



July/August 2024

Volume 44 Number 4

INSIDE:

PRESIDENT'S MESSAGE:

Passion and Excellence: Growing, Learning, and Leading Together

Lori Silva, MSN, RN, CCRN, CPAN – ASPAN President 2024-2025

The excitement and passion for learning is still upon me as the summer months go by and fall is right around the corner. It is hard to believe it is just three months since many of us met in Orlando, Florida, for the 43rd ASPAN National Conference. I am enjoying watching online recorded sessions from the National Conference that I did not have time to attend in person for even more contact hours. There are 54 sessions that have been recorded and are now available for viewing free to those who attended the conference. Those who were not able to attend the conference this year can purchase access to these recordings. Please share with your fellow perianesthesia colleagues. ASPAN provides top-notch education for our specialty practice.

My presidential theme is “Passion and Excellence: Growing, Learning, and Leading Together.” In the May/June edition of *Breathline*, I spoke of passion and excellence, the definitions, and the passion and excellence seen in our perianesthesia members. I want to take a few moments to look at what it means in growing, learning, and leading together in our organization.

Growing, Learning, and Leading Together

Let's take a moment to look at the definitions of growing, learning, and leading. Merriam-Webster defines growing as “increasing in size or amount,” “becoming great in prevalence, popularity, or influence.”¹ The definition of learning is “the act or experience of one that learns” and “knowledge or skill acquired by instruction or study.”² Leading is defined by Merriam-Webster as “providing direction or guidance.”³ One of the goals of my presidency is to grow our membership by reaching out at the grassroots level. My vision is to have every perianesthesia nurse across the country know about ASPAN and want to be a part of this amazing organization.

Alexandra Mihai defined professional learning communities as “an idea of creating a space for reflective practitioners to exchange and crowdsource ideas and



Lori Silva
MSN, RN, CCRN, CPAN

support each other in their practice.”⁴ While she was speaking about professional educational faculty, this same learning community can relate to perianesthesia nurses. We have professional learning communities within our organization. Various events such as National Conference, Perianesthesia Development Institute, component and ASPAN seminars bring education and collaboration to advance our practice. ASPAN’s various committees, strategic work teams, and specialty practice groups collaborate to share ideas and reflect on issues to improve our practice. It takes time, commitment, and resources to build our learning communities. The engagement of our members is key to growing our organization. Think about inviting a friend or colleague to attend a conference or a meeting with you. It's that one-on-one relationship reaching out to someone and getting them involved, encouraging them to step up in leadership, or participating in a committee or event that makes a difference.

These last three months since the National Conference have been busy with committees, strategic work teams, and specialty practice groups meeting together to establish goals for the coming year and work on doing the business of ASPAN. I had the privilege of participating in many of those virtual meetings, listening to great ideas and seeing experienced committee/SWT members mentor new members of each group. I am excited to see so many ASPAN members serving on committees and SWTs. There were over 209 Willingness to Serve forms submitted with 49 members new to serving on one or two of these committees/SWTs. Thank you to the many individuals contributing to the growth and success of the organization.

In June, the American Organization for Nursing Leadership (AONL) sponsored Advocacy Days June 3-4, 2024, in Washington, D.C. I joined the AONL Advocacy Day ASPAN scholarship recipients Lori Erni and Laurie





Laurino to learn how to advocate with our legislative leaders' national health issues. We were involved in policy discussions, legislative briefings, and training in preparation to meet with legislators and their staff. We met with our respective legislators at the Capitol to discuss national health issues and nursing issues related to our practice. This was a great experience, and we will share more in the coming months.

Fall will be soon upon us, and many components are planning fall seminars in the coming months. Take these opportunities to attend either in person or virtually one or several component educational seminars or ASPAN education in a variety of formats. On the ASPAN website, go to the section under Education and Events to see ASPAN seminars, ASPAN Learn, and Regional Events Calendar. There is a wealth of opportunities for all perianesthesia nurses to grow, learn, and lead together in our professional organization.



▲ It's official! President Lori Silva accepts the gavel from Immediate Past President Alphonzo Baker

ASPAN NEWS

Perianesthesia Development Institute 2024

Oklahoma City, Oklahoma – November 8 – 9, 2024

“Growing, Learning, and Leading Together”

Lori Silva, MSN, RN, CCRN, CPAN – ASPAN President 2024 – 2025

Save the date for November 8-9, 2024, for the Perianesthesia Development Institute in Oklahoma City, Oklahoma. The weekend is packed with great topics to strengthen and develop leadership at the component level and prepare for leadership at the national level. Your ASPAN Board is dedicated to supporting and revitalizing components. This year's PDI is developed based on needs identified by component leaders at the 43rd ASPAN National Conference in Orlando this past April.

Topics include:

- Education – conference planning and program development, virtual and hybrid seminars, education approver process, cost effective education, and virtual study groups
- Finance – budget planning, accounting, reporting, strategic planning, crisis manual, and fundraising ideas
- Leadership – leadership education, job descriptions/roles, transitioning from component leadership to ASPAN leadership roles, mentoring, changing culture, and more
- Membership – member engagement, recruitment, succession planning, social media, and revitalization
- Secretarial role – minute taking, record keeping, document retention and disposal, and policy writing
- Technology – technology tools, emails, Google workspace, zoom technology, navigating Nursing Network or similar website technology

Located in the heart of downtown Oklahoma City, the Sheraton Oklahoma Downtown Hotel is just one block from Bricktown. Enjoy this waterfront entertainment district uniquely created of historic warehouses repurposed into an eclectic array of unique shops and restaurants, complete with

water taxi transportation. A streetcar runs from Bricktown to Midtown with even more shopping, entertainment, nightlife, and activities. Check it out at <https://www.bricktownokc.com>.

I would like to personally invite current leaders, soon-to-be leaders, and those thinking about becoming leaders to join us at PDI as we "Grow, Learn, and Lead Together" in Oklahoma City!

See you in Oklahoma City! 



▲ *Bricktown Canal*
Photo courtesy of Oklahoma City Convention and Visitors Bureau



▲ *City Center – Myriad Gardens*
Photo courtesy of Oklahoma City Convention and Visitors Bureau

The Call for Nominations is Open!

Alphonzo Baker, Sr., DNP, RN, CAPA, FASPN

ASPN Immediate Past President and Nominating Committee Chair

Greetings, everyone. It's that time!

Running for an ASPN office is a unique opportunity to make a direct impact within our community of perianesthesia nurses. By stepping into a leadership role, you can help shape the future of our organization, advocate for excellence in patient care, and contribute to the professional development of your colleagues. Your voice matters and running for an ASPN office is a powerful way to ensure that it is heard. Join us in driving positive change and fostering a supportive network that empowers perianesthesia nurses to thrive. Your leadership journey starts here!

For complete information on open 2025 Board of Directors and Nominating Committee positions, please visit ASPN's home page www.aspan.org. Then click on the 'Call for Nominations' link under ASPN Highlights.

Qualified and eligible candidates are needed for the 2025-2026 ASPN Board of Directors positions:

- Vice President/ President-Elect (three-year term)
- Treasurer (two-year term)
- Director for Clinical Inquiry (two-year term)
- Regional Director, Region 1 (two-year term)

- Regional Director, Region 3 (two-year term)
- Regional Director, Region 5 (two-year term)

Also open are five positions on the Nominating Committee (one year term).

To run for a leadership position:

- Declare your candidacy as soon as possible via email to Alphonzo Baker at abaker@aspan.org
- An Intent to Place Name for Nomination Form, Candidate Profile Sheet, Curriculum Vitae (CV), Letter of Recommendation, the appropriate Conflict of Interest Policy/Form for your candidacy, and your photograph must be submitted via email only
- All submissions must be date-stamped no later than October 1, 2024 – no exceptions. Hard copies, faxed copies, or late submissions will not be accepted

For more information visit the ASPN website [here](#), or contact Alphonzo Baker at abaker@aspan.org.

The deadline to submit all required candidate paperwork is October 1, 2024. 



Alphonzo Baker, Sr.
DNP, RN, CAPA, FASPN

Plan Now to Showcase Your Accomplishments with Abstracts and Posters for the 2025 National Conference in Dallas!

Celebrate Successful Perianesthesia Practices abstracts are due **October 15, 2024**. Categories include patient care, staff education, nursing leadership, preadmit/preop, patient flow, handoff communication and documentation, and unit/environment activities. [Click here](#) for more information.

Clinical Inquiry (Research/EBP/QI) abstracts are also due **October 15, 2024**. Start planning now to showcase your accomplishments! [Click here](#) for more information.

Consider Nominating Someone for an ASPAN Award!

