



INSIDE:

OPPORTUNITIES AND POSSIBILITIES: Evidence Based Practice and Research

Have you heard the exciting news? ASPAN, under the dual leadership of Dr. Kim Noble, Director for Research, and Dr. Daphne Stannard, Coordinator of the Evidence Based Practice (EBP) Strategic Work Team (SWT), now has a practice recommendation (PR) for the care of patients with obstructive sleep apnea (OSA) during the perioperative period.

The OSA-PR was presented to the ASPAN Representative Assembly (RA) in Orlando this past April. After many questions and healthy discussion, the PR was passed in a vote by the RA, and will be published in the upcoming edition of ASPAN's *Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements 2012-2014*, as well as in the October, 2012 issue of the *Journal of PeriAnesthesia Nursing*.

OSA Practice Recommendation

The OSA-PR comes at a time when the Clinical Practice Committee receives an increasingly frequent number of questions regarding the care, monitoring and discharge for this at-risk patient population, whether discharging to home or to a postoperative unit. As noted in the purpose statement of the PR, "This practice recommendation is intended to promote perioperative patient safety in the care of adult patients (over the age of 18) with known or suspected OSA who have received opioids, procedural sedation, general or regional anesthesia. It is not intended to be all-inclusive. Each institution should develop a multidisciplinary guideline to meet the needs of their patient population and personnel resources."¹

So, now you may be asking yourselves, what does all this mean to me as a nurse at the bed-



Susan Carter, BSN, RN, CPAN, CAPA
ASPN President 2012-2013

side, or as a manager of perioperative teams? Will Rogers once said, "Even if you are on the right track, you will get run over if you just sit there."² The OSA-PR means ASPAN is far from sitting there. ASPAN's volunteer committee and SWT members are hard at work focusing on the issues and problems of importance to you, our members, as well as continually focusing on improving the safety and quality of the care of the patients entrusted to our care. It

means that ASPAN is focusing on one of its primary strategic goals: "The art and science of perioperative practice will be advanced through research and evidence-based practice activities."³

The work of these two teams, the Research Committee and the EBP SWT, is not new or unique. It is, however, a continued partnership of collaborative efforts within ASPAN and with our medical colleagues to produce best practice guidelines for the best patient care possible using information from practice experts and available evidence. ASPAN's OSA-PR received endorsement from our anesthesia colleagues in the American Society of Anesthesiologists and from Dr. Frances Chung, an internationally recognized expert on obstructive sleep apnea. Soon, the fruits of these labors will be as close as your fingertips in the next edition of ASPAN's Standards.

Pain and Comfort

Not content to rest on our past successes and laurels, the dynamic duo of the Research Committee and EBP SWT is moving on to address ASPAN's Pain and Comfort Guideline. First developed in 2003, this guideline is in need of remodel

continued on page 2



and make-over. Working with Chris Pasero, a nationally recognized nursing pain expert, the reconstruction promises to be dramatic, fresh, and once again in line with what you, the member, are requesting.



▲ Chris Price
inducting Susan
Carter (right) as
the 2012-2013
ASPN President

This guideline will likely transform into another clinical practice recommendation, which will be created in two separate and distinct documents. The focus of the work will initially center on sedation assessment, sedation from the standpoint of unwanted sedation, and not the intentional sedation that comes with procedures and the administration of conscious sedation. Pain assessment will be the second arm of the work to be done on this much beloved, but outdated, guideline. The teams are currently forecasting to have the sedation portion ready to present to the ASPAN Representative Assembly in April 2013.

Fatigue Study

Fatigue: who doesn't experience this from time to time after working all day and then being on call during "one of those nights?" Drs. Jackie Ross and Daphne Stannard are co-principle investigators working on a study examining fatigue and the impact on perianesthesia nurses and patient care. Logs, or diaries, will be kept by nurses working at the bedside, and translated as only expert researchers can do, into recommendations which will prove to be invaluable to the health of our nursing colleagues and the safety of our patients.

Joanna Briggs Institute

Have you heard of the Joanna Briggs Institute (JBI)? You now have access, as an ASPAN member, to the world's largest database of nursing research. This was another initiative brought forward by the teams of Research and EBP to the Representative Assembly this past April. The resolution was approved and now provides each of you the ability to explore evidence applicable to the everyday challenges you face in your practice. If you haven't delved into this member benefit, I encourage you to log on to the ASPAN Web Site and begin searching for evidence to help answer your clinical questions.

Continued Work

ASPN will continue to advocate and encourage the utilization and implementation of research and evidence-based practice. Every nurse must seize the opportunity to explore and create ways to provide positive patient outcomes. The possibilities through research and evidence-based practice, accessing the JBI database for answers to your dilemmas and questions, are within your grasp. "A rock pile ceases to be a rock pile the moment a single man contemplates it, bearing within him the image of a cathedral." - Antoine de Saint-Exupéry.⁴ Begin creating your cathedral with the help of ASPAN's research and evidence-based practice resources.

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1. American Society of PeriAnesthesia Nurses. Practice Recommendation: Obstructive Sleep Apnea in the Adult Patient. In: *Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements 2012-2014*. Cherry Hill, NJ: ASPAN; In Press.
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4. Timberlake L. Imagination. In: First Thing Every Morning. Naperville, IL: Simple Truths, LLC; 2009: 185.



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MarchJanuary 1

MayMarch 1

JulyMay 1

SeptemberJuly 1

NovemberSeptember 1

Frequently Asked Questions

Susan Russell, BSN, RN, JD, CPAN, CAPA – ASPAN Director for Clinical Practice

The Clinical Practice Committee receives many questions via the ASPAN Web site each month. Committee members then research the answer and respond to the query. This is one frequently asked question.



**Susan Russell,
BSN, RN, JD, CPAN, CAPA
ASPA Director for
Clinical Practice**

Q • Do the ASPAN standards require, or simply recommend, ACLS for nurses working in a preop and phase II setting? Is BLS sufficient?

A: The ASPAN Perianesthesia Nursing Standards and Practice Recommendations do not require ACLS/PALS for nurses working in preop or phase II perianesthesia care. ACLS and PALS recommendations are addressed in "Standard III, Staffing and Personnel Management" with the following statement: "It is recommended that the perianesthesia nurse providing Phase II level of care will maintain a current Advanced Cardiac Life Support (ACLS) and/or Pediatric Advanced Life Support (PALS) provider status, as appropriate to the patient population served."¹

"Practice Recommendation 4, Recommended Competencies for the Perianesthesia Nurse," includes ACLS, and PALS or PEARS (Pediatric Emergency Assessment Recognition Stabilization) training for nurses working in either preanesthesia or Phase II settings, depending on the scope of services provided in the unit.¹ "Practice Recommendation 5, Competencies of Perianesthesia Support Staff," recommends that even unlicensed personnel maintain BLS.¹

Facility Considerations

In determining whether preop and phase II nurses are required to maintain ACLS and PALS/PEARS, it may be best to assess the patients and community served. Age and acuity are only two factors. Other factors include the type and location of the facility, ancillary staff on site, and types of procedures performed. Are ACLS/PALS trained staff available to respond to a code in preop and

phase II whenever patients are present in those areas? In a unit or facility where critically ill children are rarely admitted, would PEARS, if available, be a reasonable choice for preanesthesia and phase II nurses caring for pediatric patients? PEARS trains healthcare providers to recognize and respond appropriately to pediatric emergencies such as respiratory distress, shock, and cardiac arrest until advanced life support providers arrive. ACLS, PALS, and PEARS courses are offered through the American Heart Association.²

Economic factors also affect the decision to require ACLS/PALS/PEARS. These include course cost and availability, access to qualified instructors, and the expense of scheduling extra staff to cover during classes. Outpatient facilities may not have ancillary staff, such as respiratory therapists, to assist in emergencies. Ambulatory surgery center (ASC) RNs are frequently cross-trained to work in more than one perioperative area. Competencies in every facility should reflect all cross-training, including the requirement for ACLS/PALS.

