



Newsletter of the American Society
of PeriAnesthesia Nurses

Breathline

Volume 26, Number 4

July/August 2006

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**ASPN National
Conference**

**"Soaring on the
Magical Journey
to Excellence"**

**April 15-19, 2007
Anaheim, CA**

www.aspan.org

Our Journey to Excellence: Destination → Succession Planning

About three years ago I accepted a high school extern from a program in which students or new graduates work over the summer to explore professional possibilities in the health care profession. Each year since, my organization has hired other 17-19 year olds as summer externs and part-time PACU employees. These "young ones" are full of energy, respect, and a desire to do the job right. When asked by their instructor for feedback regarding the summer work program the externs replied, "We love working here because the preceptors continually teach us and help us, making our experience fun." The students who participated, whether interns or externs, told the instructor they felt a deep sense of fulfillment and enjoyment whenever working with the PACU staff. My unit also employs a few unlicensed assistive personnel who we encourage to pursue continuing education. Several continue to work part-time and attend pre-nursing schools, and we anticipate they will become great nurses. We have several other unlicensed personnel who worked with us for a number of years. Through perseverance and encouragement each finally achieved the dream of becoming a nurse. These work related stories describe the important concept of mentoring and coaching our young ones and each other.



**Pamela E. Windle,
MS, RN, CNA, BC, CPAN, CAPA
ASPN President 2006-2007**

My individual experience as an ASPAN volunteer involved the influence and efforts of other ASPAN volunteers who encouraged and invited continued participation. ASPAN activities have been very rewarding, enjoyable, and have helped me grow personally and professionally. As seasoned, experienced professionals we should prevent perpetuating the concept that nurses ignore or mistreat our young ones, which is not an appropriate culture of nursing to portray. Most nurses have a universal desire to grow, learn, and make contributions to this profession. Experienced nurses must improve the ability to support novice members and colleagues, including those who serve together in a volunteer capacity, by selflessly giving time, talents and energy to guide, mentor and encourage professional development. Mentors can guide and assist new volunteer members in defining a personal vision of meaningful contribution through profes-

sional association, and can further help to make that vision become reality.

Throughout ASPAN's history, the organization has stayed committed to the education and development of members. ASPAN also values mentorship. In an effort to make the true value of mentorship become a reality, I asked Immediate Past President Meg Beturne to lead the Succession Planning Strategic Work Team (SWT) this year. This SWT will organize and develop a learning partner program that pairs less experienced members with a mentor colleague to actively cultivate ASPAN volunteer service at the component and national level.

The health care industry is undergoing tremendous change while transitioning toward a reality not clearly defined. Nurses are indispensable players in this health care evolution. Our unique blend of knowledge combined with analytical insight, investigative resolve, and caring and compassion above all, is essential for researching and defining practice methods that work best for patients. Professional association membership and participation promotes a unified voice on issues of primary interest to nurses. For this unified voice to continue into the future, professional association leaders must mentor younger, less experienced nurses

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President's Message

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to become the voice of tomorrow.

Within any professional organization, some members view involvement in leadership opportunities as a big membership benefit extending beyond the receipt of quality products and services, and this becomes a prime reason for annual membership renewal. Our ASPAN leaders require a comprehensive approach to identify volunteer nurses with an interest in leadership. Beyond identifying potential leaders we must facilitate a mentoring experience for those nurses to assume future ASPAN leadership roles.

Recognizing Leaders

How do we recognize potential ASPAN leaders at the component, district or local level? One Big Audacious Goal (BAG) for this year is in the area of succession planning and mentorship. I hear so many stories, at all levels of our organization, about how hard it is to find someone to replace an officer or committee chair, or to recruit members as committee volunteers. My goal is to evaluate and find solutions to enhance and expand member involvement beyond just paying membership

dues. Uncle Sam increased personnel recruitment efforts in a time of need with the slogan, "I want YOU!" I say, "ASPART wants YOU!"

I envision ASPAN leaders taking bigger steps in mentoring component leaders to achieve our professional organization's goals. I see changing paradigms for our various components as each provides members with opportunities to develop skills in team leadership, public speaking and publishing, and to develop and conduct research or evidence based practice projects. New membership development activities will eventually lead us to flourishing succession planning in each component. We need YOU to become involved by joining a committee of particular interest, attending more perianesthesia seminars or conferences, and reading our newsletters and journals. Don't be a hitchhiker who merely goes along for the ride. Be a driver instead and steer ASPAN to a great destination.

Mentorship is a gift that keeps on giving. We thank those who mentored before us and must now make a commitment to mentor others. As your leader, I ask each of you to take some time to reflect on component members and coworkers. Identify and encourage those nurses demonstrating leadership characteristics, for he or she may be a great potential candidate to nominate for leadership positions at the local, district, component, or national level. ASPAN mentorship is part of our toolbox, helping us build a strong organization to pass on to others. You, the members, are future leaders who will make our organization grow better and stronger. It is a great time to be an ASPAN member and to become an effective ASPAN leader of tomorrow! 

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ASPART Breathline

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JanuaryNovember 1

MarchJanuary 1

MayMarch 1

JulyMay 1

SeptemberJuly 1

NovemberSeptember 1

Letter to the Editor



Dear ASPAN,

It was an honor to receive the 2006 Excellence in Clinical Practice Award. I would like to thank ASPAN for inspiring all to achieve excellence by offering opportunities to expand our knowledge and experience networking to resolve challenges in our practice, and by instilling pride in all that we accomplish.

To my colleagues in NYSPANA and NYSPANA District 14, I thank you for creating friendships across the miles that strengthen with each conference, meeting, email and conversation we share. Lastly, I thank my co-workers at Rochester General Hospital. Everyday I am blessed to work with professionals who guide me with their support, friendship, and who also strive for clinical excellence because our patients deserve nothing less.

Sincerely,

Sally Sackett, RN



ASPAN COMPONENT DEVELOPMENT INSTITUTE

***Continuing Our Journey to Excellence:
Through Writing for Publication, Research, and EBP***



September 15 - 17, 2006

Holiday Inn Select
Minneapolis/St. Paul International Airport
Bloomington, Minnesota

ASPAN is deeply committed to providing continuing knowledge and staff development for our grassroots component members. This year's Component Development Institute serves component editors, component presidents, leaders, members and other aspiring writers and researchers. The workshop assists attendees in developing innovative writing and publishing skills and increases understanding of research and evidence based practices. ASPAN leaders are available throughout the weekend program for mentorship, coaching and cultivating current and future component leaders.

Don't miss this fabulous opportunity to learn, network, and grow together with your ASPAN peers. Register today!

Attendance is open to ASPAN members only. Receive up to 13.25 contact hours.

Go to the ASPAN Web site (www.aspan.org) for complete details and online registration services. To request a program brochure call the National Office toll free @ 877-737-9696, Ext 17.

Breathline

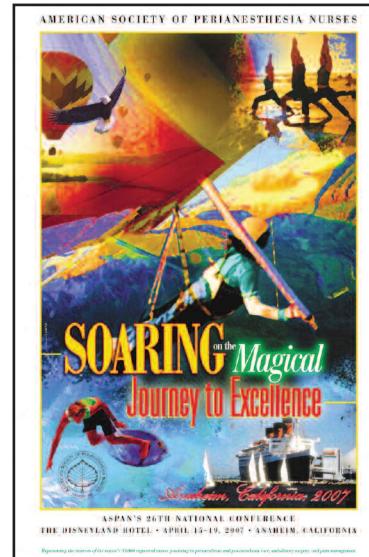
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Soaring on to Southern California's Magical Journey

Ernestine Nunes, RN, CPAN, CNOR – Member, National Conference Strategic Work Team

Imagine...sunshine, orange trees, beaches and Disneyland...Wait a minute, didn't we just do that? Well, sort of. Next April, in the heart of Southern California, ASPAN adds the glamour of Hollywood, Los Angeles (L.A.) glitter and posh Beverly Hills, with the original Disneyland just a monorail ride away! Since L.A. is "a great big freeway" the automobile is the most direct, but not the only way for seeing the sights. Whether renting a car or using public transportation, you can easily get around to visit L.A. tourist destinations.

Imagine...staying at the Disneyland Hotel, the host site for ASPAN's 2007 National Conference with a stop for the Monorail that connects to Disneyland's



*"Soaring on the
Magical Journey to Excellence"
April 15-19, 2007
Anaheim, California*

Tomorrow Land. With a two or three day pass, Conference attendees can hop on the monorail to experience the excitement of Disneyland adventures or to have dinner in New Orleans Square. Downtown Disney, across the street from the hotel, is a great place to dine, shop or just hang out after a day of classes. The magical night scene includes the House of Blues live entertainment, Rainforest Café's lush jungle atmosphere, and ESPN Zone's pub food and 175 television screens. Disney's

California Adventure welcomes visitors beneath a replica of the Golden Gate Bridge and takes you "Soarin' over California" in a popular, simulated hang-glider experience. An Internet

visit (www.disneyland.com) provides an excellent preview of all the Disney fun.

