



# Breathline

Volume 30, Number 4

July/August 2010

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## Perianesthesia Nursing: A Job or Your Professional Destiny?

Is there a difference between working at a job and experiencing your professional destiny? Most definitely! Early in my nursing career, I often found myself asking the question, "What do I want to do when I grow up?" I began my professional journey 33 years ago in the emergency department. I went to work each day, clocking in and out, while earning a paycheck every two weeks. After leaving the hospital, I never thought about work until my next shift.

As a graduate nurse, my energies were focused on transitioning from clinical to real-life nursing. I enjoyed my work, but wasn't vested in it yet. Although I knew there was an organization for emergency room nurses, money was tight and generally served to pay the rent, car payments and other living expenses. I didn't join the Emergency Nurses Association. In fact, since none of my co-workers were members of the organization, there was no impetus for me to join. Emergency nursing certification wasn't available until 1980 and, by that time, I was contemplating a move to critical care nursing in a different city.

The next four years were spent working the night shift in a busy community hospital intensive care unit. Some unit colleagues were active members of the American Association of Critical-Care Nurses, so I joined the organization to take advantage of reduced rates for educational programs needed to fill gaps in my critical care knowledge. Even though I was a member of the national association, I never joined the local chapter or attended any local meetings. It was not a priority in my life.

### Discovering Destiny

Twenty-five years ago this summer, I had an opportunity to transfer to a day/evening position in the Post Anesthesia Recovery Room. A few short



**Kim Kraft, BSN, RN, CPAN**  
**ASPAN President 2010-2011**

weeks into my orientation, I felt I had found my niche in nursing. I enjoyed my work, attended seminars and read all I could about recovering anesthetized patients. I joined our professional nursing organization and soon sat for the CPAN® exam. In 1992, the Illinois Society of PeriAnesthesia Nurses' fall conference was held in St. Louis, Missouri. I volunteered to participate on the planning committee, and I was hooked. The rest, as they say, is history.

A job is something one does in exchange for a salary to provide the necessary means to support a family or a particular way of living. A job is something one is expected to do. For me, perianesthesia nursing became more than a job. Instead, it marked the beginning of a journey to discover my professional destiny. Management consultant and *Professional Destiny* author, Valerie Hausladen, defines Professional Destiny® as: "finding your purpose in life and practicing it every day in your profession."<sup>1</sup> This involves being engaged in a vocation to which one is suited and through which a positive impact is made. In her book, Hausladen describes several indicators that you may recognize when on the right path to your destiny:<sup>1</sup>

- You love what you are doing and things come naturally to you
- You become committed to the job you are doing, and you make a contribution
- Because you are making a difference, you find fulfillment in your work
- You seek out opportunities to become more involved in your career beyond the workplace

### Giving Gives Back

Finding purpose in your profession may start with volunteering. Perhaps you can become involved in your workplace by joining committees or councils

**Component  
Development  
Institute**

September 10-12, 2010  
Louisville, KY

[www.aspan.org](http://www.aspan.org)

*Celebrating 30 years of perianesthesia nursing excellence: 1980 - 2010.*

## President's Message

continued from page 1


that advocate for patients, nurses, or standards of care. Share knowledge and expertise with nurses outside of the perianesthesia unit by giving presentations such as surgical patient preoperative preparation, pain management, or specific invasive procedures. The next logical step is to get involved outside of your facility. Attend ASPAN component district or regional meetings. Participate on component committees at the local or state level, or run for a position on the governing board. As you give of your time and talent, new channels for personal growth will unfold. Stay open to new opportunities and, in doing so, enjoy the camaraderie of nurses who share a similar fervor for perianesthesia nursing!

Humans are programmed to learn and grow, but there may be an unwillingness or fear to move from the familiar to the unknown. The minute you stop learning and growing, you become stagnant, or 'stuck in a rut'. Keep improving your skills and experiences, take advantage of new possibilities to move and contribute to a greater purpose and cause. When you

acknowledge that you are learning, growing, accomplishing something and making a difference, you will achieve fulfillment in your career.

Our success is based on what we invest and put into our profession. Hausladen wrote, "We do not need to save the world, but simply make a difference to someone or something."<sup>1</sup> That someone could be your patient or colleague. That something might be your unit or your professional nursing organization. When following your professional destiny, you are empowered. So, stretch yourself and be flexible. This newfound position may not always be comfortable, but, as spiritual author Neale Donald Walsch is credited with saying, "Life begins at the end of your comfort zone."<sup>2</sup> It's time for your professional destiny in life to begin!

### REFERENCES

1. Hausladen V. *Professional Destiny - Discover the Career You Were Born For*. USA: CreateSpace; 2009, 4-5, 141.
2. Walsch ND. *Communion with God*. New York: Berkley Trade Publishing; 2002, 1-240. 

## Erratum

A May/June 2010 *Breathline* photo caption on page 5 incorrectly identified the group as founding members of ASPAN together in St. Louis. The photograph actually contained the inaugural ASPAN Board of Directors. In addition, the photographer for the photo shown on page 7 should have been identified as Lorraine Cuesta, BSN, RN, from Banner Good Samaritan Hospital PACU in Phoenix, Arizona. We apologize for these errors.

## ASPAN Breathline

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Deadlines for inclusion in *Breathline*:

Issue	Deadline
January	November 1
March	January 1
May	March 1
July	May 1
September	July 1
November	September 1

## Breathline

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# ASPAN COMPONENT DEVELOPMENT INSTITUTE



*Turning Potential into Practice*

Louisville, KY

**September 10-12, 2010**

Discover the power of networking with colleagues! The Component Development Institute (CDI) provides educational opportunities to meet your needs – whether a seasoned component leader or the newest member of the board. Through dynamic presentations and interactive small group sessions, ASPAN leaders focus on key processes intended to help each component turn its potential into practice.

ASPAN asked for program content ideas, and you responded! This year's topics include:

- Budget Development
- Strategic Planning
- Web-based Newsletters
- Conference Planning
- Running Effective Board Meetings
- Succession Planning/Mentorship
- Working with ASPAN Member Lists
- Leadership Strategies

**Come to the CDI and share strategies to enhance your component's potential while working closely with ASPAN mentors. Attendance is open to ASPAN members only.** Contact hours will be provided.

Please call to reserve your hotel accommodations at the Louisville Marriott Downtown, 280 West Jefferson, Louisville, KY 40202, (800) 533-0127. The hotel room rate is \$119; room reservation cut-off date is Friday, August 13, 2010.

Visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)) for complete details and online registration services. To request a program brochure call the National Office toll free @877-737-9696 Ext. 17.

## What a Wonderful World of Perianesthesia Colleagues

During the Opening Ceremonies at the 29th National Conference in New Orleans, at the conclusion of Immediate Past President Terry Clifford's speech, I listened to Louis Armstrong singing the familiar lyrics to a favorite song of mine, "What a Wonderful World." I reflected on the many years of volunteer participation in component and national service that have enriched my personal life and professional skill set, and marveled at how far ASPAN has come as a specialty organization and us as perianesthesia nursing practitioners.

