAN**—Dina is the Nurse Manager in the Perianesthesia Care Units at John Hopkins Hospital in Baltimore, MD. She has published numerous clinical research articles and has served as ASPAN Director for Research for two terms.

## Vice President/President Elect

**Meg Beturne, BSN, RN, CPAN, CAPA**—Meg is the Quality Improvement Consultant for Perioperative Services and is a Staff Nurse at Maple Surgery Center. She is active on various component and national committees and lectures nationally on cultural diversity.

## Treasurer

**Lois Schick, MN, MBA, RN, CPAN, CAPA**—Lois, serving the second year of a two-year term, is currently working at Exempla Lutheran Medical Center in Denver CO as a per diem nurse in the PACU. She has had numerous managerial positions and lectures nationally on various perianesthesia topics.

## Secretary

**Barbara Struthers, BSN, RN, CPAN, CAPA**—Barbara, serving the first year of her second two-year term, is the Clinical Director, Northwest Michigan Surgery Center, Traverse City Michigan. She has lectured and written on various ambulatory perianesthesia topics.

## Immediate Past President

**Sandra Barnes, MS, RN, CPAN**—Sandra is the Nursing Manager for Ambulatory Surgery and PACU in Greenwich, CT. She has authored and edited numerous publications and had served six years on the ABPANC BOD including President of ABPANC.

## Regional Director-Region 1

**Sue Fossum, BSN, RN, CPAN**—Sue, serving the second year of a two-year term, is the Staff Developer for the University Surgery Center Operating Room and PACU at the University of California, Davis Medical Center in Sacramento, CA. She is also a Major in the US Army Corps, Reserves.

## Regional Director-Region 2

**Lila Berry Martin, BSN, RN, CCRN, CPAN**—Lila, serving the first year of a two-year term, is currently an Education Specialist in Nursing Education and

Staff Development at the University of Kansas Hospital and has many years of perianesthesia nursing and management experience. She has served on numerous ASPAN committees and has served as two National Conference Chairs.

## Regional Director-Region 3

**Susan Benner, BSN, RN, CPAN**—Susan, serving the second year of her second two-year term, is a staff nurse in the PACU at St. Luke's Hospital in Maumee, OH. She has served on various ASPAN committees, including the Chair of the Governmental Affairs Committee for several years.

## Regional Director Region 4

**Theresa Clifford, MS, RN, CPAN**—Theresa, serving the first year of a two-year term, is currently a Clinical Nurse III in the PACU of Mercy Hospital and has numerous years of perianesthesia experience as well as management and education experience. She has been active in ASPAN, including Standards and Guidelines Committee Chair for several years.

## Director for Education

**Linda Ziolkowski, MSN, RN, CPAN, APRN, BC**—Linda, serving the second year of a two year term, is currently a Perianesthesia Education Specialist at Beaumont Hospital, Royal Oak and has numerous years of perianesthesia nursing experience as well as critical care and pain management experience. She has presented numerous lectures on perianesthesia and critical care topics.

## Director for Research

**Myrna Mamaril, MS, RN, CPAN, CAPA**—Myrna, serving the second year of a two-year term, is a Commander in the US Naval Reserves Nurse Corps and a staff nurse in the PACU at Johns Hopkins Hospital in Baltimore, MD. She has served on numerous committees, is the coordinator for the Aging Initiative, and is a Past ASPAN President.

## Director for Clinical Practice

**Karen Cannon, MN, RN, CPAN, CAPA**—Karen, serving the first year of her second two-year term, is currently a Staff Nurse in PACU as well as the Infection Control Coordinator in a hospital in Eastern Washington. She has been very active on ASPAN committees and remains active on the component level.



### Director for the Foundation

**Jane Ehrhardt, BSN, RN, CPAN, CAPA**—Jane, serving the first year of a two-year term, is currently a Per Diem Staff Nurse in the PACU at River Parishes Hospital and Memorial Medical Center. She has served as ASPAN Secretary and has been active on numerous ASPAN committees.


### Chair, Council of Component Presidents

**Christine Price, MSN, RN, CPAN, CAPA**—Chris is currently the Director for Perioperative Services at Bayhealth Medical Center and has numerous years of perianesthesia clinical and management experience. She has served on numerous committees and also was a participant in the Pain and Comfort Guidelines development.

### ABPANC President

**Karen Niven, MSL, BSN, RN, CPAN**—Karen, serving the first year of a two-year term, is the Assistant Director of Perioperative Services, Presbyterian Healthcare, Charlotte, NC. She has served on many ASPAN committees and also is an Ex-Officio member of the ASPAN Board of Directors.


### Chief Executive Officer

**Kevin Dill**—Kevin is the Chief Executive Officer in ASPAN. He oversees all activities of the ASPAN National Office in Cherry Hill, NJ. Kevin is an Ex-Officio member of the ASPAN Board of Directors. 

## The ASPAN Press Corps Once Again Shine

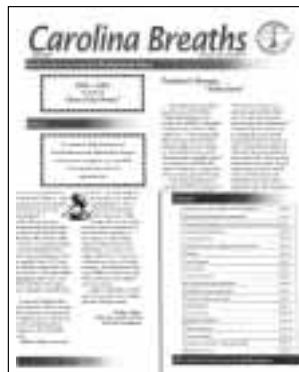
This year the ASPAN Component Newsletter Contest had 20 submissions. Each year the judges note the continuing improvement and professionalism in these newsletters. The submissions highlight the commitment of the components and their efforts to contain vital information to their members. The submissions were divided into three categories, 1-8 pages, 9-14 pages, and 15+ pages, and then sent out for review by judges. The awards were announced during the closing ceremonies at the ASPAN National Conference in Philadelphia. In addition to the category submissions, every person registered at the National Conference was able to view the newsletters and vote for their choice, the People's Choice. There were 23 submissions for the People's Choice category. ASPAN congratulates each component that submitted their newsletter and encourages them to continue their written communication at the component level.

