



Breathline

Volume 37, Issue 4

July/August 2017

INSIDE:

PRESIDENT'S MESSAGE:

Detecting Greatness: The Proof is in Our Practice "I'M HERE."

Susan Russell, BSN, RN, JD, CPAN, CAPA – ASPAN President 2017-2018

Two months ago, the ASPAN family sat spellbound as Marcus Engel, the keynote speaker at ASPAN's 36th National Conference, stood before us explaining what compassionate care means to him, and what being truly present means to a patient. To Marcus, the simple words, "I'm here," spoken in the darkness and pain surrounding him, the gentle touch of a young woman's hand, assured him that he was not alone. At the age of 18, Marcus's life was irrevocably altered by a horrific car accident that shattered his face, mangled his body, and left him blind. He clung to the two words spoken by a caregiver he didn't know and couldn't see, "I'm here." In his book, *I'm Here: Compassionate Communication in Patient Care*, Marcus Engel says:

...Those two little words are a verbal embrace, a warm, safe place of protection for your patient...Those words...give an anchor of security and reassurance.¹

Nursing is a demanding profession. We must keep pace with a constantly shifting and uncertain healthcare environment as well as rapidly evolving technology. We are cognizant of legislative and regulatory actions which affect healthcare delivery and reimbursement. Traditional healthcare models no longer work with "pay for performance." We are constantly reminded to watch unit productivity, target and stop unnecessary waste, evaluate patient satisfaction scores based on an "always" or "never" scale, and strive to do more with diminishing resources. We live in a bean counter's world. Or do we?

Nurses assume that patients know our intention is to be kind, compassionate and caring. We are nurses because we care about **people** from all walks of life, and we want to be advocates for their care and safety. After all, nursing has ranked first among



Susan Russell
BSN, RN, JD, CPAN, CAPA
ASSPAN President 2017-2018

professions as the most ethical and honest for fifteen years in a row.² The science of nursing is advancing with research and evidence-based standards. Patient outcomes improve when we implement evidence-based nursing practices. But our patients need and deserve more from us. Historically, nursing is described as both an art and a science. In the immortal words of Florence Nightingale:

"Nursing is an art: and if it is to be made an art, it requires an exclusive devotion..."³

Why, then, are there days when we can't find the time to engage in the "art" of nursing? We are troubled and disappointed when patient satisfaction scores fall short of expectations. Low scores are a negative reflection, and a counterpoint on how our patients see us versus how we see ourselves in the role of caregiver. If meaningful patient communication is as simple as two words of reassurance and the gentle touch of a hand, isn't it time we rediscover the "art" of nursing? Even when patient turnover moves at the speed of light in the world of perianesthesia care, I have the time to let my patients know "I'm here." Right here. For each one of them. 

REFERENCES

1. Engel M. *I'm Here: Compassionate Communication in Patient Care*. Kindle e-book, 2010.
2. American Nurses Association. Nurses Rank #1 Most Trusted Profession for 15th Year in a Row. Press Release, Dec 19, 2016. Available at: <http://www.nursingworld.org/Functional-MenuCategories/MediaResources/PressReleases/Nurses-Rank-1-Most-Trusted-Profession-2.pdf>. Accessed July 24, 2017.
3. Today in Science. Florence Nightingale Quotes. Available at: https://todayinsci.com/N/Nightingale_Florence/NightingaleFlorence-Quotations.htm. Accessed May 6, 2017.



Leadership Development Institute

September 15-17, 2017 · Kansas City, Missouri



The 2017 ASPAN Leadership Development Institute is about growing and building your component. One of the featured presentations takes a peek at Gold Leaf strategies and winning ideas with Rosemary Durning, ASPAN Membership/Marketing SWT Coordinator. ASPAN's certified meeting planner, Courtney Papp, brings us tips and tricks for conference planning. ASPAN's Director for Education, Linda Beagley, presents ASPAN education products that give your component options and alternatives for bringing the latest in education to less accessible geographic areas which may not qualify for live ASPAN presentations. ASPAN Treasurer Deborah Bickford and ASPAN CEO Kevin Dill are ready to assist components with advice on financial planning and budget preparation. Immediate Past President Katrina Bickerstaff and her Nominating Committee members will be making a final push for candidates for the 2018 ASPAN elections. Don't miss out! Come to Kansas City, Missouri. Let's network, brainstorm and share those great ideas!

[Click here](#) for registration information and schedule of events.



Kansas City Skyline

CALL FOR NOMINATIONS!

Katrina Bickerstaff, BSN, RN, CPAN, CAPA
ASPAN Immediate Past President and Nominating Committee Chair

A LEADER IS ONE WHO KNOWS THE WAY, AND SHOWS THE WAY.¹

Take the opportunity to become more involved in ASPAN! ASPAN is seeking visionary leaders ready to collaborate with colleagues in advancing the unique specialty of peri-anesthesia nursing practice. Be the one to show the way and demonstrate your excellence in practice and leadership.

Qualified and eligible candidates are needed for the 2018-2019 ASPAN Board of Directors positions:

- Vice President/President-Elect (three-year term)
- Secretary (two-year term)
- Director for Clinical Practice (two-year term)
- Regional Director, Region 2 (two-year term)
- Regional Director, Region 4 (two-year term)
- Nominating Committee (one-year term) (five members)

To be considered for a leadership position:

- Declare your candidacy as soon as possible via email to kbickerstaff@aspn.org
- An Intent to Place Name in Nomination Form and Conflict of Interest Form must be signed electronically and emailed with a date stamp no later than October 1, 2017. Late submissions will be returned
 - An ASPAN Candidate Profile Sheet and Curriculum Vitae must be submitted electronically with a date stamp no later than October 1, 2017. HARD COPIES and FAXES will NOT be accepted

For more information visit the ASPAN Web site, or contact Katrina Bickerstaff via email at kbickerstaff@aspn.org or by telephone 774-313-7000.

The deadline to declare a candidacy is October 1, 2017.

ASPAN® Breathline

Published by the American Society of PeriAnesthesia Nurses™

Indexed in the Cumulative Index to Nursing Allied Health Literature (CINAHL)

Address changes and administrative correspondence to:

ASPAN
 90 Frontage Road
 Cherry Hill, NJ 08034-1424
 877-737-9696
 Fax: 856-616-9601
[aspn@aspn.org](http://aspn.org)
www.aspnn.org

2017-2018 BOARD OF DIRECTORS

PRESIDENT
 Susan Russell (TX)

VICE PRESIDENT/PRESIDENT-ELECT
 Regina Hoefner-Notz (CO)

SECRETARY
 Valerie Watkins (CO)

TREASURER
 Deborah Bickford (CA)

IMMEDIATE PAST PRESIDENT
 Katrina Bickerstaff (MA)
 REGIONAL DIRECTORS

Region 1 – Shay Glevy (CA)
 Region 2 – Jennifer Kilgore (MS)
 Region 3 – Sylvia Baker (IL)
 Region 4 – Amy Dooley (NH)

Region 5 – Kimberly Godfrey (FL)
 DIRECTOR FOR EDUCATION
 Linda Beagley (IL)

DIRECTOR FOR CLINICAL PRACTICE
 Diane Swintek (MD)

DIRECTOR FOR RESEARCH
 Elizabeth Card (TN)

ABPANC PRESIDENT (EX-OFFICIO)
 Vicki Yfantis (MD)

