



Newsletter of the American Society  
of PeriAnesthesia Nurses

# Breathline

Volume 29, Number 4

July/August 2009

## Balance in Practice

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I love precepting new nurses. The activity is empowering yet humbling at the same time. Teaching new nurses is a powerful experience because one's clinical expertise and knowledge-base come together to inspire, support and educate the eager learner. Teaching is also a humbling experience for the same reasons.

Let's compare the act of mentoring to driving a car to the mall. For many of us, the act of driving to the mall is completely second nature.

Just stop to ponder, for a moment, the number of steps involved in getting to that destination: find the keys, unlock the car door, put the key into the ignition, and turn the key. Note the sound of the engine running and the amount of fuel. Take another look at the shopping list. Adjust the mirrors and the internal temperature for comfort. Tune into the preferred music station. Put the car in gear. Keep one foot near the brake. Look, listen and look again. Apply pressure to the gas pedal. Feel the evenness of the tires on the pavement. When one considers the multitude of details involved, driving to the mall doesn't seem quite so simple.

### The Notion of Balance

For many of us, going to work is a nicely programmed routine or: "a habit or tendency so well-developed and long-practiced that it seems to be done unconsciously."<sup>1</sup> Caring for patients, preparing them for surgery and procedures, or tending to postoperative needs is often second nature. However, the truth is, nurses are in a constant state of seeking balance to best manage the needs of patients, providers, team members and the care delivery unit.

Balance can mean any number of things to a variety of people. What do you associate with the notion of balance? Do you wish for more time with patients



Theresa Clifford  
MSN, RN, CPAN  
ASPAN President 2009-2010

and the patients' families? Do you need more leisure time or exercise? Could you benefit from less work, more sleep, or perhaps more success?

### A Juggling Metaphor

Juggling is a fitting metaphor for the balancing act between our personal and professional lives.<sup>2</sup> The image of the juggler resonates in many of us. The first lesson in becoming a good juggler is to understand that this skill takes a good deal of practice. Juggling

requires patience, time and a supportive mentor. The second lesson is that, while there are some aspects that require close attention, other aspects are intuitive and happen almost automatically.

The skill of paying attention to some things, while letting others happen instinctively, is a trait of expert nurses. Concentration is important when keeping track of the simultaneous activities, and helps to prioritize actions. The third key to successful juggling is to focus on the parts needing attention (the objects being juggled) and the whole (keeping the objects in the air). Seeing the 'big picture' helps the juggler to focus.

Reflecting on this process, as a nurse, provides affirmation of the enormity of the responsibilities in professional practice. A preoperative nurse does not simply get the patient ready for the operating room. This nurse may review the chart, greet the patient and family, provide introductions and orient the patient to the environment, assess the anxiety level and answer questions while checking the patient's identification based institutional policy. This is barely the beginning of perianesthesia care.

### Out of Balance?

Day-to-day nurses are dealing with tremendous responsibilities and finding the juggling metaphor

*continued on page 2*

## President's Message

continued from page 1

applicable to most of our daily activities. While examining issues related to work-life balance, the Bureau of Labor reported that employees spend a third of the day at work, a third of the day asleep, and a third managing everything else.<sup>3</sup> If any of the steps are missed, such as lack of practice, lack of patience or lack of time, the situation can become out of balance.

When driving the car to the mall, you might miss your exit, spill your coffee in your lap, or worse, become involved in a traffic accident due to distraction. When a nurse's work situation is out of balance, the consequence can be chaos: distraction; missed patient assessment cues; wrong drug, wrong dose, and/or wrong patient.

### How ASPAN Helps

The major missions of ASPAN include perianesthesia principles of education, research and clinical practice. These three domains weave together the fabric that balances practice. ASPAN education is not simply the dissemination of knowledge, but also the raised awareness of resources and learning responsibilities. ASPAN research is not merely the analysis of data accumulation, but also the liberation of evidence to change and grow safer practice ideals.




*The major missions of ASPAN include perianesthesia principles of education, research and clinical practice.*

ASPAN clinical practice is not purely the naming of perianesthesia work, but also the foundation of networking and unity of perianesthesia nurses. Together, these missions, and the work of countless volunteers who support and uphold them, offer a safety net for novice, intermediate and expert nurses.

As the premier specialty perianesthesia nursing organization, ASPAN is ready to define, seek and restore balance. Following the advice of Fulmano,<sup>4</sup> the ASPAN Board of Directors is working to identify processes that no longer fit its needs and create new processes to help move perianesthesia practice into the future.

Nurses' knowledge of technological advances, healthcare reforms, and innovations of best practices help to plant the seeds of transformation. We will continue to support and mentor each other to polish our craft as master jugglers of perianesthesia nursing education, reapers of perianesthesia science, and providers of excellence in patient care.

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## ASPAN Breathline

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Issue	Deadline
January	November 1
March	January 1
May	March 1
July	May 1
September	July 1
November	September 1

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# ASPAN COMPONENT DEVELOPMENT INSTITUTE

## LEADERSHIP: THE KEY TO BALANCE

Portland, Maine  
September 11-13, 2009

Join ASPAN for a dynamic, interactive educational opportunity intended to help balance every component's needs. This program focuses on key processes necessary for successful component growth and development.

Featured topics, recommended by ASPAN component leaders, include:

- Development Resources
- Communication
- Strategic Planning
- Membership Strategies
- Legal Issues
- Use of Technology
- Education Program Preparation and Provision
- Evidence Based Practice and Research for Transforming Practice
- Standards and Clinical Practice as Roots of Practice

### Get energized while learning strategies to build balance for your component!

Participation offers valuable networking time with colleagues. ASPAN leaders will be on hand to provide support, mentorship and promotion of current and future component leaders' skills. Attendance is open to ASPAN members only. Contact hours will be provided.

Please call to reserve your hotel accommodations at the Holiday Inn By The Bay, 88 Spring Street, Portland, Maine 04101, (800) 345-5070. The hotel room rate is \$139; room reservation cut-off date is Wednesday, August 11, 2009.

Visit the ASPAN Web site for complete details and online registration services.  
To request a program brochure call the National Office toll free @877-737-9696 Ext. 17.



## Channel Your Potential Become an ASPAN Volunteer

Kim Kraft, BSN, RN, CPAN – ASPAN Vice President/President-Elect

**P**otential is that which can be attained by tapping into one's natural abilities. It can be categorized as personal and professional. When people envision potential, they describe excelling in the short term or achieving something within a lifetime.

How can you uncover your professional potential? Begin by looking within yourself and then progress to outside of yourself. What do you do so well that it feels like second nature? What topics make you passionate? What dream would you like to accomplish during your career?<sup>1</sup>

As a member of ASPAN, you are vital to its success as the organization for perianesthesia nursing. This Society evolved and grew because willing volunteers served as leaders and members of committees, strategic work teams, ad hoc and specialty practice groups. By sharing time, talents and passion for perianesthesia nursing, many members have tapped into amazing personal and professional potential.

### Unlock and Accomplish

I invite you to unlock your potential and contribute to ASPAN'S legacy by filling out the [2010-2011 Will-](#)

[ingness to Serve \(WTS\) form](#). Please note the **application deadline of October 31, 2009** and submit your WTS and professional resume as soon as possible. This allows us to match volunteers' skills, time availability and interests to the projects linked to ASPAN's strategic plan. Current committee members seeking reappointment must submit a WTS and resume each year.

