



Breathline

Volume 42, Issue 4
July/August 2022

INSIDE:

PRESIDENT'S MESSAGE:

Heart and Science of Caring: *Inspiring Watermarks and Three C's*

Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPA – ASPAN President 2022-2023

How will you make a difference in your profession? The first place to look is inside of you, your open heart and mind. How can you leave an inspiring watermark for perianesthesia nursing? Have you considered how you want to be recognized for carrying the torch as a national organization contributor? How will you influence your unique profession by leaving a lasting impression? These are important questions to contemplate as we seek our own potential in giving and serving others. Each of us is an influential role model within our professional and daily lives. Sharing your personal watermark to aid others to grow, develop, coach, inspire, and engage is a perfect start, and wonderful gift to be freely given away.

ASPA applauds those who compassionately care and use their voice to uplift and serve others. Will you be one of those nurses who leaves a legacy of virtues for caring? Who do you want to be and what virtues will you share in your nursing watermarks? Embrace your personal and professional virtues. Make them count as your unique, inspiring, and purposeful perianesthesia watermark.



Connie Hardy Tabet
MSN, RN, CPAN, CAPA,
FASPA

The Three C's

I recently read about a concept that highlighted three C's: cultivating, connection, and collaboration.¹ The article highlighted individuals first desire a sense of belonging, enabling opportunities of relationships to foster connections.¹ Being acknowledged and adequately heard is how humans and animals thrive. It is like receiving a warm and embracing hug, making us feel loved, appreciated, and wanted. This essential experience is attained through supportive environments and open communications. Build a collaboration foundation as a genuine connector. Without a doubt, we can integrate the three C's as a spirit to encourage others to join our causes, purpose and perianesthesia practice.

REFERENCE

1. Wilson M. The three C's: Cultivating connection, communication, and collaboration. ForbesBooks. July 22, 2020. Accessed May 13, 2022. <https://www.forbes.com/sites/forbesbooksauthors/2020/07/22/the-three-cs-cultivating-connection-communication-and-collaboration/?sh=f7f04992d47c> 

The Legacy of a Life of Service - Lois Schick Leaves her Watermark

Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPA – ASPAN President 2022-2023

Life has a way of exposing us to bittersweet experiences. Saying a forever farewell to loved ones, friends, and colleagues creates a heartfelt challenge. ASPAN has many giving and contributing members. Recently, we heard the expected, yet heartbreaking news regarding the loss of a friend, nurse and ASPAN colleague, Lois Schick. Lois is among many past ASPAN presidents who

have made countless perianesthesia nursing contributions.

I met Lois through Nancy O'Malley, my regional director at the time. We connected immediately. I was not even certified, and she said to Nancy, pointed to me and said, "we need to get this one on the board!" My eyes were wide,



wait....WHAT exactly does that mean? Needless to say, my professionalism flourished with my many ASPAN mentors. I was gratefully blessed, as Lois was one of my FASPAK sponsors. I shared my home with Lois and Nancy in Albuquerque, NM. She quickly reciprocated her hospitality as PANANM members were privileged to share her home attending a RMPANA retreat. It was an opportunity to share more meaningful and personal experiences. At a national conference in Indianapolis, we had an extra day to spend in the city. Lois made sure I was entertained. We took a bus tour, went to the Indy 500, squeezed into famous race cars for photo shoots, shared belly laughs and meals with lingering ASPAN members.

Lois Schick and her Watermark

Lois leaves behind her spirited legacy and an impressionable watermark. She was a compassionate nurse, leader, educator, author, role model, mentor, friend, colleague and so much more. Lois genuinely valued each of her connections, collaboration and talked to anyone both in and outside of her circles. She cultivated open communication to ensure you belonged. Each of us has been impacted directly or indirectly by her excellence, leadership, life's work, and to make our nursing world a better place. As a national speaker, she packed the rooms. As a champion for ASPAN components, she readily said yes to being your speaker, no matter the topic, she became an expert.

Brene Brown's book, *Dare to Lead*, noted the significance of service in regards to causes and purposes.¹ Lois wholeheartedly shared ASPAN's commitment to our specialty, core values, vision, and mission through shared causes and purposes.

It was an honor to read the heartfelt tributes and messages sent by email to those attending her funeral services from past presidents regarding Lois and her lifelong accomplishments. I admit, each shared, special thought triggered a long pause to notice the intimacies from the caring comments and connections each person experienced. Her spirit will shine brightly within ASPAN's past, present and future dimensions.

This newsletter edition offers a loving tribute to Lois's nursing experience, celebration, and vibrance for life. Her unstoppable force and purpose flowed to her educational activities as she shared joy, passion, bedside patient stories, and knowledge. We can't imagine her without a camera as she had a gift of capturing moments and created memories. She is valued for her vast support system for family, friends and colleagues. May each of you contribute your own inspiring watermark to nursing, and ASPAN while serving others through activism.

REFERENCE

1. Brown B. *Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.* Vermillion. 2018.



▲ From left, Connie, Nancy O'Malley, Lois Schick



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Deadlines for inclusion in *Breathline*:
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JanuaryNovember 1
MarchJanuary 1
MayMarch 1
JulyMay 1
SeptemberJuly 1
NovemberSeptember 1

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The Call for Nominations is Open!

Jennifer Kilgore, BSN, RN, CPAN – ASPAN Immediate Past President and Nominating Committee Chair

ASPA News

It is my honor to talk with you about upcoming opportunities within ASPAN. Today's generation of emerging nurses loves to volunteer. ASPAN is the perfect place for emerging nurses to dive deeper. Through service and volunteerism, relationships are strengthened, our skill set broadened, and career opportunities expanded. All this can add to a happy and healthy lifestyle. We all live busy, hectic lives. It can be often challenging to find time and energy to give more. However, the benefits of service and volunteering can be immeasurable.

Serving on the ASPAN Board of Directors is also a tangible way to mentor and connect to today's perianesthesia nurse. I encourage you to submit your name as a candidate to serve on the ASPAN Board of Directors 2023-2024. Service comes with commitment and responsibilities, but, my experience, having served on the ASPAN Board of Directors, has been irreplaceable. The rewards of volunteering and service to others are abundant. Think about it!

Qualified and eligible candidates are needed for the 2023-2024 ASPAN Board of Directors positions:

- Vice President/ President-Elect (three-year term)
- Treasurer (two-year term)
- Director for Clinical Inquiry (two-year term)

- Regional Director, Region 1 (two-year term)
- Regional Director, Region 3 (two-year term)
- Regional Director, Region 5 (two-year term)
- Nominating Committee Members (one-year term) (five members)

To run for a leadership position, you need to complete the following:

- Declare your candidacy as soon as possible via email to Jennifer Kilgore at: jkilgore@aspan.org
- An *Intent to Place Name for Nomination Form, Candidate Profile Sheet, Curriculum Vitae (CV), Letter of Recommendation*, the appropriate *Conflict of Interest Policy/Form* to your candidacy, and your photograph must be submitted via email only
- All submissions must be date-stamped no later than October 1, 2022 – no exceptions. Hard copies, faxed copies, or late submissions will not be accepted

For more information visit the ASPAN website [here](#), or contact Jennifer Kilgore at jkilgore@aspan.org.