The winners of the newsletter contest were:

- 1-8 pages, WISPAN *The Awakening*, Editor Stephanie Kassulke
- 9-14 pages, AzPANA *PAC News*, Editor Susan Pendle
- 15+ pages, NCAPAN, *Carolina Breaths*, Editor Gena Near
- People's Choice, NYSPANA, *Up To PAR*, Co-editors Peg Banister and Anne Aman 



1-8 pages, WISPAN *The Awakening*, Editor Stephanie Kassulke



15+ pages, NCAPAN, *Carolina Breaths*, Editor Gena Near



9-14 pages, AzPANA *PAC News*, Editor Susan Pendle



People's Choice, NYSPANA, *Up To PAR*, Co-editors Peg Banister and Anne Aman

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## **Myrna Mamaril – ASPAN's 2004 Award Recipient for Outstanding Achievement**

*Kim Kraft, BSN, RN, CPAN- Chair, ASPAN Membership & Marketing Committee*



*Accepting the Outstanding Achievement Award.  
Sandy Barnes (l),  
Myrna Mamaril (r)*

The Award for Outstanding Achievement was developed to honor an individual whose commitment to excellence has furthered the art and science of perianesthesia nursing. The award criteria include: current membership in ASPAN; demonstrates outstanding knowledge and expertise in the practice, education, research and/or management areas in perianesthesia nursing; made contributions to or through perianesthesia nursing that have affected the community, region, or country; influenced perianesthesia nursing in a professional role nationally; and is recognized by peers and others as an expert and leader in the field of perianesthesia nursing as validated by two letters of reference.

This year's recipient is well known in the ASPAN and military nursing circles for her "professional activities and unswerving commitment to develop the potential of each (staff) member." She "has a profound knowledge and expertise in perianesthesia nursing and ...has the heart of a true leader." Myrna Mamaril's service to the country has not gone unnoticed. She has received the Navy and Marine Corps Achievement Medal, as well as the Naval Reserve Association Junior Officer of the Year Award.

Myrna has been a member of ASPAN since 1982 and has served in many key roles as committee chair, mission director, and President (1999-2000). She currently serves as ASPAN's Director for

Research. As the recipient of the Hartford Geriatric Grant, she has started a Geriatric Specialty Practice Group and developed a seminar on Nurse Competence in Aging that has been well received across the country.

The Illinois Society of Perianesthesia Nurses (ILSPAN) sponsored the award this year. Myrna received a crystal plaque, complimentary registration to the 2005 National Conference in Chicago, economy airfare and four nights' hotel accommodations.

Myrna, thank you for encouraging us to "find meaning in one's work, find faith in one's self, find confidence in the value of one's life, and find hope for one's future." 🌿



*Marie Darcy*

## **Marie Darcy: The 2004 Distinguished Service Award Recipient**

*Linda Wilson, PhD, RN, CPAN, CAPA, BC*

This award was developed to recognize the distinguished lifetime contributions from individuals who have had a significant impact on fulfilling the mission of ASPAN. Marie Darcy is the second recipient of this impressive honor. Marie Darcy was a charter member of ASPAN and FLASPAN. She was very active in both organizations and was instrumental in the development of the journalism awards for the *Journal of Perianesthesia Nursing*. Through the years Marie Darcy has remained committed to ASPAN and has made numerous contributions.

To be eligible for the award the recipient must:

- Be a current, active member of ASPAN
- Have served (or currently serve) as an ASPAN Committee Chair or elected officer
- Have demonstrated leadership in perianesthesia nursing
- Have made contributions to perianesthesia nursing
- Have demonstrated support of ASPAN's goals and mission.

All nominations are submitted for consideration and reviewed. The Past Presidents' Council selects the winner for the award.

Marie Darcy was not in atten-

dance at the National Conference, but Esther Watson, the 2003 Distinguished Service Award Recipient, accepted the award in her absence. Marie will receive a crystal bowl and will have her name added to a commemorative plaque that is displayed in the ASPAN National Office. She will also receive a cash award of \$500.

Congratulations to Marie Darcy. It is with great honor and pleasure that the Past Presidents' Council presents the 2004 Distinguished Service Award to Marie Darcy. The ASPAN Past Presidents are appreciative of your lifetime contributions to ASPAN! 🌿



Accepting the Excellence in Clinical Practice Award S Barnes (l), S Sheets (r)

ASPAN's Excellence in Clinical Practice Award recognizes and supports excellence in clinical nursing practice in perianesthesia nursing.

The award criteria are:

- Must be a current member of ASPAN
- Must be a registered nurse currently involved in the direct care of perianesthesia patients whose clinical practice is consistent with the standards of ASPAN.
- A minimum of five years' direct care experience in perianesthesia care.
- A practitioner whose practice exemplifies a high level of compassion and specialty

## Sandra Sheets – The 2004 Excellence in Clinical Practice Award Winner

expertise documented by peers and/or patients or families as validated by two letters of reference.

- A practitioner who is a recognized expert in clinical nursing practice as shown by his/her contributions to and support of perianesthesia nursing.
- Participates actively in nursing programs, committees or projects resulting in contributions to perianesthesia nursing.

The 2004 recipient is Sandra Sheets from Lees Summit, Missouri. She is a staff nurse at St. Luke's Health System in Kansas City, Missouri. As stated by her peers, Sandra is an outstanding nurse who serves as an exemplary role model and mentor in the field of perianesthesia nursing. She exemplifies a quiet style of

leadership characterized by taking on challenges, mastering new areas of knowledge and skills, and mentoring those around her with a positive attitude and little fanfare. She has been a nurse for 40 years with 28 of those years involved in the direct care of perianesthesia patients. Our recipient's pride and commitment to nursing is reflected in her dedication to ASPAN and her leadership within her component. Her circle of influence reaches for many miles, and for many lives.

Sandra was awarded complimentary registration, airfare and four nights hotel accommodations to the 2005 National Conference as well as a handsome, engraved crystal plaque. Congratulations to Sandra for this wonderful achievement! 🌿

**Do you know peers who are putting vision into action through their experience, knowledge, and accomplishments and creating circles of influence in perianesthesia nursing and practice?**

The ASPAN Awards are a perfect opportunity to acknowledge their accomplishments. The ASPAN Awards include Outstanding Achievement and Excellence in Clinical Practice. The nomination deadline is **November 30, 2004.**

Watch for more details in the September/October issue of *Breathline*, or contact the National Office for a packet, or obtain the information on the ASPAN website ([www.aspan.org](http://www.aspan.org)).

Do not miss this opportunity to recognize those who influence and shape the practice of perianesthesia nursing.

## Pam Dark – ASPAN's Nurse Competence in Geriatrics Award



Pam Dark

The ASPAN Nurse Competence in Geriatrics Award recognizes the work of a Geriatric Specialty Practice Group (SPG) member who demonstrates a sustained commitment to the provision of nursing care for the elderly in the perianesthesia setting. This award is made possible by the Nurse Competence in Aging initiative.