The motivational speaker, Brian Tracy, said: "The potential of the average person is like a huge ocean unsailed, a new continent unexplored, a world of possibilities waiting to be released and channeled toward some great good."<sup>2</sup> ASPAN offers a variety of opportunities for you to become involved. For information and descriptions of our committees and work groups, please visit the [ASPAN Web site](#). **It's time to channel your potential!**

### REFERENCES

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Kim Kraft

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## 2010 NATIONAL CONFERENCE ABSTRACTS *Celebrate Successful Practices*

Ellen Sullivan, BSN, RN, CPAN – ASPAN Clinical Practice Committee Member

ASPAN's 29th National Conference in New Orleans, LA, will feature abstracts/posters displayed in two categories: the Celebrate Successful Practice (CSP) category and the Research and/or Evidence Based Practice category. There are very specific guidelines and requirements for each grouping. **It is the members' responsibility to select the appropriate category and to meet the appropriate calendar deadline for submission.**

"Celebrate Successful Practices" is your opportunity to present great ideas found to be successful in practice, and share them with perianesthesia colleagues. This program showcases the wonderful work being done by our members at the grassroots level. Some ideas to consider as you begin thinking about a potential project include: patient education, process improvements, leadership strategies, improved patient care and staff education. Topics may be derived from any successful practice related to perianesthesia nursing.

Please consider submitting your successful practice for review. Abstracts will undergo an anonymous peer review process. A team of reviewers will examine your abstract for specific criteria. If your abstract is accepted, you will be assigned to EITHER a poster presenta-

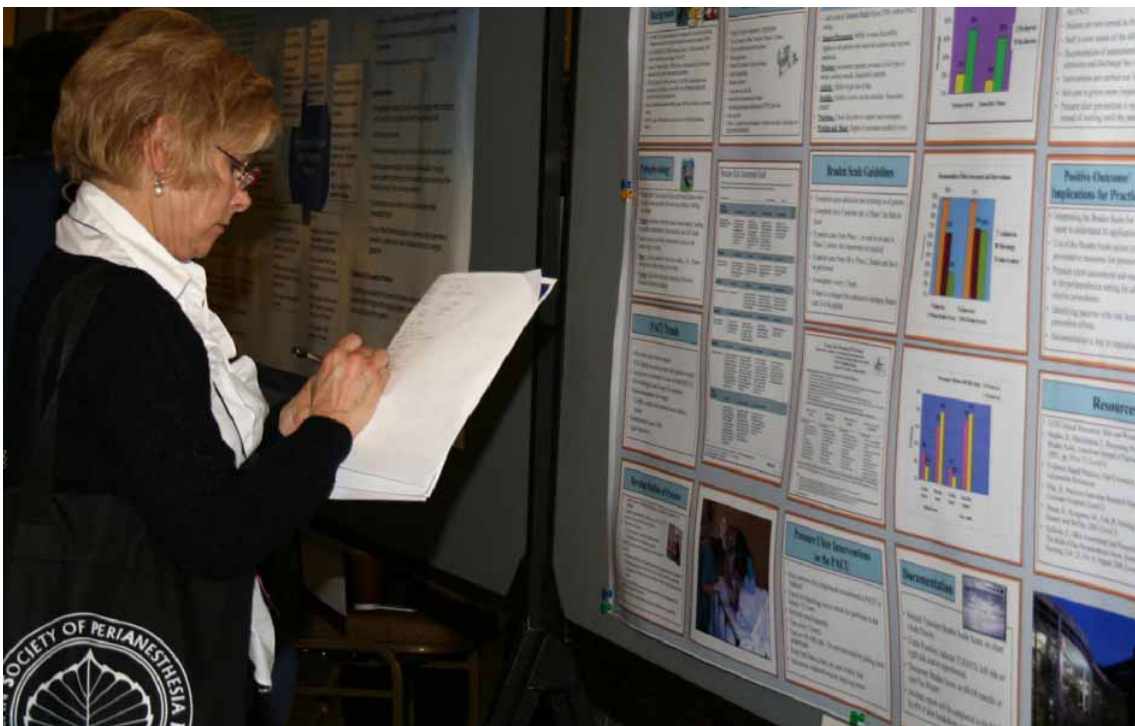
tion, OR invited to participate in the new Celebrate Successful Practice PowerPoint Presentation/Discussion (to be held in a specific lecture room). In the latter format, presenters join other colleagues to deliver a 10-minute PowerPoint Presentation of the successful practice, followed by a five to seven minute audience question-and-discussion period.

### Important CSP information and dates:

- There are specific guidelines regarding abstract format and content
- Identified project leaders must be ASPAN members
- **Applications MUST be postmarked by the October 30, 2009 deadline to be considered**  
Any applications received postmarked after this date are returned and not reviewed
- Applicants are contacted with a notification of acceptance to EITHER poster session OR PowerPoint oral presentation by January 18, 2010

For complete Celebrate Successful Practices application information, visit the [ASPAN Web site](#), click on the "Clinical Practice" tab, and then click "CSP Abstracts".

**A successful practice that generates interest and discussion at National Conference may prompt you to consider writing an article on your chosen topic for the Journal of PeriAnesthesia Nursing.**



A 2009 National Conference attendee jots down valuable information shared in one of the many CSP posters on display

# Get Involved with ASPAN's Transformation

Lois Schick, MN, MBA, RN, CPAN, CAPA - ASPAN Immediate Past President and Nominating Committee Chair

ASPAN is embarking on a year of change with the theme "Roots of Knowledge, Seeds of Transformation". This is an exciting time for your professional organization, so we challenge YOU to GET INVOLVED. Leaders are needed to continue guiding organizational transformation of programs and agendas in order to offer the highest quality services to members, patients and colleagues. Your leadership skills are needed to make this change transparent.

## Qualified candidates are needed for the following 2010-2011 ASPAN Board of Director positions:

- Vice President/President-Elect (*three-year term*)
- Secretary (*two-year term*)
- Director for Clinical Practice (*two-year term*)
- Director for Development (*two-year term, possibly adjusted with Transformation implementation*)
- Regional Director, Region 2 (*two-year term*)
- Regional Director, Region 4 (*two-year term*)

Prerequisites include: Current member and/or past officer, Director, Editor, Committee Chair, and/or Representative Assembly member who has a minimum of three years' Active category ASPAN membership immediately prior to nomination and has a minimum of three years' perianesthesia nursing experience. The candidate has a current clinical, management, education or research role in the perianesthesia setting and has CPAN or CAPA certification. Other specific qualifications may be required for Board posi-

tions, but ALL eligible members are welcome to "get involved" and run for an ASPAN office.

## Nominating Committee candidates are also needed:

- Five members to be elected (one-year term)

Prerequisites include: Any Active or Retired category member of ASPAN knowledgeable of ASPAN and its mission may run for Nominating Committee.

## Deadline to Accept the Challenge to Get Involved: OCTOBER 1, 2009.

1. Declare your candidacy as soon as possible, via e-mail, to Nominating Committee Chair Lois Schick: [schickles@aol.com](mailto:schickles@aol.com).
2. A 'Candidate Profile Sheet' must be submitted to Lois Schick by e-mail only with a date stamp no later than October 1, 2009. Hard copies and faxes will NOT be accepted.
3. An 'Intent to Place Name for Nomination' form must be signed and mailed or have e-signature applied and be emailed to the ASPAN National Office postmarked no later than October 1, 2009.

