



# Breathline

Volume 36, Issue 4  
July/August 2016

INSIDE:

## PRESIDENT'S MESSAGE: Energizing Generations: The Race to Distinction!

Katrina Bickerstaff, BSN, RN, CPAN, CAPA – ASPAN President 2016-2017

**K**How time flies! Do you realize it has been two months since ASPAN's national conference in the beautiful city of Philadelphia? What a great time we all had. We were inspired by opening speaker Rich Bluni, RN, author of the book *Inspired Nurse*. He reminded us of why we chose the profession, what keeps us going as a nurse, and the sacred moments all nurses have had or will have. Closing speaker Renee Thompson finished the week by looking at nurses as heroes, "*Human by Birth – Hero by Choice*." She spoke to us about being modern day superheroes with super powers, but how ignorance, judgments, and bullying are a few of the villains that sap us of our heroic powers. She also reminded us that our profession of nursing continues to be the most trusted profession.<sup>1</sup> Nurses of all ages should be proud of such a distinction.

Each year during national conference, many of us come together for a week of education, networking and celebration. At the opening ceremonies, I was amazed as to the number of first-time attendees present, some young and some not so young. This is a testament to the strength of our shared desire to participate in, and fulfill our educational needs. During conference week, I observed the attendees and I made a mental note and a concerted effort to seek out younger nurses and engage them in conversation. I asked, "What is it about this conference that made them attend?" I received a variety of answers, but most were centered on the educational offerings, and the variety of classes from novice to expert. Many first-time and younger attendees enjoyed the poster presen-



**Katrina Bickerstaff**  
BSN, RN, CPAN, CAPA  
ASPN President 2016-2017

tations, both research and Celebrate Successful Practices. The younger nurses I spoke with were motivated and encouraged by all, and enjoyed the welcoming atmosphere of ASPAN's national conference.

My theme, *Energizing Generations: The Race to Distinction*, will focus on addressing the generational diversity we see in our profession and the direction in which we see ASPAN moving. This is the first time in history all four generations

are working together.<sup>2</sup> Each generation, Traditionalist, Baby Boomers, Generation Xers and Millennials have different values, different ideas and different ways of getting things done. According to the National Nursing Workforce 2015 Study, 50% of the RNs are age 50 or older,<sup>3</sup> but we must consider that 50% are also younger. We have all heard it said that over the next 10 to 15 years, nearly one million RNs, about one third of the current workforce – will reach retirement age.<sup>4</sup> As we consider both the veteran nurse at the pinnacle of his/her career, and the younger and less experience nurses at the beginning of their careers, ASPAN, like many other nursing organizations, needs to evolve. It needs to shift some of its focus toward the fledgling, less skillful, newer perianesthesia nurse. I ask, what do we have in place to attract the Generation Xers, Millennials, and generations to come, to commit to perianesthesia nursing and ASPAN?

### Contemporary Educational Platforms

Over the last few years, we have seen ASPAN's educational programs change and develop into programs that appeal to learners from all generations. We now have many more web-based pro-





grams, both live and learner paced modules. We offer many of the webcasts at different times during the day, and will now offer weekday opportunities in which to participate and learn during a live webcast. We will have more bundled modules, such as the Certification Review Modules, and ASPAN plans to offer many short programs to accommodate anyone's lifestyle. We will always continue to offer live face-to-face presentations, but may have less of them than in years past. Many nurses may question the need for such change, believing that live education sessions with networking is superior to web-based learning. But the younger generations have different ways of learning. They are tech-savvy and very comfortable with electronics. They prefer to learn at home, on their own time, emailing questions to a live webcast, texting each other, blogging as a way of expressing ideas and tweeting current information. As an organization, we must adapt to these requests and continue to consider all avenues for education.

### Why We Do What We Do

The younger generations have rocketed up the need for evidence-based practice (EBP) in nursing, asking the questions of "why we do what we do." ASPAN is working on creating an interactive way to blog on its journal club Web site to pique the interest of young members interested in evidence-based practice. This will ultimately result in a way to affect the best patient care and improve patient outcomes. Several years ago, ASPAN joined the Johanna Briggs Institute (JBI), providing its members with up-to-date access to research articles. As an organization, we adapted the JBI model for review of evidence and we are now routinely leveling and appraising current evidence to support the ASPAN practice recommendations. ASPAN will continue to create and support original research projects for both the novice and expert researcher. Research is front

and center to many younger nurses, as evident in the numerous research posters presented at national conference this year.

### The Race to Distinction!

As an organization moving forward, we need to be cognizant of the future nurse, and the future of nursing. As I move through my presidency, "energizing generations" plays a role in how ASPAN proceeds. We will continue to create innovative programming for all generations. Our research and EBP demands will continue to be addressed. I envision the future of ASPAN's educational products to be even more interactive, and at our fingertips. ASPAN has always tried to look towards the future. We do have a way to go, but I believe the generations ahead will direct our path.

### REFERENCES

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2. Generations Working Together: Fact or Fiction? Available at: <http://institute.uschamber.com/generations-working-together-fact-or-fiction/>. Accessed July 18, 2016.
3. National Nursing Workforce Study. Available at: <https://www.ncsbn.org/workforce.htm>. Accessed April 26, 2016.
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▲ Katrina Bickerstaff (left), newly inducted ASPAN president, begins her presidential address

### ASPN® Breathline

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Issue .....Deadline  
January .....November 1  
March .....January 1  
May .....March 1  
July .....May 1  
September .....July 1  
November .....September 1

# Attend the 2016 Leadership Development Institute!

ASPN News

**W**hen people hear "Cincinnati," they often think of baseball, chili, and the classic sitcom *WKRP in Cincinnati*, but we think of ASPAN's 2016 Leadership Development Institute!

That's right! The Cincinnati, Ohio, area is the site for ASPAN's 2016 **Leadership Development Institute** (LDI). It will be held September 16-20, 2016, at the Marriott Cincinnati at Rivercenter, right across the river from Cincinnati in Covington, Kentucky. Awaken to views of the rolling hills in the distance, the vibrant views of the downtown Cincinnati skyline and the Ohio River.

Share best practices among each other and learn strategies to encourage and energize you and your colleagues at home to become more involved in component and national leadership. Do you need more help with strategic planning, financial and component organization, new trends in education, recruitment and retention? We will be searching out the evidence and exploring leadership trends focusing on a different generation. Whether you are a new leader, or new to your role in your component or have



been a leader in the past, LDI will help you get through the maze. ASPAN leaders will be available to teach and help you learn what you need to know to feel more comfortable with all the aspects of your component activities.

Plan now to join your peers for a weekend of collegiality and knowledge sharing. We want YOU renewed and *energized* so you may *race* with *distinction* to your home component!

[Click here](#) for registration information and schedule of events. 

## CALL FOR NOMINATIONS!

Armi Holcomb, BSN, RN, CPAN

ASPN Immediate Past President and Nominating Committee Chair

**B**ecome involved in Energizing Generations: The Race to Distinction! Challenge yourself to seek a leadership role at the national level. ASPAN is seeking visionary leaders ready to collaborate with colleagues in advancing the unique specialty of perioperative nursing practice. Demonstrate your excellence in practice and leadership.

Qualified and eligible candidates are needed for the 2017-2018 ASPAN Board of Directors positions:

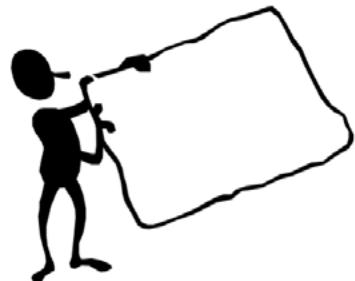
- Vice President/President-Elect (three year term)
- Treasurer (two year term)
- Director for Education (two year term)
- Director for Research (two year term)
- Regional Director, Region 1 (two year term)
- Regional Director, Region 3 (two year term)
- Regional Director, Region 5 (two year term)
- Nominating Committee (one year term) (five members)

To be considered for a leadership position:

1. Declare your candidacy as soon as possible via email to [aholcomb@aspan.org](mailto:aholcomb@aspan.org).
2. An Intent to Place Name in Nomination Form and Conflict of Interest Form must be signed electronically and emailed with a date stamp no later than October 1, 2016. Late submissions will be returned.
3. An ASPAN Candidate Profile Sheet and Curriculum Vitae must be submitted electronically with a date stamp no later than October 1, 2016. HARD COPIES and FAXES will NOT be accepted.

