



Newsletter of the American Society
of PeriAnesthesia Nurses

Breathline

Volume 25, Number 4

July/August 2005

Cultural Competence in the Clinical Setting

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The Theory of Culture Care Diversity developed by nursing theorist Madeleine Leininger is a resource that ASPAN can utilize as we journey toward cultural competence. It is the broadest holistic theory, and it encompasses the entire perspective of human life, including language expression, folk patterns, social structure, environment, values, and cultural history. It goes beyond the awareness state and utilizes culture care knowledge to deliver responsible care. Most importantly, it teaches nurses how detrimental cultural blindness and ethnocentrism is to their daily practice.¹

As perianesthesia clinicians, it is important for us to realize that people of different cultures are often able to inform us about the appropriateness of care they desire and, thereby, guide our nursing practice. Understanding that some very basic concepts differ from one group to another is an integral part of the process. For instance, communication patterns, time orientation, family roles/relationships, self-care remedies, environmental control, literacy level, illness/health beliefs, and disease prevalence are pieces of the diversity puzzle. When they are correctly placed together to form unique pictures, there is a good chance that clients will receive culturally competent care and services. With knowledge comes the implementation of suc-



**Meg Beturne
MSN, RN, CPAN, CAPA
ASPAN President 2005-2006**

cessful strategies and attitudes that demonstrate acceptance, sensitivity, and mutual respect.

It is not difficult to imagine how beneficial it is for the pre-testing nurse to obtain a cultural history along with a physical one. What about the positive outcomes that can be realized when a sacred object, such as a medal or amulet, is kept as close to the patient as possible or a patient receives therapeutic touch prior to surgery or drinks "healing tea" in secondary recovery? This comprehension of the patient's cultural beliefs and their inclusion into the treatment plan is critical for success.

It is commendable that ASPAN does recognize the importance of diversity and culturally competent care. Diversity is one of the chosen ASPAN core values. Our vivid description states that we will diversify our membership. ASPAN Standard #1 speaks to patient rights and specifically mentions the consideration that must be given to culture, as well as socioeconomic status, personal

attributes, and nature of health care problem when working with patients, families, and the community.² ASPAN's *Pain and Comfort Resource Manual* contains a comprehensive description of cultural beliefs, values, and practices surrounding this phenomenon along with helpful interventions.

Since clinical practice is the heart of our existence, more initiatives are necessary, however, to move diversity forward in this area. Careful attention to the dynamics of difference needs to be stressed. Increased knowledge and skills attainment will happen through targeted educational programs and expert speakers. In addition, members of ASPAN will represent our organization at conferences involving minority nurses in order to bridge the cultural gap and move across the continuum to cultural proficiency. This is characterized by not only holding culture in high esteem, but also becoming a specialist in practice and an advocate for cultural competence throughout the health care system!

Ultimately, perianesthesia nurses will learn that cultural competent care needs to extend beyond distinctive racial/ethnic minority groups. It must include patients who are poor and those disenfranchised from mainstream society, such as the homeless, the addicts, the inmates, and the victims of domestic violence.

continued on page 2

**ASPAN National
Conference**

**"Perianesthesia
Nursing Diversity
...Touch the
World that
Touches You"**

**April 30–May 4,
2006
Orlando, FL**

www.aspan.org

President's Message

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An appreciation and celebration of diverse practice settings will also occur as nurses from remote sites where moderate sedation is given are encouraged to showcase their best practices. Likewise, our colleagues practicing in office settings, obstetrical units, or on Phase III nursing floors will be invited to share their expertise through articles and poster presentations.

Throughout this year I welcome your stories on how a patient/nurse interaction benefited from your understanding and delivery of culturally competent care. Perhaps you would also like to share the impact that diversity has had on

you personally, in relation to your peers and medical colleagues, and the positive outcomes that resulted in your practice. Hopefully, you will all become committed to the diversity process and say without reservation that you have the knowledge and the strategies and are ready to work with different people! 🌍

REFERENCES:

1. Tomey, A. & Alligood, M. (2002). *Nursing theorists and their work*. (5th ed.) St. Louis: Mosby.
2. American Society of Peri-Anesthesia Nurses: Standards of Perianesthesia Nursing Practice 2004. (2004). Cherry Hill, New Jersey, ASPAN.



ASPAN 25th National Conference April 30-May 4, 2006

Nancy M. Saufl, MSN, RN, CPAN, CAPA-
Coordinator, National Conference Strategic Work Team

Make your plans now to visit beautiful Orlando, Florida next April 30-May 4, 2006 for ASPAN's 25th National Conference for perianesthesia nurses. This historic conference will be held at the Gaylord Palms Resort and Convention Center that is located in the heart of Central Florida.

Bring your family and plan on a Florida vacation. Nearby theme parks include Walt Disney World featuring the Magic Kingdom, Epcot, MGM Studios & Animal Kingdom; Universal Studios & Islands of Adventure; Sea World; Wet and Wild; and many more attractions. Busch Gardens is not too far away on Florida's west coast and the Kennedy Space Center is just a short ride away on the east coast. Orlando is also the home to great shopping, including outlet malls, trendy shopping malls, and designer shops.

Plan now to join us in Florida as we celebrate ASPAN's 25th National Conference, *Perianesthesia*



Nursing Diversity: Touch the World that Touches You. Many excellent educational opportunities are being planned to enhance your knowledge, skills, and professional development. In addition, there will be multiple opportunities to network with your peers and have some fun in the Florida sun. Hope to see you there!

Look for more information on the 2006 conference on the ASPAN web site & in future issues of *Breathline*. 🌍

ASPAN Breathline

Published by the American Society of
PeriAnesthesia Nurses
Indexed in the Cumulative Index to Nursing
Allied Health Literature (CINAHL)
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17491 Merry Oaks Trail
Chagrin Falls, OH 44023

Deadlines for inclusion in *Breathline*:

Issue	Deadline
January	November 1
March	January 1
May	March 1
July	May 1
September	July 1
November	September 1

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Donna Seaman Honored with the Distinguished Service Award

Sandra Barnes, MS, RN, CPAN-ASPAN Past President 2003-2004

In 2001, the Past Presidents' Council created and established its Distinguished Service Award. This award recognizes distinguished lifetime contributions that have had a significant impact on fulfilling the mission of ASPAN. This award is given to honor a special individual's eminent service to ASPAN at the national level. Nominees' names are submitted for consideration and a winner is selected by the Past Presidents' Council.

This year's recipient, Donna Seaman, has given of herself in time and service to ASPAN as a Director representing OPANA, ASPAN National Conference Chairperson for Cincinnati 1991,



(L-r) Sandra Barnes, Donna Seaman, Debby Niehaus.

ASPAN Publication Chairperson, and Secretary for ASPAN. She has contributed to many committees and, most notably, has received the ASPAN President's Award.

Past President Debby Niehaus describes Donna as a close friend and a "great sounding board" especially during her presidency. She compliments Donna for sharing

her wisdom with ASPAN and OPANA members of all ages and for her tireless efforts to mentor and role model for future leaders.

Donna established and managed the Veterans Administration Peri-Anesthesia Unit in Cincinnati from which she retired after 32 years. She then embarked on a new career in PACU and PAT at the Jewish Hospital in Cincinnati while still doing special project assignments at her former VA Hospital.

Even now she volunteers her time back to ASPAN by serving on the 25th Anniversary Committee. She supports our past, our present and looks to the future. Donna is clearly very deserving of this honor. 🌿

CALL FOR EDITOR: *Breathline*

ASPAN is accepting applicants for the position of Editor, *Breathline*, ASPAN's bi-monthly newsletter. The position is effective January 2006.

Requirements

- ASPAN member.
- Experience with publication process.
- Effective communication skills, verbal and written.
- Knowledge of word processing and the Internet.
- Access to computer, facsimile and email.
- Registered perianesthesia nurse, certification preferred.
- Bachelor's degree required, Master's degree preferred.
- Three-year commitment.

Job responsibilities include the development of editorial content, hands-on collaboration with the National Office staff and design team on production of the newsletter, interacting with ASPAN's leadership and individual article authors, monitoring the performance of *Breathline* editorial staff, attending meetings of ASPAN's governing bodies and participating in educational opportunities for component newsletter editors. A detailed job description is available from the National Office.

If you are interested in the challenge of working for this prestigious publication and have the requisite qualifications, please submit the following information:

- Letter of intent
- Curriculum vitae
- Unpublished examples of writing skills
- Two letters of recommendation from sources familiar with your writing skills and editorial experience

Send via certified mail to:

Breathline Editor Search, ASPAN, 10 Melrose Avenue, Suite 110, Cherry Hill, New Jersey 08003-3696

Submissions must be postmarked on or before October 1, 2005.