ASPAN CHIEF EXECUTIVE OFFICER
 (EX-OFFICIO)
 Kevin Dill (NJ)

BREATHLINE EDITORIAL STAFF

EDITOR
 Barbara Godden (CO)

NATIONAL OFFICE
 Jane Certo (NJ)

PUBLICATIONS SWT COORDINATOR

Susan Norris (TX)

CONTRIBUTORS
 Rose Durning (OH)
 Arni Holcomb (KS)
 Vallire Hooper (NC)

Editorial Comments or
 Letters to the Editor to:
 Barbara Godden
 9320 Erminedale Drive
 Lone Tree, CO 80124
bgodden@aspn.org

Deadlines for inclusion in *Breathline*:
 IssueDeadline
 JanuaryNovember 1
 MarchJanuary 1
 MayMarch 1
 JulyMay 1
 SeptemberJuly 1
 NovemberSeptember 1

1. John Maxwell Brainy Quotes. Available at: <https://www.brainyquote.com/quotes/quotes/j/johnmaxw383606.html>. Accessed May 8, 2017.

Willingness to Participate

Regina Hoefner-Notz, MS, RN, CPAN, CPN – ASPAN Vice President/President-Elect 2017-2018

ASPA News

Greetings, colleagues! Summer is a great time of year for relaxation, reflection and rekindling of relationships so important for a healthy work/life balance. As perianesthesia nurses, we are often so busy caring for others that we do not always take time to care for ourselves. A great way to regenerate personally is to participate in your professional organization. The collaboration, networking and relationships you develop, both close to home and nationally, elevate practice and allow for continued growth in our specialty.

ASPA has many opportunities for you. Participation in ASPAN national committees and strategic work teams provide the platform to increase knowledge while developing a professional network. Take a moment to visit the ASPAN Web site and complete a Willingness to Participate form. There are so many choices and something for all practice settings.

The deadline to sign up is **October 31, 2017**. 

Start Planning to Showcase Your Accomplishments with Abstracts and Posters for the 2018 National Conference in Anaheim!

Celebrate Successful Practices abstracts are due by **October 31, 2017**. Categories include patient care, staff education, nursing leadership, preadmit/preop, patient flow, hand-off communication and documentation, and unit/environment activities. Research abstracts are also due **October 31, 2017**. Start planning now to showcase your accomplishments! Visit the ASPAN Web site for more information.



Consider Nominating Someone for an ASPAN Award for 2018!

Excellence in Clinical Practice

Do you know someone who is a recognized expert in clinical nursing practice, or participates actively in nursing programs, committees or projects resulting in contributions to perianesthesia nursing? If so, consider nominating them for ASPAN's prestigious Excellence in Clinical Practice Award. The deadline to do so is November 30, 2017. Please visit the ASPAN Web site under Members>Awards for more information.

Award for Outstanding Achievement

Do you know someone whose dedication to excellence has furthered the art and science of perianesthesia nursing? If so, consider nominating them for ASPAN's prestigious Award for Outstanding Achievement. The deadline to do so is November 30, 2017. Please visit the ASPAN Web site under Members>Awards for more information.

Above and Beyond Service Recognition

The ASPAN Above and Beyond Service Recognition Awards are given to individuals in recognition of exemplary service to ASPAN and/or their component. Please visit the ASPAN Web site under Members>Awards for more information on how to nominate a deserving colleague for a 2017 Above and Beyond Service Award. The deadline to do so is January 10, 2018.

Gold Leaf Component of the Year Award

The deadline for the Gold Leaf Component of the Year Award submission is February 1, 2018! Components competing for the Gold Leaf Award must submit their applications to the ASPAN National Office by February 1. The award reflects the activity of your component from January 1, 2017 through December 31, 2017. The Membership/Marketing Strategic Work Team is looking forward to reviewing the applications from the components, and announcing the winner at the national conference in Anaheim. Please visit the ASPAN Web site under Members>Awards for more information. 

Volume 37, Number 4
July/August 2017

CONGRATULATIONS!

Award for Outstanding Achievement Nominees

Joni Brady DNP RN CAPA
Kim Noble PhD RN ACCNS-AG CPAN
Ellen Poole PhD RN CPAN CNE
Lisa Spragins RN CPAN CAPA

Excellence in Clinical Practice Award Nominees

Elizabeth Budig BSN RNC CPAN
Robell Calucag BSN RN CPAN
Virginia Farley ADN RN CPAN
Meredith Gutmann BSN BA RN CAPA
Jessica Herr BSN RN CPAN CAPA
Amy Pippin MSN RN CPAN
Sandra Price MS RN CAPA

Above and Beyond Service Recognition

Twenty-two names were placed in nomination. Congratulations to the ten ASPAN 2017 Above and Beyond Service Recognition recipients:

Jacque Crosson, AZPANA
Jennyfer Giffin, NJBPANA
Deanne Horter, MNDAKSPAN
Jennifer Kilgore, MSPAN
Dina Krenzischek, CBSPAN
Lauri Ledbeter, NPANA
Marlene Nahavandi, WISPAN
Jocelyn Rhodes, MOKANPANA
Melissa Schmidt, NPANA
Rose Ziffra, ILSPAN



CONGRATULATIONS TO THE NEW MEMBERS OF THE 2017-2018 NOMINATING COMMITTEE!

ASPN Awards



Alphonzo Baker
BSN, RN, CAPA



Amy Berardinelli
DNP, RN, CPAN



(Evelyn)
Chris Skinner
MSN, RN, CAPA



Rose Ziffra
MSN, RN,
CPAN, CAPA



Antoinette Zito
MSN, RN,
CPAN

THANK
YOU

Recruiter of the Year Award

Cynthia Galarpe, BSN, RN, from Spring Valley, California, member of PeriAnesthesia Nurses Association of California (PANAC), won the Recruiter of the Year Award for recruiting 10 new members to ASPAN and PANAC. It is because of efforts like Cynthia's that ASPAN remains a strong, thriving organization today. There is no secret to her success – just a passion for peri-anesthesia nursing and ASPAN. Congratulations, Cynthia!

For more information on ASPAN's annual recruitment campaign, and how you can participate to win some great prizes, [click here](#).

Congratulations to the 2017 National Conference Strategic Work Team (NCSWT) for Organizing an Awesome Conference!

NCSWT Coordinator: Kim Kraft

NCSWT Members:

Linda Beagley
Carol Matthews
Charlotte West
Katrina Bickerstaff
Deborah Bickford
Courtney Papp
Lori Silva

Grace Walke
Laura Kling
Susan Russell
Linda Wilson
Kevin Dill



▲ President Katrina Bickerstaff, left, thanks NCSWT Coordinator Kim Kraft for organizing a fantastic conference



▲ From left, Donna Ingram and Marie Gallagher, were two of several ASPAN National Office staff always ready to assist

"Thank You" to the ASPAN National Office Staff: Kevin, Courtney, Jane, Terry, Pam, Doug, Jean, Donna, Connie, Linda, Eileen, and Marie! Your hard work, dedication and attention to detail made the conference run smoothly, once again!