The deadline to submit all required candidate paperwork is October 1, 2022. 



Jennifer Kilgore
BSN, RN, CPAN

PROFESSIONAL DEVELOPMENT INSTITUTE (PDI) *Inspiring the Heart to Care - Sharing the Secrets for Success*

Plan to attend the upcoming ASPAN Professional Development Institute (PDI), formerly known as Component or Leadership Development Institute (CDI/LDI).

Kansas City, Missouri - Live in-person November 4 & 5, 2022

On-demand (recorded) sessions will be available a few weeks after the scheduled PDI event.

Collaboratively, the ASPAN Board of Directors has been planning this annual opportunity to share knowledge, grow leaders, and share success for state components.

- As the date gets closer, there will be a pre-PDI virtual meeting in October for attendees to learn about the event, what to expect, and ask questions
- Plan to arrive Friday, November 4, in the afternoon. The program begins at 5:00 pm for a Meet and Greet and learning with networking
- Saturday, November 5, is interactive learning and breakout sessions
- Leave Sunday, November 6, to go home

Topics will be diverse on leadership roles, recruitment, engagement strategies, resource management, financial inquiries, well-being, teambuilding and more. The ASPAN Board of Directors is excited to share valuable information to champion the success of ASPAN components, leadership, and members as we develop skills beyond the bedside.

Online registration is open on ASPAN's website. Stay tuned for more information as the date approaches. 

Plan Now to Showcase Your Accomplishments with Abstracts and Posters for the 2023 National Conference in Denver!

Celebrate Successful Practices abstracts are due **October 31, 2022**. Categories include patient care, staff education, nursing leadership, preadmit/preop, patient flow, handoff communication and documentation, and unit/environment activities. Click [here](#) for more information.

Clinical Inquiry (Research) abstracts are also due **October 31, 2022**. Start planning now to showcase your accomplishments! Click [here](#) for more information.

Preconference BOD Meeting & Representative Assembly Highlights

Alphonzo Baker, DNP, RN, CAPA

ASPAN Secretary 2020-2022 and Vice President/President-Elect 2022-2023



**Alphonzo Baker
DNP, RN, CAPA**



▲ Representative Assembly, Philadelphia 2022

Policy Revisions, Votes, and Additions

Revised and new policies include:

- All previous BOD meeting minutes reviewed, revised, and approved
- SPG Coordinator requirement policy for two newsletters changed to two newsletters/informational flyers, or four virtual meetings. They can replace one newsletter for two “Virtual Meetings” (See new requirements for full details)
- Dream Walker Award was retired
- FASPAN policy revised to include retired category members and reduced fee for those members
- The BOD endorsed the Clinical Inquiry Resolution to change “Research” to be inclusive to “Clinical Inquiry”
- The BOD endorsed the Waste Anesthesia Gas / WAG Position Statement
- The BOD endorsed a position statement on Contemporary Social Issues
- The BOD endorsed a new Standard: Family-Centered Care
- The BOD endorsed Principles of Perianesthesia Nursing Practice
- The BOD endorsed the 2023-2024 ASPAN *Perianesthesia Nursing Standards, Practice Recommendations and Interpretative Statements*

President's Initiatives and Strategic Plan

President Kilgore shared a detailed president's initiatives report discussing a robust amount of work she has completed while in office. Vice President/President-Elect Connie Hardy Tabet followed with the executive summary of the Strategic Plan. You will be excited to see the new Strategic plan updates and how ASPAN is leading as a professional organization. (This information will be shared in an upcoming issue of *Breathline*).

Next, all ASPAN committee/SWT/Editors/Liaison/Officer/SPG/and Region Reports were presented. A treasurer review was conducted to detail ASPAN's profits, losses, and financial stability.

Further Agenda Items

Further discussions were had regarding major changes for ASPAN co-coordinators and succession planning.

Representative Assembly Highlights

President Kilgore called to order the Twenty-Fifth Representative Assembly. An informal session was held in the morning with President Kilgore delivering her presidential report, and Treasurer Lori Silva delivering the financial report.

A total of 92 duly credentialed representatives were present, a quorum was established. There were several resolutions brought before the assembly and approved:

- Approved - The addition of a new principle to the Standards document: Current: Principles of Perianesthesia Nursing Practice I. Perianesthesia Principles for Ethical Practice II. Principles of Safe Perianesthesia Practice Proposed change: addition of a 3rd Principle: III. Principles of Perianesthesia Nursing Care
- Approved - The addition of a new standard to the Standards document: Proposed a New Standard to Standards of Perianesthesia Nursing Practice: III. Family-Centered Care.
- Approved - The addition of a new position statement to the Standards document: Proposed Addition to Part 5 – ASPAN Position Statements: A Position Statement on Contemporary Social Issues
- Approved - 2023-2024 ASPAN *Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements*
- Approved - Joint Position Statement: A Position Statement on Waste Anesthesia Gases Outside of the Operating Rooms developed by ASPAN and supported by the American Industrial Hygiene Association
- Approved - The removal of the president of the American Board of PeriAnesthesia Certification as ex-officio member of the ASPAN Board of Directors
- Approved – Revised Representative Assembly Standard Procedures
- Approved - The change of dues assessment from the Representative Assembly to simply just state assess dues as determined by the Board of Directors
- Approved - Proposed Bylaws Amendment Section 5.4.6 Director for Research Name Change to Director for Clinical Inquiry
- Approved - The written notice time frame for special meeting be changed from 30 to 15 days written notice.

President Kilgore thanked the representatives for their service and announced the results of the election to the RA. With no further business, the meeting was adjourned. 

Consider Nominating Someone for an ASPAN Award!

Excellence in Clinical Practice

Do you know someone who is a recognized expert in clinical nursing practice, or participates actively in nursing programs, committees or projects resulting in contributions to perianesthesia nursing? If so, consider nominating this colleague for ASPAN's prestigious *Excellence in Clinical Practice Award*. The deadline to do so is **November 30, 2022**. Click [here](#) to learn more and to access nomination forms.

Award for Outstanding Achievement

Do you know someone whose dedication to excellence has furthered the art and science of perianesthesia nursing? If so, consider nominating this colleague for ASPAN's prestigious *Award for Outstanding Achievement*. The deadline to do so is **November 30, 2022**. Click [here](#) to learn more and to access nomination forms.

Above and Beyond Service Recognition

The ASPAN *Above and Beyond Service Recognition Awards* are given to individuals in recognition of exemplary service to ASPAN and/or their component. The deadline to do so is **January 10, 2023**. Click [here](#) to learn more and to access nomination forms.

Start Working on Your Gold Leaf Application Now!

Gold Leaf Component of the Year Award

The deadline for the *Gold Leaf Component of the Year Award* submission is **February 1, 2023**! Components competing for the Gold Leaf Award must submit their applications to the ASPAN National Office by February 1, 2023. The award reflects the activity of your component from January 1, 2022, through December 31, 2022. The Membership/Marketing Strategic Work Team is looking forward to reviewing the applications from components and announcing the winner at the National Conference in Denver. For information, guidelines and the application, click [here](#). 

NEW Membership Promotional Video!

ASPAR premiered a new promotional video at its 2022 National Conference! You can see the new video by clicking on the image to the right.