For more information visit the ASPAN Web site, or contact Armi Holcomb via email at [aholcomb@aspan.org](mailto:aholcomb@aspan.org) or by telephone 816-536-2609.

The deadline to declare a candidacy is October 1, 2016. 



# Willingness to Participate

Susan Russell, BSN, RN, JD, CPAN, CAPA – ASPN Vice President/President-Elect 2016-2017

**G**reetings, colleagues! Summer is a great time of year for relaxation, reflection and rekindling of relationships so important for a healthy work/life balance. As perianesthesia nurses, we are often so busy caring for others that we do not always take time to care for ourselves. A great way to regenerate personally is to participate in your professional organization. The collaboration, networking and relationships you develop, both close to home and nationally, elevate practice and allow for continued growth in our specialty. ASPN has many opportunities for you. Participation in committees, strategic work teams, and specialty practice groups provides the platform to increase knowledge while developing a professional network.

The deadline to sign up is **October 31, 2016**. The Willingness to Participate form will be ready in late August on the ASPN Web site. 

**OCTOBER  
31  
2016**

## Start planning to showcase your accomplishments with abstracts and posters for the 2017 National Conference in Indianapolis!

**C**elebrate Successful Practices abstracts are due by **October 31, 2016**. Categories include patient care, staff education, nursing leadership, preadmit/preop, patient flow, hand-off communication and documentation, and unit/environment activities. Research abstracts are also due **October 31, 2016**. Start planning now to showcase your accomplishments! Visit the ASPN Web site for more information.

[Click here for CSP information](#)

[Click here for Research/EBP information](#)

**CONGRATULATIONS!**

## Congratulations to ASPN members who were recognized in nomination for an award by their colleagues for 2016:

### Award for Outstanding Achievement Nominees

Lisa Krening, BSN, MPH, RN, CPAN  
Theresa Shine, BA, RN, CAPA

### Excellence in Clinical Practice Award Nominees

Karen Belford, MS, RN, AOCN, CPAN  
Jean Bivona, BSN, RN, CAPA  
Anne Burke, BSN, BS, RN, CAPA  
Nancy Fishman, RN, CPAN, CAPA  
Sandra Klein, MSN, RN, CPAN, CAPA  
Michael Krening, BSN, RN, CPAN  
Linda Minnich, BSN, RN, CPAN

### Above and Beyond Service Recognition

30 names were placed in nomination for the Above and Beyond Service Recognition. These are the ten recipients of the award for this year:  
Marsha Deaton, PANAM  
Maria Heinje, NPANA  
Stephanie Kassulke, WISPAN  
Carolyn Kiolbassa, ILSPAN  
Gloria Luu, PANAC  
Melissa Sayers, FLASPN  
Lori Silva, PANAC  
Grace Walke, INSPAN  
Charlotte West, INSPAN  
Antoinette Zito, OPANA

Visit the ASPN Web site for information on how to nominate a deserving colleague for a 2016 *Above and Beyond Service Award*. The deadline to nominate a colleague is January 10, 2017.

[Click here for more information.](#) 

# ASPN NOMINATING COMMITTEE MEMBERS

Congratulations to the new members of the 2016-2017 Nominating Committee!



Mary Baird,  
MSN, RN,  
CPAN



Susan Knowles,  
MSN, RN-BC



Nickcole Price,  
BSN, RN,  
CPAN, CAPA



Arlene Reinhart,  
BSN, RN,  
CPAN, CAPA



Margaret Farr  
Young, BSN,  
MDiv, RN,  
CPAN, CAPA

ASPN News

THANK  
YOU

## Recruiter of the Year Award

Cecilia Rima Rodriguez, RN, CPAN, from the Texas Association of PeriAnesthesia Nurses (TAPAN) won the Recruiter of the Year award for recruiting 15 new members to ASPAN and TAPAN. It is because of efforts like Cecilia's that ASPAN remains a strong, thriving organization today. There is no secret to her success, just a passion for perianesthesia nursing and ASPAN. Congratulations, Cecilia!

For more information on ASPAN's annual recruitment campaign and how you can participate to win some great prizes, [click here](#).

## Congratulations to the 2016 National Conference Strategic Work Team (NCSWT) for organizing an awesome conference

### Members of the 2016 ASPAN NCSWT

Laura Kling, Coordinator

Linda Beagley

Kandi Koon

Ursula Mellinger

Cindy Hill

Kim Kraft

Evelyn Medycki

Kim Noble

Armi Holcomb

Katrina Bickerstaff

Deborah Bickford

Linda Wilson

Courtney Papp

Kevin Dill



▲ Laura Kling, NCSWT coordinator, recognizes and thanks her team during opening ceremonies

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July/August 2016

# Past Presidents' Distinguished Service Award

## Jennifer Allen, MSQSM, RN, CPAN

Jennifer Allen, MSQSM, RN, CPAN, was the recipient of the Distinguished Service Award of the Past Presidents' Council at ASPAN's 35th National Conference in Philadelphia. She was recognized for her 20 years of service to ASPAN and support of the Society's Core Purpose: "To advance and promote the unique specialty of perianesthesia nursing." She has served as a Representative Assembly participant, an "Up and Comer" and has been a member of several committees and strategic work teams (SWTs), including Safety, Publications, International Conference, Digital Media, Practice Recommendation/Clinical Guidelines and Standards and Guidelines.

Specifically, Jennie had been coordinator of the Standards and Guidelines SWT since 2012, and a member since 1999. Her excellent organizational skills, coupled with a collaborative working relationship with the Director for Clinical Practice, has allowed ASPAN's Standards to continue to be updated with current literature and pertinent practice recommendations.

Additionally, Jennie served as the editor of both editions (2007 and 2012) of ASPAN's *A Competency Based Orientation and Credentialing Program for the Unlicensed Assistive Personnel in the Perianesthesia Setting*. She distinguished herself as an excellent editor.

Finally, since 2006, Jennie has represented ASPAN as its military liaison. She has hosted the military/international reception honoring our service men and women along with our international guests.

Jennie has been a dedicated member of ASPAN and faithful volunteer to further perianesthesia practice. As she prepares to turn over her duties as the S & G SWT coordinator, it is only fitting that she be recognized for the tremendous contribution she has made to our practice and our Society. Congratulations, Jennie! 



▲ From left, Immediate Past President, Jacque Crosson, presents the Distinguished Service Award to Jennifer Allen

# Award for Outstanding Achievement

## Lisa Krenning, BSN, MPH, RN, CPAN

The Award for Outstanding Achievement was bestowed on Lisa Krenning, BSN, MPH, RN, CPAN, from Happy Valley, Oregon. Lisa is a member of Northwest PeriAnesthesia Nurses Association (NPANA). Her peers nominated her for this award in recognition of her contributions to perianesthesia nursing practice.

In recent years, Lisa has formulated a perianesthesia orientation program for the critical care float pool nurses and led efforts in her facility regarding surgical site infection (SSI) prevention. To better eliminate SSI, she developed a yearly competency for the nurses that included filming of an educational video. In 2012, she co-developed a comprehensive approach to perianesthesia competency based on nursing practice philosophy, Oregon Health Sciences University professional practice model and the ANA and ASPAN standards.