Nearby, the sleepy orange groves and farms have been replaced by L.A.'s surrounding urban landscape. Knott's Berry Farm, America's first theme park, offers a western ghost town, charming country settings and some screaming roller coasters! The South Coast Plaza Mall, located in Coast Mesa, offers many famous department and specialty stores and is only a shuttle ride away from Disneyland. From Costa Mesa, it's just a short drive to the Pacific Ocean's coastal cities of Newport Beach, Balboa, and Huntington Beach.

In the hills above L.A., the famous "Hollywood" sign casts a touch of magic over Grauman's Chinese Theatre and the Hollywood Boulevard Walk of Fame, where famous entertainers set their hand and footprints in cement. Visit Beverly Hills to experience the feeling that you're on a movie set, or stroll Rodeo Drive to see celebrities and paparazzi while boutique shopping or dining at a patio table in The Ivy restaurant on trendy Robertson Boulevard. Take Wilshire Boulevard past Westwood and UCLA and you will come to the bluffs of Santa Monica and the Pacific Ocean. You'll recognize the view from the pier, a popular site for many Hollywood movies. April 15-19, 2007, ASPAN is "Soaring on the Magical Journey to Excellence!" Mark the dates and set your sights on sunny Southern California for lights, camera, and action! 

The Directors' Connection

Kim Kraft, BSN, RN, CPAN – ASPAN Regional Director, Region 3

Welcome to the inaugural article of a new *Breathline* feature, and the place to connect with your ASPAN Regional Directors! The purpose of this feature is to share information and events happening in ASPAN's five regions. Please refer to the map to see the regional boundaries for all regions. The Regional Directors serve as a liaison between the ASPAN Board of Directors and the component organizations within a designated geographical area. Each issue will highlight a different region with the respective director as your host, and we look forward to sharing news and notes with members.

I have the honor of representing Region 3. During National Conference, I had an opportunity to meet with Region 3 component leaders and members. One evening, I met with current and incoming presidents to discuss development of the Region 3 Web portal that will soon be available on the ASPAN Web site. We are in the process of developing a regional strategic plan to guide current and future component leaders in meeting the needs of

perianesthesia nurse members. This plan mirrors ASPAN's strategic plan and supports our core purpose, "To advance the unique specialty of perianesthesia nursing."

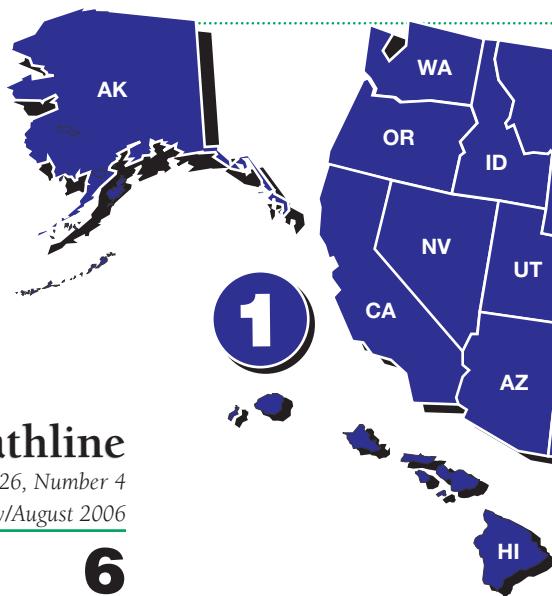
Here are some Region 3 accomplishments from the 2006 National Conference:

- The highlight of Component Night was the Parade of Components sponsored by Arizant, makers of Bair Paws™. The top prize award went to the MAPAN Bair Paws Band
- Marigrace Clarke, ILSPAN newsletter editor, accepted the award for Peri-Scope, the best 9 - 14 page newsletter
- Denise O'Brien (MAPAN) recruited 11 new members and was named ASPAN Recruiter of the Year
- Grace Walke, INSPAN President, accepted the top component recruiter award for having the highest percentage of recruiters per number of component members
- Pamela Berry (MAPAN) was one of three ASPAN members who recruited 10 members each

- Region 3 nominees for the "Up and Comers" program include Beth Reches (ILSPAN), Grace Walke (INSPAN), Jan Lopez and Kathleen Glatt (KSPAN), Dianna Ellison (MAPAN), Matt Byrne, Deb Erickson and Nancy Meronuck (MNDAKSPAN), Teri Shine (OPANA), and Stephanie Kassulke (WISPAN)

The fall season will be very busy in Region 3. ASPAN's Component Development Institute will be held in Bloomington, Minnesota, and all components will host workshops and conferences. Scheduling conflicts limited the regional components I could visit last fall; therefore, I will first travel to Indiana, Kentucky, Wisconsin and West Virginia this year. I look forward to meeting and networking with many of you at the component education programs. 

Regional Directors are always available by e-mail. Go to the ASPAN home page (www.aspan.org), click on the "About Us" tab and select "Organization."



Leading by Example: Excellence in New Member Recruitment

Jane Lind, BS, RN - Chair Membership/Marketing Committee

Our ASPAN family recruited more than 930 new members between April 1, 2005-March 31, 2006 for the Member-Get-A-Member Campaign! Thank you to over 700 members who participated in the challenge to recruit at least one new member, bringing total ASPAN membership to over 12,000 nurses. Congratulations to Denise O'Brien, our 2006 Recruiter of the Year, who inspired 11 colleagues to join our professional organization. The Top Recruiter received an engraved plaque, a complimentary one-year ASPAN membership, and registration to the 2007 National Conference in Anaheim, California.

Collaborative ASPAN recruitment is also recognized. The Indiana Society of PeriAnesthesia Nurses (INSPAN) received the



Denise O'Brien (left) accepts the Top Recruiter of the Year Award from Jane Lind

Top Component Recruiter Award for posting the highest percentage of recruiting members, with 9.8 % of their membership recruiting at least one new ASPAN member. Grace Walke, INSPAN President, accepted the award. INSPAN received two complimentary registrations to the 2007 National Conference in Anaheim, which may be used as a reward for their

top two recruiters or in a drawing at the annual component meeting.

This year, we had four ASPAN members who each recruited 10 new members and were awarded a complimentary one-year ASPAN membership. These industrious recruiters are:

Grace Squibb (NJPANA)
Jacqueline Mougel (TAPAN)
Susan Dorsey (CBSPAN)
Pamela Berry (MAPAN)

For each new member recruited, the recruiter's name was entered into a random drawing for a complimentary 2007 National Conference registration. The lucky recruiter selected was Judy Lynch of the Massachusetts component. Congratulations to all winners and to each of you who reached out last year and touched the world of ASPAN membership. 

Call for Nominations: Join ASPAN's Journey to Excellence

Meg Beturne, MSN, RN, CPAN, CAPA – ASPAN Immediate Past President

AS PAN embarked on a Journey to Excellence this year which will make it not just a good organization, but a great organization! ASPAN needs motivated and committed members to step forward who will reach out to peers and colleagues to help create a shared destiny, one that will ensure our status as the premiere organization for perianesthesia nursing education, practice, standards and research. Remember, a journey of a thousand miles begins with a single step. Now is the time to take that step and join ASPAN leaders who are already making a difference in professional circles!

Qualified candidates are needed for the following positions on the 2007-2008 ASPAN

Board of Directors:

- **Vice President/President-Elect** (three-year term)
- **Treasurer** (two-year term)
- **Director for Education** (two-year term)
- **Director for Research** (two-year term)
- **Regional Director, Region 1** (two-year term)
- **Regional Director, Region 3** (two-year term)
- **Regional Director, Region 5** (two-year term)
- Five one-year positions on the Nominating Committee are also open.

Members who are current and/or past Officers, Directors, Editors, Committee Chairs or Representative Assembly members

NEW THIS YEAR:

- Submission deadline date has changed to October 1st
- A **Candidate Profile Sheet** must be submitted electronically by e-mail only with a date stamp no later than October 1, 2006. No hard copies or faxes of the profile sheet will be accepted for any reason
- An **Intent to Place Name for Nomination Form** must be signed and mailed, postmarked no later than October 1, 2006

who have been active in ASPAN for a minimum of two years are welcome to accept this challenge of running for office in 2007.

To declare your candidacy and receive more information, please contact Meg Beturne at (mbeturne@aspn.org) or Jane Certo at the National Office at (jcerto@aspn.org) or 1-877-737-9696 ext. 13. 

Board of Directors and Representative Assembly

Highlights

Orlando, Florida – April 29-May 5, 2006



STRATEGIC WORK TEAM & COMMITTEE UPDATES

Evidence Based Practice (EBP) The EBP Committee presented the EBP model and pilot topic of preoperative risk and preventative measures for pressure ulcers. Because the pilot study did not find evidence for practice, the information will be sent to the Research Committee. Additional information will be made available in *JoPAN*.