We encourage you to share this video with anyone and everyone who may be interested in ASPAN and learning more about perianesthesia nursing.



Postconference Board of Directors Meeting Highlights

Susan Norris, BScN, RN, CAPA – ASPAN Secretary 2022-2024

The ASPAN Board of Directors met on April 11, 2022, for its postconference meeting following the close of the National Conference in Philadelphia. President Connie Hardy Tabet shared her vision for the upcoming year and outlined a robust plan for achieving the goals in the ASPAN Strategic Plan. Treasurer Lori Silva presented information on the annual financial audit and the 990 forms that will be submitted to the IRS. The BOD voted to retire Policy #08-300 Dream Walker Award on the recommendation of the Development SWT. 

ASPAR News

FOLLOW US!

On Social Media:



CONGRATULATIONS TO ALL ASPAN AWARD WINNERS!

Jackie Ross
PhD, RN, CPAN



The Ina Pipkin ASPAN Past Presidents' Distinguished Service Award Jackie Ross, PhD, RN, CPAN

The Ina Pipkin ASPAN Past Presidents' Distinguished Service Award is given to an ASPAN member in recognition of significant lifetime contributions that have positively impacted ASPAN's core purpose: to empower and advance the unique specialty of perianesthesia nursing.

This year's recipient is Dr. Jackie Ross. She has been an active member of ASPAN, and the GAPAN and OPANA components for many decades. Jackie has shared her time and talents with ASPAN in multiple roles over her three decades of involvement.

The following are excerpts from her beautifully written nomination which describes her impressive contributions, effectively communicating a litany of achievements and a wonderful legacy of which any nursing leader would be proud:

"She has been a loyal, behind the scenes leader, stepping forward only to offer insight, education, advice, and necessary critique when warranted. Since 1986, she has fulfilled many roles in GAPAN, including president, and was the OPANA legislative liaison for several years. Some of her ASPAN contributions include serving as Director for Research from 2007-2011, and also serving on numerous committees, task forces, strategic work teams, and more. She has authored multiple perianesthesia journal articles, editorials, and book chapters."

"Commitment and dedication are leadership characteristic that often fade. Yet, she has always been filled with a desire to collaborate with colleagues and share information across the spectrum of ASPAN. She served many of us and the past-presidents as *Breathline* editor for many years, and her advice to the presidents was simply to 'write from your heart, lead with integrity and bring honor and pride to the specialty of perianesthesia nursing' in all that you submit for publication. What a great life lesson to learn!"

She maintains her ASPAN and component memberships. She is a current member of the American Nurses Association, Ohio Nurses Association, National Patient Safety Foundation and the Midwest Nursing Research Society. She has been honored with induction into Sigma Theta Tau International Honor Society for Nursing, receiving the Lillian DeYoung Award by the Delta Omega Chapter. She was a long-time Certified Post Anesthesia Nurse (CPAN) until just this past fall.

Jackie continues to focus on patient safety analysis and coding in her current job employment. In addition, she is actively involved in multiple research projects including, but not limited to wrong-site surgeries, cognitive bias in diagnostic errors, and communication patterns of cardiologists with patients and families.

Congratulations, Dr. Jackie Ross!



From left,
President Kilgore
presenting Amy
Berardinelli with
the Award for
Outstanding
Achievement

Award for Outstanding Achievement Amy Berardinelli, DNP, RN, NE-BC, CPAN, FASPAN

Dr. Amy Berardinelli is the recipient of this year's Award for Outstanding Achievement. This award is presented to a member of ASPAN recognized by their peers for furthering the art and science of perianesthesia nursing. Amy has been an ASPAN member for many years. She is and has served on ASPAN's Nominating Committee, Research, Governmental Affairs, and Clinical Practice committees, to name a few. She served as the Evidence-Based Practice SWT coordinator

and is a current Standards & Guidelines Team Lead. She is a change agent and has served in various leadership positions within her home component of OPANA, of which she is currently president.

Amy has delivered numerous presentations to university hospitals, component educational seminars, and is a beloved ASPAN speaker at the national level. She has written a variety of articles in newsletters, and is a published author in the *Journal of Nursing Administration* and the *Journal of PeriAnesthesia Nursing*. Amy has participated in many IRB nurse-led research activities, contributing to the scientific base of perianesthesia nursing.

Amy is highly recognized for all that she does and has received many awards and honors! To top it off, Amy volunteers her time supporting local food banks, community service home repairs for the elderly, hospital blood pressure clinic, drive out cancer golf outings and the Teddy Bear Clinic.

Congratulations, Amy!

Excellence in Clinical Practice Award

M. Kate Edwards, BSN, RN, CPAN

ASPAN recognizes a member each year with the Excellence in Clinical Practice Award. This recipient exemplifies the highest level of compassion and caring in the perianesthesia setting. They must be a practicing bedside nurse and an ASPAN member.

The Excellence in Clinical Practice Award this year goes to M. Kate Edwards, BSN, RN, CPAN. She has been a nurse for 38 years and started her career with a focus on oncology, becoming a director at Prince William Hospital in Manassas, Virginia, before transferring to the PACU in 2008. She currently is a PACU nurse at Novant Health/UVA Haymarket Medical Center in Haymarket, Virginia.

Kate's peers recognize her as a courageous advocate for her patients, and she has been recognized with a Daisy award. She identifies areas within her practice which need improvement, and she is relentless in standing up for the best interest of her team and patients. She strives to make a personal connection with each patient. Kate encourages her teammates to seek certification, serving as a certification coach for her department. She also encourages and supports others as they climb the clinical ladder at her facility.

Kate serves on committees at her facility, serves as a preceptor in her department, and volunteers for Carried to Full Term, which is a program aiding new moms and pregnant women with mentorship and life skills.

Kate's nominators spoke highly of specific events where she went beyond the expected to ensure her patients had the best outcomes possible. ASPAN is proud to recognize M. Kate Edwards with the 2022 Excellence in Clinical Practice Award.



**M. Kate Edwards,
BSN, RN, CPAN**

President's Award

Donna Casey, RN

The ASPAN President's Award is the highest honor bestowed on a member of our society by the ASPAN president. This award is given to an individual who has made an important contribution to the advancement of the nursing profession through strong commitment to the profession and a willingness to work for the benefit of others. This person is also of support to the ASPAN president during the year of her term. This year, the ASPAN President's Award goes to Donna Casey.

In President Jennifer Kilgore's words: "Those who know me and know my ASPAN story, know that I was invited to get involved in MSPAN because professional organizational membership was a priority to my nurse manager, Donna Casey. From day one of my arrival to the perianesthesia workspace, Donna talked about the Mississippi Society of PeriAnesthesia Nurses (MSPAN). She invited me to come along to seminars, belong, and get involved. She was my nurse manager for 22 years. We have worked on component seminars, made numerous road trips, served on national committees together, and we've spent many mornings in the PACU before the doors opened, talking, and sharing life and a hot cup of coffee."

Donna has been a presence in my life for over twenty years with her subtle, quiet, strong leadership. She made it her goal to care for her staff beyond the borders of the workspace. Over the years, our relationship grew, and I noticed the relationships she had with her staff were a priority. When a staff member had events to celebrate, she was there, and when her staff suffered loss, she was there. We talk about the importance of connection. Relationships are the essential ingredient to make a lasting, authentic connection.