While ASPAN has a goal of offering clinically related information in every *Breathline* edition, the July/August edition is reflective of many events that took place and the awards that were announced at 2010 National Conference. Because the Society recognizes the importance of professional accomplishments, and displays the results of perianesthesia nurses' dedicated efforts to advance the science through research and clinical practice projects, these are given special consideration across the pages of this publication.

When looking to the future, every one of us has the ability to become an agent of influence and change. If you're ready to heed President Kraft's push toward tapping into your potential and finding your professional destiny, there are plenty of opportunities on the horizon to do just that! This edition includes two separate calls for service on the national level and multiple time-sensitive calls for research and clinical best practice projects. Ultimately, the poster presentations at Conference next year will yield new evidence that impacts and influences perianesthesia clinical practice.

I encourage you to step up and get involved with your wonderful perianesthesia colleagues and this incredibly important professional specialty organization. I can honestly say that it has meant a world of personal growth, enthusiasm, and professional fulfillment to me.

Joni M. Brady, MSN, RN, CAPA, CLC  
ASPAN *Breathline* Editor

### From the Editor



**Joni M. Brady**  
**Breathline Editor**

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## Change – The Example of Development

*Candace Taylor, BSN, RN, CPAN - ASPAN Development SWT Coordinator, and Terry Clifford, MSN, RN, CPAN - ASPAN Immediate Past President*

Change happens. Change can be confusing. Change can be good... At the 2010 ASPAN National Conference, the Representative Assembly (RA) met and voted on several key strategic items including candidates for the national Board of Directors. One candidate, Candace Taylor, was elected ASPAN Director for Development. Later that same day, the RA voted on critical amendments to ASPAN's bylaws. Ironically, these changes effectively eliminated the Director for Development board position to which Candace had only moments before been elected. Why did this happen? In order to more clearly understand these events, we will review some history of the Director for Development role, the Foundation that preceded it, and emerging changes in ASPAN's strategic plan.

### Building a Foundation

ASPAN established the ASPAN Foundation as a "non-legal" organization in 1993; "non-legal" because it had not yet formally applied for a separate tax status from ASPAN. This group had a Board of Trustees, and the chair of these Trustees sat on the ASPAN Board. The original purpose of this Foundation was to solicit financial support from industry partners. These industry donations would support the development and delivery of educational offerings through the National Conference that would be more accessible and affordable to members. It also sought possible endowments from retiring PACU nurses. As a 501(c)(3) nonprofit organization, ASPAN is bound by federally endorsed limitations regarding certain political activities. Early in the 1990s, it was thought that the Foundation could file for a 501(c)(3) tax status and permit ASPAN to apply for a separate status that would allow enhanced political involvement. Following this roadmap, the Foundation became a separate legal entity in 1997 and, by the year 2000, the Foundation President was given an ad hoc seat on the ASPAN Board of Directors.

In 2001, the ASPAN Board decided it was in the best interest of the organization to change the Foundation's status to an ASPAN sub-committee. The former President of the Foundation became the Director for the Foundation and a member of the ASPAN Board. Approximately four years ago, the name was changed from Foundation to Development to better reflect the expanding focus and work of its team. At the time, a large portion of National Conference fundraising and membership enhancements was being performed by ASPAN National Office marketing and development staff.

### Times are Changing


Fast forward to the present, and the 2009-2010 ASPAN Board recommended changes in the Society's fundamental bylaws that included transitioning Development into a strategic work team (SWT). This move required retiring the Director for Development Board position. Why were these recommendations brought forward and endorsed?



**Candace Taylor  
Development SWT  
Coordinator**

ASPAN's leadership carefully develops and closely follows a living, breathing document known as its Strategic Plan. While working with strategic planning consultants, the leadership of ASPAN seriously considers the changing environment of healthcare, its impact on nonprofit organi-

zations, and the influence of an active membership on the needs and desires for programs and services. National trends in like-organizations have required boards to refocus, redirect, and re-establish organizational goals to maintain a competitive, viable edge in the professional market. The Board of Directors is currently working on the reorganization of all committees, committee responsibilities and SWTs. Roles, responsibilities and lines of communication will change.

The theoretical basis for transitioning a committee to a SWT lies in its primary purpose, or "Raison d'Être." Committees should clearly serve to oversee the functions of work teams, and work teams should clearly serve to complete the tasks outlined by the Strategic Plan. Organizations the size of ASPAN are advised to keep standing committees to a minimum, but to grow a work team structure that maximizes resources, accomplishes short term or intermittent tasks, and can help meet the needs of a volunteer workforce. The board recognizes the need for continued Development activities. Most recently, these activities focused on National Conference activities. By nature of the episodic work of the Development team members, the SWT format can serve ASPAN well. Members of the Development SWT will continue to assist with fundraising – supporting old traditions as well as looking for new means to enhance external and alternative funding to sustain ASPAN as the leading organization for perianesthesia nursing education, practice, standards and research. 

# Horizons of Change: Focusing on Our Future

Chris Price, MSN, RN, CPAN, CAPA – ASPAN Vice President/President-Elect



Chris Price

Consider all that ASPAN has done for our specialty nursing practice over the past 30 years. We know the changes and recommendations that guide perianesthesia practice today would never have been possible without the ever-present commitment of ASPAN volunteers.

It is more important now than ever to complete a Willingness to Serve application for your national organization.

It is clearly an exciting time to be a perianesthesia nurse and an ASPAN member. We are on the frontier of historic and unprecedented changes in healthcare delivery. Many see those changes as daunting, because they are uncertain at best. Evolutionary biologist Charles Darwin asserted that those who are most responsive to change represent the strongest of a species that survive. With this in mind, shouldn't we choose to see change as a view on the horizon – or perhaps a destination that we know is coming?

## Vision Over Visibility

The various roles of the perianesthesia nurse encompass a variety of clinical skills and professional knowledge that ASPAN needs at its table. As perianesthesia nurses, we have an obligation to be present and accountable for reaching the future destination and help to shape the changes. Collectively, nurses can recognize and identify opportunities that present, even as our horizons shift. A clear focus and professional involvement will provide a constant beacon and shining vision for the provision of high quality care to our patients.

Change is coming. Your willingness to serve ASPAN will support meaningful change and keep our organization prepared for the healthcare challenges ahead. Whatever your talents or interests, WE NEED YOU to become involved. I invite you to visit the ASPAN Web site to see what opportunities are available that match your interest or special talents. Please complete a Willingness to Serve for the 2011-2012 volunteer year.

**The deadline for submission is October 31, 2010.**

I promise that you will find the journey rewarding and worthwhile!

For information and descriptions of ASPAN committees and work groups, please visit the **ASPAN Web site.**

The Willingness to Serve information and submission form is posted on the ASPAN Web site. Click **here** to access the form.



ASPAN, with a storied history of evolution and growth, is preparing to host its 30th National Conference in 2011

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## 2011 NATIONAL CONFERENCE ABSTRACTS

ASPAN's 30th National Conference in Seattle, WA, will feature abstracts/posters displayed in two categories: the Celebrate Successful Practices (CSP) category, and the Research and Evidence Based Practice category. There are very specific guidelines and requirements for each grouping. It is the members' responsibility to select the appropriate category and to meet the appropriate calendar deadline for submission.