In addition to her professional responsibilities, Lisa finds time to volunteer her nursing expertise in Haiti, Botswana, Guatemala, and Ecuador for clinical outreach, AIDS outreach, and building community support for perioperative/perianesthesia care. Congratulations, Lisa, on this well-deserved recognition!



▲ Lisa Krenning, Award for Outstanding Achievement recipient

# Excellence in Clinical Practice Award

## Sandra Klein, MSN, RN, CPAN, CAPA

ASPAN Awards

**S**andra Klein, MSN, RN, CPAN, CAPA, of Georgia was this year's recipient of ASPAN's Excellence in Clinical Practice Award. Sandra is the perioperative nurse educator at Georgia Regents Medical Center in Augusta. Her manager, Susan Andrews, describes Sandra as a nurse who is "never too busy to assess and 'visit' with patients and families, nor is she afraid to 'roll up her sleeves' and work side by side with staff."

A perianesthesia nurse for over twenty years, Sandra, in her role as educator, uses real life scenarios to teach and train staff in all phases of perianesthesia care, plus endoscopy. She is responsible for the education and training of over 100 staff members. She is often on the job early, works late, on weekends and at night to meet the educational needs of all staff members. Sandra serves as mentor and coach to perianesthesia nurses preparing for perianesthesia certification, organizing study groups and providing educational materials as needed.

Sandra is actively involved in the Georgia Association of PeriAnesthesia Nurses (GAPAN), serving as 2014 state conference chair and as the current GAPAN membership chair. Co-workers describe her as a leader who exhibits "a high degree of integrity, responsibility and ambition." Congratulations, Sandra! 



▲ Sandra Klein, Excellent in Clinical Practice award recipient

# ASPAN President's Award

## Lila Berry Martin, MSN, RN

**T**he ASPAN President's Award is the highest honor bestowed on a member of our society by the ASPAN president. This award is given to an individual who has made an important contribution to the advancement of the nursing profession, and is also of particular support to the ASPAN president during the year of her term. Here is this year's presentation in Armi Holcomb's own words:

The ASPAN President's Award goes to my very special friend, Lila Berry Martin. We met in the late 1980s through our home component, the Missouri-Kansas PeriAnesthesia Nurses Association (MOKAN PANA). We became fast friends after our first ASPAN national conference. Lila has been a strong leader both at state and district levels, and MOKAN PANA benefited from her leadership. Lila helped recruit speakers for the MOKAN PANA seminars, and often filled in herself as a speaker.

Since I did not have any family in Kansas, Lila filled the void of a sister. We shared secrets, losses and triumphs. She was a comfort to me when my mother passed away in the Philippines. Together with her spouse, she stayed with me as I made plans to go home for the funeral, making sure I took care of myself. She was my main cheerleader as I sat for the dreaded certification exam. She is a busy lady as a vice president for perioperative services at her hospital, but despite that, she makes sure she answers my text or phone calls whenever I reach out to her. She has been my go-to adviser, and was the catalyst for me being more involved nationally by convincing me to co-chair the 2000 ASPAN national conference in Kansas City. Thank you, Lila! 



▲ From left, Lila Berry Martin accepts the President's Award from President Armi Holcomb

# Gold Leaf Component of the Year Award

*Kentucky Society of  
PeriAnesthesia Nurses*

The Kentucky Society of PeriAnesthesia Nurses (KSPAN) was the winner of the Gold Leaf Component of the Year Award for 2015, announced at opening ceremonies in Philadelphia. KSPAN was one of thirteen components that applied for this coveted award.

The leadership of KSPAN works diligently to recognize the achievements of its members, to ensure that each member taking a leadership position is assigned a mentor from its board, and in its welcome materials, KSPAN encourages members to become active at the state and/or national levels. These are just a few of the reasons that helped KSPAN stand out from the rest of the applications. KSPAN also had plenty of PANAW celebratory items, posters at national conference and many members volunteer as nurses in their communities. In addition, KSPAN focuses one aspect of its strategic plan to reach out to nursing students and nursing programs to educate the next generation about the specialty of perianesthesia nursing.

Congratulations to the Kentucky Society of PeriAnesthesia Nurses for winning the Gold Leaf Award for 2015! 



▲ (L-R) Diane Swintek, *ASPA Membership/Marketing SWT* coordinator, Debbie Payne, *KSPAN* president, Brenda Elliott, *KSPAN* past president

# **Newsletter Winners**

*Congratulations to the 2016 ASPAN Component Newsletter Contest Winners!*

▼ 9-14 pages

## *Up to Par*

## New York State PeriAnesthesia Nurses Association

*Editor:*

*Michele Rossignol, RN*



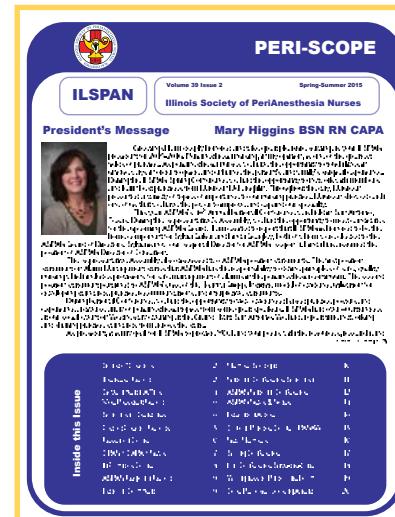
Volume 37 No. 3 November 1

**Poem and ESD: New Endoscopy**

Our facility has started to do two new endoscopic procedures: *Endoscopic mucosal resection* and *endoscopic submucosal dissection* (ESD). The risks for both procedures are similar: perforation, bleeding and perforation. Patients undergoing general anesthesia will have an enema the night before and at least one day. POEM is used to treat esophageal achalasia. Esophageal achalasia is a condition in which food or drink fails to move through the esophagus. Major advantages of this technique in the stomach. The steps characterize it: injecting fluid beneath the submucosa to raise the mucosal layer. However, to ensure the accurate position of the resection, the mucosal layer has to be resected. Because of depth of invasion and lymphovascular infiltration it is associated with considerable risk for lymph node metastasis.

due to lack of cephalic peristalsis. The failure of peristalsis is at the esophageal level and is usually associated with a degeneration of the nerve for unknown reasons. Symptoms of the dysfunction are similar to those of the esophageal spasm and are gradual onsets of the symptoms and esophageal cancer is a finding (Smith *et al.* 1984). Endoscopy and surgery (Wolff 1984) are the treatments of choice. The length of the mysticomy can be individualized. With surgery the stenosis can be circumferential or fixed at 1 cm (Shora).

incision of the muscle layer. The esophagus and the mesentery are resected. Suture is applied under the mesentery to create a taut suture line. The clips are then applied to the rectal suture. The inner muscle layer is then sprayed with the endotracheal tube and the entry is closed by the clips. The clips will be removed when the patient has a POC procedure. Patients who have a POC procedure will experience a short pain for one minute. There will be a slight increase in pain for the first hour for one post procedure. There will be a slight increase in the risk of bleeding. There will be a slight increase in the risk of infection. Both will be treated with antibiotics. Both will be treated with a rectal enema.



► 15+ pages

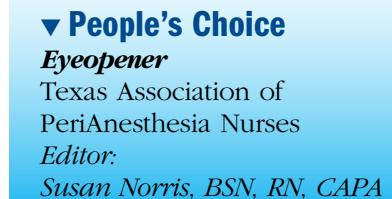
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## *Pen-scope* Illinois Society of

PeriAt

PeriAnesthesia Nurses  
*Editor:*

Lane  
*Jane*



# Publishing Awards

## Journal of PeriAnesthesia Nursing Awards

# Publishing Awards

Congratulations to the Mary Hanna Memorial Journalism Award winners for the 2015 volume year!