Excellence in Clinical Practice

Do you know someone who is a recognized expert in clinical nursing practice, or participates actively in nursing programs, committees or projects resulting in contributions to perianesthesia nursing? If so, consider nominating this colleague for ASPAN's prestigious *Excellence in Clinical Practice Award*. The deadline to do so is **November 30, 2024**. Go to www.aspan.org Members/Awards/Excellence-in-Clinical-Practice-Award for nomination forms and more information.

Award for Outstanding Achievement

Do you know someone whose dedication to excellence has furthered the art and science of perianesthesia nursing? If so, consider nominating this colleague for ASPAN's prestigious *Award for Outstanding Achievement*. The deadline to do so is **November 30, 2024**. Go to www.aspan.org Members/Awards/Award-for-Outstanding-Achievement for nomination forms and more information.

Above and Beyond Service Recognition

The ASPAN *Above and Beyond Service Recognition Awards* are given to individuals in recognition of exemplary service to ASPAN and/or their component. The deadline to do so is **January 10, 2025**. Go to www.aspan.org Members/Awards/Above and Beyond to learn more and access forms when available.

Start Working on Your Gold Leaf Application Now!

Gold Leaf Component of the Year Award

The deadline for the *Gold Leaf Component of the Year Award* submission is **February 1, 2025**! Components competing for the Gold Leaf Award must submit their applications to the ASPAN National Office by February 1, 2025. The award reflects the activity of your component from January 1, 2024, through December 31, 2024. The Membership/Marketing Strategic Work Team is looking forward to reviewing the applications from components and announcing the winner at the National Conference in Dallas, Texas. For information, guidelines, and the application, [click here](#).

BOD/RA MEETING HIGHLIGHTS

Highlights from the ASPAN Board of Directors' Preconference Meeting and the Representative Assembly

Susan Norris, BScN, RN, CAPA – ASPAN Secretary 2022-2024

 **Susan Norris**, BScN, RN, CAPA served as the location for ASPAN's 43rd National Conference.

Preconference Board of Directors Meeting

ASPN's preconference Board of Directors meeting was held on Saturday, April 13, 2024. Topics on the agenda included:

- Melissa Davidson, Director for Clinical Practice, presented several new position statements for the new Standards edition
 - Perianesthesia Nursing's Impact on and Response to Climate Change
 - Non-Operating Room Anesthesia
 - Use of Capnography Monitoring. The question came up as to whether the American Society of Anesthesiologists had updated their position on the use of capnography and, while it does not appear that they have as of now, it was stated this is an excellent opportunity for ASPAN to lead the change

- Melissa also discussed the proposed addition of a glossary to the *2025-2026 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*, and reviewed the crosswalk of revisions to the upcoming edition
- Teri Baughman, ASPAN treasurer, presented an overview of the 2023 year-end financials and was happy to report we ended the year on a positive note. Work continues creating a glossary of the terms used in the financial reports to ensure transparency and understanding of the various line items included
- The BOD voted to approve the 2023 year-end financials
- Vice President/President-Elect Lori Silva provided an update on the working strategic plan
- Work continues identifying components that are struggling, and working with them to ensure viability and benefit for the members

- Certification continues to be a focus for the future and has led to the establishment of a new perianesthesia Certification Promotion Strategic Work Team (SWT). Ronda Dyer, Regional Director – Region One stated they have seen an increase in active member participation in components since the Region One virtual certification study group has become more widely attended
- Katrina Bickerstaff, coordinator for the Development SWT, reported the Development Breakfast was sold out
- President Alphonzo Baker provided an overview of his year as president. He also led a discussion on the current Conflict of Interest Form 03-036. After much discussion, the decision was made to withdraw resolution 2024-06, Amendment to ASPAN Bylaws, section 5.2.1., from the Representative Assembly agenda

Representative Assembly

ASPN's Representative Assembly (RA) was called to order on Sunday, April 14, and the 91 duly credentialed representatives had the opportunity to vote on the candidates and five resolutions.

- The RA approved the following resolutions:
 - Resolution 2024-01 A Position Statement on Perianesthesia Nursing's Impact on and Response to Climate Change
 - Resolution 2024-02 A Position Statement on Non-Operating Room Anesthesia

- Resolution 2024-03 A Position Statement on the Use of Capnography Monitoring
- Resolution 2024-04 A Glossary as a proposed addition to the *2025-2026 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*
- Resolution 2024-05 Revised edition: The *2025-2026 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements*
- President Alphonzo Baker presented a summary of his year's activities
- Treasurer Teri Baughman presented the ASPAN financial report
- President Baker also led discussions on the work the Component Revitalization SWT has been undertaking. He also provided an update on the multi-year membership topic that was initiated at the 2023 RA and the steps that have been taken in the interim. Further discussion on options will be undertaken by the BOD in the coming months
- He also led a discussion on management education which focused on educating facility leadership on the difference between our unique specialty of perianesthesia and perioperative nursing practice

It has been my honor to have served you as your ASPAN Secretary for the past two years, and I thank you for giving me the opportunity to do so. 

Highlights from the ASPAN Postconference Board of Directors Meeting

Sarah M. I. Cartwright, DNP, RN, NI-BC, CAPA, FASPN – ASPAN Secretary 2024-2026

The 2024-2025 ASPAN Board of Directors (BOD) met on April 18, 2024, in Orlando, Florida following the 2024 ASPAN National Conference. The meeting was open to the membership and attended by two esteemed members in addition to the BOD.

The agenda included:

- An overview of the procedural steps for policy and procedure review/revision, and then several policies were reviewed including:
 - Role job descriptions
 - Financial policies, including general expense
 - Travel policies
 - Component financial aid

All reviews will go to their respective SWTs/committees for further review before being presented for a vote to the appropriate governing body (BOD, RA)

- The 2024-2025 organization chart, found on the ASPAN website, was presented, and reviewed by President Lori Silva, who also announced and reviewed the committee, SWT, and liaison leadership and membership appointments for 2024-2025
- Additional business items included an update on consultant selection for strategic planning and organizational excellence into the next decade for ASPAN
- Anticipated travel requirements for BOD and liaison appointments review
- The meeting closed with the BOD charged with supporting their constituents, our members, and each other
- The mid-year BOD meeting is scheduled for November 8, 2024, prior to the Perianesthesia Development Institute (PDI) in Oklahoma City, Oklahoma 



**Sarah M. I. Cartwright
DNP, RN, NI-BC, CAPA,
FASPN**

CONGRATULATIONS TO ALL ASPN AWARD WINNERS!



▲ **Sylvia Baker**
MSN, RN, CPAN (Ret), FASPAN

Ina Pipkin ASPN Past Presidents' Distinguished Service Award *Sylvia Baker, MSN, RN, CPAN (Ret), FASPAN*

The Ina Pipkin ASPN Past Presidents' Distinguished Service Award is given to an ASPN member in recognition of significant lifetime contributions that have positively impacted ASPN's core purpose: to advance and promote the unique specialty of perianesthesia nursing.

This year's recipient is Sylvia Baker, MSN, RN, CPAN (Ret), FASPAN. Her letter of recommendation notes a dedicated life to the nursing profession, hailing over 40 years' experience. A past ASPN Board of Director member, Sylvia served as a regional director. Additionally, she was part of the 2018 inaugural group of Fellows of the American Society of PeriAnesthesia Nurses (FASPAN).

Sylvia consistently and wholeheartedly contributes to ASPN, aligning with advocacy for the sustainability of components, while role-modeling excellence. She has been involved in multiple projects, numerous committees, and is an active team leader on the Clinical Practice Committee. Sylvia is also a passionate past member of the Standards Strategic Work Team. She is a known national speaker and author of perianesthesia chapters for several publications.

Always eager to share knowledge and expertise with team members, Sylvia acts as a mentor while supporting professional growth and development of all. Collaboratively, she created a "Tool Box" for component presidents, and added education to the "First Timers" orientation process at National Conference.

Sylvia has been an active teammate, a mentor, and a friend to many. Her recommendation letter highlighted her love of ASPN by consistent and outstanding participation. Congratulations, Sylvia!

Submitted by Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPAN, ASPN President 2022-2023

Award for Outstanding Achievement *Nereyda Leder, BSN, RN, CPAN*

This year's Award for Outstanding Achievement winner is Nereyda Leder from Salem, Oregon. She has been a nurse for over 13 years. Nereyda serves on her component board and is a CPAN certification coach. She is well-respected in the PACU environment, and colleagues who nominated her have stated, "She brings an energy and passion to the unit, while providing high quality, evidenced based care. She is bilingual and provides expert instructions to all her patients." "She is an expert PACU nurse who provides compassionate care to her patients." "She always goes the extra mile, and patients share how grateful they are for her care and personal touch." "She demonstrates outstanding knowledge, sharing this expertise with her peers at every opportunity including every year at our PACU annual education day."