### Research and Evidence Based Practice Abstracts

The ASPAN Research Committee provides active perianesthesia nurses with an opportunity to present previously completed, unreported, original research findings from studies pertaining to all phases of perianesthesia nursing. A choice of oral and/or poster format may be selected for the 2011 National Conference presentations. Oral papers will be presented during the "Oral Research Presentations" session. Poster display and poster grand round dates have yet to be determined. Dates will be posted here when the schedule is finalized. Poster presenters are required to be in attendance to answer questions during Grand Rounds. Posters for Research and Evidence Based Practice will be displayed together but marked to differentiate.

A copy of the Institutional Review Board approval letter must be submitted for research abstracts. The evidence based practice format may not require such

approval. Those submitting oral and poster abstracts are given the opportunity to have their abstracts published in the June issue of the *Journal of Peri-Anesthesia Nursing (JoPAN)*. Past issues of *JoPAN* may be helpful for abstract development. Other helpful resources are available in the Research section of ASPAN's Web site.

If you are interested in presenting research and or evidence based findings, please submit an application for anonymous peer review. Research and evidence based practice evaluation tools are posted on the ASPAN Web site. Acceptance of abstracts is based on scientific merit and strict adherence to submission guidelines. All project contributors receive an award certificate. The ASPAN Research Committee thanks you in advance for your interest, participation and support of perianesthesia research.

#### Important Research and Evidence Based Practice Abstracts information and dates:

- If interested in presenting research and or evidence based findings at the 30th National Conference in Seattle, WA, please carefully follow the guidelines available on the [ASPAN Web site](#) for abstract submission.
- Complete and submit the ASPAN Research/Evidence Based Abstract Submission Form.
- **New this year: abstracts submissions will only be accepted via e-mail in the indicated format.**
- Submissions for Oral Paper Presentation and Poster Display Presentation **MUST be emailed by October 15, 2010**. Any applications received after this date will be returned and not reviewed.
- Applicants will receive notification from the reviewers by February, 2011.



Research and evidence based practice posters generated a lot of interest at the New Orleans Conference



# 2011 NATIONAL CONFERENCE ABSTRACTS

Call for  
Submissions

*As stated on page 6, abstracts/posters will be displayed in two categories, each with very specific guidelines and requirements. It is the members' responsibility to select the appropriate category and to meet the appropriate calendar deadline for submission.*

## Celebrate Successful Practices Abstracts


“Celebrate Successful Practices” (CSP) is an excellent opportunity to present and share great ideas that you have found to be successful. This program offers a way for members to showcase the wonderful work being done at the grassroots level with other ASPAN colleagues. Patient education, process improvements, improved patient care, leadership strategies, and staff education are just a few of the topics you may want to consider. Topics may be derived from any successful practice related to perianesthesia nursing.

Please consider submitting your successful practice to the committee for review. Abstracts will undergo an anonymous peer review process. A team of reviewers will examine your abstract for specific criteria. If your abstract is accepted, you will be assigned to EITHER a poster presentation OR invited to participate in a Celebrate Successful Practice PowerPoint Presentation/Discussion in a specific lecture room. In this latter format, you would join other colleagues in presenting a seven minute PowerPoint presentation of your successful practice followed by five minutes of questions and discussion with the audience.

*Poster sessions offer new information and provide excellent networking opportunities*

### Important CSP information and dates:

- Celebrate Successful Practices is intended to be an interactive poster session with at least one member of the project team present to answer questions during Grand Rounds. Acceptance of your poster is conditional pending this verification. If you receive a letter of acceptance, you will be asked to confirm which member of the team will be present during Grand Rounds.
- Identified project leaders must be ASPAN members.
- **New this year: abstract submissions will only be accepted via e-mail in the indicated format.**
- **Applications MUST be emailed by the October 15, 2010 deadline** to be considered. Any applications received after this date are returned and not reviewed.
- Applicants are contacted with a notification of acceptance to EITHER poster session OR PowerPoint oral presentation by February, 2011.

For complete Celebrate Successful Practices Abstract submission information, [click here](#) or visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)), click on the “Clinical Practice” tab, and then click “CSP Abstracts” and “2011 CSP Call for Abstracts” from the dropdown menu. 



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# CALL FOR NOMINATIONS *Reaching Your Potential!*

*Terry Clifford, MSN, RN, CPAN - ASPAN Immediate Past President and Nominating Committee Chair*



**Terry Clifford**

ASPAN is celebrating its 30th anniversary this year with the theme, "Reinvest in Your Potential." The Society provides numerous opportunities for members to influence the direction of perianesthesia practices, and supports and encourages members to maximize their professional potential. Leaders are needed to continue guiding and transforming the highest quality services to members, patients and healthcare partners. Your leadership skills are needed to make this change transparent!

**Qualified candidates are needed for these 2011-2012 ASPAN Board of Director Positions:**

- Vice President/President-Elect (*three-year term*)
- Treasurer (*two-year term*)
- Director for Education (*two-year term*)
- Director for Research (*two-year term*)
- Regional Directors: Region 1, Region 3, Region 5 (*two-year term*)

Prerequisites include: current member and/or past officer, Director, Editor, Committee Chair, and/or Representative Assembly member who has a minimum of three years' Active Category ASPAN membership immediately prior to nomination and has a minimum of three years' perianesthesia nursing experience. The candidate has a current clinical, management, education or research role in the perianesthesia setting and has CPAN or CAPA certification. Other specific

qualifications may be required for Board positions, but ALL eligible members are welcome to "explore their potential" and run for an ASPAN office.

**Nominating Committee candidates are also needed.** Five members will be elected (one-year term). Prerequisites include any Active or Retired category member of ASPAN knowledgeable of ASPAN and its mission.

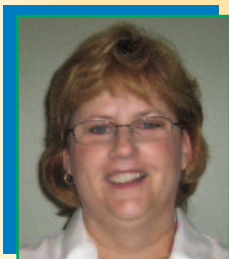
## LET ASPAN HELP YOU SUCCEED!

1. Declare your candidacy as soon as possible, via e-mail, to Nominating Committee Chair Terry Clifford: [tclifford@aspan.org](mailto:tclifford@aspan.org)
2. A 'Candidate Profile Sheet' must be submitted to Terry Clifford by e-mail only with a date stamp no later than October 1, 2010. Hard copies and faxes will NOT be accepted.
3. An 'Intent to Place Name for Nomination' form must be signed and mailed or have e-signature applied and be emailed to the ASPAN National Office postmarked no later than October 1, 2010.

For more information visit the [ASPAN Web site](http://ASPAN Web site) or contact Jane Certo at the ASPAN National Office at [jcerto@aspan.org](mailto:jcerto@aspan.org) or 1-877-737-9696, Extension 13.