Donna loves ASPAN, and served many years on ASPAN's Clinical Practice Committee, and authored articles on safety for *Breathline*. She also served on Standards and Guidelines – and let me know, without a doubt, serving on Standards and Guidelines was truly one of the most intense and rewarding works of her professional life.

In her own right, she is an outstanding nurse, well-respected by everyone in our institution, and loved by her family. Along the way, she became a dear friend and my own personal cheerleader. She has done everything in her power to celebrate my achievements, always at my side, ready to share her thoughts, her encouragement, and her proofreading skills. When I spoke to her about my dream to become president of ASPAN – she said, go for it! I did! Congratulations, Donna!



Donna Casey, RN

2022 FASPAN Inductees

Amy Berardinelli (OH), Amy Dooley (NH), Margaret McNeill (MD)



From left, new FASPANs, Amy Berardinelli, Amy Dooley, Margaret McNeill

TAPAN Wins Gold Leaf Component of the Year Award!

The Gold Leaf Component of the Year Award was created to recognize an outstanding component for their leadership, innovation, member development, communications, education services and community relations. It is also a road map for component growth and development. The remarkable things the Texas Association of PeriAnesthesia Nurses (TAPAN) achieved in 2021 included frequent communication with component members by utilizing email, Facebook, and their website. They also did an outstanding job of recognizing member achievements, provided financial assistance to attend school, seminars, and conferences, provided recertification fees, and continued serving their community. Their leadership shows involvement from across their large state. Congratulations, TAPAN! 🌱



Felicia Selman (third from right) accepts the Gold Leaf Award for TAPAN

Great Support for National Conference Development Activities!

Development

Katrina Bickerstaff, BSN, RN, CPAN, CAPA – Development Strategic Work Team Coordinator

Thank you for your tremendous support of ASPAN's Development activities this year! Because of your generosity, the tradition of giving continues. The gifts given at the Dream Walk, Development Breakfast, and Silent Auction are used to give back to the members for professional education, evidenced-based research, scholarships and awards, advocacy, and more.

The well-attended Development Breakfast early Sunday morning with Dr. Denise O'Brien, ASPAN past president, inspired us with her words and her passion on leaving a legacy of caring and her thoughts and beliefs about professional fulfillment. There was also a delicious breakfast, networking, induction of the 2020, 2021, and 2022 Legacy for Life recipients, *Hail, Honor, Salute!* gifts, and announcement of the Pat Hansen Memorial Honoree. This award is given to the National Conference attendee recipient who scored the most points on his/her scholarship application. This year's winner is from OPANA, Rose Durning. Congratulations!

The Development Breakfast was the place to be on Sunday morning ▶



◀ From left, Rose Durning, with Katrina Bickerstaff

Dr. Denise O'Brien graced us with a wonderful presentation ▶



◀ The Silent Auction is always a popular spot for attendees

OUR NEW LEGACY FOR LIFE MEMBERS!

Individuals

Sandra Gardner
Lois Schick
Jane Ehrhardt
Dina Krenzischek
Susan Shelander
Debby Niehaus

Components

ILSPAN
NYSPANA
MAPAN
INSPAN



◀ From left, Jane Ehrhardt, Katrina Bickerstaff, Debby Niehaus, Susan Shelander, Dina Krenzischek, Doug Hanisch at the presentation of Legacy for Life medallions

This year's Dream Walk awards go to:

- Component with Most Walkers – CBSPAN
- Component with Most Money Raised – PANAC
- Dream Walker of the Year – Jeanie Hodge

Volume 42, Issue 4
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**RECRUITER
OF THE
YEAR
AWARD!**

**CONGRATULATIONS
TO REX GUCELA,
BSN, RN, CPAN,
CAPA, FROM TAPAN,
WHO RECEIVED THE
RECRUITER OF THE
YEAR AWARD WITH
NINE RECRUITS!
REX RECEIVED A
PLAQUE, FREE 2022
CONFERENCE
REGISTRATION, AND
A ONE-YEAR
MEMBERSHIP!**

Each year, many of the “stars” of ASPAN are recognized for their contributions to perianesthesia nursing, ASPAN and their components. These are the members and components recognized this year in various categories! Congratulations!

Congratulations to the Component Newsletter Award Winners!

“Off the Cuff”

Northwest PeriAnesthesia Nurses Association
(NPANA)

Editor:

Nereyda Leder, BN, RN, CPAN

1-8 PAGES

“Pulse of PAPAN”

Pennsylvania Association of PeriAnesthesia
Nurses (PAPAN)

Editor:

Denise Diaz, MSN, RN, CPAN, CAPA

9-14 PAGES

“Peri-Scope”

Illinois Society of PeriAnesthesia Nurses
(ILSPAN)

Editor:

Judith Kinnavy, BSN, RN, CAPA

15+ PAGES

“Pulse of PAPAN”

Pennsylvania Association of PeriAnesthesia
Nurses (PAPAN)

Editor:

Denise Diaz, MSN, RN, CPAN, CAPA

PEOPLE'S CHOICE

CONGRATULATIONS ASPA 2022 ABOVE AND BEYOND AWARD WINNERS!

Sarah Axness, NPANA
Ronda Dyer, PANAC
Amelita Fabello, NYSPANA
Laura Michalek, CSPAN
Kim Noble, PAPAN

Nancy O’Malley, RMPANA
Staci Orbell, PAPAN
Mari Oshiro, NYSPANA
Angel Petznick, LAPAN
Susan Russell, TAPAN

CONGRATULATIONS Members of the Nominating Committee!



**Kelli Simms
MS, BSN, RN**



**Deborah Threats
MDiv, BSN, RN, CPAN, CAPA**

Journal of PeriAnesthesia Nursing Awards

Congratulations to the Mary Hanna Memorial Journalism Award Winners for the 2021 Volume Year!

Journalism Awards

BEST PRACTICE

First Place:

Developing an Outpatient Pediatric Pre-Procedure COVID-19 Testing Model

Katherine O'Connor, MSN, RN, CPNP
Morgan McGee, MSN, RN, CPNP
Mary Gibson, MSN, RN, CPN
Mary Pennelli, BSN, RN, CPN
Mary Jean Sullivan, MSN, RN, CPNP
Sarah Alvis, BSN, RN
Debra Lajoie, JD, PhD, MSN, RN

Second Place:

Perioperative Peripheral Nerve Block Safety Education: A Quality Improvement Project

Pauline Zelaya, DNAP, CRNA

Third Place:

Increased Patient Satisfaction in the Postanesthesia Care Unit with the Implementation of a Controlled Noise Reduction Program

Malina Sarkar
Peter Rock, MD, MBA
Lisa Rowen, DNSc, RN, CENP, FAAN
Caron Hong, MD, MSc

CLINICAL

First Place Tie:

A Competency-Based Orientation (CBO) Protocol Enhances Competency Among Newly Hired Perianesthesia Nurses

Helen C. Fong, DNP, RN, CPAN, PHN, FASPAN
Janet L. Sohal, DNP, RN, NEA-BC
Jacque A. Crosson, DNP, RN, CPAN, FASPAN
Cristina Hendrix, DNS, GNP-BC, FAAN