"When she is not working, she assists her church community in providing translation and support. Besides all her professional roles and attributes, this year's nominee is a wife, daughter, sister, and mother to three young active boys. She juggles all in the most perfect balance." It was an honor to announce Nereyda (Nery) Leder as the ASPN 2024 winner of the Award for Outstanding Achievement!



▲ *From left, Nereyda Leder receiving the Award for Outstanding Achievement from President Baker*

Submitted by Shay Glevy, BSN, RN, CPAN, CAPA, Membership/Marketing SWT Coordinator

Excellence in Clinical Practice Award

Toni Correggio, BSN, RN, CPAN

ASPAN Awards

Every year ASPAN bestows the excellence in clinical practice award to a perianesthesia nurse who demonstrates achievement in the areas of education, policy development, clinical practice, and the promotion of the perianesthesia specialty. This year's award recipient is Toni Correggio.

Toni is currently a nurse clinician in the postanesthesia care unit at her facility in New York City. In this role, she demonstrates a "deep understanding of nursing practice....her critical thinking skills serve as a beacon" according to a nominator. She has served as a preceptor to a number of nurses, focusing on their critical thinking skills. Toni has served in leadership roles including as a charge in the busy PACU. She has served as the chair for the unit-based council, many times leading the implementation of evidence-based practices.

Toni is a certified perianesthesia nurse. She has presented posters at ASPAN's national conference on topics such as postop urinary retention (POUR), nurse-driven protocols, education standardization for PACU protocols, and fostering a culture of recognition.

One of her nominators describes her as having "uncommon empathy, undying passion, and a dedication to her team" we can all only hope to achieve. Congratulations to Toni Correggio on a well-deserved recognition!

Submitted by Melissa Davidson, MSN, RN, CPAN, Immediate Past Director for Clinical Practice



▲ From left, President Baker presenting Toni Correggio with the Excellence in Clinical Practice Award

President's Award

Keisha Franks, MSN, RN, CPAN

Keisha Franks, a distinguished leader in the field of nursing, has been honored with the prestigious ASPAN's President Award in recognition of her outstanding contributions to the profession. This esteemed accolade is a testament to Keisha's unwavering dedication, exemplary leadership, and commitment to excellence in perianesthesia nursing.

Throughout her career, Keisha has demonstrated a passion for advancing the standards of patient care and nursing practice. Her innovative approach to perianesthesia nursing has not only improved outcomes for patients but has also inspired her colleagues to strive for excellence in their own practice. Keisha's leadership both within ASPAN and in the broader nursing community has set a high standard for professionalism and integrity.

As a recipient of the ASPAN's President Award, Keisha Franks joins a select group of individuals who have made a significant impact on the field of perianesthesia nursing and as a support to the ASPAN president during their term. Her tireless efforts to promote education, research, and advocacy have helped to shape the future of nursing and ensure the highest



▲ From left, President Baker presenting Keisha Franks with the President's Award

quality of care for patients undergoing surgical procedures.

In receiving this prestigious award, Keisha Franks is not only being recognized for her past achievements, but also being celebrated for the promise of future contributions to the field of nursing. Her leadership and dedication serve as an inspiration to all who work in perianesthesia nursing, and her commitment to excellence sets a standard for others to follow.

As we celebrate Keisha Franks and her remarkable accomplishments, we also look to the future with optimism and excitement for the continued advancement of perianesthesia nursing under her guidance. Congratulations to Keisha on this well-deserved honor, and may her work continue to inspire and uplift the nursing profession for years to come.

Submitted by Alphonzo Baker, Sr., DNP, RN, CAPA, FASPA, ASPAN President 2023-2024

Volume 44, Issue 4
July/August 2024

MASPAN Wins Gold Leaf Component of the Year Award!

Massachusetts Society of PeriAnesthesia Nurses



▲ From left, Shay Glevy presenting MASPAN President Suzanne Russell with the coveted Gold Leaf Award

The Gold Leaf Award was created to recognize an outstanding component for their leadership, innovation, member development, communications, education services and community relations. It is also a road map for component growth and development. ASPAN had eight components apply, and they should be thanked for their hard work and all they do for their components! It was a pleasure to announce MASPAN (Massachusetts Society of PeriAnesthesia Nurses) as the Gold Leaf winner!

I would like to mention just a few of the remarkable works the winner of the Gold Leaf has accomplished. Their leadership shows involvement from across their state. In 2023, MASPAN held five conferences, with two of them being on certification review. They are a Shining Star recipient from ABPANC, and they took that award and recognized a member of their component as a Shining Star! At ASPAN's National Conference in 2023, MASPAN had an impressive nine Celebrate Successful Perianesthesia Practices Oral/Poster Presentations. MASPAN also did an outstanding job of recognizing member achievements, serving their community, and providing financial assistance to their members for seminars, conferences and recertification fees.

Congratulations, MASPAN!

Submitted by Shay Glevy, BSN, RN, CPAN, CAPA, Membership/Marketing SWT Coordinator



2024 FASPAN Class

Induction into ASPAN's Fellows Program is one of the highest honors ASPAN can bestow upon its members. As such, introduction as a Fellow of the American Society of PeriAnesthesia Nurses (FASPAN) is an honorable distinction that is earned through hard work, commitment to professional advancement, and substantive contributions in the field of perianesthesia nursing. This years' inductees are Maureen McLaughlin, MS, RN, ACNS-BC, CPAN, CAPA, FASPAN, and Alphonzo Baker, Sr., DNP, RN, CAPA, FASPAN. Congratulations to Maureen and Alphonzo! 🌱



▲ From left, Maureen McLaughlin receiving her FASPAN designation from Connie Hardy Tabet



▲ From left, Alphonzo Baker, Sr., receiving his FASPAN designation from Connie Hardy Tabet

DNR (Do Not Resuscitate): A Case Study

Lori Erni, BSN, RN, CCRN, CPAN – ASPAN Director for Clinical Practice

Clinical Practice

I would like to introduce myself. My name is Lori Erni, and I am the new Director for Clinical Practice. I have been a nurse for nearly 38 years and in the perianesthesia area since 2002. During my career, I spent six and a half years traveling as a PACU nurse and worked in small community hospitals and large university settings in all phases of care. I have cared for all ages and recovered many different types of patients after a large variety of surgical procedures. But I have now “grown up” and taken a permanent job in Salem, Oregon.

Melissa Davidson, the previous director for clinical practice, has been a mentor and guide through this transition. I did not know she was going to address the DNR status in the previous *Breathline* issue, but I wanted to provide a more personal insight.

Prior to working in the perianesthesia area, I spent a large portion of my career in cardiac critical care. The code status of our patients was readily discussed with the patient and their families. When I transferred to the pre-op area, this wasn't the case. Our most recent ASPAN Standards clearly state that a thorough discussion should be conducted and documented in the patient's chart.¹ The Patient Self-Determination Act states that patients should be guiding their healthcare and decisions. They should be able to determine what care that they want to receive.²

Last January, my elderly mother was hospitalized after presenting in the emergency room with a fractured hip and urosepsis. She was hypotensive and barely responsive. The ER physician discussed the options at that time. My mother was frail and a DNR. In my experience, I have seen patients recover from urosepsis. Our family had a discussion to proceed with pressors and a central line, but no intubation or CPR. Later that evening, my mother's blood pressure improved, and she was alert and oriented. Then, she said, “I want everything done!” The doctors were clear and appropriate in the eventual outcome, but this was her right.

As the days went on, she ended up intubated, sedated, restrained, and on continued pressors. She did improve enough to have her hip repaired. After several weeks, mom was able to be discharged to a rehabilitation facility. She did not remember any of her ICU stay. As time ensued, she did not get stronger and said, “I want to go to hospice. I can't do this. I do not want all the tubes.” Mom passed away peacefully a few days later. My siblings and I did not want her to suffer as she did. I did have to inform the nurses that this was her decision. It was her right to determine her care. My heart went out to all the nurses who cared for this frail, elderly woman.

I have spent the majority of my perianesthesia career in the PACU. There have been too many times when I and my colleagues have cared for the same kind of patient after a procedure. We see noted on the storyboard of their chart, the “DNR.” When discussed with the anesthesia provider or surgeon, we are met with “wheels out of the PACU, it goes back into effect.” This scenario seems to occur more often late in the day, as these patients are “add ons” or the weekend schedule. When this has occurred, I do always seek clarification. This is not usually well-received. I realized this conversation needs to start in the pre-op area. Education and review of code status and the details of what the patient wants needs to be documented. Many times, families are asked, “Do you want us to do everything?” without an explanation to what “everything” is.

On a personal note, my own family is keenly aware of what “everything” means. In essence, this is another facet of “informed consent.” As our patients and families are in our care, we, as perianesthesia nurses, need to advocate for their care and support the care they do or do not want to receive.