### BEST PRACTICE CATEGORY

#### First Place:

*Promoting the Use of Capnography in Acute Care Settings: An Evidence-Based Practice Project*

Heather Carlisle

#### Second Place:

*Prewarming in a Pediatric Hospital: Process Improvement Through Interprofessional Collaboration*

Cheryl Tvett

John Belew

Cindy Noble

#### Third Place:

*Perioperative Ketamine for Acute Postoperative Analgesia: The Mayo Clinic-Florida Experience*

Steven B. Porter

Robert I. McClain

Bonnie I. Howe

Albert E. Ardon

Laura S. Mazer

Brittany M. Knestrick

Anna M. Clendenen

### CLINICAL CATEGORY

#### First Place:

*Obstructive Sleep Apnea and the Adult Perioperative Patient*

Dennis I. Spence

Tony Han

Jason McGuire

Darren Couture

#### Second Place:

*Lipid Emulsion in Treatment of Local Anesthetic Toxicity*

Shawn Collins

Judy Neubrander

Zachary Vorst

Brad Sheffield

#### Third Place:

*The Michigan Opioid Safety Score (MOSS): A Patient Safety and Nurse Empowerment Tool*

Roy Soto

Branden Yaldou

### RESEARCH CATEGORY

#### First Place:

*Examining the Relationship Among Ambulatory Surgical Settings Work Environment, Nurses' Characteristics, and Medication Errors Reporting*

Amany A. Farrag

Mary K. Anthony

#### Second Place:

*Parental Satisfaction with Pediatric Preoperative Assessment and Education in a Presurgical Care Center*

Dolores Delaney

Elizabeth W. Bayley

Patricia Olszewsky

Jean Gallagher

#### Third Place:

*An Observational Study of Postoperative Handover in Anesthetic Clinics: The Content of Verbal Information and Factors Influencing Receiver Memory*

Maria Randmaa

Gunilla Mårtensson

Christine Leo Swenne

Maria Engström



► From left, Karen Flanagan (Mary Hanna's daughter) and JoPAN co-editor Vallire Hooper, hand out the journalism awards during Opening Ceremonies



# Resource Development Events a Success at National Conference

**Karen Flanagan, MSN, RN, VHA-CM – ASPAN Resource Development SWT Coordinator**

**A**SPAN members and components contributed over \$28,600 in support of ASPAN's National Conference and Scholarship Programs this year! Some of the highlights included:

## Dream Walk: Treasure Quest

One hundred and six members signed up for the Dream Walk, which took participants past Independence Hall, The Liberty Bell and the National Constitution Center early Sunday morning before they returned to the hotel for a beverage from Starbucks®. PAPAN had the most walkers with 12, and NPANA raised the most funds, thanks in large part to Judy Evans, who won the Dream Walker of the Year for an historic tenth time.

## Development Celebration

The Development Celebration was held in the Marriott's ornate Liberty Ballroom, where attendees enjoyed a meal, music, and the opportunity to recognize their colleagues with *Hail, Honor,*

*Salute!* gifts. All Dream Walk winners were acknowledged, as were this year's 11 scholarship recipients. Laura Yontz was the Pat Hansen Memorial Scholarship honoree for scoring the highest number of points on her National Conference Attendance scholarship application.

## Silent Auction

Over 70 items were donated for the Silent Auction, which raised over \$4,100 in support of ASPAN. Thanks to everyone who contributed, and bid on the many items available this year.

## Component and Sponsor Support

Twenty-two components made gifts in support of this year's conference. We are happy to recognize each one, below. We also want to thank the many corporate sponsors that supported ASPAN this year.

Thank you to everyone for making this year's fundraising activities such a great success! 

**THANK  
YOU**

## Corporate Sponsors:

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(Bronze + Bingo)**

**Cumberland Pharmaceuticals  
(Bronze)**

**Eagle Pharmaceuticals  
(Bingo)**

**Evolution Medical Products (Bingo)**

**Hush Curtain (Bronze)**

**Mallinckrodt Pharmaceuticals (Platinum)**

**Masimo Corporation (Bronze)**

**Soothing Scents (Silver)**

**Stryker (Silver + Bingo)**

**Teleflex (Gold)**

**The Medicines Company (Bronze)**

## Component Supporters:

Chesapeake Bay Society of PeriAnesthesia Nurses

Connecticut Society of PeriAnesthesia Nurses

Florida Society of PeriAnesthesia Nurses

Georgia Association of PeriAnesthesia Nurses

Illinois Society of PeriAnesthesia Nurses

Indiana Society of PeriAnesthesia Nurses

Kentucky Society of PeriAnesthesia Nurses

Massachusetts Society of PeriAnesthesia Nurses

Michigan Association of PeriAnesthesia Nurses

Minnesota-Dakotas Society of PeriAnesthesia Nurses

Missouri-Kansas PeriAnesthesia Nurses Association

New Jersey/Bermuda PeriAnesthesia Nurses Association

New York State PeriAnesthesia Nurses Association

North Carolina Association of PeriAnesthesia Nurses

Northwest PeriAnesthesia Nurses Association

Ohio PeriAnesthesia Nurses Association

Pennsylvania Association of PeriAnesthesia Nurses

PeriAnesthesia Nurses Association of California

PeriAnesthesia Nurses Association of New Mexico

Rocky Mountain PeriAnesthesia Nurses Association

Texas Association of PeriAnesthesia Nurses

Vermont/New Hampshire Association of PeriAnesthesia Nurses



**A**SPAN's Legacy for Life program began at the 2013 National Conference. This program fosters significant, enduring support for the preservation of the Society. All of your *Hail, Honor, Salute!* gifts are counted towards this program! People who reach the momentous level of \$5,000 of support—and components that reach \$10,000 of support—are then officially named as permanent members of Legacy for Life. The benefits of membership are extensive and explained in the Legacy for Life brochure. [Click here](#) for more information. 

## Development Events



► The Dream Walk took participants past Independence Hall



► Attendees visit with one of the vendors in the Exhibit Hall

► The Exhibit Hall is a popular place to view new products



▼ The Development Celebration was held in the Marriott's ornate Liberty Ballroom



► Guests enjoying themselves at the Development Reception



▼ Who doesn't like to shop? The Silent Auction is always a popular stop



► Judy Evans (left), receives the Dream Walker of the Year award for an historic tenth time from Karen Flanagan



## ASPAN Member-Get-A-Member Campaign January 1 – December 31, 2016

You still have nearly half a year to participate in ASPAN's Member-Get-A Member campaign. Invite your colleagues to join ASPAN today, and a variety of great awards are available for members who participate. You can obtain free promotional materials and membership applications by contacting ASPAN's National Office toll free at 877-737-9696 or emailing: [dhanisch@aspans.org](mailto:dhanisch@aspans.org). Request as many copies as you like, and be sure to place your name as the recruiting member on each application you distribute. [Click here](#) to learn more about the campaign.

# Military and International Reception

The Military and International Reception is held to honor those members in the military, and those attending the National Conference from abroad.

Twenty-nine attendees included five military attendees from the Air Force, Army and Navy. International attendees were from IARNA (Ireland) and the United Arab Emirates (an American nurse working in the UAE). International members were also present at the conference from Australia, but were manning their booth in the Exhibit Hall.

Organizational leaders also attended the reception, including 19 ASPAN leaders and two ABPANC Board members.



▲ Military and International attendees had an opportunity to network with ASPAN leaders



▲ Jennie Allen, (left) talks with an international attendee



▲ Amy Dooley (left) shares some social time with a guest at the Military and International Reception



## President's Reception

► Family and friends of Armi (back center) gather for a photo

► Armi (far right) shares special moments with guests at the President's Reception



▼ The dancing got everyone into a great mood



▼ Time for this group to make some noise!



