



Newsletter of the American Society  
of PeriAnesthesia Nurses

# Breathline

Volume 28, Number 4

July/August 2008

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## Celebrate Good Times

After returning home from ASPAN's 27th National Conference, I pushed the button on a musical bear given to me by my dear friend, Esther Watson. Immediately, the words from Kool and The Gang's chart topping song called out as the bear joyfully danced across my table. "Celebrate good times, come on! Celebrate good times, come on! ... Everyone around the world, come on!"<sup>1</sup>

I am reminded of the need for us to celebrate an **awesome** conference week and the ASPAN legacy we continue to build. As one of only five members who have attended every ASPAN National Conference, I can report that this event seems to get better and better each year. With such outstanding speakers, networking time with colleagues and fun social events, the feeling of camaraderie is indescribable. Equally special is the renewal of old, and creation of new, friendships. We have many, many reasons to celebrate.

### On the Move

Change is inevitable in our lives, and we continue to embark on multiple changes each year. Commitment is a quality that enables us to reach our goals. ASPAN's core purpose is to advance the unique specialty of periesthesia nursing. This is coupled with a goal to be recognized by the healthcare communi-



**Lois Schick**  
**MN, MBA, RN, CPAN, CAPA**  
**ASSPAN President 2008-2009**

ty worldwide as the leading organization for periesthesia nursing education, practice, standards and research. Our organization is successful because of the dedication and commitment of the mission directors and work teams.

The education team, under the direction of Linda Ziolkowski, MSN, RN, CPAN, presents many seminars and workshops throughout the United States. Some programs have been updated and new programs are in development for release this year. The speaker development program has been very successful. I salute each of the speaker development participants who presented a topic in Grapevine, not only to the 40 limited attendees as advertised, but to the over 300 people who attended some sessions! My hat goes off to you, and to ASPAN Meeting Manager Courtney Papp, CMP, who facilitated last minute meeting room changes to accommodate the demand for more

space. Thank you Courtney!

Our Education Approver Committee, led by Barbara Hannah, EdD, MS, RN, CPAN, has reviewed and approved a total of 75 applications for contact hours over the past year. Beginning in July 2008, all contact hour applications must be submitted via electronic transmission to the ASPAN National Office. The application manual, and all required materials for submission, are available on the ASPAN Web site ([www.aspan.org](http://www.aspan.org)). The Education Provider and Education Approver Committees underwent a review by the American Nurses Credentialing Center-Certification on Accreditation (ANCC-COA) in late May. ASPAN now awaits the results of the re-accreditation review.

### Best Practice

The Clinical Practice Committee continues to grow and will embark on a new team process this year. Led for the past two years by newly elected ASPAN Vice-President/President-Elect Terry Clifford, MSN, RN, CPAN, this committee fielded 1719 questions from February 2007 to January 2008! Terry and her committee did a remarkable job managing and responding to the high demand for questions to be answered. The Celebrate Successful Practices program featured 58 wonderful posters at National Conference, with the

*continued on page 2*

**ASPN**  
**Component**  
**Development**  
**Institute**  
  
**September 5-7,**  
**2008**  
**Salt Lake City,**  
**Utah**

authors present to discuss the featured findings. This was an added networking and educational opportunity for our attendees.

This year, ASPAN will strive to include more members in the clinical query answering process. Incoming Director for Clinical Practice, Barbara Godden, MHS, RN, CPAN, CAPA, will be implementing a new team process for answering these questions. Prior to being elected to this position, Barb chaired the Standards & Guidelines Committee. The revised *2008-2010 Standards of Perianesthesia Nursing Practice*, approved by the Representative Assembly (RA) in May, will become available for purchase later this year.

## Expanding Research

Our research team has had a productive year through the directorship of Jacqueline Ross, MSN, RN, CPAN. A successful new workshop was developed and conducted to assist nurses in the design of a research study. This event focused on providing consultation for research question and methodology development. This year, ten research posters were displayed with the respective investigators present to discuss the study findings during poster grand rounds.

ASPAR supports members by providing a research grants program. If you are in the process of research, do consider applying for an ASPAN grant. In addition, a limited number of nurses are selected each year to participate in both the Education and Research Speaker Development Programs. If you are interested in participating, please contact Linda Wilson, PhD, RN, CPAN, CAPA, BC, CNE, ASPAN Nurse Liaison for Education, Research and Clinical Practice (lwilson@aspn.org or 877-737-9696 Ext. 21) for information.

## More Development

The Development team, directed by Dolly Ireland, MSN, RN, CPAN, CPN, had a successful year raising monies for YOU! Our scholarship program supports continuing education and certification efforts, attendance at National Conference and the Nurse in Washington Internship program. Seventeen scholarships were awarded to ASPAN members this past year.

Our mission teams and committees have been busy and will continue to keep active this year. Who would have thought when ASPAN's legacy began in the early 1980s, that we would have such productivity and capability? Today, we use the Internet to conduct business and look forward to the use of Webinars and other new technologies.

## Keep on dreaming... for dreams create lasting legacies.

Perianesthesia practice is ever-changing. We continue to experience increasing numbers of gastroenterology, interventional radiology and cardiovascular procedure patients who require care after sedation/analgesia. We are more involved in the care of obstetric patients and are frequently holding patients in PACUs and ambulatory care units because beds are not available.

ASPAR endeavors to network with other professional organizations to define the current scope of practice. This scope must incorporate, and best represent, the practitioners we have become. Nurses must embrace these changes so patients receive the safe, quality care they deserve.

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## ASPAR Breathline

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Deadlines for inclusion in *Breathline*:

Issue .....Deadline

January .....November 1

March .....January 1

May .....March 1

July .....May 1

September .....July 1

November .....September 1



# ASPN COMPONENT DEVELOPMENT INSTITUTE



## BACK TO BASICS: A-Z

Sheraton Salt Lake City  
**September 5-7, 2008**

Join ASPAN for a fun filled, packed learning opportunity designed to develop your component. This year's focus on the basics in nonprofit organizations provides new and renewed skills for managing a component.

Back to Basics topics, as suggested by component leaders, include:

- Financial Management
- Strategic Planning
- Membership Strategies
- Conducting Meetings
- Component Newsletter Ideas
- Preparation of and Providing Education Programs
- Research Basics
- Clinical Practice Implementation
- Plus Much More!

ASPN leaders will be available for mentorship, coaching, support and cultivation of current and future component leaders.

**Join peers in learning, networking and building the component's legacy.  
Get involved with YOUR ASPAN today!**

Attendance is open to ASPAN members only. Contact hours will be provided.  
The hotel room rate is \$109; room reservation cut-off date is Wednesday, August 6, 2008.  
For more hotel information call 801-401-2000.

*Go to the ASPAN Web site ([www.aspan.org](http://www.aspan.org)) for complete details and online registration services. To request a program brochure call the National Office toll free @877-737-9696 Ext. 17.*

President's Message  
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ASPN President Lois Schick shares a special moment with her sister Lavonne at the Closing Ceremonies in Grapevine, TX

Insuring the best care possible must start with each of us.

Dream outside the box, and who knows where we will be as the year progresses? Kermit the Frog says: "Dreams are how we figure out where we want to go. Life is how we get there."<sup>2</sup> We will celebrate accomplishments and your commitment to ASPAN's mission as we continue to dream to create lasting legacies.

### REFERENCES

1. Kool and The Gang. *Celebration. Celebrate. Delite*: October 2, 1984.
2. Kermit the Frog. *Before you Leap: A Frog's-Eye View of Life's Greatest Lessons*. Des Moines, Iowa: Meredith Books, 85, 2006.



*The annual CDI offers component members a unique opportunity to meet with ASPAN's mission leaders and network in a relaxed, collegial environment*

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## **Call for Nominations Stand Together in Balance**

Susan Fossum, BSN, RN, CPAN

Neither standing still nor stepping backward will achieve a balanced approach for moving ASPAN's strategic goals forward. This year, the call was heard by new ASPAN leaders who assumed positions in which to realize professional dreams and visions. Such actions will continue to create lasting legacies for our professional organization.

ASPAN has a rich foundation of leadership from those who stepped forward to contribute to our nursing specialty. In order to create lasting legacies, it is sometimes necessary to reach beyond our comfort zones. Courage, dedication and commitment are needed to balance one's personal and professional life while using talent and leadership skills to create new directions for ASPAN.