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Adding Diversity to ASPAN ASPAN's 2005-2006 Board of Directors

President

Meg Beturne, MSN, RN, CPAN, CAPA – Meg is the Quality improvement Consultant for Perioperative Services and is a Staff Nurse at Maple Surgery Center in Springfield, MA. She is active on various component and national committees and lectures nationally on cultural diversity.

Vice President/President Elect

Pam Windle, MS, RN, CNA, CPAN, CAPA – Pam is currently the Nurse Manager of the PACU, Day Surgery, and Surgical Observation Unit at St. Luke's Episcopal Hospital in Houston, TX. She has served on numerous ASPAN committees and has published extensively on perianesthesia practice and research.

Treasurer

Lois Schick, MN, MBA, RN, CPAN, CAPA – Lois, serving the first year of her second two-year term, is currently working at Exemplar Lutheran Medical Center in Denver, CO, as a per diem nurse in the PACU. She has had numerous managerial positions and lectures nationally on various perianesthesia topics.

Secretary

Barbara Struthers, BSN, RN, CPAN, CAPA – Barbara, serving the second year of her second two-year term, is the Clinical Coordinator of Cosmetic/Reconstructive Surgery at Munson Medical Center in Traverse City, MI. She has lectured and written on various ambulatory perianesthesia topics.

Immediate Past President

Dina Krenzischek, MAS, RN, CPAN – Dina is the Nurse Manager in the Perianesthesia Care Units at John Hopkins Hospital in Baltimore, MD. She has published numerous clinical research articles and has served as ASPAN Director for Research for two terms.

Regional Director-Region 1

Sue Fossum, BSN, RN, CPAN – Sue, serving the first year of her second two-year term, is the Staff Developer for the University Surgery Center Operating Room and PACU at the University of California, Davis Medical Center in Sacramento, CA. She is also a Major in the US Army Corps, Reserves.

Regional Director-Region 2

Lila Berry Martin, BSN, RN, CCRN, CPAN – Lila, serving the second year of a two-year term, is currently an Education Specialist in Nursing Education and Staff Development at the University of Kansas Hospital and has many years of perianesthesia nursing and management experience. She has served on numerous ASPAN committees, including two National Conference Chairs.

Regional Director-Region 3

Kim Kraft, BSN, RN, CPAN – Kim, serving the first year of a two-year term, is the Nurse Clinician for PACU, Ambulatory Surgery, Pre-Admission Screening and Preop Holding at St. John's Mercy Medical Center in St. Louis, MO. She has been actively involved in ASPAN, including chair of the Membership/Marketing Committee.

Regional Director-Region 4

Theresa Clifford, MSN, RN, CPAN – Theresa, serving the second year of a two-year term, is currently a Clinical Nurse III in the PACU of Mercy Hospital and has numerous years of perianesthesia experience as well as management and education experience. She has been active in ASPAN, including Standards and Guidelines Committee Chair for several years.

Are you ready to add to the diversity of ASPAN?

Consider running for an ASPAN office in the coming year. ASPAN needs dedicated perianesthesia nurses to promote diversity into our practice. Your input and talents are needed to make this happen. Your participation is also vital in the committee work of ASPAN.

Your unique skills can be used in a variety of committees. The list of committees is available on the ASPAN website or by calling the National Office. We need the talents of members to promote our mission.

Look for more information on these opportunities in upcoming issues of *Breathline* or check the ASPAN website for additional updates.

Regional Director Region 5

Christine Price, MSN, RN, CPAN, CAPA – Chris, serving the first year of a two-year term, is currently the Director for Perioperative Services at Bayhealth Medical Center and has numerous years of perianesthesia clinical and management experience. She served as ASPAN's last Chair, Council of Component Presidents.

Director for Education

Kathleen DeLeskey, MSN, RN, CPAN – Kathy, serving the first year of a two year term, is currently teaching fundamentals of nursing and perioperative nursing at Lawrence Memorial/Regis College Collaborative ASN Program in Medford, MA. She has been active in both ASPAN research and education committees.

Director for Research

Myrna Mamaril, MS, APRN, CPAN, CAPA, CNS – Myrna, serving the first year of her second two-year term, is a Commander in the US Naval Reserves Nurse Corps and a staff nurse in the PACU at Johns Hopkins Hospital in Baltimore, MD. She has served on numerous committees, is the coordinator for the Aging Initiative, and is a Past ASPAN President.

Director for Clinical Practice

Karen Cannon, MN, RN, CPAN, CAPA – Karen, serving the second year of a two-year term, is currently a Staff Nurse in PACU, as well as the Infection Control Coordinator in a hospital in Eastern Washington. She has been very active on ASPAN committees and remains active on the component level.

Director for the Foundation

Jane Ehrhardt, BSN, RN, CPAN, CAPA – Jane, serving the second year of a two-year term, is currently a Per Diem Staff Nurse in the PACU at River Parishes Hospital and Memorial Medical Center. She has served as ASPAN Secretary and has been active on numerous ASPAN committees.

ABPANC President

Karen Niven, MSL, BSN, RN, CPAN – Karen, serving the second year of a two-year term, is the Assistant Director of Perioperative Services, Presbyterian Healthcare, Charlotte, NC. She is an Ex-Officio member of the ASPAN Board of Directors.

Chief Executive Officer

Kevin Dill – Kevin is the Chief Executive Officer in ASPAN. He oversees all activities of the ASPAN National Office in Cherry Hill, NJ. Kevin is an Ex-Officio member of the ASPAN Board of Directors.

Chicago National Conference Sponsors

*ASPAN gratefully acknowledges the support of the following organizations for sponsoring the 2005 National Conference
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ASPAN Press Corps: Vision In Action via Publications The 2004 Component Newsletter Contest

Barbara Putrycus, MSN, RN, CCRN—Publications Committee Chair

This year the ASPAN Component Newsletter Contest had 15 submissions. Each year the judges note the continuing improvement and professionalism in these newsletters. The submissions highlight the commitment of the components and their efforts to contain vital information to their membership. The submissions were divided into three categories, 1-8 pages, 9-14 pages, and 15+ pages, and then sent out for review by judges. The awards were announced during the closing ceremonies at the ASPAN National Conference in Chicago. In addition to the category submissions, every person at the National Conference was able to view the newsletters and vote for their choice, the People's Choice. There were 19 submissions for the People's Choice category. ASPAN congratulates each component that submitted their newsletter and encourages them to continue their written communication at the component level. 🌿

The winners of the newsletter contest were:



1-8 pages

MSPAN, The AROUSER

Editor Annette Williams



15+ pages

MAPAN, MAPAN Monitor

Editor Dolly Ireland



9-14 pages

SCAPAN, SCAPAN News

Editor Anne Dunning



People's Choice

ILSPAN Peri-Scope

Editor Marigrace Clarke

Thank you to the Particulars Editors:

Barbara Putrycus, MSN, RN, CCRN, Chair, Publications Committee;

Terri Gray, BSN, MEd, RN, CPAN

Cyndi Mocek, RN

Susan Pendle, MSN, RN, CPAN

Nancy Strzyzewski, BSN, RN, CPAN, CAPA

Salute to Kathleen Painter, BSN, RN, CAPA American Society of Perianesthesia Nurses Nurse Competence in Aging 2004 Award Winner

Awards

Myrna Mamaril, MS, APRN, CPAN, CAPA, CNS—Vice Coordinator ASPAN Geriatric SPG

Kathleen Painter, BSN, RN, CAPA, is passionate about caring for our older population. She is committed to improving the quality of life, as well as the quality of nursing care. Kate is zealous about her geriatric patients' rights to informed consent and safe patient care. She is not only committed to improving perianesthesia nursing care, but also the surgical care at her hospital.

Kate is active member in the Chesapeake Bay Society of Perianesthesia Nurses (CBSPAN) and the ASPAN Geriatric Specialty Practice Group (SPG). She has arranged for local district meetings that focus on the advocating

of legal rights for the elderly. Kate recently had her article, *The 'Eyes' of Efficiency in Ambulatory Surgery* published in the December 2004 Geriatric SPG Newsletter. In addition, she has presented her findings at AORN's Best Practice Poster Presentation last year at AORN Congress. Her innovative approach to streamlining care, improving geriatric satisfaction, while maintaining the dignity and respect of our elderly patients is to be commended.

Kate has presented locally and nationally on timely geriatric perianesthesia nursing issues. Most recently, Kate presented on informed consent controversies

during the Geriatric Imperatives Panel at the 2004 ASPAN National Conference. Kate is a consummate perianesthesia role model in the improving care of the elderly. She purposely takes time to educate new staff about the learning opportunities with older adults. The Nurse Competence in Aging Award is a true reflection of Kate's commitment to advance geriatric nursing practice in the perianesthesia setting, and she is an exemplary role model of our specialty who makes a difference every day for the older adults she serves!