ASPAN President's Award

Kathleen Saball, MS, RN, CPAN, CAPA

The ASPAN President's Award is the highest honor bestowed on a member of our society by the ASPAN president. This award is given to an individual who has made an important contribution to the advancement of the nursing profession, and is also of particular support to the ASPAN president during the year of her term. Here is this year's presentation in Katrina Bickerstaff's own words:

"The ASPAN President's award goes to my very special friend Kathi Saball. I met her many years ago at our national conference in Boston where we were both hostesses at the door of the exhibit hall. I was active on the Massachusetts (MASPAN) Board of Directors at the time. I suggested to her that she should come and join us at a board meeting and that she would enjoy meeting the rest of the Board. Kathi did attend the next meeting, and from that point on she became very active on the board of directors. Kathi went on to hold many positions on the MASPAN Board of Directors, including president.

Her continued support for ASPAN, both at the state and national level, is special. Professionally, we had a great deal of fun staying involved within our component and ASPAN. We attended national conferences together, sat for the CAPA exam together in New Mexico, and even ran against each other for Region Four Director.

Kathi has been my go-to adviser and my biggest supporter for me becoming more involved nationally by convincing me to run for my past ASPAN Treasurer position, and then for Vice President/President-elect. Kathi still maintains her MASPAN membership and continues to be an active member of ASPAN, but life sent her down to Florida and now she belongs to them. Kathi now holds the treasurer position for her new home component of FLASPAN. This award could not have gone to anyone else. Thank you, my dear friend, Kathi Saball."



▲ From left, Kathi Saball accepts the President's Award from President Katrina Bickerstaff

Distinguished Service Award of the Past Presidents' Circle of Honor

Grace Walke, BSN, RN, CPAN

This award is given to an ASPAN member in recognition of his/her lifetime contributions that have a significant impact in fulfilling the core purpose of ASPAN. The Past Presidents' Distinguished Service Awardee for 2017 is Grace Walke from Indiana (INSPAN).

Grace is a current member of ASPAN and has been a member of both ASPAN and her home component since 1985. She has held multiple positions in her home component board of directors, including president, secretary and as a Representative Assembly delegate to ASPAN conferences, as well as co-editor of INSPAN's newsletter.

She mentors new component board members, serves as a resource, speaks out for her component and embraces change to better the organization. She has been a chapter reviewer for the *PeriAnesthesia Nursing Core Curriculum* texts, and has been certified as a CPAN since 1995.



▲ From left, Immediate Past President Armi Holcomb, presenting the Distinguished Service Award of the Past Presidents' Circle of Honor to Grace Walke

She supports ASPAN's core purpose and values by cultivating passion as a cheerleader of others in their accomplishments and goal setting; modeling respect with continual support of her component and ASPAN and being a spokesperson about the perianesthesia profession; building integrity with her teachings and caring for others; honoring diversity by recognizing all involved in her component and ASPAN; and upholding excellence by being that role model with her dedicated caring philosophy. She certainly embraces ASPAN's core purpose "to advance and promote the unique specialty of perianesthesia nursing."¹

Since joining ASPAN, she has participated on the following ASPAN committees: Educator Approver Committee team leader and Credentialing SWT member, serving as Credentialing SWT coordinator from 2011-2014. She volunteers at ASPAN National Conferences and, if not representing her component at the Representative Assembly, she is frequently serving as a volunteer during these sessions. She is currently serving on the Credentials SWT, Education Approver Committee, Governmental Affairs SWT, and the 2017 National Conference SWT.

On a personal note, she is known to have supported ASPAN leaders in many ways including welcoming them to her "bed and breakfast."

REFERENCE

1. ASPAN's Core Purpose. Available at: <http://www.aspans.org/About-Us/Core-Ideology>. Accessed July 24, 2017. 

Excellence in Clinical Practice Award Sandra Price, MS, RN, CAPA

The winner of the 2017 ASPAN Excellence in Clinical Practice Award is a recognized leader in her work facility and in her component, NYSPANA. Sandra Price, MS, RN, CAPA, is a tireless advocate for quality patient care and safety, which is evident in the many presentations she has given over the preceding five years. She has promoted evidence-based practice as the future of healthcare, and educated nurses to recognize that pain assessment is not just a number. Sandra was the prime motivator, and creator, of a cross-training program, an innovative staffing initiative, at her facility that improves efficiency, provides flexibility, and responds to workload imbalances to ensure nurse competence in delivering safe patient care. Her focus is always tuned to providing quality, safe patient care.

Sandra has been recognized by the University of Rochester Medical Center (URMC) with several 'Strong Stars' for exceptional patient care delivery, was inducted into Sigma Theta Tau Epsilon Xi chapter for her excellent academic performance, holds certifications for perianesthesia nursing (CAPA), EBP mentor, IVAD certified (expert in intravenous insertions) and was recognized by NYSPANA for her excellence in clinical practice. She is a most worthy recipient of this award. Congratulations, Sandra! 



▲ Sandra Price, MS, RN, CAPA

Award for Outstanding Achievement Kim Noble, PhD, RN, ACCNS-AG, CPAN

The Award for Outstanding Achievement was bestowed on Kim Noble, PhD, RN, ACCNS-AG, CPAN, from Ambler, Pennsylvania. She is a member of Pennsylvania Association of PeriAnesthesia Nurses (PAPAN). Her peers nominated her for this award in recognition of her distinctive contributions to nursing, perianesthesia practice and ASPAN.



◀ From left, President Katrina Bickerstaff, presenting the Outstanding Achievement Award to Kim Noble

Kim completed her Doctorate in Physiology in 2006. She is a certified clinical nurse specialist and an associate professor of physiology at Widener University. She has been an ASPAN member for many years, and since 2009 has assisted in providing education to the Standards & Guidelines SWT on incorporating research-based evidence into the ASPAN Standards. She has recently served as the ASPAN Director for Research, and is Chair of PAPAN'S Research Committee. She is an extremely active educator and has delivered 78 presentations over the last six years to local, state, regional, national and international meetings. In addition to numerous publications and book contributions, she is an abstract reviewer for The National Association of Clinical Nurse Specialists (NACNS) and the International Conference for PeriAnesthesia Nurses (ICPAN). She is on the Editorial Board of *JoPAN*. In addition to her professional responsibilities, she has volunteered her time and nursing expertise with Habitat for Humanity and the ROTC program for professional nurses. Congratulations, Kim, on this well-deserved recognition! 

Gold Leaf Component of the Year Award

Missouri-Kansas PeriAnesthesia Nurses Association (MOKAN PANA)

he Missouri-Kansas PeriAnesthesia Nurses Association (MOKAN PANA) is the winner of the Gold Leaf Component of the Year Award for 2016, announced at Opening Ceremonies in Indianapolis, Indiana. MOKAN PANA was one of sixteen components that applied for this coveted award. MOKAN PANA attributes its success to the strong team members of its component, working together throughout the year. They have encouraged advancement of education, as evidenced by the fact that 72% of their component nurses are certified. In addition, they provide financial assistance to the leaders on their board, along with scholarships to other members, for educational and clinical achievements.

MOKAN PANA uses its newsletter to communicate the component's goals and plans to members four times a year. They continue to recognize individual members' achievements, accomplishments and activities by various modalities such as newsletters, at general membership meetings, board meetings, and Facebook. Encouraging members to be active at the state and/or national level is successful, in that 7.6% of component members hold ASPAN committee positions.