### ASPAN WANTS YOU!

Contact Lois Schick ([schickles@aol.com](mailto:schickles@aol.com)) or Jane Certo at the ASPAN National Office ([jcerto@aspan.org](mailto:jcerto@aspan.org)) or 1-877-737-9696, Extension 13 for more information.

## Call for Nominations



Lois Schick

## Congratulations Newly Elected ASPAN Nominating Committee Members



Marigrace Clarke  
RN, CAPA



Kathleen Donohue  
BSN, RN, CAPA



Nancy Meronuck  
RN, CPAN



Keith Schumacher  
BSN, RN



Valerie Watkins  
BSN, RN, CAPA

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## 2010 NATIONAL CONFERENCE ABSTRACTS *Research and/or Evidence Based Practice*

Wanda Rodriguez, MA, RN, CCRN, CPAN – ASPAN Research Committee Member

ASPAN's 29th National Conference in New Orleans, LA, will feature abstracts/posters displayed in two categories: the Celebrate Successful Practice (CSP) category and the Research and/or Evidence Based Practice category. There are very specific guidelines and requirements for each grouping. **It is the members' responsibility to select the appropriate category and to meet the appropriate calendar deadline for submission.**

The ASPAN Research Committee provides perianesthesia nurses with an opportunity to present previously completed, unreported, original research findings from studies pertaining to all phases of perianesthesia nursing. A choice of oral and/or poster format may be selected for the 2010 National Conference presentations. Poster displays will occur on Monday and Tuesday of Conference week, with poster grand rounds currently scheduled on Tuesday. Oral papers will be presented during "Oral Research Presentations" on Wednesday. Poster presenters are requested to be in attendance on these days. Posters for Research and Evidence Based Practice (EBP) will be displayed together, but will be marked to differentiate.

A copy of the Institutional Review Board approval letter must be submitted for research abstracts. The EBP format may not require such approval. Those submitting oral and poster abstracts are given the opportunity to have their abstracts published in the June issue of the *Journal of PeriAnesthesia Nursing (JoPAN)*. Past issues of *JoPAN* may be a useful resource for abstract development. Other helpful resources are

available in the Research section of ASPAN's Web site.

If you are interested in presenting research and or evidence based findings, please submit an application for anonymous peer review. Research and EBP evaluation tools are posted on the ASPAN Web site. Acceptance of abstracts is based on scientific merit and strict adherence to submission guidelines. All project contributors receive an award certificate. The Research Committee thanks you in advance for your interest, participation and support of perianesthesia research.

### Important Research and/or EBP Abstracts information and dates:

- If interested in presenting research and or evidence based findings at the 29th National Conference in New Orleans, LA, please carefully follow the guidelines for abstract submission
- Complete and submit the ASPAN Research/Evidence Based Abstract Submission Checklist Form
- **Application for Oral Paper Presentation and Poster Display Presentation MUST be postmarked by October 30, 2009.** Any applications received postmarked after this date are returned and not reviewed
- Applicants will receive notification from the reviewers by January 18, 2010

For complete Research/Evidence Based Abstract application information, visit the [ASPAN Web site](#), click on the "Research" tab, and then click "**Research Abstracts**".



Research Poster Grand Rounds sessions, held at the ASPAN National Conference, provide a more personal and interactive approach to research dissemination



# Planting the Seeds for Recruitment

Jane Lind, BS, RN - ASPAN Membership/Marketing Committee Chair

The 2009 Member-Get-A-Member (MGM) campaign prompted all ASPAN members to encourage perianesthesia nursing peers to become part of ASPAN's lasting legacy. Our members responded in a big way and brought 1,067 new ASPAN members into the organization! This brought total ASPAN membership to over 13,500.

## Recruiter of the Year

Congratulations to Wisconsin Society of PeriAnesthesia Nurses (WISPAN) component member, Gail Jackson. Gail was unable to attend this year's Conference, so her award was accepted by fellow component member, Stephanie Kassulke. Gail



WISPAN'S Gail Jackson,  
ASPAN Recruiter of the Year

received an engraved plaque, a complimentary one year ASPAN membership, and a complimentary free registration to the 2010 National Conference in New Orleans.

Each time an ASPAN member recruited a new member, the recruiter's name was entered into a random drawing. The winner of this year's random drawing for a complimentary registration to the 2010 National Conference was Christine M. Carsten, from the Illinois Society of PeriAnesthesia Nurses (ILSPAN).

## Component Recruiter Award

The Mississippi Society of Perianesthesia Nurses (MSPAN), the top component recruiter, had 11.49% of their members serve as recruiters. MSPAN was the recipient of two free conference registrations for the 2010 ASPAN National Conference. Keep recruiting and get a new member to join ASPAN today! 🌱

*Thank you to all recruiters for sowing the seeds of membership. Your MGM efforts have greatly expanded ASPAN's roots and outreach.*

Roots of Knowledge,  
Seeds of Transformation

ASPAN Member-Get-A-Member Campaign  
April 1, 2009 - March 31, 2010

**The 2009 - 2010  
Member-Get-A-Member  
Campaign is now underway.**

## Visit the "Members" section

of the ASPAN Web site for complete membership information, recruiter standings, and to download a membership application form. You may also contact the ASPAN National Office toll free at (877) 737-9696 ext. 16 to request a hard copy of the membership application or MGM brochure.

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## Board of Directors and Representative Assembly Highlights

### Washington, D.C. ~ April 19-23, 2009

*Jacque A. Crosson, MSN, RN, CPAN – ASPAN Secretary*

ASPAN's **Go Green** initiative was in full swing at this year's National Conference. Completion of the ASPAN Web site redesign promoted efficient online registration and easy access to important information. The syllabus was reduced in size and handouts were made available to all registrants through the Web site. The virtual delivery method allowed attendees to view session information prior to Conference and download the information onto a flash drive or computer for easy access.

New ASPAN publications may be available for purchase on a flash drive. Two examples include *The Safety Tool Kit* and *Competency Based Orientation*

offers an excellent resource for practice discussions, procedure inquiries and safety issues.

#### ASPAN EDUCATION PROVIDER COMMITTEE

New seminars have been added. Topics include a new certification review and another including advocacy and legal issues. Seminar registration and the syllabus will be available online.

#### MEMBER GET-A-MEMBER CAMPAIGN

The date range will transition so that the campaign runs from January through December each year. Further details will be shared via *Breathline* and the ASPAN Web site.


#### ABPANC

Online testing is underway and only six nurses signed up for the written exam at National Conference! There are over 8,500 certified perianesthesia nurses with almost 300 holding a dual certification.

#### REPRESENTATIVE ASSEMBLY

Three resolutions were brought before the Assembly for final approval with an opportunity for clarification and discussion of each resolution. The Representative Assembly approved these resolutions:

- Resolution 2009-1: A Position Statement on the Pediatric Patient
- Resolution 2009-3: ASPAN's Guideline for the Promotion of Perioperative Normothermia
- Resolution 2009-4: Position Statement on Workplace Violence

Presentations given during the Representative Assembly included the President's Update, Finance Report, Strategic Plan, GROVE research initiative, Perianesthesia Data Elements, and *ASPAN Safety Tool Kit*. 



*A president's-eye-view of the annual ASPAN Representative Assembly*

*Manual*. The newly released *Perianesthesia Data Elements* manual and revised *Research Primer* are available in electronic format and are offered free to members on the ASPAN Web site. All other ASPAN publications will soon become available for online purchase through the Web site.