Perianesthesia Data Elements (PDE) The PDE Conceptual Model was revised and a formal strategic plan developed. It was identified that electronics will drive practice and that language is the fundamental core of practice. The Board of Directors recommended this Strategic Work Team (SWT) become a standing committee. Final approval for this change must come from the Representative Assembly.

Crisis Management The purpose of this new SWT is to examine internal and external forces or events that could profoundly impact ASPAN's ability to execute its mission.

25th Anniversary An array of events celebrating our 25th National Conference included a "Journey Down Memory Lane" theme room to display videos, memorabilia, and books from ASPAN's history. Components contributed posters depicting activities from the last 25 years. A video including comments and memories from Founding Directors and Past Presidents is in pro-

duction for distribution in the fall. Five ASPAN members were recognized for having attended every National Conference. These individuals are: Jane Ehrhardt, Liz Martin, Debby Niehaus, Lois Schick, and Esther Watson.

COMPONENT REVITALIZATION PROGRAM

Regional Web Sites Region 1 was the first to host a page on the ASPAN Web site. The plan is to continue adding regions until all five have a presence on the Web site.

Leadership Orientation Manual The CD-ROM resource disk was presented to all component leaders to assist them in their roles.

Component Financial Aid The component financial aid form for use when requesting funds was made available. ASPAN Treasurer, Lois Schick, is the point of contact for more information.

SPECIALTY PRACTICE GROUP (SPG) UPDATE

An orientation and resource manual was presented to SPG Coordinators and Vice-Coordinators at a special meeting. All seven ASPAN SPGs held annual meetings, and six SPGs offered one contact hour for attendees.

UP AND COMERS PROGRAM

Fifty-four members, identified as Up and Comers, were assigned to 26 mentors from within ASPAN leadership. A reception was held for mentors and Up and

Comers to become better acquainted. This program is part of a long range succession plan for future ASPAN leaders.

DIVERSITY SUMMIT

The Summit produced two deliverables: The "Diversity Position Statement" and a proposal to integrate diversity initiatives into the fiber of ASPAN's Strategic Plan.

FREE PANAW 2007 CONTACT HOURS

The BOD approved free contact hours for ASPAN members participating during PANAW 2007. Articles from the *JoPAN* and ASPAN Web site based articles are eligible.

REPRESENTATIVE ASSEMBLY HIGHLIGHTS

The Representative Assembly approved a resolution restricting ASPAN board members from running for and/or holding more than one elected office at a time. Representatives supported the establishment of the Safety Committee, approved the "Position Statement on Cultural Sensitivity and Diversity" and the 2006 *Standards of Perianesthesia Nursing Practice*. The Post-Operative/Post-Discharge Nausea and Vomiting (PONV/PDNV) Guidelines were endorsed. The RA considered making the Data Elements Strategic Work Team an ASPAN standing committee. That bylaws change will be determined after 30 days by vote of the RA.

Meet ASPAN's 2006-2007 Board of Directors

President

Pamela Windle, MS, RN, CNA, BC, CPAN, CAPA, has been involved in many ASPAN programs, committees, and leadership positions for over a decade. Last year's ASPAN Recruiter of the Year, Pam has worked tirelessly to advance perianesthesia nursing practice with a focus on mentorship and promoting excellence. As a nurse manager, researcher, and frequently published writer she brings great energy, knowledge and vision to this role.

Vice President/President-Elect

Susan Fossum, BSN, RN, CPAN, is Staff Developer in a university surgery center operating room and PACU. Her nursing experience includes clinical and managerial roles, and she served twelve years in the U.S. Army Nurse Corps Reserves. Sue was honored for her professional efforts with the UC Davis Nursing Excellence and Achievement Incentive and a Mary Hanna Journalism Award. She served the California component in several capacities, to include president, and was ASPAN Regional Director, Region 1.

Secretary

Gena Near, BSN, RN, CPAN, is a Nursing Informatics Clinician who designs computerized patient records while supporting educational needs of perioperative and perianesthesia nurses. She has actively served her North Carolina component for many years. Gena was ASPAN's Governmental Affairs and Credentials Committee Chair, and has been a member of Bylaws and PR/Marketing Committees, and the Diversity SWT.

Treasurer

Lois Schick, MN, MBA, RN, CPAN, CAPA, is serving the second year of her second two-year term. She is a renowned perianesthesia author, educator, and consultant who graciously shares wisdom and experience with nurses across the country. In addition to serving ASPAN in countless roles over the years, Lois has attended all 25 ASPAN National Conferences!

Immediate Past President

Meg Beturne, MSN, RN, CPAN, CAPA, is a perioperative quality improvement consultant and outpatient surgery center peri-anesthesia nurse. Meg has great enthusiasm for teaching other nurses. This year, she will lead the Succession Planning/Mentorship Strategic Work Team (SWT) while continuing her ASPAN diversity awareness and "Up and Comers" initiatives.

Regional Director-Region 1

New to the ASPAN Board, **Nancy O'Malley, MA, RN, CPAN, CAPA**, has been passionate about perianesthesia nursing since 1981. She became her hospital's first CPAN and participated in the first CAPA test group. Nancy is a nurse educator for surgical services clinical staff and provides hospital wide education on a variety of subjects. Active in RMPANA for many years, she served in district and component roles while working on ASPAN's National Conference Committee in 1996 and on the ASPAN Clinical Practice Committee.

Regional Director-Region 2

Twilla Shroud, BSN, MBA, RN, CAPA, a Staff Nurse V and manager in the preoperative unit and PACU, is involved in education, the mentorship program, performance improvement, and pain management initiatives. She served MO-KAN PANA as the president, treasurer, and as a delegate to the ASPAN Representative Assembly. Twilla brings extensive hands on experience to this new position from many years of membership and participation on various ASPAN committees.

Regional Director-Region 3

Kim Kraft, BSN, RN, CPAN, begins the second year of a two-year term. As a nurse clinician for preadmission screening, ambulatory surgery, preoperative holding and the PACU, she brings total knowledge of the scope of perianesthesia nursing to her director position. Kim has served as ASPAN's Membership/Marketing Committee Chair and she actively

contributes to ASPAN on several committees.

Regional Director-Region 4

Maryanne Carollo, BS, RN, CAPA, is the Nurse Education Manager in a preadmission and ambulatory surgery center. She currently coordinates a clinical project to implement electronic documentation, and her professional experience encompasses all phases of perianesthesia care. She served NYS-PANA as a district and the component president. She brings experience to her new position from several past ASPAN committee appointments and as the former Membership and Credentials Committee Chair.

Regional Director-Region 5

Christine Price, MSN, RN, CPAN, CAPA is serving the second year of a two-year term. She is currently a medical center director for perioperative services with accountability for overall management of nursing practice, nursing research, nursing education and professional development. Chris is a former component president who brings grassroots knowledge, aptitude and energy to her role as an ASPAN regional director.

Director for Education

Kathleen DeLeskey, MSN, RN, CPAN, begins the second year of a two-year term. She has been a perianesthesia nurse for 17 years and is experienced in all phases of care. She teaches nursing foundations as a full time nursing faculty member while working as a per diem PACU staff nurse in a Magnet designation facility. Kathleen seeks opportunities to provide public awareness on the role and expertise of perianesthesia nurses, and to increase safety awareness among perianesthesia nurses, patients, and the public.

Director for Clinical Practice

Theresa Clifford, MSN, RN, CPAN is newly elected to this position. She is a perianesthesia resource nurse and educator in a

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Breathline

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Navigating a Leadership Course Mentorship and Succession Planning

Meg Beturne, MSN, RN, CPAN, CAPA - Coordinator, Succession Planning/Mentorship SWT;
ASPN Immediate Past President

As ASPAN's Journey to Excellence continues, the Succession Planning/Mentorship Strategic Work Team (SWT) is poised and ready to assume the role of navigator and mentor. Our diverse, deliberate, and definitive strategies serve to connect the first "Up and Comers" cohort of grassroots members to meaningful ASPAN leadership positions, with the help and guidance of their assigned mentors.

The SWT will utilize individual strategic plans and report cards for the Up and Comers to chart a growth and development course toward advanced leadership. Ongoing communication and consultation with mentors will enable members to participate in activities, attend programs, and read materials that will ultimately lead to successful leadership positions within our nursing specialty organization.

We also intend to target efforts on other committed members whose talents and contributions have made a real difference at the component level, and those who represent a future leadership force to be discovered. We will coach and urge more new member involvement and will recognize those members as shining stars who are capable and caring change agents.