The award criteria include:

- A current ASPAN member in good standing for at least two years (members of ASPAN's Board of Directors are ineligible)
- A current member of ASPAN's Geriatric Specialty Practice Group
- A nurse who demonstrates experiential knowledge in providing care for elderly patients in perianesthesia settings

- A nurse who demonstrates a focused interest in and a commitment to caring for geriatric perianesthesia patients as validated by two letters of support

As evidenced by her letters of support for this award, Pam advocates for patient safety while teaching safe practices related to geriatric medication administration. She is also active in community outreach programs for the aging patient.

For this award Pam received a \$250 cash award and a plaque. ASPAN congratulates Pam on this achievement. 🌿

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# Celebrate Successful Practices – Philadelphia Style!

Terry Clifford, MSN, RN, CPAN

On a recent “stroll” along Internet pathways, I came across many references to the historical essence of Philadelphia. Over the years it has had many nicknames, such as “Quaker City”, “City of Brotherly Love”, “Cradle of the Revolution”, and the “Nation’s Birthplace.” To the many conference attendees, it might also be remembered as the “City for Celebrating Monumental Successes!!” During the 23rd National Conference “Circles of Influence: Shaping Tomorrow’s Definition of Perianesthesia Nursing,” one thing became clear. The Celebrate Successful Practices initiative is growing ever more successful, ever more celebratory!

Benjamin Franklin once said, “Never leave that till tomorrow which you can do today.” Successful practices have been defined as problem-solving activities intended to improve clinical/practice outcomes. A total of 14 poster presentations offered testimony to

the ingenuity and success of our ASPAN colleagues who chose to uncover solutions to today’s clinical practice issues. Be sure to look for detailed abstracts in the summer issue of *The Journal of PeriAnesthesia Nursing*.

Begin TODAY to ask yourself “what services are we offering that we could expand?” Begin TODAY to ask yourself “what can I do to improve current practice?” Begin TODAY to gather your colleagues and initiate the process of creating success in practice. What questions come to mind? I challenge you to begin to identify areas of your practice where you have already succeeded, TODAY. I challenge you to begin to identify areas of your practice where you need improvement, and your efforts to achieve improved outcomes can be celebrated. I encourage you to begin TODAY to prepare to submit your successful practices to ASPAN for the 24th National Conference in Chicago!! 🌿

**Celebrate  
Successful  
Practices  
Deadline is  
November 15,  
2004.  
Call the  
National  
Office  
or check  
the ASPAN  
website for  
additional  
information.**

## **Application of an Ambassador Role in the Preparation the Magnet Hospital Visit**

The Johns Hopkins Hospital, Baltimore, MD  
*Robin Lewis, BSN, RN; Dina Krenzischek MAS, RN, CPAN*

## **Creating a Nurse and Patient Friendly PACU Record Hospital**

Ocean Medical Center/Meridian Health System, Brick, NJ  
*Leah Guardino, MSN, RN, CCRN, APN; Coletta Coles, MSN, RN, CCRN, APN; Sharon Krebs, RN, CCRN, CPAN*

## **Development and Implementation of a PACU Clinical Practice Committee**

Brigham & Women’s Hospital, Boston, MA  
*Kristin Alt Styer, BSN RN CPAN; Victoria Sherry, RN; Jeanne Lanchester, RN M.Ed; Ellen E. Sullivan, BSN RN CPAN*

## **Emergency Preparedness in Pre-op/Phase II Recovery**

Athens Regional Medical Center, Athens, GA  
*Denise Weaver Thompson, MSN, RN;  
Bill Ryland, RN; Pam Ellis, RN;  
Ann Williams, RN CNOR*

## **Enhancing Our Practice and Providing a Pediatric Friendly Environment in an Ambulatory Surgery Unit**

Massachusetts General Hospital, Boston, MA  
*Ruth J. Bryan, MSN, RN, CCRN; Janet D. Quigley, MSN, RN;  
Pam Wrigley, MS, RN*

## **Evaluating and Improving**

### **Pain Management in the PACU Setting**

Brigham & Women’s Hospital, Boston, MA  
*Kristin Alt Styer, BSN RN CPAN; Lauren Dayton, AD RN;  
Danielle Coutu, BSN RN; Katrina Bickerstaff, BSN RN CPAN  
CAPA; Victoria Sherry, RN; Suzanne Reilly, AD RN CPAN;  
Ellen E. Sullivan, BSN RN CPAN; Jeanne Lanchester, RN M.Ed*

## **Improving Patient Satisfaction - Press Ganey Performance Improvement Project**

Alta Bates Summit Medical Center, Berkeley, CA  
*Karen Machado, RN; Leslyn Spiegelberg, RN;  
Ralph Boomer, RN; Saroj Mehra-Wadhwa, RN;  
Karen Phillips, RN; Amy Jo Souers, RN; JoLene Weir, RN;  
Javandika Turner, SDC Secretary/Tech; David Patton*

## **Our PACU Newsletter: A Wealth of Opportunities!**

Massachusetts General Hospital, Boston, MA  
*Ruth J. Bryan, MSN, RN, CCRN; Janet D. Quigley, MSN, RN;  
Maureen Daley, RN*

## **PACU Review Day**

Foothills Medical Center, Calgary, Alberta, CANADA  
*Shelley Jeske, BScN, RN; Ruth Wadman, BSN, RN*

## **Streamlining Delivery of Care in the Postanesthesia Care Unit: A Collaborative Approach**

Christina Care Health System, Newark, DE  
*Judith A. Townsley, MSN RN CPAN; Maryann Sosnowski, BSN RN CCRN; Judith Long, MSN RN CPAN; Susan Volk, MSN RN CCRN; Beth Gunther, BSN RN; Mary Modelski, BSN RN CPAN; Luann Watson, RN CPAN; Mark Schneider, MD*

## **Surgical Day Care...Proactive Performance Improvement Project**

Elliot Hospital, Manchester, NH  
*Cheryl Mullen-Patnode, BSN RN CPAN CAPA;  
Sharon Giarrizo-Wilson, MS RN CNOR;  
Doreen Shore, BS RN CNOR; Mary Lambert, RN;  
Deb Desfosses, RN; Joe Hyatt, MD; Lawrence Hoepp, MD*

## **Surgical Patient Communication and Tracking System**

Providence St. Vincent Medical Center, Portland, OR  
*Kandys L. Greenlund, RN CCRN CPAN; Patty Dobyys, RN CAPA; Peggy Boyles, RN CAPA; Kristy Ketchum, RN*