REFERENCES

1. American Society of PeriAnesthesia Nurses. A position statement on the perianesthesia patient with a do-not-attempt-resuscitation (DNAR) advance directive. In: 2023-2024 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements. ASPAN; 2022:136-140.
2. Cartwright SMI. Preoperative evaluation. In: Schick L and Windle PE, eds. *Perianesthesia Nursing Core Curriculum Preprocedure, Phase I and Phase II PACU Nursing*. 4th ed. Elsevier, Inc. 2021:51-69. 



Lori Erni
BSN, RN, CCRN, CPAN





Each year, many of the "stars" of ASPAN are recognized for their contributions to perianesthesia nursing ASPAN and their components. These are the members and components recognized this year in various categories. Congratulations!

Recruiter of the Year Award for 2023!

Congratulations to Alicia White, BSN, RN, CAPA, from VSPAN (Virginia Society of PeriAnesthesia Nurses), for recruiting 12 new members this last year! The Recruiter of the Year receives one free year of ASPAN membership, and one free full registration to the 2024 ASPAN National Conference!



▲ President Baker recognizing Alicia White as the Recruiter of the Year

[Click here to learn more about ASPAN's annual Member-Get-A-Member campaign.](#)

CONGRATULATIONS TO ASPAN'S 2024 ABOVE AND BEYOND SERVICE RECOGNITION AWARD WINNERS!

The ASPAN Above & Beyond Service Recognition Awards are given to individuals in recognition of exemplary service to ASPAN and/or their component. Recipients of this honor/award demonstrate an attitude of excellence, teamwork, and go "Above and Beyond" the expectations of their job/duties. There are only 10 selected each year out of the applications received, and it is an honor to announce this year's 10 winners:

Mary Baird, INSPAN
Peggy Forstner, MNDAKSPAN
Craig Baker, INSPAN
Nereyda Leder, NPANA
Donna Constant-Haley, MASPAN

Michelle Meadows, PANAC
Catherine Del Rosario, PANAC
Elsa Oria-Tijol, TAPAN
Ronda Dyer, PANAC
Kaitlin Ronning, PAPAN

Congratulations to these new members of the Nominating Committee!



Dorothy Flowers
BSN, RN, CAPA



Natalie Friess
MSN-Ed, RN,
CPN, CPAN



Amy Parker
BSN, RN, CPAN



Ashlynn Penna
DNP, RN, CPAN,
CAPA, NPD-BC



Alison Popa
BSN, RN, RSCN,
CPAN, CAPA

Thank You to the National Conference Strategic Work Team!

Kim Godfrey, BSN, RN, CPAN - *National Conference Coordinator*

Felicia Selman, MSN, RN, CAPA

Lynette Alcorn, BSN, RN, CCRN, CPAN

Kristen Cantrell, MSN, MBA, RN, CNML

Theresa Lee, BSN, RN, CAPA

Kathleen Saball, MS, BSN, RN, CPAN, CAPA

Valerie Watkins, BSN, RN, CAPA (Ret)

Katrina Bickerstaff, BSN, RN, CPAN, CAPA

Alphonzo Baker, Sr., DNP, RN, CAPA, FASPAN

Lori Silva, MSN, RN, CCRN, CPAN

Teri Baughman, BSN, RN, CPAN, CAPA, CEN

Linda Wilson, PhD, RN, CPAN, CAPA, NPD-BC, CNE, CNEcl, CHSE-A, ANEF, FAAN, FSSH, FASPAN



▲ From left, President Baker recognizing
NCSWT Coordinator Kim Godfrey

Thank You to the ASPAN National Office Staff!

Kevin Dill

Jane Certo

Terry Clifford

Doug Hanisch

Pam Gottschalk

Katie Murdoch

Courtney Papp

Eileen Zeiger

Donna Ingram

Linda Wilson

Marie Gallagher

Connie Jameson

Gold Leaf Applicants for 2023 Activity

ASPAN's Membership/Marketing Strategic Work Team wants to give a special shout out and recognize the components who submitted applications for Gold Leaf Component of the Year! It takes a lot of effort to compile and show all the amazing things that your component does each year!

Gold Leaf Applicants

- Florida Society of PeriAnesthesia Nurses
- Kentucky Society of PeriAnesthesia Nurses
- Massachusetts Society of PeriAnesthesia Nurses
- Nebraska Association of PeriAnesthesia Nurses
- Ohio PeriAnesthesia Nurses Association
- Pennsylvania Association of PeriAnesthesia Nurses
- Rocky Mountain PeriAnesthesia Nurses Association
- Tennessee Society of PeriAnesthesia Nurses

**Congratulations to these members who were nominated for the
EXCELLENCE IN CLINICAL PRACTICE AWARD:**

Toni Correggio, BSN, BS, RN, CPAN – Mahwah, NJ

Diala Epstein, BSN, RN, CPAN, CPN, ONC, CRRN – Staten Island, NY

Cynthia Fisher, BSN, RN, CAPA – Nashua, NH

Chrystal Maki, BSN, RN, CPAN – Ashland, MA

Cachet Mitchell, BSN, RN, CPAN – Baton Rouge, LA

Kim Mullins, BSN, RN, CPAN – Salem OR

Kimberly Place, BSN, RN, CAPA – Powell, OH

**Congratulations to these members who were nominated for the
AWARD FOR OUTSTANDING ACHIEVEMENT:**

Toni Dantonio, MSN, RN, CAPA – Prairieville, LA

Maureen Diver, MSN, RN, CAPA – Jackson, NJ

Nereyda Leder, BSN, RN, CPAN – Salem, OR

Serving ASPAN - What an HONOR!

Amy Berardinelli, DNP, RN, NE-BC, CPAN, FASPA
ASPA Director for Clinical Inquiry

It was a true honor to attend the 43rd ASPAN National Conference with all of you! Meeting and re-meeting, networking, engaging, and supporting the spirit of inquiry as a perianesthesia nurse just keeps getting better. Our attendance, for the second year, comprised 50 percent newcomers. You could feel their energy.

There were 40 clinical inquiry posters. The topics ranged from hand-off to ERAS to urinary catheterization to the power of pause to burnout to corneal abrasions. There was a topic of interest for everyone. The oral poster presenters shared their research, QI, and evidence-based practice (EBP) implementation to a large, eager audience.

ASPA nurses are blessed with numerous PhD prepared members who are willing to mentor and guide those in school, assist on the Magnet® journey, and pursue clinical inquiry at their organizations. Remember, ASPAN offers research grants. Information is available at www.aspan.org under the Clinical Inquiry tab. Any questions, please do not hesitate to reach out to me, Amy Berardinelli, at aberardinelli@aspan.org.

ASPA Research Grants

Research grants are awarded twice a year. Application deadlines are January 1 and June 15 of each year. Grant applicants will be notified of approval or denial by March

15 of the same year (January applicants) and by August 1 of the same year (June applicants). All grant awardees will be acknowledged at the ASPAN National Conference.

If you are a member of the Clinical Inquiry Committee, we look forward to your expertise and extend our sincere appreciation for the volunteer hours you dedicate to:

1. Poster abstract review for National Conference
2. Poster judging for National Conference
3. Leveling evidence for the Standards publication
4. Peer review of Research Grant submissions
5. Participation in virtual journal club
6. Mentoring ASPAN members who wish to conduct research, EBP implementation, and QI projects
7. Collaborative projects with the Directors for Education and Clinical Practice
8. Assist with ASPAN-led research.....and so much more!

Without our dedicated members, we would not be able to provide perianesthesia nurses with the latest in perianesthesia education, research, clinical practice expertise, standards, and advocacy as the premier organization for perianesthesia nursing excellence. 

National Conference Development Activities featured Great Support!

Chris Skinner, MSN, RN, CAPA – ASPAN Development SWT Coordinator

ASPAN's 43rd National Conference in Orlando, Florida was wonderful. The weather was delightful, and it was great to connect with friends and colleagues. Development activities included the Silent Auction, Development Breakfast, *Hail, Honor, Salute!*, the ASPAN Booth, and meeting our vendors in the Exhibit Hall.

The Silent Auction featured 91 items donated by individuals and components. This was a record number of items for a few years! The bidding activity was for the three days, culminating on Wednesday morning with folks hovering and placing their final bids to secure the item of their choice. The Silent Auction raised \$5,007 for Development to fund scholarships, awards, and clinical inquiry. This was also a record amount not seen in the last few years!



▲ The Silent Auction was always buzzing with activity!