### **Step Up!**

Your professional organization needs participation. I invite and encourage each of you to take this important and valuable step. It is



**Susan Fossum  
ASPAN Immediate Past President**

YOUR time! Members who are a current and/or past Officer, Director, Editor, Committee Chair or Representative Assembly member, active for a minimum of two years, are encouraged to step forward and accept the challenge of ASPAN leadership.

Qualified candidates are needed for the following positions on the 2009-2010 ASPAN Board of Directors:

- Vice President/President-Elect (three-year term)
- Treasurer (two-year term)
- Director for Education (two-year term)

*To receive more information and declare your candidacy, please contact Sue Fossum ([sfossum@aspn.org](mailto:sfossum@aspn.org)) or Jane Certo at the ASPAN National Office ([jcerto@aspn.org](mailto:jcerto@aspn.org)) or 1-877-737-9696 ext. 13.*

## **Congratulations Newly Elected ASPAN Nominating Committee Members**



**Michelle Honeywell  
RN, CPAN**



**Laura Kling  
MSN, RN, CNS, CPAN**



**Jan Lopez  
BSN, RN, CPAN, CAPA**



**Wanda Rodriguez  
MA, RN, CCRN**



**Candace Taylor  
BSN, RN, CPAN**

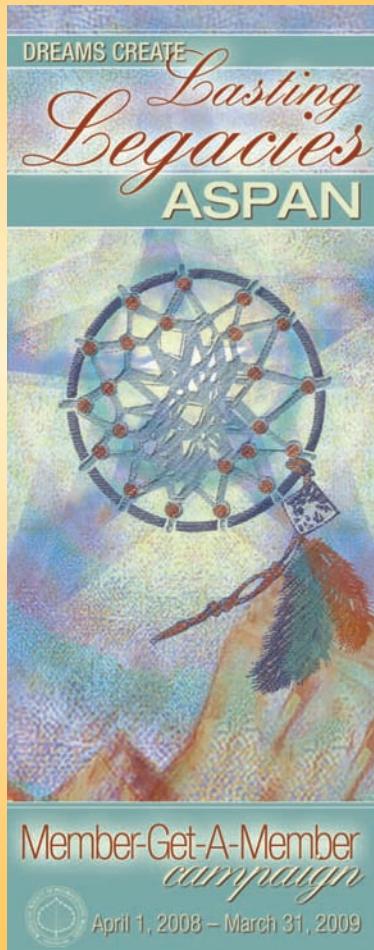
- Director for Research (two-year term)
- Regional Director, Region One (two-year term)
- Regional Director, Region Three (two-year term)
- Regional Director, Region Five (two-year term)
- Nominating Committee – Five positions available (one-year term)

**Deadline for Call to Serve:  
October 1, 2008**

 A Candidate Profile Sheet must be submitted by e-mail only with a date stamp no later than October 1, 2008. No hard copies or faxes of the profile sheet will be accepted for any reason.

 An Intent to Place Name for Nomination form must be signed and mailed to the ASPAN National Office, postmarked no later than October 1, 2008. 

## Support the Member-Get-A-Member Campaign



## Recruitment Champions

Jane Lind, BS, RN – Chair, ASPAN Membership/ Marketing Committee

Serving as dedicated perianesthesia nursing advocates, 934 ASPAN members recruited 1,455 new members to our professional organization over the past year. For the first time in our history, ASPAN had two winning top recruiters. Maureen Schnur, MS, RN, and Mellaknese Coker, RN, CPAN, CAPA. Each member recruited 31 new ASPAN members! These awesome Member-Get-A-Member (MGM) Campaign recruiters received an engraved plaque, a complimentary one year ASPAN membership, and a complimentary free registration to the 2009 National Conference in Washington, D.C. Our congratulations and thanks go to Maureen and Mellaknese.

The Rocky Mountain Perianesthesia Nurses Association (RMPANA), the top component recruiter, had 11.28% of their members serve as recruiters. RMPANA was the recipient of two free conference registrations for the 2009 ASPAN National Conference.

Each time an ASPAN member recruited a new member, the recruiter's name was entered into a random drawing. The lucky winner of the random drawing for a complimentary registration to the 2009 National Conference was Donna Dolezal, BSN, RN, CPAN. 

Thank you to all 2008-2009 ASPAN recruiters for "Joining Your Voice with all of ASPAN." Your MGM efforts have formed a powerful legacy indeed!



Membership/Marketing Committee member, Marigrace Clarke (left), presents a plaque to Top Recruiter Maureen Schnur.



RMPANA President, Becki Hoyle (left), accepts the Top Component Recruiter Award from Marigrace Clarke

## Update Your Member Profile

ASPA member profiles contain important demographic and contact information. Frequently, this information becomes outdated after a change in credentials, workplace, e-mail or home address. In an effort to maintain a current database, we ask every member to log on to ASPAN's Web site ([www.aspan.org](http://www.aspan.org)) to validate/update your current profile.

**Thank you for keeping ASPAN informed!**



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**Terry Clifford**  
ASSPAN Vice President/  
President-Elect

## Stepping into Balance Call for Member Participation

Terry Clifford, MSN, RN, CPAN

Why focus on balance? As the nature of the health-care world changes, our professional work environment also changes. These changes make finding balance difficult, but also call for a shift in our view and definition of the life: work balance. Balance is much more than finding time to do all that you want to do. It is also about feeling fulfillment, satisfaction, and a sense of contribution.

Balance is also about being a part of the whole. In the same way that there could be no forest with just one tree, there would be no ASPAN without involvement of the many volunteer members. I am inviting you to consider sharing your education, knowledge, experience and passion for peri-anesthesia nursing as a member. Participation will not only help you find accomplishment in your professional life, but in your personal life as well.

Creating ASPAN's future includes generating synergy and balance among clinical practice, research and education. A commitment to the "Willingness to Serve" process is a pledge to enriching

*"Be aware of wonder.  
Live a balanced life –  
learn some  
and think some  
and draw and paint  
and sing and dance  
and play and work  
every day some."<sup>1</sup>*  
~ Robert Fulghum

your own soil and nourishing the roots that support and sustain us.

### Choosing Balance

Your contributions are essential to ASPAN's continued growth and to the evolving practice of peri-anesthesia nursing. There are many opportunities to participate. Are you a clinical nurse, educator, manager or researcher? Our standing committees, strategic work teams, and specialty practice groups need and welcome your expertise and support.

"We are not separate. We are a family, a collective, a community with all of life."<sup>2</sup> Any contributions you bring, large or small,

are always appreciated. For information and descriptions of ASPAN's committees and work groups, please visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)). Let service and leadership bring balance to your professional life, and to shaping ASPAN's future.

### REFERENCES

1. Fulghum R. *All I really need to know I learned in Kindergarten*, Villard Books: New York, 6-7, 1990.
2. Watts A. Forbidden knowledge and the Aspen body. October 2007. Available at: <http://wildresiliencyblog.wordpress.com/category/community-resilience>. Accessed May 28, 2008. 

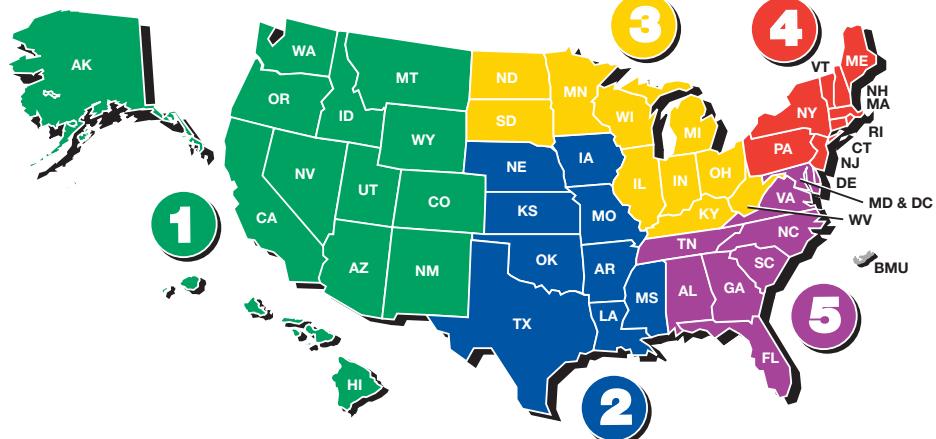
**To submit your 2009-2010 WTS form go to the ASPAN home page "Members" tab and select "Willingness to Serve".**

**To request a WTS form, call the National Office toll free @ 877-737-9696 ext. 16.**

**Online submission and postmark DEADLINE is OCTOBER 31, 2008**



ASSPAN Regional Directors are accessible by e-mail. To contact your director, go to the ASPAN Web site ([www.aspan.org](http://www.aspan.org)), click on the "About Us" tab, and then select "Organization" from the drop down menu.