Conclusion

ASPA's Perianesthesia Nursing Standards and Practice Recommendations do not require ACLS/PALS for nurses working in preop or phase II perianesthesia care. Each facility should evaluate their preoperative and phase II scope of service to determine whether to require nurses to maintain ACLS/PALS.

REFERENCES:

1. American Society of PeriAnesthesia Nurses. *Perianesthesia Nursing Standards and Practice Recommendations 2010-2012*. Cherry Hill, NJ: ASPAN; 2010. Pages 16, 84-88.
2. American Heart Association. Available at: www.heart.org. Accessed May 29, 2012. 





**Linda Beagley,
BSN, MS, RN, CPAN
ASPA Safety
Strategic Work Team
Coordinator**

PREVENTING FALLS in the Immediate Postoperative Patient

Linda Beagley, BSN, MS, RN, CPAN – ASPAN Safety Strategic Work Team Coordinator

A patient fall is very concerning under any nurse's watch. Unfortunately, patients will fall even with the most diligent measures of prevention. Falls have become an issue so large that The Joint Commission (TJC) added prevention of patient falls as one of its safety goals.¹ One contributor to falls on the inpatient unit is the use of restraints. In the perianesthesia arena, restraints may come in a different form, most notably anesthesia agents, side rails and other equipment. Unlike the inpatient units, the postanesthesia care unit (PACU) and phase II unit create unique circumstances in the prevention of falls.

Prior to Surgery

Identifying those at risk, prior to surgery, is a key element for prevention of falls. All surgical patients are at risk for falls due to receiving opioids, benzodiazepines, regional blocks and other anesthetic agents. There are other factors, listed below, that increase the risk of falling for the surgical patient. Completing a thorough preoperative screening for risk factors helps prevent potential falls. Populations or conditions that place patients at risk are:

- Elderly and the very young
- Previous fall history
- Sensory loss—vision, hearing
- Certain medications
- Neurological—Parkinson's, neuropathy, dementia
- Musculoskeletal—muscular dystrophies, arthritis
- Cardiovascular—hypertension, stroke, transient ischemic attack (TIA)
- Continence—urgency, incontinence²

Certain types of surgery will also increase the risk for falls. Patients having lower extremity surgery requiring assistive devices have a higher risk. Another factor to consider is the patient's support system at home. Will the patient have the necessary assistance to facilitate the needed care once he/she has returned home? Identifying patients at risk prior to surgery permits the nursing staff to be prepared and take necessary precautions.

Day of Surgery

On the day of surgery it is important to verify the health history obtained during the patient's preoperative interview. Educating the patients and family on anesthesia precautions, any equipment that may be needed, and the importance of having assistance when ambulating the first 24 hours postoperatively, is also vital. The patient who has

an understanding of how anesthesia can affect their memory and ability to react quickly will have a higher level of compliance and, ultimately, assist in preventing injury. All information obtained preoperatively should be clearly communicated in any hand-off to the next caregiver.

Postoperative

Upon arrival to the PACU, hand-off should include preoperative history, type of surgery, anesthesia, and other pertinent information. Patients who had a regional anesthesia or local block to an extremity require careful assessment prior to ambulation to ensure adequate sensation and movement have returned to support the patient's weight. To alert all staff, the PACU nurse may want to consider posting a sign on the gurney or IV pole to indicate the patient received a regional or local block and the side affected so as to act as a continuous reminder.

Prior to getting the patient up for the first time, have the patient sit at the side of the bed. Ideally, the head of the bed has been elevated to assist the transition to the sitting position. Ambulating to the bathroom is assisted by facility staff and not solely by a family member. Once the patient is in the bathroom, staff should stay within the bathroom or step immediately outside the door. Patients should not be left unattended in the bathroom.

For young patients, parents should refrain from walking and carrying the child. Being in an unfamiliar setting with hospital equipment could cause a hazard resulting in tripping or stumbling. Instruct parents to hold the child at the bedside or to climb up on to the cart/crib with the patient.

Conclusion

ASPA Standard II states, "Perianesthesia nursing practice promotes and maintains a safe, comfortable, and therapeutic environment."³ This standard is the backbone in preventing falls in the perianesthesia arena. Fall prevention for all ambulatory patients is a high priority, and being conscious of the factors that can heighten the potential to fall is the first step in fall prevention.

REFERENCES

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2. Saufl N. Restraints Use and Falls Prevention. *J PeriAnesth Nurs.* 2004; 19: 433-436.
3. American Society of PeriAnesthesia Nurses. *Perianesthesia Nursing Standards and Practice Recommendations 2010-2012*. Cherry Hill, NJ: ASPAN; 2010: 15. 

ASPAN LIAISONS

There are many ASPAN members who are appointed to be liaisons to provide connections with the multiple societies and associations that have common interests with ASPAN. In this issue, we feature a summary from one of those liaisons.

ASPAN Liaison to American Society of Pain Management Nurses (ASPMN)

Karen Melderis, BS, RN, CPAN

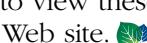
Liaison Role

Pain management of the surgical patient is one of the most challenging aspects of the peri-anesthesia nurse's job. After being chairperson of the ASPAN Pain Management Specialty Practice Group (SPG), I was appointed as ASPAN's liaison to the American Society of Pain Management Nurses (ASPMN.) As liaison, I share knowledge pertinent to our organization, gained from the ASPMN journal and newsletters, with the

ASPAN President, and our Pain SPG. I also share information about ASPAN with ASPMN when there are opportunities to work collaboratively. The mission of ASPMN is to advance and promote optimal nursing care for people affected by pain, by promoting best nursing practice. This is accomplished, much like ASPAN, through education, standards, advocacy, and research. 

ASPMN HIGHLIGHTS

Here are some highlights from ASPMN over the last year: ASPMN's membership is now 2000. Their President, Jo Eland, PhD, RN, has stated very powerfully that "Nursing OWNS Pain!" ASPMN has recently formed an Interventional Focus Group to do an evidence-based practice literature review and possibly a position paper, which may impact many ASPAN members working in an interventional setting. ASPMN has a very active list serve which allows members to network on a daily basis. On the political scene, ASPMN has a strong relationship with state and national legislators, collaborating on new bills with the potential to impact the ability of pain patients to access care and medications.

New and/or revised ASPMN Position Statements were recently released online including: "Male Infant Circumcision Pain Management;" "Pain Assessment in the Patient Unable to Self Report;" and "Guidelines on Monitoring for Opioid-Induced Sedation and Respiratory Depression."  to view these position statements on the ASPMN Web site.

Registration now open

for the ASPAN Component Development Institute (CDI). Visit www.aspan.org for more information.

Creating Building Blocks for the Future

September 7-9, 2012

Crowne Plaza

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Clayton, Missouri



Topics Include:

- Leadership
- Budget Planning
- Strategic Planning
- Constructing Educational Programs
- Productive Board Meetings
- Succession Planning
- Standards, Guidelines, and Evidence-Based Practice
- Legal Pearls for Component Management
- Mock Representative Assembly and Town Hall Meeting
- Component Best Practices
- Newsletters and Web Sites
- Constructing a Gold Leaf Application
- Regional Meetings and Networking



Congratulations!

Congratulations to ASPAN members who were recognized in nomination for an award by their colleagues for 2012:



AWARD FOR OUTSTANDING ACHIEVEMENT NOMINEE

Valerie Pfander, MSN, RN, CPAN
Jackie Ross, PhD, RN, CPAN

EXCELLENCE IN CLINICAL PRACTICE AWARD NOMINEES

Vonda Davidson, BSN, RN, CPAN
Karen Ewing, RN, CPAN
Molly Gallagher, BSN, RN, CAPA
Linda Gilson, BSN, RN, CAPA
Sandra Markowitz, RN, CCRN, CPAN
Katherine Pecoraro, BSN, RN, CPAN
Leslie Roy, BSN, RN, CPAN
Kimberly Schmidt, BSN, RN, CPAN
Jill Setaro, MSN, RN, CNS, CPAN
Nancy Turrone, BSN, RN, CPAN

ABOVE AND BEYOND SERVICE RECOGNITION

There were 51 nominees for this award. The following top ten winners were recognized for exemplary service to ASPAN and/or their component at the 31st National Conference in Orlando, Florida:

Sylvia Baker
Jenny Burchett-Gough
Martha Clark
Nancy Crawford
Connie Hardy Tabet

Myrna Mamaril
Emma Pontenila
Mary Rachel Romero
Donna Thompson
Tracy Underwood

Visit the ASPAN Web site for information on how to nominate a deserving colleague for a 2013 Above and Beyond Service Award.  for more information.