Our team of nine navigators, which includes five Regional Directors, the Treasurer, the Director for Education, the Vice President/President-Elect, and the Immediate Past President, will be role models for cooperation, creativity, and coordination. We embrace change, celebrate differences, and share our passion for perianesthesia nursing with all potential future ASPAN leaders. We will not set sail, however, until we thoroughly assess

the organizational environment and remove any barriers to successful member advancement. Our policies, procedures and practices will undergo a review for existing restrictions and our mentors will serve to represent beacons for a bright future.

As our Journey to Excellence progresses we welcome peers, colleagues and professional acquaintances to offer ideas, be cheerleaders, and to evaluate progress. True progress will be realized when every election slate unveils many qualified candidates for all open positions. Then, and only then, will the USS ASPAN take its rightful place as leader of the nursing regatta; fully equipped with knowledgeable experts who represent perianesthesia nursing skillfully at all times and in all venues! ☀



**Wanda Rodriguez
and Pamela Windle,
ASPN President**

Up and Comers with Mentors



**Michelle Joynes and Kim Kraft, Regional Director,
Region 3**



**Lynn Kane and Debby Niehaus, ASPAN President
1990-1991**



**Dhezrae Herauf and Maureen McLaughlin,
Governmental Affairs Committee Chair**

Your Voice - ASPAN's Collective Power It's time to say, "I'm Willing to Serve."

Susan Fossum, BSN, RN, CPAN – ASPAN Vice President/President-Elect

Do you recognize your leadership potential? Are you interested in learning more about ASPAN and how it functions? Do you wish to make your voice heard and make a difference? I believe we are all leaders who make decisions and choices that influence our environment, our practice, our patients, and our profession. We transform values into action, vision into reality, and obstacles into innovations. We understand the importance of teamwork, while working toward the long term goals set before us to ensure success.

ASPA's Big Audacious Goal is to be recognized by the health-care community worldwide as the leading organization for peri-anesthesia nursing education, practice, standards and research. I believe that each member - YOU - can make a difference in ASPAN's future. Each of you possesses unique and diverse skills,

and there are many opportunities for you to participate and contribute your special talents. ASPAN is "the voice" for peri-anesthesia nursing. Individual

"I am only one; but I am still one. I cannot do everything, but still I can do something. I will not refuse to do the something I can do."

~ Helen Keller

voices, skills and talents become ASPAN's collective voice, which serves to move our strategic plan and organizational initiatives forward.

ASPA has Standing Committees and Strategic Work Teams that need your input and voice. Your contributions are essential to the success of ASPAN and to

the practice of perianesthesia nursing. We are on a journey to excellence that will take us many exciting places this year. Choose to act. *Make the choice to make a difference.* Let your voice help determine and guide ASPAN's future.

I invite you to come along on this journey by filling out a Willingness to Serve (WTS) form. Please note the application deadline and submit your WTS form as soon as possible, which allows us to strategically plan for next year. Just say, "I'm willing and ready to serve!" You will be rewarded, and so will ASPAN.

For a copy of the 2007-2008 WTS form, go to the ASPAN home page (www.aspan.org), click on the "Members" tab and select "Willingness to Serve."

To request a WTS form call the National Office toll free @ 877-737-9696. Ext 16. 

WTS Form Postmark Deadline is October 31, 2006

ASPA Board
continued from page 9

small community hospital. Theresa has ardently contributed to ASPAN for many years, including serving as the Standards and Guidelines Committee Chair. She brings great expertise and composure to her position as a member of the Safety Committee, Evidence Based Practice Committee, Peri-anesthesia Data Elements Committee, and the Staffing Strategic Work Team.

Director for Research

Myrna Mamaril, MS, RN, CPAN, CAPA, is serving the second year of her second two-year term. She is the nurse manager of peri-anesthesia services at an academic medical center and is experi-

enced in all phases of perianesthesia care. As a Past ASPAN President and a Commander in the Naval Nurse Corps Reserves, Myrna's knowledge, leadership and vision has connected with many peri-anesthesia nurses across the country.

Director for the Foundation

Dolly Ireland, MSN, RN, CAPA, CPN, a Director of Education for hospital nursing departments, has 29 years of experience in the peri-anesthesia specialty. She lectures nationally and internationally on a variety of peri-anesthesia topics, publishes, and performs legal consultation while serving as an expert witness on medical malpractice in the peri-anesthesia environment. As the 1993-1994 ASPAN President, Dolly has a keen understanding of the organizational goals, structure and function.

ABPANC President

Ann Beldia Smith, MSN, RN, CAPA, has been a peri-anesthesia nurse and a member of ASPAN since 1984. She served the Georgia component as President, and subsequently moved to California in 2005 to accept a position as Manager of Surgical Services. Ann joined the APANC Board of Directors in 2002 and served as secretary/treasurer, president-elect, and now president. The ABPANC President is an Ex-Officio member of the Board of Directors.

ASPA CEO

Kevin Dill is ASPAN's Chief Executive Officer and an Ex-Officio member of the Board of Directors. Kevin maintains oversight of the organization and manages operations at the ASPAN National Office, located in Cherry Hill, NJ. 

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Thanks for the Memories

ASPAN's 25th NAational Conference – Orlando, Florida



ASPAN's governing body members at work during the Representative Assembly meeting



ASPAN's first president, Ina Pipkin (right), looks over historical items representing ASPAN's past



Louisiana natives kept a roof over their head

Component Night



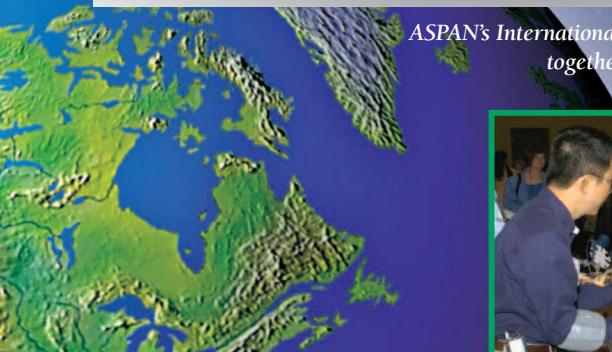
Clowning around on Component Night



NCAPAN boasted the first early bird registered for Conference



ASPAN's International and Military Reception brings attendees together from diverse locations around the globe



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Attendees visit with an industry representative in the Exhibit Hall

ASPAN Exhibits



ASPAN's 25th President, Meg Beturne (center), opens the Exhibit Hall with a ribbon cutting ceremony

Congratulations to the 2006 National Conference Strategic Work Team, FLASPAN, and the entire Conference planning team for a job extremely well done!

During Conference week, industry friends demonstrated their newest products in the ASPAN Exhibit Hall, while other special events and initiatives were supported by funding from industry. The ASPAN Dream Walk was cosponsored by Endo Pharmaceuticals and the Florida Society of Perianesthesia Nurses (FLASPAN). FLASPAN was a great host, and her members provided many volunteer hours and services to ASPAN and to all attendees throughout the week. Arizant sponsored Component Night and its lively fashion parade, which kicked off Conference week in grand style as component members dressed up to show off native folklore.

The Foundation Luncheon was sponsored by Merck. The President's Reception, honoring Meg Beturne's year of service to ASPAN,



Nancy Saufl, 2006 National Conference SWT Coordinator

was sponsored by Hill-Rom. Specific lectures, supported by industry, included two satellite symposia. Merck and GlaxoSmithKline provided outstanding educational presentations during these symposia, which included dinner for all nurses who attended. Elsevier Publishing Company provided monies for the JoPAN journalism awards. Two ASPAN components, the New York State Perianesthesia Nurses Association and the Missouri-Kansas Perianesthesia Nurses Association

donated funds to sponsor prestigious ASPAN awards: the Outstanding Achievement Award and the ASPAN Excellence in Clinical Practice Award.

Throughout the week, attendees walked through the Exhibit Hall spending time in conversation and in debate over issues related to best practice. One of the best compliments ASPAN receives from industry supporters each year during National Conference is that our nurses take time to say thank you. To our friends in the health care industry, thank you for your support. Thank you for showing us your products and asking for our feedback. Thank you for working together to provide quality products and pharmaceuticals, and thank you for the interactive learning opportunities provided to nurses throughout the year! 

President's Reception



Meg Beturne (right) greeted attendees at the President's Reception

Friends enjoying the Presidential festivities



President's party-goers dancing the night away

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ASPAN's Finest 2006 National Conference Awards



Sally Sackett, ASPAN's 2006 Excellence in Clinical Practice Award winner

Excellence in Clinical Practice

Sally Sackett, BSN, RN, CPAN, has been a nurse for 21 years. Currently, a Clinician IV in the Day of Surgery Admission Unit at Rochester General Hospital, Rochester, NY and an active member of NYSPANA and the Rochester chapter, Sally serves as an outstanding role model in our specialty. She is a true patient advocate, always problem-solving patient, family, and physician concerns. She implemented many new processes in her hospital with a focus on quality, based on identified needs. Through skillful leadership, organization and participation in hospital-wide activities and at ASPAN component events, she shares the depth of her clinical expertise with colleagues. Sally was awarded a commemorative plaque and complimentary airfare, registration, and four nights lodging for the 2007 National Conference.