# ASPN 2016 National Conference EBP/Research Poster Winners

## Research Posters



### FIRST PLACE

#### Does Site Matter? Comparing Patient Comfort and Accuracy of Blood Glucose Samples Taken From the Finger and Palm of Adult Diabetic Patients in the Preoperative Setting

Paula Schenck, RN

Clara Winfield, BSN, RN, CAPA

Lisa Farmer, BSN, RN, CAPA

David Pollak, RN

Patricia Finneran, BSN, RN

Paige Nealy, RN

Cynthia McCaskill, BSN, RN, CAPA

*University of Virginia Health System, Charlottesville, VA*



### SECOND PLACE

#### Early Oral Pain Medications and the Effects on Length of Stay

Dana Raines, MSN, RN, CAPA

Vallire Hooper, PhD, RN, CPAN, FAAN

*Mission Health, Asheville, NC*



### THIRD PLACE (TIE)

#### A Multidisciplinary Evidence-Based Practice Protocol to Reduce Postoperative Nausea in the Bariatric Surgery Patient

Andrea Mason, MSN, RN, CNS

Trisha Arellano, BSN, RN

Danya Egger, BSN, RN

Michelle Giralao, BSN, RN

Stephanie Keeth, MSN, RN, ACNP-BC, CNS

Maureen Macatula, BSN, RN

Amelia Tiefenthaler, BSN, RN

*Loma Linda University Medical Center, Loma Linda, CA*

### THIRD PLACE (TIE)

#### The Effect of Essential Oils on Perceived Stress of Nursing Staff in the Holding Room

Juli Reynolds, BSN, RN

*Vanderbilt University Medical Center, Nashville, TN*

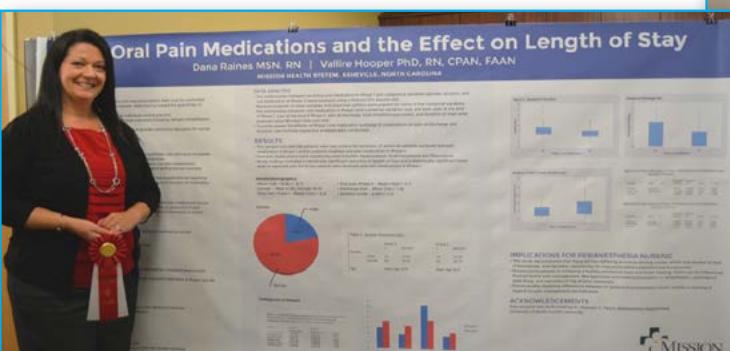
### PEOPLE'S CHOICE

#### A Time to Teach: Would Giving Discharge Instructions Preoperatively Improve Patient Satisfaction in Outpatient Surgery?

Jennifer Rice, BSN, RN, CPAN, CAPA

*Medical Center of Lewisville, Lewisville, TX*

▼ Second Place poster with one of the team members, Dana Raines



▲ First Place poster with David Pollak, Clara Winfield, and Patricia Finneran, three of the seven team members.

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# Where Have These Drugs Been?

Donna Casey, MSN, RN, CPAN – ASPAN Safety SWT Coordinator



**Donna Casey**  
MSN, RN, CPAN  
ASPART Safety  
SWT Coordinator

**W**hen a patient brings his or her medicines to the preadmission test and treat visit, do you ever wonder where the medications originated? Some patients bring the medicines in properly labeled bottles with the date filled, what pharmacy and the name of the pharmacist. As a nurse, you can feel fairly confident about the integrity of the drugs when performing medication reconciliation. Or can you? Do you know how the drugs were stored? And, how many times have you had a patient bring in his or her pill organizer with a capsule or tablet that you can't find in your facility's formulary or even the *Physician's Desk Reference*? This prescription may have been ordered on the Internet from a foreign country. There are many Web sites that operate legally and offer convenience, privacy and safeguards for ordering medicines. But there are also many "rogue websites" that sell unapproved drugs, drugs that contain the wrong active ingredient, or drugs that contain dangerous ingredients.

Because of the potential dangers of obtaining drugs from a company that is not trustworthy, the Drug Supply Chain Security Act (DSCSA) was signed into law in 2013. This new law outlines critical steps to build an electronic, interoperable system to identify and trace certain prescription drugs as they are distributed in the United States. This new system will enhance the U.S. Food and Drug Administration's ability to help protect U.S. consumers by improving detection and removal of potentially dangerous products from the pharmaceutical distribution supply chain.<sup>1</sup>

The law requires the Food and Drug Administration to develop standards and guidance programs and other efforts necessary to support efficient and effective implementation within ten years, which will be 2024. After enactment, the system will facilitate the exchange of information at the individual package level about where a drug has been in the supply chain. The new system will:

- Enable verification of the legitimacy of the drug product identifier down to the package level
- Enhance detection and notification of illegitimate products in the drug supply chain
- Facilitate more efficient recall of drug products

Drug manufacturers, wholesale drug distributors, repackagers, and many dispensers (primarily pharmacies) will be called on to work in cooperation with FDA to develop the new system over the next 10 years. Failure to comply with the law can result in hefty penalties.<sup>2</sup>

The Joint Commission addresses the issues involving patients' medications in standard MM.03.01.05, which states: "The hospital safely controls medications brought into the hospital by patients, their families, or licensed independent practitioners." When you combine this standard with the Drug Supply Chain Security Act, as well as patients who have Medicare and are told to bring their medicines to the hospital, what is a healthcare facility to do? Discussions among hospital administration, pharmacists and nursing leaders are taking place all over the country in an effort to come up with a solution to the dilemma of home medications. Employing proactive strategies to address situations in which patients may safely bring their own medicines will be vital during the implementation of DSCSA.

## REFERENCES

1. Drug Supply Chain Security Act (DSCSA) Resource Center. American Society of Health-System Pharmacists Available at: <http://www.ashp.org/DSCSA>. Accessed April 30, 2016.
2. Drug Supply Chain Security Act (DSCSA) Available at: <http://www.fda.gov/Drugs/DrugSafety/DrugIntegrityandSupplyChainSecurity/DrugSupplyChainSecurityAct>. Accessed April 30, 2016. 



# Clinical Practice Hot Topic: Minimize Your Risk for Liability in the PACU

Staci Orbell, MSN, RN, CPAN – Clinical Practice Committee member

*The Clinical Practice Committee receives many questions via the ASPAN Web site each month. Committee members then research the answer and respond to the query. This is a frequently asked question about how to decrease your risk when documenting in an electronic medical record (EMR).*

**Q.** *What can I do to diminish my risk for liability when using an electronic medical record (EMR) to assist in delivery of patient care?*

**A.** As EMRs continue to evolve with improvements in technology and other changing regulations, liability issues remain constant. Perianesthesia nurses should continually work to diminish their risk for liability in patient care related to the use of EMRs. In the last *Breathline* issue, the question, “Should the postanesthesia nurse initiate postoperative orders written for inpatient units?” was addressed. In this month’s article, other key considerations of diminishing liability related to EMR usage are discussed.

## Confidentiality and Privacy

Regardless of providing physical care to a patient or reviewing his/her EMR, perianesthesia nurses have an ethical responsibility to maintain and protect patient confidentiality and privacy.<sup>1</sup> This includes:

- Protecting your passwords
- Access information only on a need-to-know basis. EMRs have made it easier than ever to access patient information. Verify you are accessing the correct patient’s record and ensure you have authorization to do so to avoid breaches in confidentiality and privacy
- Be mindful of your surroundings and who is able to view your computer screen<sup>2,3</sup>
- Know your resources. When questions about practices in maintaining confidentiality, privacy, and compliance in regulations occur, use experts in your institution to assist in establishing best practices for quality, safety, and ethical use of an EMR system.<sup>1</sup> Key contacts include individuals in your institution’s clinical informatics department, risk management department and corporate compliance program

## Downtime Procedures

Technology has arguably made nursing documentation simultaneously easier and more difficult for a variety of reasons. If an EMR system experiences a glitch, will you know what to do? Will patient care be compromised? Regardless of the method of documentation, care of the

perianesthesia patient and elements of assessment and documentation should never be compromised. Here are a few tips to minimize liability and ensure patient care is not compromised when you hear the dreaded words, “The system is down.”