ASPN Nominating Committee Members

Congratulations to the newly elected members of the 2012-2013 Nominating Committee!



Sonia Huff,
MSN, RN, NE-BC, CPAN



Debra Morgan,
BSN, RN-BC, CCRN, CPAN



Susan Norris,
BSN, RN, CAPA



Charlotte West
BSN, RN, CPAN

Connie Hardy Tabet, RN, CPAN, CAPA, has been appointed as a fifth member of the Nominating Committee. 

Recruiter of the Year Award



Diane Swintek, new Membership & Marketing Coordinator, presents the Recruiter of the Year Award to Carlito Baginda, NevPANA 

Congratulations to the 2012 National Conference Strategic Work Team (NCSWT) for organizing an awesome National Conference!

Terri Passig, NCSWT Coordinator (left), receiving recognition from President Chris Price ▼



▲ ASPAN National Office staff (from left) Donna Ingram, Pam Gottschalk, Connie Jameson, Hilton staff associate, Jean Hess, Eileen Zeiger, and Courtney Papp enjoying a rare moment to relax at Component Night.

Terri Passig
Nancy Strzyzewski
Linda Ziolkowski

Members of the ASPAN NCSWT:

Kim Godfrey
Patricia Legg
Debra Morgan
Nancy Fishman

Sheri Bowell
Chris Price
Susan Carter
Katrina Bickerstaff

Kevin Dill
Courtney Papp
Linda Wilson



WILLINGNESS TO PARTICIPATE

Towering Opportunities and Endless Possibilities— Be a Part of ASPAN's Future!

Twilla Shrout, BSN, MBA, RN, CPAN, CAPA, ASPAN Vice President/President-Elect 2012-2013

There is no time like the present to come forward and participate as an ASPAN volunteer! Take the first step to volunteering by completing a Willingness To Participate form. The Willingness To Participate form is on the ASPAN Web site for all committees and strategic work teams for the year 2013-2014. **The deadline to sign up is October 31, 2012.**

ASPA offers a variety of committees and strategic work teams that allow you the opportunity to expand your knowledge and skills, and to influence perianesthesia practice through the input of the grassroots member. Being an active participant in your perianesthesia specialty practice will ensure that ASPAN continues to be the leading association for perianesthesia education, nursing practice, standards and research. With the wealth of input and ideas from ASPAN mem-

bers to continually improve our nursing practice, great things will happen with collaboration!

The committees are Clinical Practice, Education Approver, Education Provider, Advocacy, Finance, Leadership Development, and Research. The Strategic Work Teams (SWT), at this time, are Advanced Perianesthesia Degree, Bylaws/Policy and Procedures, Component Revitalization, Credentials, Digital Media, Election Review, Evidence Based Practice, Governmental Affairs, Membership & Marketing, National Conference and National Conference Primer, Perianesthesia Orientation, Publications, Resource Development, Safety, and Standards and Guidelines. For more information, e-mail Twilla Shrout at tshroud@aspan.org.

Thank You to
the ASPAN
National
Office Staff!
You always
make this
conference
run smoothly
with all your
behind-the-
scenes work!



**Diane Swintek,
BSN, RN, CPAN
Membership
& Marketing
SWT Coordinator
2012-2013**

MEMBERSHIP AND MARKETING AWARDS

The **Above and Beyond Recognition Award** is designed to recognize an individual who has given exemplary service to ASPAN and/or his/her component. This could mean starting a study group for certification, stepping in to help out at the last minute with a seminar, organizing a community service project, and/or promoting peri-anesthesia nursing practice at a school of nursing or in the local community. My own component has recognized individuals that have made contributions to CBSPAN through organizing a seminar, restructuring the Web site, or stepping in to take a leadership role when another needed to step down. The primary requirement is that the nominee is an ASPAN member and may be nominated by any current member.

The **Recruiter of the Year** is that ASPAN member that has enlisted the highest number of new ASPAN

members. Growing ASPAN membership is important for maintaining viability of the organization. The Recruiter of the Year receives an award at the ASPAN National Conference. The Member-Get-a-Member campaign is now in full swing. Ten names of all those that recruit during the campaign will be drawn at National Conference, and will have a chance to win an ASPAN gift certificate.

Descriptions of the awards, as well as the forms for submission, can be found on the ASPAN Web site under the Members tab. We hope that there will be numerous nominations for the M/M SWT members to review at the end of the year. It is not too early to be thinking about that nurse you know who is a recognized expert, or the one that goes that extra mile, or yourself in recruiting new ASPAN members. The December 1st deadline will be here before you know it!



**Twilla Shrout,
BSN, MBA, RN,
CPAN, CAPA
ASPN
Vice President/
President-Elect**

Twilla Shrout recognized for Excellence in Nursing in Columbia, Missouri!

Twilla Shrout, ASPAN Vice President/President-Elect for 2012-2013, was recently recognized at the facility in which she works, the Veterans Hospital in Columbia, Missouri. During National Nurses Week in May, Twilla received the Excellence in Nursing for Staff Nurse Award. Twilla is a staff nurse in the Same Day Surgery Unit at Veterans Hospital. Congratulations Twilla!

Call for Nominations!

The following ASPAN Board of Director positions will be open for the 2013-2014 year:

- Vice-President/President-Elect
- Treasurer
- Region 1 Director
- Region 3 Director
- Region 5 Director
- Director for Education
- Director for Research

If you are interested in any of these positions, please contact Chris Price, Immediate Past President/Nominating Chair, at cprice@aspan.org. The deadline is October 1, 2012.

Poster Abstract Deadline for ASPAN National Conference 2013 in Chicago, Illinois:

The deadline to submit an abstract for a Celebrate Successful Practices (CSP) or Research poster and/or oral presentation is **October 15, 2012**. Details are on the ASPAN Web site under the Clinical Practice tab and Research tab respectively.



▲ Evening skyline of Chicago



2012 ASPAN HONORS

During Opening Ceremonies held at the 31st National Conference in Orlando, Florida, several individuals and one component were recognized with prestigious ASPAN awards.

EXCELLENCE IN CLINICAL PRACTICE AWARD

Jill Setaro, MSN, RN, CNS, CPAN

Jill Setaro, a nurse since 1989, began her perianesthesia nursing journey in 2003 at Stony Brook University Medical Center (SBMC), Stony Brook, New York. Currently a CNS in the PACU at SBMC, Jill mentors new and experienced perianesthesia nurses, assuring that her colleagues have the required competencies to safely care for their patients. Jill participates in hospital and unit-based activities, writing policies reflective of ASPAN standards. As a member of the SBMC nursing research council, Jill investigated the effectiveness of preoperative warming on postoperative normothermia, and participated in data collection to evaluate the effect of preoperative wait times on patient satisfaction.

Jill's contributions to nursing education and research include articles published in the *Journal of PeriAnesthesia Nursing* and *ADVANCE for Nurses*. She submitted the winning poster at the SBMC Converging Sciences Summit, "Standard of Care for OSA Patients Following General Anesthesia." Jill also actively advocates for legislation supporting nursing education at the local, state and national levels. Congratulations, Jill!



▲ President Chris Price presenting the Excellence in Clinical Practice Award to Jill Setaro (right)

PRESIDENT'S AWARD

Susan Carter, BSN, RN, CPAN, CAPA

The ASPAN President's Award is the highest honor bestowed on a member of our society by the ASPAN president. This award is given to an individual who has made an important contribution to the advancement of the nursing profession through strong commitment to the profession and a willingness to work for the benefit of others. This person is also of particular support to the ASPAN president during the year of her term.