#### ACTIVITY UPDATES

##### CLINICAL PRACTICE COMMITTEE

This continues to be an extremely busy team. Over 1500 questions were received and answered with 53% originating from members and 48% from non-members. The Web-based ASPAN Forum

## Update Your Member Profile

ASPAN member profiles contain important demographic and contact information. Frequently, this information becomes outdated after a change in credentials, workplace, e-mail or home address. In an effort to maintain a current database, we ask every member to log on to ASPAN's Web site to validate/update your current profile.

*Thank you for keeping ASPAN informed!*

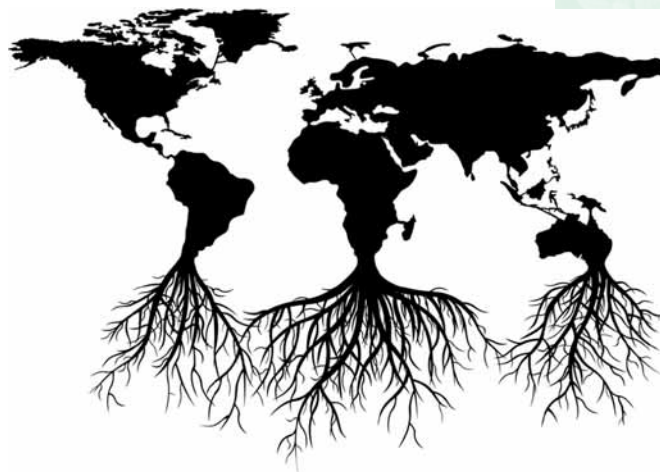


# International Conference Interest Survey

The American Society of PeriAnesthesia Nurses, British Anaesthetic and Recovery Nurses Association, Irish Anaesthetic and Recovery Nurses Association, and National Association of PeriAnesthesia Nurses of Canada are leading an effort to determine the interest level for convening an international peri-anesthesia conference.

Please share this information with national or international colleagues who potentially share an interest in the survey's subject.

The online survey is accessible on the [ASPAN Web site](http://internationalconference.notlong.com) or can be retrieved by copying and pasting this URL (<http://internationalconference.notlong.com>) into a Web browser address bar. **The survey is open to respondents through August 30, 2009.**



## Member Spotlight

### New Mexico Nurses Recognized

Each year, on National Nurses Day, the University of New Mexico Hospital honors selected nurses with the Distinguished Nurse Award and Distinguished Preceptor Award. These awards are a tribute to highly performing nurses who stand out as valuable members of the healthcare team. Nominees are recognized by their peers and recognized for professional dedication as exhibited by superior patient care, teaching skills and teamwork.

Two PeriAnesthesia Nurses Association of New Mexico (PANANM) members were this year's deserving recipients. Carol Poyer-Squibb, RN, CAPA, received the Distinguished Preceptor Award. Patricia Jacobs, RN, CAPA, was given the Distinguished Nurse Award. Both remarkable nurses are employed by the University of New Mexico Hospital Outpatient Surgery and Imaging Services. In



*Carol Poyer-Squibb,  
Distinguished  
Preceptor Award  
recipient*



*Connie Hardy  
Tabet recently  
achieved dual  
certification*



*Patricia Jacobs,  
Distinguished  
Nurse Award  
winner*

addition, fellow colleague and PANANM President-Elect, Connie Hardy Tabet, RN, CPAN, achieved dual certification by successfully challenging the CAPA exam in April. Connie also serves as an ABPANC certification coach. **Carol, Patricia and Connie: congratulations on your achievements!**

### ***Congratulations to these ASPAN members who were recognized in nomination for an award by their colleagues this year:***

#### ***Excellence in Clinical Practice***

Valerie Boatwright, RN, CPAN, CAPA  
Nemi Chavez, BSN, RN, CCRN, CPAN  
Kathleen Glatt, BSN, RN, CPAN  
Florence Glover, BSN, RN, CAPA  
Laura Haynes, BSN, RN, CPAN  
Armi Holcomb, BSN, RN, CPAN  
Alexis Nicpon, BSN, RN, CPAN  
Madge Trobaugh, RN, CPAN

#### ***Award for Outstanding Achievement***

Kathleen DeLeskey, DNP, RN  
Jane Dierenfield, BSN, RN, CPAN, CAPA  
Deborah Niehaus, BSN, RN, CPAN  
Linda Trowbridge, MSA, BSN, RN, CPAN, CAPA

## The 2009-2010 ASPAN Board of Directors



ASPAN's Board of Directors (front row from left): Twilla Shrout, Dolly Ireland, Lois Schick, Theresa Clifford, Tanya Spiering, Jacque Crosson, and Kevin Dill. (Back row): Barbara Godden, Susan Carter, Linda Ziolkowski, Jacqueline Ross, Martha Clark, Kim Kraft, Phoebe Conklin, and Nancy O'Malley

### *Introducing members elected to serve in a new ASPAN Board position*

#### **President**

**Theresa Clifford, MSN, RN, CPAN**, has almost 20 years experience as a PACU nurse. She works as a full-time Phase I PACU Clinical Nurse Lead, devoting 25% of her time to managerial duties and 75% as a clinical bedside nurse, in a small community hospital in southern Maine. Terry previously served as the Director for Clinical Practice, Chair of the Standards & Guidelines Committee and as a member of the Staffing Strategic Work Team. Her committee participation includes Safety, Evidence Based Practice and Perianesthesia Data Elements. She leads the Strategic Planning Ad Hoc team to assess and modify ASPAN's strategic direction.

erate sedation and pain management at her hospital facility in St. Louis, and throughout the Sisters of Mercy Health Care System. Kim brings substantial perianesthesia nursing knowledge to this position. As a long-time ASPAN volunteer, she served on several committees and completed two terms as Regional Director-Region 3. Kim is the ILSPAN Web Editor, and was honored with the component's Jan Ridder Excellence in Clinical Practice Award. She is also a past recipient of the ASPAN Excellence in Clinical Practice Award.

#### **Regional Director-Region 3**

**Martha Clark, MSN, RN, CPAN**, is a Phase I and II PACU staff nurse in Kentucky. Her career comprises varied nursing specialties. She became involved in ASPAN in 1991 and has served on the Education Approver, Research, Ethics, Evidence Based Practice, Clinical Practice, and Standards & Guidelines Com-

#### **Vice President/President-Elect**

**Kim Kraft, BSN, RN, CPAN**, works as a pre/postoperative nurse clinician. She is recognized as the subject-matter expert and champion for mod-

mittee. From 2004-2007, Martha was the ASPAN Research Grant Coordinator and was nominated for the ASPAN Excellence in Clinical Practice Award. She serves as the Research Committee Chair and newsletter editor for her KSPAN component. Martha has presented many lectures across the United States and frequently travels abroad with surgical outreach teams to deliver reconstructive surgery to underserved populations.