First Place Tie:

Perianesthesia Patient Education for the Promotion of Opioid Stewardship

Jan Odom-Forren, PhD, RN, CPAN, FASPAN, FAAN
Joni Brady, DNP, RN-BC, CAPA
Paul A. Sloan, MD

Second Place:

Lower Extremity Injury While Undergoing Urology Procedures in the Trendelenburg with Lithotomy Position: Three Case Reports

Greta M. Vladinov, DNP, CRNA, CHSE
Betty Glick, DNP, CRNA
Henry O. Aguirre, DNP, CRNA
Robert S. Fiala, MD
Joni M. Maga, MD

REVIEW

First Place:

Risk Prediction Models for Inadvertent Intraoperative Hypothermia: A Systematic Review

Lupei Yan, RN
Lili Yao, RN
Qinghua Zhao, PhD
Mingzhao Xiao, PhD
Yuerong Li, PhD
Su Min, PhD

Second Place:

Improving On-Time First Case Starts: An Integrative Review and Quality Improvement Project Plan

Sandy D. Morel, DNP, CRNA, APRN
Nicole A. Gonzaga Gomez, DNP, CRNA, APRN, CHSE

Third Place:

Handover Patterns in the PACU: A Review of the Literature

Xiu-li Wang, MNS
Miao He, BNS
Yi Feng, MD



▲ From left,
Jan Odom-Forren,
JoPAN Co-editor,
presenting a
Mary Hanna award to
Helen Fong

RESEARCH

First Place:

The Relationship of Postoperative Delirium and Unplanned Perioperative Hypothermia in Surgical Patients

Doreen Wagner, PhD, RN, CNOR
Vallire Hooper, PhD, RN, CPAN, FASPAN, FAAN
Kaitlyn Bankieris, PhD
Andrew Johnson, PhD

Second Place:

The Effects of a Therapeutic Play/Play Therapy Program on the Fear and Anxiety Levels of Hospitalized Children After Liver Transplantation

Müşide Zengin, PhD
Emriye Hilal Yayan, PhD
Mehmet Emin Dükken, MSc

Third Place:

The Effect of Noise Levels in the Operating Room on the Stress Levels and Workload of the Operating Room Team

Ayşen Arabaci, RN
Ebru Önler, PhD



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► The Exhibit Hall showcased many new products



THANK
YOU!

National Conference Strategic Work Team

Lynn Sekeres, MSN, BS, RN, CPAN, CAPA
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Clinical Practice Hot Topic: How We Treat Each Other Matters

Melissa Davidson, MSN, RN, CPAN – ASPAN Director for Clinical Practice

The Clinical Practice Committee receives many questions from members and non-members each month. To submit a question, please go to the ASPAN home page and look under the Clinical Practice tab.

There is an alarm going off in the PACU. The constant noise is heard by the other team members, but they don't go to investigate. As a CRNA is walking by the bay, he notices the alarm is for a pulse oximeter reading of 72% and he immediately jumps in, attempting to get the patient to breathe; moves to using a bag-valve-mask, gets more help, and eventually intubates the patient. The nurse who was assigned this patient was in the isolation room admitting her fresh post-op patient.

Why did this happen? Incivility in the workplace can adversely affect patient safety.¹ The nurse assigned to this patient was perceived by others as the department bully. She complained about the other team members, frequently went to human resources to discuss how others were bullying her, and was vocal about the lack of teamwork in the department. Other members of the team felt she was lazy, did not offer to help anyone else, and didn't accept others' advice about patient care. The other nurses admitted to hearing the alarm. The reason they did not respond was they felt the assigned RN frequently ignored her alarms, and they said they were tired of taking care of her patients for her.

The situation was a mess. Incivility had led to an adverse outcome for a patient. If the CRNA had not been walking by, the patient quite possibly could have progressed to a full code situation. How do we address these situations? How do we address incivility by our teams to each other?

Managers have an obvious role in this. Behaviors need to be addressed in a consistent manner. It's difficult to have a conversation with someone and inform them they are perceived by others as lazy and unwilling to help. ASPAN recommends having policies and procedures in place to address behaviors.² Managers need to be diligent about addressing these issues. Coaching sessions should include clear expectations, and will need to occur frequently to ensure the behavior does not continue.

RNs at the bedside need to be aware of their own behaviors. Building a team which is willing to engage in authentic dialogue with each other is a necessity. This is not just a management issue. Nurses need to support each other, putting the patient's care at the forefront of everything they do. Discuss behavior openly. Don't pretend there isn't a bully in the department. Emphasize how important it is for everyone in the department to respond to alarms and requests for help. The PACU is an environment which requires effective teamwork. Develop a behavior contract which clearly sets the expectations for every member of the department.

Incivility in the workforce is dangerous. As nurses are faced with increased demands to meet the needs of our patients, it is imperative we recognize how we treat each other and the safety issues incivility can present for our patients. We need to focus as nurses on taking care of ourselves and each other. As nurses, we need to lift each other up, work as a team, and support each other to provide the best patient care possible.

REFERENCES

1. Purpora C, Blegen MA. Horizontal violence and the quality and safety of patient care: a conceptual model. *Nurs Res Pract.* May 2012;1-6. <https://doi.org/10.1155/2012/306948>
2. American Society of PeriAnesthesia Nurses. Position statement 7: a position statement on workplace violence in the perianesthesia setting. In: *2021-2022 Perinanesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*. ASPAN; 2020:137-141. 



Melissa Davidson
MSN, RN, CPAN

NC Photos

▼ The textbook exhibitors are always popular



▲ From left, Regina Hoefner-Notz and McKenzie Kilgore singing the National Anthem



▲ Sharing ideas while visiting the posters



► Opening of Exhibits with the traditional ribbon cutting



▲ Friendly hostesses were everywhere to assist attendees

▼ Education sessions were well-attended



► Networking, with that cup of coffee



▲ Yes, we were here at the in-person National Conference



▲ A great sit-down dinner with Closing Ceremonies

IN MEMORY of LOIS SCHICK



Lois Schick
MN, MBA, RN, CPAN,
CAPA, FASPA

We lost a very cherished friend and colleague, Lois Schick, on April 30, 2022, after a brave battle with metastatic cancer. Lois had a very large hand in steering perianesthesia nursing to where it is today. She literally touched thousands of lives. Below are just a few stories from the dozens of tributes that came in for Lois. Even though I could not print all of them, the theme was overwhelmingly the same, as you will read in these tributes. Thank you, Lois!

Editor

SPAN Friends, We knew this day was coming but it does not make it any easier to deal with the sorrow and loss of our dear friend Lois. She has an unending legacy that can only be measured by all of us she touched and also including those she gave generously of her time and talent with her teaching and education of nurses from novice to expert, mentoring at work, in classes, or in the multiple nursing organizations that she served and will be remembered by. She was a LEADER and inspired others to take on the challenges in advanced education, writing articles, publishing, and editing. She was an esteemed ASPAN leader, and she mentored nurses to become leaders in her Rocky Mountain component and in ASPAN. Lois was a born educator, and she used her common-sense approach for teaching and preparing for certification which made her classes chosen first at conferences and always well attended with standing room only. She had the ability to make each experience in nursing and in life exciting. There were few challenges that she did not accept, and she was always ready for her next big adventure. Sharing time or travel with Lois was never dull! You cannot describe all Lois was in a few words. I saw her as a true "Renaissance person," a person who has wide interests, highly educated, expert in several areas, and charismatic. She had all these attributes.