▲ Laughing hysterically during the humor presentation

Our Development Breakfast sold out with 161 participants! The breakfast was sponsored by Soothing Scents. Past President Regina Hoefner-Notz was our keynote speaker. Her topic of "I Cried so Hard I Laughed" on nursing humor had us almost rolling in the aisles at her stories. We then installed the latest Legacy for Life members, which included FLASPAN, Meg Beturne, Margaret McNeill, Barb Godden, Mary Catherine Moynahan, and Esther Watson (posthumously). A complete list of Legacy for Life members is listed on page 14. The Patricia E. Hansen Memorial Honoree was also announced at the breakfast. This award is given to the scholarship recipient who had the highest number of points on their application for a National Conference scholarship. Regina Hoefner-Notz received the award this year! To round out the breakfast, attendees filled out *Hail, Honor, and Salute!* forms.



▲ Can we answer your questions?



▲ Attendees speaking to vendors in the Exhibit Hall

We also want to thank the 21 components and many corporate sponsors for their support this year. Please see the complete list of corporate and component sponsors on page 14. Special thanks to everyone who donated to, and assisted with, the Silent Auction and manning the ASPAN booth. We couldn't have done it without you!

I encourage everyone who attends the National Conference in person in Dallas 2025 to sign up for the Development Breakfast and participate by donating and bidding on items at the Silent Auction. Hope to see you there! 🌱



Individual Legacy for Life Members to date:

Karen Flanagan, 2013	Sandra Gardner, 2018	Meg Beturne, 2023
Kim Kraft, 2013	Nancy Saufl, 2018	Margaret McNeill, 2023
Twilla M. Shrout, 2013	Dolly Ireland, 2019	Barb Godden, 2024
Myrna Mamaril, 2013	Katrina Bickerstaff, 2019	Mary Catherine Moynahan, 2024
Charlotte R. West, 2017	Lois Schick, 2019	Esther Watson, 2024
Grace Walke, 2017	Jane Ehrhardt, 2020	
Valerie Watkins, 2017	Dina Krenzischek, 2021	
Maureen Iacono, 2017	Susan Shelander, 2021	
Linda Wilson, 2017	Debby Nichaus, 2022	
Angelique Weathersby, 2017	Elizabeth Martin, 2023	
	Linda Beagley, 2023	

Component Legacy for Life Members to date:

MOKANPANA, 2017	CBSPAN, 2018	MAPAN, 2021
PAPAN, 2017	RMPANA, 2019	INSPAN, 2021
TAPAN, 2017	ILSPAN, 2019	FLAS PAN, 2023
PANAC, 2018	NYSPANA, 2020	

Thank You to our Component and Corporate Sponsors!

Component Sponsors 2024

Arizona PeriAnesthesia Nurses Association
Chesapeake Bay Society of PeriAnesthesia Nurses
Florida Society of PeriAnesthesia Nurses
Illinois Society of PeriAnesthesia Nurses
Indiana Society of PeriAnesthesia Nurses
Kentucky Society of PeriAnesthesia Nurses
Maine Society of PeriAnesthesia Nurses
Massachusetts Society of PeriAnesthesia Nurses
Michigan Association of PeriAnesthesia Nurses
Minnesota-Dakotas Society of PeriAnesthesia Nurses
North Carolina Association of PeriAnesthesia Nurses
Northwest PeriAnesthesia Nurses Association
Ohio PeriAnesthesia Nurses Association
Oklahoma Society of PeriAnesthesia Nurses
Pennsylvania Association of PeriAnesthesia Nurses
PeriAnesthesia Nurses Association of California
Rocky Mountain PeriAnesthesia Nurses Association
Tennessee Society of PeriAnesthesia Nurses
Texas Association of PeriAnesthesia Nurses
Vermont/New Hampshire Association of PeriAnesthesia Nurses
Virginia Society of PeriAnesthesia Nurses

Corporate Sponsors 2024

Eagle Pharmaceuticals (Platinum)
Elequil Aromatabs by Beekley Medical (Bronze)
Gebauer Company (Passport)
Heron Therapeutics (Gold)
HUSH Curtain (Bronze)
Mayo Clinic Continuing Nursing Education (Passport)
Pacira (Gold)
SMI Cold Therapy (Bronze)
Soothing Scents (Silver)
UVA Health (Bronze)





Keeping patient comfort simple.

Evidence-based aromatherapy • Fast-acting • Long-lasting
Resealable • No order needed

SOOTHING SCENTS
soothing-scents.com

Think and Plan

ElizaBeth Cooper, BSN, RN, LMT, CAPA

I especially enjoyed the sessions I attended at the 2024 ASPAN National Conference in Orlando. The gist of what I learned this time made me reflect on some life-learning principles. I especially remember these when thinking about problem-solving and reflection.

“An ounce of prevention is worth a pound of cure” is attributed to Benjamin Franklin. He was reported to have written this around 1735. He had been visiting Boston and was impressed at their fire emergency plan.¹ This quote is my reminder to not wait until the last minute.

I have collaborated with many nurses over my career. We all have memories of those unforgettable co-workers. I especially remember Nancy. She was a no-nonsense person who worked as a float nurse. She had years of experience, and I was the new nurse when we met. Our paths crossed many times, and we ended up being friends. Whenever a new guideline or change of policy would come out, she would say, “The more things change, the more they stay the same.” I also recall her adding, “We tried that way before, but now we’re trying the way differently.” I have since learned it was a famous quotation by Alphonse Kerr.²

We strive to become critical thinkers in our profession. We must prioritize our patient’s acuity to ensure survival. How many times do nurses ask themselves what they could do differently next time? Personally, I have found Benjamin Franklin’s planning quote helpful through these years. And my friend Nancy’s statement would make me ponder the real reason the change was being made.

Charles Deming taught us that we should look at a problem as a system deficit instead of deficient performance.⁴ People do not intentionally try to perform subpar. An example is staffing on a preop and postanesthesia care unit. The number and time expectation of cases should be contributing factors to adjust how much staff is needed to complete the day. Staggering staff shift times certainly improves the flow.

The quotes I shared cause me to think about the relevance of them in today’s world. I receive regular emails from the Employee Assistance Program based in Australia. One recent post was about well-being and the “Seven Roots of Wellness.”⁴

1. Intellectual Root: The ability to think with an open mind, nonjudgmental, allowing self to learn new concepts in and out of the workplace
2. Emotional Root: The ability to be aware of and navigate one’s range of emotions. Navigation includes keeping check of one’s response and constructively dealing with these emotions
3. Physical Root: Caring for self by making purposeful choices that promote optimal health
4. Social Root: Enjoying personal connections with others. Also having the ability to manage conflict productively
5. Spiritual Root: Making meaning of life events and understanding one’s purpose, along with compassion for self and others
6. Environmental Root: Awareness of respect for our environment and resources



ElizaBeth Cooper
BSN, RN, LMT, CAPA

7. Financial Root: Managing our resources to sustain ourselves financially short and long term. If we are thinking positively, we should be mindful of our savings and investments

I found that references written in North America changed the word "root" to "dimension." The Financial Root term changes to Occupational Dimension.⁵

8. Occupational: I found current sources omitting financial for occupational. This root focus includes having a satisfying career that allows a balance of work and leisure

I noticed, then, references to an article written in 2014 by Bruce Kasanoff about leadership traits.⁶ He coauthored a book called *“Business Evolves, Leadership Endures.”* Multiple leaders were asked to identify traits of successful leaders. The authors cited leadership concepts and comments from global successful business leaders. Below are the traits and highlights of the comments:

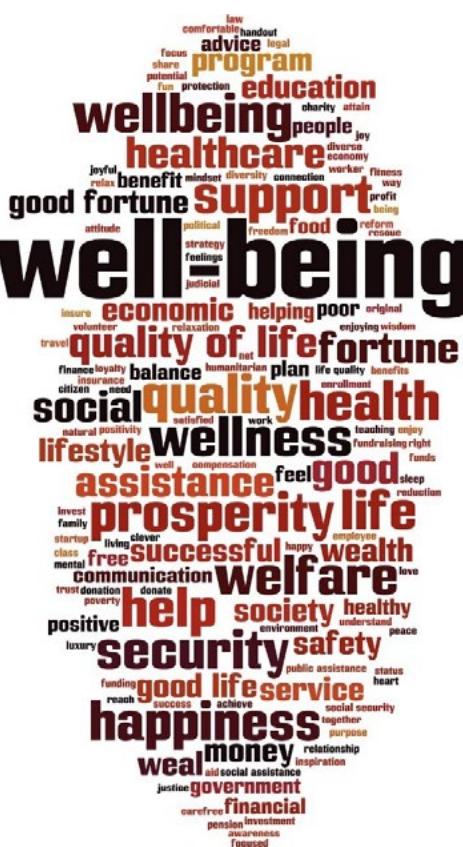
- 1. The commitment not to lead a little life:** This involves living a life that focuses on more than self and trying to better other people's lives
- 2. Vision:** Do you have a clear vision of what you want your company (life) to be? Are you sharing your expectations?
- 3. Voice:** Are messages delivered in a way that everyone knows what you are doing and why? Communication is essential for everyone to understand the focus
- 4. Heart:** Passion seems to drive success in any business or endeavor – and it is helpful if you like the business, too
- 5. Team Building:** A company leader realizes one does not have to be the smartest person to be in charge
- 6. Backbone:** Having integrity and holding steady to principles
- 7. Listening:** Listen to others and invite dialogue. This promotes trust. Collaborators feel included and want to give more
- 8. Emotional Intelligence:** Having the instinct to quickly know which people you like, and with whom you have similar values, is more likely to make any business collaboration successful
- 9. Diversity:** Successful leaders have the innate ability to create an environment whereby everyone feels included and valued

I have shared with you the roots/dimensions of well-being. I believe the well-being dimensions are what need to be considered in life planning. I correlate these with what is considered in “the ounce of prevention” in the Franklin quote. I also included the leadership traits 2014 reference to relate to my friend Nancy’s comment about change that has stuck in my memory through my nursing years.