### **Regional Director-Region 5**

**Tanya Spiering, BSN, RN, CPAN**, is a perianesthesia services clinical practice leader in

Delaware. In this role, she provides clinical and educational oversight for PACU and the Day Surgery, PAT, and Endoscopy units. She has lectured on perianesthesia care topics both locally and statewide. Tanya is currently pursuing a Master's Degree in Nursing with a CNS focus. She serves as a member of the ASPAN Safety and Education Approver Committees, and was a member of the 2009 National Conference Strategic Work Team. Tanya was named as a charter member of the Up and Comers Program, and was inducted into the Omicron Gamma Chapter of Sigma Theta Tau in 1999. 🌿

## **Members with continuing ASPAN Board service**

### **Secretary**

**Jacque Crosson, MSN, RN, CPAN**, serving the second year of a two-year term

### **Treasurer**

**Susan Carter, BSN, RN, CPAN, CAPA**, re-elected to a second two-year term

### **Immediate Past President**

**Lois Schick, MN, MBA, RN, CPAN, CAPA**

### **Regional Director-Region 1**

**Nancy O'Malley, MA, RN, CPAN, CAPA**, re-elected to a second two-year term

### **Regional Director-Region 2**

**Twilla Shrout, MBA, BSN, RN, CPAN, CAPA**, fulfilling the final year of her second two-year term

### **Regional Director-Region 4**

**Katrina Bickerstaff, BSN, RN, CPAN, CAPA**, serving the second year of a two-year term

### **Director for Clinical Practice**

**Barbara Godden, MHS, RN, CPAN, CAPA**, completing the second year of a two-year term

### **Director for Development**

**Dolly Ireland, MSN, RN, CAPA, CPN**, fulfilling the second year of her second two-year term

### **Director for Education**

**Linda Ziolkowski, MSN, RN, CPAN**, re-elected to a second two-year term

### **Director for Research**

**Jacqueline Ross, MSN, RN, CPAN**, re-elected to a second two-year term

### **ABPANC President**

**Phoebe Conklin, BS, RN, CPAN**, Ex-Officio member

### **ASPAN Chief Executive Officer**

**Kevin Dill**, Ex-Officio member 🌿

**Thank you to outgoing Board members,  
Susan Fossum, BSN, RN, CPAN, and Chris Price, MSN, RN, CPAN, CAPA,  
for many years of dedicated ASPAN service.**



◀ Immediate Past President, Sue Fossum (left), received her presidential gavel mounted on a commemorative plaque

Former two-term Region 5 Director, Chris Price (right), with her Up and Comers mentee, Tanya Spiering, phenomenally served as role model to countless ASPAN members ▶





## 2009 ASPAN Honors

*During Opening Ceremonies, held at the 28th National Conference in Washington, D.C., several individuals and one component were recognized with prestigious ASPAN awards.*



*Kathleen DeLeskey, DNP, RN (left), received the ASPAN Award for Outstanding Achievement from Lois Schick*

### Award for Outstanding Achievement

This award recognizes and honors an individual whose dedication to excellence has furthered the art and science of perianesthesia nursing. Kathy DeLeskey, a former ASPAN Director for Education, is an inspiring instructor at the Lawrence Memorial/Regis College Nursing Program. As a distinguished Joanna Briggs Fellow, she spent time in Australia presenting findings related to post-operative nausea and vomiting (PONV). Additionally, during the summer of 2008, she presented her work on PONV prevention in Singapore. Kathy has been a driving force who encourages peers to pursue advanced degrees and certifications. Her commitment to excellence in patient care is evidenced by participation at nursing conferences around the globe. Kathy is a role model who consistently demonstrates ASPAN Core Values by providing mentorship, cultivating professional passion and supporting community.

### Gold Leaf Component of the Year

Creating legacies through commitment to excellence in leadership, membership development, education and community relations are the cornerstones to the Gold Leaf Award. By striving to attain the Gold Leaf standards, component leaders and members are making ASPAN's dreams a reality. The Pennsylvania Association of PeriAnesthesia Nurses (PAPAN), this year's recipient of the Gold Leaf Award, demonstrated its commitment to excellence. PAPAN received an engraved plaque, a \$500 check, a certificate for a book or publication for membership use or membership recruitment, and "Component of the Year" ribbons for all PAPAN members. Congratulations PAPAN members!



*PAPAN President, Laura Kling, MSN, RN, CNS, CPAN (right), accepts the Gold Leaf Award from Jane Lind, on behalf of many exuberant component members in attendance*



*ASPAN 2008-2009 President, Lois Schick, presents Terry Clifford, MSN, RN, CPAN, with this year's President's Award*

### ASPAN President's Award

Each year, the ASPAN president selects one individual to recognize for outstanding service to ASPAN or to the nursing profession. As told by Lois Schick, Terry Clifford eagerly accepted the call to serve ASPAN. Throughout Lois' presidential year, Terry often stepped up to the plate, even before being asked, to further ASPAN's cause. Any project assigned to her was completed in an organized, timely, and efficient manner. Lois expressed deep gratitude and confidence that Terry's oversight of ASPAN's future strategic plan will insure lasting legacies for perianesthesia nursing.



*Ellen Sullivan, BSN, RN, CPAN (right), honored by Past ASPAN Presidents for brilliant service and extraordinary dedication, receives her award from Sue Fossum*

## Distinguished Service Award of the Past Presidents' Council

After many years of involvement, Ellen Sullivan continues to serve our Society. She possesses a comprehensive knowledge of perianesthesia practice, having served on the Clinical Practice Committee for almost two decades, as Standards & Guidelines Chair in 1997, and as the Director for Clinical Practice from 1998-2002. Her expertise is respected by nurses and physicians throughout the United States and abroad. Ellen shared a deep knowledge of all clinical practice areas through lectures, articles and presentations for the Representative Assembly. She articulates complex national patient care issues in a manner that increases understanding and promotes adherence to standards of care. A passion for clinical practice led her to develop ASPAN's Celebrate Successful Practices initiative. Ellen currently represents ASPAN at meetings of the Society of Perioperative Assessment and Quality Improvement.

## Excellence in Clinical Practice

Madge Trobaugh spent the majority of her 39 years in nursing as a Clinical Ladder III PACU nurse at Rockingham Memorial Hospital in Harrisonburg, Virginia. Colleagues describe her as passionate, hard-working, knowledgeable, committed to improving patient care, and the first to volunteer for a project. She participates in many unit-based and hospital wide councils, and spearheaded projects in bariatrics and implementation of forced air warming gowns. As a preceptor, Madge motivates new and experienced nurses with her teaching style and a commitment to excellence. She is known for continually advocating for patients and promoting the ASPAN Standards. Madge achieved CPAN certification in 1987 and published in the *Journal of Post Anesthesia Nursing* in 1988 and 1989. Her award included a crystal plaque and complimentary airfare, registration and four nights' lodging to the 2010 ASPAN National Conference.



*Madge Trobaugh, RN, CPAN, was recognized by colleagues for tireless passion in support of perianesthesia nursing practice*

## Celebrate Successful Practices & Perianesthesia Research

*Perianesthesia practitioners displayed and presented a record number of Celebrate Successful Practices (CSP) and Research Abstract submissions at the 28th National Conference in Washington, D.C. The ASPAN Clinical Practice and Research Committees congratulate all participating colleagues for their important contributions to perianesthesia nursing practice.*

*Please visit the [ASPAN Web site](#) to view comprehensive listings of the 2009 CSP and Research Abstract submissions and their respective investigators.*



*Conference participants reviewing the annual poster display*

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## DC Dreams and Legacies

Our 2009 National Conference attendees charted ASPAN Development history while participating in numerous activities, and by making generous donations that serve to sponsor future projects. The annual ASPAN Dream Walk brought participants together early on Sunday morning to take in the sights along the Potomac River. The Dream Walker awards were presented during Wednesday's Development Luncheon.

The Exhibit Hall, always lively throughout exhibition hours, was the venue for Silent Auction bidding. ASPAN members, components and industry combined to provide fabulous bidding items. The

bidding concluded on Wednesday morning and yielded some very happy high-bidders! Other attendees took a chance and shot hoops for prizes while making a donation to ASPAN Development.