# 2009 NATIONAL CONFERENCE ABSTRACTS

ASPAN's 28th National Conference in Washington, D.C. will feature abstracts/posters displayed in two categories: the Celebrate Successful Practice category and the Research category. There are very specific guidelines and requirements for each grouping. It is the members' responsibility to select the appropriate category and to meet the appropriate calendar deadline for submission.

## 2009 Research Abstracts

The ASPAN Research Committee provides active perianesthesia nurses with an opportunity to present previously completed, unreported, original research findings from studies pertaining to all phases of perianesthesia nursing. A choice of oral and/or poster format may be selected for the 2009 National Conference presentations. Oral papers will be presented on Tuesday, April 21st during the "Oral Research Presentations" afternoon session. Poster displays will occur on Monday, Tuesday and Wednesday of Conference week, with poster grand rounds scheduled on Tuesday. Poster presenters are requested to be in attendance on these days.

A copy of the Institutional Review Board approval letter must be submitted; the evidence based practice format may not require such approval. Those submitting oral and poster abstracts are given the opportunity to have their abstracts published in the June issue of the *Journal of PeriAnesthesia Nursing* (JoPAN). These may be helpful for abstract development. Other helpful resources are available in the Research section of ASPAN's Web site.

If you are interested in presenting research findings, please submit an application for anonymous peer review. Acceptance of abstracts is based on scientific merit and strict adherence to submission guidelines. All project contributors receive an award certificate. The Research Committee thanks you in advance for your interest, participation and support of perianesthesia research.

### Important Research Abstract information and dates:

- If interested in presenting research findings at the 28th National Conference in Washington, D.C., please carefully follow the guidelines for abstract submission
- Complete and submit the ASPAN Research Abstract Submission Form
- **Application for Oral Paper Presentation and Poster Display Presentation MUST be postmarked by November 1, 2008.** Any applications received postmarked after this date are returned and not reviewed
- Applicants will receive notification from the reviewers by January 8, 2009



For complete Research Abstract application information, visit the ASPAN Web site, click on the "Research" tab, and then click "Call for Research Abstracts".

## 2009 Celebrate Successful Practices

Celebrate Successful Practices (CSP) is your opportunity to present and share great ideas found to be successful in practice. This program offers an avenue for members to present an issue and discuss a successful implementation plan related to improved patient care, nurse satisfaction, leadership strategies, and patient safety. These are just some ideas to start you thinking. Submissions may be derived from any successful practice related to perianesthesia nursing.

The CSP program introduces a NEW FORMAT this year. Abstracts will undergo an anonymous peer review process. A team of reviewers will examine the abstract for specific criteria. If your abstract is accepted, you will be assigned to EITHER a poster presentation, OR invited to participate in a CSP PowerPoint® presentation/discussion session. In the latter format, you will join three colleagues. Each participant will deliver a ten-minute presentation followed by several minutes of audience questions/discussion. Please consider submitting your successful practice for review!

### Important CSP information and dates:

- There are specific guidelines regarding abstract format and content
- Identified project leaders must be ASPAN members
- **Applications MUST be postmarked by November 1, 2008 deadline to be considered.** Any applications received postmarked after this date are returned and not reviewed
- Applicants are notified of acceptance to either a poster session or an oral presentation by January 8, 2009



For complete CSP application information, visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)), click on the "Clinical Practice" tab, and then click "CSP Call for Abstracts".

## Call for Submissions



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## You Are Invited!

ASPAN invites you to the 28th National Conference, April 19-23, 2009. This event is being held in our nation's capital. Washington D.C. is steeped in history and signifies the freedoms we hold dear. The city is also alive with tremendous beauty and vitality in springtime.

The opportunities for exploration during Conference week abound, from the Washington Monument, Smithsonian Museum, Vietnam and World War II Memorials, to the Arlington National Cemetery, National

Cathedral, White House and Capitol Building. Each structure and its symbolism are more awe-inspiring than the next.

Please join us with your coworkers, family and friends to enhance your professional nursing knowledge and experience governmental affairs and advocacy first-hand. Take this opportunity to arrange a meeting with your congressional representatives, and experience the sights and legislative activities that make us proud to be Americans. We hope to see you in D.C.! 



2008 National Conference Strategic Work Team (NCSWT) Coordinator, Susan McDonald (left), passed the leadership baton to 2009 NCSWT Coordinator, Navy Captain Myrna Mamaril

## New Specialty Practice Group Forming

The purpose of an ASPAN Specialty Practice Group (SPG) is to bring together sub-specialty nurses who share a special peri-anesthesia nursing practice. SPGs are member-driven and offer a variety of networking and educational opportunities, serve as a resource on practice and professional issues and facilitate research within the organization. Fifty (50) ASPAN members are

needed to establish each SPG and receive Board charter approval.

As a result of member generated discussion during National Conference, a new **Evidence Based Practice (EBP) SPG** is in the formation stages. The proposed mission of the EBP SPG is to:

- Educate, mentor and support members who have a common interest to promote research based patient care

- Support the ASPAN Research Committee by disseminating and incorporating perianesthesia nursing research findings
- Allow a forum for perianesthesia nurses to share their research projects and ideas

For more information about the EBP SPG, please contact Sally Sackett (salswim@rochester.rr.com). 

## Congratulations to these ASPAN members who were recognized in nomination for an award by their colleagues this year:

### *Award for Outstanding Achievement*

- ★ Patricia Arcidicono, MSN, RN, CAPA
- ★ Jeanne Going, MS, RN, CPAN, CAPA
- ★ Suzanne Kussro, MSN, RN, A/GNP, CPAN
- ★ Nancy Saufl, MS, RN, CPAN, CAPA
- ★ Alabelle Zghoul, BSN, RN, CPAN



### *Excellence in Clinical Practice*

- ★ Audrey Cook, BSN, RN, CPAN, CAPA
- ★ Laurie Cushman, BSN, RN, CPAN
- ★ Justine Gilbert-Morton, BSN, RN, CPAN
- ★ Leah Gray, MSN, RN, CPAN
- ★ Cindy Godby, BSN, RN, CAPA
- ★ Tommie Jones, MS, RN, CPAN
- ★ Debra Ann Marshall, BSN, RN, CPAN
- ★ Mary Perry, RN, CAPA
- ★ Cheryl Stamper, BSN, RN, CAPA
- ★ Diane Swintek, BSN, RN, CPAN

## Grapevine, Texas – May 4-8, 2008

Jacque A. Crosson, MSN, RN, CPAN – ASPAN Secretary

ASPN conducted the following official business during National Conference.

### ACTIVITY UPDATES

#### REGIONAL DIRECTORS' REPORT

ASPN remains committed to component growth and development. Each component has been working closely with its respective Regional Director, and many commonalities across the regions have been identified. Ongoing efforts will be directed toward leadership, succession planning, communication, Web site development, and fiscal responsibility. Regional directors will be available to meet with component representatives during the Salt Lake City Component Development Institute in September.

#### ASPN EDUCATION APPROVER PROGRAM

The American Nurses Credentialing Center (ANCC) has become more stringent in its contact hour application guidelines. It is the goal of ASPAN's Education Approver Committee to assist components in successfully completing their contact hour applications. A seminar was offered at the

National Conference to provide attendees with the tools and specific terminology to correctly complete an application.

#### PERIANESTHESIA DATA ELEMENTS (PDE) COMMITTEE

It is anticipated that a CD-ROM and printed manual will be available at next year's National Conference. This resource will include practical information and instructions for application of the PDE in the perianesthesia setting.

#### COUNCIL FOR SURGICAL AND PERIOPERATIVE SAFETY (CSPS)

ASPN was represented at the 2008 CSPS meeting and assisted in the development of the Council's mission and core values.

#### ENDORSEMENT OF LEGISLATIVE BILLS

An ad hoc committee has been formed to investigate a process for ASPAN to apply when considering the endorsement of legislative bills.

#### RESEARCH WORKSHOP

Thirteen novice researchers attended a foundational workshop in Grapevine. The participants will be mentored throughout the



year as they develop specific research projects. It is anticipated that this workshop will again be offered in 2009.