I welcome your comments. I wish Nancy were alive because I know she would give me feedback.

REFERENCES

1. An ounce of prevention is worth a pound of cure. VOA Learning English website. March 14, 2020. Accessed May 9, 2024. <https://learningenglish.voanews.com/a/an-ounce-of-prevention-is-worth-a-pound-of-cure-/5326585.html>
2. Alphonse Karr: The more things change, the more they are the same. Book Browse website. Accessed May 9, 2024. https://www.book-browse.com/expressions/detail/index.cfm/expression_number/483/the-more-things-change-the-more-they-stay-the-same
3. The Deming philosophy. The W. Edwards Deming Institute website. Accessed May 9, 2024. <https://deming.org/the-deming-philosophy/>
4. Roots of wellness. EAP Assist website. April 26, 2024. Accessed May 9, 2024. <https://eapassist.com.au/eap-assist/roots-of-wellness/>
5. The 7 dimensions of wellness. Mindbody website. Accessed May 9, 2024. <https://www.mindbodyonline.com/business/education/infographic/7-dimensions-wellness>
6. Kasanoff B. Nine leadership traits that stand the test of time. Forbes website. Updated June 10, 2014. Accessed May 9, 2024. <https://www.forbes.com/sites/brucekasanoff/2014/06/04/nine-leadership-traits-that-stand-the-test-of-time/>



Journal of PeriAnesthesia Nursing Awards

Congratulations to the Mary Hanna Memorial Journalism Award Winners
for the 2023 Volume Year!

BEST PRACTICE

First Place:

Documentation of Assessments and Interventions
Using a Pediatric Preoperative Risk Assessment
Checklist in the Postanesthesia Care Unit: A Quality
Improvement Initiative

Myrna E. Mamaril, DNP, RN, NEA-BC, CPAN,
CAPA, FAAN, FASPA
Ryan MacDonald, PhD

Second Place:

Implementation and Postoperative Management of
Continuous Adductor Canal Catheters for Total
Knee Arthroplasty to Reduce Surgical Backlog
Related to the COVID-19 Pandemic: An Acute Pain
Service Perspective and Educational Resource

Tara J. Faraoni, BScN, MN
Richelle Kruisselbrink, MD, FRCPC

Third Place:

Enhancing Postoperative Pain Management and
Decreasing Hospital Length of Stay on a Pediatric
Orthopedic Unit: Implementation of an Ambulatory
Continuous Peripheral Nerve Block Program

Ashley Harvey, MN, RN
Elisa Nigro, MN, RN(EC), NP-Pediatrics
Jacqueline Hanley, MN, RN
Maryse Bouchard, MD, MSc

CLINICAL

First Place:

Positive Healthcare Encounters for Children With
Autism Spectrum Disorder: Accommodations
During Surgical Procedures

Stacey Bevan, BSN, RN
Kathleen Harris, MD
Susan Maeder-Chieffo, MSN-FNP, CRNP
Elizabeth Reswebber, MPH, RN, CPAN
Daniel Lanahan, BSN, RN
Margaret Souders, PhD, CRNP

Second Place:

Perioperative Management of Antisynthetase
Syndrome: A Case Report

Candelaria Delgado-Alonso, MD
Angel Becerra-Bolaños, MD, PhD
Sergio Cabrera-Doreste, MD
Lucís Valencia, MD, PhD
Aurelia Rodríguez-Pérez, MD, PhD

Third Place:

Anesthetic Considerations in Multisystem
Inflammatory Syndrome in Children: A Case Series

Getta Kamal, MD
Swetha Rudravaram
Shilpa Agarwal, MD
Anju Gupta, MD, DNB, IDRA,
EDRA

REVIEW

First Place:

A Systematic Review of Race, Sex,
and Socioeconomic Status Differences
in Postoperative Pain and Pain
Management

Kesha L. Thurston, DNP, CRNA
Sarah Jingying Zhang, PhD, CRNA
Bryan A. Wilbanks, PhD, DNP,
CRNA, FAANA
Rebecca Billings, MLIS
Edwin N. Aroke, PhD, CRNA, FAAN



▲ From left, Kesha L. Thurston
receiving the first place award in the
Review category from JoPAN co-editor
Jan Odom-Forren

Second Place (tie):

Accelerated Perioperative Rehabilitation for Breast
Cancer Patients Undergoing Radical Mastectomy:
A Systematic Review

Su Liu, MS, RN
Yiwei Shen, RN
Jialian Xiang, RN
Fang Zhou, RN
Jian Liu, MM
Ningning Zhou, RN
Lingzhi Cai, MM, RN

Second Place (tie):

Perioperative Nursing Role in Robotic Surgery:
An Integrative Review

Diego Redondo-Sáenz, RN
Cristhian Cortés-Salan, MSN, RN
Mauricio Parrales-Mora, MSN, RN

Impact of Virtual Operating Room Tours on
Relieving Perioperative Anxiety in Adult Patients:
A Systematic Review

Yaqian Yu, RN
Xuchuan Zhou, BN, RN
Guowei Zeng, BN, RN
Yifang Hou, RN

RESEARCH

First Place:

Parental Presence at Induction of Anesthesia to Reduce Anxiety: A Systematic Review and Meta-Analysis

Michael C. Shih, BS
Phillip R. Elvis, BS
Shaun A. Nguyen, MD
Emily Brennan, MLIS
Clarice S. Clemmens, MD

Second Place:

The Effects of Virtual Reality of Preoperative Anxiety in Patients Undergoing Colorectal and Abdominal Wall Surgery: A Randomized Controlled Trial

Gülay Altun Ugras, PhD, RN
Canan Kanat, MSc, RN
Zeliha Yaman, PhD, RN
Mualla Yilmaz, PhD, RN
Mehmet Ozgur Turkmenoglu, MD

Third Place:

Documentation for Assessing Pain in Postoperative Pain Management Pre- and Post-Intervention

Huong Dang, MSc, RN, CCN
Siv K. Stafseth, PhD, RN, CCN, MNSc 

CONGRATULATIONS TO THE ASPAN 2023-2024 BOARD OF DIRECTORS!

President

Lori Silva — MSN, RN, CCRN, CPAN

Lori is a Clinical Nurse III in the PACU at Doctors Medical Center in Modesto, California. She has 41 years of experience in critical care, emergency nursing, with 27 of those 41 years in perianesthesia nursing, which is her love. Lori received her Bachelor of Science degree in Nursing and Master of Science degree as a nurse educator from Chamberlain College of Nursing. She is a Certified Post Anesthesia Nurse (CPAN) and Certified Critical Care Nurse (CCRN).

Lori and her husband Kevin, a retired paramedic, have been married for 33 years. They have three adult children, Chris, Elizabeth, and Josh. They enjoy camping, traveling to the coast and countryside, and football/baseball games.

Lori has served in various leadership roles within her home component, the PeriAnesthesia Nurses Association of California (PANAC), including president, treasurer, and education chair. She has served as ASPAN's treasurer, vice president/president-elect, and currently as 2024-2025 ASPAN president. Lori feels the most enjoyable part of being a member of PANAC and ASPAN is meeting amazing colleagues from across the country and sharing her love of perianesthesia nursing.



Vice President/President-Elect

Ursula Mellinger — BSN, RN, CPAN, CAPA

Ursula has been a nurse for 47 years, starting her career in the ICU in Pittsburgh. She then spent 15 years at a federally funded healthcare facility for medically underserved populations and homebound geriatric patients. Wanting to return to more acute patient contact, she took a position in the PACU. For the past 22 years she has been working PACU Phase I, Phase II, and pre-op assessment and readiness. She has been an ASPAN/PAPAN member for 17 years. For the past two years, she has served as ASPAN's regional director, region four. She is currently employed at a free-standing ambulatory surgery center as a pre/post RN. She enjoys working PRN and watching her grandson's football games. She is honored and excited to begin her position as ASPAN's vice president/president-elect.