ASPAN congratulates Kate on her dedication and work with the older adult community! 🌿

2004 Mary Hanna Memorial Journalism Awards

CLINICAL CATEGORY

1ST PLACE

Terri A. Gray, BSN, MEd, RN, CPAN
Susan Hawkins, BSN, RN

A PACU Crisis: A Case Study on the Development and Management of Methomoglobinemia

2ND PLACE

Damon Kamming, BSc (Hons) MBCHB
Frances Chung
Donna Williams, RN
Brid M. McGrath
Bruna Curti, BScN, RN
Pain Management in Ambulatory Surgery

3RD PLACE

Barbara Rakel, PhD, RN
Kella Herr, PhD, RN
Assessment and Treatment of Postoperative Pain in Older Adults

RESEARCH CATEGORY

1ST PLACE

Dina A. Krenzischek, MAS, RN, CPAN
Pamela Windle, MS, RN, CNA, CPAN, CAPA
Myrna Mamaril, MS, RN, CPAN
A Survey of Current PeriAnesthesia Nursing Practice for Pain and Comfort Management

2ND PLACE

Anne Dewar, PhD, RN
Jan Scott, BScN, RN
Janice Muir, MSN, RN
Telephone Follow-Up for Day Surgery Patients: Patient Perceptions and Nurses' Experiences

3RD PLACE

Lynn A. Anderson, BSN, RN, CPAN
Jeffrey B. Gross, MD
Aromatherapy with Peppermint, Isopropyl Alcohol, or Placebo is Equally Effective in Relieving Postoperative Nausea

BEST PRACTICE CATEGORY

1ST PLACE

Jeanne Scanlon
Becky Richards, BSN, RN
Development of a Same Day Laminectomy Program

2ND PLACE

Linda Wilson, PhD, RN, CPAN, CAPA, BC
Katharine Kolcaba, PhD, RN, BC
Practical Application of Comfort Theory in the PeriAnesthesia Setting

3RD PLACE

Stephanie Luck, BSN, RN
Jane Hedrick, PhD, RN
The Alarming Trend of Substance Abuse in Anesthesia Providers



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ASPAN Celebrate Successful Practice Abstract Presentations

24th National Conference, April 17-21, 2005, Chicago, IL

Hypothermia Incidences in the Perianesthesia Setting

Beverly Fuchs, BSN, RN

Zenaida Rodriguez, BSN, RN, CPAN

Dina A. Krenzischek, MAS, RN, CPAN

Creating a Unit-Based Clinical Nurse Specialist (CNS) in the Perianesthesia Setting

Dina A. Krenzischek, MAS, RN, CPAN

What Benefit Does an Automated Scheduling System have on Perianesthesia Nurses?

Felisa V. Tanseco, BSN, RN

Dina A. Krenzischek, MAS, RN, CPAN

Translating Practice from National Guideline to the Bedside: "ASPAN Unplanned Perioperative Hypothermia"

Nancy L. Rueckert, BSN, RN

Mary O. Ares, MSN, RN

Dina A. Krenzischek, MAS, RN, CPAN

Implementing a Preprinted PACU Order Menu for Pediatric Patients

Eva M. Lomax, BSN, RN, CAPA

Ira Todd Cohen, MD

The Pre-Anesthetic Program: Collaboration Among Advanced Practice Nurses to Enhance Patient Outcomes

Nancy Rudyk, BSCN, MN(c), RN

Janet Ahier, BSCN, MN, RN

Pre-Operative Preparation (POP) Class

Joey Robinson, BSN, RN

Kelly Imlay, RN

Karen Coleman, BS, CCLS

Amber Perkins, CCLS

Development and Implementation of a PACU-Based Orientation Manual

Kristin Alt Styer, BSN, RN

Developing an Educational Process and Implementation Plan for Managing Patient's Advance Care Directives

Victoria Sherry, RN

Establishing a Monthly Format for Continuing Education

Danielle Coutu, BSN, RN

Deidre Devaux, BSN, RN

Improving Patient Flow Through the Use of a Beeper System

Robert Veilleux, RN

Developing PACU Staff Members to Teach Required Unit-Based Competencies

Katrina Bickerstaff, BSN, RN

Perioperative Pain Management – Performance Improvement

Jacqueline Stege, BSN, RN

Karen Bry, BSN, RN

Janet Dougherty, MSN, RN

Glenna Hargreaves, PharmD

Nancy Bevan, MSN, RN

Gregory P. Bogdonoff, MD

Incorporating Research into Perianesthesia Practice

Margaret Netti, BSN, RN, CPAN

Denise O'Brien, MSN, RN, APRN, BC, CPAN, CAPA, FAAN

Toni Szpara, BSN, RN, CCRN, CPAN

Catalina McEachern, BSN, RN

Kimberly Porter, RN

Marlene Reyes, BSN, RN, CCRN, CPAN

Increasing Educational Offerings for PACU Nurses

Janet Gilbert, BSN, RN

Denise O'Brien, MSN, RN, APRN, BC, CPAN, CAPA, FAAN

Toni Szpara, BSN, RN, CCRN, CPAN

Elizabeth Lopes, BS, RN

Catalina D. McEachern, BSN, RN

Margaret Netti, BSN, RN, CPAN

Kimberly Porter, RN

Marlene Reyes, BSN, RN, CCRN, CPAN

The Safe Order Program: Reducing Medication Transcription Errors

Rosalie Lamphier, RN, CPAN

Karen Norton, BSN, RN

Implementation of a "Bed Captain" Role Decreases Transfer Delays Out of the PACU

Sarah Lookabill, MSN, RN

Becky Burks, MSN, RN

Vision in Action: Implementing the Unit-Based Clinical Nurse Specialist Role in the Perianesthesia Setting

Myrna Mamaril, MS, RN, APRN, CPAN, CAPA, CNS

Urinary Retention in the PACU: Total Joint Replacement Population with Spinal Anesthesia and/or Epidural Analgesia

Carol Majchrzak, MS, RN

Jacqueline Zeiler, BSN, RN

Karen Hoskins, RN, CPAN

Safe Titration of Opioids in the PACU

Jan Ryan, BSN, RN, CPAN

Michele Gray, RN, CPAN

Malignant Hyperthermia

Magdalena G. Smith, BSN, RN, OCN

Patient and Family Education Utilizing Modern Technology

Magdalena G. Smith, BSN, RN, OCN

Barbara Heckman, BSN, RN, CGRN

Family Visitation in Our PACU

Virginia Tashjian, BSN, RN, CPAN

Janet A. Kimbrough, RN, CPAN

Judith A. Lynch, BSN, RN

Kathy S. Cullen, MS, RN, CPAN

Developing and Implementing PACU/Phase II Recovery Patient Outcome Team

Melissa Thomas, BSN, RN

Sandy Williams, RN

CBSPAN Website: The Key to Success

Mary Kathryn Paskewitz, RN, CPAN

Michele Joynes, BSN, RN, CPAN

Julianne Harp, BSN, RN, CPAN

Karen Hoskins, RN, CPAN

Patricia Sendelbach, BSN, RN, CCRN, CPAN

Elizabeth Wilson, RN, CPAN

Redesigning Component and District Financial Processes for Optimal Outcomes

Chris Price, MSN, RN, CPAN, CAPA

Jerry Huggler, Controller

Connie Gull, MPS, BSN, RN, CPAN

Shelly Joynes, BSN, RN, CPAN

Susan Bonner, BSN, RN, CPAN

Katie Fortier, RN, CPAN

Karen Hoskins, RN, CPAN

Joy Reece, BSN, RN, CPAN

Shared Governance Using the Core Team Approach

Vicki Yfantis, CRNP, CPAN

Darlene Gangloff, RN

Pre-Op Teaching for Joint Replacement Surgery Patients

Tessie Santiago, BSN, RN, CPAN

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Herminia Robles, BSN, RN, CPAN

Successful Implementation of Electronic Clinical Documentation in Perianesthesia Setting

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Herminia Robles, BSN, RN, CPAN

Lillian Bailey, BSN, RN, CAPA

Meggie Kwan, BSN, RN, CAPA

Improving Patient/Family Satisfaction Through PACU Nurse Liaison

Herminia Robles, BSN, RN, CPAN

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Tessie Santiago, BSN, RN, CPAN

Ray Rivera, BSN, RN, CPAN

Staff Readiness for JCAHO Preparation

Jennifer Vergara, BSN, RN, ONC, CAPA

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Videlyn Ilacio-Uy, BSN, RN, CPAN

Agnes Sibayan, BSN, RN, CPAN

Sylva McClurkin, RN, CAPA

Exploration of Nurse-Nurse Practitioner Partnerships

Ruth J. Bryan, MSN, RN, CCRN

Bridget Manley, MPH/HA, RN

Donna M. Slicis, MS, APRN, BC

Jennifer Neves, MSN, APRN, BC

Maintaining Communication with Parents of Children in the Perioperative Setting

Ruth J. Bryan, MSN, RN, CCRN

Janet D. Quigley, MSN, RN

Pam Wrigley, MS, RN

We are PAINED!