### *ASPAN Development: making a difference in the perianesthesia nursing community.*

The Wednesday afternoon luncheon featured a cruise on the Potomac, accented by live music and many generous Hail, Honor, Salute! (HHS) program pledges to fellow members, mentors, and honorees. Each honoree receives a certificate naming their HHS sponsor. Thank you to the many supporters who, once again, made this year's Development activities a resounding success! 🍀

## 2009 ASPAN Dream Walk

Most Component Walkers: Rocky Mountain PeriAnesthesia Nurses Association (RMPANA)

Most Component Pledges: Northwest PeriAnesthesia Nurses Association (NPANA)

Dream Walker Award: Judy Evans, RN



Exhibit Hall hoopsters tossed shots, raising over three-hundred Development dollars



ASPAN Director for Development, Dolly Ireland (left), presents the award for Most Component Pledges to RMPANA's Lynda Marks



NPANA's Judy Evans (right), from Alaska, once again earned the 2009 Dream Walker Award for individually contributing the most pledged dollars this year



Cruisin' along on the annual Development Luncheon



## 28th National Conference Sponsors

**ASPAN**  
Development

*ASPAN is extremely grateful for contributions from these organizations.  
This generous support helped to make the 2009 Conference a fantastic event!*

### Corporate Sponsors

Arizant Healthcare, Inc.

Hill-Rom Co., Inc.

### Component Sponsors

AzPANA  
CBSPAN  
FLASPAN  
GAPAN  
ILSPAN

KSPAN  
MAPAN  
MOKAN PANA  
Metro KC District  
MOKAN PANA

NCAPAN  
NAPAN  
NYSPANNA  
NYSPANNA District 8  
PANAC

PAPAN  
PANANM  
RMPANA  
TAPAN  
USPAN



*Exhibit Hall displays offer interesting demonstrations showcasing new practice-related products*



*More exciting developments to come in 2010!*

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# ASPAN 28th National Conference:

Washington, D.C. had it all! Steeped in American history, our host location offered networking and socializing with fellow perianesthesia colleagues, coupled with an awesome education program. This year's monumental success is credited to the 2009 National Conference Strategic Work Team (NCSWT), consisting of volunteer members and National Office staff. *Thank you and congratulations on creating a lasting ASPAN legacy!*

## 2009 NCSWT Members

**Myrna Mamaril - Coordinator**

**Susan Carter**

**Terry Clifford**

**Kevin Dill**

**Lynnae Elliotte**

**Michael Guillory**

**Susan McDonald**

**Kate Painter**

**Courtney Papp**

**Lois Schick**

**Roma Schweinefus**

**Tanya Spiering**

**Rob Spina**

**Linda Ziolkowski**

## Component Night

**Many thanks to Arizant for its generous sponsorship of Component Night**



The Component Night  
"Parade of Legends" led by  
Betsy Ross



President Schick (center) guarded by a regional security detail



Martha Washington shared  
her famous husband's  
favorite cherry pie

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## Military Members and International Guests



ASPAN Military and International Liaison, Jennifer Allen, hosted a tour of the National Naval Medical Center Post Anesthesia Care Unit for attendees from Ireland and Canada. From left to right: Grainne McPolin, Paula Ferguson, Jennifer Allen, Josephine Hegarty, and Laura Van Loon



Perianesthesia nurses who answered the call to serve our nation



The annual Military and International Reception was attended by over forty nurses from around the globe. British nurses, Manda Dunne (left) and Pat Smedley (right), visit with ASPAN's Kim Kraft

## President's Reception

**ASPAN gratefully acknowledges Hill-ROM for a rockin' President's Reception!**



ASPAN Historian Esther Watson (left) presents Lois Schick with a commemorative dream catcher painting on the evening of the President's Reception



A New York toast to another great Conference



Partygoers lifted up by the dancing spirit



Broadway, here they come!

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# Congratulations 2009 ASPAN Newsletter Contest Winners!



1-8 pages  
**The Arouser**  
Mississippi Society of  
PeriAnesthesia Nurses  
Annette Williams, Editor



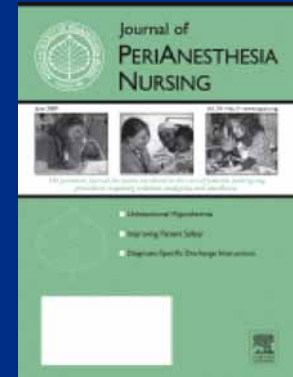
9-14 pages  
**Peri-Scope**  
Illinois Society of  
PeriAnesthesia Nurses  
Marigrace Clarke, Editor



15+ pages  
**Carolina Breaths**  
North Carolina Society of  
PeriAnesthesia Nurses  
Vicki Lewis, Editor



People's Choice  
**CB SPANNER**  
Chesapeake Bay Society of  
PeriAnesthesia Nurses  
Connie Gull, Editor



## JoPAN Cover Photo Contest

This year's photo selections will be featured on the *Journal's* cover for one edition year, beginning in February 2010. Congratulations to the winning contestants:

Mary Rachel Romero,  
BSN, RN, CPAN  
Denver, CO

Karmela Swangchan,  
BSN, RN, CCRN, CPAN  
Skokie, IL

Phyllis Bolton, RN, CPAN  
Council Bluffs, IA



**ASPAN gratefully acknowledges Elsevier for its support  
of the Mary Hanna Journalism Awards and the  
JoPAN Cover Photo Contest**

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# Journal of PeriAnesthesia Nursing (JoPAN) Awards

## Congratulations to the Mary Hanna Memorial Journalism Award winners for the 2008 volume year.

### CLINICAL ARTICLE CATEGORY

#### ★ 1st Place ★

Mary K. Clark

"Lipid Emulsion as Rescue for Local Anesthetic-Related Cardiotoxicity"

#### ★ 2nd Place Tie ★

Gloria Young

Lyubov Zavelina

Vallire Hooper

"Assessment of Workload Using NASA Task Load Index in Perianesthesia Nursing"

Spring Wildman

Janet A. Secrest

Virginia Keatley

"A Concept Analysis of Control in the Perianesthesia Period"

### BEST PRACTICE CATEGORY

#### ★ 1st Place ★

Susan N. Kemerling

Linda Cunningham Lawler

Marie Lynch

Alan Jay Schwartz

"Family-Centered Care in the Pediatric Post Anesthesia Care Unit: Changing Practice to Promote Parental Visitation"

#### ★ 2nd Place ★

Patricia J. Kidik

Kathleen F. Holbrook

"The Nurse Practitioner Role in Evidence-Based Medication Strategies"

#### ★ 3rd Place ★

Martha Power

C. Lynne Ostrow

"Preoperative Diabetes Management Protocol for Adult Outpatients"

### RESEARCH CATEGORY

#### ★ 1st Place ★

Penelope S. Villars

Mark Q. Veazie

Joel S. Berger

Quan M. Vu

Alita A. Campbell-McAdory

John C. Frenzel

Spencer S. Kee

"Adaptation of the OODA Loop to Reduce Postoperative Nausea and Vomiting in a High-Risk Outpatient Oncology Population"

#### ★ 2nd Place ★

Devon Berry

Cherrie Wick

Penny Magons

"A Clinical Evaluation of the Cost and Time Effectiveness of the ASPAN Hypothermia Guideline"

#### ★ 3rd Place ★

Vicki Blaylock

Mary Rinkman

Sharon Carver

Penny McLain

Stephanie Matteson

Pam Newland

Ruth Pettit

Christine Schulman

Willy vanSchifindel

Sheri Watson

"Comparison of Finger and Forehead Oximetry Sensors in Postanesthesia Care Patients"

## Certification



### Computer-Based Testing Launched

ABPANC began offering its CPAN and CAPA examinations on computer at Pro-metric testing centers located around the country on April 6, 2009. All reports received about the experience from the inaugural computer-based testing (CBT) candidates are very positive!