These are a few of the reasons that MOKAN PANA stood out as the Gold Leaf winner. MOKAN PANA gives back to the community through its active presence within Harvesters Community Food Network to feed the hungry, Franciscan Mission Volunteer Service, Morrison House, The Leukemia and Lymphoma Society, and the Philippine Nurse Association sorting medical supplies to support medical missions. Congratulations to the Missouri-Kansas PeriAnesthesia Nurses Association for winning a well-deserved Gold Leaf Award for 2016! 



▲ From left, Rose Durning presents the Gold Leaf Award to members of MOKAN PANA, Cindy Ladner and Jo Rhodes

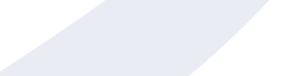
Newsletter Winners

Congratulations to the 2017 ASPAN Component Newsletter Contest Winners!

Newsletter Winners

PulseLine

**▲ 1-8 pages Award and
Peoples' Choice Award**
PulseLine
PeriAnesthesia Nurses
Association of California
(PANAC)
*Editor: Ronda Dyer, BSPA,
RN, CPAN, CAPA*

▼ 9-14 pages Award	
PAR Excellence	
Minnesota-Dakotas Society of PeriAnesthesia Nurses (MNDAKSPAN)	
<i>Editor: Robert Davidson, BSN, RN, CCRN, CPAN</i>	
  	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	
	

**ASPN 2013
COUNCIL
MEMBER
NEWSLETTER
OF THE YEAR**

Inside

**MEMBER
SPOTLIGHT &
AWARDS**

Page 3-4

**CPAN/ICPA
CERTIFICATION
RECOGNITION**

Page 5

**REGULATORY
MESSAGES**

Page 6-7

**NPAN
MEMBERSHIP
SUMMARY**

Page 7

**NPAN
State
Society
Listings**

Page 8-9

**NPAN
Membership
Recognition**

Page 10

**GOVERNMENT
RELATIONS
REPORT**

Page 11

CALENDARS

Page 12

**RESEARCH
ARTICLE**

Page 13-19

EDITOR'S EDGE

Page 20

**NPAN
BOARD**

BOARD

BOARD



NAPPIN' News

Volume 35 Issue 2

FALL/WINTER

The Official Newsletter of NPAN. All rights reserved

“If you hear a voice within you say that you cannot paint, then by all means paint and that voice will be silenced”
Vincent Van Gogh

As I begin my term as NPAN's President pro tem, I am humbled and excited to have this role to serve. My approach is to be humble and to fulfill my commitment to you, our members and all stakeholders.

My *Hardy* career began in 1975 at graduation from the University of Nebraska Medical Center. I then moved to the University of Wyoming in Laramie, Wyoming, where I worked in the OR and ICU. I then moved to the University of Colorado in Denver, Colorado, where I worked in the OR and ICU. I then moved to the University of Nebraska in Omaha, Nebraska, and worked for the *Surgeon General* for 25+ years.

Celebrations and Irish Traditions. You may have heard of it or even had a green beer there. The hospital had 27 beers. The nurses were required to have ACLS, PALS, NALS, and Trauma Certifications. In working in a small community hospital you covered ER, OR, Neuro, and ICU. I then moved to the University of Nebraska Medical Center in Omaha, Nebraska. I was also cross-trained to work in OR and worked one day a week in chemotherapy. It was truly a colorful mixture of experience. This broad base of nursing experience where we had to do everything gave me the opportunity to do anything when I moved to Omaha 8 years ago.

I have worked at CCH Lakeside Hospital Medical Center for 7 to 8 years. I truly love and appreciate working in a teaching and learning environment. I am learning every day. I am a past President of the NPAN/CPAN member for 8 years and I received my CPAN certification in 2004. I am a past President of the CPAN in 2012. After moving to Omaha I became a Member at Large and was on Finance Committee. Over the years I also served as secretary and the last 2 years as Vice President.

I would like to thank Pat Stevens for her commitment and leadership these past 2 years as president of NPAN. She has been a mentor to me and I will continue to rely on her experience and insight. I would like to thank and acknowledge the NPAN Board and Committee members and their efforts for their leadership in continuing this organization with outstanding educational programs, for maintaining membership recruitment and retention and for promoting certification, governance and fiscal

▲ 15+ pages Award

Nappin' News

Nebraska Association of Peri-Anesthesia Nurses (NAPAN)

Arrestecola Nurses (NAPAN)
Co-editors:
Phylliss Bolton, RN, CPAN
Judy Mink, BSN, RN, CPAN

Military and International Reception

The Military and International Reception is held to honor those members in the military, and those attending the National Conference from abroad.

The Air Force nursing corps was well-represented, having the most active and retired members attending the reception. We were lucky to have representatives from the other military services Army, Navy and Air National Guard. We had attendees from England and Canada, and many others who were veterans or those from the ASPAN leadership who were there to support our military and welcome our international attendees. Hope to see and welcome more next year! 🍀



▲ Attendees enjoying the annual Military and International Reception



▲ International attendees enjoying the reception

◀ An opportunity for military and international members to relax and share commonalities

President's Reception



▲ President Katrina Bickerstaff (center) with other members at the President's Reception



◀ From left, Regional Director Jenny Kilgore, and NAPAN members Carolyn Carr and Kristy Iwansky

▼ Dressed up and enjoying the President's Reception



▼ The dancing always draws a crowd and participation



Members Provide Tremendous Level of Support at National Conference

Thanks to so many individual members and components, ASPAN raised over \$34,500 in support of the National Conference and Scholarship/Award Programs. Thank you to everyone who helped make this year's fundraising activities such a tremendous success. We couldn't have done it without you!

Some of the fundraising highlights for this year included:

Dream Walk

The inclement weather on April 30 forced a last-minute change of route. Participants walked approximately one mile indoors using skyways that connect the JW Marriott, Indiana Convention Center, and Center Circle Mall. Special thanks to President Katrina Bickerstaff and INSPAN member Grace Walke for leading the walk and quickly plotting the new route. Following the event, each walker enjoyed a beverage at Starbucks®, which was graciously provided by CBSPAN. PANAC had the most walkers (with 10), and NPANA once again raised the most money, thanks in large part to Judy Evans, who was awarded the Dream Walker of the Year.

Development Breakfast

On Wednesday morning, 140 people attended the Development Breakfast. Our featured speaker, Past ASPAN President Susan Shelander, inspired the audience with her presentation, "Nurses—A Difference That Matters." Awards were presented, including the Dream Walk winners. Nancy Fishman was recognized as the Pat Hansen Memorial Scholarship honoree for scoring the most points on her National Conference scholarship/award application. Additionally, ASPAN recognized two more individuals and the first component in our history, to reach Legacy for Life status:

- Grace Walke, BSN, RN, CPAN
- Charlotte West, BSN, RN, CPAN
- Missouri-Kansas PeriAnesthesia Nurses Association (MOKAN PANA)

Congratulations, and thanks to each of you, for your historic level of support!

Silent Auction

Approximately 65 items were donated for the Silent Auction this year. Bids on these items helped raise over \$3,300 in scholarship support! Thanks to everyone who donated an item (or two), and the many people who bid on them.

Development Activities



ASPAN's Legacy for Life program began in 2013, and was created to foster significant, enduring support for the preservation of the Society.