Joan Braccio, BSN, RN

Ruth J. Bryan, MSN, RN, CCRN

Bridget Manley, MPH/HA, RN

Utilizing Baby Steps in Promoting Unit-Based Research

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Our Successful Pediatric Sedation Practice at St. Jude

Amanda Serge, BSN, RN, CPAN

Fred Hatler, RN

Developing a Perianesthesia Educational Consortium: Putting Theory into Practice

Jeri Craine, MN, RN

Marsha Craig, MN, RN

Valerie Gillis, MSN, RN

Starlight Room: Alleviating Pediatric Procedural Pain in an Anesthesia-Supervised Sedation Service

Bethany McCollough, RN

Betty Woolfolk, BSN, RN, CPN

"They said it couldn't be done...Primary Nursing in a Same Day Surgery/Phase II PACU setting"

Bethany McCollough, RN

Vanessa Tolliver, RN



Component Leaders: Visioning in Action at the National Conference

Highlights from the Component Presidents' Meeting at National Conference

Chris Price, MSN, RN, CPAN, CAPA-ASPAN Regional Director, Region Five

What a privilege it was to welcome all the Component Presidents to their annual meeting for recognition and networking with each other and the ASPAN Board of Directors. As the last Chair of the Council of Component Presidents, it was a great opportunity to reconnect with all those leaders who worked so diligently for their members over the past year. This meeting is as much a celebration of our practice as it is a collaboration of our leadership, a meeting of the 'minds,' as well as the 'hearts' of perianesthesia nurses. This is always one of my favorite meetings during National Conference because it is both inspirational as well as thought and mission provoking.

The meeting began with a warm welcome from our ASPAN President, Dina Krenzischek. Dina openly shared her vision and reminded us that: *"As individuals, you make a difference; as components, you have an immense power to influence change; and as an organization, your power is unlimited."* Clearly, Dina's legacy and testimony to that statement are evident by her own vision in action for our members and our society.

Each attendee was given a Component President's Reference Packet for use in their components; it included a variety of references about ASPAN, such as its organizational chart, sample forms and award applications, contact information for National Staff/Office, and ASPAN seminar information.

Lois Schick, ASPAN Treasurer,


spoke to the group about the component aid program. The component aid program was developed as a mechanism to further enhance the original intent of the component grant program and to best target funding needs to those components identifying a need of financial support. Discussion and clarification about the means to determine needs and assessments followed, with many examples of support for the new program.

Dina Krenzischek then briefly introduced the ASPAN Revitalization Program, an initiative that came about because of the identification of a component in need and at risk for dissolving because of inactivity. The goal of the program was to provide support and mechanisms to allow the component to survive beyond its crisis phase and focus on immediate and future needs. ASPAN and the Board of Directors then made a strategic decision to re-commit to critically review and evaluate its strategic plan to successfully integrate the professional support and growth of each member.

Each Regional Director then presented to the group some of the critical initiatives currently in process to support strategic goals to improve component support, recognition, communication and accountability, to provide education (clinical, non-clinical, financial, technological) that supports components' needs; to mentor leaders and provide management strategies, and to improve professional practice. Karen Niven,

ABPANC President, stressed the importance of certification.

Chris Price, 2004-2005 Chair of Component Presidents' Council, reminded the group how seriously ASPAN leaders took the concerns that were raised at the last Component Presidents' Luncheon: the expedient need to review responsibilities and the addition of a Region Five Director position in lieu of the Council of Component Presidents position. This initiative was quickly developed under the leadership of Nancy Saufl and her strategic work group with the support of the ASPAN Board.

Each component president received a component president pin and well-deserved recognition. Dina had also bought special stars for each component president; these stars were made by school children to raise money to support troops overseas. To conclude the meeting Chris Price reminded the group that, in the words of John Maxwell, *"A candle never diminishes its own flame by lighting another."* 



Chicago Conference Attendees Demonstrate Vision in Action for the Foundation

The ASPAN Foundation is proud to highlight its efforts and activities to raise money during ASPAN's 24th annual National Conference in Chicago. The ASPAN Foundation held three featured events at the Conference: The Dream Walk, Silent Auction and the Luncheon. In addition, Baxter Healthcare, Adolor/Glaxo-SmithKline, Endo Pharmaceuticals, and GlaxoSmithKline provided satellite symposia. Monies raised are used for funding of nursing scholarships, education, clinical practice and research. Our members realize that these are fundamental areas to ASPAN's core values.

Even though it began to rain during the 10th annual Foundation Dream Walk, a good time was had by all. Over 190 participated in the walk, sponsored by the Illinois Society of PeriAnesthesia Nurses, raising money for the Foundation through pledges and registrations.

The Silent Auction was another successful endeavor. There were a variety of items donated by ASPAN members and industry. ASPAN member Jane Lind donated a week's stay at her summer beach home garnering a winning bid of over \$3,000! Stryker Medical donated a leather massage chair that had a winning bid of \$750. Silent Auction profits at this year's Conference exceeded \$6,200.

The sold-out Foundation Luncheon was sponsored by Merck and Company, Inc. Luncheon speaker, Dorothy Leeds, gave a thoughtful presentation on the power of questions. ASPAN's *Hail! Honor! Salute!* initiative continued throughout the Luncheon and raised over \$10,000.

In conjunction with **CareClicks.com**, the ASPAN Foundation is very pleased to announce our new online shopping mall. With over 800 merchants, you are just one click away from thousands of great products and services. Best of all, a portion of every purchase is provided to our Foundation as a fundraiser. There's nothing to sell, nothing to join -- just save money and time (many exclusive coupons, free shipping and no sales tax; no need to search the Web for a merchant, product or service). Just go to the ASPAN website, click on the **CareClicks.com** link on the

homepage, start shopping and saving money.

ASPAN extends a heartfelt thank you for the generosity of time, spirit, and money from individual nurses. It is through the dedication of volunteers that made this year's National Conference truly a vision in action, which is working towards the core values of ASPAN: education, clinical practice, and research.

We look forward to continuing the great strides we have made as we celebrate ASPAN's 25th anniversary in Orlando, Florida, next year as we 'touch the world that touches you'. 🌿

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TO HELP SAVE HUNDREDS**



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Employment Office, Saint John's Health Center, 2020 Santa Monica Blvd., 3rd Floor, Santa Monica, CA 90404. Call Marjorie Allen at (310) 829-8824, toll-free: (866) WORK4ME Fax: (310) 315-6130. E-mail: nursejobs@stjohns.org. Apply online at: www.stjohns.org.

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THE SPIRIT OF GIVING.



**Singing the Blues
at Component Night**



**The Bair Paws
Fashion™ Show**



**Leann Thieman
shares her inspiring story**



**The excitement of
opening the exhibit hall**



**Planning out
the educational week**



**Grassroots leadership
came together at the Component Presidents' luncheon**



Honoring the ASPAN military members at the Military Reception



Dancing the night away at the President's Reception



Good friends getting together at the President's Reception



**Ready, Set, Walk!
The annual ASPAN Foundation Dream Walk**



The ASPAN Representative Assembly in Action



Enjoying the sights of Chicago



Call For Research Abstracts For ASPAN's 25th National Conference In Orlando, Florida

Wanda Rodriquez, MA, RN, CCRN-ASPAN Research Abstract Coordinator

Research Presentations

The Research Committee is once again pleased to provide active perianesthesia nurses the opportunity to present previously completed, unreported, original research findings from studies pertaining to all phases of perianesthesia nursing at the 25th National Conference. The conference will be held in Orlando, FL on April 30-May 4, 2006. A choice of oral and/or poster format may be selected for presentations of perianesthesia research.

Oral papers will be presented on Tuesday, May 2nd during the afternoon session, "Oral Research Presentations." Poster displays will be Monday, Tuesday and Wednesday. Poster grand rounds for contact hours are scheduled for Tuesday. Poster presenters are requested to be in attendance on those days. Poster display sections are assembled on an assigned 4' x 8' free-standing poster board of neutral color poster board of Velcro material.