This year's recipient is Susan Carter. She has long had a passion for perianesthesia practice. She is a determined advocate for doing the right thing, for the right reasons, even when it may not be easy, and she always takes the high road.

A long standing member of ASPAN and her home component, PANAC, Susan has served on a variety of committees and SWTs over the years, including positions on the ASPAN Board of Directors. Susan is always open with encouragement and insight – ever listening, critiquing, knowing just when to offer words of solace – and words of wisdom – knowing what to say and what not to say – and when to just be there. She keeps a good sense of direction and purpose, never losing sight of our members and their needs, which is the true focus of ASPAN. Congratulations, Susan!



▲ President Chris Price presenting the President's Award to Vice President/President-Elect Susan Carter (right)

GOLD LEAF COMPONENT OF THE YEAR
Congratulations KSPAN!



▲ **KSPAN President**
Raymond Young (left) receiving the
Gold Leaf Award from Membership
and Marketing
SWT Coordinator,
Sylvia Baker

The Kentucky Society of PeriAnesthesia Nurses (KSPAN) took home the top prize from a field of 17 component applications. Raymond Young, KSPAN president, accepted this award at the Opening Ceremonies in Orlando, Florida. KSPAN demonstrated that you only need a committed group of perianesthesia nurses with a vision in order to meet the professional and educational needs of its membership.

KSPAN embraced the Member-Get-a-Member campaign, and grew its membership from 168 to 214 members in two years. This growth led to two additional districts in KSPAN to better serve the members. *The Waking Crew News* does a terrific job of highlighting all KSPAN has done to deserve this prestigious award. Congratulations to Raymond Young, Donna Thompson (Immediate Past President) and all the members of KSPAN for advancing perianesthesia nursing practice through education, research, and adherence to standards!

**DISTINGUISHED SERVICE AWARD OF THE
PAST PRESIDENTS' COUNCIL**

Vallire Hooper, PhD, RN, CPAN, FAAN

For more than 10 years, the Past Presidents' Council has had the honor of recognizing one individual whose contributions to ASPAN have had a significant impact on fulfilling the core purpose of ASPAN. The recipient of the 2012 Distinguished Service Award of the Past Presidents' Council is Vallire Hooper, PhD, RN, CPAN, FAAN.

Vallire joined ASPAN in 1989 and served several of the past presidents in various capacities, including the Research Committee, and on the ASPAN Board of Directors as the Director for Research from 1997-1999. She then became co-editor of the *Journal of PeriAnesthesia Nursing*, the position she currently holds.

Vallire has served ASPAN in many capacities as a committee and strategic work team member, but perhaps her most valuable contribution to ASPAN is the work she did on the Perioperative Hypothermia/Normothermia Clinical Guideline and the PONV/PDNV Clinical Guideline. In the words of her sponsor, she "directed both of these projects efficiently, effectively and professionally, helping put ASPAN 'on the map' as experts in both of these areas."¹ Her ongoing service has helped bring ASPAN to where it is today, and contributed to the successful years of many of the ASPAN presidents. Congratulations, Vallire!

REFERENCE

1. Saufl N. Past Presidents' Council Distinguished Service Award Nomination. 2012.

**AWARD FOR OUTSTANDING
ACHIEVEMENT**

Jackie Ross, PhD, RN, CPAN



▲ **Jackie Ross,**
PhD, RN, CPAN

During Opening Ceremonies at this year's National Conference in Orlando, Florida, Dr. Jackie Ross received the Award for Outstanding Achievement. This award recognizes the individual who has made a distinguished contribution to the art and science of perianesthesia nursing. Jackie has been a lecturer, an author, and a recognized expert in the practice of perianesthesia nursing for many years. She served ASPAN as the Director for Research from 2007-2011, and was instrumental in instituting the GROVE project (Growing Researchers Out of Veteran Experiences.) Her accomplishments and contributions to perianesthesia nursing practice are many, and she is most worthy of this recognition. Congratulations, Jackie!



▲ **Immediate Past President Kim Kraft presenting The
Distinguished Service Award of the Past Presidents'
Council to Vallire Hooper (right)** 

PUBLISHING AWARDS

Journal of PeriAnesthesia Nursing Awards

*Congratulations to the Mary Hanna Memorial Journalism Award winners
for the 2011 Volume Year!*

BEST PRACTICE CATEGORY

1st Place

**Creating a Safer Perioperative Environment With
an Obstructive Sleep Apnea Screening Tool**

Linda Lakdawala

2nd Place

**Perioperative Glycemic Control: Use of a Hospital-
Wide Protocol to Safely Improve Hyperglycemia**

*Nancy Michaelian
Renu Joshi
Ed Gillman
Ronald Kratz
Amy Helmuth
Karen Zimmerman*

*Denise Klahre
Sandy Warner
Vicki McBride
M. Judy Bailey
Linda Houseal*

3rd Place

Building a Better Preoperative Assessment Clinic

*Lanette Siragusa
Lorena Thiessen*

*Dean Grabowski
R. Shawn Young*



▲ Practicing perianesthesia nurse and Mary Hanna's daughter, Karen Flanagan (center), along with JoPAN Co-editor Jan Odom-Forren (right), present one of the journalism awards during Opening Ceremonies in Orlando, Florida

RESEARCH CATEGORY

1st Place

**Factors Associated With Recovery From
Early Postoperative Delirium**

*Susan K. DeCrane
Laura Sands
Meghan Ashland
Eunjung Lim*

*Tiffany L. Tsai
Sudeshna Paul
Jacqueline M. Leung*

2nd Place

**Use of Picture Communication Aids to Assess Pain
Location in Pediatric Postoperative Patients**

*Phyllis J. Mesko
Aria Beoglos Eliades
Cheryl Christ Libertin
Debra Shelastak*

3rd Place

**Agreement Between Temporal Artery, Oral, and
Axillary Temperature Measurements in the
Perioperative Period**

*Lynn B. Barringer
Cheryl W. Evans
Lori L. Ingram
Patrice P. Tisdale
Susan P. Watson
Janice K. Jansen*

CLINICAL ARTICLE CATEGORY

1st Place

**Blood Products and the Phases of Perianesthesia
Care: Reviewing the Implications**

Heather Ead

2nd Place

**Use of Intravenous Acetaminophen in the
Treatment of Postoperative Pain**

*Scott Groudine
Susan Fossum*

3rd Place

**Safety Huddles in the PACU:
When a Patient Self-Medicates**

*Jill Setaro
Mary Connolly*



ASPAN DEVELOPMENT

ASPAN Development held a number of very successful activities during the National Conference in Orlando, Florida. Sunday morning started with the annual Dream Walk, with over 130 attendees coming out to enjoy the early morning dawn and fresh air, while raising more than \$8,000! The Dream Walk always fosters great camaraderie among the early risers to start the National Conference!

The Grand Opening of the Exhibit Hall was on Monday evening. Attendees flocked into the exhibit hall to see the perianesthesia vendors for products and services, the books, the jewelry, the shoes, and multiple other vendors. Our inaugural Exhibitor Bingo was a great hit! As always, the Silent Auction drew large crowds, and also raised \$3,827 for ASPAN Development. Additional money was raised by attendees who stopped to play the Wheel of Standards.

Development activities continued on Wednesday with the Development Luncheon. Dream Walk awards were given out by Development SWT Coordinator Candace Taylor. The *Hail, Honor, Salute!* campaign is an opportunity to honor a friend, colleague, loved one, or component with a donation to ASPAN Development. Many attendees were seen filling out the forms! The luncheon was topped off with ASPAN's own Lois Schick speaking on "Leadership Behavior: What Character are You?"

The money collected through Development activities continues to support scholarships and grants, and gives back to you, the member. We also gratefully acknowledge the following organizations and components for their sponsorship and support. Without this support, many of ASPAN's activities would not be possible.