All of your *Hail, Honor, Salute* gifts (which recognize others), and all gifts designated towards *Legacy for Life*, are counted towards membership. People who reach the momentous level of \$5,000 of support—and components that reach \$10,000 of support—are officially named as permanent members of *Legacy for Life*. To date, six individuals and one component have reached *Legacy for Life* status. The benefits of membership are extensive and explained in the *Legacy for Life* brochure, which is available by [clicking here](#).

THANK YOU

Component and Sponsor Support

Twenty components made gifts in support of this year's conference. We are happy to recognize each one below. We also want to thank the many corporate sponsors that supported ASPAN this year.

Component Supporters:

Missouri-Kansas
PeriAnesthesia Nurses
Association

New York State
PeriAnesthesia Nurses
Association

North Carolina Association
of PeriAnesthesia Nurses

Northwest PeriAnesthesia
Nurses Association

Pennsylvania Association
of PeriAnesthesia Nurses

PeriAnesthesia Nurses
Association of California

Rocky Mountain
PeriAnesthesia Nurses
Association

Texas Association of
PeriAnesthesia Nurses

Tennessee Society of
PeriAnesthesia Nurses

Wisconsin Society of
PeriAnesthesia Nurses

Corporate Sponsors:

AcelRx Pharmaceuticals (Mary Hanna
Memorial Journalism Award)

Dignity Health (Passport)

Evolution Medical Products (Passport)

Exergen Corporation (Passport)

Mallinckrodt Pharmaceuticals
(Gold and Passport)

Nihon Kohden America (Passport)

Nurses Service Organization (Mobile App)

Sommetrics Acute Care (Passport)

Soothing Scents (Silver and Passport)

Stryker (Silver and Passport)

The Medicines Company (Bronze)

Development Activities

► The Dream Walk quickly changed to an indoor venue due to lightning in the area

▼ Participants in the Dream Walk arose early to support funding for scholarships



▼ The Silent Auction always draws large crowds. Should I bid on this?



▼ Development Breakfast participants filling out Hail, Honor, Salute! forms after the meal



◀ From left, Armi Holcomb recognizes Nancy Fishman as the Pat Hansen Memorial honoree



▲ Past President Susan Shelander inspired us with her talk: "Nurses: A Difference That Matters"



◀ From left, Grace Walke, Armi Holcomb, Charlotte West, and Doug Hanisch. Grace and Charlotte are the two newest individuals to reach Legacy for Life status



Volume 37, Number 4
July/August 2017

► Jo Rhodes, MOKAN PANA president, (center) accepts the Legacy for Life award for her component

Publishing Awards

Journal of PeriAnesthesia Nursing Awards

Congratulations to the Mary Hanna Memorial Journalism Award winners for the 2016 volume year!

BEST PRACTICE CATEGORY

First Place:

A Quality Improvement Project: Using the STOP-BANG Tool in a Military Population to Improve Equity in Preoperative Screening

Samuel E. Dixon
Shelia A. Haas
Audrey Klopp
Judy Carlson

Second Place:

Implementing Capnography in the PACU and Beyond

Lois Oswald
Terry Zeuske
Joyann Pfeffer

Third Place:

Structured Handover in the Pediatric Postanesthesia Care Unit

Emily Funk
Brad Taicher
Julie Thompson
Kelly Innaello
Brett Morgan
Sharon Hawks

CLINICAL CATEGORY

First Place:

Perianesthetic Considerations for the Breastfeeding Mother

Amber Brook Smathers
Shawn Collins
Ian Hewer

Second Place:

Reducing the Incidence of Postoperative Nausea and Vomiting Begins with Risk Screening: An Evaluation of the Evidence

Christopher A. Smith
Lisa Ruth-Sahd

Third Place:

Postoperative Management of the Physiological Effects of Spinal Education

Jennifer O'Neill
Elizabeth Helwig

RESEARCH CATEGORY

First Place:

Local Anesthesia Combined with Sedation Compared with General Anesthesia for Ambulatory Operative Hysteroscopy: A Randomized Study

Lone Dragnes Brix
Theis Muncholm Thillermann
Lone Nikolajsen

Second Place:

Demographic Predictors of NPO Violations in Elective Pediatric Surgery

Betsy Beazley
Catherine M. Bulka
Ira S. Landsman
Jesse M. Ehrenfield

Third Place:

The Effectiveness of Nurse-Led Preoperative Assessment Clinics for Patients Receiving Elective Orthopaedic Surgery

Chan Sau-Man Connny
Ip Wan-Yim



▲ Jan Odom-Forren, left, presenting one of the Mary Hanna Journalism awards

ASPAN 2017 National Conference EBP/Research Poster Winners



FIRST PLACE WINNER

Comparing the Use of IPad™ Distraction Versus Oral Versed to Reduce Pediatric Preoperative Anxiety

Terri Pearcy, BSN, RN, CPN

Cook Children's Medical Center, Fort Worth, TX

◀ First place winners in the poster display area in Indianapolis

SECOND PLACE WINNER

Eliminating Medical Device-Related Pressure Ulcers (MDRPU)
Caused by Continuous Blood Pressure Cuff Monitoring

Rebecca Killian, BSN, RN, CPAN

Mercy Medical Center, Baltimore, MD

2ND



THIRD PLACE WINNER

Don't Ignore My Snore: Reduce Perioperative Complications Related to Obstructive Sleep Apnea

Ludy P. Lemus, BSN, RN, CAPA

The Queen's Medical Center, Honolulu, HI



◀ Staff from The Queen's Medical Center in Honolulu, HI show off their poster

3RD

PEOPLE'S CHOICE WINNER

Making the Bladder Gladder: Decreasing POUR in the Ambulatory Care Setting

Lori Dager, RN

University of Michigan Health System, East Ann Arbor Surgery Center, Ann Arbor, MI 

ASPAN Board of Directors Meetings and Representative Assembly Highlights

April-May, 2017, Indianapolis, Indiana

Valerie Watkins, BSN, RN, CAPA – ASPAN Secretary 2016-2018

Indianapolis served as the location for the 36th ASPAN National Conference. ASPAN's Board of Directors (BOD) met for a preconference meeting, the Representative Assembly (RA) gathered, and the postconference Board of Directors' meeting was held after closing ceremonies.

Highlights of the ASPAN Board of Directors' meeting included President Katrina Bickerstaff's review of ASPAN activities and accomplishments during the past year. ASPAN currently has 14,239 members. ASPAN's first perianesthesia public service video was introduced during PANAW and was viewed over 5,900 times!

Diane Swintek, Director for Clinical Practice, reported 1220 clinical practice questions were received and answered this past year (April 2016-April 2017). There were ninety-two submissions selected for poster presentations at this year's National Conference.

Linda Beagley, Director for Education, reported the first four months of 2017 have been tremendous for education opportunities. For the ASPAN Select program, the Board approved the return of 10% of total money earned to the requesting component for a trial period of one year.

Armi Holcomb, 2016-2017 Immediate Past President, opened a discussion on the establishment of a fellows program. The Board, under the direction of current Immediate Past President Katrina Bickerstaff, requested the formation of a strategic work team to investigate the possibility of creating a perianesthesia fellowship program.