Research abstracts of oral and poster presentations from past conferences are published in the June issue of the *Journal of Peri-Anesthesia Nursing (JoPAN)* and may be helpful in the development of your abstract. Other helpful sources include: "Preparing to give an Oral Presentation of Research Findings" (Vogelsang, 1993) *Breathline*; "Guidelines for Developing a Research Poster for Presentation" (Vogelsang, 1994) *JoPAN*; "More informative abstracts revisited" (Hayes RB et al. 1990) *Annals of Internal Medicine*; and "Celebrating Successes through Poster Presentation" (Windle, Oct. 2001) *JoPAN*.

If you or any of your staff are interested in presenting your research findings at the 25th National Conference in Orlando, FL, please submit the completed ASPAN Research Abstract Submission Checklist Form along with five copies of your abstract (in approved format- see below) for anonymous peer review. Acceptance of abstracts will be based on scientific merit and adherence to the submission guidelines listed below. Abstracts not adhering to these guidelines will not be reviewed. First authors in both formats will receive an honorarium and award certificate.

Application Deadlines

Oral paper Presentation:

Postmarked by November 1, 2005

Notification from the Reviewers:

December 10, 2005

Poster Display Presentation:

Postmarked by November 1, 2005

Notification from the Reviewers:

December 10, 2005

Guidelines for Abstract Submission

Please submit one 8½" x 11" page with 1" margins using 12 pitch or pica type, single spaced, flush left margin. Do not exceed 200 words. Submit 5 original copies of the abstract with full identification (title, presenter(s), and affiliation) for publication exactly as submitted. Submit 6 copies of the abstract with the title only for anonymous peer review. Send unfolded abstracts and application form in a large envelope with cardboard protection for the materials.

Enclose a self-addressed, stamped envelope or postcard for confirmation of receipt. Please mail the abstract and ASPAN Submission Checklist Form with required documentation (ASPAN Membership Card and IRB approval letter) to:

ASPAN

ATTN: Research Committee/
Research Abstract Submission
10 Melrose Avenue, Suite 110
Cherry Hill, NJ 08003-3696

IF YOU PLAN ON SUBMITTING A RESEARCH ABSTRACT, PLEASE CONTACT THE NATIONAL OFFICE FOR A FULL LIST OF GUIDELINES AND REQUIREMENTS.

Special Note: National Conference abstracts/posters are displayed in 2 Categories with different requirements for each (Celebrate Successful Practice Category and Research Category) Both have very specific guidelines and requirements. *It is the responsibility of the member to correctly select the appropriate category and meet the appropriate calendar deadlines for submission.* 🌿



Celebrate Successful Practices Call For Abstracts For ASPAN 25th National Conference, Orlando, Florida 2006

Call for Abstracts

“Celebrate Successful Practices” is about members sharing with colleagues, solutions to some common day-to-day practice dilemmas. It is always amazing to discover that the challenges occurring in your unit every day are often similar to those that other’s experience all over the country. This is an opportunity to present successful practices that you have achieved with other ASPAN colleagues. Have you developed a new program to accommodate family visitation in the PACU? Would you consider sharing how you have improved the flow of patients through your busy preadmission unit? Have you found success in a new staffing pattern in your ambulatory surgery area? These are just a few ideas to start you thinking, however submissions may be derived from any successful practice related to perianesthesia nursing. Please consider submitting your best practices to the Celebrate Successful Practice committee for review. If your abstract meets the criteria listed below, you will be invited to display your practice in a poster at the 25th National Conference in Orlando during a poster session. Active ASPAN members can now begin submitting abstracts.

If you are interested in presenting a poster display of your successful practice, please submit an abstract for anonymous peer review. Abstracts will be accepted based on creativity, applicability, and the impact on perianesthesia health care delivery as it relates to management, education, orientation, and/or patient.

Posters will be on display during National Conference. Posters

will be assembled on an assigned 4' by 8' free-standing neutral color bulletin board of Velcro friendly material. More specific information regarding the presentation format will be forthcoming.

Application

Please submit a cover sheet listing the project leader: ****Identified project leaders must be ASPAN members.**

Copy of ASPAN membership card must be included. Please include: Name, credentials, position, institution/hospital affiliation, city and state as well as home address, telephone numbers (work, home, fax, e-mail if available). Please list the names of all other team members. Please indicate the setting for the successful practice project (pre-admission, Phase I, II, or III PACU, endoscopy, etc.)

Format for Abstract

Only abstracts that include the content outlined in the Format requirements below will be reviewed. **Please make sure that your abstract includes all requirements listed below.** This may be done in paragraph or outline format, but the body of the content should not exceed 200 words.

- Title of program or project
- List of each of the members of the project team
- Background information related to problem identification
- Objectives of project
- Process of implementation
- Statement of the successful practice
- Statement of the positive outcomes achieved
- Implications for perianesthesia nurses

Guidelines for abstract

Abstracts should be on 8½" x 11" paper, single-spaced, with one inch margins. Only 12-point type should be used. Submit six (6) copies of the abstract. Four copies should be anonymous for peer review purposes. Two copies should have complete identification. Copies of the abstract and the application cover letter should be sent unfolded in a large envelope to ASPAN, Celebrate Successful Practices, 10 Melrose Avenue, Suite 110, Cherry Hill, New Jersey, 08003-3696.

Application Deadlines

Applications **MUST** be postmarked by **November 15, 2005** to be considered.


*Applications arriving after this deadline **will not be reviewed** and will be returned.*

Notification of Acceptance:
December 31, 2005.

Special Note: National Conference abstracts/posters are displayed in 2 Categories with different requirements for each (Celebrate Successful Practice Category and Research Category) Both have very specific guidelines and requirements. *It is the responsibility of the member to correctly select the appropriate category and meet the appropriate calendar deadlines for submission.* 🌿

Breathline

Volume 25, Number 4
July/August 2005



Nurses make a difference every day in the lives of patients and families. Dedicated perianesthesia nurses also contribute in countless ways to the success of ASPAN. Their commitment and service excellence are valued. The story of nursing, and the enthusiasm and expertise of our specialty nurses shares an impressive message. ASPAN started a new award, the ASPAN stars to highlight these nurses.

The ASPAN nurses who were recently designated as ASPAN stars were recognized during ASPAN's 24th National Conference in Chicago, April 2005. A poster display highlighted their names on large individual stars for attendees to see at the ASPAN Registration Area. Selected comments submitted about the difference these nurses make in the lives of patients, their families, and ASPAN are highlighted in this tribute. Some contributions are on the component level; these have a ripple effect on all ASPAN members. Their component contributions will inspire others to submit more names for ASPAN Star designation. ASPAN is eager to learn of their service excellence, and to share their short sto-

ries with all members. Several ASPAN Star designees are named for contributions on the national level, and ASPAN encourages further submissions for this recognition as well.

How are they named? Someone saw or experienced the contributions of another ASPAN nurse that ought to be shared with the rest of us! Forms for Star Recognition can be found on the ASPAN website, www.aspan.org. The contributions of ASPAN stars met one of the following criteria:

- Make a significant, positive impact on ASPAN colleagues through collaboration, esprit de corps, on a project
- Make a significant contribution to the current work of ASPAN
- Make a positive impact on service excellence in the promotion of ASPAN in the community and/or in the workplace

In the May issue of *Breathline* we highlighted the ASPAN members who contributed on the component level. We now want to focus on those who contributed on the national level.

Jennifer Allen for her outstanding contribution to advancing geriatric nursing in our perianesthesia settings.

Ellen Sullivan for leading ASPAN's session to 'Celebrate Successful Practices' during the ASPAN 2005 National Conference.

Sylvia Baker, Donna Davitte, and Stephanie Kassulke for serving as peer reviewers for ASPAN's 'Excellence in Clinical Practice Award'. They were all excited to do this, and submitted the information on time to the National Office! They were also very consistent in responding to perianesthesia nurses clinical practice questions which were posed to them.

Mary Sutton, Susan Carter, Pam Myrum, and Barbara Godden, had an enormous task, as they were asked to provide peer review for the 'Celebrate Successful Practices' ASPAN sessions. They performed in an exemplary manner.

Janice Lopez and Susan Russell are named ASPAN stars for their outstanding timely responses to clinical practice questions sent to ASPAN. They are truly dependable and always on time.

ASPAN Star Recognition forms can be obtained on the website, www.aspan.org 

Emily Allen, RN, CPAN, Receives ABPANC's 5th Annual Advocacy Award

The 5th annual ABPANC Advocacy Award was presented at the CPAN/CAPA Celebration Breakfast April 18, 2005 to a very surprised Emily Allen, RN, CPAN, Clinical Manager of the PACU and Stepdown Unit at The Childrens Hospital at OU Medical Center in Oklahoma City. This award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate and is the highest accolade given to a certified nurse. Nominated by a staff nurse colleague, Angela

Knisley, the following exemplar was submitted describing only one of many instances when Emily truly advocated for a patient and his family.