Lois had a way of making tedious things interesting, used her quick wit and smarts to destress situations, and always found some humor in the everyday tedium. We all know that "Schick Happens" was her motto and is funny, but it was truly our blessing that it happened.

Debby Niehaus



It is easy to think about Lois as larger than life and in many ways she was. But being a RMPANA member, we were all fortunate to see her humor and her candor. We benefitted from her tremendous knowledge base that she shared so willingly. Although Lois belonged to the world of nursing, we were so proud to call her our own.

To me, Lois was always interesting to be with at our meetings. She welcomed me as a newcomer about 20 years ago as she did with everyone that walked into a RMPANA meeting. How would any new member know she was the ultimate resource of all things nursing while experiencing her humble involvement? She would frequently sit in the back of a meeting (sometimes closing her eyes!) Wearing a t-shirt, camera around her neck, she would gather people to her for photos shouting “Cheers, beers and brassieres” instead of “cheese.” I didn’t realize her many, many accomplishments until I went to conference in Texas and watched her speak as our new ASPAN president.

Lois was always fun to be around and frequently held our education meetings at her house. As she served us mimosas during a brunch meeting, I started to feel a little tipsy after two drinks. I was a little confused by that, having had them before, so I mentioned it to Lois and she said, “It’s probably the Grand Marnier I put in them also.” Everything Lois did packed a punch.

One of my favorite memories was the day I went to Nashville for the start of my conference. We saw each other at the Nashville baggage claim after being unaware we were on the same flight. ASPAN hires a car to come for the president and I suggested Lois come with me to the Gaylord. After some arguing, she agreed, and I had the pleasure of having Lois to myself for about 30 minutes. It is a small amount of time I still cherish, chatting and having someone so amazing look at me and tell me, “You done good kid.”

This past summer, after learning about her illness, I went to Lois’ house for her birthday celebration. Since this is Colorado, and Lois did so many lectures on marijuana, I got some edibles for her, thinking it might be funny but also help with pain. What I later found out is she asked Terry Clifford to hide them because she was nervous someone might see them. Terry and I wonder to this day what ever happened to them.

I am forever grateful that Valerie Watkins and I went to see Lois the day before she left Denver to go home to Iowa. Nancy O’Malley was kind enough to let us know and get us in to visit her in hospice. We chatted, she told us she had made peace with her spirituality and was trying to think of some way to involve the hospice nurses in ASPAN. (Always thinking outside the box.) As she tired from the visit and we knew we reluctantly needed to leave, I was able to tell her how much I loved her, and she shared the same with me. Many nurses have known Lois longer than me (only 20 years, not bad), but I always felt like we shared a secret. I know many must have felt the same way because Lois had that rare gift of making everyone feel special.

“Schick happened” and we are all the better for it.

Regina Hoefner-Notz

There are so many words to describe Lois Schick. To me, she began as an idol, became a great mentor, and then a tremendous friend. She was an incredible part of RMPANA, and instrumental in it becoming a component. I first met Lois at a RMPANA meeting in 1986, although I really didn’t “meet” her at this meeting. She was at the front of the room, I was in the back, and I quickly learned what a strong presence she had and how she loved and influenced peri-anesthesia nursing. It didn’t take long until Lois, in her remarkable and humble manner, quickly encouraged my involvement in RMPANA. She wanted to meet everyone, made everyone feel welcome and valued. I was fortunate to work with her as a RMPANA officer, and also as a member of the RMPANA education committee for 10 years, when we first created our infamous “Retreat In the Rockies.” She was always great to work with. As we grew in our friendship, she encouraged my involvement in ASPAN as well. My first time on the ASPAN BOD, she was Treasurer, and I was in that forgettable role of Chair, Council of Component Presidents. She was there for me as I learned the ropes and struggled, trying to figure out the reason for my position. I was also involved, with her encouragement, in the Clinical Practice Committee and the Standard and Guidelines work team. Then, as she was going to become ASPAN’s president in 2008, she encouraged me to run for the position of Director for Clinical Practice. I was elected to this position for 2008-2012, and was a benefactor of her knowledge, mentoring, and collaborative ideas. In 2008, she asked me what I thought about transitioning to teams for the Clinical Practice Committee, instead of the CP Director overseeing all the members. We did, and it made the director’s role so much more manageable.

That practice, Lois' idea, is still in place today. She was always encouraging. She was such a cheerleader for others! It was never about herself. She also encouraged my writing, a passion of mine. I don't know how she knew this about me, but Lois had an incredible sense about other peoples' talents. I took her on, with her encouragement, and have been a contributor to her and Pam Windle's Core Curriculum, contributed to other perianesthesia texts, and also applied for the position of editor of *Breathline*. Lois was humble, friendly to everyone, and would be the last person to talk about herself or her accomplishments. I miss her so much. You could just call or text her at any time, day or night, and she would be there for you. Her perianesthesia knowledge is second to none. One of my famous stories about her is having dinner, sitting next to her, and she would just start talking about something like muscle relaxants! For me, that was a topic I certainly needed to study over and over again to pass the certification tests. For Lois, these words just flowed out of her mouth...and then on to another subject, we would go on eating and drinking!

I was fortunate to spend an hour and a half with Lois at hospice the day before she left for Iowa (wonderful Nancy O'Malley arranged these visits, so we didn't tire her out). I was able to tell her everything I wanted to say, open and honest, she did the same with me. I'll never forget the look in her eyes when I was leaving and turned around to say goodbye. We both knew we would not see each other again in this life. I am so grateful I had Lois in my life. I am still having a hard time knowing she is not around anymore. But, I am confident she is looking down on all of us, saying "Cheers and brassieres!"

Barb Godden



To the wonderful thoughtful ASPAN folks, thank you for your comforting cards and notes of encouragement. Your prayers definitely have given me strength and I rejoice each day, as do all of you for having known Lois and for her friendship. I celebrate every day our time together and the adventures we shared since the late 1970s, many of them involving ASPAN.