Jacque Crosson, Standards & Guidelines Strategic Work Team Coordinator, updated the acuity project, "A Survey of Perianesthesia Nurses Providing Professional Clinical Opinion on Criteria of Phase I PACU Care that Impacts Patient Acuity, Changes in Acuity that Increase Complexity of Care and Distractions or Increased Workload that Affect Patient Monitoring." Phase I has been completed. The next step will be to beta test the items describing acuity and patient complexities that increase nursing distraction and workload. The expert group will take the survey to their Phase I PACUs and validate the usability of the tool. Phase II will begin once this has been completed and a new IRB Proposal will be written to cover multi-center site validation.



▲ RA members look over agenda items

Elizabeth Card, Director for Research, reported the Pain and Comfort Guideline has IRB approval to complete a Delphi study. Experts have been identified and they are in the middle of the study.

Dina Krenzischek, ASPAN Past President, gave the Board, as well as the RA, an overview of ASPAN receiving support from the Occupational Safety and Health Administration (OSHA) and the National Institute for Occupational Safety and Health (NIOSH) for ASPAN's Waste Anesthesia Gas Statement.

Terry Clifford, ASPAN Past President, shared her participation on the Advisory Panel for Pain Standards for The Joint Commission. The Joint Commission invited ASPAN to identify a representative to serve on a technical advisory panel. Antoinette Zito (OH), was also selected from a large pool of candidates to be part of a panel to review the newly revised pain standards.

ASPAN Endorsed the National Patient Safety Foundation (NPSF) "Free from Harm" platform and joined other organizations in support of the document.

Representative Assembly Ninety-three duly credentialed representatives constituted the 2017 ASPAN Representative Assembly. The election of ASPAN Board members, along with presentations provided by ASPAN members and leaders, filled the day. 

Clinical Practice Hot Topic

Assessing Dermatome Levels

Diane Swintek, MSN, RN, CPAN – Director for Clinical Practice



Diane Swintek
MSN, RN, CPAN
Director for
Clinical Practice

The Clinical Practice Committee receives many questions via the ASPAN Web site each month. Committee members then research the answer and respond to the query. This month, the questions included assessing dermatome levels in patients who have had spinal or epidural anesthesia, and discharge criteria for such patients.

Q. *"I have noticed a lack of uniformity between RNs in their assessment of spinal levels in our PACU. I'm looking for excellent resources (books or articles) that teach how to assess spinal levels along with anatomy and physiology."*

Q. *"What is the best way for nursing to assess level of sensation with an epidural? Dermatomes (current use) or Bromage scale?"*

Q. *"What are guidelines for discharging a postop patient after spinal/general anesthesia to a nursing unit in relation to dermatome level?"*

A. In order to understand the usefulness of assessing dermatome levels, it is essential to know from where the motor and sensory functions arise. The pairs of spinal nerves contain several different types of fibers. Each of the nerves has several different fibers that come from the anterior (ventral) and posterior (dorsal) root. The anterior root is tasked with motor function, and the posterior root contains the sensory function. The cutaneous (skin) area innervated by a single posterior root is called a *dermatome*.¹

ASPN does not recommend one assessment tool (Dermatome vs. Bromage) over another. The recommendation is to consistently complete an assessment that will help the nurse evaluate readiness for discharge. Dermatome scale assesses sensory nerve function, and Bromage is a motor block assessment tool. Bromage is more commonly used in the obstetric arena, while the dermatome tool is more commonly used in the postanesthesia environment.

The ASPAN 2017-2018 *Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements* address neurological assessment in "Practice Recommendation 2 Components of Assessment and Management for the Perianesthesia Patient." This practice recommendation states that the assessment in Phase I PACU

includes neurological function, sensory and motor function as appropriate, and neurovascular/peripheral pulse and sensation of extremities as appropriate.² In addition to knowing the functional areas of the spinal nerves, it is essential that the nurse understand that function returns in the reverse of the progression of the anesthetic. Proprioception will be first to return, then movement, touch, pain and so on to autonomic functions. The individual facility policy for frequency of assessment, as well as mode of assessment, is the practice to follow.

The August 2016 issue of the *Journal of PeriAnesthesia Nursing (JoPAN)* contains an excellent article regarding spinal anesthesia. The article, entitled "Postoperative Management of the Physiological Effects of Spinal Anesthesia," addresses not only the physiological effects experienced by the patient, but also the assessment of the reversal of the spinal.³ At the ASPAN National Conference in San Antonio in 2015, Memorial Hospital in Chicago displayed a Celebrate Successful Practices (CSP) poster specifically about dermatome level assessment. The abstract for this poster is available in the August 2015 issue of *JoPAN*.⁴ The CSP poster promoted nurses receiving training and education on the use of the assessment tool, stressing the importance that each nurse is utilizing the same measurement tool in the same way.

REFERENCES

1. Odom-Forren J. *Drain's Perianesthesia Nursing A Critical Care Approach*, 6th ed. St. Louis, MO: Saunders; 2013:126.
2. American Society of PeriAnesthesia Nurses. *2017-2018 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*. Cherry Hill, NJ: ASPAN;2016:38-45.
3. O'Neill J, Helwig E. Postoperative management of the physiological effects of spinal anesthesia. *J Perianesth Nurs.* 2016;31(4):330-339.
4. Haas S, Marovich L, Young C, Vossem P, Jablonski S, Thill S. Standardizing nursing assessments of dermatome levels of postoperative patients with spinal blocks, epidural anesthesia. *J Perianesth Nurs.* 2015;30(4):e17-e18.



Nominating Committee members from left, Nickcole Price and Margaret Farr Young, are in their racing theme at "Meet the Candidates"



Component Night racing theme was a popular spot for group photos



Component Night hostess happy to dance



Shay Glevy, candidate for Regional Director Region One, speaks at the "Meet the Candidates" event



Creative costumes for Component Night

National Conference Collage



Having fun at Component Night



Marcus Engel had us spellbound as the keynote speaker!



Jennifer Kilgore, right, singing The Star Spangled Banner with her daughter, McKenzie



Early risers for the committee meetings



Vendors are appreciative of time spent looking at their products



Exhibits are now open!



Attendees spend time with exhibitors



The ABPANC booth is a popular spot to get certification questions answered

National Conference Collage



INSPAN had the racing theme going at its hospitality table



The foyer overlooking the baseball field was a popular spot for photos



Susan Russell, left, is all smiles after she is inducted as the new ASPAN president



Record number of posters to view

ASPN Board of Directors 2017-2018

Board of Directors



ASPN President

Susan Russell, BSN, RN, JD, CPAN, CAPA

Susan has been a RN for 40 years and a perianesthesia nurse for 28 years. She has been a licensed Texas attorney since 1990. Susan earned her CPAN and CAPA credentials in 2000. She is employed full-time as the perianesthesia educator at St. David's Medical Center in Austin, TX. She is the PALS coordinator and lead instructor at SDMC and rotates general nursing orientation with several other nurse educators at SDMC. Susan joined both ASPAN and TAPAN in 1980. Through the years, she has held several positions with TAPAN, including president from 2007-2008. Susan was ASPAN's Director for Clinical Practice from 2012-2016 and has served on many ASPAN committees and SWTs.



ASPN Vice President/President-Elect

Regina Hoefner-Notz, MS, RN, CPAN, CPN

Regina has spent the past 36 years caring for pediatric patients in multiple settings. She has loved her time at Boston Children's Hospital PICU/CICU, and has been humbled as a pediatric hospice/homecare nurse, also in Massachusetts. She moved to Children's Hospital Colorado in 1998 and is currently the clinical manager of amazing Phase I and II PACU teams. Regina's most recent work includes editor of and contributor to the 2016 *Competency Based Orientation and Credentialing Program for the RN Caring for the Pediatric Patient in the Perianesthesia Setting* as well as writing the pediatric chapter for *Drain's Perianesthesia Nursing: A Critical Care Approach*.