Emily was presented with the beautiful Lladro Nurse Statue and a scholarship for her next recertification fee. Angela, as the individual who took the time to submit the exemplar, received a \$100 cash award. The unit in which Emily and Angela work received a \$350 award to use for certification/recertification fees, books, or continuing education.

Do you have a story to tell about how a CPAN and/or CAPA certified nurse advocated above and beyond to meet the needs of a perianesthesia patient and/or their family? Nominations are not due until February 1st so you have the next few months to look around you – identify a colleague who has taken a risk – who has identified strategies to meet patient needs by looking outside the box! Information about the ABPANC Advocacy Award can be found on ABPANC's website at www.cpancapa.org.

CertificationNOW

Recertifying in November?
Recertification application materials due **postmarked** November 1st, 2005.

Register for exams given November 5, 2005

Dates to Remember

- Special test site request postmark deadline – **8/22/05**
- Initial application postmark deadline – **9/5/05**
- Late application deadline (must submit a \$50 late fee) – **9/12/05**
- Test site transfer request postmark deadline – **10/3/05**

Recertifying in November?

NOTE THE CHANGE IN THE POSTMARK DEADLINE!!

Recertification application materials are due **postmarked no later than November 1st, 2005**. In the past, the postmark deadline was November 30th.

Newly elected ABPANC Board Member:

Congratulations go to **Maria Anderson, BSN, RN, CPAN** of Beaverton, Oregon!

★★★★★★★★★
2005 ABPANC Shining Star Award Recipients
AzPANA and NPANA
★★★★★★★★★

Breathline

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I would like to share with you a shining moment of patient advocacy that occurred at my work place. We recently had a patient in our unit who touched all our hearts and lives. This young patient suffered from a brain tumor and underwent surgery twice to attempt to reduce the size of the tumor. My colleague first met the patient and family at the time of the second surgery. Following that surgery the young patient was scheduled for six weeks of radiation therapy requiring general anesthesia every day.

Every Monday morning the patient and family entered the outpatient unit to have intravenous ports accessed for use by the anesthesiologists. After radiation treatment the patient came to the PACU for a period of recovery and observation and then was discharged home. My colleague has observed this process often and has implemented many changes that help families deal with the repeated stress and frustration of daily treatments. These steps and process changes are all made with the patient in mind.

On the first day of treatment she personally met with the family and patient to tell them exactly what to expect. She provided them with her cell phone number, pager number and instructed them to contact her at anytime to answer questions and explain routines and activities. In addition, she assigned one or two primary care nurses in the PACU as resources and daily care givers. Following radiation treatments the patient was brought to an isolation room to recover. This provided a consistent environment with very few surprises for a young child. She also made sure the parents follow the patient into the PACU to be present when their child awoke. Sometimes these children are hungry and ready to eat so she made sure breakfast was selected by the patient pre-op, ordered and ready for the patient post-op. This process is applied to all patients however it was especially appreciated by this small patient and his family. For some reason it seemed to make a really big difference in his care. We soon learned he liked pancakes and made arrangements to get double pancakes delivered to the PACU. His father was very grateful and shared with the staff it was sometimes the only meal he would eat. His father refused to eat or even have a cup of coffee until his son was ready to eat. My colleague made sure a hot cup of coffee was available for Dad in the PACU at just the right moment.

With weeks of therapy it was not long before a bond was formed with patient and nurse. She began coming to work two hours early on Monday mornings to access this young patient's port. Outpatient surgery is busy early in the mornings and this patient often needed extra attention and care. She developed a game with him that put him in control of his care. The game was Red Light/Green Light. Basically, if the light was red he was not ready for her to start her work and when he gave the green light she could do what needed to be done to prepare him for his treatment. Soon all his special needs were known by other primary care nurses.

A short while after radiation treatments were completed our young patient returned for an MRI. The results were not good and revealed his tumor had grown. His family and physician were shocked. Another brain surgery was scheduled to attempt an excision. After an all day procedure our young patient entered the PACU and was placed in his special isolation room with two of his nurses for recovery. Parents and extended family were all part of the patient's recovery. The family learned there was little more that could be done for the tumor and resources were contacted at St. Jude's and Johns Hopkins to assure the family all was being done that was available. Family and staff all cried. As a result the patient was kept in the PACU an extra long time this day to allow the family a chance to grieve and process the news with friends and caregivers who all understood their special needs. My colleague adjusted the rules because once the patient was transferred to the Pediatric ICU visitation would be much stricter.

A few days after surgery a friend of the family called my colleague and shared how grateful and appreciative the family was for her and all the PACU staff. His mother stated the PACU was the one place in the hospital the patient felt safe. If they had to hear bad news it was right to hear it with the nurses that cared so much for all of them. Without my colleagues innovative and caring insights for this patient and his family everyone would have been confused and frustrated for his six weeks of treatment. If not for her sincerity, compassion, competence, care and example this family would have missed precious moments in this young child's life. This nurse made a difference.

2005 Inductees into the ABPANC Leadership Circle:

Day Surgery Center
St. Luke's Episcopal Hospital
Houston, TX

PACU
North Country Hospital & Health Center, Inc.
Newport, VT

Day Surgery Center and PACU
Rush-Copley Medical Center
Aurora, IL

Governmental Affairs Committee: Touching All Of ASPAN

Maureen F. McLaughlin, BSN, RN, CPAN-ASPAN Governmental Affairs Committee Chair

ASPAN's Governmental Affairs Committee has had some leadership changes this year. After many years of diligent service, Gena Near has stepped down as committee chair, but will remain on the committee as a very active member. We extend many thanks to Gena for her dedication to keeping ASPAN members up to date on the activities in Washington.

Our committee is composed of a chairperson and committee members chosen from ASPAN membership who submit a Willingness to Serve form. The purpose of this committee is to monitor and review federal and state laws, regulations, and administrative actions that affect perianesthesia nursing and its practice. This committee's primary focus is on federal issues, while component governmental affairs representatives monitor state issues.

Each committee is assigned to a number of components, most within their region. The role of the ASPAN Governmental Affairs (GA) Representative is to interact with the Component GA Representative by sharing with them up to date legislative information at the federal level. In turn, the Component GA rep can share state or component information, so that ASPAN can keep abreast of issues nationwide.

Individuals may also access the Governmental Affairs page at the ASPAN website. Bimonthly updates, the *Governmental Affairs Primer*, and other items of interest are posted here. We hope to see an increase of activity at this site this year. We also welcome any suggestions, questions, or concerns, as our committee is here to serve you, the member. 🌱

Maureen McLaughlin	* MASPAN (Massachusetts) VT/NH APAN (Vermont/New Hampshire)
Patricia Barrett	* AzPana (Arizona) NevPANA (Nevada) USPAN (Utah)
Lori Slade Colvin	PANANM (New Mexico) RMPANA (Colorado/Wyoming/Nebraska panhandle)
Donna Goyer	* VSPAN (Virginia) WVSPAN (West Virginia) CBSPAN (Maryland/Delaware/Washington, DC)
Matthew Martin	* PANAC (California) NPANA (Alaska/Idaho/Montana Oregon/Washington) HIPAN (Hawaii)
Jeannie Mauser	* FLASPAN (Florida) CSPAN (Connecticut) RIAPAN (Rhode Island)
Angela McClendon	* NCAPAN (North Carolina) SCAPAN (South Carolina) TSPAN (Tennessee)
Gena Near	INSPAN (Indiana) MeSPAN (Maine) PAPAN (Pennsylvania)
Anita Olbek-Tooker	ALAPAN (Alabama) MSPAN (Mississippi)
Helen Riedesel	* ISPAN (Iowa) MNDKSPAN (Minnesota/North Dakota/South Dakota) NAPAN (Nebraska)
Susan Russell	* TAPAN (Texas) OSPAN (Oklahoma) KSPAN (Kentucky)
Margaret Stevens	* MAPAN (Michigan) WISPAN (Wisconsin) OPANA (Ohio)
Michele Stieffel	* LAPAN (Louisiana) PACNA (Arkansas)
Denise Sullivan	* NJBPANA (New Jersey/Bermuda) GAPAN (Georgia) NYSPAN (New York)
Candace Taylor	* MO-KAN PANA (Missouri/Kansas) ILSPAN (Illinois)

* indicates home component

Leading Researcher Selected for ASPAN 2004 Outstanding Achievement Award Winner

**AOA
Winner**

Kim Kraft, BSN, RN, CPAN—Immediate Past Chair, Membership/Marketing Committee

Susan Fetzer, PhD, RN, CCRN was presented with the 2005 Award for Outstanding Achievement during opening ceremonies at National Conference in Chicago. Dr. Fetzer was nominated by her nursing colleagues because of her devotion to research that supports our professional practice. She has had a long-standing relationship with ASPAN at both the state and national level as well as with ABPANC, the national certification board for perianesthesia nursing. Her accomplishments include contributions to the *Perianesthesia Nursing Core Curriculum* and Perry and Potter's *Basic Nursing 5th Edition*. She has given presentations across the country as well as in Europe and Asia. She serves on the board of directors for the New Hampshire Nurses Association, the New Hampshire State Board of Nursing and a member of the State of New Hampshire Commission to Study Medical Errors and Their Causes. She is also an Associate Professor in



**Susan Fetzer (l)
and Dina Krenzischek**

Clinical Nursing at the Elliott Nursing Center for Practice and Education. She has “strived to challenge perianesthesia nurses, promoting critical thinking and establish credibility while endorsing ASPAN as the premier organization for the voice of perianesthesia nursing.”