## **We Continue to Move Forward**

Massachusetts General Hospital, Boston, MA  
*Judith A. Lynch, BSN, RN;  
Janet Kimrough, RN CPAN;  
Virginia Tashjian, BSN, RN, CPAN;  
Sharon Kelly-Sammon, RN CPAN;  
Kathy Cullen, MSN, RN, CPAN;  
Ann Marie McDonough, MSN, RN*

## **Written Report**

Massachusetts General Hospital, Boston, MA  
*Sharon Kelly-Sammon, RN CPAN;  
Jeanne Giovino, RN; Ann Marie McDonough, MSN, RN*

**Breathline**

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# GOVERNMENTAL AFFAIRS COMMITTEE PUTS VISION INTO ACTION

## Governmental Affairs

Gena Near, BSN, RN, CPAN-ASPAN Governmental Affairs Committee Chair

ASPAN's Governmental Affairs Committee is putting a vision into action by assigning member liaisons to components again this year. We have a large committee for the 2004-2005 year which reflects our members' increased interest and involvement in the political arena.

Our committee is composed of a chairperson and committee members chosen from ASPAN membership who submit a Willingness to Serve form. The purpose of this committee is to monitor and review federal and state laws, regulations, and administrative actions that affect perianesthesia nursing and its practice. This committee's primary focus is on federal issues, while component governmental affairs representatives monitor state issues.

In an effort to promote member involvement and foster communication between the National and Component Governmental Affairs Representatives, each committee member has been assigned to a number of components. This will enable information to be relayed effectively and efficiently.

Individuals may also put their own vision into action by going to the Governmental Affairs page at ASPAN's Web site. Monthly updates, the *Governmental Affairs Primer*, and other items of interest are posted there. We hope to see an increase in "hits" at our site again this year. We welcome any suggestions, questions, or concerns—our committee is here to serve you, the member. 🌿

The following table reflects Committee Member/Component Liaisons:

<b>Patricia Barrett, BS, RN, CPAN</b>	<b>REGION 1</b> NevPANA (Nevada) AzPANA (Arizona) PANANM (New Mexico)
<b>Lori Slade Colvin, BSN, RN C, CPAN</b>	<b>REGION 2</b> SCAPAN (South Carolina) GAPAN (Georgia) TAPAN (Texas)
<b>Donna Goyer, BS, RN, CPAN</b>	<b>REGION 3</b> KSPAN (Kentucky) ALAPAN (Alabama) VSPAN (Virginia)
<b>Laura Habighorst, RN, CAPA</b>	<b>REGION 4</b> MNDKSPAN (Minnesota/ North Dakota/South Dakota) WISPAN (Wisconsin)
<b>Matthew Martin, BSN, RN, CPAN</b>	<b>REGION 5</b> PANAC (California) NPANA/Alaska/Idaho/Montana/ Oregon/Washington)
<b>Jeanne Mauser, BPS, RN, CPAN</b>	<b>REGION 6</b> FLASPAN (Florida) OSPAN (Oklahoma) LAPAN (Louisiana) PACNA (Arkansas)
<b>Angela McClendon, BSN, RN, CPAN</b>	<b>REGION 7</b> NCAPAN (North Carolina) TSPAN (Tennessee) WVSPAN (West Virginia)
<b>Maureen McLaughlin, BSN, RN, CPAN</b>	<b>REGION 8</b> MaSPAN (Massachusetts) INSPAN (Indiana) CSPAN (Connecticut)
<b>Paula Meegan, RN, CAPA</b>	<b>REGION 9</b> RIAPAN (Rhode Island) HIPAN (Hawaii) USPAN (Utah)
<b>Anita Olbek-Tooker, RN, CPAN</b>	<b>REGION 10</b> CBSPAN (Maryland/Delaware/Washington, DC) MSPAN (Mississippi) ILSPAN (Illinois)
<b>Helen Riedesel, BSN, RN, CPAN</b>	<b>REGION 11</b> ISPAN (Iowa) (Colorado/Wyoming/Nebraska panhandle)
<b>Susan Russell, BSN, RN, JD, CPAN, CAPA</b>	<b>REGION 12</b> MO-KAN-PANA (Missouri/Kansas) NAPAN (Nebraska) VT/NH APAN (Vermont/New Hampshire)
<b>Margaret Stevens, RN</b>	<b>REGION 13</b> OPANA (Ohio) MAPAN (Michigan) PAPAN (Pennsylvania)
<b>Denise Sullivan, MSN, RN, CPAN</b>	<b>REGION 14</b> NJBPANA (New Jersey/Bermuda) NYSPAN (New York) MeSPAN (Maine)

## Breathline

Volume 24, Number 4  
July/August 2004

**American Society of PeriAnesthesia Nurses**  
*23rd National Conference*



*Components show-off designed Bair Paws®*



*Ben Franklin welcomes ASPAN to Philadelphia*



*Mummers String Band plays at Component Night*



*Getting together with friends during Component Night*



*Opening speaker, Tim Porter-O'Grady, discusses the direction for nursing*

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*Philadelphia, Pennsylvania*  
April 18th - 22, 2004 ★ Philadelphia, Pennsylvania ★ Marriott Hotel





*Exhibit hall opens at the 2004 ASPAN National Conference*



*Kim Kraft (r) awards Denise O'Brien with the Recruiter of the Year Award*



*President Sandy Barnes enjoying time with Hill-Rom representatives at the President's Reception.*



*Dancing Away at the President's Reception*



*Enjoying the Foundation Cruise*



*Circles of Influence*  
**Shaping Tomorrow's Definition  
of PeriAnesthesia Nursing**

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# ASPAN Members Respond to the Challenge! Recruiter Awards for 2003-2004

Kim Kraft BSN, RN, CPAN-Chair, ASPAN Membership/Marketing Committee


Little did I realize when I challenged ASPAN members at closing ceremonies in Albuquerque to recruit one more member so we could top the 1,000 mark that we would not only meet that goal, BUT more than triple the goal!! The 2003-2004 Member-Get-A-Member campaign was an enormous success with over 3,100 new members recruited from April 1, 2003 to March 31, 2004. ASPAN's top recruiter, Denise O'Brien, was responsible for encouraging 23 of her coworkers to become members of ASPAN and MAPAN because of the increased interest in CPAN and CAPA certification. As top recruiter, Denise received an engraved plaque, a complimentary membership for one year and registration to the 2005 National Conference in Chicago. The second and third place recruiters brought in 10 and 9 new members respectively. One recruiter even recruited members to three different components! The PeriAnesthesia Nurses Association of New Mexico received the top component recruiter award for having the highest percentage of recruiters for component members. Twelve percent of their membership recruited at least one new member during the campaign period. Their component received two complimentary registrations to the National Conference in Chicago. These registra-

tions may be utilized as rewards for their top recruiters or as drawings at their annual meeting. The final recruiter award was a random drawing for a complimentary National Conference registration. The drum was filled to the brim with more than 3,000 names - a member's name was entered for each new member they recruited. Last year's Recruiter of the Year recipient, Sue McDonald (TAPAN), selected Nancy Saufl as the winner.