**THE DEADLINE TO DECLARE A CANDIDACY IS OCTOBER 1, 2010.**

## Congratulations Newly Elected ASPAN Nominating Committee Members



**Linda Beagley**  
BSN, MS, RN, CPAN



**Nancy Fishman**  
RN, CPAN



**Pamela Myrum**  
BSN, RN, CPAN



**Renee Smith**  
MS, RN, CPAN



**Raymond Young**  
BSN, RN, CPAN, CAPA

## CONGRATULATIONS TO THESE ASPAN MEMBERS WHO WERE RECOGNIZED IN NOMINATION FOR AN AWARD BY THEIR COLLEAGUES THIS YEAR:

### Award for Outstanding Achievement

Dolly Ireland, MSN, RN, CAPA, CPN  
Suzanne Kussro, MSN, RN, A/GNP, CPAN  
Kathleen Menard, MS, RN, CPAN, CAPA  
Donna McNally, MSN, RN, CPAN

### Excellence in Clinical Practice

Laurie Cushman, BSN, RN, CPAN  
Karen Ewing, RN, CPAN  
Arlene Reinhart, BSN, RN, CPAN, CAPA  
Teresita Santiago, BSN, RN, CPAN  
Nancy Strzyzewski, MSN, RN, CPAN, CAPA



# Board of Directors and Representative Assembly Highlights

## New Orleans, Louisiana ~ April 18-22, 2010

*Jacque A. Crosson, MSN, RN, CPAN – ASPAN Secretary*

The “Big Easy” welcomed ASPAN in true New Orleans style! Traditional cuisine such as po-boys, jambalaya and gumbo could be found in abundance and paired with a hurricane, gin fizz or Sazerac. It was even rumored that several participants in the Dream Walk ended up at Café Du Monde eating beignets and drinking coffee! After all, President Terry Clifford had asked that we remember to “balance” enjoying all New Orleans had to offer by including walks along the waterfront and riding the streetcar.

ASPAN’s goal this past year was to “transform” the organizational structure allowing the Society to be better prepared and positioned for the future. Committees, strategic work teams, liaison affiliations and specialty practice groups were examined and the reporting structure reviewed. These structural changes were reflected in resolutions approved by the 2010 Representative Assembly. Important to ASPAN is that the needs of the membership are embraced while maintaining the flexibility necessary to respond to any changes affecting the healthcare arena.

### ACTIVITY UPDATES

#### **Clinical Practice Committee**

This continues to be one of the hardest working committees of ASPAN. Over 1500 questions were received and answered with 52% coming from members and 48% non-members. Committee members’ cogent and well-written responses on behalf of ASPAN provide an important service to all those working in the perianesthesia setting. The Web-based ASPAN Forum is also available for posting inquiries, replies and discussion on practice issues, safety and procedural concerns.

#### **Crisis Management Team**

Three days after ASPAN moved into the new National Office building, torrential rains brought water into two offices. Kevin Dill, ASPAN’s CEO, made sure the building was appropriately protected and contacted staff and Board members. Through this natural disaster, ASPAN’s Crisis Management Team was able to test its procedures and ensure reliability in the process.

#### **ABPANC**

There are currently 8,847 CPAN and CAPA certified nurses. Over 340 hold dual certification! This year ABPANC celebrates its 25th anniversary. Special pins were designed and sold at National Conference.

### REPRESENTATIVE ASSEMBLY

Three resolutions were brought before the Assembly for final approval after allowing an opportunity for discussion and clarification. The Representative Assembly approved these resolutions:

- Resolution 2010-1: Amendments to ASPAN Bylaws
- Resolution 2010-2: Revisions to ASPAN’s Representative Assembly Standard Procedures
- Resolution 2010-3: Approval of PeriAnesthesia Nursing Standards and Practice Recommendations 2010-2012

Finally, the Pain and Comfort Guideline is currently in the final review stages. It is anticipated that it will be brought via electronic vote to the Representative Assembly this fall for approval. As ASPAN continues its *Go Green* initiative, this milestone will be another opportunity to bring the Assembly together from the comfort of their home computers. 🌱

## Explore Successful Practices & Perianesthesia Research

Perianesthesia practitioners displayed and presented a record number of Celebrate Successful Practices (CSP), Evidence Based Practice (EBP) and Research Abstract submissions at the 29th National Conference in New Orleans. The ASPAN Clinical Practice and Research Committees congratulate all participating col-

leagues for their important contributions to the advancement of perianesthesia nursing practice.

*Please visit the ASPAN Web site ([www.aspan.org](http://www.aspan.org)) to view complete listings of the 2010 CSP and EBP/Research Abstracts submissions and their respective investigators.* 🌱

## 2010 ASPAN Honors

*During Opening Ceremonies, held at the 29th National Conference in New Orleans, several individuals and one component were recognized with prestigious ASPAN awards.*



*Tessie Santiago, BSN, RN, CPAN, was recognized for incredible professional nursing activism and enthusiastic support of peri-anesthesia nursing colleagues*

### Excellence in Clinical Practice

Teresita (Tessie) Santiago has been a professional nurse since 1970 while working in the Philippines, Alabama, New York City, and for the past 29 years in the St. Luke's Episcopal Hospital PACU in Houston, Texas. Colleagues describe her as an outstanding charge nurse and clinician who possesses strong critical thinking skills and is a decisive advocate. Tessie promotes smooth PACU patient flow and provides eager peer support and mentoring. She is involved in many clinical enrichment activities that improve patient care and staff satisfaction, and has received several awards for outstanding customer service. Tessie is well-respected and highly regarded by nursing administration, and anesthesia and perioperative staff members. She was awarded a crystal plaque and complimentary airfare, registration and four nights' lodging for the 2011 ASPAN National Conference.

### Gold Leaf Component of the Year

The Gold Leaf Award recognizes a component's commitment to excellence in leadership, membership development, education and community service. This year's Gold Leaf recipient, the Ohio PeriAnesthesia Nurses Association (OPANA), demonstrated a strong dedication to excellence as evidenced by its outstanding Gold Leaf application package. OPANA received an engraved plaque, a book or publication certificate to be used for membership recruitment or component use, a check for \$500 and "Component of the Year" ribbons for all component members. Congratulations!



*OPANA President, Nancy McGushin, BSN, RN, CPAN (right), accepts the Gold Leaf Award from Jane Lind on behalf of the Ohio component*

### ASPAN President's Award

The ASPAN President's Award is given to the individual who has made an important contribution to the advancement of the nursing profession through strong commitment to the profession and a willingness to work for the benefit of others. Terry Clifford recognized Nancy Phillips, who supported Terry's ASPAN journey in spite of geographical distance. This special nurse understood the importance of being a champion cheerleader by providing endless words of support and confidence, contagious enthusiasm and great cheer. Nancy's connection to ASPAN and perianesthesia practices was so important that she continued to champion her passion in spite of grave illness. She lost her terrific battle with ovarian cancer in autumn of 2009. PAPAN President Lynn Sekeres, MSN, RN, CCRN, CPAN, accepted a commemorative plaque on behalf of former PAPAN member, Nancy Phillips.

*Nancy Phillips, this year's President's Award recipient*



*ASPAN 2009-2010 President, Terry Clifford, posthumously recognized Nancy Phillips, RN, with this award. The plaque was accepted by PAPAN President Lynn Sekeres*

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## Distinguished Service Award of the Past Presidents' Council

The Distinguished Service Award of the Past Presidents' Council recognizes a special individual's eminent service to ASPAN at the national level. Evelyn Medycki, an ASPAN member since 1984, continues to contribute on an active basis while serving on the Credentials SWT and Membership/Marketing Committee, as a member of the Development team and as one of ASPAN's Historians. She co-chaired the 1998 National Conference held in Philadelphia and has been described as always ready, willing and able to help others. Known for her endless energy and caring spirit, Evelyn is a true ASPAN gem!