For information about the online registration process and CBT, visit

[www.cpancapa.org](http://www.cpancapa.org).

- **The Fall 2009 registration window for examination administration is open July 27, 2009 - September 7, 2009**
- **The examinations administration window is October 5, 2009 - November 14, 2009**

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## Enriquez Honored with Advocacy Award

A very surprised Jonah Enriquez, BSN, RN, CPAN, CAPA, received the American Board of Perianesthesia Nursing (ABPANC) 9th annual Advocacy Award. The award was announced at the CPAN/CAPA Celebration Breakfast held during ASPAN's 28th National Conference at the Gaylord National Resort and Conference Center in Washington, D.C.

The award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate, and is the highest accolade given to a certified nurse. Jonah works as a PACU nurse for the Presbyterian Hospital of Plano, in Plano, Texas. She was nominated by her colleague, Glenda Goldberg, who wrote a compelling story describing many instances when Jonah truly advocated for patients.

Jonah was presented with the beautiful Lladro nurse statue and recertification fee scholarship. Glenda, as the individual who took time to recognize an exceptional nurse and submit the story, received a \$100 cash award. In addition, the unit in which



*Jonah Enriquez (left) accepts the 2009 Advocacy Award from ABPANC's Patrick Jones*

Jonah and Glenda work received a \$350 award to use for certification/recertification fees, books, or continuing education. Jonah's story, and information about the ABPANC Advocacy Award, can be found on the ABPANC Web site [www.cpancapa.org](http://www.cpancapa.org).

## ABPANC Leadership Circle Induction

Induction into the ABPANC Leadership Circle recognizes that 100% of all eligible perianesthesia registered nurses employed in a specific unit have earned CPAN and/or CAPA certification in a given year. The Day Surgery Unit and PACU of Rush Copley Medical Center, Aurora, Illinois, and the PACU of North Country Health System, Newport, Vermont, continue an esteemed membership in the Leadership Circle.

This year, two new units were inducted into the Leadership Circle: the PACU of Phoenix Integrated Health Care System located in Phoenix, Arizona; and the Providence Surgery Center located in Missoula, Montana. Each unit was awarded a beautiful perpetual plaque to recognize this outstanding achievement, which can be updated on a yearly basis. Inductees are also provided with a sample press release for use in their community, a recognition letter from the ABPANC President to facility administrators, and "My Unit is 100% Certified!" ribbons for staff.



*Certified nurses accepted Phoenix Integrated Health Care System PACU's Leadership Circle plaque*

## Five Fabulous Shining Stars

Presented for the sixth year, this ABPANC award was developed to publicly recognize ASPAN components for supporting and encouraging CPAN and CAPA certification. Components meeting specified criteria are recognized at the annual Certification Breakfast and awarded a beautiful engraved award. Congratulations to this year's recipients:

Arizona PeriAnesthesia Nurses Association (AzPANA): fifth award

Chesapeake Bay Society of PeriAnesthesia Nurses (CBSPAN): first award

Florida Society of PeriAnesthesia Nurses (FLASPAN): first award

Maine Society of PeriAnesthesia Nurses (MESPAN): fifth award

Massachusetts Society of PeriAnesthesia Nurses (MASPAN): second award



*ABPANC Shining Star Awards*



# Health Reform and its Impact on Nursing

David Kay, MSN, RN, CAPA – ASPAN Governmental Affairs Committee Chair

Advocacy

As the largest group of healthcare providers in the nation, nurses face potential changes within our healthcare system in the future. Let's explore some key questions that help explain the direction of health system reform.

## What healthcare problems do we face as a nation?

The healthcare system suffers from serious and pervasive problems. Access to care is constrained by high and rising costs. Quality of care is not consistent and must be improved in order to improve the health of citizens and promote economic security.<sup>1</sup> As frontline practitioners, nurses across the country have countless first-hand stories to share about rising costs and how this situation negatively affects patient access to care.

According to U.S. Secretary of Health and Human Services, Kathleen Sebelius, healthcare costs are overwhelming businesses, families and government budgets. Health insurance premiums have almost doubled over the past decade, while millions more have become uninsured. Underinsured families, who pay for coverage but are unprotected against escalating healthcare costs, increased by 60% since 2004. A recent survey found that, over the past year, uninsured and insured citizens alike reduced personal health care outreach due to cost. Sebelius stressed the current administration's position that healthcare reform is a priority and maintaining the status quo is both unacceptable and untenable.<sup>2</sup>

## In what direction is the Obama administration going to reform healthcare?

On March 5, 2009, a White House Health Care Reform Summit was convened. The following priorities were set:<sup>3</sup>

- Expand healthcare coverage and improve the quality of care for all Americans
- Determine how to reduce and contain costs
- Invest in and develop a health information technology system
- Invest in public health prevention

President Obama asserts that reforming the healthcare system is a key goal of his administration.<sup>1</sup>

## Who is giving voice to healthcare reform?

The White House Health Reform Summit comprises key reform stakeholders, to include: members of Congress, healthcare providers, hospitals, labor union leaders, business groups, insurance companies and consumer organizations.<sup>3,4</sup> The summit nursing

representatives were American Nurses Association President, Rebecca M. Patton, MSN, RN, CNOR, and Representative Lois Capps (D-CA), RN.

## What is the timeline for health reform?

President Obama championed a bipartisan and inclusive effort to reform healthcare with a goal for action to occur before the end of 2009. Obama describes U.S. health system reform as a moral and fiscal imperative.<sup>5</sup> The White House Health Care Summit for Health Reform Committee widely agreed that a prime opportunity exists to achieve reform in the coming months. The committee also agreed that the cost of inaction is high, and that reform is needed sooner than later.<sup>3</sup>

## What can you do as a nurse?

The voice of nursing is respected and welcomed by elected representatives. Therefore, nurses must communicate profession-related stories, concerns, and ideas to their legislators. To locate contact information for state senators and representatives, visit <http://www.congress.org>. Many helpful resources are also available on the [Advocacy section of ASPAN's Web site](#). Finally, take a few moments to share professional nursing perspectives on the government Web site dedicated to health reform ([www.healthreform.gov](http://www.healthreform.gov)).

## REFERENCES

1. The White House Office of the Press Secretary. Establishment of the White House Office of Health Reform. Available at [http://www.whitehouse.gov/the\\_press\\_office/Executive-Order-Establishing-The-White-House-Office-Of-Health-Reform](http://www.whitehouse.gov/the_press_office/Executive-Order-Establishing-The-White-House-Office-Of-Health-Reform). Accessed June 7, 2009.
2. Opening statement Health and Human Services Secretary-Designate Kathleen Sebelius Senate Committee on Finance. Available at [http://www.khi.org/resources/Other/1290-Sebelius\\_FINANCE\\_Opening\\_Statement\\_4-2-09.doc](http://www.khi.org/resources/Other/1290-Sebelius_FINANCE_Opening_Statement_4-2-09.doc). Accessed June 25, 2009.
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5. Montopoli B. Obama: Health care reform is a moral and fiscal imperative. Available at <http://www.cbsnews.com/blogs/2009/03/05/politics/politicalhotsheet/entry4845451.shtml>. Accessed June 8, 2009.