President's Award

Dina Krenzischek, MAS, RN, CPAN, took the Presidential theme of Perianesthesia Nursing Diversity to heart. She helped achieve the goal of raising awareness regarding the importance of cultural sensitivity and cultural competence in daily practice. As an active member of the Philippine Nurses Association of America, she understood the need for ASPAN to reach out, to be inclusive, to mentor, and to celebrate differences. Dina was a driving force behind the Diversity Summit held in Orlando and she led Meg down the path to the executive office with enthusiasm, wisdom, guidance, and grace.



Meg Beturne with Dina Krenzischek (right), the 2006 ASPAN President's Award recipient



Award for Outstanding Achievement

The Award for Outstanding Achievement honors and recognizes an individual whose dedication and excellence has furthered the art and science of perianesthesia nursing. Susan Shelander, RN, CPAN, is described as the ideal advocate for our nursing specialty. She is known as a charismatic and inspirational leader whose presentation style motivates and energizes all who hear her speak. Susan championed ASPAN to 'be at the table' to address health care policy, was an influential leader during ASPAN's organizational transformation and served as ASPAN's president from 2001-2002. Her legacy statement, "Your life is your message - Live it with honor," could not more aptly or precisely describe this year's recipient. Susan received an engraved crystal plaque and complimentary registration, airfare, and four night's hotel accommodations for the 2007 National Conference.

Gold Leaf Component of the Year Award

The Gold Leaf Award recognizes a component for its commitment to excellence in leadership and membership development, education, and community relations. MaSPAN's dedication to these ideals was evidenced by the many accomplishments documented in the Gold Leaf application. MaSPAN received a beautiful plaque, a check for \$500, and a certificate to redeem a book or publication for use by component members, or for membership recruitment efforts. Each MaSPAN member received a gold "Component of the Year" ribbon to wear proudly throughout Conference week.



MaSPAN President, Maureen McLaughlin (center), accepts the Gold Leaf Component of the Year Award from Jane Lind (right) and Meg Beturne



Nancy Burden, honored with the 2006 Distinguished Service Award of the Past Presidents' Council

Distinguished Service Award of the Past Presidents' Council

Nancy Burden, MS, RN, CPAN, CAPA, means so much to ASPAN in so many ways. She is a quintessential perianesthesia nurse who wrote a book on Ambulatory Surgical Nursing, first known as the "pink book". She has been an ASPAN Board of Directors member, served as the first *Breathline* Editor, and chaired many ASPAN committees. Nancy has been recognized by ASPAN as an Outstanding Achievement recipient, and in 1991, Debby Niehaus honored her with the President's Award. She graces ASPAN with her time and talent while embodying total passion and commitment for our nursing specialty.

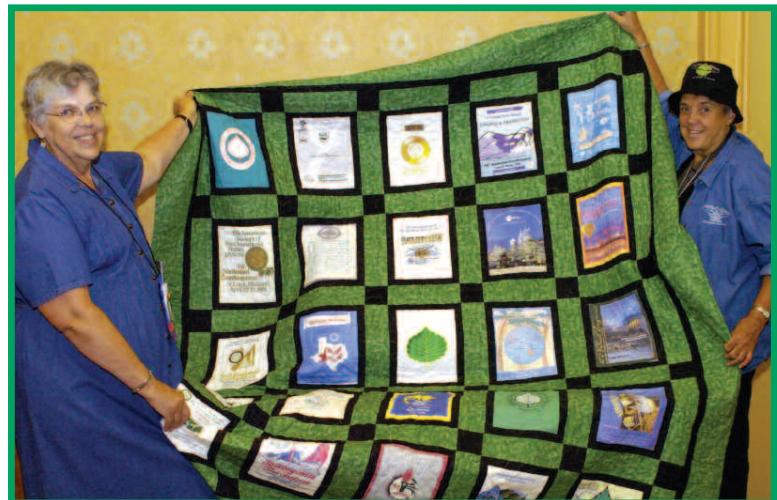
*Congratulations to all of the
2006 ASPA Award
nominees and winners!*

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The Heart of ASPAN: Members Helping Members

ASPA takes pride in the attention members pay to each other related to donations and financial support. One key to our continued success is found in perianesthesia nurses caring about each other. From a development perspective, member support continues to be very significant. Nurses who participated in the Dream Walk raised \$5,305.00. The Silent Auction boasted a profit of \$3,563, and a separate auction item, the ASPAN Anniversary Quilt, raised \$3,059.

One enduring program to raise monies to support nursing scholarship, research, and practice is the "Hail, Honor and Salute" (HHS) initiative. HHS contributions have been given to honor those in the military, those



Roma Schweinfus (left) and Lois Schick display ASPAN's 25th Anniversary Quilt

who are in our care, and those who have mentored us. They can be generated any time during the year, but during the 2006 National Conference, as a direct result of HHS donations, ASPAN components and individual members donated a total of \$8,315! ASPAN says thank you, to all of you. Thank you for promoting excellence at work. Thank you for the expert care provided for perianesthesia

patients. Thank you for keeping our nursing specialty strong and vibrant. Thank you for donating of your time, your talents and expertise. And finally, thank you to all who have been active in raising money and donating money to support the mission of perianesthesia nurses everywhere. 



Above: ASPAN Historian, Esther Watson (right), sharing a moment with an ASPAN member in the 25th Anniversary Room

Opposite Page: Early morning Dream Walkers

Below: Members supporting members at the Foundation Luncheon



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National Conference Sponsors

Many organizations contributed to the success of the Orlando Conference. ASPAN gratefully acknowledges the support of these organizations that so generously "Touched our World" in 2006. Thank You!

American Association of Nurse Anesthetists

Arizant Healthcare, Inc.

Endo Pharmaceuticals

GlaxoSmithKline, Inc.

Hill-Rom Co., Inc.

Jim Coleman, LTD.

Merck & Co., Inc.

Mosby/
Saunders-Elsevier

Nestle USA

ASSPAN Components

ALAPAN

AzPANA

CFAPAN

CBSPLAN

CSPAN

FLASPLAN

GAPAN

HIPAN

OLSPAN

INSPAN

KSPAN

LAPAN

MeSPAN

MaSPAN

MAPAN

MNDAKSPAN

MSPAN

MO-KAN PANA

MO-KAN PANA Metro

Kansas City

NAPAN

NevPANA

NJBPANA

NYSPANA

NYSPANA District 8

NCAPAN

NPANA

OSPAN

PACNA

PANAC

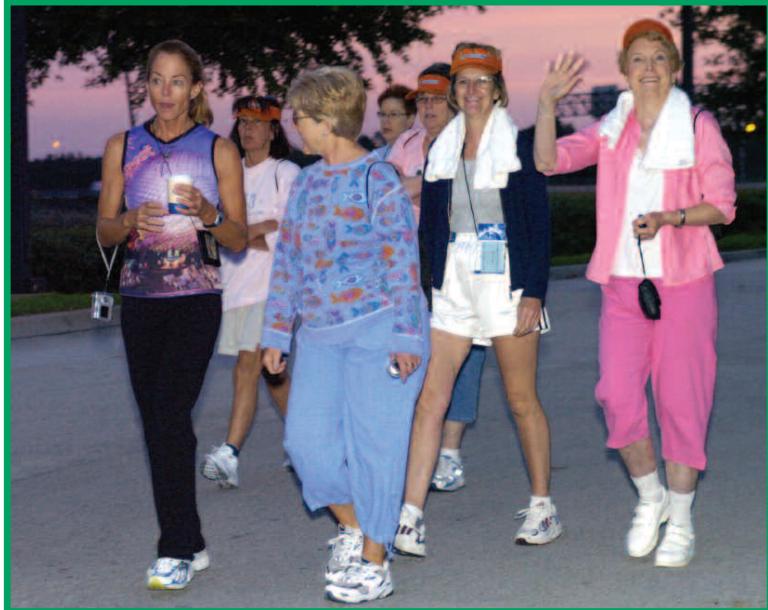
PANANM

PAPAN

RIAPAN

RMPANA

SCAPAN



Take that first step in your journey today...

2007 ASPAN membership brochures are available on the ASPAN Web site. Go to www.aspan.org, click on the "Members" tab and "New Member Application" for complete information. For membership recruitment brochures, call the National Office toll-free @ 877-737-9696, Ext 16.

WANTED

Pictures to include in the 25th National Conference commemorative video...

Snapshots taken from 1980-1999 are primarily needed. Pictures from 2000-2006 are also welcome. All original photos labeled with owner contact information will be returned when the video is completed. Please send scanned .jpeg picture files by e-mail.