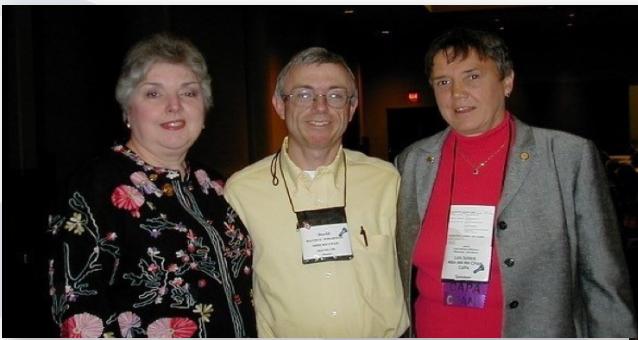
ROMA SCHWEINEFUS (ONE OF LOIS' VERY DEAR FRIENDS)



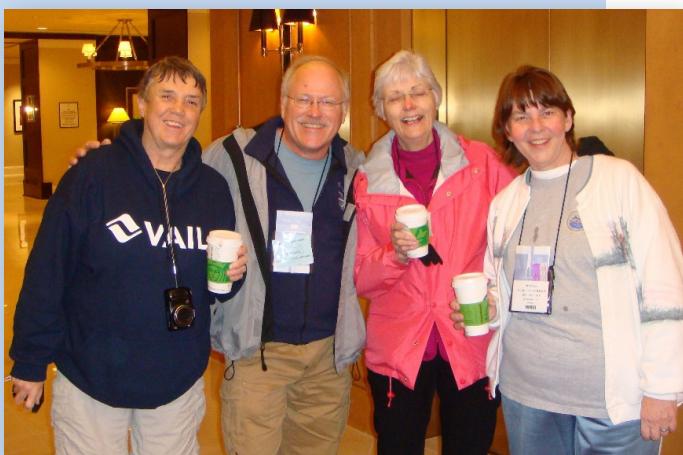
**Lois Schick
MN, MBA, RN, CPAN,
CAPA, FASPA
ASPA President 2008-2009**



Tribute to Lois Schick



Tribute to Lois Schick



Congratulations to the ASPN 2022-2023 Board of Directors!

President

Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPN

Connie has 32 years nursing experience, with 22 years in adult and pediatric perianesthesia, and nine years as an educator. She is a valued collaborator, author in *JoPAN*, and an Elsevier subject expert. She is passionate about perianesthesia nursing and the impact it makes within our organization and communities. She advocates collaborative kindness, civility, and anti-bullying, well-being, peer review, shares podium and poster presentations, promotes certification, and encourages mentorship. Her ASPAN leadership includes regional director for region one, and vice president/president-elect. She served as a resource for Standard & Guidelines, EBP, Research, Civility Task Force, and many other strategic work teams and committees. She remains active with the PeriAnesthesia Nurses Association of New Mexico (PANANM).



Vice President/President-Elect

Alphonzo Baker, DNP, RN, CAPA

Alphonzo has been a nurse for 23 years caring for adult and pediatric patients within perianesthesia critical care. He is a charge/staff nurse at Medstar Georgetown University Hospital in Washington, D.C. in preop/OR holding/PACU. In his D.C. district of CBSPAN, he serves as president. During his nursing career, he has been a change agent for nursing practice, working as the chairperson/leader of the perianesthesia collaborative governance council, Medstar corporate council representative of quality and safety, and the northern Virginia representative for the American Nurses Association.



Secretary

Susan Norris, BScN, RN, CAPA

Susan has 35 years of experience in preadmission, preop and phase II recovery. She is the manager for preadmission testing at Baylor St. Luke's Medical Center in Houston, Texas. Susan is currently TAPAN's webmaster. Within ASPAN, Susan is involved in Clinical Practice, Publications, Policy & Procedure, and Component Revitalization, as well as the Preoperative Assessment and Informatics SPGs. Susan has presented perianesthesia lectures for national and component meetings. She is a contributing author for ASPAN's *Redi-Ref* and *Certification Review for PeriAnesthesia Nursing*, fourth edition.



Treasurer

Lori Silva, MSN, RN, CCRN, CPAN

Lori has been a nurse for 37 years, working in critical care, emergency, and perianesthesia nursing, which is her love. She is a PACU nurse at Doctors Medical Center in Modesto, California. Lori has been an ASPAN/PANAC member since 1997, serving in various leadership positions, including president and treasurer. She has served as ASPAN's Membership / Marketing SWT coordinator, the 2018 ASPAN National Conference SWT coordinator, Emerging Leaders SWT, Conference Revitalization SWT, and past National Conference SWT teams. Lori feels the most enjoyable part of being a member of PANAC/ASPN is meeting amazing colleagues across the country. She has a passion for learning and serving.



Immediate Past President

Jennifer Kilgore, BSN, RN, CPAN

Jennifer has been a perianesthesia nurse for over 22 years, and currently is a patient care coordinator at Singing River Health System in Pascagoula, Mississippi. She is passionate about ASPAN and the impact it makes in the lives of perianesthesia nurses. Jennifer's home component is the Mississippi Society of PeriAnesthesia Nurses, in which she has served in various positions. She has also been instrumental in component website development and numerous education programs. Jennifer is currently working on developing a newsletter for her component.



Regional Director, Region One**Ronda Dyer, MSN/Ed, BSPA, RN, CNE, CPAN, CAPA**

In healthcare for 40 years, and an RN for 34 years, Ronda's experience is varied with the last 13 years in perianesthesia nursing, working in PACU Phase I, pre-op, and Phase II. She joined ASPAN/PANAC in 2009, became dual certified in 2012, and has served as PANAC's *Pulseline* editor since 2013. As regional director, region one, her passion is clinical excellence, education, and certification.

**Regional Director, Region Two****Tracy Galyon, BSN, RN, CPAN**

Tracy has been a RN since 1984, and in the PACU since 2005. She joined ASPAN/OSSPAN (Oklahoma Society of PeriAnesthesia Nurses) in 2012 and became CPAN certified in 2013. She has served OSPAN in various roles, including president, education, and conference planning. She has attended multiple Component / Leadership Development Institutes, and several ASPAN National Conferences. She fills in for speakers at the local level when needed. Tracy currently works as a bedside PACU RN for a spine specialty hospital on a per diem basis, while also doing travel contracts full-time.

Regional Director, Region Three**Deborah Moengen, BSN, RN, CPAN**

Currently the director of perioperative clinical practice at CentraCare Health, Deborah is a registered nurse with 30 years' experience. Her duties include oversight of clinical practice for eight hospitals and three ambulatory surgical centers. Her responsibilities include working with each facility assuring they are meeting standards through policy and practice. She resides in South Haven, Minnesota and enjoys living on a century old farm with her husband.

**Regional Director, Region Four****Ursula Mellinger, BSN, RN, CPAN, CAPA**

Ursula has been a nurse for 46 years, starting her career in an ICU in Pittsburgh. She then spent several years at a federally funded healthcare facility for medically underserved populations and homebound geriatric patients. Wanting more acute patient contact, she took a position in the PACU. For the past 20 years she has been working PACU Phase I, Phase II, and pre-op assessment. She has been an ASPAN/ PAPAN member for 16 years. She is currently the PAPAN immediate past president. She is excited and proud to have achieved the position as ASPAN regional director for region four..

Regional Director, Region Five**Keisha Franks, MSN, RN, CPAN**

Keisha is the perianesthesia assistant nurse manager for a 633-bed level II trauma center in Marietta, Georgia. She is a CPAN certification coach. Keisha has served GAPAN in various positions at the district and component levels, including treasurer, president, and currently component membership. With ASPAN, she is involved with the Emerging Leaders SWT, Evidence Based Practice SWT, Development SWT, and served as an RN CBO reviewer.



Director for Clinical Practice

Melissa Davidson, MSN, RN, CPAN

Melissa started her nursing career in med-surg before landing in her PACU home. She has moved throughout the country over the last 22 years working in a variety of settings, from large trauma centers to critical access hospitals, always as a nurse in the perianesthesia setting. Currently, she works as a nurse manager in the preanesthesia testing clinic for Moffitt Cancer Center in Tampa, Florida.