ASPAN President Dina Krenzischek believes that each ASPAN member is vital to the organization's success and should be recognized for his/her contribution to the organization at every level. The Membership Recovery Strategic Work Team has been developed to explore ways to reward members for their commitments to perianesthesia nursing (see article in this issue). Each issue of *Breathline* will recognize member contributions to perianesthesia nursing and ASPAN. The following members are recognized for being recruiting champions:

Denise Eggers (ALAPAN), Veronica Hudson (ALAPAN), Michele Pietras (AzPANA), Nancy Lahr (AzPANA), Jennifer Allen (CBSPAN), Lynnae Bellamy (CBSPAN), Susan Dorsey (CBSPAN), Linda Boyum (FLASPAN), Lucita Gutierrez (FLASPAN), Geraldine Puno (FLAS-

PAN), Cindy Beauvais (GAPAN), Patsy Powell (GAPAN), Kerry Ann Shaw (GAPAN), Kim Kraft (ILSPAN & MOKANPANA), Michelle Stieffel (LAPAN), Sandra Thornhill (LAPAN), Patricia Gatto (MAPAN), Denise O'Brien (MAPAN), Meg Beturne (MaSPAN), Kathleen Menard (MaSPAN), Maureen McLaughlin (MaSPAN), Kathleen Saball (MaSPAN), Beverly Bridges (MeSPAN), Armi Holcomb (MOKANPANA), Sue Meier (NAPAN), Kathy Daley (NCAPAN), Arlene Kozicki (NPANA), Neva Nell Holmes (NPANA), Sheri Watson (NPANA), Mary Gaglione (NYS-PANA), Martha Maresco (NYS-PANA), Betty Gibson (OSPAN), Sue Carter (PANAC), Dori Snedeker (PANAC), Wendy Nagle (PANAC), Esther Sang (PANAC), Linda Rogers (PANANM), Valerie Boatwright (PANANM), Mary Ann Hauser (PAPAN), Mary Tannouri (PAPAN), Paula Meegan (RIAPAN), Barb Godden (RMPANA), Anne Durning (SCAPAN), Elizabeth Martin (TAPAN), Sue McDonald (TAPAN), Lori Slade-Colvin (TAPAN), Pam Windle (TAPAN), and Christie Ann Wolf (VTNHAPAN).

Congratulations to each recruiter for sharing your passion and commitment to perianesthesia nursing with your colleagues. This is truly *Vision in Action*. 





Accepting the President's Award,  
S. Barnes (l), C. Beechner (r)

## Christine Beechner Honored with the 2004 President's Award

*Sandra Barnes, MS, RN, CPAN - ASPAN Immediate Past President*

The ASPAN President's Award is the highest and most prestigious ASPAN honor bestowed on a member of our Society by the President. The award is given annually during opening ceremony of the National Conference to a member of ASPAN who has significantly supported the President during their term and exemplifies honor, integrity, and dedication to the Society and the specialty of perianesthesia nursing.

The recipient is awarded a commemorative plaque and a specially designed gold pin shaped in the flame of Florence Nightingale's candle. Within the flame is a sparkling gemstone representing the recipient of the award.

Prior to the award being presented, Sandra Barnes, ASPAN's 2003-2004 President, offered these words about Christine Beechner. "The journey to the Presidency and the actual term is marked by many milestones. This year's recipient has been there to help at each step. She has unselfishly shared her time and expertise in a variety of ways from polishing my presentations, offering constructive criticism with

vision, being a sounding board when frustrations ran deep and, in general, keeping me focused. She refers to me as her mentor but she has brought a new dimension to my professional vision and how I approached my presidency. This year's recipient is someone whose assistance has made it possible for me to successfully blend my life at work with ASPAN."

ASPAN 2003-2004 President Sandra Barnes presented this year's award to Christine Beechner, BSN, RN, CAPA. It was an honor and privilege to present the President's Award to someone who is respected by members of our Society. Congratulations Christine Beechner, the ASPAN 2004 President's Award Recipient! 🌟

## Mary Hanna Award Winners – April, 2004

### CLINICAL CATEGORY

#### 1ST PLACE

**Mary (Connie) Redmond, BSN, RN, CAPA**  
"Perianesthesia Care of the Patient with Gastroesophageal Reflux Disease"

#### 2ND PLACE

**Susan Letvak, PhD, RN**  
**Rick Hand, DNSc CRNA**  
"Postanesthesia Care of the Patient Suffering from Traumatic Brain Injury"

#### 3RD PLACE

**Janet C. Gilmore, MSN RN**  
"Heart Failure and Treatment: Part II - Perianesthesia Management"

### RESEARCH CATEGORY

#### 1ST PLACE

**Kathy J. Horvath, PhD**  
"Postoperative Recovery at Home After Ambulatory Gynecologic Laparoscopic Surgery"

#### 2ND PLACE

**Shari Laurion, MSN RN CNOR**  
**Susan Jane Fetzer, PhD, RN MBA**  
"The Effect of Two Nursing Interventions on the Postoperative Outcomes of Gynecologic Laparoscopic Patients"

#### 3RD PLACE

**Paul F. White, MD PhD**  
**Shivani Rawal, MD**  
**John Nguyen**  
**Alison Watkins, MS RN CPAN**  
"PACU Fast Tracking: An Alternative to 'Bypassing' the PACU for Facilitating the Recovery Process after Ambulatory Surgery"

### BEST PRACTICE CATEGORY

#### 1ST PLACE

**Debbie Keith, MSA BSN CPAN**  
"The Basics of an Exposure Control Plan"

#### 2ND PLACE

**Myrna Mamaril, MS RN CPAN CAPA**  
"Standards of Perianesthesia Nursing Practice: Advocating Patient Safety"

#### 3RD PLACE

**Denise F. Flook, RN CIC**  
"The Professional Nurse and Regulation"

# Michigan Association of PeriAnesthesia Nurses – 2003 Gold Leaf Component of the Year!

Kim Kraft, BSN, RN, CPAN- Chair, ASPAN Membership/Marketing Committee

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*"I know the price of success:  
dedication, hard work and an  
unremitting devotion to the  
things you want to see happen."*

*Frank Lloyd Wright*

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ASPAN's Gold Leaf Component of the Year Award symbolizes the price of success that Wright speaks about. This year, we are pleased to add the Michigan Association of PeriAnesthesia Nurses (MAPAN) to the list of award-winning components. Receiving the Gold Leaf Award validates and recognizes the component for their dedication, hard work and passion for excellence in component leadership and member development, communication, education services and community relations.