ASPN Secretary

Valerie Watkins, BSN, RN, CAPA

Valerie works at the University of Colorado Hospital in preprocedure services clinic, with experience in both pre- and postanesthesia. Actively involved in ASPAN and RMPANA for the past 30 years, she has served on various committees, SWTs, and SPGs, including Clinical Practice, Standards & Guidelines, and served as coordinator of the Preoperative Assessment SPG, to name a few. She also served twice as RMPANA president. Valerie has given several presentations and written about perianesthesia practice for publication focusing on patient education, preop assessment and discharge criteria.



ASPN Treasurer

Deborah Bickford, BSN, RN, CPAN

Debbie works as a staff nurse V in the PACU at Torrance Memorial Medical Center, Torrance, California. Prior to becoming ASPAN Treasurer, she served as ASPAN Regional Director, Region One for two terms. She has been a member of several of ASPAN's Strategic Work Teams (SWTs), including Finance, Membership/Marketing, Education Approver, Standards & Guidelines, Strategic Planning and Government Affairs. She has served on the American Board of Perianesthesia Nursing Certification, including a term as president. Debbie is active in her component of PANAC.





ASSPAN Immediate Past President

**Katrina Bickerstaff
BSN, RN, CPAN, CAPA**

Katrina has over thirty years of perianesthesia experience as a staff nurse in all phases of care at Brigham and Women's Hospital in Boston. Katrina just completed her ASPAN presidential term, and she currently chairs the Nominating and Leadership Development Committees. Katrina also represents ASPAN as the International Liaison. Katrina remains active in her home component, MASPA.

ASSPAN Regional Director, Region 1

Shay Glevy, BSN, RN, CPAN, CAPA

Shay has been a perianesthesia nurse for 23 years, caring primarily for pediatric patients. She currently is a PACU supervisor for Rady Children's Hospital in San Diego. In her home component, PANAC, she has served in many positions including president. She has also been a speaker at the component and district level. At the national level, Shay has also been involved with ASPAN and has been privileged to be a contributor to the 2016 *Competency Based Orientation and Credentialing Program for the RN Caring for the Pediatric Patient in the Peri-anesthesia Setting*.



ASSPAN Regional Director, Region 2

Jennifer Kilgore, BSN, RN, CPAN

As a perianesthesia nurse at Singing River Hospital in Pascagoula, Mississippi, Jennifer has been at the bedside for eighteen years. She graduated in 1996 with her ADN and completed her BSN at the University of Southern Mississippi. As a member of ASPAN, she participates on the Clinical Practice Committee. Jennifer continues to serve as an active board member of her home component MSPAN. She has had the distinct honor of singing America's national anthem during several recent ASPAN National Conference opening ceremonies.



ASSPAN Regional Director, Region 3

Sylvia Baker, MSN, RN, CPAN

Sylvia began her nursing career in 1977 and has worked in perianesthesia since 1987, becoming certified in 1991. Sylvia has served on multiple committees and SWTs within ASPAN and her home component of ILSPAN. Currently, she works per diem in her local PACU, and full-time as a clinical education specialist in Rockford, Illinois. She is beginning her second term as Regional Director, Region 3.



ASSPAN Regional Director, Region 4

Amy Dooley, MS, RN, CPAN

This is Amy's third year representing the components in New England, NY, PA, NJ and Bermuda. Her interest is supporting the members of ASPAN as well as extending the reaches of influence of ASPAN. Amy is a member of the Research Committee, Evidence Based Practice Strategic Work Team (SWT), Specialty Practice Group SWT and the Perianesthesia Fellowship SWT. She has a long history of involvement at both the national level and at the local level within VT/NH APAN, her home component. She is also a member of the American Nurses Association, New Hampshire Nurses Association, and Sigma Theta Tau International.





ASPN Regional Director, Region 5

Kim Godfrey, BSN, RN, CPAN

Kim has 14 years' experience in perianesthesia nursing. She is currently team leader in the perianesthesia department at Mayo Clinic, Jacksonville, FL, where she has been since May 2016. Kim also works PRN as a PACU nurse at Southeast Georgia Medical Center in Brunswick, GA. She has served as a member of several ASPAN committees and strategic work teams, including National Conference, Safety, Publications, Membership/Marketing, Resource Development and Evidenced Based Practice. Kim is active in her component, FLASPN, and has served as president, membership chair, and has been on the seminar planning committee. In her local district, JASPN, Kim is currently treasurer and has served two terms as president.

ASPN Director for Clinical Practice

Diane Swintek, MSN, RN, CPAN

Diane has been an RN for 36 years. She is currently a staff nurse in Phase 1 PACU of a community medical center. Her previous work experience includes ICU, ER, and GYN Oncology. She has been CPAN certified since 2004. Diane has been an active member of the Clinical Practice Committee since 2009, and currently serves on the Standards & Guidelines SWT.



ASPN Chief Executive Officer

Kevin Dill,
MBA, BS
Ex-Officio
member (NJ)



ASPN Director for Education

Linda Beagley, MS, BSN, RN, CPAN

Linda has been in perianesthesia nursing for 35 years, and is currently working as a clinical nurse educator. Her involvement in ASPAN includes the teams of Clinical Practice, Standards and Guidelines, and Education Provider. Linda is active in her home component, ILSPAN, having served in many roles, and is currently on the publications committee. Linda has written for the Safety column of *Breathline*, is co-editor of the 2010 *Redi-Ref*, and ASPAN's 2014 *Competency Based Orientation and Credentialing Program for the Registered Nurse in the Perianesthesia Setting*. She has been a speaker at ASPAN national conferences and ILSPAN conferences.

ABPANC President

Vicki Yfantis,
MSN, RN,
CRNP, CPAN
Ex-Officio
member (MD)



ASPN Director for Research

Elizabeth Card, MSN, APRN, FNP-BC, CPAN, CCRP

Elizabeth has been a practicing RN since 1990, and a family nurse practitioner since 2013. She has over 15 years of perianesthesia experience. She is an experienced investigator with a passion for nursing research. She is a nursing research consultant at Vanderbilt University Medical Center, assisting nurses with design, analysis and dissemination. She is an experienced reviewer for ASPAN's conference abstracts, a recipient of an ASPAN research grant, and has written for the *TSPAN Eyeopener*, *ASPN Breathline*, *British Journal of Anesthesia*, *MedSurg Nursing*, and *Nursing Management*. She is currently a Joanna Briggs Institute reviewer. 



ASPN expresses its gratitude to this outgoing Board of Director member for her years of dedicated service:

Armi Holcomb, BSN, RN, CPAN

CERTIFICATION

25 Components Receive the ABPANC 2017 Shining Star Award at ASPAN's National Conference

The American Board of Perianesthesia Nursing Certification, Inc. (ABPANC) announced the recipients of its annual Shining Star Award at ASPAN's National Conference in Indianapolis. Twenty-five components from across the country were recognized for their role in supporting and encouraging CPAN® and CAPA® certification.