### REPRESENTATIVE ASSEMBLY HIGHLIGHTS

The Representative Assembly approved the following resolutions:

- Resolution 2008-2: A Position Statement on the Geriatric Patient
- Resolution 2008-3: A Position Statement on Advocacy
- Resolution 2008-4: *The 2008-2010 Standards of Perianesthesia Nursing Practice*

Presentations given during the Assembly included updates from the Evidence Based Practice Committee, Web Site Redesign Strategic Work Team (SWT), and Staffing SWT. The ASPAN Membership Survey results were reported, as was information on the Office of the National Nurse initiative.



South Carolina's Alisa Shackelford, a credentialed 2008 Representative Assembly (RA) member, offers dialogue on an issue brought to the floor for debate. ASPAN components give voice to the Society's decisions through two voting delegates sharing participation in the RA

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# The 2008-2009 ASPAN Board of Directors

*Introducing your perianesthesia colleagues elected to lead ASPAN this year.*

## President

**Lois Schick, MN, MBA, RN, CPAN, CAPA**, has twenty-eight years of administrative experience as a Director of Perianesthesia/Ambulatory Surgery, Director of Surgical Services, and Emergency Department Director. She currently delivers bedside patient care while managing an entrepreneurial nursing education business. Lois completed two terms as ASPAN Treasurer, is a charter member of ASPAN and the Rocky Mountain PeriAnesthesia Nurses Association, and was co-chair of the 17th ASPAN National Conference held in Denver.

## Vice President/President-Elect

**Theresa Clifford, MSN, RN, CPAN**, has nearly 20 years experience as a PACU nurse. She is currently a perianesthesia resource nurse and educator in a small community hospital in Southern Maine. Terry recently completed a two-year term as the Director for Clinical Practice. In the past, she was Regional Director, Region 4, Standards & Guidelines Committee Chair and served on the Staffing Strategic Work Team (SWT). Her committee participation includes Safety, Evidence Based Practice (EBP) and Perianesthesia Data Elements. This year she will lead the Strategic Plan Implementation Ad Hoc team to revise ASPAN's strategic direction.

## Secretary

**Jacque Crosson, MSN, RN, CPAN**, was elected to a two-year term. Possessing many years of perianesthesia and intensive care

experience, she now supervises preoperative, postoperative and preadmission testing and teaching departments in Scottsdale, Arizona. Her ASPAN committee involvement includes service on the Clinical Practice and Safety Committees. Jacque has been active in her component, AzPANA, for the past seven years and is currently the Immediate Past President. Passionate about certification, she promotes certification as a coach and component review education program presenter.

## Treasurer

**Susan Carter, BSN, RN, CPAN, CAPA**, is serving the second year of a two-year term. She has over twenty-one years of perianesthesia experience including managerial, educator, and staff nurse positions. Sue served for four years as ASPAN Regional Director, Region 1, and currently serves on several ASPAN committees. She was the 2007 National Conference SWT Coordinator. Active in her California component, she held the offices of president, secretary, and district director.

## Immediate Past President

**Susan Fossum, BSN, RN, CPAN**, is the Staff Developer in a university surgery center operating room and PACU. Sue's voice and involvement in nursing advocacy issues ignited activism among perianesthesia nurses and led to increased ASPAN participation at the 2008 Nurse in Washington Internship. Her nursing experience includes clinical and managerial roles, and she served twelve years in the U.S. Army Nurse Corps Reserves. She served PANAC in several capacities, to include president, and was the ASPAN Regional

Director, Region 1.

## Regional Director-Region 1

**Nancy O'Malley, MA, RN, CPAN, CAPA**, while serving as Region I Director for the past two years, has been privileged to get to know the incredible nurses in the eight components. She continues to actively search for and mentor new leaders for our professional organization while providing education and attending regional conferences and meetings. Nancy serves on RMPANA's Education Committee and is ASPAN's board liaison for the Advocacy SWT, Governmental Affairs Committee, and Geriatric Specialty Practice Group (SPG). Her passion for perianesthesia nursing is reflected in her work as a perioperative clinical educator and on surgical mission adventures.

## Regional Director-Region 2

**Twilla Shrout, MBA, BSN, RN, CAPA**, was elected for a second two-year term. She is currently employed as a Veteran's Administration hospital PACU staff nurse. Her former role as a perianesthesia manager included participation in the mentorship program, performance improvement, staff member education, and pain management initiatives. Twilla served MO-KAN PANA as president, treasurer, and as a delegate to the ASPAN Representative Assembly. Her experiences at the component level, and with a variety of ASPAN national committees, fostered successful teambuilding as a regional leader.

## Regional Director-Region 3

**Kim Kraft, BSN, RN, CPAN**, is completing her second term as director. As a preadmission screening, ambulatory surgery,

*continued on page 11*

preoperative holding and PACU nurse clinician, she brings substantial perianesthesia nursing knowledge to this ASPAN position. Kim serves on several ASPAN committees, and is the ILSPAN Web editor and membership chair. She received the Jan Ridder Excellence in Clinical Practice Award from her component at its annual meeting, and is recognized as the champion for attentive analgesic care at her hospital facility in St. Louis.

### **Regional Director-Region 4**

**Katrina Bickerstaff, BSN, RN, CPAN, CAPA**, was elected to a two-year term. She has many years of inpatient, ambulatory, preoperative evaluation and admitting perianesthesia experience. Katrina is a PACU staff nurse in Boston. In 2006, her PACU-based clinical practice group received "Best Practice" recognition by the National Health Advisory Board. She delivered poster presentations at ASPAN and AORN National Conferences. Katrina served on the ASPAN Clinical Practice, Membership/Marketing and Nominating Committees and is currently on the Development team. She held the position of treasurer, president and secretary/historian in her MASPAN component.

### **Regional Director-Region 5**

**Christine Price, MSN, RN, CPAN, CAPA**, is completing her second term as director. She has worked in a variety of clinical roles as a perianesthesia nurse since 1985. In her current position as the Director of PeriOperative Services, she is administratively responsible for operations, education and management for multiple operating rooms and clinical care units. Chris is the board liaison for the Advanced Degree and Preoperative Assessment SPG, and is a member of the Succession Planning/ Mentorship

SWT, Education Provider Committee and *JoPAN* Advisory Board.

### **Director for Education**

**Linda Ziolkowski, MSN, RN, CPAN**, is serving the second year of a two-year term. She has been involved in the care, management and education of perianesthesia patients and staff for over twenty years. Currently a perianesthesia education specialist working with nurses throughout the continuum of perianesthesia care, she is also a lecturer and published author. Linda was an ABPANC board member from 1992-1998, and served as the secretary, president and education chair in her Michigan component.

### **Director for Clinical Practice**

**Barbara Godden, MHS, RN, CPAN, CAPA**, was elected to a two-year term. She is a Clinical Manager of the Preop/Same Day Surgery Unit and PACU after extensive involvement in start-up operations of a new hospital four years ago. She is currently active in the OR expansion and a new surgery center project. Barbara was a 2004 Colorado Nightingale Award Nominee and First Humanitarian Award clinical recipient at Sky Ridge Medical Center. She is the immediate past ASPAN Standards & Guidelines Committee Chair, and served on the Clinical Practice and Standards Committees for several years. Active in RMPANA, she has served as a district and component president.

### **Director for Research**

**Jacqueline Ross, MSN, RN, CPAN**, is serving the second year of a two-year term. She has over twenty years of perianesthesia nursing experience as a bedside nurse and manager, and is currently a perianesthesia consultant for education, legal issues, and research. Jackie served as the first EBP Committee Chair, and on the ASPAN Research, Governmental

Affairs, and Publications Committees. She was the *Breathline* Editor for ten years, and was honored with the ASPAN President's Award in 2003. A fulltime PhD student, her research interests include nursing burnout and turnover, and information literacy of perianesthesia nurses.

### **Director for Development**

**Dolly Ireland, MSN, RN, CAPA, CPN**, was elected to a second two-year term. Currently a hospital nursing department Director of Education, she has twenty-nine years of perianesthesia specialty experience. Dolly performs legal consultation while serving as an expert witness on medical malpractice in the perianesthesia environment. She lectures on a variety of perianesthesia topics, and frequently publishes her work. As a past ASPAN President and active member in her component, Dolly is devoted to supporting ASPAN's organizational mission and goals.

### **ABPANC President**

**Phoebe Conklin, BS, RN, CPAN**, joins the board this year as an Ex-Officio member. She has extensive critical care and perianesthesia nursing experience. Phoebe worked as a PACU staff nurse and charge nurse, eventually taking on the role of Perianesthesia Nurse Educator at a 500 bed Magnet teaching facility. She currently serves in Employee Health as the Regional Nurse Coordinator for a health system. This position allows her the necessary flexibility required in the role of ABPANC President.