Corporate Sponsors

Arizant Healthcare, Inc., a 3M company (Platinum)
Sponsor of Component Night
Baxter Healthcare Corporation (Bronze)
Cadence Pharmaceuticals (Platinum)

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Pacira Pharmaceuticals, Inc. (Bronze)
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Chesapeake Bay Society of PeriAnesthesia Nurses
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Metro Kansas City PeriAnesthesia Nurses Association
Minnesota-Dakotas Society of PeriAnesthesia Nurses
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Wisconsin PeriAnesthesia Nurses

continued on page 13

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3M



▲ Happy walkers took off early on Sunday for the Annual Dream Walk



▲ Development SWT Coordinator Candace Taylor presenting Dream Walk awards to Alaska's Judy Evans. We need to know her secret!



▲ ASPAN leaders cut the ribbon to open the Exhibit Hall



▲ The Wheel of Standards drew customers in the Exhibit Hall



▲ Vendor booths were crowded as attendees visited the Exhibit Hall



▲ Lois Schick educates and entertains at the annual Development Luncheon

Military and International Reception

The Military and International reception is held to honor those members in the military, and those attending the National Conference from abroad. This year, there were 37 attendees, with representation from the Army, Air Force, National Guard, Navy, Veterans Administration, and Department of Defense, while international attendees came from Bermuda, Australia, Ireland, and Canada.



▲ Susan Carter visiting with Military attendees



▲ Chris Price visiting with Military attendees



▲ Susan Fossum (left) and Chris Price visiting with attendees from Ireland

President's Reception

ASPN would like to gratefully acknowledge Hill-Rom for its sponsorship of the President's Reception!

▼ President Chris Price and Board members getting ready for the President's Reception



▼ Enjoying some food and drink at the President's Reception



◀ Now let's party!

Component Night

"Through the Looking Glass" with Alice in Wonderland and her cast of characters!

ASPAR gratefully acknowledges Arizant Healthcare, a 3M company, for its Component Night sponsorship!



▲ A cast of characters from Alice In Wonderland, getting ready to party!

The White Rabbit, Debra Morgan, and the Queen of Hearts, Terri Passig, greet guests at the entrance to Component Night ▶



Component Night is for getting silly!



▲ The Mad Hatter going "mad"



▲ Always a good time with ASPAN!

Congratulations to the 2012 ASPAR Component Newsletter Contest Winners!

1-8 Pages
CBSPANNER

Chesapeake Bay Society of PeriAnesthesia Nurses

Connie Gull, Editor

	<h1>CBSPANNER</h1>
Volume 10, Issue 1	Fall/Winter 2010/2011
Mission Statement:	
<p><i>The Chesapeake Bay Society of PeriAnesthesia Nurses promotes quality and cost effective care for patients, their families, and the community through public and professional education.</i></p>	
	<p>Diane Swantek, MSN, CPAN CBSPAN President</p> <p>Within the last year, Diane has been very active for CBSPAN. We have much to look forward to this spring starting with PeriAnesthesia Nursing Awareness Week (PANAW) in early February.</p> <p>Our District Presidents are planning events that will recognize our members contributions to the promotion and recognition of the vital role that perioperative nurses play in patient healthcare positive patient outcomes. Another exciting project CBSPAN has 600 members and of that number 30% are either CPAN or CPAN certified. Kudos to those</p> <p>members that have taken the next step towards perioperative nursing career excellence.</p>
	<p>On February 26th there will be an ASNPN PeriAnesthesia Nursing Certification Review held at Shady Grove Adventist Hospital in Rockville. Linda Wilson, the ASNPN 2002-2003 President will be the lead instructor and Diane will be there to help with her expertise. This seminar will provide participants a good base for success in achieving certification during the Spring Examination Window of April 2-May 12. Registration deadline is March 15. More information is available on the CBSPAN website: www.cbspan.org</p>
	<p>Monday, March 19th is National Certified Nurse Day. Certification recognition is important to and the cornerstone of the nurse that has achieved that distinction. The public is aware that the nurse is that</p>
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Treasurer's Report	Pg 1
Newsletter Deadlines	Pg 1

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Carolina Breaths

North Carolina Association of PeriAnesthesia Nurses
Marcelene McLure, Editor

North Carolina Association of PeriAnesthesia Nurses

Volume 29 Number 1
July 2011

CAROLINA BREATHS

2009 ASPAN National Newsletter Competition Winner

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OUTGOING PRESIDENT

JUDY SCHNEIDER

INCOMING PRESIDENT

RONNIE PITTMAN

AT NATIONAL CONFERENCE

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OUR MISSION

*To promote high standards of
PeriAnesthesia and
Anesthesia Nursing practice
and recognize our identity
and provide educational
opportunities.*

15+ Pages
Mayflower

Massachusetts Society of PeriAnesthesia Nurses
Kathleen Menard, Editor

MAYFLOWER

Volume 22, Issue 3

Summer 2011

MASSACHUSETTS SOCIETY OF PERIANESTHESIA NURSES

Congratulations are in order!



Katrina Bickerstaff, RSN, RN, CPAN, CAPA, our new ASPAN Treasurer! Katrina was elected ASPAN Treasurer at the ASPAN National Conference in Seattle. Congratulations, Katrina, we are so proud of you!

Congratulations to Yvonne Mulari, the newest recipient of the MASPAN Student Nurse Scholarship. Be sure to read Yvonne's essay on page 24.



Student nurse Yvonne Mulari

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People's Choice **Pulseline**

PeriAnesthesia Nurses Association of California
Ernestine Nunes, Editor

 <h1>PulseLine</h1>		Spring 2011 Vol. 30, No. 1
PANAC Joins ASPAN the Land of Oz		
<p>PANAC follows the yellow brick road to the Emerald City—Seattle, WA for ASPAN 2011.</p> <p>April 1-4, Compunction Night kicks off the event with more than a 100 vendors, exhibitors, and speakers around. Visiting component houses, buying tickets for raffles, entering contests, and networking new people is just part of the fun. PANAC is giving and getting pony rides, and the children of PANAC and California members will receive a recognizable red poppy.</p> <p>The Seattle Shambala is only a few blocks away from the waterfront, the aquarium, Pike Place Market, and the original Starbucks. There are lots of exciting things to do in Seattle. Visit the Conference Center, Walkabout, or public transportation is a good way to experience Seattle.</p>		
<p>The Seattle Shambala is only a few blocks away from the waterfront, the aquarium, Pike Place Market, and the original Starbucks. There are lots of exciting things to do in Seattle. Visit the Conference Center, Walkabout, or public transportation is a good way to experience Seattle.</p>		
<p>President's Message: Get Energized</p>		
<p>Sheila Bovell, the National Conference Constituent and her team produced a great website for the conference. Visit www.aquan.org to register. PANAC plans to hold a special hour for California attendees at the conference. Look for the line on the daily #ASPA11 schedule at the conference and posted daily on the website at www.aquan.org.</p>		
<p>Presidents Message: Get Energized</p>		
<p>Charlie Slawin, RN, CPAN</p>		
<p>Do you ever get that overwhelmed feeling? The feeling of not having enough time in the day? Is that how I feel and January. I stopped and decided to review my ASPAN conference material and I realized I was not excited about going and thinking that was a waste of money. I then thought about what I could do to make the conference better for me.</p>		
<p>If you attend the Seattle conference, look for the California group to meet for a social hour and a chance to connect with each other.</p>		
<p>The details will be posted on the website.</p>		
<p>The February, Ventura Conference was a huge success with over 200 nurses attending. If you have heard Lori Schick speak, you know what a trait it is. We enjoyed her presentation on the new trends in perioperative nursing.</p>		
<p>After the seminar, PANAC hosted a post conference social hour. Most nurses headed home, but a few nurses stayed to ask questions and share stories. It was a wonderful evening.</p>		
<p>When I look at the pictures from the Sacramento Chapter's first meeting, I am more than a little bit envious. The meeting was held at the Westin Hotel in West Sacramento. The room was packed with nurses. The food was delicious and Chris Paquet was a great success. We hope to go up to Sacramento again.</p>		
<p>PANAC Chapters continue to meet and more are being formed – it's only natural to begin chapters.</p>		
<p>At the annual ASPAN Representative Assembly we will be recognizing nurses and managers for their outstanding contributions to the field of perioperative nursing. We will be recognizing new and returning members, a California home health nurse, a surgeon, and the date, and time.</p>		
<p>Now, in the new year... The wonderful people I have gotten to know through PANAC are inspiring and motivating but let me get this done... New things and new "jellies" (yellow brick road). Thanks so much. I hope to see you in the Emerald City.</p>		
<p>Inside this PulseLine</p>		
<p>OB/GYN PulseLine Membership Report PANAC Heads to Hawaii's Valley for Fall... ASPAAN Disaster Response Report National Conference Report Winter/Summer Conference Photos My Egretta Experience PANAC News Community Affairs 101 IBN Rule in Pediatric Imaging: Isra-Bone, RV-4 Sacramento's New Chapter Director's Corner Calendar of Events</p>		