Send pictures no later than September 8, 2006 to:

Lois Schick

12823 W. 3rd Place

Lakewood, CO 80228

Phone: 303-989-2281

Email: schickles@aol.com

Thank you for your help with the compilation of ASPAN's 25th year historical video

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2006 Mary Hanna Journalism Award Winners

Clinical Category

First Place

Perianesthesia Respiratory Care of the Bariatric Patient
Rex Marley, MS, CRNA
Becki Hoyle, RN, CPAN, CAPA
Carole Ries, BSN, RN, CPAN

Second Place

Patient-Controlled Modalities for Acute Postoperative Pain Management
Christine Miaskowski, PhD, RN, FAAN

Third Place

When Your Patient is from the Obstetric Department: Postpartum Hemorrhage and Massive Transfusion
Melanie Chichester, BSN, RNC

Research Category

First Place

Activities and Use of Time in the Postanesthesia Care Unit
Panagiotis Kiekkas, MSc, RN
Maria Poulopoulou, RN
Argiri Papahatzi, RN
Christina Androutsopoulou, RN
Marianna Maliouki, RN
Aikaterini Prinou, RN

Second Place

Sleep/Sedation in Children Undergoing EEG Testing: A Comparison of Chloral Hydrate and Music Therapy
Joanne Loewy, DA, MT-BC
Cathrine Hallan, Lic Psych
Eliezer Friedman, MD
Christine Martinez, RN, PNP

Third Place

Effect of Postoperative Supplemental Oxygen on Nausea and Vomiting after Cesarean Birth
Ali Asghar Ghods, MSc
Mohsen Sloeimani, MSc
Mahnaz Narimani, MD

Best Practice Category

First Place

Communication to Facilitate Care of the Obstetric Surgical Patient in a Postanesthesia Care Setting
Keiko L. Torgersen, Col. USAF, NC, MS, RNC

Second Place

Night Watch
Kathy Carlson, MS, RN, CPAN

Third Place

The History of ASPAN Standards
Theresa L. Clifford, MSN, RN, CPAN
Myrna Mamaril, MS, RN, CPAN, CAPA
Ellen Sullivan, BSN, RN, CPAN

CALL FOR 2007 NATIONAL CONFERENCE ABSTRACTS

ASPA's 26th National Conference in Anaheim, California will feature abstracts and posters displayed in two categories: the Celebrate Successful Practice category and Research category. There are very specific guidelines and requirements for each grouping. It is the members' responsibility to choose and submit items in the appropriate category and to meet the required calendar deadline for submission. Please review the criteria and consider submitting your work for presentation in 2007.

See page 19 for more information.



2007 Celebrate Successful Practices

Ellen Sullivan, BSN, RN, CPAN - ASPAN Celebrate Successful Practices Coordinator

Every day challenges occurring in perianesthesia units are frequently encountered by colleagues around the country. "Celebrate Successful Practices" offers an opportunity for members to share solutions to these common practice dilemmas. For example, if your unit developed a flourishing new patient care delivery program, or perhaps experienced new found success with a perianesthesia area staffing model, please consider submitting your best practice method for review by our Celebrate Successful Practice (CSP) Committee.

Any active ASPAN member is invited to submit abstracts for consideration. Abstracts are accepted based on creativity,

applicability, and the impact on perianesthesia health care delivery as it relates to management, education, orientation, and/or the patient. If you are interested in presenting a successful practice poster display, please submit an abstract for anonymous peer review. If the CSP abstract meets criteria, the submitting member will be invited to display the successful practice during a poster presentation session at the 26th National Conference in Anaheim.

Important CSP information and dates:

- There are specific guidelines regarding abstract format and content
- Identified project leaders must be ASPAN members

- Applications MUST be postmarked by November 15, 2006 deadline to be considered. Any applications received postmarked after this date are returned and not reviewed
- Applicants are contacted with a notification of acceptance by December 31, 2006.

For complete Celebrate Successful Practices application information, visit the ASPAN Web site (www.aspan.org), click on the "Clinical Practice" tab, then select "CSP Call for Abstracts" from the drop down menu. To obtain more information on CSP submissions, please call the National Office toll free @ 877-737-9696. Ext 16. 

2007 Research Abstracts

Wanda Rodriguez, MA, RN, CCRN - ASPAN Research Abstract Coordinator

The ASPAN Research Committee provides an opportunity for active perianesthesia nurses to present previously completed, unreported, original research findings from studies pertaining to all phases of perianesthesia nursing. Applicants select from the oral and/or poster format. In 2007, oral research presentations will be presented during a Tuesday afternoon session. ASPAN "Research Poster Grand Rounds" offer attendees contact hours, and are also scheduled for Tuesday. Posters are displayed on Monday, Tuesday, and Wednesday during Conference and presenters are requested to attend on those days.

First time applicants may wish to review published abstracts to assist with the development of a submission. Research abstracts from past conferences' oral and poster presentations are pub-

lished in the June issue of the *Journal of PeriAnesthesia Nursing (JoPAN)*. Another helpful resource is the *JoPAN* article, "Celebrating Successes through Poster Presentation" (Windle, 2001 October). It is necessary to follow the required format; any abstracts not adhering to required application guidelines will not be reviewed. All abstracts undergo an anonymous peer review process, and acceptance of abstracts is based on scientific merit and adherence to the submission guidelines. When accepted, the first author in both abstract formats receives an honorarium and award certificate.

Important Research Abstract information and dates:

- If interested in presenting research findings at the 26th National Conference in Anaheim, please follow the guidelines for abstract submission

- Complete and submit the ASPAN Research Abstract Submission Checklist Form
- Application for Oral Paper Presentations and Poster Presentations MUST be postmarked by November 1, 2006. Any applications received postmarked after this date are returned and not reviewed
- Applicants will receive notification from the reviewers by December 15, 2006

For complete Research Abstract application information, visit the ASPAN Web site (www.aspan.org) and click on the "Research" tab, then select "Call for Research Abstracts" from the drop down menu. To obtain detailed information on Research Abstract submissions, please call the National Office toll free @ 877-737-9696. Ext 16. 

Call for Submissions

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ASPAN Celebrate Successful Practice Abstract Submissions

25th National Conference, April 30 – May 4, 2006

This year, a record number of poster presentations were displayed, reviewed, and discussed throughout National Conference week. We acknowledge and applaud the collaborative efforts of all perianesthesia nurses, who at the grassroots level promote innovative practice initiatives that impact the nursing profession in a positive and progressive way. The complete abstracts are printed in the *Journal of PeriAnesthesia Nursing*.

Development and Implementation of a Web Site for the Center for Preoperative Evaluation

Susan Crimmins, RN
Kathleen M. McGath, RNCS
Margaret Pothier, CRNA
Jeanne Lanchester, MEd, RN

The Use of a Computerized PeriOperative Nursing Report to Facilitate Verbal Hand-off Report to the Post Anesthesia Care Nurse

Katrina Bickerstaff, BSN, RN, CPAN, CAPA
Eric Hahn, RN

Incorporating Day Surgery Staff Members into the PACU Clinical Practice Committee

Sandra Torrisi, BS, RN
Janet Piatek, RN
Donna Martin-Barber, BSN, RN
Jeanne Lanchester, MEd, RN

Evolution of the Nurse Practitioner Role in the Center for Preoperative Evaluation

Ellen M. Leary, RNCS
Kathleen M. McGrath, RNCS
Jeanne Lanchester, MEd, RN

When PACU Becomes an ICU

Danielle Couto, BSN, RN
Deidre Devaux, BSN, RN
Karen Lane, BSN, RN
Victoria Sherry, RN
Jeanne Lanchester, MEd, RN

Priority Number One: Addressing Patient Complaints

Sally Sackett, BSN, RN, CPAN
Linda Yale, RN
Kathy MacMaster
Robert Tatelbaum, MD
Dominic Cortese, MD

Malignant Hyperthermia - Review and Care of the Patient

Linda Beagley, BSN, RN, CPAN

Pretty Amazing Care Unit

Mary Ann Jordan, RN, CPAN

Unit Level Committees Improves Practice & Decision Making

Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA

Post Anesthesia Care Record Revision

Linda Bowles, RN, CPAN
Laurie Cushman, BSN, RN, CPAN
Christina Marshall, BSN, RN
Cynthia Shuster, MSN, RN
Kelly Stanton, BSN, RN
Kathleen Whisenhunt, BSN, RN
Jan Willison, RN

Diversity of National Coalition of Ethnic Minority Nurses Association (NCEMNA): What Does it Mean to Me?