- Know your organization’s defined procedures for downtime and where to find this information if you have a question
- As documentation elements are updated in the EMR, don’t forget to review your downtime forms to ensure they also reflect current practice
- Establish a set location for downtime forms, procedures, and other information within the unit. Being prepared ahead of time will make downtime seem more manageable<sup>4</sup>
- Proactively orient staff to downtime procedures
- Finally, don’t panic. Although EMRs have made coordination and communication of patient care activities easier overall, they should never replace your critical thinking and nursing judgment

## Summary

Adapting to change in managing patient information presents potential liabilities for perianesthesia nurses. When using an EMR, be mindful of your actions when accessing patient information. Keep privacy and confidentiality at the forefront of patient care. Finally, establish proactive practices for handling EMR system downtimes to decrease the risk of liability.

## REFERENCES

1. American Society of PeriAnesthesia Nurses. *2015-2017 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*. Cherry Hill, NJ: ASPAN; 2014.
2. Schick L and Windle P. *PeriAnesthesia Nursing Core Curriculum: Preprocedure, Phase I, and Phase II PACU Nursing*, 2nd Ed. St. Louis, MO: Saunders Elsevier; 2010.
3. Clifford T. Documentation Tips. *J Perianesth Nurs*. 2015;30(5):360-362.
4. ASPAN Electronic Documentation Strategic Work Team. *ASPA Clinical Information System (CIS) Implementation Resource Manual*. American Society of Perianesthesia Nurses; 2014. Available at: [http://www.aspan.org/Portals/6/docs/Electronic%20Documentation/2014\\_Electronic\\_Doc\\_Resource\\_v6.pdf](http://www.aspan.org/Portals/6/docs/Electronic%20Documentation/2014_Electronic_Doc_Resource_v6.pdf). Accessed February 4, 2016.

## Clinical Practice



**Staci Orbell**  
MSN, RN, CPAN  
Clinical Practice  
Committee member

# Board of Directors and Representative Assembly Highlights

April 9-15, 2016 in Philadelphia, Pennsylvania

Terri Passig, BSN, RN, CPAN, CAPA, CCRN – ASPAN Secretary 2014-2016

Valerie Watkins, BSN, RN, CAPA – ASPAN Secretary 2016-2018

## Board of Directors

Philadelphia served as a wonderful location for the 35th ASPAN National Conference. Highlights of the preconference ASPAN Board of Directors' meeting included President Armi Holcomb's review of ASPAN activities and accomplishments during the past year. As of April 2016, ASPAN membership totaled 15,186. Of note, during the past year, was the completion of the revised *2015 Redi-Ref for Perianesthesia Practices*, and the newly created *Competency Based Orientation and Credentialing Program for the Registered Nurse Caring for the Pediatric Patient in the Perianesthesia Setting*, both of which are available for purchase. A medical librarian was secured to further provide support for ASPAN research endeavors. ASPAN's Strategic Plan was reviewed and revised in November 2015; core values were redefined using the acronym P.R.I.D.E. – Passion, Respect, Integrity, Diversity, Excellence.

- Director for Clinical Practice Susan Russell reported 983 clinical practice questions were answered by committee members this past year
- Linda Beagley, Director for Education, announced the creation of the Perianesthesia Certification Review On-Demand Module Bundle to be available in June 2016. The Education Provider Committee is exploring ways in which to decrease a number of seminar cancellations
- Director for Research Elizabeth Card reported a total of 26 research and evidence based posters were submitted this year. A poster evaluation form was shared and discussed as well as a procedure for a People's Choice Poster Award. A new policy will be developed for this award process
- The Board agreed to a proposal by Susan Russell for an additional member prerequisite for the Standards & Guidelines Strategic Work Team (SWT): must have previously served as a member of the Clinical Practice Committee or Evidence Based Practice SWT
- Vice President/President-Elect Katrina Bickerstaff reported that 8,962 people viewed the new mini-Breathline made available via the ASPAN Facebook page. ASPAN will continue to explore new options to provide information to members and the public



▲ Component representatives listen to the presentations at the RA in Philadelphia

- At the preconference Board meeting, then-Secretary Terri Passig presented an opportunity to partner with MHAUS. ASPAN and MHAUS would both denote the partnership on their respective websites. ASPAN members who choose to join MHAUS then qualify for reduced rate of \$20 and are entitled to all MHAUS products at a 30% discount. [Update: the Board voted in favor of this partnership post-conference. Details on member participation coming soon.]
- ASPAN endorsed the National Patient Safety Foundation's "Free from Harm" platform and joined with other organizations in support of the document

## Representative Assembly

Ninety-three duly credentialed representatives constituted the 2016 ASPAN Representative Assembly (RA). Three resolutions were approved, with one pending electronic vote within 30 days of the close of the Assembly.

- Resolution 2016-01: Approval of *A Position Statement on Acuity Based Staffing for Phase I*
- Resolution 2016-02: Approval of ASPAN's *2017-2018 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*
- Resolution 2016-03: Approval of *Revisions to ASPAN's Standard Procedures of the Representative Assembly*
- The fourth resolution, *A Position Statement on Air Quality and Occupational Hazard Exposure Prevention*, was scheduled to be sent to RA members as an electronic vote within 30 days of the close of the 2016 Assembly [Update: the RA voted in favor of this resolution.]



The ABPANC Exhibit Booth answered all those questions about certification and recertification



The ASPAN Shoppe....always a busy place



A group poses by the poster with the new ASPAN core values



The hosts and hostesses were welcome sights to guide us



Rich Bluni, RN, entertained and inspired as the opening speaker

## National Conference Collage



Component night saw many versions of Benjamin Franklin



Meet the Candidates was a place to get to know those running for office



Always new information to gather at the exhibits



New exhibitors, present this year, held attention of attendees



Component night, variety of costumes, always partying



Members of the Resource Development SWT greeted the early risers for the walk



Component Night photo op in front of Philly landmarks

Love Philly and  
Philly will Love You Back  
2016 ASPAN Component Night



It took some time to see the many great posters

## National Conference Collage



This group was having a great time



ABPANC members posed at the President's Reception



Another festive group at the President's Reception



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# CERTIFICATION

## 25 Components Receive the ABPANC 2016 Shining Star Award

The American Board of Perianesthesia Nursing Certification, Inc. (ABPANC) announced the recipients of its annual Shining Star Award at the ASPAN National Conference in Philadelphia. Twenty five components from across the country were recognized for their role in supporting and encouraging CPAN® and CAPA® certification.

### 2016 Shining Star Award recipients are:

Arizona – AzPANA  
California – PANAC  
Chesapeake Bay – CBSPAN  
Connecticut - CSPAN  
Florida – FLASPA  
Georgia - GAPAN  
Illinois – ILSPAN  
Indiana – INSPAN  
Kentucky - KSPAN  
Louisiana – LAPAN  
Maine – MESPAN  
Massachusetts – MASPA  
Michigan - MAPAN  
Minnesota-Dakota - MNDAKSPAN  
Missouri-Kansas – MOKAN PANA  
Nebraska – NAPAN  
New York – NYSPANA  
North Carolina – NCAPAN  
Northwest – NPANA  
Ohio - OPANA  
Pennsylvania – PAPAN  
South Carolina – SCAPAN  
Texas – TAPAN  
Vermont-New Hampshire – VT/NH APAN  
Wisconsin – WISPA

### 2016 ABPANC Advocacy Award Winner

Nancy Carr Atkinson, RN, CAPA

ABPANC announced the winner of its annual Advocacy Award for promoting excellence in perianesthesia nursing at the CPAN®/CAPA® Celebration Luncheon at ASPAN's National Conference in Philadelphia. Nancy Carr Atkinson, RN, CAPA, is the 2016 Advocacy Award winner. She works at St. Elizabeth Healthcare in the outpatient surgery center, in Edgewood, Kentucky.