CERTIFICATION

Seventeen Components Receive the ABPANC 2012 Shining Star Award

Component representatives accepted Shining Star Awards at the 2012 Certification Luncheon



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abpanc@proexam.org

Web site:

www.cpancapa.org

Certified Nurses Exceed 10,000!

ABPANC has announced that upon completion of its Spring examination period, it has certified a record 10,184 CPAN® and CAPA® nurses. A total of 648 nurses were recently certified or recertified, and the organization now has 6,250 CPAN® nurses, 3,934 CAPA® nurses, and 460 dually certified nurses.

CONNIE HARDY TABET Honored with the 2012 ABPANC Advocacy Award

ABPANC announced the winner of its annual Advocacy Award for promoting excellence in perianesthesia nursing at the CPAN®/CAPA® Celebration Luncheon at the ASPAN National Conference in Orlando Florida. Connie Hardy Tabet, RN, CPAN, CAPA, is the 2012 Advocacy Award winner, and is being recognized for her valuable contributions in promoting and practicing quality patient care in perianesthesia nursing.

Connie is a staff nurse and part-time charge nurse in the PACU/Outpatient Surgery Unit of the University of New Mexico Hospital. She brings the latest information about perianesthesia techniques to her unit and is excellent at making customized care plans as needed to ensure patient safety. In



Connie Hardy Tabet (right) receives the 2012 ABPANC Advocacy Award from Pat Bouchard (left)

continued on page 19

For all the details you need to pursue perianesthesia nursing certification, visit www.cpancapa.org

Volume 32, Number 4
July/August 2012

REPRESENTATIVE ASSEMBLY HIGHLIGHTS

Orlando, Florida

April 15, 2012

The ASPAN Representative Assembly (RA) is the overall governing body of ASPAN. Representatives from all 40 components, committee chairs, and the Board of Directors participated in the 2012 Representative Assembly in Orlando, Florida. In addition, there were numerous guests in the gallery to watch and comment on the proceedings.

During the morning session, candidates for Board of Director positions presented their candidacy through speeches. In addition, informal hearings were conducted with presentations on the state of ASPAN, as well as discussion on the resolutions to be voted upon in the formal RA session during the afternoon. The RA had a very full agenda, and there was active participation and discussion from the entire RA, and comments and questions from the gallery.

Finance Report

Treasurer Katrina Bickerstaff reported that membership income remains strong. The Seattle conference was successful as well as hosted educational seminars offered by ASPAN. The largest amount of income comes from National Conference and membership dues. Expenses were reviewed with the Representative Assembly.

President's Report

President Chris Price presented her "State of the Society Report." ASPAN hit a milestone with membership at 15,000. Highlights of the year include: attendance at NevPANA's Spring Fling, posting of a new ASPAN organizational chart on the Web site, review of the Crisis Management Manual, Barb Godden appointed *Breathline* Editor, and geriatric videos being completed and soon to be ready for upload to the Web site for member access with contact hour availability. Chris also gave a Clinical Practice Committee update with highlights including: 1,166 questions answered, 30 FAQs added to the ASPAN Web site, and 93 Celebrate Successful Practices Abstracts accepted for National Conference. Three research grants were reviewed with one being awarded. The Membership and Marketing Strategic Work Teams (SWT) received 17 Gold Leaf applications and they successfully updated the tool utilized for scoring components. Finally, President Chris Price reported the first ICPAN conference in Toronto, Canada was very successful. Attendance was over 400.

The next international conference will be held in Dublin, Ireland, September 19-22, 2013. ICPAN's Web site is www.icpanconference.com.

Election Results

There was a run-off election for the positions of Secretary and Director for Clinical Practice. The 2012-2013 duly elected Board of Directors and the new Nominating Committee members are listed elsewhere in *Breathline*.

Resolutions

There were six resolutions discussed and voted upon:

Resolution 2012-01:

Position Statement on Substance Abuse in the Perianesthesia Setting

This Resolution came about to raise awareness that, as quoted in the literature 1 out of 10 nurses are affected by substance abuse. There were no questions on this resolution from the Representative Assembly or gallery. This resolution passed by a clear majority. The position statement will be added to the new Standards book.

Resolution 2012-02:

Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements 2012-2014

Barb Godden reported, as representation from the Standards and Guidelines SWT and the Evidence Based Practice SWT, that these groups met last October to review and revise the current Standards. Barb presented a summary of the recommended changes to the Standards. Highlights of the changes include: elevate safety to core principle, interpretive statements will be put into side bars throughout the manual, references were updated, and a name change made to *Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements 2012-2014*. There were no changes in the Resources. This resolution passed by a clear majority. Work has begun this summer to draft and edit the new Standards, with an expected publication date in late September, and an effective date 90 days after the date of publication.

Resolution 2012-03:

ASPA Active Category Membership Dues Increase

Katrina Bickerstaff reviewed the need for an increase in the Active category membership dues.

The additional resources allow ASPAN to explore and develop new digital educational offerings, increase scholarships, continue to enhance the membership campaign, and increase the amount of funding available for research grants.

The original resolution called for a \$5.00 increase in dues for Active Category members. There was additional discussion on this motion, as Resolution 2012-04 (Joanna Briggs Institute Membership Proposal) was also asking for a dues increase of \$3.00. These two resolutions were discussed at length during the morning hearings.

Further discussion at the formal session of the RA resulted in an amendment to the ASPAN dues increase resolution. The resolution was amended to call for a \$2.00 vs. a \$5.00 increase, across all membership categories, vs. only the Active category. David Wharton, ASPAN Parliamentarian, assisted in clarifying the issues and re-writing the resolution. The Resolution to increase ASPAN dues by \$2.00 then passed by a clear majority.

Resolution 2012-04:

Joanna Briggs Institute Membership Proposal

Kim Noble deferred to Daphne Stannard for this discussion. The resolution asked for a \$3.00 increase in membership fees to fund an organizational subscription to the Joanna Briggs Institute. This would allow each ASPAN member access to systematic reviews of clinical concerns based on the latest science. Daphne then clarified that the proposal was based on total organizational membership, vs. an individual membership which would be at a cost of \$278.13 per individual. This resolution passed with a clear majority.

Overall, ASPAN dues increase will be \$5.00 (\$2.00 for membership, and \$3.00 for ASPAN Joanna Briggs membership). This will take effect June 1, 2012.

Resolution 2012-05:

Transparency in the ASPAN Election Process

This resolution was brought forward by the Minnesota-Dakotas Society of PeriAnesthesia Nurses. Julie Somheil deferred to Matt Byrne (Minnesota) to speak to this resolution. Matt stated that the resolution was for the creation of a SWT to review the ASPAN election procedures to ensure transparency in the election process. This motion passed unanimously, and a SWT has been formed.

Resolution 2012-06:

Practice Recommendation:

Obstructive Sleep Apnea in the Adult Patient

Barb Godden deferred discussion on this resolution to Kim Noble, Director for Research. Kim reviewed the process that occurred for the development of this practice recommendation. She detailed the history of the 2010 obstructive sleep apnea proposal that failed due to the concern it was too prescriptive and no real guidelines were developed or described.