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# Component Education Programs

**July 18, 2009** Florida Society of PeriAnesthesia Nurses (FLASPAN) Perianesthesia Review at the Mayo Clinic in Jacksonville, FL. Featured speaker is Lois Schick, MBA, MN, RN, CPAN, CAPA. For information contact Nancy Fishman at 904-956-3101 or [fishman.nancy@mayo.edu](mailto:fishman.nancy@mayo.edu)

**September 12, 2009** Arizona PeriAnesthesia Nurses Association (AZPANA) "Shampoos, Tattoos, and Barbeques and Interpretation of Laboratory Values" at the Hilton El Conquistador in Tucson, AZ. Featured speaker is Barb Bancroft, RN, MSN, PNP. For information contact Sandra Aspacher [saspacher@carondelet.org](mailto:saspacher@carondelet.org) or visit [www.azpana.org](http://www.azpana.org)

**September 18-20, 2009** Georgia Association PeriAnesthesia Nurses (GAPAN) State Seminar "PeriAnesthesia Nursing: Embracing the Cutting Edge of Surgical Innovations" in Atlanta, GA. For information contact Keisha Franks at [keisha.franks@wellstar.org](mailto:keisha.franks@wellstar.org)

**September 19, 2009** Tennessee Society of Perianesthesia Nurses (TSPAN) Fall Fling Conference at the Music Road Hotel & Convention Center in Pigeon Forge, TN. For information contact Shari Breeden [sharibreeden@aol.com](mailto:sharibreeden@aol.com), Kay Fecher [kfecher@comcast.net](mailto:kfecher@comcast.net), or visit <http://tspanonline.org>


**September 19-21, 2009** Texas Association of Perianesthesia Nurses (TAPAN) 33rd Annual State Conference at the J.W. Marriott in Houston, TX. For information contact Meggie Kwan at [mkwan1@sluh.com](mailto:mkwan1@sluh.com) or Lillian Bailey at [lbailey@sluh.com](mailto:lbailey@sluh.com) or 823-355-3270, or visit [www.tapan.org](http://www.tapan.org)

**September 20-21, 2009** North Carolina Association of PeriAnesthesia Nurses (NCAPAN) presents "Sowing Seeds of Knowledge, Harvesting Perianesthesia Excellence" at the Sheraton Four Seasons Towne Center in Greensboro, NC. For information contact Pattie Schenk at 336-601-4289 or visit [www.ncapan.org](http://www.ncapan.org)

**September 26, 2009** Metro KC PANA Fall Seminar "Changing Times in the PACU" at St. Joseph Medical Center in Kansas City, MO. Contact Patty Welch at [pjwelc@aol.com](mailto:pjwelc@aol.com)

**October 3-4, 2009** Pennsylvania Association of PeriAnesthesia Nurses (PAPAN) "Perianesthesia PRIDE XVIII" at the Riverside Inn in Cambridge Springs, PA. For information contact Beverly Kantz at [bkantz@mmchs.org](mailto:bkantz@mmchs.org)

**October 23-25, 2009** FLASPAN presents its 40th Annual Conference "The Magic is Still Strong after 40 Years" at the Regal Sun Resort in Lake Buena Vista, FL. Contact Kim Godfrey at 904-622-6322 or [pacurn32068@hotmail.com](mailto:pacurn32068@hotmail.com)

**November 7, 2009** Kentucky Society of Perianesthesia Nurses (KSPAN) Fall Conference "Continuing Our Legacy" at the Hilton Garden Inn in Bowling Green, KY. Featured speaker is Linda Wilson, PhD, RN, CPAN, CAPA, BC, CNE. Contact Gayle Atwell at 270-842-1928 or [atweag@chc.net](mailto:atweag@chc.net) 

## ASPAN Hosted Seminars


**July 18, 2009** Perianesthesia Certification Review in Cleveland, OH. Hosted by University Hospitals-Case Medical Center. Contact Kathleen Frato at [Kathleen.Frato@UHhospitals.org](mailto:Kathleen.Frato@UHhospitals.org)

**September 12, 2009** Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum in Indianapolis, IN. Hosted by INSPAN. Contact Charlotte West at 317-582-7174 or [crwest@stvincent.org](mailto:crwest@stvincent.org)

**September 25, 2009** Pediatrics: Little Bodies, Big Differences in Staunton, VA. Hosted by VSPAN. Contact Brenda Gilliam at 540-981-7795 or [bgilliam@carilion.com](mailto:bgilliam@carilion.com)

**September 26, 2009** Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum in Wailuku, HI. Hosted by Maui Memorial Hospital. Contact Marianne Vasquez at 808-242-2252 or [mvasquez@hhsc.org](mailto:mvasquez@hhsc.org)

**September 26, 2009** Surrounding Your Practice with Excellence: Legalities, Standards & Advocacy in Buffalo, NY. Hosted by NYSPAN with Sisters Hospital Foundation and St. Joseph Campus Foundations. Contact Diane Lysarz at 716-891-1715 or [dlysarz@chsbuffalo.org](mailto:dlysarz@chsbuffalo.org)

**October 17, 2009** Perianesthesia Certification Review in Houston, TX. Hosted by TAPAN District 1. Contact Meggie Kwan at 832-355-3885 or [mkwan1@sluh.com](mailto:mkwan1@sluh.com) 



**July 25, 2009**

**Perianesthesia Certification Review**  
San Antonio, TX

**August 8, 2009**

**Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum**  
Torrance, CA

**August 15, 2009**

**Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum**  
Allentown, PA

**August 22, 2009**

**Perianesthesia Certification Review**  
Ontario, CA  
Richmond, VA

**August 29, 2009**

**Perianesthesia Certification Review**  
Columbus, OH

**September 12, 2009**

**Perianesthesia Certification Review**  
Fishkill, NY

**September 18, 2009**

**Perianesthesia Certification Review**  
Atlanta, GA

**September 19, 2009**

**Perianesthesia Nursing: A Systems Review of Pathophysiology**  
Binghamton, NY

**October 3, 2009**

**Perianesthesia Certification Review**  
Madison, WI

**Foundations of Perianesthesia Practice**  
Tacoma, WA

**October 10, 2009**

**Foundations of Perianesthesia Practice**  
New York, NY

**October 17, 2009**

**Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum**  
San Antonio, TX



**October 24, 2009**

**Surrounding Your Practice with Excellence: Legalities, Standards & Advocacy**  
St. Louis, MO

**November 7, 2009**

**Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum**  
Syracuse, NY

**November 14, 2009**

**Complexities & Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum**  
Moline, IL  
Islandia, NY

**PLEASE NOTE:**

The of Foundations of Perianesthesia Practice seminar scheduled for October 10, 2009 in New York City, is being presented by Wanda Rodriguez, MA, RN, CCRN, CPAN. On page three of ASPAN's Seminar brochure, Linda Wilson, PhD, RN, CPAN, CAPA, BC, CNE, was mistakenly identified as the speaker. ASPAN sincerely regrets the error.





## ASPAN'S 29TH NATIONAL CONFERENCE

April 18–22, 2010 • New Orleans Marriott • New Orleans, Louisiana



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Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.

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