### **ASPAN CEO**

**Kevin Dill** is ASPAN's Chief Executive Officer and an Ex-Officio member of the Board of Directors. He maintains oversight of organizational business and operations at the ASPAN National Office, located in Cherry Hill, NJ. 

## 2008 ASPAN Honors

During Opening Ceremonies, held at the 27th National Conference in Grapevine, these individuals and component were recognized with prestigious ASPAN awards.



### Gold Leaf Component of the Year

The Gold Leaf Award recognizes a component for its commitment to excellence in leadership, membership development, education and community relations. The components that commit to achieving the standards set by the Gold Leaf Award criteria are true champions for our profession. As evidenced in its Gold Leaf application, the Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) is a "voice of advocacy." As the recipient of this award, RMPANA was awarded an engraved plaque, a \$500 check, a certificate for a book or publication for membership use or membership recruitment, and "Component of the Year" ribbons for all members. Congratulations from all of ASPAN for earning the title of Gold Leaf Component of the Year!

RMPANA President, Becki Hoyle, RN, CPAN, CAPA,  
raises the Gold Leaf Award plaque to the audience  
amid loud cheers from winning component members

### ASPA President's Award

Sue Benner championed Sue Fossum's vision and theme of advocacy as Chair of the Advocacy Strategic Work Team. She exemplifies and symbolizes the role that we each have in advocating for and furthering the cause of improved patient care and perianesthesia practice. Sue recognizes and values the need and importance for all perianesthesia nurses to speak up on issues affecting the lives of our patients and the environment in which we work. She ensured that ASPAN's voice was heard from our places of employment, all the way to our legislators and policy makers in Washington D.C. Thank you, Sue, for your dedication and commitment to ASPAN.



ASPA 2007-2008 President, Susan Fossum (right), presents Susan Benner, BSN, RN, CPAN, with this year's President's Award



### Award for Outstanding Achievement

This award honors an individual whose dedication and excellence has furthered the art and science of perianesthesia nursing. Nancy Saufl's passion and devotion to our specialty have enriched all who have had the privilege of knowing and serving with her. Compassionate, caring, capable and nurturing are just some of the adjectives that colleagues use to describe Nancy. She was ASPAN's first Director for Education, our millennium President, and the 2003 ASPAN President's Award recipient, in addition to serving in numerous other leadership roles. She is an accomplished author and community servant who leads by example and encourages all perianesthesia nurses to make connections that touch core practice issues affecting the future of our specialty.



Tommie Jones, MS, RN, CPAN, was unable to attend the 27th National Conference. ASPAN sent Tommie her award with congratulations, sincere respect and admiration

## Excellence in Clinical Practice

Tommie Jones has been involved in perianesthesia nursing for 10 years and currently serves as the Madigan Army Medical Center PACU charge nurse in Tacoma, WA. Colleagues describe her commitment to perianesthesia nursing as unparalleled and her level of care exceptional. Described as genuinely caring with patients, families and coworkers, she expertly combines clinical nursing skills with the responsibilities of mentoring and educating new staff members and nursing students. As a patient care advocate, Tommie pursues evidence based nursing practices and promotes ASPAN standards of practice. A high regard for education motivated her to pursue doctoral studies in Transpersonal Psychology and helped focus her research on nurse-to-nurse hostility. Tommie was awarded a crystal plaque and complimentary airfare, registration and four nights' lodging to the 2009 ASPAN National Conference.

## Distinguished Service Award of the Past Presidents' Council

Sara Waldron was recognized for distinguished lifetime contributions at the national level. Her selfless efforts have made a significant impact toward fulfilling ASPAN's mission. A valued member for over 25 years, Sara's vast knowledge and expertise is always sought. She delivers unbiased opinions with a unique ability to consider alternate viewpoints. Best known for an ability to articulate policy and procedure that stands the test of time, she has led teams and served in many organizational roles and as a member of the ASPAN Board of Directors. Her commitment, contributions, and dedication to excellence in perianesthesia nursing are valued and appreciated. Sara is a great role model, mentor and coach who has faithfully served ASPAN and a long line of Past Presidents.



Sara Waldron, BSN, RN, CPAN (right), honored by Past ASPAN Presidents for over 25 years of exceptional service and dedication, receives her award from Pamela Windle



## Celebrate Successful Practices & Perianesthesia Research

*The evidence based work of dedicated perianesthesia practitioners was displayed and presented at the 27th National Conference in Grapevine, Texas. ASPAN received and accepted many diverse Celebrate Successful Practices and Research Abstract submissions. We thank and applaud these professionals for their significant contributions to perianesthesia nursing practice. Please visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)) to view complete listings of the abstracts and their respective investigators.*



Conference participants browse the extensive poster presentation display. Many attended scheduled poster presentation sessions to meet and discuss findings with the investigators

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## **Grapevine's Bountiful Harvest**

*Dolly Ireland, MSN, RN, CAPA, CPN – ASPAN Director for Development*



*The annual Development Luncheon fostered laughter and collegial salutes*

The 2008 National Conference registrants had a great ol' time attending ASPAN Development activities while sponsoring future projects through many generous donations. Participants gathered early on Sunday morning to learn the Texas two-step, and then hit the trail for the annual ASPAN Dream Walk. The Dream Walker awards were presented during Wednesday's Development Luncheon.

The Exhibit Hall, bustling with activity during exhibition hours, was filled with "ooohs" and "aahhs" as registrants viewed the Silent Auction items. ASPAN members, components and industry combined to provide numerous bidding items this year. An exciting bidding frenzy occurred in the final moments on

Wednesday morning, followed by happy squeals from the lucky auction winners.

More exhilarating screams were heard at the Exhibit Hall entrance as tickets were pulled and raffle winners announced. Prizes included ASPAN memberships, perianesthesia and nursing advocacy textbooks, Z-coil shoes, temporal artery thermometers, and VitaPops. Congratulations to the many winners! Other attendees tried their luck at the basketball game. Every aspiring hoopster walked away a winner with first prizes, booby prizes and a donation to ASPAN Development.

Development activities peaked at the Wednesday afternoon luncheon. Kristen Swanson, RN, PhD, FAAN, gave a wonderful presentation on "Caring, Safety

and Leadership: Making a Difference in Healthcare." Luncheon attendees stepped up to deliver many generous *Hail, Honor, and Salute!* (HHS) pledges to fellow members, mentors, and honorees. The honorees, remembered at the luncheon, will also receive a certificate naming their HHS sponsor.

Thank you to our 2007-2008 ASPAN Development team members: Meg Beturne, Mary Betz, Katrina Bickerstaff, Patricia Brockway, Holly Brousseau, Cathy Casey, Karen Flanagan, Sandra Hoctel, Vicki Lewis, Evelyn Medycki, Libby Murphy-Zielinski, Debby Niehaus, Theresa Shine, Pam Surgener, Candace Taylor, and Lynne Wunch. Great job, everyone! 

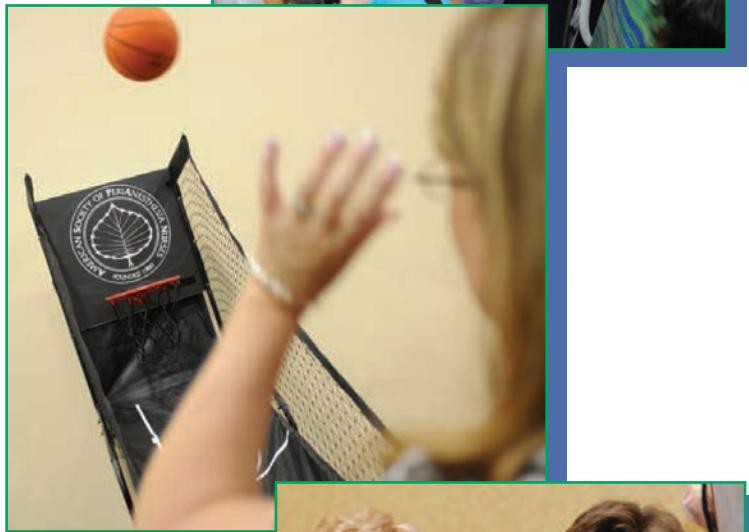


*Judy Evans, a NPANA member from Alaska, was awarded the 2008 Dream Walker Award for individually contributing the most pledged dollars this year*

Nevada's two-steppin' Susan O'Day sets off on the ASPAN Dream Walk



The Exhibit Hall is always a hot draw for conference goers



Thank you, everyone, for "shooting a Development hoop" in the Exhibit Hall



## **27th National Conference Sponsors**



ASPLAN is profoundly grateful for contributions from these organizations. This generous support helped to make the *Grapevine* Conference a resounding success!