Secretary

Sarah M. I. Cartwright — DNP, RN, NI-BC, CAPA, FASPAN

Dr. Sarah M. I. Cartwright's three decades of perianesthesia practice, from staff nurse to senior administrator and educator, are underpinned by the core values of perianesthesia nursing. Since 1998, while active in ASPAN and GAPAN, she's led strategic initiatives as component president, served as regional director region five, and championed mentorship. A prolific author and recipient of numerous accolades, including FASPAN and the ASPAN Above and Beyond Award, patient safety and excellence is core to her practice.



Treasurer

Teri Baughman — BSN, RN, CEN, CPAN, CAPA

Teri is a frontline nurse and previous manager with 29 years of nursing experience in cardiac stepdown, emergency nursing, and perianesthesia Phase I PACU. She discovered her passion in perianesthesia nursing in 2008, then became dual certified, and is a certification coach. Teri advocates for ASPAN's Standards.

She serves the PeriAnesthesia Nurses Association of New Mexico (PANANM) as current president. Her role as PANANM's treasurer for six years was instrumental in transitioning their IRS status to a 501(c)(3), also revising policies and procedures, bylaws, updating strategic plans, and organizing several educational events. Teri actively participates with ASPAN on various committees and strategic work teams, including Finance, Education Approver, Development, and Bylaws/Policy and Procedures. Teri also has 12 years' experience and skills on a chapter board of directors with the Emergency Nurses Association (ENA) as president, treasurer, and secretary.



Immediate Past President

Alphonzo Baker, Sr. — DNP, RN, CAPA, FASPAN

Alphonzo has been a nurse for 25 years caring for adult and pediatric patients within perianesthesia critical care. He is a charge/staff nurse at Medstar Georgetown University Hospital in Washington, D.C. in Preop/OR Holding/PACU. In his D.C. district of CBSPAN, he served as president. During his nursing career he has been a change agent for nursing practice, working as the chairperson/leader of the perianesthesia collaborative governance council, Medstar corporate council representative of quality and safety, and the northern Virginia representative for the American Nurses Association.



Regional Director, Region 1

Ronda Dyer — MSN, BSPA, RN, CPAN, CAPA, CNE

In healthcare for over 40 years and an RN for 36 years, Ronda's experience wandered through critical care, home health, and hospice before finding her passion 16 years ago in perianesthesia nursing, working in PACU Phase I, pre-op, and PACU Phase II. She joined ASPAN/PANAC in 2009, became dual certified in 2012, and has served as PANAC's *Pulseline* editor since 2013. As regional director, region one, her passion is clinical excellence, education, and certification. This passion resulted in the creation of a kitchen table certification study group which has evolved with the help of colleagues, to a virtual component-wide group, and this year, has expanded to a regional effort.



Regional Director, Region 2

Linda Allyn — BSN, RN, CPAN, CAPA

Linda has 50 years' experience in adult and pediatric hospitals. After starting out in orthopedics and labor & delivery, she transferred to the PACU in 1980 and has served as perianesthesia resource for her unit. She has experience as a staff nurse, charge nurse, and manager. She has been a member of ASPAN committees and work teams, including Membership/Marketing, Clinical Practice, and Credentials. She is also a member of the Pediatric SPG. In her home component of TAPAN she has served as treasurer, secretary, vice-president, president, past president, membership and marketing chair, conference chair, and governmental affairs committee chair. She has participated in several mission trips to Guatemala and Kenya. Linda has been recipient of the ASPAN President's Award, an ASPAN Star Award, TAPAN Distinguished Service Award, President's Award, and TAPAN Star Award.



Regional Director, Region 3

Marlene Nahavandi — BSN, RN, CAPA

Marlene's dedication to nursing, especially in the perianesthesia setting, is truly amazing. Her journey from attending local meetings to becoming deeply involved in ASPAN/WISPA showcases her passion and commitment to perianesthesia nursing over the past 40 plus years. Marlene is excited to serve in her second year as a regional director. Her involvement in leading region three certification study groups demonstrates her desire to foster excellence within her region. Marlene's active participation in ASPAN committees and strategic work teams reflects her desire to contribute to the broader perianesthesia nursing community.



Regional Director, Region 4

Stephanie Johnson — MSN, RN, CPAN, CAPA

Stephanie Johnson is the newly elected ASPAN regional director – region four. She has been a perianesthesia nurse for 13 years, and her passion for the specialty continues to grow. She was most recently vice president of MASPAN and is the editor for MASPAN's newsletter, *The Mayflower*. She is the assistant nurse manager/clinical educator for surgical services at Baystate Franklin Medical Center in Greenfield, MA. She has two amazing children, Charlotte and Chase, who are the light of her life and inspire her to pursue her dreams every day.



Regional Director – Region 5

Nickcole Price — MSN, RN, CPAN, CAPA

Nickcole graduated from nursing school in 1998. She is a dual certified, passionate perianesthesia nurse educator and experienced leader. She is a facilitator for bridging best practices and optimizing safe patient care. Nickcole has been an ASPAN member since 2004. She has contributed to various ASPAN committees and strategic work teams, including Bylaws, Policies and Procedures, Credentials SWT, Standards and Guidelines SWT, Clinical Practice Committee, and Educator Approver Committee. As an active member of the Chesapeake Bay Society of PeriAnesthesia Nurses, she served as the component president, and

District of Columbia district president. Nickcole is instrumental in recruiting perianesthesia nurses and encouraging activism at the component and national level. Nikki is currently employed as a perioperative nursing professional development specialist for Medstar Southern Maryland Hospital Center.



Director for Clinical Practice

Lori Erni — BSN, RN, CCRN, CPAN

Lori has been a nurse for 39 years. She attended Augustana University in Sioux Falls, South Dakota and then moved to Yuma, Arizona, followed by another move to San Diego. After getting married, she moved to Spokane, Washington, then went back to Tucson, Arizona where she transitioned to the perianesthesia world and loved it. Later they moved back to Spokane. In 2017, Lori started to travel as a PACU nurse. During her six plus years as a travel nurse, she worked in over 14 PACUs. Lori now has a permanent position in Salem, Oregon in a PACU.



Director for Clinical Inquiry

Amy Berardinelli — DNP, RN, NE-BC, CPAN, FASPA

Dr. Amy Berardinelli has been a registered nurse for 20 years. Much of her career involves leading others in the specialty of perianesthesia nursing. Amy spent twelve years at the Cleveland Clinic, where she was the team lead for the New Knowledge and Innovations section for the hospital's Magnet® submissions and was awarded the Cleveland Clinic research nurse of the year.

Amy is published in *JONA*, *JoPAN*, and *Outpatient Surgery*. Recently, she shifted gears to the specialty of pediatric perianesthesia nursing as the clinical nurse manager of the perianesthesia and the perioperative surgical home departments at Akron Children's Hospital.

Amy is active in OPANA and ASPAN. Locally, she is the president of the Greater Cleveland PeriAnesthesia Nurses Association (GCPANA) and of the Ohio PeriAnesthesia Nurses Association (OPANA). Dr. Berardinelli is honored to be the ASPAN Director for Clinical Inquiry, as well as a team lead for Clinical Practice and for Standards.

**Director for Education****Antoinette (Toni) Zito — MSN, RN, CPAN, CAPA, FASPAN**

Antoinette "Toni" Zito is a registered nurse with over 30 years of perianesthesia nursing experience. Currently, Toni practices in the perioperative unit at Cleveland Clinic Hillcrest Hospital where she cares for both pediatric and adult patients throughout all phases of care. Toni's MSN focused on nursing education, and she most recently served as a perioperative education program coordinator for surgical services. She continues as a nursing professional development specialist for special projects. Toni is a national speaker, author, and researcher with a focus on safety in the perianesthesia environment. She has been an active member of ASPAN, serving on many committees and work teams, including Education, Clinical Practice, Standards, and the Nominating Committee.

As the Director for Education, Toni's vision is to continue to move ASPAN forward in our unique specialty of perianesthesia nursing. With education, providing robust content is one component, but developing accessible and appealing platforms to all members requires an innovative approach. Building on ASPAN's foundation with the programs and educational avenues already in place and creating new material with a vision for the future is Toni's goal for nurses in all ages and phases of perianesthesia care.

ASPAN Chief Executive Officer**Kevin Dill — MBA, BS**

THANK YOU TO THESE OUTGOING BOARD OF DIRECTORS MEMBERS FOR THEIR YEARS OF SERVICE!