Dina A. Krenzischek, MAS, RN, CPAN

POCCA - A Multidisciplinary Approach

Michelle Honeywell, RN
Joyce Perdue, BSN, RN

PAC Collaborative Practice Model

Maryanne Rinaldi, RN
Donna Sassi, RN
Terry Dagesse, RN
Sharon Dinsmore, RN
Donna Serafin, RN
Stephanie Laude, RN

Development and Implementation of a Unit-Based Certification Course

Myrna Mamaril, MS, RN, CPAN, CAPA
Barbara Krumbach, MSN, RN, CCRN

Pain Management Options for Total Knee Replacement

Janet Fricker, BSN, RN
Joyce Burke, RN, BES
Shirley Raymond, RN
Richard Gregg, MD
Patrick Kirk, MD

Development and Implementation of a Beta Blocker Recommendation

Valerie Watkins, BSN, RN
Katie Conyers, FNP
Sandy Godcharles, BSN, RN
Robert Page, PharmD

Improving Flow of Transfer

Herminia Robles, BSN, RN, CPAN
Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA
Ray Rivera, BSN, RN, CPAN
Teresita Santiago, BSN, RN, CPAN

Implementation of the CheckSite System to Improve Patient Safety

Marigrace Clarke, RN, CAPA
Beth Rosenthal, BSN, RN
Edna Woods, RN, MBA
Timothy Chole, Vice President, CheckSite Medical, Inc.

Center for Virtual Care - Innovation in Education: "You Can Learn a Lot From a Dummy"

Susan Fossum, BSN, RN, CPAN
Carrie Muntz, RN

Pre-Operative Education of PCA

Sharon Kelly-Sammon, BSN, RN, CPAN
Susan Croteau, BSN, RN
Pamela Enge, RN

Perioperative Alert: A Multidisciplinary Approach to Reduce Operating Room Holds

Joann Gilmore, RN
Susan E. Hoffman, BSN, RN, CPAN
Frederick Ackler, MS, CRNA
Kelli Brown, BSN, RN
Krista J. Casey, BA
Julia Clelland, MSN, RN
Joan Collette, RN
Lois Guerra, BSN, RN
Marilyn Guidi, RN
Wendy Heil, RN, BA
Andrew Kovach, CRNA
Brian Leader, MS, MBA

Tami Lee, MSN, MBA, RN
Lisa Metcalf, BS
Lisa Romano, MSN, RN
Margaret Stoudt, BSN, RN
Tammy Straub, MSN, RN

SAFETY: A Commitment, Not a Standard

Herminia Robles, BSN, RN, CPAN
Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA
Lawrence Chua, BSN, RN

Outpatient Follow-Up Calls: What are Patients Reporting?

Dina A. Krenzischek, MAS, RN, CPAN
Zenaida B. Rodriguez, BSN, RN
Maria Graziela F. Bautista, BN, RN, CPAN

Role Diversity: Utilization of Unlicensed Assistive Personnel In PACU

Kathleen Dureault, BSN, RN, CCRN, CPAN
Beth Villasenor, BSN, RN, CPAN
Jessica Paragas, BSN, RN, CPAN
Tanya Leach, BSN, RN

Mentoring in the PACU

Janet Gilbert, BSN, RN
Margaret Netti, BSN, RN, CPAN

Preoperative NPO Compliance: It's Good for You

Karen Bernardini, RN
Leslie Plona, MSN, CRNP
Pamela Sarcinello, BSN, RN
Carol Donnor, MHA, RN, BC

Standardized Approach to PACU Scheduling Using ASPAN Standards

Leslie O. Plona, MSN, RN, CRNP

Contrast Induced Nephrotoxicity (CIN) Prevention Project

Linda C. Mumblo, RN
Kathleen O'Connor, RN
Sandra Cennamo, RN
Renee Tompkins, RN
Jan Fitzgerald, RN
George Hartnell, MD

PACU Transition Nurse

Karen K. Thomas, RN, BSN
A. Cyphert, RN
B. Quatara, MSN, RN
P. Schenck, RN
E. Webb, MSN, RN

Healthy Adult Fluid Replacement Chart

Joyce Chase, RN, CAPA

Hands Free Communication - The Link to Improved Efficiency and Patient Care

Susan Fossum, BSN, RN, CPAN
Karen Lynch, RN

Development of PreProcedure Consult Services

Valerie Watkins, BSN, RN
Katie Conyers, FNP
Jose Melendez, MD

Facing the Challenge of a New Generation of Hires: Revamping Orientation to Meet their Needs

Helen B. Nabong, BSN, RN, CPAN
Kim Porter, RN
Toni Szpara, BSN, RN, CCRN, CPAN, CAPA
Denise O'Brien, MSN, APRN, BC, CPAN, CAPA, FAAN

The Role of a PACU Nurse in a Multidisciplinary Program: IV Conscious Sedation

Laura A. Owen, BSN, RN, CPAN
Dina A. Krenzischek, MAS, RN, CPAN

Mary Ares, MSN, RN

Interdisciplinary Collaboration for Improved Practice and Economic Outcomes R/T Oxygen Delivery Systems

Martha Kent, MSN, RN

Improving Patient Comfort and Normothermia for Surgical Patients

Carol Machemer, BSN
Donna Johnson, BSN, RN
Lynda Rae Pearson, BSN, RN
Beth Sausen, BA
Lori Reiland, MBA

Development and Implementation of Preprocedure Checklist

Tanya Beck, RN
Myrna Mamaril, MS, RN, CPAN, CAPA
Salinas Abel
Catherine Behnke
Jennifer Costello
Jeffery Dougherty
Jan Hagman
Crystal Hunter
Jessica Kershaw
Aspen LaRiviere
Carol Ruscin

Maximizing Management of Perianesthesia Patient Flow - Preop & PACU Online Tools

Denise O'Brien, MSN, APRN, BC, CPAN, CAPA, FAAN
Beverly Smith, BSN, RN, CPAN, CAPA
Donna Maddox, RN, CNOR

Post-Operative Pain Management in Patients Undergoing Oculoplastic Surgery

Donna Dolezal, BSN, RN, CPAN
Vicki Harkins, RN
Eileen Vogel, BSN, RN
Dee Wilson, BSN, RN

End Tidal CO₂ Monitoring Plus Pulse Oximetry Monitoring vs. Pulse Oximetry Monitoring Alone in Post-Anesthesia Patients

Donna Dolezal, BSN, RN, CPAN
Diana Besler, RN
Jo Kledis, RN
Cyrstal Youngs, RN

Integrating JCAHO Patient Safety Goals to reach Barnes Jewish Hospital (BJH) Performance Pillars

Kathleen Harris, RN
Marigrace Clarke, RN, CAPA
Edna Woods, MBA, RN
Melinda Brinkhorst, RN

A Creative Approach to Staffing in the Post Anesthesia Care Unit

Terry Patrin, BSN, RN, CPAN
Pat Anderson, BSN, RN, CPAN
Irene Bonin, RNC

Joint Replacement Post Surgical Care

Terri Patrin, BSN, RN, CPAN
Pat Anderson, BSN, RN, CPAN
Irene Bonin, RNC

"On the Bus to Chicago" - A Continuing Education Experience Creating New Linkages

Toni Szpara, BSN, RN, CCRN, CPAN, CAPA
Denise O'Brien, MSN, APRN, BC, CPAN, CAPA, FAAN
Mary Labeske, RN, CCRN
Sharon Dickinson, MSN, ANP, CNS, RN, CCRN

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(<http://www.cpancapa.org>)

Certification

Sara Waldron Receives ABPANC's 6th Annual Advocacy Award



Sara Waldron (left) accepts the ABPANC Advocacy Award from Susan Shelander

The 6th annual ABPANC Advocacy Award was presented at the CPAN/CAPA Celebration Breakfast on May 1, 2006, to a very surprised Sara Waldron, BSN, RN, CPAN. Sara is a staff nurse at Carondelet St. Joseph's Hospital, PACU, in Tucson, Arizona. This award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate and is the highest accolade given to a certified nurse. Nominated by her colleague, Eileen Dalton, Eileen wrote a story describing only one of many instances when Sara truly advocated for a patient. The amazing thing about Sara's story is that she does not see herself as going above and beyond, or doing something difficult, different or spectacular. To Sara, she is just doing what any certified peri-anesthesia nurse would do in similar circumstances. Her example encourages others to be aware of the immediate postoperative needs of patients while getting involved to teach patients to become self advocates. This inspiring story can be read in its entirety by visiting the APANC Web site (www.cpancapa.org).

Sara was presented with the beautiful Lladro Nurse Statue and a scholarship for her next recertification fee. Eileen, as the individual who took the time to submit the story, received a \$100 cash award. The unit in which Sara and Eileen work received a \$350 award to use for certification/ recertification fees, books, or continuing education.

Do you have a story to tell about how a CPAN/and or CAPA certified nurse advocated above and beyond to meet the needs of a perianesthesia patient and/or their family? Nominations are due on February 1, 2007, so you have the next few months to look around you to identify a colleague who has taken a risk and identified strategies to meet patient needs by looking outside the box. More information about ABPANC's Advocacy Award can be found on the ABPANC Web site. 