The Clinical Practice Committee continued to receive questions regarding sleep apnea, and 18 of those questions were selected for further investigation. Five SQADs (Strategic Query and Discovery) were selected to investigate each question in collaboration with both the Research Committee and Evidence Based Practice SWT. A time-line was developed and 144 articles were reviewed. Once the practice recommendation was written it was reviewed and endorsed by the American Society of Anesthesiologists and Dr. Frances Chung, internationally recognized sleep apnea expert. Discussion during the morning hearings was overwhelmingly in favor of the practice recommendation. This motion passed by a clear majority. 

this year's nomination, Connie was recognized for using her power of innovative problem-solving to help a patient who felt helpless and abandoned when her designated ride didn't show up. Tabet arranged for a taxi to take her home and called the patient's minister to arrange for a church member to meet the patient at the patient's home. She obtained a voucher to pay for the taxi fare, made a trip to the offsite pharmacy to fill the patient's prescriptions, and even shared her lunch with the patient.

Linda Rogers, RN, CAPA, a colleague, nominated Connie for the award, and included personal stories of how she has made a difference in the lives of patients and peers at her workplace. Connie received a framed certificate, the Lladro Statue of a nurse, and a scholarship to cover her next recertification fee. ABPANC awarded Connie's unit with a check for \$350 to be used for certification fees, continuing education fees, books or study guides. Linda received a \$100 cash award for her nomination. 

ASPN BOARD OF DIRECTORS 2012-2013



Susan Carter,
BSN, RN, CPAN, CAPA
President

Susan has over 25 years of perianesthesia experience, including clinical and management. She has worked at the University of California San Diego since 1993, initially in perianesthesia care and more recently in the Student Health Center in urgent care and as a travel nurse consultant. She maintains her perianesthesia experience and certifications by being contracted to several acute care facilities in the San Diego area. Susan has been active on ASPAN committees including Education Approver/Provider, Clinical Practice, Standards & Guidelines, and has chaired Membership and Governmental Affairs committees. She was the National Conference (NC) Coordinator for the 2007 Anaheim NC, and committee member for the 2002 San Diego NC. She served two terms as ASPAN's Region 1 Director. After a four year hiatus, she returned to complete two terms as ASPAN Treasurer. She has been active in her component, PANAC, for many years and served in many capacities, including President. Susan resides in Oceanside, California.



Twilla Shrout,
BSN, MBA, RN, CPAN, CAPA
**Vice President/
President-Elect**

Twilla is a Same Day Surgery Staff Nurse at the Veterans Hospital in Columbia, Missouri. Twilla served two terms as ASPAN Region 2 Director, where she chaired the GO Green Strategic Work Team (SWT). Twilla has held committee/SWT membership on Safety, Membership/Marketing, Education Provider, Education Approver, Credentials, Development, Publications, Nominating, Standards & Guidelines, Strategic Planning, and Succession Planning. She was on the 2000 National Conference Committee for Kansas City. Twilla writes for ASPAN publications, component newsletters, and is a reviewer for ASPAN and Elsevier publications. She proudly received the ASPAN Excellence in Clinical Practice Award in 2011, was a past ASPAN Pat Hansen Memorial Scholarship honoree, and an ASPAN Star. Twilla has served MO-KANPANA in many capacities, including President. Twilla resides in Bunceton, Missouri.

Katrina Bickerstaff,
BSN, RN, CPAN, CAPA
Treasurer

Katrina has many years of adult perianesthesia experience as a staff nurse at Brigham and Women's Hospital, Boston, Massachusetts. Katrina recently completed one term as ASPAN Region 4 Director, has served on many ASPAN committees, and was a candidate for ASPAN Treasurer in 2006. Katrina is Chairperson of the Finance Committee and a member of the Membership/Marketing SWT. Katrina is active in her component of MASPA, and has served and held many positions on its Board of Directors. Katrina is a member of her PACU Clinical Practice group, receiving "Best Practice" recognition by the National Health Advisory Board. Katrina is serving the second year of her first term as Treasurer. Katrina resides in Sagamore Beach, Massachusetts.

Joni is a Pain Management Nurse and per diem staff member in Same Day Surgery at Inova Alexandria Hospital in Virginia. She has over 24 years of clinical, education and management experience in all aspects of perianesthesia care delivery. Joni served as ASPAN's *Breathline* Editor, was the Web site Redesign SWT Coordinator, and Publications Chairperson. Joni has participated in numerous ASPAN committees and SWTs, and served on the component level in California and New York. Joni is an organizing committee chair for the first International Conference for PeriAnesthesia Nurses, the "Global Connections" columnist for the *Journal of PeriAnesthesia Nursing*, and has regularly published book chapters and international peri-anesthesia nursing manuscripts. Joni is serving the first year of her first term as Secretary. Joni resides in Alexandria, Virginia.



Joni Brady,
MSN, RN, CAPA, CLC
Secretary

Board of Directors

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**Chris Price,
MSN, RN, CPAN, CAPA
Immediate Past President**

Chris is Director of PeriOperative Services for Bayhealth Medical Center, a two hospital system in Delaware. She has been a perianesthesia nurse since 1986. Chris just completed her term as ASPAN President for 2011-2012. She has been active in ASPAN for many years, and a member of numerous committees, including Education Approver, Education Provider, Clinical Practice, and Research. She has served on the Succession Planning SWT, and is a member of the Advanced Degree, Management, Preoperative Assessment, Pain Management, and Perianesthesia Nurse Educator SPGs. Chris was previously on the ASPAN Board as the Chair, Council of Component Presidents, and served two terms as Region 5 Director. She now chairs the Nominating Committee. Chris resides in Townsend, Delaware.



**Deborah Bickford,
BSN, RN, CPAN
Region 1 Director**

Affairs, Standards and Guidelines, Clinical Practice, and as a team leader for Education Approver. Debbie is active in her component, PANAC, and has held many offices and committees including President, Education Chair, and currently Treasurer. She has also been active in certification and was a member of the ABPANC Board for six years serving in all capacities including President. Debbie is serving the second year of her first term as Region 1 Director. Debbie resides in Torrance, California.

Debbie is a staff nurse currently working in the Same Day Surgery PACU at Torrance Memorial Medical Center in Torrance, California. Debbie's first exposure to PACU nursing was with the Army Nursing Corps. She has been active on ASPAN committees including Governmental

Armi is a SDS/PACU Staff Nurse II at Children's Mercy Hospital and Clinics in Kansas City. Her perianesthesia experience includes Preop and Phase I/II pediatric care in outpatient and inpatient settings. She is a Team Leader for the Clinical Practice Committee and Standards & Guidelines SWT. She serves on ASPAN's Leadership Development Committee, Membership/Marketing SWT and Strategic Planning SWT. Armi served as 2000 National Conference Co-Chair in Kansas City. She is active in MO-KANPANA and is currently the Metro KC PANA Treasurer. She has published in *JoPAN* and is a co-author of ASPAN's *Position Statement on the Pediatric Patient*. Armi was re-elected to a second two-year term as Region 2 Director. Armi resides in Overland Park, Kansas.



**Martha Clark,
MSN, RN, CPAN
Region 3 Director**

Approver, Nominations, and Ethics. She is also a member of the Resurge (Interplast) Nursing Committee, and completed 11 Interplast trips to six third-world countries. Martha is serving the final year of her second two-year term as Region 3 Director. Martha resides in Loveland, Ohio.

Martha is a staff nurse in PACU Phase I and Phase II at UC Health Surgical Hospital in West Chester, Ohio. Martha has been active on many ASPAN committees and work teams, including Research, EBP, Clinical Practice, Standards & Guidelines, Membership & Marketing, Education

Laura is the Clinical Director of Surgical and Ambulatory Care Services at UPMC St. Margaret, Pittsburgh, Pennsylvania. She has over thirty years of experience as a perianesthesia staff nurse, manager and executive nurse leader. A charter ASPAN member, Laura has served on many ASPAN committees including Research, Evidence Based Practice, Nominating, the Up and Comer's Initiative, as well as the Advanced Degree and Management SPGs. Laura is a contributor to the *ASPAR Perianesthesia Nursing Standards and Practice Recommendations 2010-2012*. Active in PAPAN, she has held several Board positions including President. She has received many professional honors from her component and from her work facility. Laura was re-elected to a second two-year term as Region 4 Director. Laura resides in Greensburg, Pennsylvania.