Nancy was selected from many qualified nominations because of her consistent contributions above and beyond normal job responsibilities that directly impact the quality of patient care. Nancy received a beautiful Lladro Statue of a nurse, framed certificate, and a scholarship to cover her next recertification fee.

ABPANC also awarded Nancy's unit with a check for \$350 to be used for certification fees, continuing education, books or study guides. Nancy Maushart, RN, CPAN, CAPA, nominated Nancy for the award and received a \$100 cash award.

### ABPANC Board Election Results

The following ABPANC Board Members were re-elected for a second term:

- Celeste Jones, BSN, RN, MHA, MBA, CAPA, FACHE, Houston, TX
- Stuart Smith, BS, SPHR, Public Member, Fort Lauderdale, FL
- Cidalia Vital, MS, RN, CNL, CPAN, Ludlow, MA

#### Elected as ABPANC's President-Elect:

- Vicki Yfantis, MSN, RN, CRNP, CPAN, Olney, MD

#### Newly elected Board Member:

- Jennifer Rice, BSN, RN, CPAN, CAPA, Little Elm, TX

#### Newly elected ECC Co-Chair:

- Kathleen Lombardo, MS, RN, AOCNS, CAPA, New York, NY

## Contact ABPANC

475 Riverside Drive, 6th Floor, New York, NY 10115-0089  
Phone: 800-6ABPANC Fax: 212-367-4256

Email: [abpanc@proexam.org](mailto:abpanc@proexam.org)  
Web site: [www.cpancapa.org](http://www.cpancapa.org)



▼ Component representatives accepted their 2016 Shining Star Awards at the CPAN / CAPA Celebration Luncheon in Philadelphia.

## ASPAN Board of Directors 2016-2017



### ASPAN President

#### **Katrina Bickerstaff, BSN, RN, CPAN, CAPA**

Katrina has over thirty years of perianesthesia experience as a staff nurse in all phases of care. Currently, she serves as lead RN in the extended recovery unit at Brigham and Women's Hospital, Boston, Massachusetts. Katrina completed her ASPAN vice president/president-elect term, two terms as ASPAN treasurer, one term as Region Four director, and was a member of the Nominating Committee. Katrina remains committed to her home component, MASPAN, where she has held many leadership positions, including president from 2003-2005. Katrina has provided numerous perianesthesia lectures and poster presentations for the components, ASPAN and other nursing organizations. Katrina's aspiration is to energize all generations of nurses to reach their professional dreams and goals.



### ASPAN Vice President/President-Elect

#### **Susan Russell, BSN, RN, JD, CPAN, CAPA**

A charter member of ASPAN, Susan is the perianesthesia educator at St. David's Medical Center in Austin, Texas. In 2000, she earned her CPAN and CAPA certifications. Susan has been a RN for 39 years and a perianesthesia nurse for 27 years. She is ASPAN's current vice president/president-elect. She served as the ASPAN Director for Clinical Practice from 2012-2016. Susan is also a licensed attorney in Texas.

### ASPAN Secretary

#### **Valerie Watkins, BSN, RN, CAPA**

Valerie works at the University of Colorado Hospital in both the ambulatory surgery pre/post area and PAT clinic. Actively involved in ASPAN and RMPANA for the past 24 years, she has served on various committees.

Valerie has given several presentations, served as coordinator of the Pre-operative Assessment SPG and written about perianesthesia practice for publication.



### ASPAN Treasurer

#### **Deborah Bickford, BSN, RN, CPAN**

Debbie works as a staff nurse in the PACU at Torrance Memorial Medical Center, Torrance, California. Prior to becoming ASPAN Treasurer, she served as ASPAN Regional Director, Region One for two terms. She has been a member of several of ASPAN's Strategic Work Teams (SWTs), including Finance, Membership/Marketing, Education Approver, Standards/Guidelines, Strategic Planning and Government Affairs. She has served on the American Board of Perianesthesia Nursing Certification, including a term as president. Debbie is active in her component of PANAC.



**AS PAN Immediate Past President****Armi Holcomb, BSN, RN, CPAN**

Armi is a SDS/PACU Staff Nurse II at Children's Mercy Hospital- Kansas. Armi just completed her term as the ASPAN president. She served as the ASPAN Regional Director for Region 2 for two terms prior to becoming Vice President/President-Elect. She has been a team leader for the Clinical Practice Committee and the Standards and Guidelines SWT, and a member of the Leadership Development Committee, Membership/Marketing SWT and Strategic Planning SWT.

**AS PAN Regional Director, Region 1****Regina Hoefner-Notz, MS, RN, CPAN, CPN**

Regina has spent the past 35 years caring for pediatric patients in multiple settings: PICU/CICU, and as a pediatric hospice/homecare nurse when she lived in Massachusetts. She moved to Children's Hospital Colorado and Phase I PACU in 2000, and never looked back. She is actively involved in her home component of RMPANA. Within ASPAN, she is on the Clinical Practice Committee, Standards & Guidelines SWT, and was the editor of ASPAN's recently published *A Competency Based Orientation and Credentialing Program for the Registered Nurse Caring for the Pediatric Patient in the Perianesthesia Setting*.

**AS PAN Regional Director, Region 2****Jennifer Kilgore, BSN, RN, CPAN**

As a perianesthesia nurse at Singing River Hospital in Pascagoula, Mississippi, Jennifer has been at the bedside for fifteen years. She graduated in 1996 with her ADN and completed her BSN at the University of Southern Mississippi. As a member of ASPAN, she participates on the Education Approver and has served on Governmental Affairs committee. Jennifer enjoys being involved in her state component MSPAN, serving as membership chair, Web site designer and as a board member.

**AS PAN Regional Director, Region 3****Sylvia Baker, MSN, RN, CPAN**

Sylvia began her nursing career in 1977 and has worked in perianesthesia since 1987, becoming certified in 1991. She has cared for a full complement of patients, enjoying the diversity of this patient population. Sylvia has served on multiple committees and SWTs within ASPAN and her home component of ILSPAN. Currently, she works per diem in her local PACU, and full-time as a clinical education specialist in Rockford, Illinois. She is beginning her second year in the position of Regional Director, Region 3.

**AS PAN Regional Director, Region 4****Amy Dooley, MS, RN, CPAN**

Amy was just re-elected to the ASPAN Board of Directors as Region 4 Director. Amy has worked within the perianesthesia arena for over thirty years as a bedside nurse. Her committee work within ASPAN includes the Research Committee, Evidence Based Practice Strategic Work Team (SWT) and Strategic Planning SWT. Amy presents at the component, state, national and international level. Within her home component VT/NH she has served as president and many other board positions. Amy is a member of the American Nurses Association, New Hampshire Nurses Association, Sigma Theta Tau, International and the National League for Nursing. Amy also works as a clinical professor at St. Anselm College.

## Board of Directors



### ASPAN Regional Director, Region 5

#### Kim Godfrey, BSN, RN, CPAN

Kim has been the clinical specialty coordinator of PAT/Pre-op/PACU at St. Vincent's Clay County Hospital in Florida since its opening in October, 2013. Prior to this, Kim was the clinical specialty coordinator of HA/PACU at St. Vincent's Riverside. Kim has 14 years' experience in perianesthesia nursing. She has served as a member of several ASPAN committees and strategic work teams, including National Conference, Safety, Publications, Membership/Marketing, Resource Development and Evidenced Based Practice. Kim is active in her component, FLASPAN, and has served as president, membership chair, and has been on the seminar planning committee. In her local district, JASPAN, Kim is currently treasurer and has served two terms as president.