ABPANC Elections Held

The newly elected ABPANC officers are:

President-Elect -
Phoebe Conklin, BSN, RN, CPAN
Secretary/Treasurer -
Maria Anderson, BSN, RN, CPAN
Director -
Emily Allen, BSN, RN, CPN, CPAN
ECC Chair-Elect -
Valerie Gillis, RN, CPAN

2006 ABPANC Shining Star Award Recipients

Linda Wilson, PhD, RN, CPAN,
CAPA, BC
AzPANA, MeSPAN, OSPAN

2006 Inductees into the ABPANC Leadership Circle

Day Surgery Center
St. Luke's Episcopal Hospital
Houston, TX
Day Surgery Center and PACU
Rush-Copley Medical Center
Aurora, IL

November 2006 Certification Exam Registration Dates

- Special test site request postmark deadline - **8/21/06**
- Initial application postmark deadline - **9/5/06**
- Late application postmark deadline (must submit a \$50 late fee) - **9/11/06**
- Application withdrawal/roll over postmark deadline - **9/18/06**
- Test site transfer request postmark deadline - **10/2/06**

November Recertification Postmark Deadline Change

Please note! Recertification application materials require a postmark no later than November 1, not November 30, 2006.

Online Practice Exams Available

ABPANC is pleased to announce that its practice exams are available on-line. A new 100 item practice exam is available for each of the CPAN and CAPA examination programs. Taken on-line, one's score is immediately available with performance feedback regarding each of the four Patient Needs' Domains. To access the Practice Exam Program, visit the ABPANC Web site (www.cpancapa.org) and click on Practice Exams. The paper/pencil versions of the practice exams are no longer available.

Contact ABPANC for Certification Information

ABPANC
475 Riverside Drive, 6th Floor
New York, NY 10115-0089
Phone: 1-800-6ABPANC
Fax: 212-367-4256
www.cpancapa.org

Perianesthesia Research Touches the Nursing World

Highlights from the 25th National Conference

Myrna Mamaril, MS, RN, CPAN, CAPA – ASPAN Director for Research

This was a great year for peri-anesthesia nursing research! ASPAN Research Grand Rounds highlighted the opening of concurrent educational sessions on Tuesday, May 2, 2006. The Conference Research Track featured several diverse research topics: "Minimum Nurse Staffing Ratios and Outcomes" with Dr. Margaret Hodge; the Evidenced Based Practice (EBP) Panel facilitated by ASPAN's EBP Committee Chair, Jackie Ross, MSN, RN, CPAN; "Safety Begins with Us" by Dina Krenzischek, MAS, RN, CPAN; and Oral Research Poster Presentations facilitated by Wanda Rodriguez, MA, RN, CCRN. Each research presentation described important scientific practice questions and concerns while discussing how research findings advance the perianesthesia clinical environment of care. Nine scientific studies were featured, which included abstract poster presentations for research and evidence based practice:

Family Visitation in the Post-Anesthesia Care Unit

Divina Gato, BSN, RN, CCRN, CPAN
Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA
Ray Rivera, BSN, RN, CPAN
Hermie Robles, BSN, RN, CPAN
Teresita Santiago, BSN, RN, CPAN
Tom Prodan, RN, CPAN
Agnes Wang, BSN, RN
Teresa Walsh, PhD, RN, BC

Noninvasive Core Temperature Measurement: A Systematic Review

Vallire D. Hooper, MSN, RN, CPAN

What is the Effect of Music on Postoperative Pain, Anxiety, Hemodynamic Status and Patient Satisfaction?

Leah Guardino, MSN, RN
Coletta Coles, BSN, RN
Lydia DiCroce, RN
Linda Fahey, RN
Rose Mangulabnan, RN
Carmen Pascual, RN
Minviluz Rueda, RN

Assessment of the Safety Culture Among Perianesthesia Nurses

Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA
Dina A. Krenzischek, MAS, RN, CPAN
Linda Wilson, PhD, RN, CPAN, CAPA, BC

Opioid Use, Length of Hospital Stay (LOS) and Postoperative Ileus (POI) after Colonic Surgery: Results from a US Survey of Clinical Practice

Nancy Strzyzewski, BSN, RN, CPAN, CAPA
Susan Carter, BSN, RN, CPAN, CAPA
Robert W. Beart, MD
Richard P. Billingham, MD
John G. Fort, MD
Russell Williamson, MD

Nurse Satisfaction and Ease of Care with Patient-Controlled Postoperative Pain Management Modalities: Iontophoretic Fentanyl HCI Patient-Activated Transdermal System (PATS) Versus Intravenous Patient-Controlled Analgesia (IV PCA) with Morphine

Rosemary C. Polomano, PhD, RN, FAAN
Kathryn Gargiulo, RN, MPA
Sue Vallow, RPh, MBA, MA

PACU Visitation: An Evidence Based Practice Study

Myrna Mamaril, MS, RN, CPAN, CAPA
Dina A. Krenzischek, MAS, RN, CPAN
Mary Ares, MSN, RN

Perianesthesia Nurse Satisfaction with Continuing Professional Development

Kathleen DeLeskey, MSN, RN, CPAN
Susan J. Fetzer, PhD, MBA, RN

Incidence of Arrhythmias in ASA I Patients in the Phase I PACU

Kathy Daley, MSN, RN, CNS, CCRN, CPAN
Sonia Huff, MSN, RN, CPAN

The final research highlight occurred at the Closing Ceremonies when ASPAN was proud to present an ASPAN Research Grant under the Novice Researcher Category to Diane Jackson, BSN, RN, CPAN, for the scientific study, *Evaluation of a Pre-Operative Intervention to Prevent Hypothermia in Adults Receiving Total Joint Replacements.*



Breathline

Volume 26, Number 4
July/August 2006

Component Education Offerings

September 30, 2006 OPANA's Fall State Seminar will be held at The Ohio State University in Columbus, Ohio. For information or a conference brochure, contact Teri Shine at teri.shine@lhs.net or 440-953-6160.

September 30-October 1, 2006 Tennessee Society of PeriAnesthesia Nurses (TSPAN) Conference, Embassy Suites, Nashville TN. Contact mep@chartertn.net for information.

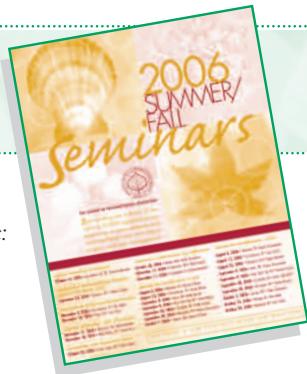
October 6-8, 2006 Attend Rocky Mountain Perianesthesia Nurses Association (RMPANA) 8th Annual Retreat in the Rockies, at Snow Mountain Ranch in Fraser, Colorado. ASPAN President, Pam

Windle, is a featured speaker. Contact Lynda Marks at 303-771-1668, lyndamarks@qwest.net or www.rmpana.org

October 7, 2006 The South Carolina PeriAnesthesia Nurses (SCAPAN) will hold its Annual Fall Conference at the Sea Mist Resort in Myrtle Beach, SC. For information contact Lynn Bond at lbond007@aol.com

October 14, 2006 The Wisconsin PeriAnesthesia Society (WISPA) will hold the Annual Fall Seminar in Eau Claire, WI. For more information check the WISPA Web site at <http://slingshotrally.com/wispan/>

October 20-22, 2006 New York State PeriAnesthesia Nurses Association (NYSPANA) state conference: "Developing Our Perianesthesia Expertise", R.I.T. Inn/Conference Center, Rochester, NY. Contact Susan Alati at salati@rochester.rr.com.



September 9, 2006
Review for Certification: CPAN
Review for Certification: CAPA
Mars (Pittsburgh), PA
New York City

September 23, 2006
Foundations of Perianesthesia Practice
Duluth, MN
Ambulatory Perianesthesia Practice: Beyond the Basics
Syracuse, NY

September 30, 2006
Review for Certification: CPAN
Review for Certification: CAPA
Charlotte, NC
Rochester, NY

October 7, 2006
Review for Certification: CPAN
Review for Certification: CAPA
Seatac, WA

2006 Summer/Fall Seminars

October 14, 2006

Aging: Everybody is Doing It
Egg Harbor City, NJ
Review for Certification: CPAN
Oak Brook, IL

October 20, 2006 (Friday)

Review for Certification: CPAN
Honolulu, HI

October 28, 2006

Pediatrics: Little Bodies, Big Differences
Boston, MA
St. Louis, MO
Navigating the Regulatory Maze
Creve Coeur, MO

November 4, 2006

Foundations of Perianesthesia Practice
San Antonio, TX

November 11, 2006

Pediatrics: Little Bodies, Big Differences
Charleston, WV
Springfield, IL
Legally Speaking: Just the Facts
Richmond, VA

November 18, 2006

Legally Speaking: Just the Facts
White Plains, NY
Foundations of Perianesthesia Practice
Tulsa, OK

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