President Dolly Ireland enthusiastically accepted the award for the component and thanked the members for their hard work this past year. MAPAN received the Gold Leaf Award plaque, a check for \$500 and a certificate for a book or publication on perianesthesia nursing of the component's

choice, for use by the component for member benefits or recruitment efforts. In addition to these, each component member received the special gold "Component of the Year" ribbon to wear.

The Gold Leaf Component of the Year Award represents not only a reward for achieving component excellence, but serves as a



*Dolly Ireland (r) accepting the Gold Leaf Award from Kim Kraft.*

guide for strategic planning for all components to use to integrate quality into management practices, leadership development, component structure, programs

and services. All 14 components that submitted applications should be congratulated and recognized for their commitment to component excellence and their membership.

This fall all component presidents will receive a Gold Leaf Component of the Year application. Component activities from January 2004 through December 2004 should be documented. The application can also be submitted online. The application must be postmarked by February 1, 2005 and include all supporting documentation/examples in order to be considered for the awarding of points. The 2004 Component of the Year will be recognized at the 2005 ASPAN National Conference in Chicago, Illinois.

Congratulations to MAPAN, Component President Dolly Ireland and every member who shared in the efforts of this past year to garner the 2003 ASPAN Gold Leaf Component of the Year Award! Your achievement serves as an influence to all components striving for excellence. 🌿

# Denise Darby, RN, CAPA, Receives ABPANC's 4th Annual Advocacy Award

The 4th annual Advocacy Award was presented at the CPAN/CAPA Celebration Breakfast April 19, 2004 to a very surprised Denise Darby, RN, CAPA, Staff Nurse in the Day Surgery Center of Concord Hospital, Concord, New Hampshire. This award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate and is the highest accolade given to a certified nurse. Nominated by her peer, Heather B. Smith, BSN, RN, C, CPAN, the following exemplar was submitted describing only one of many instances when Denise truly advocated for a patient and his family.

*When reading the application for the Advocacy Award, it seemed as though the award was written for my colleague, Denise Darby, RN, CAPA. She consistently demonstrates the art of advocacy and is a role model for all. She lives by the moral standard that "every patient deserves respect" and this is evident in her daily experiences with our patients and their families. Denise has the courage to protect and advocate for her patients, even in the event this is not the popular decision for the majority; her concern is always what is best for the patient.*

*Recently in the Day Surgery Center, we had a single mother of two children come in to have an orthopedic surgical procedure. Her surgery date had not been confirmed, and she arrived after making arrangements for transportation and childcare with family from out of town. Denise cared for her and assisted her with rescheduling the surgery since she could not have it as planned.*



Denise Darby

*Denise supported this woman with kind words, empathy and understanding. On the day the patient returned for her rescheduled procedure, after again making arrangements for her children, the surgeon was running very far behind on her OR schedule and was considering canceling the case. On this particular day, anesthesia, due to the late hour that the case was to start, was not going to have a provider available to do this procedure. This was devastating to the patient as you can imagine.*

*Denise immediately intervened on the patient's behalf and spoke to the surgeon, anesthesia, nursing, the patient, and the patient's family. Once Denise explained the situation to the Day Surgery OR staff, they willingly stayed over their require time to do the case. With her interpersonal skills, advocacy*

*and clinical decision making skills, anesthesia and her surgeon agreed to do the case, and the family accepted the responsibility of caring for her later than anticipated.*

*Without Denise Darby, RN, CAPA, this patient would have had to return for a third time to have a procedure done. In a difficult situation, facing difficult conversations with surgeons and anesthesia, Denise was the mediator and advocate for our patient and it ended with a favorable outcome to all.*

Denise was presented with the beautiful Lladro Nurse Statue, a \$300 cash award, plaque, and a scholarship for the next recertification fee.

Do you have a story to tell about how a CPAN and/or CAPA certified nurse advocated above and beyond to meet the needs of a perianesthesia patient and/or their family? Nominations are not due until February 1st so you have the next few months to look around you – identify a colleague who has taken a risk – who has identified strategies to meet patient needs by looking outside the box! Information about the ABPANC Advocacy Award is available at ANC's website at [www.cpancapa.org](http://www.cpancapa.org).

Register for  
exams given  
November 6,  
2004

## Dates to Remember

- Special test site request postmark deadline – **8/16/04**
- Initial application postmark deadline – **8/30/04**
- Late application deadline (must submit a \$50 late fee) – **9/6/04**

## Let Us Come To You! Request a Special Test Site!

Special test sites may be arranged for a minimum of 10 candidates. Visit our web site at [www.cpancapa.org](http://www.cpancapa.org) or call 800.6ABPANC to find out how to set up a special site. Postmark deadline to request a special test site is 8/18/03.

## Newly elected ABPANC Board Members:

Lori Crosby,  
BSN, RN, CAPA,  
Jamestown, NY

Michael Guillory,  
BSN, RN, CPAN, CAPA,  
Marksville, LA

## Newly elected Chair of the Exam Construction Committee:

Kathy Paskewitz,  
RN, CPAN,  
Manchester, Maryland

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## 1<sup>st</sup> Shining Star Award Recipient – MESPAN

### 2004 Inductees into the ABPANC Leadership Circle:

**Day Surgery Center**  
St. Luke's Episcopal Hospital  
Houston, TX  
**PACU**  
North Country Hospital &  
Health Center, Inc.  
Newport, VT

**Day Surgery Center and PACU**  
Rush-Copley Medical Center  
Aurora, IL

## Membership Recovery: Strategic Work Team

*Maureen Iacono, BSN, RN, CPAN-Coordinator, Member Recovery Strategic Work Team*

Membership numbers in ASPAN tend to fluctuate throughout the year, as new members join, and current members choose to rejoin, or perhaps let their dues lapse for an extended period of time, and discontinue membership. New members provide a great opportunity for ASPAN to become infused with diversity, new ways of thinking, and energy. Future leaders are cultivated as the new member is invited to participate, discover and achieve through committee work, publications, and conferences. Mentoring relationships develop and ASPAN grows stronger.