*Evelyn Medycki, RN (right), honored by Past ASPAN Presidents for exceptional dedication and service, receives her award from Lois Schick*




*Dolly Ireland, MSN, RN, CAPA, CPN (right), received the ASPAN Award for Outstanding Achievement from Terry Clifford*

## Award for Outstanding Achievement

This award recognizes an individual who has furthered the art and science of perianesthesia nursing through dedication and excellence. This year's recipient, Dolly Ireland, has a depth of knowledge and endless enthusiasm for ASPAN and perianesthesia nursing. She shares all of this as a nationally known speaker, and through published works in the *Journal of PeriAnesthesia Nursing* and component newsletters. She has served ASPAN in many capacities to include Past President, past Director for Development, and as a participant on many ASPAN committees. She is very active in her Michigan state component. Dolly's commitment to this specialty practice is contagious. One colleague even suggested the creation of "Dolly in a Bottle" so nurses could perpetually stay motivated by her example.



## ASPAN Star Award

2010 ASPAN Star Recognition Award recipients were recognized at ASPAN's 29th National Conference. Star Recognition Awards were given to individuals who provided 'above and beyond' service to ASPAN and/or the component. To view a complete listing of members honored this year please visit the [ASPAN Web site](#) 



# The 2010-2011 ASPAN Board of Directors

*Introducing members elected to serve in a new ASPAN Board position*



ASPAN's Board of Directors (Row 1 from left) Chris Price, Kim Kraft; (Row 2) Linda Ziolkowski, Martha Clark, Tanya Spiering, Jacqueline Ross; (Row 3) Kathy Paskewitz, Susan Carter, Armi Holcomb, Nancy O'Malley; (Row 4) Theresa Clifford, Barbara Godden, Jacque Crosson, and Laura Kling

## President

**Kim Kraft, BSN, RN, CPAN**, works as a pre/postoperative nurse clinician. She is recognized as the subject-matter expert and champion for moderate sedation and pain management at her hospital facility in St. Louis, and throughout the Sisters of Mercy Health Care System. Kim brings substantial perianesthesia nursing knowledge to this position. As a long-time ASPAN volunteer, she served on several committees and completed two terms as Regional Director-Region 3. Kim is the ILSPAN Web Editor, and was honored with the component's Jan Ridder Excellence in Clinical Practice Award. She is a past recipient of the ASPAN Excellence in Clinical Practice Award and now serves as ASPAN's 30th President.

## Vice President/President-Elect

**Chris Price, MSN, RN, CPAN, CAPA**, is Director of Perioperative Services for Bayhealth Medical Center, a two hospital system in Delaware. She is administratively responsible for the perioperative/perianesthesia areas at both facilities. A perianesthesia nurse since 1986, Chris worked primarily in Phase I PACU and nursing administration. Active in ASPAN committees including Education Approver, Education Provider, Clinical Practice, and Research, she also serves on the Succession Planning SWT and is Coordinator for the Advanced Perianesthesia Degree SWT. She was ASPAN's Chair of the Council of Component Presidents and served two terms as ASPAN's Region 5 Director. She has presented numerous lectures representing perianesthesia nursing at the national, regional and component levels. Chris has published in various ASPAN and component publications and is a member of the JoPAN Advisory Board.

## Regional Director - Region 2

**Armi Holcomb, BSN, RN, CPAN**, is a SDS/PACU Staff Nurse II at Children's Mercy Hospital and Clinics South Campus in Kansas City, Missouri. Her perianesthesia nursing experience includes inpatient and outpatient treatment of adult and pediatric patients in all perianesthesia phases of care. Armi is actively involved in MOKAN PANA and has held numerous offices and committee appointments, including President and delegate to ASPAN's Representative Assembly. She has participated on the ASPAN Education Approver, Education Provider, Clinical Practice, Development, Standards & Guidelines and Membership/Marketing Committees. Armi served as ASPAN's 2000 National Conference Co-Chair in Kansas City, and has been published in JoPAN. She received the 2009 Children's Mercy Hospital Nursing Clinical Excellence Award.

## Regional Director - Region 4

**Laura Kling, MSN, RN, CNS, CPAN, CAPA**, is Unit Director of the Harmar Outpatient Center and GI Services for UPMC St. Margaret Hospital, a Magnet facility, in Pittsburgh, PA. She has nearly 30 years of experience in perianesthesia practice, including staff and management positions. She has served as Clinical Adjunct Faculty for the University of Pittsburgh and Duquesne University. Laura served on ASPAN Research, Evidence Based Practice and Nominating Committees, and the Pain and Comfort Guideline task forces. Laura is an active charter member of the Pennsylvania component, and she concluded a term as PAPAN President in July 2009. She received PAPAN's Outstanding Achievement Award in 2005, and Nightingale Awards of Pennsylvania in 1993. She served as an ASPAN Ambassador and was named an ASPAN Shining Star.

## Members with continuing ASPAN Board service

### Secretary

Jacque Crosson, MSN, RN, CPAN, re-elected to a second two-year term

### Treasurer

Susan Carter, BSN, RN, CPAN, CAPA, serving the final year of a second two-year term

### Immediate Past President

Theresa Clifford, MSN, RN, CPAN

### Regional Director-Region 1

Nancy O'Malley, MA, RN, CPAN, CAPA, serving the final year of a second two-year term

### Regional Director-Region 3

Martha Clark, MSN, RN, CPAN, fulfilling the second year of a two-year term

### Regional Director-Region 5

Tanya Spiering, BSN, RN, CPAN, serving the second year of a two-year term

### Director for Clinical Practice

Barbara Godden, MHS, RN, CPAN, CAPA, re-elected to a second two-year term

### Director for Education

Linda Ziolkowski, MSN, RN, CPAN, serving the remaining year of a second two-year term

### Director for Research

Jacqueline Ross, MSN, RN, CPAN, fulfilling the final year of a second two-year term

### ABPANC President

Kathy Paskewitz, RN, CPAN, Ex-Officio member

### ASPAN Chief Executive Officer

Kevin Dill, Ex-Officio member

**Thank you to these  
outgoing Board members  
for many years of  
dedicated ASPAN service.  
You will be missed!**



Katrina Bickerstaff, BSN, RN, CPAN, CAPA  
Dolly Ireland, MSN, RN, CAPA, CPN  
Lois Schick, MN, MBA, RN, CPAN, CAPA  
Twilla Shrout, BSN, MBA, RN, CPAN, CAPA



*Past President, Lois Schick (left), accepting her now-retired presidential gavel*

*Twilla Shrout (left), Katrina Bickerstaff (third from left), and Dolly Ireland (right) participating in their final Board meeting of 2010*



## Les New Orleans Development Bon Temps Roulez!

ASPAN's 2010 National Conference Development activities were infused with the spirit of New Orleans. Many generous donations made by attendees will sponsor future Development projects and programs. The annual ASPAN Dream Walk, held early on Sunday morning, was a perfect way to begin Conference week and experience the French Quarter. 158 walkers raised \$8,327. The Dream Walker awards were presented during Wednesday's Development Luncheon.