**Arizant Healthcare, Inc.**

**Hill-Rom Co., Inc.**

**Stryker Medical**

### **Component Sponsors**

AzPANA

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**NYSPANA District 8**

PANAC

PAPAN

PANANM

RMPANA

SCAPAN

TAPAN

TSPAN

VSPAN

WISPAN

Debra Marshall (right) accepts NCPAN's award for the most Dream Walk monies pledged by an entire component from Dolly Ireland

# ASPN 27<sup>th</sup> National Conference

**N**ational Conference is the place to be! Whether a first time attendee or an annual trekker, this week is all about learning, making and meeting friends, connecting with fellow perianesthesia colleagues, and having some fun! A conference of this magnitude requires intense planning and dedicated execution. This year's success is attrib-

uted to the incredible volunteer members and National Office staff comprising the 2008 National Conference Strategic Work Team (NCSWT). *Thank you and congratulations for a job well done!*

## 2008 NCSWT Members

- Sue McDonald - Coordinator
- Susan Carter

- Sue Fossum
- Cindy Hill
- Myrna Mamaril
- Annie McHenry
- Lori Sanders
- Lois Schick
- Alison Watkins
- Linda Ziolkowski
- Kevin Dill
- Courtney Papp
- Rob Spina

## Component Night

*ASPN gratefully acknowledges Arizant for its support of Component Night*



Bringin' a big Texas attitude to Component Night's contest



Pretty in pink cowgirls kick off Conference week with a good ol' time



Electrifying bling replaced the ten gallon hat



Their boots were made for line dancin'

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# International and Military Reception



Thirteen international and twenty-three military attendees gathered with ASPAN leaders in the Gaylord Pavilion Room, in the center of the beautiful atrium. Attendees represented the British and U.S. military, Ireland, United Arab Emirates, Germany, England, and Canada



Lydia Vinson (left) gives military mementos to former Army Nurse Corps Major Sue Fossum, who served at Fort Campbell, Kentucky, during Operation Iraqi Freedom



Perianesthesia nurses serving in the Air Force

## President's Reception

**Our deep appreciation is given to Hill-Rom for a fantastic President's Reception**



Sue Fossum (center) welcomed guests into the President's Reception

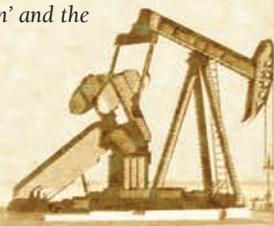
Nurses auditioning for ASPAN Idol?



The tunes were jammin' and the dance floor shakin'

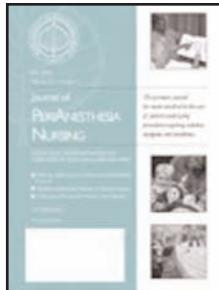


Endless smiles and laughter filled the ballroom all evening



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# Journal of PeriAnesthesia Nursing (JoPAN) Awards

Congratulations to the winners of the 2007 Mary Hanna Memorial Journalism Awards.

## RESEARCH CATEGORY

### ★ 1st Place ★

Margaret Modin, MS  
Kathryn Anastassopoulos, MS  
Arletta van Breda, RN  
Sue Vallow, RPh, MBA, MA  
Mingliang Zhang, PhD  
Kathryn Gargiulo, RN, MPA  
David Hewitt, MD  
William Olson, PhD  
Vanja Sikirica, PharmD  
Clinical Staff Resource Use with Intravenous Patient-Controlled Analgesia in Acute Postoperative Pain Management: Results from a Multicenter, Prospective, Observational Study

### ★ 2nd Place ★

Pekka Saastamoinen, RN, BSN  
Marleena Piispa, MD  
Minna M. Niskanen, MD, PhD  
"Use of Postanesthesia Care Unit for Purposes other than Postanesthesia Observation"

### ★ 3rd Place ★

Terry Throckmorton, PhD, RN  
Jason Etchegaray, PhD  
Factors Affecting Incident Reporting by Registered Nurses: The Relationship of Reporting Errors, Knowledge of the Nursing Practice Act, and Demographics on Intent to Report Errors

## BEST PRACTICE CATEGORY

### ★ 1st Place ★

Myrna Mamaril, MS, RN, CPAN, CAPA, FAAN  
Ellen Sullivan, BSN, RN, CPAN  
Theresa L. Clifford, MSN, RN, CPAN  
Robin Newhouse, PhD, RN, CNA, CNOR  
Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA  
"Safe Staffing for the Post Anesthesia Care Unit: Weighing the Evidence and Identifying the Gaps"

### ★ 2nd Place ★

Dina A. Krenzischek, MAS, RN, CPAN  
Theresa L. Clifford, MSN, RN, CPAN  
Pamela E. Windle, MS, RN, CNA, BC, CPAN, CAPA  
Myrna Mamaril, MS, RN, CPAN, CAPA, FAAN  
"Patient Safety: Perianesthesia Nursing's Essential Role in Safe Practice"

### ★ 3rd Place ★

Anne Federico, MA, APRN-BC, CCRN, CPAN  
"Innovations in Care: The Nurse Practitioner in the PACU"

## CLINICAL ARTICLE CATEGORY

### ★ 1st Place ★

Daniel D. Moos, CRNA, MS  
"Central Anticholinergic Syndrome: A Case Report"

### ★ 2nd Place ★

Chris Pasero, MS, RN-BC, FAAN  
Margo McCaffery, MS, RN-BC, FAAN  
"Orthopaedic Postoperative Pain Management"

### ★ 3rd Place ★

Myrna Mamaril, MS, RN, CPAN, CAPA, FAAN  
Sharon G. Childs, MS, APRN-BC, NP/CS, ONC  
Suzanne Sortman, RN, BSN, CNOR  
"Care of the Orthopaedic Trauma Patient"



Dina Krenzischek (right) accepts a journalism award from JoPAN Co-editor Vallire Hooper (left) and Karen Flanagan, Mary Hanna's daughter

ASPAN gratefully acknowledges Elsevier for its support of the Mary Hanna Memorial Journalism Awards and the JoPAN Cover Photo Contest

# ASPAN Editors Featured at National Conference

Kathy Carlson, MA, RN, CPAN - ASPAN Publications Committee Chair

An Exhibit Hall book signing, a life-sized poster, and component newsletter awards honored ASPAN Editors. Signatures flew as owners of newly published books met editors and contributors to ASPAN's *Certification Review for PeriAnesthesia Nursing* (Jackie Ross and Barbara Putrycus, Editors) and *PeriAnesthesia Nursing; A Critical Care Approach* (Cecil Drain and Jan Odom-Forren, Editors).

ASPAN committee publications *Competency-Based Orientation for Unlicensed Assistive Personnel* (Jennifer Allen, Editor) and *Governmental Affairs*:

*A Primer for Political Action* (Maureen McLaughlin, Editor) were prominently displayed on a very large placard at Conference registration.

ASPAN's 2008 Component Newsletter Contest drew a dozen entries. The contest is dedicated to fostering newsletter development by components; each is evaluated according to specific criteria. Awards recognize the art of an editor, that hard-working, creative wordsmith who captures the component's work in print. The awards were presented during Closing Ceremonies. Hearty congratulations to all. 

## The winners of the 2008 newsletter contest:



**1-8 pages**  
**PANAC, Pulseline**  
Ernestine Nunes, Editor



**9-14 pages**  
**ISPAN,**  
**Awakening Experience**  
Sandra Gardner, Editor



**15+ pages**  
**MASPAN, Mayflower**  
Kathleen Menard, Editor



**People's Choice**  
**TAPAN, The Eyeopener**  
Cyndi Mocek, Editor



Jan Odom-Forren (far right) personalizes a copy of her book in the Exhibit Hall

## JoPAN Cover Photo Contest Winners

The winning photos will be featured on the *Journal's* cover for one edition year, beginning in February 2009.