### ASPAN Director for Clinical Practice

#### Diane Swintek, MSN, RN, CPAN

Diane has been a RN for 35 years. She is currently a staff nurse in Phase 1 PACU. Her previous work experience includes ICU, ER, and GYN Oncology.

She has been certified since 2004. Diane has been on the Clinical Practice Committee for a number of years, and a team leader for the past several years.

She is a member of the EBP SWT and is also the immediate past coordinator for the Membership/Marketing SWT. Diane has membership in ASPAN, CBSPAN, ANA, MNA, and AACN. She is a member of the Nursing Peer Review Council at Medstar Franklin Square Medical Center in Maryland.



### ASPAN Director for Education

#### Linda Beagley, MS, BSN, RN, CPAN

Linda has been in perianesthesia nursing for 34 years, and is currently working as a clinical nurse educator. Her involvement in ASPAN includes the Clinical Practice, Standards and Guidelines, and Education Provider. Linda is active in her home component, ILSPAN, having served in many roles, and is currently on the publications committee. Linda has written for the Safety column of *Breathline*, was co-editor of the 2010 *Redi-Ref*, and 2014 ASPAN's *A Competency Based Orientation and Credentialing Program for the Registered Nurse in the Perianesthesia Setting*. She has been a speaker at ASPAN national conferences and ILSPAN conferences.



### ASPAN Director for Research

#### Elizabeth Card, MSN, APRN, FNP-BC, CPAN, CCRP

Elizabeth has been a practicing RN since 1990, and a family nurse practitioner since 2013. She has over 15 years of perianesthesia experience. She is an experienced investigator with a passion for nursing research. She is a nursing research consultant at Vanderbilt University Medical Center, assisting nurses with design, analysis and dissemination. Elizabeth is an experienced researcher for ASPAN's conference abstracts, a recipient of an ASPAN research grant, and has written for the *TSPAN Eyeopener*, *ASPAN Breathline*, *British Journal of Anesthesia*, *MedSurg Nursing*, and *Nursing Management*. She is currently a Joanna Briggs Institute reviewer.



Jacque Crosson,  
MSN, RN, CPAN



Terri Passig, BSN, RN,  
CCRN, CPAN, CAPA

**ASPAN expresses its gratitude to these outgoing Board of Director members for their years of dedicated service:**

# Component Education Programs

**October 7-9, 2016** The Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) will hold its 18th annual Retreat in the Rockies at Snow Mountain Ranch outside of Winter Park, Colorado. For more information, please contact Sandy Olson at [skolson9@yahoo.com](mailto:skolson9@yahoo.com) or visit [www.rmpana.org](http://www.rmpana.org).

**October 8, 2016** The Illinois Society of PeriAnesthesia Nurses (ILSPAN) will hold its fall conference at Southern Illinois University at Edwardsville, Morris University Center in Edwardsville, Illinois. For more information, please contact Jamie Danks at [jkd8297@bjc.org](mailto:jkd8297@bjc.org) or at 314-454-2963.

**October 15, 2016** The Iowa Society of PeriAnesthesia Nurses (ISPAN) will hold its fall conference at Mercy Medical Center in Sioux City, Iowa. Featured speakers will be Kim Noble, Katrina Bickerstaff and Jennifer Kilgore. For more information, please contact Holly Meis at [hmeis44@gmail.com](mailto:hmeis44@gmail.com).

**October 22, 2016** The Vermont/New Hampshire Association of PeriAnesthesia Nurses (VT/NH APAN) will hold its fall conference in conjunction with an ASPAN Seminar. The title is "Pain Management in the Perianesthesia and Critical Care Settings" and the featured speaker is Terry Clifford. For more information, please visit the ASPAN Web site.

**October 28-30, 2016** The Florida Society of PeriAnesthesia Nurses (FLASPAN) will hold its 47th annual conference at the Wyndham Resort in Lake Buena Vista, Florida. For more information, please contact Kathi Saball at [kmsaball51@gmail.com](mailto:kmsaball51@gmail.com), by phone at 508-826-4479 or at [www.flaspan.com](http://www.flaspan.com). 



## webcasts AND seminars



### LIVE IN-PERSON SEMINARS

#### FOUNDATIONS OF PERIANESTHESIA PRACTICE

August 13, 2016  
Richmond, VA

August 27, 2016  
San Francisco, CA

September 10, 2016  
Tampa, FL

#### PAIN MANAGEMENT IN THE PERIANESTHESIA AND CRITICAL CARE SETTINGS

October 1, 2016  
Binghamton, NY

October 22, 2016  
Bedford, NH

#### PEDIATRICS: BEYOND THE BASICS

August 13, 2016  
Burlington, MA

#### PERIANESTHESIA CERTIFICATION REVIEW

August 20, 2016  
Wilmington, DE

August 20, 2016  
Kansas City, MO

#### PERIANESTHESIA CERTIFICATION REVIEW (CONT'D.)

September 10, 2016  
Fishkill, NY

September 24, 2016  
Oklahoma City, OK

#### PERIANESTHESIA PATHOPHYSIOLOGY AND ASSESSMENT: A SYSTEMS APPROACH

October 29, 2016  
Little Rock, AR

#### PERIANESTHESIA STANDARDS AND IMPLICATIONS FOR PRACTICE

November 12, 2016  
Phoenix, AZ

#### REFRESHING YOUR PERIANESTHESIA PRACTICE

August 21, 2016 SUNDAY  
Chattanooga, TN

#### SURROUNDING YOUR PRACTICE WITH EXCELLENCE: LEGALITIES, STANDARDS AND ADVOCACY

August 13, 2016  
Winfield, IL

October 29, 2016  
Fairfax, VA



**LIVE WEBCASTS – FULL-DAY PROGRAMS**

**FOUNDATIONS OF PERIANESTHESIA PRACTICE**  
November 26, 2016, SUNDAY

**PAIN MANAGEMENT IN THE PERIANESTHESIA AND CRITICAL CARE SETTINGS**  
August 13, 2016

**PEDIATRICS: BEYOND THE BASICS**  
October 22, 2016

**PEDIATRICS: LITTLE BODIES, BIG DIFFERENCES**  
September 10, 2016

**PERIANESTHESIA CERTIFICATION REVIEW**  
August 28, 2016 SUNDAY  
September 24, 2016  
October 29, 2016  
November 19, 2016

**PERIANESTHESIA PATHOPHYSIOLOGY AND ASSESSMENT: A SYSTEMS APPROACH**  
October 8, 2016

**PERIANESTHESIA STANDARDS AND IMPLICATIONS FOR PRACTICE**  
August 27, 2016

**REFRESHING YOUR PERIANESTHESIA PRACTICE**  
October 15, 2016

**SAFETY BEGINS WITH US**  
October 1, 2016

**SURROUNDING YOUR PRACTICE WITH EXCELLENCE: LEGALITIES, STANDARDS AND ADVOCACY**  
November 12, 2016

**LIVE WEBCASTS - HALF-DAY PROGRAMS**

**FOUNDATIONS OF PEDIATRIC PERIANESTHESIA CARE**  
November 5, 2016

**INFECTION CONTROL CHALLENGES: IMPLICATIONS FOR THE PERIANESTHESIA NURSE**  
August 6, 2016

**PERIANESTHESIA ESSENTIALS I**  
October 24, 2016 MONDAY

**PERIANESTHESIA ESSENTIALS II**  
October 23, 2016 SUNDAY

**PERIANESTHESIA ESSENTIALS III**  
October 23, 2016 SUNDAY

**PERIANESTHESIA ESSENTIALS IV**  
November 13, 2016 SUNDAY

**PERIANESTHESIA ESSENTIALS V**  
August 20, 2016  
November 13, 2016, SUNDAY

**PERIANESTHESIA FOUNDATION**  
October 2, 2016 SUNDAY