But ASPAN recognizes that the foundation of our nursing organization has been secured by nurses who continue to join year after year and to provide support and encouragement in a professional, meaningful way. Active involvement in ASPAN has multiple benefits. In the first place, it is a visible sign of professional attentiveness and responsibility. It conveys a message to others that ASPAN is a specialty nursing organization that provides some answers to tough real life nursing practice situations. Members know that ASPAN responds to their concerns regarding clinical practice, sets standards and develops guidelines. Members receive educational resources, and publica-

tions, which are timely and useful in the workplace. ASPAN works to promote research and validates practice through evidence-based work.

Although there are many nurses who choose to continue membership, each year ASPAN tracks a percentage of nurses who do not rejoin. Nurses may leave the specialty practice to pursue another career choice, or to retire. There are some nurses who join only to certify or re-certify at a lower personal cost. Some nurses have lost interest, or they are ambivalent about becoming engaged in professional activities. These nurses may even continue to rejoin on the national level, but have become disillusioned on the component level. How can ASPAN help?

Dina A. Krenzischek, MAS, RN, CPAN, ASPAN President, has created a work team to explore the problem of membership recovery. She stresses the importance of each individual nurse to ASPAN's success, and to the advancement of nursing practice. Her charge is that this team finds ways to bring back members, who might be disheartened or have lost interest in membership, and to recognize and show appreciation for members who contribute to ASPAN's work at every level.

The Strategic Work Team will

identify activities and strategies, which will recognize the contributions and achievements of individual nurses. We may interview long-term members to highlight their interest and commitment. Why is membership a priority in their professional life? What motivates them with the membership and in the work of nursing? We will develop packets for perianesthesia nurses to use for recruitment opportunities for nursing in general, and for our practice in the future. We will encourage our members to speak with pride about the work of nursing, and what we do on a daily basis that makes us so special. We will help create resources for any perianesthesia nurse to use when speaking to nursing students in a classroom or clinical setting.

We will track members who have not rejoined and ask why they made this choice. Are there needs we are not meeting? What have we missed? An effort will be made to reach out to perianesthesia nurse managers who have not previously chosen to join ASPAN. They will be encouraged to join themselves, and to role model active professional membership to all staff nurses who work in their units.

ASPAN is actively engaged in mentoring components who have identified leadership challenges. Membership recovery will extend

*continued on page 17*



to the components, to assist in retention of long time members at the grassroots level, and to help re-energize components. We will help the component find out what problems exist and work together to strengthen them. How can ASPAN best serve the component? How can we encour-

age volunteerism? If members have joined on the component level, what keeps them from participating?

We will endeavor to recognize the component that retains the most members in a year to award the work of retaining. At the ASPAN Leadership Institute in

the fall of 2004, the SWT for Membership Recovery plans to share strategies with each component related to recruitment and retention. We accept the charge of ASPAN's energetic president, Dina, and hope to bring multiple success stories. 🌿

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## Oral and Poster Research Winners

### **Pain Management of Patients in Post Anesthesia Care Unit**

Pamela E. Windle, MS RN CNA CPAN CAPA  
Herminia Robles, BSN RN CPAN CPAN CAPA  
Rebecca Krepper, PhD MBA RN CPAN

### **Evidence Based Practice in the Post Anesthesia Care Unit (PACU) – “Should Ambulatory Patients Void Before Discharge to Home?”**

Dina A. Krenzischek, MAS RN CPAN  
Robin Newhouse, PhD RN  
Mary O. Ares, RN  
Robin J. Lewis, BSN RN  
Felisa Tanseco, RN CPAN

### **A Comparison of Bacteriostatic Normal Saline and Lidocaine used as Interdermal Anesthesia for the Placement of Intravenous Lines**

Meggie Kwan, BSN RN CAPA  
Honey Warwick, BSN RN CAPA  
Pam Windle, MS RN CNA CPAN CAPA  
Agnes Sibayan, BSN RN CPAN  
Charito Espiritu, BSN RN CAPA  
Jennifer Vergara, BSN RN ONC CAPA

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*Deadline is  
November 1, 2004.  
Contact the  
National Office  
or check the  
ASPAN website  
for additional  
information.*



## **The ASPAN Foundation: A Vision in Action for Perianesthesia Nurses**



*ASPAN Dream Walkers*

The ASPAN Foundation is proud to highlight its efforts and activities to raise money during the ASPAN National Conference in Philadelphia. The ASPAN Foundation had three featured events at the conference. In addition there were several symposia on post-op nausea and vomiting sponsored by Abbott Laboratories, Baxter Healthcare, Inc. & Glaxo-SmithKline. Monies raised are used for funding of nursing scholarships, education, clinical practice and research. Our members realize that these are



*ASPAN loved Philadelphia*



*Charging up the "Rocky" steps*

fundamental to ASPAN's core values.

Sunday morning was perfect for the 9th Annual Foundation Dream Walk. Over 180 nurses participated in the walk, raising money for the Foundation through pledges. The Northwest PeriAnesthesia Nurses Association had the most pledges as a component and the Pennsylvania Association of PeriAnesthesia Nurses had the most participants in the Dream Walk.

The Silent Auction was another successful endeavor. There were a variety of items donated by ASPAN members from jewelry and baskets to a flag flown over Iraq in a B-12 bomber. Stryker Medical donated a treatment recliner chair valued at \$1,500,

with a winning bid of \$750. The Silent Auction profits were over \$4300. The Foundation Luncheon was a cruise on the Spirit of Philadelphia, with close to 500 nurses participating. ASPAN's Hail! Honor! Salute! campaign continued on the cruise with over \$8,100 raised.

Overall the amount of money donated by ASPAN members to the ASPAN Foundation was over \$23,000. ASPAN extends a heartfelt thank you for the generosity of time, spirit, and money from individual nurses. It is through the dedication of volunteers that make this truly a vision in action, which is working towards the core values of ASPAN: education, clinical practice, and research.