The Exhibit Hall, bustling with activity throughout its exhibition hours, again featured lively Silent Auction bidding on items provided by ASPAN members, components and exhibitors. On Wednesday morning when the gavel dropped, high-bidders collected their fabulous items and another \$2,700 was donated to Development. Meanwhile, as Lebron James pondered free agency, Conference attendees took aim at the Exhibit Hall hoop for prizes while making more donations to ASPAN Development.

The Wednesday afternoon luncheon, attended by 280 conference-goers, featured an incredible New Orleans Jazz band and many generous *Hail, Honor, Salute!* (HHS) pledges to fellow members, mentors, and honorees. Each honoree receives a certificate naming their HHS sponsor. **We thank our many charitable ASPAN Development supporters!**



ASPAN National Conference Attendance Scholarship recipient, Donna Bennett (left), who attained the highest score from the scholarship review team this year, accepts the 2010 Pat Hansen Memorial Award from Dolly Ireland

Patrice Moffett, Northwest PeriAnesthesia Nurses Association President, accepts Dream Walk awards for the greatest number of registered component walkers and the largest amount of money raised by a component for the walk

## Corporate Sponsors

**Arizant Healthcare, Inc.**  
**Hill-Rom Company, Inc.**  
**Hospira**

## Conference Supporters

**Endo Pharmaceuticals**  
**Purdue Pharma L.P.**

### Components:

Arizona PeriAnesthesia Nurses Association  
Chesapeake Bay Society of PeriAnesthesia Nurses  
Florida Society of PeriAnesthesia Nurses  
Hawaiian Islands PeriAnesthesia Nurses  
Illinois Society of PeriAnesthesia Nurses  
Indiana Society of PeriAnesthesia Nurses  
Kentucky Society of PeriAnesthesia Nurses  
Louisiana Association of PeriAnesthesia Nurses  
Massachusetts Society of PeriAnesthesia Nurses  
Metro Missouri-Kansas PeriAnesthesia Nurses Association  
Michigan Association of PeriAnesthesia Nurses  
Mississippi Society of PeriAnesthesia Nurses  
Missouri-Kansas PeriAnesthesia Nurses Association  
Nebraska Association of PeriAnesthesia Nurses  
New York State PeriAnesthesia Nurses Association  
Pennsylvania Association of PeriAnesthesia Nurses  
PeriAnesthesia Nurses Association of California  
PeriAnesthesia Nurses Association of New Mexico  
Rocky Mountain PeriAnesthesia Nurses Association  
South Carolina Association of PeriAnesthesia Nurses  
Tennessee Society of PeriAnesthesia Nurses  
Texas Association of PeriAnesthesia Nurses  
Virginia Society of PeriAnesthesia Nurses  
West Virginia Society of PeriAnesthesia Nurses  
Wisconsin PeriAnesthesia Nurses







*Alaska's Judy Evans (left) continues her dominance as ASPAN's Dream Walker Award winner*



*Exhibitors answered questions and demonstrated new products*

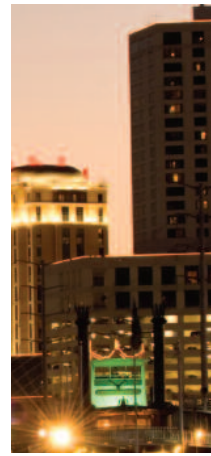


*Development Luncheon colleagues dined to the sounds of New Orleans jazz*



*The Exhibit Hall offered several open sessions to explore new health industry wares*

The Big Easy welcomed ASPAN's Conference in true Mardi Gras style! This event would not be possible without the hard work and dedication of the 2010 National Conference Strategic Work Team (NCSWT), consisting of volunteer members and National Office staff. Thank you and congratulations on sowing the seeds of success!



# ✿ ASPAN 29th National Conference ✿

## 2010 NCSWT Members

Jane Ehrhardt - Co-coordinator

Lois Schick - Co-coordinator

Susan Carter

Terry Clifford

Kevin Dill

Michael Guillory

Kim Kraft

Courtney Papp

Rob Spina

Michelle Stieffel

Linda Ziolkowski

## Component Night

*ASPAN gratefully acknowledges Arizant for its Component Night sponsorship*



*Mardi Gras masks filled the Component Night celebration*



*Bring on the Mardi Gras beads, Mates!*



*The colors and essence of Mardi Gras abounded*

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# Military and International Gathering



*The Navy-Marine Corps connection included Navy nurses, a Marine Corps mom and Marine family member stationed in Germany*

*The annual Military and International Reception saw a smaller than usual international contingent due to a powerful Icelandic volcano that interrupted worldwide travel in the weeks surrounding the Conference. Military attendees comprised Army, Navy, Air Force, and National Guard perianesthesia nurse officers*



## President's Reception

**Many thanks to Hill-ROM for a “wicked good” President’s Reception!**



*2009-2010 ASPAN President Terry Clifford (second from left) welcomed Conference attendees to an awesome President’s Reception*



*The “Fat Wednesday” reception was quite entertaining*



*The good times rolled across the dance floor all night long*





## **Journal of PeriAnesthesia Nursing (JoPAN) Awards**

*Congratulations to the Mary Hanna Memorial Journalism Award winners  
for the 2009 volume year.*

### **CLINICAL ARTICLE CATEGORY**

★ 1st Place ★

Heather Ead  
“Meeting the Challenge of Obstructive Sleep  
Apnea: Developing a Protocol that Guides  
Perianesthesia Patient Care”

★ 2nd Place ★

Shauna Ely Tarrac  
“A Systematic Approach to Chest X-Ray  
Interpretation in the Perianesthesia Unit”

★ 3rd Place ★

John F. Hernandez  
Janet A. Secrest  
Linda Hill  
S. Jack McClarty  
“Scientific Advances in the Genetic Understanding  
and Diagnosis of Malignant Hyperthermia”



Mary Hanna's daughter and practicing perianesthesia nurse, Karen Flanagan (left), was in New Orleans to help present the journalism awards

### **BEST PRACTICE CATEGORY**

★ 1st Place ★

Jacqueline Ross  
Darrell Ranum  
“Improving Patient Safety by Understanding Past  
Experiences in Day Surgery and PACU”

★ 2nd Place ★

Katherine Houle  
Cheryl Tveit  
John Belew  
“Innovative Use of Perianesthesia Nurses in  
Imaging Services: Meeting the Needs of Children  
with Disabilities”

★ 3rd Place ★

Renee A. Smith  
“What You Don't Know Can Hurt You: Health  
Hazards in the Work Environment”

### **RESEARCH CATEGORY**

★ 1st Place ★

Myrna Mamaril  
Jacqueline Ross  
Ellen L. Poole  
Joni M. Brady  
Theresa Clifford  
“ASPAN's Delphi Study on National Research:  
Priorities for Perianesthesia Nurses in the  
United States”

★ 2nd Place ★

D. Kristin Smith  
James Bowen  
Linda Bucher  
Teresa Hawkins  
Claudine Jurkovitz  
James Reed, III  
Susan Volk  
“A Study of Perioperative Hyperglycemia in Patients  
with Diabetes Having Colon, Spine, and Joint Surgery”