Director for Education

Felicia Selman, MSN, RN, CAPA

Born and raised in Panama, Felicia, an RN for 42 years, was given the opportunity to accomplish her goal to serve. Felicia joined ASPAN/TAPAN in 2010 and obtained CAPA certification in 2012. Her passion for perianesthesia nursing led her to serve as TAPAN president 2019-2021. As the director for education on the ASPAN Board of Directors, Felicia believes this is truly a life-changing experience, both personally and professionally, to move ASPAN forward.

Director for Clinical Inquiry

Margaret McNeill, PhD, RN, APRN-CNS, CCRN-K, CCNS, TCRN, CPAN, NE-BC, NHDP-BC, FCNS, FASPAN, FAAN

Dr. Peggy McNeill is currently the director of nursing quality and professional practice and the nurse scientist at Frederick Health. She retired from the U. S. Air Force, with the rank of Colonel after 28 years of service and has led in various roles including clinical nurse specialist, administrator, and nurse scientist. She has been recognized for contributions to the Department of Defense with awards, including the Bronze Star Medal and the Defense Meritorious Service Medal. She was inducted as a Fellow of the American Academy of Nursing, the National Association of Clinical Nurse Specialists, and the American Society of PeriAnesthesia Nurses. For the past three years, she has had the privilege to serve ASPAN as the director for research, now director for clinical inquiry. 



ASPAN Chief Executive Officer

**Kevin Dill
MBA, BS**

Thank You to These Outgoing Board of Directors Members for their Years of Service



**Elizabeth Card
MSN, APRN, FNP-BC,
CPAN, CCRP, FASPAN**



**Bronwyn Ship
BSN, RN, CPAN,
CAPA**



**Mary Baird
MSN, RN, CPAN**

Component Education Programs

Pennsylvania Association of PeriAnesthesia Nurses (PAPAN) Pennsylvania Association of PeriAnesthesia Nurses (PAPAN) Annual conference **September 17-18, 2022**. In-person at the beautiful Eden Resort near Lancaster, PA. Updates will be posted on the PAPAN website at www.papanonline.nursingnetwork.com. Or, contact MaryAnn Hoffman, MSN, RN, CPAN, at dmahoffman@aol.com for more information.

Rocky Mountain PeriAnesthesia Nurses Association (RMPANA) Retreat in the Rockies will be a one-day event in Loveland, CO on **October 1, 2022**. It will be at the Embassy Suites on Clydesdale Parkway, phone number 970-593-6200 for room reservations. For more information, please contact Marcia Keiser, BSN, RN, CPAN, at marciajo@me.com or go to www.rmpana.nursingnetwork.com.

Illinois Society of PeriAnesthesia Nurses (ILSPAN) Fall Conference **October 22, 2022**. Half-day via Live webcast. For more information, please contact Kari Vigna, BSN, RN, at districtdirector3@ilspan.org.



LIVE IN-PERSON SEMINARS

**ADVANCED PATIENT SAFETY:
NEW APPROACHES AND DIRECTIONS**

October 15, 2022 SATURDAY
Burlington, VT

PERIANESTHESIA CERTIFICATION REVIEW

August 6, 2022 SATURDAY
Sacramento, CA

LIVE WEBCASTS – FULL-DAY

PEDIATRICS: LITTLE BODIES, BIG DIFFERENCES

August 6, 2022 SATURDAY

**PERIANESTHESIA STANDARDS AND IMPLICATIONS
FOR PRACTICE**

October 22, 2022 SATURDAY

PERIANESTHESIA CERTIFICATION REVIEW

August 20, 2022 SATURDAY
September 24, 2022 SATURDAY

REFRESHING YOUR PERIANESTHESIA PRACTICE

September 17, 2022 SATURDAY

SAFETY BEGINS WITH US

September 10, 2022 SATURDAY

PERIANESTHESIA CERTIFICATION REVIEW (3 Parts)

October 5, 2022 WEDNESDAY
October 12, 2022 WEDNESDAY
October 19, 2022 WEDNESDAY

**SURROUNDING YOUR PRACTICE WITH EXCELLENCE:
LEGAL ISSUES, STANDARDS AND ADVOCACY**

October 1, 2022 SATURDAY

**PERIANESTHESIA PATHOPHYSIOLOGY AND
ASSESSMENT: A SYSTEMS APPROACH**

August 13, 2022 SATURDAY



LIVE WEBCASTS – HALF-DAY

INNOVATIVE CONCEPTS IN PEDIATRIC
PERIANESTHESIA CARE **NEW!**

October 2, 2022 SUNDAY

PERIANESTHESIA ESSENTIALS I

August 7, 2022 SUNDAY

PERIANESTHESIA ESSENTIALS II

August 14, 2022 SUNDAY

PERIANESTHESIA ESSENTIALS III

August 21, 2022 SUNDAY

PERIANESTHESIA ESSENTIALS IV

August 28, 2022 SUNDAY

PERIANESTHESIA ESSENTIALS V

September 11, 2022 SUNDAY

PERIANESTHESIA FOUNDATION

September 18, 2022 SUNDAY

LIVE WEBCASTS – TWO-HOUR

COMPLICATIONS AND EMERGENCIES AFTER
ANESTHESIA

August 10, 2022 WEDNESDAY

CRITICAL CARE COMPETENCIES: NEUROLOGICAL
NEW!

August 3, 2022 WEDNESDAY

EMERGENCY PREPAREDNESS

September 14, 2022 WEDNESDAY

ERAS: WHAT YOU NEED TO KNOW FOR ENHANCED
RECOVERY AFTER SURGERY

November 2, 2022 WEDNESDAY

GASTROINTESTINAL AND ENDOCRINE
PATHOPHYSIOLOGY AND ASSESSMENT

August 17, 2022 WEDNESDAY

INFECTION CONTROL CHALLENGES: IMPLICATIONS
FOR THE PERIANESTHESIA NURSE

October 26, 2022 WEDNESDAY

LEGAL AND ETHICAL ISSUES IN
PERIANESTHESIA NURSING

August 24, 2022 WEDNESDAY

MALIGNANT HYPERHERMIA AND POSTOPERATIVE
NAUSEA AND VOMITING

August 31, 2022 WEDNESDAY

NEUROLOGIC PATHOPHYSIOLOGY AND ASSESSMENT

September 21, 2022 WEDNESDAY

OBSTRUCTIVE SLEEP APNEA AND CAPNOGRAPHY

September 28, 2022 WEDNESDAY

OBSTRUCTIVE SLEEP APNEA IN THE ADULT PATIENT:
PUTTING THE PRACTICE RECOMMENDATION INTO
PRACTICE

November 9, 2022 WEDNESDAY

PATIENT SAFETY GOALS AND ASPAN STANDARDS

November 16, 2022 WEDNESDAY

PEDIATRIC ANESTHESIA AND POSTANESTHESIA
COMPLICATIONS

September 8, 2022 THURSDAY

PREANESTHESIA ASSESSMENT AND PACU
ASSESSMENT AND DISCHARGE CRITERIA

October 13, 2022 THURSDAY

PREVENTION OF UNWANTED SEDATION: PUTTING
THE PRACTICE RECOMMENDATION INTO PRACTICE

October 20, 2022 THURSDAY