## National Conference Sponsors

ASPAN gratefully acknowledges the support of the following organizations for sponsoring the 2004 National Conference "Circles of Influence: Shaping Tomorrow's Definition of Perianesthesia Nursing"

Abbott Laboratories  
Arizant Healthcare, Inc.  
Baxter Healthcare, Inc.  
Georgia Association of PeriAnesthesia Nurses  
GlaxoSmithKline  
Hill-Rom Co., Inc.  
Illinois Society of PeriAnesthesia Nurses  
Kentucky Society of PeriAnesthesia Nurses  
Maine Society of PeriAnesthesia Nurses  
Michigan Association of PeriAnesthesia Nurses  
MO-KAN PANA and Metro KC District in MO-KAN  
Mosby/WB Saunders/Churchill  
New York State PeriAnesthesia Nurses Association  
New York State PeriAnesthesia Nurses Association – District 8  
North Carolina Association of PeriAnesthesia Nurses  
North Eastern Component Leadership  
Northwest PeriAnesthesia Nurses Association  
Pennsylvania Association of PeriAnesthesia Nurses  
PeriAnesthesia Nurses Association of California  
South Carolina Association of PeriAnesthesia Nurses  
Stryker Medical  
Texas Association of PeriAnesthesia Nurses

### 2004 Component Leadership Institute: "Vision in Action is in Your Hands"

*September 10 – 12, 2004  
Las Vegas, Nevada*

Join ASPAN leaders for an exciting weekend. Come share your passion, be empowered with our one voice and learn to magnetize other perianesthesia nurses with our values.

Presentations will include the "Nuts and Bolts of Being A Successful Component Leader" and "Transform Your Vision Into Action".

Be prepared to work, learn, be inspired, and have lots fun.

Each component receives two complimentary registrations. Program details and registration brochure will be available early summer. For information, contact Courtney Dachik, ASPAN National Office: 877-737-9696 ext. 17, or [cdachik@aspan.org](mailto:cdachik@aspan.org).



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# Educational Offerings

**August 7 & 8, 2004** PACNA (PeriAnesthesia Care Nurses of Arkansas) will hold its annual seminar in Little Rock, Arkansas. For further information, please contact Cathy Organ at PO Box 6055, Van Buren, AR 72956, or e-mail: omaha317@aol.com .

**September 24-26, 2004** Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) will hold its 6th Annual Retreat in the Rockies at Snow Mountain Ranch in Winter Park, CO. For information contact: Lynda Marks, RN, CAPA, 10227 Bentwood Circle, Highland Ranch, CO 80126; 303-771-1668 or e-mail lyndamarksrn@msn.com.

**September 24-26, 2004** Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) will hold its 6th Annual Retreat in the Rockies at Snow Mountain Ranch in Winter Park, CO. For information contact: Lynda Marks, RN, CAPA, 10227 Bentwood Circle, Highland Ranch, CO 80126; 303-771-1668 or e-mail lyndamarksrn@msn.com.

**September 24-26, 2004** NYSPAN Annual Conference, "Windows of Knowledge in Perianesthesia Nursing", Wyndham Hotel, Syracuse, NY. Contact Maureen Iacono at maureen.iacono@sjhsyr.org or 315 448 5065.


**September 25, 2004** Tennessee Society PeriAnesthesia Nurses TSPAN ANNUAL FALL FLING. Opryland Hotel, Nashville, TN Contact: Bobbie Irvine RN CPAN, 46 Powell Cove, Jackson, TN 38305 731-668-4839, bbirvine@bellsouth.net

**October 1-3, 2004** NCAPAN 2004 Annual Conference, Atlantic Beach, NC (Outer Banks). Contact: Gena Near at 336-945-0328 or via e-mail: gnear@wfubmc.edu or genanear@triad.rr.com .

**October 9, 2004** WISPAN (Wisconsin Society of PeriAnesthesia Nurses) will hold its Fall Seminar in Milwaukee, WI. For details and registration forms go to [www.slingshotrally.com/wispan](http://www.slingshotrally.com/wispan).

**October 15-16, 2004** PeriAnesthesia Nurses Association of California 25th Anniversary Celebration and Seminar at the Four Points Sheraton Hotel in San Diego, CA. For information, contact: PANAC, PO Box 86, Newcastle, CA 95658 or log on to: [www.panac.org](http://www.panac.org) .

**October 22-24, 2004** FLASPAN's 35<sup>th</sup> Annual Conference, "Steppin' Out. Learning More in 2004." Sheraton World Resort, Orlando Florida. Contact: Linda Boyum at (386) 756-0405 or Ann Kaplan at (850) 668-8262.

**October 23-24, 2004** MESPAN Fall Conference "PeriAnesthesia Challenges and Advancements" will be held at the Dana Center located at Maine Medical Center in Portland, ME. Speakers include: Myrna Mamaril MS RN CPAN CAPA, Donna White RN MSN CADAD CARN, and Cherylann Griffin, PharmD. To request a brochure please email [mespan@maine.rr.com](mailto:mespan@maine.rr.com). 

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For more information,  
contact Carol Hyman  
at the  
ASPAN National Office:  
877-737-9696 ext. 19  
or [chyman@aspan.org](mailto:chyman@aspan.org)

## 2004 Summer/Fall Seminars

### Perianesthesia Practice: Beyond the Basics

(Advanced-suitable for CPAN Review)

August 21, 2004 • Anchorage Alaska  
August 21, 2004 • Baltimore MD  
August 21, 2004 • Greenville SC  
August 28, 2004 • Manassas VA  
August 28, 2004 • Chico CA  
September 17, 2004 • Dalton GA  
October 2, 2004 • Irving TX  
October 9 2004 • Bridgeton MO  
October 16, 2004 • Phoenix AZ  
October 23 2004 • Batavia NY

### Legally Speaking: Just the Facts

October 30, 2004 • Minneapolis MN  
November 13, 2004 • St. Louis  
December 4, 2004 • Joliet IL

### Ambulatory Perianesthesia Practice: Beyond the Basics

(Advanced-suitable for CAPA Review)

August 22, 2004 • Anchorage Alaska  
August 22, 2004 • Baltimore MD  
August 22, 2004 • Greenville SC  
August 29, 2004 • Chico CA  
September 17, 2004 • Dalton GA  
October 2, 2004 • Irving TX  
October 9, 2004 • Bridgeton MO  
October 16, 2004 • Phoenix AZ  
October 23, 2004 • Batavia NY

### Management: Now You're the Boss

October 23, 2004 • W. Islip NY

### Aging: Everybody's Doing It

November 13, 2004 • Nashville TN

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