### ★ 1st Place ★

Kathleen Woytowicz, BSN, RN, CPAN  
Bayside Medical Center  
Springfield, MA

### ★ 2nd Place ★

Kathleen Dougherty, BSN, RN  
Children's Hospital of Philadelphia  
Bryn Mawr, PA

### ★ 3rd Place ★

Christine James, RN  
Desert Samaritan Hospital  
Mesa, AZ



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# ABPANC Elections

Bonnie Niebuhr, MS, RN, CAE – ABPANC Chief Executive Officer

In an exciting step for ABPANC, Patrick Jones, PhD, Dean of Assessment at Excelsior College in Albany, New York and current Public Member on the ABPANC Board of Directors was voted President-Elect of ABPANC at the May 2008 board meeting. He will serve two years as President-Elect and two years as President.



Ann Beldia Smith passed the ABPANC President's gavel to Phoebe Conklin at the 2008 Certification Breakfast in Grapevine, TX

### Register for November 1, 2008 Exams

- ? Special test site request postmark deadline – 8/18/08
- ? Initial application postmark deadline – 9/2/08
- ? Late application postmark deadline (must submit a \$50 late fee) – 9/8/08
- ? Application withdrawal/roll over postmark deadline – 9/15/08
- ? Test site transfer request postmark deadline – 9/29/08

### November 2008 Recertification

Application materials must be postmarked no later than November 1, 2008, not November 30!

*Recognizing and respecting the unequaled excellence in the mark of the CPAN and CAPA credential, perianesthesia nurses will seek it, managers will require it, employers will support it and the public will demand it!*

Patrick brings a wealth of experience in the areas of credentialing and nursing certification, with a strong background in, and understanding of, the issues facing nursing today. Most importantly, he embodies the leadership competencies needed by ABPANC.

Public members are widely recognized as the voice of the public and patients. Having a public member serve in a certifying organization's key leadership role is a proactive message of the value placed by ABPANC on public input into certification decisions. According to David Swankin, President

and CEO of the Citizen Advocacy Center ([www.cacenter.org](http://www.cacenter.org)), allowing the public member to serve in this capacity brings great credibility to a certifying organization.<sup>1</sup>

Patrick, along with the eight perianesthesia nursing colleagues serving as board members, provides the leadership needed to make ABPANC's vision a reality. New members elected to the ABPANC Board of Directors at the May meeting are: Betty McMullin, BSN, RN, CPAN, from Mililani, HI; Kathy Paskewitz, RN, CPAN, from Manchester, MD; and Anthony Pride-more, BSN, RN, CEN, CPAN, from Pensacola, FL.

### REFERENCE

1. Swankin D, Personal communication, April 2, 2008. 

## 2008 Advocacy Award

This award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate. The 8th annual ABPANC Advocacy Award was presented at the Grapevine CPAN/CAPA Celebration Breakfast to a very surprised Judy Duersch, BSN, RN, CPAN. Judy works in the Same Day Surgery/Recovery Room at the Veteran's Administration Hospital in Salt Lake City, Utah. She was nominated by her colleague, Tracy Dustin, who wrote a story describing only one of many instances when Judy truly advocated for a patient. Judy's story and information about the ABPANC Advocacy Award can be found on ABPANC's Web site ([www.cpancapa.org](http://www.cpancapa.org)). 



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New York, NY 10115-0089  
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[www.cpancapa.org](http://www.cpancapa.org)



## Computer Based Testing News

November 1, 2008 will be the last paper/pencil CPAN®/CAPA® exams administered. Computer Based Testing (CBT) begins in April 2009! Two six-week CBT windows will be offered each year. In 2009, CPAN and CAPA exams may be taken during the spring testing window (April 6 through May 16) and the fall testing window (October 5 through November 14). The online application window will open on January 26, 2009. The ABPANC Web site will be your source for information about CBT beginning late summer/early fall. 

# The ASPAN Galaxy 2008 Star Recognition Program

**ASPN  
Stars**



The ASPAN Star Recognition Program offers perianesthesia nurses in any practice setting the opportunity to honor a colleague. Stars encourage professional excellence through action, and demonstrate enthusiasm and loyalty for ASPAN's core values. These individuals, recognized by a nursing peer, were honored with a star at the 27th National Conference in Grapevine, Texas.

- ★ Kathy Anderson, BSN, RN, CAPA
- ★ Christina Anderson-Sanchez, RN
- ★ Cheryl Barnes, RN
- ★ Robin Baxter, RN, CPAN
- ★ Meg Beturne, MSN, RN, CPAN, CAPA
- ★ Mary Betz, BSHA, RN CAPA
- ★ Katrina Bickerstaff, BSN, RN, CPAN, CAPA
- ★ Debbie Bickford, BSN, RN, CPAN

ASPN Star  
Recognition nomination  
forms can be  
downloaded from the  
ASPN Web site @  
<http://www.aspan.org/awards.htm>

- ★ Diane Bilotta, MSN, RN, CPAN
- ★ Fran Blatchley, RN
- ★ Valerie Boatwright, RN, CPAN, CAPA
- ★ Sheri Bowell, RN, CAPA
- ★ Helen Buss, BSN, RN, CPAN
- ★ Olyn Carlson, BSN, RN, CAPA
- ★ Maryanne Carollo, BS, RN, CAPA
- ★ Joyce Chase, RN, CAPA
- ★ P.K. Ciramella, RN
- ★ Karen J. Clark, BSN, RN
- ★ Theresa Clifford, MSN, RN, CPAN
- ★ Jacque Crosson, MSN, RN, CPAN
- ★ Kathy DeLeskey, MSN, RN, CPAN
- ★ Loreta Dorn, BSN, RN
- ★ Sherry Fieroh, RN, CAPA
- ★ Corinne Flores, RN
- ★ Barbara Godden, MHS, RN, CPAN, CAPA
- ★ Pamela Guarin, BSN, RN, CPAN
- ★ Debra Harris, RN
- ★ Dhezrae Herauf, RN, CAPA
- ★ Susan Hesch, RN
- ★ Becki Hoyle, RN, CPAN, CAPA
- ★ Marlene Hudak-King, RN
- ★ Holly Hunt, BSN, RN, CAPA
- ★ Wendy Hunter, BSN, RN
- ★ Stephanie Kassulke, BSN, RN, CPAN
- ★ Sue Kautz, RN
- ★ David Kay, MSN, RN, CAPA
- ★ Laura Kling, MSN, RN, CNS, CPAN
- ★ Arlene Kozicki, RN, CPAN
- ★ JoEtte Krissel, BSN, RN, CAPA
- ★ Barbara Krumbach, MS, RN, CNS, CCRN
- ★ Jeff Landau, RN, CPAN
- ★ Maureen Lisberger, BSN, RN, CCRN, CPAN
- ★ Carol Lopez, MS, RN, CNA
- ★ Lynda Marks, RN, CAPA
- ★ Denise Martel, BSN, RN, CAPA
- ★ Maureen McLaughlin, MSN, RN, CPAN, CAPA
- ★ Betty McMullin, BSN, RN, CPAN
- ★ Evelyn Medycki, RN
- ★ Kathy Menard, BSN, RN, CPAN, CAPA
- ★ Sheryl Michelson, MS, RN-C
- ★ Noreen Miller, BSN, RN
- ★ Pam Myrum, RN, CCRN, CPAN
- ★ Kim Noble, PhD, RN, CPAN
- ★ Ernestine Nunes, RN, CPAN, CNOR
- ★ Nancy O'Malley, MA, RN, CPAN, CAPA
- ★ Zita Pitcher, RN
- ★ Joanne Reed, RN
- ★ Lauri Rosenlof, BSN, RN
- ★ Kathi Saball, BS, RN, CPAN, CAPA
- ★ Hang Saito, RN
- ★ Sharon Sample, RN, CPAN, CAPA
- ★ Lois Schick, MN, MBA, RN, CPAN, CAPA
- ★ Mary Seitenbach, BSN, RN, CPAN
- ★ Kathy Sim, BSN, RN, CPAN, CNOR
- ★ Chris Squire, BSN, RN, CAPA
- ★ Ellen Sullivan, BSN, RN, CPAN
- ★ Linda Trowbridge, MSA, BSN, RN, CPAN
- ★ Pauline Walker, RN
- ★ Esther Watson, BSN, RN
- ★ Pam Werner, RNC, CAPA
- ★ Debra Wiles-Martens, RN, CPAN, CAPA

*Perpetual star,  
Esther Watson, is  
ASPN's Historian*



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# Component Programs

**September 13, 2008** Arizona PeriAnesthesia Nurses Association (AzPANA) presents "Everything You Always Wanted to Know About Anesthesia but Were Afraid To Ask" with featured speaker Deborah Dlugose, RN, CCRN, CRNA. The program will be held at the JW Marriott Starr Pass Resort in Tucson, AZ. For information contact Kassie Gada at [kagada@comcast.net](mailto:kagada@comcast.net) or visit [www.azpana.org](http://www.azpana.org)