The Award for Outstanding Achievement was developed to honor an individual whose commitment to excellence has furthered the art and science of perianesthesia nursing. The award criteria include:

- Must be a current member of ASPAN
- Demonstrates outstanding

knowledge and expertise in the practice, education, research, and/or management areas of perianesthesia nursing.

- Made contributions to or through perianesthesia nursing that have affected the community, region, or country.
- Influenced perianesthesia nursing in a professional role nationally
- Is recognized by peers and others as an expert and leader in the field of perianesthesia nursing as validated by two letters of reference.

ASPAN is pleased to present Dr. Fetzer the 2005 Award for Outstanding Achievement. She will receive complimentary registration, airfare and four nights hotel accommodations to the 2006 National Conference, as well as an engraved crystal plaque. Her colleagues agree that she is always willing to offer advice, expertise, and support and has proven herself to be a true mentor. 🌿

ASPAN is pleased to announce the hiring of a part-time nurse educator to the staff of the National Office. Linda Wilson, PhD, RN, CPAN, CAPA, BC, has been hired as ASPAN Nurse Educator effective June 1, 2005. Linda has considerable experience in the perianesthesia field, working at hospitals in the South New Jersey area, along with Thomas Jefferson University and Drexel University in Philadelphia. Linda also comes to the National Office with extensive ANCC experience, as she was appointed a member of review teams of ANCC. She has also served as ASPAN President 2002-2003. Linda will be responsible for ANCC oversight along with other Nurse Educator duties in the National Office. 🌿

Breathline

Volume 25, Number 4
July/August 2005

The First Two-Time Winner of ASPAN's Gold Leaf Component of the Year Award! *PeriAnesthesia Nurses Association of California*

Kim Kraft, BSN, RN, CPAN—Immediate Past Chair, Membership/Marketing Committee

Last year when Dina Krenzischek challenged members to “turn vision into action,” ASPAN components responded by looking critically at their strategic goals and formulating action plans to achieve those goals. Receiving the Gold Leaf Award recognizes a component for its ability to turn their strategic visions into actions. It validates the dedication, hard work and passion for excellence in component leadership and member development, communication, education services and community relations. The winner of this year’s Gold Leaf Component of the Year Award had strong competition - the top six components were within 5 points of each



(l-r) Kim Kraft, Susan Fossum and Susan Carter, President of PANAC

other! The PeriAnesthesia Nurses Association of California (PANAC) became the first two-time winner in the history of this award.

PANAC President, Susan Carter and Region 1 Director, Susan Fossum accepted the award for the component. PANAC received the Gold Leaf Award plaque, a check for \$500 and a certificate for a book or

publication on perianesthesia nursing for use by the component for member benefits or recruitment efforts. In addition to these, each component member received the special gold “Component of the Year” ribbon to wear during National Conference in Chicago.

The Gold Leaf Component of the Year Award represents not only a reward for achieving component excellence, but serves as a guide for strategic planning for all components to use to integrate quality into management practices, leadership development, component structure, programs and services. All 13 components that submitted applications should be congratulated and recognized for their commitment to component excellence and their membership.

This fall, all component presidents will receive a Gold Leaf Component of the Year application. Component activities from January 2005 through December 2005 should be documented. The application can also be submitted online. The application must be **postmarked by February 1, 2006** and include all supporting documentation/examples in order to be considered for the awarding of points. The 2005 Component of the Year will be recognized at the 2006 ASPAN National Conference in Orlando, Florida.

Congratulations to PANAC, Component President Susan Carter and every member who shared in the efforts of this past year to garner the 2004 ASPAN Gold Leaf Component of the Year Award! Your achievement serves as an influence to all components striving for excellence. 🌿

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Herminia Robles is the 2005 Excellence in Clinical Practice Award Winner

The 2005 recipient of this award, Herminia Robles, BSN, RN, CPAN, is an outstanding nurse who serves as an exemplary role model in the field of perianesthesia nursing. She works as a staff nurse/charge nurse in PACU at St. Luke's Episcopal Hospital in Houston, Texas. Hermie possesses a genuine ability to inspire others, work with diligence -- and always stamps her work with quality. Because of her flexibility, critical thinking, and willingness to go above and beyond to help her patients, she is a well-respected clinician. She is a true patient advocate, always problem-solving patients', families' and physicians' concerns. Hermie also serves as the unit resource nurse for informatics and works as a preceptor to new staff and nursing students. She is eagerly involved in nursing research to find solutions to improve perianesthesia nursing practice. By participating in



**Herminia Robles (l)
and Dina Krenzischek**

numerous hospital-wide as well as ASPAN component and national activities, Hermie puts her 'vision into action'.

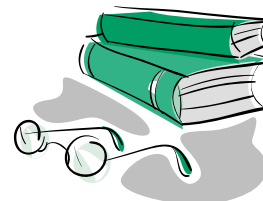
The Award for criteria for this honor include:

- Must be a current member of ASPAN.
- Must be a registered nurse currently involved in the direct care of perianesthesia patients whose clinical practice is consistent with the standards of ASPAN.
- A minimum of five years of direct care experience in peri-

anesthesia nursing.

- A practitioner whose practice exemplifies a high-level of compassion and specialty expertise documented by peers and/or patients or families, as validated by two letters of reference.
- A practitioner who is a recognized expert in clinical nursing practice as shown by his/her contributions to and support of perianesthesia nursing.
- Participated actively in nursing programs, committees, or projects resulting in contributions to perianesthesia nursing.

Hermie is awarded complimentary registration, airfare and four nights hotel accommodations to the 2006 National Conference, as well as an engraved crystal plaque. Congratulations!



2005 Component Leadership Institute:

"Leadership Diversity: Getting in Touch with your Potential"

September 9 - 11, 2005

St. Louis, Missouri

Join ASPAN leaders for an exciting weekend. We will have presentations on everything you always wanted to know about being a leader, including . . .

financial matters, presentation styles, strategic planning, running a successful conference, developing your own Board . . . and much, much more!

Learn the skills to 'walk the ASPAN talk' from past and present ASPAN greats. Be prepared to work, learn, be inspired - and have lots of fun!

Each component receives two complimentary registrations.

Program details and registration brochure will be available early summer.

For information, contact Courtney Dachik, ASPAN National Office:

877-737-9696 ext. 17, or cdachik@aspan.org.

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Myrna Mamaril Awarded the 2005 ASPAN President's Award

Dina A. Krenzischek, MAS, RN, CPAN – ASPAN Immediate Past President

ASPAN President's Award is the highest honor bestowed on a member of our society by the ASPAN President. Because the President cannot accomplish this role without the countless volunteers who come forward to promote the success of ASPAN, choosing the honoree is extremely difficult. So many of you have offered ongoing support through cards, email, phone calls and a hug when it meant the most, all of which have made my work much easier. You all have my deepest appreciation and I wish I could honor each and every one of you.