★ 3rd Place ★

Ross A. Beavers  
Daniel D. Moos  
James D. Cuddeford  
“Analysis of the Application of Cricoid Pressure:  
Implications for the Clinician”

# Congratulations 2010 ASPAN Newsletter Contest Winners!

# JoPAN Cover Photo Contest

## Publishing Awards



**1-8 pages**  
Nappin' News  
Nebraska Association of  
PeriAnesthesia Nurses  
Susan Bondelid, Editor



**15+ pages**  
The Eyeopener  
Texas Association of  
PeriAnesthesia Nurses  
Cyndi Mocek, Editor

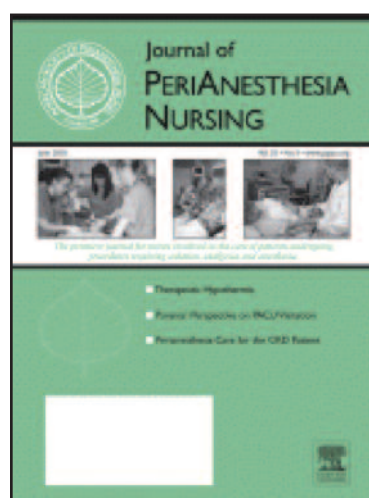


**9-14 pages**  
Up To Par  
New York State  
PeriAnesthesia Nurses Association  
Michele Rossignol, Editor



**People's Choice**  
**Two components**  
**tied for the win!**  
Pulseline  
PeriAnesthesia Nurses  
Association of California  
Ernie Nunes, Editor

The Eyeopener  
Texas Association of  
PeriAnesthesia Nurses  
Cyndi Mocek, Editor



This year's winning photo selections will be featured on the *Journal's* cover for one edition year, beginning in February 2011. Congratulations to these contestants:

Michelle Wild, BSN, RN, OCN  
Getzville, NY

Jeannie Mauser, BPS, RN, CPAN, CAPA  
Lakeland, FL

Barb Musgrave, MSN, RN, CPAN  
Matthews, NC

**ASPAN gratefully**  
**acknowledges**

**Elsevier**

**for its support of the**

**Mary Hanna**

**Journalism Awards**

**and the JoPAN**

**Cover Photo Contest**

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## Certification



# 10th Annual Advocacy Award Presented to New Mexico's Fitch

Bonnie Niebuhr, MS, RN, CAE – ABPANC Chief Executive Officer

The 10th annual ABPANC Advocacy Award was presented at the CPAN®/CAPA® Celebration Breakfast held in conjunction with the ASPAN National Conference in April 2010. This award publicly recognizes a CPAN or CAPA certified nurse who exemplifies leadership as a patient advocate and is the highest accolade given to a certified nurse. Vonda was nominated by her colleague, Veronica Barnhart, RN, who wrote a compelling story describing two moving instances when Vonda truly advocated for patients.

Vonda was presented with the beautiful Lladro Nurse Statue and a scholarship for her next recertification fee. Veronica, as the individual who took the time to submit the story, received a \$100 cash award.

The unit in which Vonda and Veronica work received a \$350 award to use for certification/recertification fees, books, or continuing education.



Vonda Kay Fitch, RN, CPAN, CAPA, from the Carlsbad Medical Center Same Day Unit in Carlsbad, New Mexico, accepted her award in New Orleans

Do you have a story to tell about how a CPAN and/or CAPA certified nurse advocated above and beyond to meet the needs of a perianesthesia patient and/or family? Nominations are not due until February 1, 2011, so you have the next few months to look around and identify a colleague who has taken a risk or identified strategies to meet patient needs by looking outside of the box! Vonda's story and information about the ABPANC Advocacy Award can be found on ABPANC Web site at [www.cpancapa.org](http://www.cpancapa.org).

## Item Writer of the Year Award



Linda Smith, RN, CPAN, CAPA, received the first ever ABPANC Item Writer of the Year Award

Linda Smith was recognized with the inaugural award for possessing many attributes, including but not limited to: consistently developing new items and submitting those throughout the year; writing more than the number of items requested during an item drive that require minimal revision; persistence

in reworking and resubmitting items that have been reviewed; mentoring new item writers; and being the ultimate team player. She received a \$300 cash award, a pin identifying the nurse as "Item Writer of the Year" and a Certificate of Excellence.

## Nine Components Given Shining Star Award

Presented for the 7th year, this award was developed to publicly recognize ASPAN components for supporting and encouraging CPAN and CAPA certification. All components meeting specified criteria were presented a beautiful engraved award. This year's recipients are:

AZPANA  
FLASPAN  
MESPAN

MASPN  
NAPAN  
NPANA

OPANA  
PAPAN  
TAPAN

## Induction into the ABPANC Leadership Circle

Induction into the ABPANC Leadership Circle recognizes that 100% of all eligible perianesthesia RNs in a specific unit have earned CPAN and/or CAPA certification in a given year.

The unit is awarded a beautiful perpetual plaque which can be updated on a yearly basis to recognize this outstanding achievement. Inductees are also provided with a sample press release for use in their community, as well as ribbons for staff saying, "My Unit is 100% Certified." A letter from the ABPANC President is sent to the hospital CEO and Chief Nursing Officer. No new units were inducted into the Leadership Circle this year; however, the Day Surgery Unit and PACU of Rush Copley Medical Center, Aurora, Illinois and the PACU of North Country Health System, Newport, Vermont will continue their memberships in the Leadership Circle.

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# Membership Campaign Stimulates Recruitment

Sylvia J. Baker, MSN, RN, CPAN – ASPAN Membership/Marketing Committee Member

Membership

In a year marked by financial and professional challenges, members participating in the ASPAN “Member-Get-A-Member” campaign grew the organization to 14,021 members. This number is reflective of 1,210 new members recruited! As Marketing/Membership Committee Chair Jane Lind mentioned during the Closing Ceremonies at the 2010 National Conference, recruiting new ASPAN members is a great way to nurture the seeds of transformation while reinvesting in your potential.

## Recruiter of the Year Award

Thanks to Carlito Baginda, from the Nevada PeriAnesthesia Nurses Association, 16 new members are enjoying the benefits of ASPAN membership this year. As the Recruiter of the Year, Carlito received an engraved plaque, a complimentary one year ASPAN membership, and a complimentary free registration to the 2011 National Conference in Seattle, Washington.



Carlito Baginda (right) accepting the 2010 Recruiter of the Year Award in New Orleans from Membership/Marketing Committee member Diane Swintek

Each time a member recruited a new member, his or her name was entered into a random drawing held during the Closing Ceremonies. This year, Lydia (Kim) Glynn, from the Hawaiian Islands PeriAnesthesia Nurses, was the lucky winner. Kim receives a complementary registration to the 2011 ASPAN National Conference.



ASPAN recruiter Lydia (Kim) Glynn (left) was selected in the random drawing

## Component Recruiter Award

The PeriAnesthesia Care Nurses of Arkansas (PACNA), the top component recruiter, had 13.4% of its members recruiting new members. PACNA received two free registrations to the 2011 ASPAN National Conference.