**September 19-21, 2008** Texas Association of PeriAnesthesia Nurses will be holding its state conference in San Antonio, Texas. For more information visit [www.tapan.org](http://www.tapan.org)

**October 10-11, 2008** PANAC Annual Meeting and Seminar at the Airport Plaza Marriott Hotel in Long Beach, CA. For information Contact Debbie Bickford at [bickshome@aol.com](mailto:bickshome@aol.com) or visit [www.panac.org](http://www.panac.org)

**October 11, 2008** The Iowa Society of PeriAnesthesia Nurses (ISPAN) Fall Conference will be held at the Grand River Center, Grand Harbor Resort and Waterpark in Dubuque, IA. For information contact Beth Brown at 563-557-1982 or [brownb@mercyhealth.com](mailto:brownb@mercyhealth.com)

**October 11, 2008** Nebraska Association of PeriAnesthesia Nurses (NAPAN) hosts its 25th State Conference at Fremont Area Medical Center, Fremont, NE. Earn 7 contact hours. For information contact Gayle Kiviniemi at 402-292-3205 or [nurse2309@cox.net](mailto:nurse2309@cox.net)

**October 18, 2008** Chesapeake Bay Society of PeriAnesthesia Nurses (CBSPAN) Surgical Care Improvement Program (SCIP) for Perianesthesia Nursing. Hosted by Holy Cross Hospital in Silver Spring, MD. Contact Badiya Sudah-Murphy @ [badiyas@aol.com](mailto:badiyas@aol.com)

**October 24-26, 2008** New York State PeriAnesthesia Nurses Association (NYSPANA) State Conference at the Buffalo Hilton Garden Inn. For information contact Susan Russell at [sruss11223@aol.com](mailto:sruss11223@aol.com)

## ASPAN Co-hosted Seminars

### July 19, 2008

**Perianesthesia Certification Review in Indianapolis, IN.** Hosted by Clarian Health. Contact Katherine Newton at 317-962-5171 or [knewton@clarian.org](mailto:knewton@clarian.org)

### August 2, 2008

**Complexities and Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum in Little Rock, AR.** Hosted by PeriAnesthesia Care Nurses of Arkansas. Contact Stephanie Parsons at 479-461-4163 or [pars1234@aol.com](mailto:pars1234@aol.com)

### August 22, 2008

**Perianesthesia Nursing: A Systems Review of Pathophysiology in Falls Church, VA.** Hosted by the Virginia Society of PeriAnesthesia Nurses (VSPAN). Contact Marie Diamond at 703-776-8701 or [marie.diamond@inova.org](mailto:marie.diamond@inova.org)

### August 23, 2008

**Perianesthesia Certification Review in Falls Church, VA.** Hosted by the Virginia Society of PeriAnesthesia Nurses (VSPAN). Contact Marie Diamond at 703-776-8701 or [marie.diamond@inova.org](mailto:marie.diamond@inova.org)

### September 13, 2008

**Perianesthesia Certification Review in O'Fallon, IL.** Hosted by Memorial Hospital Belleville. Contact Jan Friederich at 618-259-5459 or [jfriederich@memhosp.com](mailto:jfriederich@memhosp.com)

**Legally Speaking: Just the Facts in Indianapolis, IN.** Hosted by the Indiana Society of PeriAnesthesia Nurses (INSPAN). Contact Heddy Scaggs at 812-254-8887 or [hiscaggs@ittcom.net](mailto:hiscaggs@ittcom.net)

**Review for Certification: CPAN in Los Angeles, CA.** Hosted by Cedars Sinai Medical Center. Contact Carrie Chan at 310-423-6080 or [carrie.chan@cshs.org](mailto:carrie.chan@cshs.org)

**Perianesthesia Certification Review in Mt. Kisco, NY.** Co-hosted by Northern Westchester Hospital. Contact Fay Wright at 914-242-8194 or [fwright@nwhc.net](mailto:fwright@nwhc.net)

### September 14, 2008

**Review for Certification: CAPA in Los Angeles, CA.** Hosted by Cedars Sinai Medical Center. Contact Carrie Chan at 310-423-6080 or [carrie.chan@cshs.org](mailto:carrie.chan@cshs.org)

### September 27, 2008

**Foundations of Perianesthesia Practice in Little Rock, AR.** Hosted by Central Arkansas Veterans Healthcare. Contact Michelle Moore at 501-257-6842 or [michelle.moore2@VA.gov](mailto:michelle.moore2@VA.gov)

**Perianesthesia Certification Review in Syracuse, NY.** Hosted by NYSPANA. Contact Maureen Iacono at 315-448-5065 or [maureen.iacono@sjhsyr.org](mailto:maureen.iacono@sjhsyr.org)

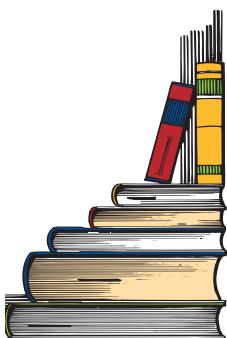
**Perianesthesia Certification Review in Houston, TX.** Hosted by TAPAN, District 1. Contact Deborah Davis at 832-824-5712 or [ddavis@texaschildrenshospital.org](mailto:ddavis@texaschildrenshospital.org)

### October 4, 2008

**Legally Speaking: Just the Facts in New Orleans, LA.** Hosted by LAPAN. Contact Rachael Ballas at 504-842-2102 or [rballas@ochsner.org](mailto:rballas@ochsner.org)

## Correction

The last *Breathline* contained inaccurate dates for September co-hosted certification review programs in Los Angeles. Please note the correct dates. We apologize for the error.



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## 2008 Summer/Fall Seminars

### July 26, 2008

Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum  
Grand Junction, CO

### August 2, 2008

Foundations of Perianesthesia Practice  
Anchorage, AK

### August 3, 2008

Perianesthesia Nursing: A Systems Review of Pathophysiology  
Anchorage, AK

### August 9, 2008

Perianesthesia Certification Review  
Brownsville, TX

### August 16, 2008

Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum  
Sheridan, WY

Perianesthesia Certification Review  
Columbus, OH

### September 13, 2008

Perianesthesia Certification Review  
Boston, MA

Legally Speaking: Just the Facts  
Hermitage, PA

### September 20, 2008

Legally Speaking: Just the Facts  
Rochester, NY

Perianesthesia Certification Review  
Pittsburgh, PA

Pediatrics: Little Bodies,  
Big Differences  
Pittsburgh, PA

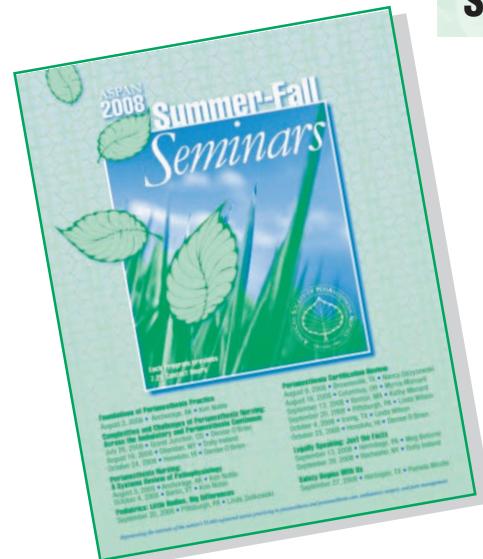
### September 27, 2008

Safety Begins with Us  
Harlingen, TX

### October 4, 2008

Perianesthesia Nursing: A Systems Review of Pathophysiology  
Berlin, VT

Perianesthesia Certification Review  
Grapevine, TX



### October 23, 2008

Perianesthesia Certification Review  
Honolulu, HI

### October 24, 2008

Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum  
Honolulu, HI

For more information, contact Carol Hyman at the ASPAN National Office:

877-737-9696 ext. 19 or [chyman@aspan.org](mailto:chyman@aspan.org)



National Office staff members let their "big hair" down on Component Night, after a long year of conference planning and preparation. Thanks to y'all for a job well done!

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## ASPAN'S 28TH NATIONAL CONFERENCE

# Dreams CREATE LASTING Legacies



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Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia, and postanesthesia care, ambulatory surgery, and pain management.

April 19–23, 2009  
Gaylord National  
Resort and Convention Center  
Washington, DC

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