This year's recipient for 2005 ASPAN President's Award is Myrna Mamaril, our ASPAN Director for Research and Past President. In 1999, she believed



**Dina Krenzischek (L)
and Myrna Mamaril**

that I could make a difference with my love for research. With her kind and persistent advice, she encouraged me to expand my comfort zone and reach out to make a difference as a two-term Director for Research. With her support, she continued to challenge me to spread my wings and explore the position of presidency to share my vision. Again, she believed that with my vision, I can position ASPAN to a new

direction of excellence in practice. Also, Myrna taught me to be a better person through her caring, compassion, and joy of giving. Many times, she has been asked to function beyond her role and would unconditionally give her services for ASPAN. Outside ASPAN, she is a bedside nurse, Nurse Clinical Specialist, leader, consultant, speaker, and researcher. Beyond her daily core of duties, she served during Desert Storm and she continues to console and care for many injured service men and women as a result of the middle-east war. She exemplifies the true meaning of humility, caring, and compassion. It gives me such an honor to recognize Myrna because she is a role model in many aspects. Congratulations, Myrna! 🌸

For more information,
contact Carol Hyman
at the
ASPAN National Office:
877-737-9696 ext. 19
or chyman@aspan.org

2005 Summer/Fall Seminars



Aging: Everyone is Doing It
September 10 Cooperstown NY
September 17 Mystic CT

Ambulatory Perianesthesia Practice: Beyond the Basics

August 20 Fairfax VA
August 27 Boston MA
September 17 Detroit MI
September 23 Madison WI
October 8 Bloomington MN
October 22 Fishkill NY

Foundations of Perianesthesia Practice

October 28 Reno NV

Management: Now You're the Boss

October 29 St Louis MO

Pediatrics: Little Bodies, Big Differences

September 17 Chico CA
October 22 Plattsburgh NY
October 29 Rochester NY
November 19 New York City NY

Perianesthesia Care: Beyond the Basics

August 20 Fairfax VA
August 27 Boston MA
September 17 Detroit/Troy MI
September 24 Madison WI
October 8 Bloomington MN
October 15 Egg Harbor Twp NJ
October 22 Fishkill NY
October 29 Reno NV

ASPAN Members Put Their Vision into Action to Recruit New Members!

Kim Kraft, BSN, RN, CPAN—Immediate Past Chair, Membership/Marketing Committee

ASPAN's Member-Get-A-Member campaign, which ran from April 1, 2004 to March 31, 2005, saw a continuation of the success from last year's campaign. ASPAN grew by 3300 members for a total of 11,100 members. Over 600 different recruiters helped in the effort. ASPAN's top recruiter, Pam Windle was responsible for recruiting 22 perianesthesia nurses for membership in ASPAN. As top recruiter, Pam received an engraved plaque, a complimentary membership for one year and registration to the 2006 National Conference in Orlando.

ASPAN also awards the compo-

nent that has the highest percentage of member recruiters. The Kentucky Society of PeriAnesthesia Nurses (KSPAN) received the top component recruiter award; eleven percent of their membership recruited at least one new member during the campaign period. Their component received two complimentary registrations to the National Conference in Orlando. These registrations may be utilized as rewards for their top recruiters or as drawings at their annual meeting.

The final recruiter award was a random drawing for a complimentary 2006 National Confer-

ence registration. A member's name was entered for each new member they recruited. Last year's Recruiter of the Year recipient, Denise O'Brien (MAPAN), selected Christie Fields from Orange Park, FL as the winner.

Congratulations to all recruiters for sharing your passion and commitment to perianesthesia nursing with your colleagues. The 2005-2006 Member-Get-A-Member campaign was unveiled after closing ceremonies in Chicago - *Touch the World that Touches You*. Brochures are available by contacting the National Office at 877-737-9696 extension 16. 🌿

ASPAN Research Abstract Presenters 24th National Conference Chicago, IL -- April 17-21, 2005

Preoperative Education: How Can We Measure the Benefits to the Patient?

Carol Kinnee, MSN, RN, FNP

Management of Postoperative Nausea and Vomiting in The Ambulatory Patient with the Use of Accupressure Bands

Julianne E. Harp, BSN, RN, CPAN

Relationship Between Fluid Volume Needs and Patient Outcomes in Same Day Surgery

Michelle M. Schroeder, BSN, RN

Jane S. Leske, PhD, RN

Validation of the FLACC Scale in Adult Pain Assessment

Emma Pontenila, RN, CPAN

Melinda Smyth, MSN, RN, CCRN, CNA

Nancy Crego, MSN, RN, CCRN

Richard Cuming, MSN, RN, CNOR, CPAN

Sharon Cohen, MSN, RN, CCRN, CEN

Beth Cohen, MSN, RN-C, ARNP

Carol Lacertosa, MSN, RN, CMSRN

Marlene Roman, MSN, RN, ARNP, CMSRN

Maria Lourdes Ecle, MSN, RN, CCRN

Comfort Satisfaction and Anxiolysis in Surgical Patients using a Patient-Adjustable Comfort Warming System: A Prospective Randomized Clinical Trial

Denise O'Brien, MSN, APRN, BC, CPAN, CAPA, FAAN

Beverly Smith, BSN, RN, CPAN, CAPA

Jane Anderson, PhD, RN, BC

Michelle Morris, MS

Mary Lou V.H. Greenfield, MPH, MS, RN

Assessing the Safety Culture Among Perianesthesia Nurses: A Pilot Study

Pamela E. Windle, MS, RN, CNA, CPAN, CAPA

Dina Krenzischek, MAS, RN, CPAN

Differential Diagnosis and Treatment of Agitation in the Pediatric PACU: Reliability and Validity of Nurses' Observations

Sue M. Hadden, BSN, RN

Terri Voepel-Lewis, MSN, RN

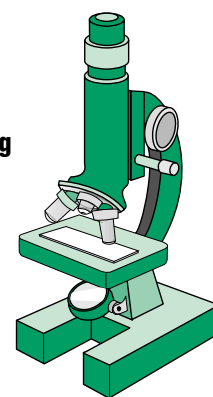
Connie Burke, BSN, RN

S. Malviya, MD

A.R. Tait, PhD

Perianesthesia Nurses Comparative Study between Pretest and Post Cognitive Testing Scores Using the ASPAN Geriatric Advanced Perianesthesia Competency in Pain and Comfort (GAPCPC)

Myrna Mamaril, MS, APRN, CPAN, CAPA, CNS



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Educational Offerings

September 10, 2005 NJBPANA Perianesthesia Certification Review Course. Location: Cooper University Hospital, Camden, New Jersey. Sponsored by: New Jersey Bermuda Perianesthesia Nurses Association (NJB-PANA). For information contact Claire Forys at Forys-Claire@CooperHealth.edu or 856-342-2105.

September 16, 17, & 18, 2005 TAPAN Annual Conference, Austin, TX. For more information contact Linda Allyn, conference chair, lal-lyn@flash.net. More information will be posted on the TAPAN Web page at www.tapan.org as it becomes available.

September 17-18, 2005 Alabama Association of PeriAnesthesia Nurses (ALAPAN) will hold its annual meeting, "Make Space for the Future" at Huntsville Hospital Corporate University in Huntsville, AL. For information, contact Eugenia Evans at eevans45@bellsouth.net.

September 23, 24, 25, 2005. GAPAN's 28th ANNUAL SEMNAR The Road to Recovery and Beyond, a Patients Journey Atlanta Perimeter Center Marriott Atlanta, GA contact Linda Bolton; 1247 Woodcliff Court, Lilburn, GA. 30047 Linda_Bolton@bellsouth.net

September 23-25, 2005 RMPANA's 7th Annual Retreat in the Rockies at Snow Mountain Ranch, Winter Park, CO. Speakers include Lois Schick, MN MBA RN CPAN CAPA, Barbara Bancroft, MSN RN PNP, Meg Beturne, MSN RN CPAN CAPA, ASPAN President. For information, contact Lynda Marks at lyndamarks@qwest.net or our web site: www.RMPANA.org.

September 24, 2005 LAPAN (Louisiana Association of PeriAnesthesia Nurses) will hold its 22nd Annual State Conference on Saturday, September 24, 2005, in New Orleans, LA. For information, please contact Katrina Arceneaux: karceneaux@ochsner.org or 504-468-2856.

September 24-25, 2005 PAPAN's Annual Fall Conference, Perianesthesia PRIDE XIV, Ramada Inn, Altoona, PA, Altoona Railroad Weekend. For more information contact Theresa Lingafelt, 814-742-7923, TAL47@atlanticbb.net or Nancy Glass, 814-239-2121, Castle2016@aol.com

September 30th-October 2, 2005 VSPAN State Conference the Sheraton Hotel, Virginia Beach, Virginia. For information, contact Carolyn Tucker, Conference Chairperson, at CWTucker@sentara.com.

October 1, 2005 NJBPANA Fall Seminar. Speaker Myrna Mamaril MS, APRN, CPAN, CAPA, CNS. Location: Morristown Memorial Hospital, Morristown, New Jersey. Sponsored by: New Jersey Bermuda Perianesthesia Nurses Association (NJB-PANA). For information contact Claire Forys at Forys-Claire@CooperHealth.edu or 856-342-2105.

October 1, 2005 TSPAN State Conference at the Opryland Hotel, Nashville, TN. Meg Beturne, MSN, RN, CPAN, CAPA, featured speaker. Contact Gloria Nipper at gnipper@bhset.org

October 21-22, 2005 PANAC (PeriAnesthesia Nurses Association of California) will hold its 26th Annual Meeting & Seminar at Horizon Casino & Resort, Lake Tahoe. For information, go to www.panac.org. In California, call toll-free: 866-321-3582 or contact PANAC, P.O. Box 86, Newcastle, CA 95658. 🌿

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