## Passport to ASPAN

Taking a trip to foreign lands requires a passport. This year, to encourage non-members attending National Conference to become familiar with ASPAN, the Membership/Marketing Committee instituted a “Passport Journey.” Non-members received a “Passport” that was stamped when the non-member visited various areas that encouraged learning about ASPAN and the many benefits of membership. Vivian Murphy, from Midland, Mississippi, had her passport randomly drawn from those who participated in this program. As the winner, Vivian received a one-year complimentary ASPAN membership.

## 2010 Membership Campaign

This year, won't you reinvest in your potential and recruit some new members? The new MGM campaign runs from April 1, 2010 through December 31, 2010. By recruiting new members, you will encourage professional growth while helping colleagues to realize their potential. All MGM awards will remain the same in the coming year. 🌱



**The current  
Member-Get-  
A-Member  
Campaign runs  
through  
December 31,  
2010**

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## Component Education Programs

**September 17-19, 2010** Texas Association of PeriAnesthesia Nurses (TAPAN) holds its 34th Annual Conference "Seeds for Growth, Harvesting Knowledge" at the Hilton DFW Lakes Executive Conference Center in Grapevine, TX. For information contact Prudence Nietupski at 214-566-3057 or [pru\\_nietupski@yahoo.com](mailto:pru_nietupski@yahoo.com)

**October 7, 2010** Florida Society of PeriAnesthesia Nurses' (FLASPAN) Pre-conference offering at the Regal Sun Resort in Lake Buena Vista, FL. For information contact Emma Pontenila at [cordeliacr@aol.com](mailto:cordeliacr@aol.com)

**October 8-10, 2010** FLASPAN's 41st Annual Conference "Humanity & Technology in Harmony... The Future of Perianesthesia Nursing" at the Regal Sun Resort in Lake Buena Vista, FL. For information contact Emma Pontenila at [cordeliacr@aol.com](mailto:cordeliacr@aol.com)

**October 15-16, 2010** PeriAnesthesia Nurses Association of California (PANAC) 31st Annual Meeting and Seminar at the Doubletree Hotel Mission Valley in San Diego, CA. For information visit [www.panac.org](http://www.panac.org) or contact Chris Bowens at 818-766-9118 or [Christina.Bowens@cshs.org](mailto:Christina.Bowens@cshs.org)

**October 16, 2010** Ohio PeriAnesthesia Nurses Association (OPANA) hosts its Fall Seminar "Continued Growth Through Sharing" at the Siegel Center at Mt. Carmel East Hospital in Columbus, OH. For information contact Nancy McGushin at 740-653-1334, 740-689-6417, or [gushin@sbcglobal.net](mailto:gushin@sbcglobal.net) 

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## ASPAN Hosted Seminars

**September 11, 2010** Perianesthesia Certification Review in Little Rock, AR. Hosted by Central Arkansas Veterans Healthcare. Contact Michelle Moore at 501-257-6842 or [michelle.moore2@va.gov](mailto:michelle.moore2@va.gov)

**September 18, 2010** Perianesthesia Nursing: A System Review of Pathophysiology in Willoughby, OH. Hosted by Greater Cleveland Post Anesthesia Nurses. Contact Amy Hanna at 440-953-6184 or [amypacu@yahoo.com](mailto:amypacu@yahoo.com)

**September 25, 2010** Perianesthesia Certification Review in Detroit, MI. Hosted by Detroit Medical Center. Contact Christina Gravalese at 313-966-0155 or [cgravale@dmc.org](mailto:cgravale@dmc.org)

**September 25, 2010** Surrounding Your Practice with Excellence: Legalities, Standards & Advocacy in Indianapolis, IN. Hosted by INSPAN. Contact Kyra Hiatt at 812-485-4112, [kdray@stmarys.org](mailto:kdray@stmarys.org) or [kyrastewart@hotmail.com](mailto:kyrastewart@hotmail.com)


**September 25, 2010** Perianesthesia Nursing: A System Review of Pathophysiology in Springfield, OR. Hosted by Sacred Heart Medical Center - Riverbend. Contact Tiffany Gregory at 541-222-3209 or [tgregory@peacehealth.org](mailto:tgregory@peacehealth.org)

**October 9, 2010** Surrounding Your Practice with Excellence: Legalities, Standards & Advocacy in San Angelo, TX. Hosted by San Angelo Community Medical Center. Contact Patricia Vanover at 325-947-6423, or [patricia\\_mcgrath-vanover@chs.net](mailto:patricia_mcgrath-vanover@chs.net)

**October 9, 2010** Perianesthesia Certification Review in Springfield, OR. Hosted by Sacred Heart Medical Center - Riverbend. Contact Tiffany Gregory at 541-222-3209 or [tgregory@peacehealth.org](mailto:tgregory@peacehealth.org)

**October 16, 2010** Perianesthesia Certification Review in Abilene, TX. Hosted by Hendrick Health System. Contact Elena Abaquin at 325-670-2274 or [eabaquin@hendrickhealth.org](mailto:eabaquin@hendrickhealth.org)

**October 23, 2010** Pediatrics: Little Bodies, Big Differences in Bend, OR. Hosted by St. Charles Health System, Inc. Contact Joyce Tittle at 541-706-6925 or [jtittle@stcharleshealthsystem.org](mailto:jtittle@stcharleshealthsystem.org)

**November 13, 2010** Complexities and Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum in Danville, PA. Hosted by Geisinger Medical Center. Contact Sharon Hanley at 570-271-6692 or [shanley@geisinger.edu](mailto:shanley@geisinger.edu) 

## ASPAN Seminars



### August 14, 2010

*Perianesthesia Certification Review*  
Costa Mesa, CA

### August 28, 2010

*Perianesthesia Certification Review*  
Springfield, IL  
Louisville, KY

### September 11, 2010

*Perianesthesia Certification Review*  
Dumfries, VA

### September 18, 2010

*Complexities & Challenges of Perianesthesia Nursing:  
Across the Ambulatory and Perianesthesia Continuum*  
Springfield, IL

### September 25, 2010

*Perianesthesia Certification Review*  
Morehead City, NC  
Warwick, RI

*Complexities & Challenges of Perianesthesia Nursing:  
Across the Ambulatory and Perianesthesia Continuum*  
Albany, NY

*Perianesthesia Nursing: A Systems Review of Pathophysiology*  
Elmsford, NY

### October 9, 2010

*Perianesthesia Certification Review*  
Biloxi, MS

### October 22, 2010

*Perianesthesia Certification Review*  
Honolulu, HI

### October 23, 2010

*Perianesthesia Certification Review*  
Altoona, PA  
Knoxville, TN

### November 6, 2010

*Safety Begins with Us*  
Medford, MA

*Foundations of Perianesthesia Practice*  
Roanoke, VA

*Perianesthesia Nursing: A Systems  
Review of Pathophysiology*  
Oak Brook, IL

### November 13, 2010

*Surrounding Your Practice with Excellence: Legalities,  
Standards and Advocacy*  
San Francisco, CA

*Complexities & Challenges of Perianesthesia Nursing:  
Across the Ambulatory and  
Perianesthesia Continuum*  
Binghamton, NY



ASPAN'S 30TH NATIONAL CONFERENCE

**REINVEST  
IN YOUR POTENTIAL**



Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.

**APRIL 3-7, 2011**  
THE SHERATON SEATTLE HOTEL  
SEATTLE, WASHINGTON

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