2017 Shining Star Award recipients are:

Arizona – AzPANA
California – PANAC
Chesapeake Bay – CBSPAN
Connecticut - CSPAN
Florida – FLASPA
Georgia - GAPAN
Illinois – ILSPAN
Indiana – INSPAN
Kentucky - KSPAN
Louisiana – LAPAN
Michigan - MAPAN
Massachusetts – MASPA
Maine – MeSPAN

Minnesota-Dakota - MNDAKSPAN
Missouri-Kansas – MOKAN PANA
Nebraska – NAPAN
New Mexico - PANANM
North Carolina – NCAPAN
New York – NYSPANA
Ohio – OPANA
Pennsylvania – PAPAN
Rocky Mountain - RMPANA
South Carolina – SCAPAN
Texas – TAPAN
Wisconsin – WISPAN

▼ Component representatives accept their 2017 Shining Star Awards at the CPAN® / CAPA® Celebration Luncheon in Indianapolis.



2017 ABPANC Advocacy Award Winner

Brenda Berry, RN, CPAN

ABPANC announced the winner of its annual Advocacy Award for promoting excellence in perianesthesia nursing at the CPAN®/CAPA® Celebration Luncheon at the ASPAN National Conference in Indianapolis. Brenda Berry, RN, CPAN, is the 2017 Advocacy Award winner. She works at St. Elizabeth Healthcare in the outpatient surgery center in Edgewood, Kentucky.

Brenda was selected from many qualified nominations because of her consistent contributions above and beyond normal job responsibilities that directly impact the quality of patient care. Brenda received a beautiful Lladro statue of a nurse, framed certificate, and a scholarship to cover her next recertification fee.

ABPANC also awarded Brenda's unit with a check for \$350 to be used for certification fees, continuing education, books or study guides. Nancy Maushart, RN, CPAN, CAPA, nominated Brenda for the award and received a \$100 cash award.

CERTIFICATION *contd.*



▲ Brenda Berry, RN, CPAN, (left) receives the 2017 Advocacy Award for her extraordinary commitment to patient care.

Certification Achievement Award Winners

The new award recognizes units with 75% CPAN®/CAPA® certification.

- Amita Health, Adventist Medical Center– Hinsdale, IL
- Lowell General Surgery Center – Chelmsford, MA
- Mebane Surgery Center – Mebane, NC
- Oak Hill Hospital – Brooksville, FL

ABPANC Board Election Results

Re-elected to a third term as ABPANC Board Member:

- Maria 'Zoni' Gazy, MSN, RN, CAPA, NE-BC, Lilburn, GA

Newly elected ABPANC Board Member:

- Melissa Schmidt, BSN, RN, CPAN, CAPA. Portland, OR

Contact ABPANC

475 Riverside Drive, 6th Floor, New York, NY 10115-0089

Phone: 800-6ABPANC Fax: 212-367-4256

Email: abpanc@proexam.org

Web site: www.cpancapa.org

Component Education Programs

FLASPN The Florida Society of PeriAnesthesia Nurses will be holding its fall conference **September 29-30, 2017** at the Moffitt Cancer Center, Tampa, FL. For information contact: flaspan@gmail.com, Kathi Saball at kmsaball51@gmail.com, or Melissa Davidson at melsayers813@gmail.com. Brochure and registration are available at www.flaspan.com.

GAPAN The Northeast District of the Georgia Association of PeriAnesthesia Nurses (GAPAN) is hosting this year's upcoming state conference in Savannah, Georgia! It will be held **September 29 - October 1, 2017** at the Coastal Georgia Center in the Historic District. Contact Linda Brooks at lb30607@aol.com for more information.

RMPANA The Rocky Mountain PeriAnesthesia Nurses Association will hold its 19th Annual Retreat in the Rockies **October 6-8, 2017** at Snow Mountain Ranch west of Winter Park, Colorado. Contact Sandy Olson at skolson9@yahoo.com for additional information.



LIVE IN-PERSON SEMINARS

ADVANCED PATIENT SAFETY: NEW APPROACHES

AND DIRECTIONS

September 23, 2017

Marlborough, MA

September 30, 2017

Little Rock, AR

PERIANESTHESIA CERTIFICATION REVIEW

August 26, 2017

Burlingame, CA

August 26, 2017

Romulus, MI

September 9, 2017

Rockville, MD

September 9, 2017

Bloomington, MN

September 23, 2017

Overland Park, KS

September 23, 2017

Lexington, KY

October 7, 2017

Hartford, CT

October 21, 2017

Fairfax, VA

November 18, 2017

Albany, NY

FOUNDATIONS OF PERIANESTHESIA PRACTICE

August 26, 2017

State College, PA

October 28, 2017

Bozeman, MT

PERIANESTHESIA PATHOPHYSIOLOGY AND ASSESSMENT: A SYSTEMS APPROACH

September 23, 2017

Indianapolis, IN

October 7, 2017

Murfreesboro, TN

REFRESHING YOUR PERIANESTHESIA PRACTICE

November 11, 2017

Omaha, NE

LIVE WEBCASTS – FULL-DAY PROGRAMS

FOUNDATIONS OF PERIANESTHESIA PRACTICE

August 19, 2017

PAIN MANAGEMENT IN THE PERIANESTHESIA AND CRITICAL CARE SETTINGS

September 9, 2017

PEDIATRICS: BEYOND THE BASICS

August 26, 2017

PEDIATRICS: LITTLE BODIES, BIG DIFFERENCES

October 14, 2017

PERIANESTHESIA CERTIFICATION REVIEW

August 12, 2017

September 30, 2017

PERIANESTHESIA PATHOPHYSIOLOGY AND ASSESSMENT: A SYSTEMS APPROACH

November 4, 2017

PERIANESTHESIA STANDARDS AND IMPLICATIONS FOR PRACTICE

October 8, 2017 SUNDAY

REFRESHING YOUR PERIANESTHESIA PRACTICE

September 23, 2017

SAFETY BEGINS WITH US

October 22, 2017 SUNDAY

SURROUNDING YOUR PRACTICE WITH EXCELLENCE: LEGALITIES, STANDARDS AND ADVOCACY

November 11, 2017

LIVE WEBCASTS - HALF-DAY PROGRAMS

FOUNDATIONS OF PEDIATRIC PERIANESTHESIA CARE

November 5, 2017 SUNDAY

INFECTION CONTROL CHALLENGES: IMPLICATIONS FOR THE PERIANESTHESIA NURSE

October 7, 2017

PERIANESTHESIA ESSENTIALS I

August 13, 2017 SUNDAY

PERIANESTHESIA ESSENTIALS II

September 24, 2017 SUNDAY

PERIANESTHESIA ESSENTIALS III

October 1, 2017 SUNDAY

PERIANESTHESIA ESSENTIALS IV

October 15, 2017 SUNDAY

PERIANESTHESIA ESSENTIALS V

October 29, 2017 SUNDAY

PERIANESTHESIA FOUNDATION

October 21, 2017

LIVE WEBCASTS – TWO-HOUR PROGRAMS

OBSTRUCTIVE SLEEP APNEA IN THE ADULT PATIENT: PUTTING THE PRACTICE RECOMMENDATION INTO PRACTICE

October 21, 2017

PREVENTION OF UNWANTED SEDATION: PUTTING THE PRACTICE RECOMMENDATION INTO PRACTICE

October 28, 2017