**Armi Holcomb,
BSN, RN, CPAN
Region 2 Director**



**Laura Kling,
MSN, RN, CNS, CPAN, CAPA
Region 4 Director**

Board of Directors

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Tanya is the Nurse Educator for Perianesthesia Services at Johns Hopkins Hospital in Baltimore, Maryland. She has 29 years of nursing experience, 11 of those years as a perianesthesia nurse working as a staff nurse, followed by alternate charge nurse, Clinical Practice Leader, and now Nurse Educator. Tanya has served ASPAN on the Safety Committee (where she co-authored the ASPAN Safety Toolkit), the Education Approver Committee, Clinical Practice Committee, Standards and Guidelines SWT, and several specialty practice groups and SWTs. Tanya is serving the final year of her second two-year term as Region 5 Director. Tanya resides in Ellicott City, Maryland.



**Tanya LeCompte,
MSN, RN, ACNS-BC, CPAN
Region 5 Director**



**Nancy Strzyewski,
MSN, RN, CPAN, CAPA
Director for Education**

Nancy has held a variety of positions in perianesthesia nursing, starting as a PACU staff nurse, a Nurse Clinician, and now a Perianesthesia Education Specialist. Nancy has been a member of ASPAN and MAPAN since 1989. She became a member of the ASPAN Education Provider Committee and an ASPAN national speaker in 2003. Her other ASPAN committee work includes Publications, Clinical Practice, and the Pediatric and Perianesthesia Nurse Educator SPGs. She also serves on the MAPAN Board of Directors. Nancy is serving the second year of her first term as Director for Education. Nancy resides in Royal Oak, Michigan.

Nancy has held a variety of positions in perianesthesia nursing, starting as a PACU staff nurse, a Nurse Clinician, and now a Perianesthesia Education Specialist. Nancy has been a member of ASPAN and MAPAN since 1989. She became a member of

Susan is the Perianesthesia Educator at St. David's Medical Center in Austin, Texas. During her 23 years of perianesthesia experience, she has held positions ranging from staff nurse to manager. As a licensed attorney, she specialized in cases involving medical malpractice and medical products liability. Susan joined ASPAN in 1980, and has served on several committees, SWTs, and special projects including Clinical Practice, Standards, GAC, PDE, and Credentials. Her SPG memberships include Management, Preoperative Assessment, and Perianesthesia Nurse Educator. Susan remains active on the TAPAN Board of Directors and on committees. Susan is serving the first year of her first term as Director for Clinical Practice. Susan resides in Austin, Texas.



**Susan Russell,
BSN, RN, JD, CPAN, CAPA
Director for Clinical Practice**



**Kim Noble,
PhD, RN, CPAN
Director for Research**

Kim is an Assistant Professor of Nursing, currently at Widener University in Chester, Pennsylvania. Kim teaches undergraduate and graduate nursing programs. She is an active participant on dissertation committees in PhD/ DNP programs. Kim has been in perianesthesia nursing for 28 years at Jeanes Hospital in Philadelphia. Kim has served on ASPAN's PONV/PDNV, Hypothermia, and Pain & Comfort Guideline revisions in her past role as the chair of ASPAN EBP committee. In the role of Director for Research, Kim has taken the lead for the development and inclusion of the OSA Practice Recommendation into the Standards. Kim is on the ASPAN Education Provider Committee, lecturing nationally and internationally. Kim is serving the second year of her first term as Director for Research. Kim resides in Ambler, Pennsylvania.

Kim is an Assistant Professor of Nursing, currently at Widener University in Chester, Pennsylvania. Kim teaches undergraduate and graduate nursing programs. She is an active participant on dissertation committees in PhD/ DNP programs. Kim has been in perianesthesia

ABPANC President Deirdre Cronin, BSN, RN, CPAN, CAPA, Ex-Officio member (MD)

ASPAN Chief Executive Officer

Kevin Dill, Ex-Officio member (NJ)

**Thank you to these outgoing
Board members for
your years of devoted service!
You will be missed!**

Kim Kraft, BSN, RN, CPAN
Jacque Crosson, MSN, RN, CPAN
Barbara Godden, MHS, RN, CPAN, CAPA



Kim Kraft



Jacque Crosson



Barbara Godden

Component Education Programs

Education

September 21-23, 2012 The Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) will host its 14th Annual Retreat in the Rockies at the YMCA of the Rockies in Estes Park, CO. For more information, please contact Mary Seitenbach at mseit1032@msn.com or visit the RMPANA Web site at www.rmpana.org

September 29, 2012 The Illinois Society of PeriAnesthesia Nurses (ILSPAN) will hold its fall conference at The National Shrine of Our Lady of the Snows in Belleville, IL. For more information, contact Jan Friederich at ejan3@sbcglobal.net or 618-570-9339

September 29, 2012 The Vermont/New Hampshire Association of PeriAnesthesia Nurses (VT/NH APAN) will meet for its fall conference in Laconia, NH. The program is titled: "Experience Fall in the Lakes Region with Perianesthesia Nurses." For more information, visit the Web site at www.vtnhapan.org or contact Amy Dooley at cabs004@comcast.net or 603-889-8665

October 5-6, 2012 The PeriAnesthesia Nurses Association of California (PANAC) meets for its 33rd annual meeting/conference at the Westin South Coast Plaza in Costa Mesa, CA. For information, visit www.panac.org or contact Lori Silva at 209-968-4895 or notgoquietly@clearwire.net

October 13-14, 2012 The Pennsylvania Association of PeriAnesthesia Nurses (PAPAN) will hold its annual fall meeting, PAPAN PRIDE XXI at the Doubletree Hotel in Pittsburgh/Monroeville, PA. For information, Marlene King, Pride Conference Coordinator at pridexxi@gmail.com

October 27, 2012 The DC Chapter of the Chesapeake Bay Society of PeriAnesthesia Nurses (CBSPAN) and MedStar Georgetown University Hospital will present a fall seminar for nurses working in preop/postop and procedural areas. The conference is titled: "Aspire to Make a Difference." For more information, contact Tiffany Barber at tiffany.barber@gunet.georgetown.edu or 240-216-8353



ASPAN Summer/Fall SEMINARS

Complexities and Challenges of Perianesthesia Nursing: Across the Ambulatory and Perianesthesia Continuum

August 18, 2012
Baltimore, MD

October 27, 2012
Oakland, CA

October 6, 2012
Rye Brook, NY

November 3, 2012
Visalia, CA

Perianesthesia Certification Review

August 4, 2012
Ontario, CA
Denver, CO

September 22, 2012
Erie, PA
September 29, 2012

August 11, 2012
Lexington, KY

Scottsdale, AZ
Louisville, KY

August 25, 2012
Ashville, NC
Springfield, IL

October 5, 2012
FRIDAY
Durham, NC

September 15, 2012
Seattle, WA
Richmond, VA

October 27, 2012
St Louis, MO

Foundations of Perianesthesia Practice

October 6, 2012

Morehead City, NC
Las Vegas, NV

Pediatrics: Beyond The Basics

August 11, 2012

San Jose, CA

November 3, 2012

Alexandria, VA

September 8, 2012

Annapolis, MD

November 10, 2012

Tucson, AZ

September 15, 2012

Louisville, KY

Perianesthesia Pathophysiology and Assessment: A Systems Approach

August 11, 2012

St Louis, MO

November 3, 2012

Oak Brook, IL

Surrounding Your Practice with Excellence: Legalities, Standards and Advocacy

September 8, 2012

San Diego, CA

November 3, 2012

Worcester, MA

September 22, 2012

Binghamton, NY