Immediate Past President
Connie Hardy Tabet
MSN, RN, CPAN, CAPA, FASPAN



Secretary
Susan Norris
BScN, RN, CAPA



Regional Director - Region 2
Tracy Galyon
BSN, RN, CPAN



Director for Clinical Practice
Melissa Davidson
MSN, RN, CPAN



Director for Education
Felicia Selman
MSN, RN, CAPA

ASPAN'S BIG

Learn more about this 4-part webcast series by clicking on the image

INTENTIONAL INCLUSION • DIVERSITY • EQUITY • ANTIRACISM

A 4-PART WEBCAST SERIES

Vital Signs
Oklahoma Society of PeriAnesthesia Nurses
Editor:
Janice Hamouz-Fultz, BSN, RN



9-14 PAGES

Newsletter Contest Winners

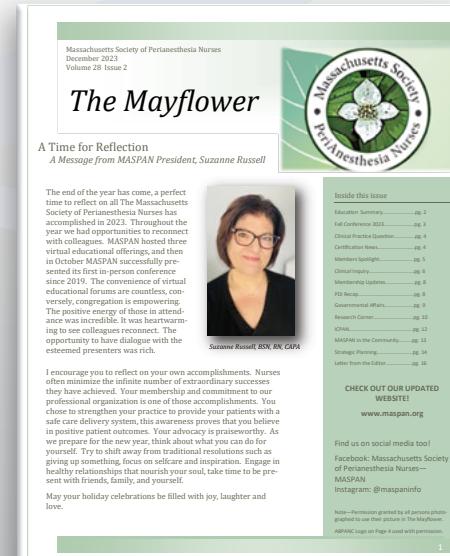
PEOPLE'S CHOICE (TIE)



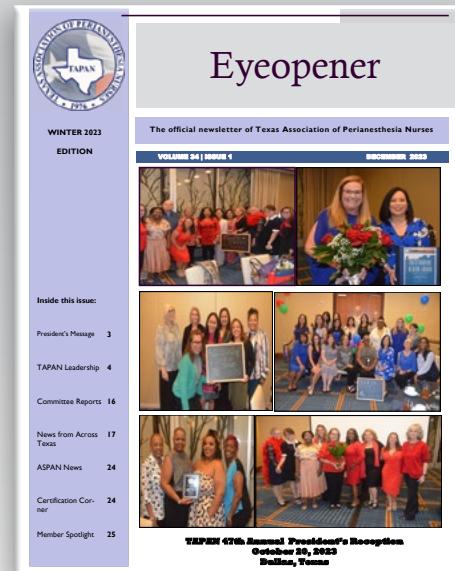
Pulseline

PeriAnesthesia Nurses Association of California
Editor:
Ronda Dyer, MSN, BSPA, RN, CPAN,
CAPA, CNE

The Mayflower
Massachusetts Society of PeriAnesthesia Nurses
Editor:
Maureen McLaughlin, MS, RN, ACNS-BC, CPAN,
CAPA, FASPAN



15+ PAGES



Eyeopener

Texas Association of PeriAnesthesia Nurses
Editor:
Felicia Selman, MSN, RN, CAPA

Component Education

September 27 & 28, 2024. Texas Association of PeriAnesthesia Nurses (TAPAN) 48th Annual State Conference. Embassy Suites by Hilton The Woodlands at Hughes Landing, 1855 Hughes Landing Boulevard, The Woodlands, TX. For more information, [click here](#) or call/text Britini Holen at 832-403-8346.

October 12 & 13, 2024. Northwest PeriAnesthesia Nurses Association (NPANA) Fall Conference. Riverhouse on the Deschutes, Bend, OR. [Click here](#) for more information.

2024 SUMMER/FALL

WEBCASTS & SEMINARS

LIVE IN-PERSON SEMINARS

PERIANESTHESIA CERTIFICATION REVIEW

August 17, 2024 SATURDAY

Modesto, CA

September 7, 2024 SATURDAY

San Antonio, TX

September 7, 2024 SATURDAY

Richmond, VA

SURROUNDING YOUR PRACTICE WITH EXCELLENCE: LEGAL ISSUES, STANDARDS, AND ADVOCACY

September 14, 2024 SATURDAY

Philadelphia, PA

LIVE WEBCASTS – FULL-DAY

PAIN MANAGEMENT IN THE PERIANESTHESIA AND CRITICAL CARE SETTINGS

November 16, 2024 SATURDAY

PEDIATRICS: BEYOND THE BASICS

August 3, 2024 SATURDAY

PEDIATRICS: LITTLE BODIES, BIG DIFFERENCES

October 19, 2024 SATURDAY

PERIANESTHESIA CERTIFICATION REVIEW

September 28, 2024 SATURDAY

November 3, 2024 SUNDAY

PERIANESTHESIA CERTIFICATION REVIEW (3 Parts)

October 2, 2024 WEDNESDAY

October 9, 2024 WEDNESDAY

October 16, 2024 WEDNESDAY

PERIANESTHESIA PATHOPHYSIOLOGY AND ASSESSMENT: A SYSTEMS APPROACH

August 10, 2024 SATURDAY

PERIANESTHESIA STANDARDS AND IMPLICATIONS FOR PRACTICE

September 21, 2024 SATURDAY

REFRESHING YOUR PERIANESTHESIA PRACTICE

October 5, 2024 SATURDAY

SAFETY BEGINS WITH US

August 24, 2024 SATURDAY

SURROUNDING YOUR PRACTICE WITH EXCELLENCE: LEGAL ISSUES, STANDARDS, AND ADVOCACY

October 26, 2024 SATURDAY

LIVE WEBCASTS – HALF-DAY

FOUNDATIONS OF PEDIATRIC PERIANESTHESIA PRACTICE CARE

August 18, 2024 SUNDAY

INNOVATIVE CONCEPTS IN PEDIATRIC PERIANESTHESIA CARE

October 6, 2024 SUNDAY

2024 SUMMER/FALL

WEBCASTS & SEMINARS

LIVE WEBCASTS – HALF-DAY contd.

LEADERSHIP STRATEGIES TO SUSTAIN A CULTURE OF SAFETY

September 22, 2024 SUNDAY

PERIANESTHESIA ESSENTIALS III

September 15, 2024 SUNDAY

PERIANESTHESIA ESSENTIALS IV

October 27, 2024 SUNDAY

PERIANESTHESIA ESSENTIALS V

November 17, 2024 SUNDAY

PERIANESTHESIA FOUNDATION

August 4, 2024 SUNDAY

LIVE WEBCASTS – TWO HOUR

ASPAN PRACTICE RECOMMENDATIONS AND POSITION STATEMENTS

November 6, 2024 WEDNESDAY

COMPLICATIONS AND EMERGENCIES AFTER ANESTHESIA

October 23, 2024 WEDNESDAY

CRITICAL CARE COMPETENCIES: NEUROLOGICAL

September 26, 2024 THURSDAY

EMERGENCY PREPAREDNESS

August 22, 2024 THURSDAY

ERAS: WHAT YOU NEED TO KNOW FOR ENHANCED RECOVERY AFTER SURGERY

September 18, 2024 WEDNESDAY

GASTROINTESTINAL AND ENDOCRINE PATHOPHYSIOLOGY AND ASSESSMENT

August 15, 2024 THURSDAY

HOW TO BECOME A TRANSFORMATIONAL LEADER

August 7, 2024 WEDNESDAY

INFECTION CONTROL CHALLENGES: IMPLICATIONS FOR THE PERIANESTHESIA NURSE

September 12, 2024 THURSDAY

LEGAL AND ETHICAL ISSUES IN PERIANESTHESIA NURSING

August 8, 2024 THURSDAY

MALIGNANT HYPERTHERMIA AND POSTOPERATIVE NAUSEA AND VOMITING

August 14, 2024 WEDNESDAY

NEUROLOGIC PATHOPHYSIOLOGY AND ASSESSMENT

September 19, 2024 THURSDAY

OBSTRUCTIVE SLEEP APNEA AND CAPNOGRAPHY

August 21, 2024 WEDNESDAY

OBSTRUCTIVE SLEEP APNEA IN THE ADULT PATIENT: PUTTING THE PRACTICE RECOMMENDATION INTO PRACTICE

September 25, 2024 WEDNESDAY

PATIENT SAFETY GOALS AND ASPAN STANDARDS

October 24, 2024 THURSDAY

PEDIATRIC ANESTHESIA AND POSTANESTHESIA COMPLICATIONS

November 7, 2024 THURSDAY

PREANESTHESIA ASSESSMENT AND PACU ASSESSMENT AND DISCHARGE CRITERIA

August 1, 2024 THURSDAY

PREVENTION OF UNWANTED SEDATION: PUTTING THE PRACTICE RECOMMENDATION INTO PRACTICE

August 28, 2024 WEDNESDAY